Verbal Dialogue for Working Toward Intimacy and Unity

Place a check mark to the side of any of these ideas that could help lead you into the intimacy and unity God desires for your marriage. Then compare notes and begin your verbal dialogue.

Possible questions to help with your verbal dialogue:

* What topics come to the surface for the two of you?
* What are the feelings you have about those topics?
* Describe your feelings in detail.

Intimacy and Unity

* Celebrating your uniqueness with you.
* Encouraging you to share your dreams, goals, and disappointments with me.
* Being more willing to share my dreams, goals, and disappointments with you.
* Praying together more.
* Thanking God more for you.
* Sharing the details of our day more.
* Putting you higher in my priorities.
* Pointing out your endearing qualities more often.
* Not expecting you to see everything from my point of view or to agree with me.
* Not waiting for you to apologize when we argue.
* Not putting my work/hobbies ahead of you.
* Celebrating the moments in our lives when it seemed like we could look into each other’s hearts and souls.
* Other ideas. . .