

Key for Acronyms

DIFALD = Describe in full and loving detail

HDIF = How do I feel. . .?

HDIFA = How do I feel about. . .?

HDIFAT = How do I feel about that?

HDMAMMF = How does my answer make me feel?

HDTMMF = How does that make me feel?

MMF = . . .make me feel?

WAMFA = What are my feelings about. . .?

WAMFAT = What are my feelings about that?

Dialogue Questions About. . .Death

1. How do I feel about the experience of the death of our family member? DIFALD
2. How do I feel about being separated from you by death? DIFALD
3. HDIFA the death of my parents? HDMAMMF
4. How do I feel about your death? DIFALD
5. How do I feel about my death? DIFALD
6. How has the death of my father/mother changed me? HDMAMMF
7. How would I feel if one of our children died? DIFALD
8. Death frightens me (or not). HDIFAT
9. HDIFA living the rest of my life without you? DIFALD
10. What I want you to remember most about me is. . . HDIFAT
11. HDIFA living today knowing we are not guaranteed tomorrow? DIFALD