

Love One Another

STARTING CIRCLE

Dear Lovers,

We would like to invite you, as members of our growing Marriage Encounter community to attend a series which we call "Starting Circles". Starting Circles are not to be confused with Weekend Renewal. Starting Circles are evening sessions held once a week for six consecutive weeks in someone's home (or other time schedule mutually agreed upon). Normally, each session is about 1 1/2 hours in length The objectives of the Starting Circles are, among others, to strengthen your coupleness and your commitment to daily dialogue; to expand the concepts and techniques you learned on your Weekend; to involve you more closely with other members of your community; and to learn the joys of open communication with others. At a Starting Circle you can draw upon the strength of others in the community while you in turn contribute your strength to them.

At each session there is a brief presentation usually lasting ten minutes or less. After that, there will be open sharing by those who wish to participate, about some specific topic or question given by the Lead Couple. The basic thrust of each session will be to reinforce something you learned on your Marriage Encounter Weekend.

Starting Circles are a logical extension of your Weekend. Without them, the real value of the Weekend can fade rather quickly, like a warm fire on a long, cold evening. Starting Circles not only kindle the fire for six weeks, but also create a need for the fire, so that you will want to rekindle it on your own after the last session.

The love and support of the couples in the Starting Circle is the only reason for its continuation. You make it work with your commitment to each other. Attendance at a Circle can--and should--be among the most meaningful experiences in your life. It can provide the beginnings of a regular Love Circle in your area.

A Starting Circle can be formed in any area. You can be the couple who provides the encouragement and drive to start it in your area. We lovingly urge you to consider starting and attending a Starting Circle in your area, for we know from experience that the Starting Circle will prove to be a time of warmth and love greatly enhancing the commitment to love and to each other that you have already made.

Our love,

Dane 7 ada Dorn

ACKNOWLEDGMENT

This booklet is based on material provided by other encountered circles and evolved over several years of experience within the Marriage Encounter community. This utilization of sharing circles has successfully been used to build community, to further the gift of dialogue and, most of all, to fulfill the dream of changing the world. Special acknowledgment is made to the encountered couples of Region 1A, Orange County, California, where over two hundred couples have experienced warmth and growth in a loving atmosphere resulting in a vibrant, growing community.

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STARTING CIRCLE

I. PURPOSE

Sharing circles have been designed to provide a method of reinforcing the Weekend experience, in a special type of sharing situation. The purpose is threefold:

- 1. To reinforce the concept of dialogue and provide the support needed by the majority of couples to focus on each other and persevere in the daily decision to love.
- 2. To provide a close-knit community where they can express their feelings without fear of judgment and experience the love of other encountered couples.
- 3. To inspire and encourage newly encountered couples to reach out to others in their family, community, and church.

II. STRUCTURE

Each of the six sessions has a special theme that builds on the session before it.

- 1. Self to realize that you are good and lovable.
- 2. Coupleness to realize the importance of a deeper relationship.
- 3. God to develop a closer relationship with God.
- 4. Community to develop love and concern by using Secret Couples.
- 5. Sharing of Self to allow a deeper sharing of our uniqueness.
- 6. Apostolate to create a desire to reach out to others.

III. GUIDELINES

- 1. Number of Couples: 4 to 7. Too large a group is inhibiting to sharing and takes too long.
- 2. Limit to about 1 1/2 hours without a break. A mood Is created by the sharing format and that mood is broken when an interruption occurs. Serve refreshments afterwards, if desired, and encourage couples to stay and socialize if they have the time.
- 3. Use a candle in the center of the circle to represent God's love and presence. Set the stage with banners, music, etc.
- 4. The opening prayer sets the tone for the evening. Prayer should be spontaneous and not forced. If someone feels uncomfortable with prayer, they may choose to mention something for which they are thankful or may just pass. The leader couple should start and end the prayer.

5. Sharing Format.

The leader sets the tone of sharing but not really structuring the group. State the theme of the session. This may also be done by a prayer or poem or music.

The leader answers the first question each session.

Sharings should be simple, concrete experiences of ourselves in relation-ship to the question. The leaders inspire this kind of sharing by being humble and simple in the way they answer the questions. The more humble and simple we are, the more penetrating the sharing gift of ourselves becomes to each other. Turn your head to the next person when finished.

No one interrupts or comments on anything anyone else has said. Confidentiality of the sharing should be stressed.

The next couple will answer the next question first. Go around the circle in a clockwise fashion. Any person may pass on a question and share at the end, if so desired.

It is vitally important to be faithful to the sharing format because it is the format that provides the sanctuary that lets the couples share freely. Without fairly strict adherence to the format, the circle will become like any other group discussion where the strong will dominate the conversation and the meek will remain silent.

- 6. Selecting Questions. Look at all the questions for each session and choose the ones that best suit the character of the group. You may use questions other than the ones listed as long as they fit the theme. For the first four (4) sessions, more than enough questions have been Included. For the last two (2) sessions, It is recommended that all of the questions and activities listed be used--time permitting.
- 7. Qualities of Leaders. Any encountered couple who is dedicated to the principles of Marriage Encounter can lead a sharing circle. Openness is essential, of course, as is the ability to accept each couple where they are at. It is very helpful to pray together for guidance before the others arrive.
- 8. Lead Couple invitation. A personal invitation should be sent to each of the couples scheduled to attend the Starting Circle. The invitation should be warm and loving, include the address and telephone number of the Lead Couple, and request notebooks be brought to the meetings.
- 9. Atmosphere. The meetings should be held in a part of the home conducive to privacy and close sharing (no intrusions by family members, ringing telephones, television/radio/stereo noises). The prayers should be said with everyone standing in a circle and the closing prayer ended with an "Our Father" prayed in unison.
- 10. Homework. In the invitation, if desired, and at the end of each session, a dialogue question for a 10/10 on the topic of the <u>next</u> session should be assigned by the Lead Couple; the Lead Couple then setting the tone of the session by each spouse reading the love letter received and sharing dialogue feelings after which circle members are then invited to share their love letters and dialogue.

SESSION 1 - "SELF"

Opening prayer for trust and to find and show the beauty within each of us.

Give a brief explanation by either or both of the lead couple of their feelings about the Weekend and why the circle encourages them in their relationship.

Concept of Circle: Explain that in a sharing circle we experience an open sharing of our feelings in a warm, loving, and non-judging atmosphere. Just as there was discipline at your Weekend, there is a discipline at the circle. We listen without interruption. There is NO feedback, positive or negative, during our sharings. NO advice. There is NO right or wrong answer. We want everyone to feel comfortable about sharing so there is NO forcing. if you cannot relate to a sharing question, you may pass and no one will judge you. You are accepted with love. Daily dialogue is not a requirement but we hope the session may produce further questions for your dialogue--please ask us and maybe we can help you. Sharing is NOT a time for problem solving. It is a simple and open sharing of our feelings, of who we are right now. As we learn to trust and be truly open with one another, our love and joy begin to grow. Each session will have a different theme. Nothing is to be shared <u>outside this circle</u>. We will take turns sharing and go clockwise in the circle; the first person will share and then nod to the person to his left when completed, etc. We will rotate the beginning of the sharing with each question. After everyone has had a turn, you may add another thought. We hope you will make a commitment to our circle.

QUESTIONS:

- 1. Introduce yourself and your spouse. Tell a little about yourself--when you were married and when and where you were encountered. What is your spouse's special quality?
- 2. How did you feel about coming to the Starting Circle tonight? (Lead couple starts)
- 3. What is your favorite time of day and why?
- 4. Who was the most influential person in your life as a child--exclude parents and spouse?
- 5. What is your favorite spot in the house and why?
- 6. If your house caught on fire, what three things (other than your family) would you save?
- 7. Where do you feel you excel or have strength?
- 8. if you could change one thing about yourself, what would you change?
- 9. The time I feel most alive is ______
- 10. The time I feel most alone is ______.

- 11. Where would you go on a trip if money and time were no problem?
- 12. If you could live anywhere, where would you choose?
- 13. If you could live In any time period, when would you choose to live?
- 14. Play "Wherever You Go, I Will Go." What are your strongest feelings listening to this song?

Closing Prayer. Song: "There's a New World Somewhere!"

Pass out a list with everyone's names, addresses, and phone numbers. Give couples take-home dialogue questions.

Decide on the date of the next meeting. Any volunteers to bring refreshments? Give any new Marriage Encounter community news, information nights, upcoming activities, etc.

SESSION 2 - "COUPLENESS"

Opening prayer stressing relationship and coupleness.

Read "Guidelines for Sharing" or review the circle rules, i.e., confidentiality, no interruptions or comments on another's sharing.

Share love letters/dialogue. Invite circle members to share love letters/dialogue.

QUESTIONS:

- 1. What do you like to do together as a couple?
- 2. How do I see us as a couple?
- 3. What qualities in your spouse make you know that they are your gift from God?
- 4. What is the most peaceful setting you can think of?
- 5. What is the one thing your spouse does that makes you feel loved?
- 6. What is the one special gift you can give your spouse now?
- 7. If you could give your spouse anything, what would it be?
- 8. If you could ask one thing from God, what would it be?
- 9. Describe what you would like your life to be 5 years from now.
- ** 10. Ask the couples to romance each other until the next session without telling each other what they are doing. Give them a list of ideas such as notes in the lunch bag, a phone call at work, a small surprise gift, etc. If desired, share with each other at the next session what they did.

Closing Prayer. Song. "There's a New World Somewhere!"

Give couples take-home dialogue questions. Ask if anyone would like a list of feeling words (attached). Decide on the date for the next meeting. Any volunteers to bring refreshments? Give any new Marriage Encounter community news.

**Highly recommended

SESSION 3 - "GOD"

Opening prayer asking for an awareness of God's presence with us. "Wherever two or three are gathered in My name, I am among them."

A brief reminder of the discipline is given. Ask if anyone would like to share how they were romanced or how they romanced (if question #11, Session 2, was used).

Share love letters/dialogue. Invite circle members to share love letters/dialogue.

QUESTIONS:

- 1. What does being "open" mean to you?
- 2. What does "trust" mean to you?
- 3. Read Matthew 11:28-29. What burden is heaviest for you at this time?
- 4. When have you felt most loved by God?
- 5. Read Matthew 7:7-8. When have you experienced the power of prayer?
- 6. Where are you in your relationship with God right now?
- 7. Read 1 John 4:7-8. What is your vision of "God is Love?"
- 8. If you could ask one thing from God, what would it be?
- 9. Picture yourself sitting at home alone. There is a knock at the door and Christ (God) is standing there. What would be your conversation?

Closing prayer. Song: "There's a New World Somewhere!"

Give couples take-home dialogue questions. Ask them to bring their favorite Bible verse, prayer, or verse of some kind to the next session. Decide on the date and if anyone will volunteer to bring refreshments to the next meeting.

Give any new Marriage Encounter community news.

SESSION 4 - "COMMUNITY"

Opening prayer for awareness of the needs of each other.

Share love letters/dialogue. Invite circle members to share love letters/dialogue.

QUESTIONS:

- 1. Share how other couples have affected your relationship.
- 2. what is your favorite bible verse and why?
- 3. Read Acts 2:42-47.
 - a. If you lived in those days what would have impressed you the most about that community?
 - b. How do you think that passage relates to our community today?
- 4. When have you most experienced the love of a community?
- 5. Have a 10 and 10. Give them the dialogue question: "'HDIF when I begin to believe in my own goodness?" or "What about you attracts me most and HDTMMF?"

Share with us any joys or struggles with your dialogue.

** 6. Secret Couple Week is a great way of drawing your circle closer together. It should not be mentioned until the end of this session. Before the meeting, have each couple's names on a slip of paper ready for the drawing.

Read 1 Cor 13:1-8, 13.

Explain that until the next session we are going to have a chance to experience the love of the Christian community. Each couple will have a secret couple to show their love to by making anonymous drops or giving of small tokens of their love such as cards, prayers, gifts, flowers, cookies, etc. Each couple should do their own thing to show their couple that they love them without identifying themselves. (The lead couple can add spice to the Secret Couple Week by making a drop on each couple near the end of the period to confuse everyone.) Draw the names and redraw if necessary until no one draws their own name. USE YOUR IMAGINATION AND HAVE FUN!

Closing prayer. Song of choice: "There's a New World" or "Pass It On" Decide on the date and who will bring refreshments to the next meeting. Give any new Marriage Encounter community news. Pass out takehome dialogue questions.

**Highly recommended

SESSION 5 - "SHARING OF SELF"

Opening prayer to help us share ourselves and for love and concern in our community.

Share love letters/dialogue. Invite circle members to share love letters/dialogue.

QUESTIONS:

- 1. Each couple can share what their secret couple did for them over the period since the last meeting.
- 2. How did it make you feel to receive special love from your secret couple?
- 3. What was the most sorrowful moment of your life?
- 4. What was the most joyful moment of your life?
- 5. Share with us some of your fears (i.e., death of spouse, being humiliated, cheated, rejected, etc.)
- ** 6. Each couple now draws the name of another couple without revealing the name they had drawn. They will write a love letter to this couple and bring it to the next sharing circle.

Closing prayer. Song. "There's a New World Somewhere!"

Decide on the date and if anyone will volunteer to bring refreshments to the next meeting.

Pass out take-home dialogue questions.

Pass along any new Marriage Encounter community news.

** Required for Session #6

SESSION 6 - "APOSTOLATE"

Opening prayer to continue to be able to reach out to others. Share love letters/dialogue. Invite circle members to share love letters/dialogue.

QUESTIONS:

- 1. Have each couple read the love letter they received.
- 2. How did you feel while reading your letter? They may share the letter if they so desire.
- 3. What have you gained from this circle experience?
- ** 4. Do a Special-gram. Have accordion or fan folded sheets of paper on the table, one for each person with the name at the top and the paper held shut with a paper clip. Have each person take one, being sure they do not haven their own. Each person is to write some good or special quality about the person whose name appears at the top. After writing, pass the paper to the next person-being sure that what you have written is not visible. When each paper has gone around the group, put back on the table and let each person find their own. Ask them not to open it until it is their turn to share. Have each person read their special-gram aloud to the group. This is the ONE time in the circle that no one is allowed to pass.
 - 5. What can you contribute to the community now that you have been through a sharing circle?
 - 6. Darken the room. Place a lighted candle in the center of the room. Have enough candles for each couple to hold a candle. Leader lights their candle and then, in a clockwise motion, let each one light the other's candle--signifying Christ in each of us and the sharing of His love as we pass it on. As each of us lights our candle, Christ's original flame (love) never diminishes, but just burns stronger as it grows to others. How many other candles in the community are waiting to be lit? (You may want to play the tape "Wherever You Go" during the candle ceremony.) If desired, have a permanent fine-tipped marker available and ask the couples to sign the candles as a remembrance.
 - 7. If the group would like to stay longer as a circle, explain the transition state of a circle. Ask for volunteers to lead the next session. You may want to draw topics out of a hat or let each couple choose the topic they would like to lead.

Closing prayer. Give each couple take-home dialogue questions. Give any new Marriage Encounter community news.

**Highly recommended

GUIDELINES FOR SHARING

Sharing is a gift of myself - who I am, how I feel, my attitudes, my joys, my hopes and present struggles. I often feel a sense of risk as I share. It is a decision to love with confidence in those who love and care about us and want us to grow.

Our sharing group allows us time to speak from the heart and to listen with the heart. To listen deeply to the sharing of others, I have to turn off the competitive urge and the urge to heal that often arises in me. It is very important in sharing not to interrupt, comment on, or react to anyone else's sharing. If a point of information or discussion needs clarification, then I can ask for that.

Sharing is not a time to teach, to share others, to judge or even help anyone else. Often I want to say "Oh you shouldn't feel that way," or "You'll feel better when you get over your poor self image." No matter how loving these statements seem, they are rejection and can turn off someone else's sharing.

Others may really struggle to say what is in their heart. I have to be kind enough not to stifle them with loving interruption or joking comments. Their struggle to share as much a gift to the community as the excitement, exhilaration and joy they share with us.

The sharing of others can help us to recognize our own feelings and attitudes, if we listen, and not prepare our own sharing. Sharing witnesses to our solidarity, opens us to one another, and strengthens us as a community.

TAKE-HOME DIALOGUE QUESTIONS

SESSION #1 - "SELF"

What is the biggest change in me since our Marriage Encounter Weekend? HDIFAT?What kind of person do I see myself to be? HDIFAT?What quality in myself have I discovered through your eyes? HDIFAT?What is the biggest struggle I have had in the last month? HDIFAT?What goals do I have for me? HDIFAT?How does my self-image affect my view of us? HDIFAT?

SESSION #2 - "COUPLENESS"

What is the biggest change in our relationship since the Weekend? HDIFAMA? What is it about you that calls me to be more? HDIF sharing this with you? What special quality do you still have that you had when we were married? HDIFAT? HDIF when you compliment me? What do I mean when I say "I love you?" HDIFAT? What are my feelings about reevaluating my time so there is more for us? What are my dreams for us now as a dialoging couple? HDIFAT?

SESSION #3 - "GOD"

Where am I right now in my relationship to God? HDIFAT?Do I really believe that God loves me unconditionally as I am? HDIFAMA?God is love. HDIFAT?God made you a part of my life. HDIFAT?WAMFA the fact that God has a stake in our marriage?WAMF when I experience the forgiveness of God through you?How did our relationship reflect God's love today? HDIFAT?

SESSION #4 - "COMMUNITY"

HDIF when we reach out to someone? HDIF when someone reaches out to us? Do I have confidence in other people when they tell me they love us? HDIF sharing this with you? HDIF about the way we use our time? HDIF about the way we use our possessions? In what way has the community helped us since the Weekend? HDIFAMA? If we were on trial for being Christians, would there be enough evidence to convict us? HDIFAMA?

SESSION #5 - "SHARING OF SELF"

What feelings do I find most difficult to face in myself?Do I need more time just for me? HDIF sharing this with you?Is whatever I am doing in "my time" enriching our relationship or diminishing it? HDIFAT?I am most confident in myself when _______. HDIFAT?Has my self-image improved as a result of our dialogue? HDIFAT?How have I grown in self-awareness and how does that affect us as a couple? HDIFAT?

SESSION #6 - "APOSTOLATE"

Everyone has a stake in everyone else's marriage. HDIFAT? HDIF about our impact on the Marriage Encounter community? What are my feelings about the importance of our relationship to Church? How do I feel about falling in love with our Church? God expects us to be our brother's keeper. HDIFAT? God needs our couple love for the salvation of the world. HDIFAT? How do I see us sharing our love with those around us and HDIFAT?

NOTES:

HDIFAT -- How do I feel about that?
HDIFAMA -- How do I feel about my answer?
HDIF -- How do I feel?
WAMF -- What are my feelings?
WAMFA -- What are my feelings about . . . ?
DFILD -- Describe in full loving detail.
HDIFSTWY -- How do I feel sharing this with you?

FEELING WORDS

so that we may never again be at a loss for words . . .

distant close dominant submissive talkative quiet angry evasive embarrassed deferential cooperative repressed contemptuous assertive firm aggressive self-assured anxious seductive repulsive open happy safe fearful sad rageful panicky grief-stricken calm confident tolerant hopeful low

coming unglued timid two-faced warm hair-raising pain-in-the-neck butterflies-in-tummy nauseated sweaty starry-eyed dead-eyed itchy irritated excited spine-tingling close touchy breathless gutless spineless terrified belligerent bellicose soft relaxed vacant appealing eyes hard, dull, soft eyes determined defiant disgusting surprised enthusiastic loving

horrified ecstatic joyful integrated depressed immobilized paralyzed uptight locked up tense voice whining taut stretched bushed strong affectionate fond light airy grateful compassionate lovely sympathetic empathetic lonely humble proud alarmed threatened comforted spontaneous tired energetic

beaten burdened weepy hurt hurtful resentful courageous envious jealous confused respected powerless helpless impotent impatient played-out end-of-rope bored up down frustrated tender sexual silly giddy sunshiny stoned cold hot rejected dragged-out trusting high

SONGS FOR THE ABUNDANT LIFE

Updated June 30, 1995

1. ALLELU

Allelu, Allelu, Allelu, Alleluia Praise ye the Lord Allelu, Allelu, Allelu, Alleluia Praise ye the Lord

Praise ye the Lord, Alleluia Praise ye the Lord, Alleluia Praise ye the Lord, Alleluia Praise ye the Lord!

2. ALLELUIA

Alleluia, Alleluia, Alleluia, Alleluia Alleluia, Alleluia, Alleluia, Alleluia What a friend we have in Jesus All our sins and griefs to bear What a privilege to carry Everything to God in prayer

God the Father, Christ the Son, Holy Spirit, Three are One (Repeat) Amazing grace How sweet the sound That saved a soul like me I was lost but now I'm found Was blind but now I see. Alleluia, Alleluia, Alleluia, Alleluia Alleluia, Alleluia, Alleluia

3. AMAZING GRACE

Amazing Grace, how sweet the sound that saved a wretch like me.I once was lost but now I'm found was blind, but now I see.

'Twas grace that taught my heart to fear, and grace my fear relieved.How precious did that grace appear the hour I first believed.

Through many dangers, toils and snares, we have already come.'Twas grace that brought us safe thus far and grace will lead us home.

When we've been there 10,000 years bright shining as the sun,We've no less days to sing God's praise, than when we first begun.(Repeat first verse - Praise God, etc.)

4. BEAUTIFUL SAVIOR

Beautiful Savior, King of Creation, Son of God and Son of Man!Truly I'd love Thee, Truly I'd Serve Thee Light of my soul, my Joy, my Crown.

Fair are the meadows, Fair are the woodlands Robed in flow'rs of blooming spring;Jesus is fairer Jesus is purer; He makes our sorrowing spirit sing.

Beautiful Savior, Lord of the nations, Son of God and Son of Man! Glory and honor, Praise, adoration, Now and forevermore be Thine!

5. <u>CLAP YOUR HANDS</u> (Psalm 47:1)

Clap your hands all ye people Shout unto God with a voice of triumph! Clap, your hands all ye people Shout unto Cod with a voice of praise! Hosanna! Hosanna! Shout unto God with a voice of triumph! Praise Him! Praise Him! Shout unto God with a voice of praise!

6. <u>DO LORD</u>

I've got a home in glory land, That outshines the sun! I've got a home in glory land That outshines the sun. I've got a home in glory land That outshines the sun. 'Way beyond the blue.

(Refrain)

Do, Lord, O do, Lord, O do remember me, Do, Lord, O do, Lord, O do remember me, Do, Lord, O do, Lord, O do remember me, 'Way beyond the blue.

I took Jesus as my Savior, you take him too! I took Jesus as my Savior, you take him too! I took Jesus as my Savior, you take him too! 'Way beyond the blue. (Refrain) 7. FATHER ABRAHAM Father Abraham has many kids, Many kids has father Abraham, And you are one, and so am I, And we'll go marching on! (right arm, right arm) Father Abraham has many kids. - - (right arm, left arm) Father Abraham has many kids. - - (right arm, left arm, right leg) Father Abraham has many kids - - (right arm, left arm, right leg, left leg) Father Abraham has many kids. - - (right arm, left arm, right leg, left leg, head down) Father Abraham has many kids - - (right arm, left arm, right leg, left leg head down, turn around) Father Abraham has many kids Many kids has father Abraham And you are one, and so am I, So let's all Praise the Lord!

(right arm, left arm, right leg, left leg, head down, turn around, SIT DOWN!)

8. FATHER, WE ADORE YOU

Father, we adore you Lay our lives before you Oh, how we love you.

(2) Jesus, . . . we adore you(3) Spirit, . . . we adore you

9. FREELY, FREELY

God forgave my sin in Jesus' name, I've been born again in Jesus' name; And in Jesus' name I come to you

To share His love as He told me to: He said . . .

(Chorus)
FREELY, FREELY YOU HAVE RECEIVED
FREELY, FREELY GIVE,
GO IN MY NAME, AND BECAUSE YOU
BELIEVE
OTHERS WILL KNOW THAT I LIVE.

All power is giv'n in Jesus' name, In earth and heav'n in Jesus name. And in Jesus' name I come to you To share His pow'r as He told me to; He said. . . (Chorus)

There is pow'r to heal in Jesus' name, We're made whole again thru Jesus' name; And He promised greater works than these Would be done by those who receive His peace; He said. . . (Chorus)

We have eyes to see thru Jesus' name, We have strength to be thru Jesus' name; And thru Him in us the world will know The Father's love is what makes us grow; He said. . . (Chorus)

10. HAVE YOU SEEN JESUS MY LORD

CHORUS:

HAVE YOU SEEN JESUS MY LORD? HE'S HERE IN PLAIN VIEW. TAKE A LOOK, OPEN YOUR EYES, HE'LL SHOW IT TO YOU.

Have you ever looked at the sunset With the sky mellowin' red And the clouds suspended like feathers? Then I say, you've seen Jesus my Lord. (CHORUS)

Have you ever stood at the ocean With the white foam at your feet; Felt the endless thunderin' motion? Then I say, you've seen Jesus my Lord. (CHORUS)

Have you every looked at the cross With a man hangin' in pain And the look of love in His eyes? Then I say, you've seen Jesus my Lord. (CHORUS)

Have you ever stood in the family With the Lord there in your midst Seen the face of Christ on your mate? Then I say, you've seen Jesus my Lord. (CHORUS)

11. HERE WE ARE

(CHORUS) Here we are all together As we sing our song joyfully Here we are joined together As we pray we'll always be.

Join we now in song and celebrate The brotherhood we share all as one Keep the fire burning, kindle it with care And we'll all join in and sing (CHORUS)

Freedom we do shout for everybody And unless there is we should pray That soon there will be one true brotherhood And we'll all join and sing (CHORUS)

Happy is the person who does their best To free the troubled world from all its pain Join we with that person and free the world As we all join in and sing (CHORUS)

Let us make the world an alleluia Let us make the world a better place Keep a smile handy, have a helping hand Let us all join in and sing. (CHORUS)

12. <u>HE'S EVERYTHING TO ME</u>

In the stars His handiwork I see On the wind He speaks with majesty Tho He ruleth over land and sea What is that to me?

I will celebrate nativity For it has a place in history Sure, He came to set His people free What is that to me?

(REFRAIN)

Till by faith I met Him face to face.
And I felt the wonder of His grace.
Then I knew that He was more than just a God
Who didn't care, who lives away up there and
Now He walks beside me day by day
Ever watching o'er me lest I stray
Helping me to find the narrow way
He's everything to me, (repeat REFRAIN):

13. HIS BANNER OVER ME IS LOVE

He calls me to his banqueting table, His banner over me is love (3 times) His banner over me - is love.

He places my feet on a firm foundation His banner over me is love (3 times) His banner over me - is love.

One way to peace through the power of the cross His banner over me is love (3 times) His banner over me - is love.

I'm my beloved's and he/she is mine. His banner over me is love (3 times) His banner over me - is love.

He is the vine and we are the branches. His banner over me is love (3 times) His banner over me - is love.

Now I'm living in a new creation His banner over me is love (3 times) His banner over me - is love.

14. HOLY, HOLY

Holy, holy, holy, holy,Holy, holy, Lord God Almighty,And we lift our hearts before you as a token of our love,Holy, holy, holy, holy.

Gracious Father, gracious Father,We're so blest to be your children, gracious Father.And we lift our hearts before you as a token of our love,Gracious Father, gracious Father.

Precious Jesus, precious Jesus,We're so glad that you redeemed us, precious JesusAnd we lift our hearts before you as a token of our love,Precious Jesus, precious Jesus.

Holy Spirit, Holy Spirit,Come and fill our hearts anew,Holy Spirit.And we lift our hearts before you as a token of our love,Holy Spirit, Holy Spirit. (repeat 1)

Hallelujah, hallelujah, Hallelujah, hallelujah! And we lift our hearts before you as a token of our love, Hallelujah, hallelujah!

15. I KEEP FALLING IN LOVE WITH HIM

I keep falling in love with you Over and over and over again (2X)
You get sweeter and sweeter as the days go by O what a love between you and I.
I keep falling in love with you Over and over and over again.
I keep falling in love with Him; Over and over and over again (2X)
He gets sweeter and sweeter as the days go by

He gets sweeter and sweeter as the days g O what a love between my Lord and I. I keep falling in love with Him

Over and over and over again.

16. <u>I'D LIKE TO TEACH THE WORLD TO</u> <u>SING</u>

(Chorus)

I'D LIKE TO TEACH THE WORLD TO SING IN PERFECT HARMONY.
I'D LIKE TO HOLD IT IN MY ARMS AND KEEP IT COMPANY.
I'D LIKE TO SEE THE WORLD FOR ONCE ALL STANDING HAND IN HAND.
AND HEAR THEM ECHO THRU THE HILLS FOR PEACE THROUGHOUT THE LAND.

I'd like to build the world a home And furnish it with love, Grow apple tress and honey bees And snow-white turtle doves (Chorus)

That's the song I want to hear, Let the world sing today, A song of peace that echoes on And never goes away (Chorus)

17. <u>I'VE GOT THE JOY</u>

(CHORUS)

AND I'M SO HAPPY, SO VERY HAPPY I HAVE THE LOVE OF JESUS IN MY HEART OH YES, I'M HAPPY, SO VERY HAPPY I HAVE THE LOVE OF JESUS IN MY HEART

- I've got the joy, joy, joy, joy down in my heart, down in my heart, down in my heart.
- I've got the joy, joy, joy, joy down in my heart, down in my heart to stay (Chorus)

I've got the peace that passeth understanding down in my heart, etc. (Chorus)

I've got the love of Jesus, love of Jesus, down in my heart, etc. (Chorus)

I've got the faith that fosters fondest friendships, down in my heart, etc. (Chorus)

I've got the wonderful love of my blessed Redeemer, down in my heart, etc. (Chorus)

And if the devil doesn't like it, he can sit on a tack, sit on a tack, etc. (Chorus)

18. THE KING OF GLORY

(CHORUS)

THE KING OF GLORY COMES THE NATION REJOICES OPEN THE GATES BEFORE HIM LIFT UP YOUR VOICES

Who is the King of glory, how shall we call him? He is Emmanuel, the promised of ages (Chorus)

In all of Galilee in city or village. He goes among his people curing their illnesses.

Sing then of David's son, our Savior and brother. In all of Galilee was never another.

He gave His life for us, the pledge of salvation He took up-on him-self the sins of the nation.

He conquered sin and death, he truly has risen And He will share with us his heavenly vision.

19. LET US BREAK BREAD TOGETHER

Let us break bread together on our knees, Let us break bread together on our knees. When I fall on my knees with my face to the rising sun, O Lord, have mercy on me.

Let us drink wine together on our knees....

Let us praise God together on our knees. . . .

20. <u>LET THERE BE PEACE ON EARTH</u>

Let there be peace on earth, and let it begin with me; Let there be peace on earth, the peace that was meant to be. With God as Our Father. brothers all are we Let me walk with my brother in perfect harmony. Let peace begin with me, let this be the moment now. With ev'ry step I take, let this be my solemn vow; To take each moment and live each moment in peace eternally. Let there be peace on earth, and let it begin with me.

21. LORD OF THE DANCE

Chorus:

DANCE, DANCE, WHEREVER YOU MAY BE I AM THE LORD OF THE DANCE SAID HE AND I'LL LEAD YOU ALL WHEREVER YOU MAY BE AND I'LL LEAD YOU ALL IN THE DANCE, SAID HE.

I danced in the morning when the world began And I danced in the moon and the stars and the sun And I came down from heaven and I danced on earth At Bethlehem, I had my birth (Chorus) I danced for the scribes and the Pharisees But they wouldn't dance and they wouldn't follow me. I danced for the fisherman for James and for John They came with me and the dance went on (Chorus)

I danced on the Sabbath and I cured the lame The holy people said it was a shame They whipped me and they stripped me and hung me on high. And they left me there on a cross to die. (Chorus)

I danced on a Friday when the sky turned black.It's hard to dance with the devil at your back.They buried my body and they thought I'd goneBut I am the dance and I still go on (Chorus)

They cut me down and I lept on high
I am the life that will never, never die.
I'll live in you, if you'll live in me.
I am the Lord of the Dance you see. (Chorus)

22. LOVE, LOVE, LOVE

Love, love, love That's what it's all about. Cause God loves us We love each other Mother, father, sister, brother. Everybody sing and shout Cause that's what it's all about. It's about love, love, love. It's about love, love, love. (2) Peace, peace, peace

- (3) Joy, joy, joy
- (4) You, you, you
- (5) Me, me, me
- (6) Us, us, us

23. MORNING HAS BROKEN

Morning has broken like the first morning. Blackbird has spoken like the first bird. Praise for the singing praise for the morning, Praise for them springing fresh from the Word.

Sweet the rains new fall sunlit from heaven Like the first dewfall on the first grass. Praise for the sweetness of the wet garden Sprung in completeness where His feet pass. Mine is the sunlight mine is the morning. Born of the one light Eden saw play, Praise with elation Praise every morning. God's recreation of the first day.

24. PASS IT ON

It only takes a spark to get a fire going, And soon all those around Can warm up in it's glowing, That's how it is with God's love; Once you've experienced it, You spread your love to everyone, You want to pass it on.

What a wondrous time is spring
When all the trees are budding
The birds begin to sing,
the flowers start their blooming.
That's how it is with God's love;
Once you've experienced it,
You want to sing. It's fresh like spring,
You want to pass it on.

I wish for you my friend, This happiness that I've found, You can depend on Him, It matters not where you're bound. I'll shout it from the mountain top! I want my world to know, The Lord of love has come to me. I want to pass it on.

25. PASS MY LOVE AROUND

PASS MY LOVE AROUND PICK RIGHT UP AND TAKE MY BROTHERS HAND AND PASS MY LOVE AROUND

I gave my body and my blood for you Now this is all I ask of you to do Now this is all I ask of you.

I lived and died to set men free from sin Now be my presence to all men Now be My presence to all men.

My love and joy I leave will never cease Now be my instrument of peace Now be my instrument of peace.

My word and truth to you I leave behind Now be my witness to mankind Now be My witness to mankind.

26. PEACE IS FLOWING LIKE A RIVER

Peace is flowing like a river Flowing out from you and me Flowing out into the desert Setting all the captives free.

- (2) Love is flowing like a river, etc.
- (3) Hope is flowing like a river, etc.
- (4) Christ is flowing like a river, etc.

27. PLENTY OF ROOM IN THE FAMILY

(CHORUS) AND THERE IS PLENTY OF ROOM IN THE FAMILY, ROOM FOR THE YOUNG AND 'THE OLD PLENTY OF HAPPINESS, PLENTY OF LOVE, PLENTY OF ROOM IN THE FOLD.

There is plenty of food at the table, No need to economize there. There's all you can hold and there's plenty besides; The storehouse will never be bare. Yes, there is . . .(Chorus)

There is lots to be done in the family, A job to fit every man There's carrying and lifting and there's loving to do So pitch in and help all you can. Yes, there is. . .(Chorus)

If you're lonely and looking for friendship, If you're lost and want to be found, There's plenty of room in the family of God And there's plenty of love to go 'round Yes, there is . . .(Chorus)

28. <u>SEEK YE FIRST</u>

Seek ye first the kingdom of the Lord and His righteousness.And all these things shall be added unto you.Alleluia, Alleluia.

Ask and it shall be given unto you. Seek and you shall find. Knock and the door will be opened unto you, Alleluia, Alleluia

Man shall not live by bread alone But by every word That proceedth from the mouth of God Alleluia, Alleluia.

When two or more are gathered in My nameThere in their midst shall I be.Ask what you may and it shall be done for thee.Alleluia, Alleluia.

29. <u>SING</u>

Sing, sing a song, sing out loud sing out strong.
Sing of good things, not bad. Sing of happy, not sad.
Sing, sing a song; sing it simple to last your whole life long.
Don't worry if it's not good enough for anyone else to hear,
Just sing, sing a song! LA, LA, LA, LA. . . .

30. A SONG OF JOY

Come sing a song of joy for peace shall come my brothers. Sing, sing a song of joy for men shall love each other. That day will dawn just as sure as hearts that are pure are hearts set free No man must stand alone with outstretched hands before Him. Come sing a song of joy for peace shall come my brothers. Sing, sing a song of joy for men shall love each other. Reach out and take them in yours with love that endures forever more Then sing a song of joy for love and understanding Come sing a song of joy of freedom tell the story Sing, sing a song of joy for mankind in his Glory One mighty voice that will bring a sound that will ring forever more.

Then sing a song of joy for love and understanding.

31. SONS OF GOD

(Chorus)

SONS OF GOD, HEAR HIS HOLY WORD! GATHER 'ROUND THE TABLE OF THE LORD! EAT HIS BODY, DRINK HIS BLOOD, AND WE'LL SING A SONG OF LOVE; ALLELU, ALLELU, ALLELU, ALLELUIA.

Brothers, sisters, we are one, And our life has just begun; In the Spirit we are young, We can live forever. (Chorus)

Shout together to the Lord, Who has promised our reward, Happiness a hundred-fold, And we'll live forever. (Chorus)

Jesus gave a new command, That we love our fellowman, Till we reach the promised land, Where we'll live forever (Chorus)

If we want to live with Him, We must also die with Him. Die to selfishness and sin, And we'll rise forever (Chorus)

With the Church we celebrate, Jesus coming we await, So we make a holiday So we'll live forever. (Chorus)

32. SWING LOW, SWEET CHARIOT

Swing low, sweet chariot, Comin' for to carry me home, Swing low, sweet chariot, Comin' for to carry me home.

I looked over Jordan and what did I see?

Comin' for to carry me home. A band of Angels comin' after me. Comin' for to carry me home. Swing low, sweet chariot Comin' for to carry me home. Swing low, sweet chariot Comin' for to carry me home.

33. TAKE OUR BREAD

(CHORUS) TAKE OUR BREAD, WE ASK YOU TAKE OUR HEARTS, WE LOVE YOU. TAKE OUR LIVES, OH FATHER! WE ARE YOURS, WE ARE YOURS.

Yours as we stand at the table yet set Yours as we eat the bread our heart can't forget; We are the sign of Your life with us yet, We are yours. We are Yours.

34. THANK YOU GOD (LORD)

Thank you God for giving us LIFE Thank you God for giving us LIFE Thank you God for giving us LIFE Right where we are. Alleluia, Praise the Lord

Alleluia, Praise the Lord Alleluia, Praise the Lord Right where we are.

- (2) Peace
- (3) Joy
- (4) Hope
- (5) Grace
- (6) Love

35. THE DEVIL IS A SLY OLD FOX

The devil is a sly old fox If I could catch him I'd put him in a box. I'd lock that box and throw away the key. For all those tricks he's played on me

I'm glad I'm a Christian. I'm glad I'm a Christian. I'm glad I'm a Christian. And trusting in the Lord.

36. THY LOVING KINDNESS

Thy loving kindness is better than life. (2X) (CHORUS) MY LIPS SHALL PRAISE THEE: THUS SHALL I BLESS THEE. I WILL LIFT UP MY HANDS UNTO THE LORD.

I will lift my hands up unto the Lord (2X) I will lift my voice up unto the Lord (2X) I will lift my heart up unto the Lord (2X) I will lift up my spouse unto the Lord (2X)

37. <u>THEY'LL KNOW WE ARE CHRISTIANS</u> BY OUR LOVE

We are one in the Spirit, We are one in the Lord. We are one in the Spirit, We are one in the Lord, And we pray that all unity May one day be restored.

(Chorus)

AND THEY'LL KNOW WE ARE CHRISTIANS BY OUR LOVE, BY OUR LOVE, YES, THEY'LL KNOW WE ARE CHRISTIANS BY OUR LOVE. We will walk with each other, We will walk hand in hand. We will walk with each other, We will walk hand in hand. And together we'll spread the news That God is in our land (Chorus)

We will work with each other, We will work side by side; We will work with each other, We will work side by side. And we'll guard each man's dignity, and save each man's pride (Chorus)

All Praise to the Father, From whom all things come,
And all praise to Christ Jesus, His only son.
And all praise to the Spirit, Who makes us one. (Chorus)

38. <u>TOP OF THE WORLD</u>

(CHORUS)

I'M ON THE TOP OF THE WORLD LOOKING DOWN ON CREATION AND THE ONLY EXPLANATION I CAN FIND IS THE LOVE THAT I'VE FOUND EVER SINCE YOU'VE BEEN AROUND YOU'RE WHAT PUTS ME ON THE TOP OF WORLD.

Such a feeling's coming over me, There is wonder in most everything I see. Not a cloud in the sky, I've got the sun in my eye And I won't be surprised if it's a dream.

Everything I want the world to be, Is now coming true especially for me. And the reason is clear It's because you are here, You're the nearest thing to heaven that I see. (CHORUS)

39. <u>TODAY</u>

(CHORUS)

- TODAY WHILE THE BLOSSOMS STILL CLING TO THE VINE
- I'LL TASTE YOUR STRAWBERRIES, I'LL DRINK YOUR SWEET WINE
- A MILLION TOMORROW'S SHALL ALL PASS AWAY
- E'RE I FORGET ALL THE JOY THAT IS MINE, TODAY

(1) I'll be a dandy and I'll be a roverYou'll know who I am by the song that I singI'll feast at your table, I'll sleep in your cloverWho cares what tomorrow shall bring? (Chorus)

(2) I can't be contented with yesterday's gloryI can't live on promises winter to spring.Today is my hour and now is my story.I'll laugh and I'll cry and I'll sing. (Chorus)

40. THE WEDDING SONG

He is now to be among you at the calling of your hearts,Rest assured this troubadour is acting on His part.The union of your spirits here has caused Him to remain.For whenever two or more of you are gathered in His name,There is love.

Well, a man should leave his mother and a woman leave her home.They shall travel on to where the two should be as one.As it was in the beginning, is now until the end.Woman draws her life from man and gives it back again, andThere is love.

Well, then what's to be the reason for becoming man and wife.Is it love that brings you here, or love that brings you life?For if loving is the answer then who's the giving for?Do you believe in something that you've never seen before?

Oh, the marriage of your spirits here, has caused Him to remain, For whenever two or more of you are gathered in His name. . . There is LOVE.

41. THERE'S A NEW WORLD SOMEWHERE

There's a new world somewhere, they call the promised land; And I'll be there someday if you will hold my hand; I still need you there beside me no matter what I do, For I know I'll never find another you. There is always someone for each of us they say, And you'll be my someone forever and a day; I could search the whole world over until my life is through, And I know I'll never find another you. It's a long, long journey, so stay by my side, If I walk through a storm, you'll be my guide, be my guide. If they gave me a fortune, my treasure would be small. I could lose it all tomorrow and never mind at all; But if I should lose your love, dear I don't know what I'd do. For I know I'll never find another you.

It's a long, long journey, so stay by our side,
If we walk through a storm you'll be our guide, be our guide.
If they gave us a fortune, our treasure would be small,
We could lose it all tomorrow, and never mind at all;
But if we should lose your love, dears, we don't know what we'd do,
For we know we'll never find another "US"! !

DIALOGUE HELPS

The kind of questions we ask each other when we dialogue.

These questions are to help make the dialogue richer. You will obviously not use more than a couple of them during any given dialogue.

- 1. Tell me more.
- 2. Is it like . . . ?, and then describe how you think he/she wants you to feel, how you imagine it is to feel the way your spouse is feeling.
- 3. How does your feeling affect how you feel physically?
- 4. What helps you to describe it more fully?
- 5. What other feelings are there?
- 6. How does it feel to feel the way you feel?
- 7. Have I ever described a feeling like yours to you? Tell me about how you remember that feeling of mine. How does it compare with your present feeling?
- 8. Have you ever felt this way before? How does it compare with those other times?
- 9. What have I said or done in past dialogues that helped you get out your feelings more?
- 10. What intensifies your feeling lessens it?
- 11. How do you feel about revealing this feeling? Is there a difference in your reaction in the reflection and the dialogue?
- 12. Let your spouse know where you are in reaching out to his/her feeling.
- 13. Share with your spouse what helps you to respond better, to comprehend more.
- 14. Share with your spouse whether you are prejudiced toward him/her at this moment and what helps you to become more/less prejudiced.
- 15. Share with your spouse whether you have any real desire to feel his/her feeling now and what helps you to want your spouses feeling.
- 16. Your spouse should also tell you how he/she feels about your questions or your responses.