

LIFETIME LIST OF DIALOGUE QUESTIONS

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COMMONLY OCCURRING TERMS AND CONCEPTS In Order of Their Frequency of Occurrence

my	615	our	502	us	259	yourself	11	admire	10	angry	10
most	214	your	189	time	177	aware	10	away	10	best_and_least	10
dialogue	158	our_relationship	148	our_children	146	card	10	compromise	10	dinner	10
see	131	love	123	god	122	dying	10	easter	10	fight	10
other_people	120	want	111	life	109	fun	10	handle	10	hands	10
if	106	like	105	more	105	interfere	10	intimate	10	keeping	10
today	102	make	99	myself	98	keeps	10	learning	10	lifestyle	10
one	88	together	86	need	83	pain	10	pastor	10	pattern	10
someone	81	emotions	79	activity	78	period	10	proud	10	react	10
family	76	after_a_fight	75	people	75	reaction	10	regularly	10	sacrament	10
day	74	feelings	74	calls	72	seem	10	self-image	10	separated	10
things	63	each_other	62	church	58	shared	10	strongest	10	two	10
good	58	our_family	58	say	58	visit	10	affecting	9	ahead	9
our_sexual_relatio	57	take	52	could	51	allow	9	apart	9	beautiful	9
couple	51	give	51	know	51	closeness	9	decide	9	difficulty	9
best	48	change	48	after	46	group	9	grown	9	happens	9
area	44	better	44	christmas	43	holidays	9	hopes	9	idea	9
sex	43	having	42	jesus	42	listener	9	joy	9	list	9
money	42	tell	42	as_a_couple	41	miss	9	loves	9	mean	9
first	41	now	41	work	41	reflect	9	offer	9	physical	9
go	40	keep	40	thing	40	sign	9	school	9	sexuality	9
cannot	39	going	39	relationship	39	son	9	situation	9	smile	9
affect	38	experience	38	important	38	spring	9	spirit	9	spirituality	9
make_love	38	during	37	help	37	strong	9	stand	9	stay	9
needs	37	no	37	our_marriage	37	strong	9	thought	9	watch	9
friends	36	new	36	stress	35	way	9	yours	9	act	9
try	35	why	35	hurt	35	activity	8	attitudes	8	birthday	8
open	34	person	34	use	34	calls	8	challenge	8	changing	8
find	32	just	32	made	32	felt	8	choose	8	desire	8
sexual	32	special	32	father	31	church	8	died	8	dream	8
let	31	making	31	past	31	say	8	expect	8	fall	8
area(s)	31	weekend	31	because	30	could	8	future	8	heart	8
hear	30	ways	30	emotion	29	know	8	general	8	holy	8
gift	29	greatest	29	mean_to_me	29	holding	8	holiday	8	issue	8
share	29	this_week	29	tv	29	interest	8	invite	8	kiss	8
death	28	describe	28	job	28	jobs	8	many	8	meaningful	8
living	28	talk	28	accept	27	lent	8	ours	8	paying	8
listening	27	live	27	part	27	ours	8	parties	8	point	8
home	26	knowing	26	listen	26	peace	8	plans	8	responsible	8
prayer	26	right_now	26	too	26	real	8	receiving	8	sick	8
values	26	as_a_family	25	difficult	25	role	8	said	8	thankful	8
done	25	encounter	25	giving	25	stake	8	strengths	8	very	8
much	25	my_favorite	25	other	25	tired	8	true	8	accepting	7
retrouvaille	25	show	25	ask	24	write	8	writing	8	anything	7
believe	24	feeling	24	forgive	24	age	7	alcohol	7	behave	7
god's	24	lovemaking	24	remember	24	attending	7	become	7	build	7
year	24	memory	23	put	23	biggest	7	budget	7	chance	7
quality	23	alone	22	before	22	buying	7	care	7	die	7
close	22	come	22	control	22	compliments	7	cope	7	failure	7
decision	22	lord	22	sharing	22	discipline	7	experiencing	7	fighting	7
spend	22	week	22	world	22	fair	7	favor	7	free	7
back	21	dialoguing	21	enough	21	food	7	forget	7	guilty	7
last	21	pray	21	qualities	21	full	7	grace	7	hug	7
should	21	activities	20	always	20	hand	7	hearing	7	issues	7
decisions	20	follow-up	20	growth	20	hurting	7	instead	7	level	7
last_time	20	letter	20	our_weekend	20	learn	7	letting	7	ourselves	7
program	20	still	20	between_us	19	lord's	7	minister	7	possession	7
bring	19	christ	19	fear	19	party	7	planned	7	reading	7
mother	19	our_lovemaking	19	taking	19	power	7	praying	7	routine	7
call	18	car	18	career	18	reject	7	religious	7	season	7
effect	18	enjoy	18	expectations	18	sacrifice	7	says	7	snow	7
forgiveness	18	friend	18	god's_plan	18	seen	7	self-worth	7	start	7
long	18	loved	18	makes	18	song	7	start	7	talking	7
married	18	mask	18	mine	18	task	7	tomorrow	7	used	7
our_home	18	our_love	18	plan	18	win	7	wish	7	years	7
present	18	reveal	18	times	18	ability	6	advice	6	against	6
vacation	18	alive	17	avoid	17	anniversary	6	answer	6	becoming	6
bad	17	coming	17	couples	17	begin	6	behavior	6	big	6
fight	17	often	17	old	17	break	6	buy	6	cards	6
our_lives	17	own	17	reach_out	17	charism	6	childhood	6	christ's	6
receive	17	romantic	17	sexually	17	comes	6	difference	6	divorced	6
touch	17	working	17	children	17	drive	6	eat	6	emotional	6
community	16	doing	16	financial	16	end	6	ethnic	6	even	6
god's_love	16	happy	16	help_you	16	families	6	forgiving	6	gave	6
kind	16	late	16	least	16	habit	6	happened	6	happiest	6
look	16	never	16	parents	16	helping	6	hugging	6	importance	6
recently	16	respond	16	support	16	kept	6	leave	6	left	6
tend	16	thoughts	16	watching	16	lonely	6	looking	6	lose	6
without	16	yes	16	afraid	15	mary	6	meal	6	member	6
closest	15	getting	15	growing	15	mistakes	6	moment	6	neighbors	6
helped	15	hold	15	improve	15	non-verbal	6	note	6	number	6
little	15	only	15	phone	15	other_people's	6	outside	6	parent	6
place	15	realize	15	specific	15	pleasure	6	positive	6	possessions	6
trying	15	wedding	15	able	14	private	6	rather	6	recognize	6
asking	14	changes	14	child	14	reflected	6	religion	6	response	6
comfortable	14	compliment	14	days	14	responsibility	6	same	6	scripture	6
grow	14	healing	14	lack	14	send	6	separate	6	sexy	6
loving	14	met	14	name	14	sleeping	6	sorry	6	stop	6
night	14	parish	14	romance	14	story	6	surprise	6	thank	6
sleep	14	summer	14	telling	14	thinking	6	unexpectedly	6	unity	6
trust	14	value	14	affected	13	unmet	6	visible	6	upset	6
attitude	13	conflict	13	daily	13	willing	6	winter	6	accomplish	5
favorite	13	help_me	13	honest	13	advantage	5	affects	5	afterward	5
intimacy	13	judge	13	mass	13	anger	5	appearance	5	appreciate	5
month	13	my_need	13	occasions	13	areas	5	attend	5	attention	5
play	13	relatives	13	since	13	attracted	5	attractive	5	baby	5
spending	13	usually	13	weather	13	beginning	5	bills	5	birth	5
bed	12	body	12	communication	12	blessed	5	cause	5	charity	5
front	12	goals	12	heal	12	checkbook	5	christian	5	closer	5
house	12	laugh	12	marriage	12	commitment	5	communicate	5	company	5
meet	12	next	12	our_life	12	confidence	5	cor	5	date	5
pressure	12	priorities	12	public	12	discover	5	discussing	5	easy	5
sense	12	spiritual	12	wrong	12	eating	5	example	5	exciting	5
called	11	changed	11	criticize	11	experienced	5	face	5	few	5
evening	11	express	11	fail	11	flowers	5	frequently	5	gives	5
failures	11	faith	11	gifts	11	granted	5	hello	5	helps	5
given	11	hard	11	involved	11	here	5	hours	5	ideal	5
involvement	11	lately	11	marriages	11	inadequate	5	knew	5	less	5
morning	11	my_needs	11	negative	11	lifetime	5	light	5	lovers	5
planning	11	please	11	priest	11	major	5	meals	5	missing	5
problems	11	regular	11	right	11	must	5	notice	5	object	5
saying	11	seeing	11	using	11	older	5	our_children's	5	personal	5
						poor	5	praise	5	prepare	5
						priests	5	project	5	rate	5
						read	5	reduce	5	reminds	5
						resolutions	5	rest	5	return	5
						ride	5	room	5	sacrifices	5
						schedule	5	secret	5	set	5
						shopping	5	spent	5	starting	5
						sunday	5	talent	5	tender	5
						thanksgiving	5	this_weekend	5	today's	5
						togetherness	5	tonight	5	traditions	5
						understand	5	unexpected	5	walk	5
						weaknesses	5	wearing	5	wife	5
						worth	5	year's	5		

LIFETIME LIST OF DIALOGUE QUESTIONS

17,539 Questions Listed Below
Grouped by Key Word or Concept

90/90 (3)

HDIF reading the 90/90 dialogue letters from our_weekend?
How did I feel on Sunday morning during the 90/90?
What is my fondest memory of our 90/90?

ABILITY (6)

HDIF about my ability to satisfy your needs in our_sexual_relationship?
HDIF about my ability to speak to you freely about our_sexual_relationship?
If I could gain any one ability or quality, what would it be? HDIFAT?
On my ability to satisfy your needs in our_sexual_relationship
On my ability to share my relationship with God with you

ABLE (14)

Am I able to be more open with other_people than with you?
Am I able to be myself when I am with you?
Am I able to concentrate and perform better under pressure? HDIFAT?
Am I able to see your side in our fights and HDIFAT?
HDIF when I am able to express my physical needs to you in our_lovemaking?
HDIF when I am able to go beyond my anger and reach_out to you?
HDIF when I am able to sleep in?
HDIF when I am able to tell you what bugs me?
HDIF when I am able to tell you what pleases me?
HDIF when I am not able to express my physical needs in our_lovemaking?
HDIF when I do not seem able to reach you?
On what I am able to provide for our_family
What happens when we are able to reveal all of ourselves to each_other?
What needs of yours do I see me being able to help with?

ABSENCE (1)

How did the absence of dialogue affect our communication and closeness?

ABSOLUTELY (1)

What will I absolutely not compromise? HDIFAT?

ABSOLUTES (1)

After_a_fight: Did I use exaggerations or absolutes? HDIFAT now?

ABUSE (1)

HDIF about our friends who abuse drugs or alcohol?

ABUSED (2)

A time when I felt abused
Do I feel abused or threatened in our_relationship? HDIFAT?

ACCEPT (25)

"If you are not free to reject, you cannot accept." HDIFAT?
Am I doing better learning to accept you as you are?
Can I really accept God's_plan for us?
Do I accept compliments easily? HDIFAT?
Do I accept our_children for who they are?
Do I accept your ambitions? Do I think you accept mine? HDIFAT?
Do we accept only members of our church / parish family who are like us?
HDI accept responsibilities?
HDIF about learning to accept you as you are?
HDIF about the way I am learning to accept you as you are?
HDIF when I accept love as well as give it?
HDIF when I judge (rather than accept) your emotions / feelings?
HDIF when I realize and accept Jesus' closeness in our daily lives?
HDIF when I try to convince you of something and you cannot accept it?
HDIF when we have to accept God's_plan for us?
HDIF when we invite a couple to the program / weekend and they accept?
HDIF when you accept a part of me that I had difficulty sharing?
HDIF when you accept me but I cannot accept myself?
HDIF when you accept my emotions / feelings?
HDIF when you have an attitude I cannot accept?
HDIF when you really try to reach_out and accept my emotions / feelings?
Is it easy for me to accept help when I need it? HDIFAT?
What compliments have I received lately that I did not fully accept?
What emotions / feelings do I find most difficult to accept in myself?
What kind of compliment is hardest for me to accept from you?

ACCEPTANCE (1)

HDI respond when I experience your total acceptance of me?

ACCEPTED (3)

Do I tend to do things in the accepted way or am I more creative? HDIFAT?
HDIF when I am accepted and cared for?
How have we accepted Jesus' call to be fishers of men?

ACCEPTING (7)

Am I really accepting of you or DIF the need to change you?
Do I sometimes try to control you instead of accepting you the way you are?
HDIF about accepting our_life together as a gift from Our Father?
HDIF about accepting you just as you are?
What happens to me / us when we are accepting of each_other?
What happens to me / us when we are not accepting of each_other?
What is there about me that I have most difficulty accepting?

ACCEPTS (1)

HDIF when a couple accepts our invitation to the program / weekend?

ACCOMPLISH (5)

HDIF when I fail to accomplish something I set out to do?
What did I accomplish today? HDIFAT?
What do I hope to accomplish this summer?
What jobs would I most like to accomplish this_weekend?
What would I like to accomplish during this time of Lent?

ACCOMPLISHED (1)

HDIF when I have accomplished something I am proud of?

ACCORDING (3)

On living our_marriage according to God's_plan
What makes it hard to live according to our own values?
When I have to do things according to a fixed schedule, I feel ...

ACCOUNT (1)

HDIF when our checking account is overdrawn?

ACHES (1)

Do I let my little aches and pains interfere with our_relationship?

ACHIEVE (3)

HDIF knowing that we will always have to work to achieve real closeness?
What do I hope to achieve through dialogue?
What goals would I like to see us achieve in the next few months?

ACQUIRE (1)

HDIF about the values our_children acquire from TV?

ACQUIRED (1)

Have I acquired any new qualities this summer?

ACT (8)

After_a_fight: Did one of us act childish? HDIFAT now?
HDI act in a group when they start talking about religion?
HDI act when I am treated unfairly?
HDI act when I am upset with you?
Have I ever felt guilty after performing a sex act? Be specific. HDIFAT?
In what ways do I act like a child? HDIF at those times?
What attitude of mine helps me act in a loving way?
When at a party, do we act like married singles?

ACTING (4)

HDI see God acting in our_lives?
HDIF when I delay acting on a good idea until it's too late?
HDIF when I return from acting like a "married single"?
When I do not approve of the way a friend is acting, I tend to ...

ACTION (1)

When it is time to take action, I prefer to ...

ACTIONS (4)

After_a_fight: Am I still making excuses for my actions? HDIFAT?
HDIF when I must explain my actions?
HDIF when the actions of other_people come between_us?
When your actions embarrass me, I feel ...

ACTIVE (1)

How are we active in our parish / church community?

ACTIVITIES (20)

HDIF about our activities in Encounter / Retrouvaille?
HDIF about our parish / church activities?
HDIF about our_family activities?
HDIF about participating in league activities (softball, bowling) with you?
HDIF about the activities our_children are involved in?
HDIF when I am left out of your activities?
HDIF when I put activities before our_relationship?
HDIF when activities separate us?
HDIF when activities take the place of our_lovemaking?
HDIF when outside activities keep us from spending time with our_family?
HDIF when we put activities before our_relationship?
How do our_children's activities affect our_relationship?
In an average week, what activities work against our_relationship?

In an average week, what activities work to enhance our_relationship?
 On our activities and our jobs / careers: what about us?
 What activities are we involved in that cause friction in the family?
 What activities do I put ahead of the Lord?
 What activities strengthen our_relationship with God and Church?
 What activities weaken our_relationship with God and Church?
 What are my family's favorite springtime activities?

ACTIVITY (8)

Am I ready to give up some singles' activity that separates us?
 Does a recreational activity keep us separated much of the time? HDIFAT?
 HDIF when some job or activity separates us?
 Has our_lovemaking become just an activity?
 How is our community helped by our activity in Encounter / Retrouvaille?
 What activity helps me grow most as a Christian?
 What activity helps you grow most as a Christian?
 What new activity or interest could I make space for in my life? HDIFAT?

ADAPT (1)

Is it harder for me to adapt to a routine or to constant change? HDIFAT?

ADDITIONAL (1)

I would feel happier about us after these additional changes:

ADDRESS (1)

HDIF when our dialogue goes beyond our emotions to address our needs?

ADJECTIVES (1)

What two adjectives best capture the real me?

ADJUST (2)

HDIF when I have to adjust to circumstances beyond my control?
 Is it more important to see possibilities or adjust to facts? HDIFAT?

ADMIRE (10)

After_a_fight: What do I admire about your fighting spirit?
 I admire people who ...
 In what area(s) do I most admire or respect your emotions / feelings?
 The one thing I admire and love the most about you is ...
 What do I admire most about my parents?
 What quality as a parent do I most admire in you?
 What quality do I most admire in you? HDIFAT?
 What quality do I most admire in your mother / father?
 What special qualities do I most admire in you?
 What talent do I most admire in you?

ADMIRER (1)

How would I feel if I got a Valentine card from a secret admirer?

ADMIT (3)

After_a_fight: What irrational behavior can I admit to now? HDIFAT?
 Do I try to decide which emotions / feelings are OK to admit having?
 HDIF when I admit my fears?

ADMITTING (4)

HDIF about admitting I am lost?
 HDIF about admitting my mistakes?
 I am very thankful about ... but I have difficulty admitting it to you.
 Which is harder: admitting it when I am hurt or asking you for forgiveness?

ADOPTIVE (1)

HDIF about becoming an adoptive family?

ADULT (2)

What do I want our_children to be as an adult?
 What kinds of compliments have I received most often as an adult?

ADVANCE (1)

HDIF about taking on extra work to advance my career?

ADVANCES (2)

HDIF when I make sexual advances toward you?
 HDIF when you respond to my sexual advances?

ADVANTAGE (5)

Do I have close friends who should take advantage of this program / weekend?
 Do I have relatives who should take advantage of this program / weekend?
 HDIF about inviting couples like us to take advantage of the program / weekend?
 HDIF when people take advantage of me or push me around?
 HDIF when some we ask to take advantage of the program / weekend says
 "no"?

ADVENT (2)

How can we make this Advent a spiritual preparation for Christmas?
 Is Advent preparation for Christ's birthday or Santa Claus?

ADVENTURE (1)

HDIF when my spirit of adventure triumphs over good sense?

ADVICE (6)

HDIF about getting other_people's advice on a personal problem?
 HDIF about paying a lawyer for advice?
 HDIF about paying a therapist for advice?
 HDIF about the advice, "Forgive and forget"?
 HDIF when other_people cannot resist giving me advice?
 HDIF when someone tries to get my professional advice in a social setting?

AFFAIR (1)

HDIF about our_love affair with life?

AFFECT (38)

Do I consider your emotions / feelings in making decisions that affect you?
 Does our_sexual_relationship affect our closeness? HDIFAT?
 Does your job / career affect our_relationship?
 HDI react to pressure? How does my reaction affect you?
 HDI respond to pressure? How does my response affect you?
 HDIF about myself today? Does that affect how I feel about you?
 HDIF about the person, Jesus, and how does this affect us?
 How did the absence of dialogue affect our communication and closeness?
 How do my goals for financial security affect our_children?
 How do our possessions affect my self-image?
 How do our_children affect our_relationship?
 How do our_children's activities affect our_relationship?
 How do your insecurities affect me?
 How does Christmas buying affect our_relationship?
 How does TV affect our_lives?
 How does my / your fear of pregnancy affect our_sexual_relationship?
 How does my / your fear of pregnancy affect us?
 How does my / your mask affect our purchases?
 How does my attitude toward my / your father affect us?
 How does my attitude toward my / your mother affect us?
 How does my parents' marriage affect my behavior toward you?
 How does our budget affect our intimacy?
 How does our ethnic background affect our_relationship?
 How does our method of birth control affect our_sexual_relationship? HDIFAT?
 How does our_relationship with God affect our_sexual_relationship? HDIFAT?
 How does stress affect my self-image? HDIFAT?
 How does stress affect our_relationship? HDIFAT?
 How does the busy-ness of our_lives affect our_sexual_relationship?
 How does the image I try to project affect our dialogue?
 How does the image I try to project affect our_relationship?
 How does the season (spring, summer, winter, fall) affect me?
 How does the weather affect how I am with you?
 How does the weather affect my emotions / feelings?
 How does your lack of response to physical affection affect my mood?
 In what ways does TV affect our_family life?
 Our changing moods can affect our_relationship. HDIFAT?
 What am I searching for in life and how does it affect us?
 When we have to change roles, how does this affect our_relationship?

AFFECTED (13)

How has alcohol affected our_lives?
 How has inflation affected us and HDIFAT?
 How has my attitude affected our_sexual_relationship?
 How has our dialogue affected our daily life as_a_couple?
 How has our dialogue affected our_family?
 How has our failure to live God's_plan for our_marriage affected us?
 How has the temptation to live the World's Plan affected us?
 How have other couples affected our_marriage?
 How have we affected other couples' marriages?
 How is our_relationship affected when we strive to love unconditionally?
 Marriages around us are affected by how well they see ours working. HDIFAT?
 What specific event in my past has most affected my sexuality? HDIFAT?
 When have we affected another couple by sharing our story?

AFFECTING (9)

Do I see our_sexual_relationship affecting our whole relationship? HDIFAT?
 HDI see our finances affecting our_relationship?
 How can I keep the winter doldrums from affecting me and those around me?
 How have our_children been affecting our_relationship lately?
 How is today's society affecting our_family?
 On how traveling is affecting our_relationship?
 Weather is affecting our moods. HDIFAT?
 What is the greatest pressure affecting me during the follow-up period?
 Which pressure in me is most affecting my dream for us today?

AFFECTION (3)

HDIF showing affection in front of our_children?
 How does your lack of response to physical affection affect my mood?
 When have I felt a negative emotion in response to physical affection?

AFFECTS (5)

HDIF when our_togetherness affects another marriage?
 How good our_marriage is affects other marriages around us. HDIFAT?

How long before missing dialogue affects our communication and closeness?
 On how our_lovemaking affects my self-image
 On how traveling affects our_relationship

AFFIRM (1)
 In what ways do I daily affirm my love for you?

AFFIRMATION (2)
 Am I guilty of empty or insincere affirmation?
 Am I sometimes guilty of empty or insincere affirmation? HDIFAT?

AFFIRMED (1)
 I need to be affirmed by you. HDIFAT?

AFFIRMS (1)
 HDIF when you compliment me in a way that affirms my femininity / masculinity?

AFFORD (4)
 HDIF when we cannot afford a night out together?
 HDIF when we see something we want but cannot afford?
 On wanting something we cannot afford
 When I want something we cannot afford, I feel ...

AFRAID (15)
 "Be not afraid." HDIF when I consider these words of Jesus?
 Am I afraid of other_people?
 HDIF when I let you know what I am really afraid of?
 HDIF when I want to be honest but am afraid of hurting you?
 In what area(s) am I most afraid to tell the truth about myself?
 In what way am I afraid to grow old?
 In what ways am I afraid to grow old?
 In what ways am I afraid to look ahead?
 Sometimes, I am afraid other_people will see me as ...
 The main reason I am afraid to commit to you is HDIFAT?
 What am I afraid to say to you during our_lovemaking? HDIFAT?
 What am I most afraid of losing by negotiating a compromise with you?
 What strengths do I have that I am afraid to rely on?
 Why am I afraid to tell you what pleases me?
 Why do I keep information from you? What am I afraid of?

AFTER (46)
 After I forgive, do I remember the hurt or the reconciliation?
 After being with superstitious people, I feel ...
 After reading TOB 8:5-7, HDIF about growing old with you?
 Generally, HDIF after we dialogue?
 HDI want you to remember me after I die?
 HDIF about being reunited after death with you?
 HDIF about life after death?
 HDIF about picking up after our_children?
 HDIF about starting over after a reversal or failure?
 HDIF after I donate a pint of blood?
 HDIF after I have exercised my right to vote?
 HDIF after I have spent a sleepless night?
 HDIF after a good dialogue?
 HDIF after hearing the story of the prodigal son?
 HDIF after re-reading my weekend notebook?
 HDIF after we dialogue?
 HDIF after we have had a long laugh together? Does laughter help heal?
 HDIF after yelling at our_children?
 HDIF hugging our son or daughter after I have disciplined them?
 HDIF immediately after we make_love?
 HDIF the day after our_lovemaking?
 HDIF when I see you after a long day?
 HDIF when I see you after a long separation?
 HDIF when we are close during and after our dialogue?
 HDIF when we are in each_other's arms after we make_love?
 HDIF when we do not talk after an argument?
 HDIF when we make_love after an argument or misunderstanding?
 HDIF when we pray together after we dialogue?
 HDIF when we pray together before / after we dialogue?
 HDIF when you can show me that I am a good person after all?
 HDIF when you greet me after a tough day?
 HDIF when you hug me after a rough day?
 HDIF when you reach_out to me after an argument?
 HDIF when you say "We'll dialogue after the next TV program"?
 Have I ever felt guilty after performing a sex act? Be specific. HDIFAT?
 How are we supporting couples after the follow-up period ends?
 How would I describe you to our_children after your death?
 How would I feel after a death in our_family this_week?
 How would I feel after a thirty-minute brisk walk?
 I would feel happier about us after these additional changes:
 On life after death
 On our financial status after the holidays
 On the most important discovery I made about you on our_weekend or after
 What does it mean when I do not pick up after myself?
 What happens when I am still lonely or feel used after we make_love?

What was the first thing that worked against us after our_weekend?

AFTER_A_FIGHT (75)
 After_a_fight: Am I nurturing a bad mood? HDIF when I am in a mood like this?
 After_a_fight: Am I still bearing a grudge? HDIF carrying a grudge?
 After_a_fight: Am I still feeling hurt? Describe the pain.
 After_a_fight: Am I still making excuses for my actions? HDIFAT?
 After_a_fight: Am I still pretending not to care? HDIFAT?
 After_a_fight: Am I surprised by the way I reacted? HDIF about my behavior?
 After_a_fight: Am I surprised by your reactions? HDIF about your behavior?
 After_a_fight: Am I taking your pain seriously enough? HDIFAT?
 After_a_fight: At what point do our arguments get out of control? HDIFAT?
 After_a_fight: At what specific point did I get drawn in? HDIFAT?
 After_a_fight: Could we have avoided this fight? How would I feel if we had?
 After_a_fight: Did I feel let down at any point? Describe how it felt.
 After_a_fight: Did I issue an ultimatum? HDIF about the ultimatum now?
 After_a_fight: Did I let the fight ruin my whole day? HDIFAT?
 After_a_fight: Did I misrepresent or stretch the truth? HDIFAT now?
 After_a_fight: Did I pout or cry just so you would feel sorry for me?
 After_a_fight: Did I say things just for effect? HDIFAT now?
 After_a_fight: Did I use exaggerations or absolutes? HDIFAT now?
 After_a_fight: Did one of us act childish? HDIFAT now?
 After_a_fight: Did one of us attribute sinister motives to the other? HDIFAT?
 After_a_fight: Did one of us bully the other? HDIFAT now?
 After_a_fight: Did one of us insist on being right? HDIFAT now?
 After_a_fight: Did one of us try to make the other feel guilty? Did it work?
 After_a_fight: Do our "rules" allow us to take a break to cool down? HDIFAT?
 After_a_fight: Do our fights at least end the "cold war" between_us?
 After_a_fight: Do we argue because we remember things differently?
 After_a_fight: HDIF now about things I wish I had done or said differently?
 After_a_fight: HDIF when we argue in front of our_children?
 After_a_fight: HDIF when we argue?
 After_a_fight: How can I change to make confrontation more positive for us?
 After_a_fight: How can we avoid unproductive fights?
 After_a_fight: How frequently do we argue? HDIFAT?
 After_a_fight: How long was this fight in coming? HDIFAT?
 After_a_fight: How many times have we had this discussion? HDIFAT?
 After_a_fight: Is there any pattern to our arguing? HDIFAT?
 After_a_fight: On the surface, am I logical or emotional? HDIF deep inside?
 After_a_fight: This will help_you better understand my reaction:
 After_a_fight: Was there an easier way? HDIFAT?
 After_a_fight: What are the bad things about our fights?
 After_a_fight: What caused my / your / our voices to be raised? HDIFAT?
 After_a_fight: What could I have done to reduce my own suffering? HDIFAT?
 After_a_fight: What could I have done to reduce your suffering? HDIFAT?
 After_a_fight: What did I compromise to make peace? HDIFAT now?
 After_a_fight: What did I do to provoke you? HDIFAT now?
 After_a_fight: What did I do to shut you off? HDIFAT now?
 After_a_fight: What do I admire about your fighting spirit?
 After_a_fight: What do I think was your main point? HDIFAT now?
 After_a_fight: What do I think you are going through right_now? HDIFAT?
 After_a_fight: What have I learned about the way I handle conflict?
 After_a_fight: What have I learned about the way you handle conflict?
 After_a_fight: What irrational behavior can I admit to now? HDIFAT?
 After_a_fight: What issues still persist? HDIF about these unresolved issues?
 After_a_fight: What led up to the fight? HDIF today about those things?
 After_a_fight: What pitfalls keep our fighting from being constructive?
 After_a_fight: What specifically triggered my reaction? HDIFAT now?
 After_a_fight: What subjects cause us the most trouble? HDIFAT?
 After_a_fight: What tender spots were touched and when? HDIFAT now?
 After_a_fight: What was I feeling / thinking when I was silent?
 After_a_fight: What was my main point? HDIFAT now?
 After_a_fight: What was the fight really about? HDIFAT now?
 After_a_fight: What would I like to take back? Why did I say it? HDIFAT now?
 After_a_fight: When are we most likely to fight? HDIFAT?
 After_a_fight: When did I feel most exasperated?
 After_a_fight: When did I feel most like ducking out?
 After_a_fight: When did I feel most trapped?
 After_a_fight: When did I refuse to listen or ignore what was said? HDIFAT?
 After_a_fight: When we fight, do we really know what we are fighting about?
 After_a_fight: When we fight, is one of us always the loser. HDIFAT?
 After_a_fight: Where did I fail to be completely fair to you? HDIFAT now?
 After_a_fight: Where was I unreasonable? HDIFAT now?
 After_a_fight: Who blamed who and when? HDIF giving / receiving blame?
 After_a_fight: Who brings up painful subjects the most often? HDIFAT?
 After_a_fight: Who got hurt? When? Why? HDIFAT?
 How do we make up after_a_fight and HDIFAT?
 On making up after_a_fight

AFTERNOON (1)
 On spending an afternoon looking at scrapbooks

AFTERNOONS (1)
 HDIF when I have a chance to take a nap on Sunday afternoons?

AFTERTASTE (1)
 Do I sometimes make jokes that leave a critical or unpleasant aftertaste?

AFTERWARD (5)

Do I ever use bad language to vent pressure? Does it work? HDIF afterward?
 How do I express my anger? HDIF afterward?
 Should lovemaking be part of the healing process or reserved for afterward?
 What is the last good deed I did? How did I feel afterward?
 When during our_weekend or afterward did I really begin to listen to you?

AGAIN (4)

HDIF about starting to ride a bicycle again at my age?
 HDIF when I become a married single again?
 If I had my life to start again, what would I change?
 When we first met, what made me want to see you again?

AGAINST (6)

Am I experiencing any anger directed against myself? Describe it.
 HDIF when our_children compete against each_other?
 If God is for us, who can be against us?
 In an average week, what activities work against our_relationship?
 We tend to compete against each_other in HDIFAT?
 What was the first thing that worked against us after our_weekend?

AGE (7)

Do I reject prejudice based on race, gender, religion or age? HDIFAT?
 HDIF about going back to school at my age?
 HDIF about learning a new language at my age?
 HDIF about old age together?
 HDIF about starting to ride a bicycle again at my age?
 HDIF about the changes in my physical appearance (weight, age)?
 With what age group do I feel least comfortable? HDIF at those times?

AGGRESSIVE (2)

A time when I felt aggressive
 Does being aggressive make me uncomfortable?

AGGRESSIVELY (1)

When someone is aggressively angry with me, I feel ... and I tend to ...

AGO (2)

Long ago, I borrowed a book from a friend. HDIFAT?
 What do I wish I had known five years ago about sex?

AGONY (1)

HDIF knowing Christ died in agony to show His love for us?

AGREE (4)

Are we never going to agree about some issues?
 HDIF when we agree on an important issue?
 Is it easy for us to agree on decisions? HDIFAT?
 We hear and see values we do not agree with. HDIFAT?

AHEAD (9)

DIF better enjoying the present or anticipating what lies just ahead?
 HDIF when I go ahead and make_love even when I do not want to?
 HDIF when I have to put other_people needs ahead of my own?
 HDIF when we put our_children ahead of us?
 HDIF when you go ahead and make_love even when you do not want to?
 In what ways am I afraid to look ahead?
 Someone ahead of me in the 8 item express checkout has 20 items? HDIFAT?
 The car ahead of me pays my toll? HDIFAT?
 What activities do I put ahead of the Lord?

AIR (1)

HDIF about air bags in our car?

AIRPORT (1)

HDIF when I say good-bye to you at the airport?

ALARM (1)

HDIF when the alarm goes off in the morning?

ALBUM (2)

HDIF when we go through the family album together?
 HDIF when we look at our wedding album?

ALCOHOL (7)

Do I use alcohol or drugs to relax or alleviate pressure? HDIFAT?
 HDIF about our friends who abuse drugs or alcohol?
 HDIF about our use of alcohol?
 HDIF at parties when guests have had too much alcohol?
 How has alcohol affected our_lives?
 On pain-killers that I use (alcohol, drugs, hobbies, TV, etc.)
 Our children are tempted by alcohol, drugs, sexuality. HDIFAT?

ALIENATED (1)

When did I last feel alienated in our_relationship?

ALIVE (17)

Do I see the awareness of God alive in our_children?
 HDIF about keeping ethnic traditions alive in our_family?
 How can we as_a_family keep the closeness of the Christmas Season alive?
 How has dialoguing about scripture made Jesus come alive for us?
 I am happy to be alive today because ...
 Is our_relationship alive and visible to other_people?
 Is our_relationship alive and well in the eyes of other_people?
 Jesus is alive. HDIFAT?
 On the real joy it is just to be alive
 On the real pleasure it is just to be alive
 What can we do to keep our_marriage alive and growing?
 What memory of our courting days is most alive today?
 What risks should I be taking to keep our communication timely and alive?
 When our dialogue is alive and strong, I feel ...
 When our dialogue is alive and strong, so is our HDIFAT?
 When our dialogue is alive and strong, so is our prayer life. HDIFAT?
 When our dialogue is alive and strong, so is our_sexual_relationship. HDIFAT?

ALL-TIME (1)

What is my all-time favorite movie? HDIF about renting it for us?

ALLELUIA (1)

When I sing Alleluia, am I enthusiastic?

ALLEVIATE (1)

Do I use alcohol or drugs to relax or alleviate pressure? HDIFAT?

ALLOW (9)

After_a_fight: Do our "rules" allow us to take a break to cool down? HDIFAT?
 Do I allow God to work in me?
 Do I allow Jesus to be Lord of my life? HDIFAT?
 Do I allow Jesus to be in control of my life? HDIFAT?
 Do I allow my sexual values to interfere with my response to you?
 HDIF when I allow circumstances to "make" a decision for me?
 HDIF when our daily routines do not allow us time for each_other?
 What do I need to hear from you that would allow me to be more open?
 What obstacles do I allow to inhibit me from speaking freely? HDIFAT?

ALLOWING (2)

Am I comfortable allowing barriers / obstacles to keep us distant?
 Do I see us ever allowing ourselves to live fully God's_plan for us?

ALLOWS (2)

HDIF when God allows other_people to suffer?
 HDIF when God allows us to suffer?

ALMOST (1)

HDIF when I discover there is almost no gas left in the tank?

ALONE (21)

Am I more creative alone or with other_people? HDIF when I am most creative?
 Do I cope with my stress alone or do I share it with you? HDIFAT?
 Do I spend time alone when I need to be alone? HDIFAT?
 HDIF about a vacation alone with you?
 HDIF about being alone?
 HDIF about going out alone in the evening?
 HDIF about our going out together alone more often?
 HDIF about spending time alone?
 HDIF alone in Church?
 HDIF being in our_home alone, by myself?
 HDIF when I have the opportunity to be alone, to enjoy some solitude?
 HDIF when I know you are home alone?
 HDIF when our_family is alone together for a meal?
 HDIF when we spend an evening alone together?
 On spending an evening alone
 Our neighbor lives alone. HDIFAT?
 What do I like about being alone? HDIFAT?
 When DIF most alone?
 When I am at a party, HDIF about leaving other_people alone to enjoy themselves?
 When have I felt alone this spring / summer / winter / fall?
 When we are alone, we usually talk about ...

ALOOF (1)

Is one of us the "toucher" and the other aloof?

ALOOD (1)

HDIF when we pray aloud together?

ALREADY (3)

Do I assume I already know what you are going to say and HDIFAT?
 Does my insistence that I am already open and honest hinder further growth?
 On most matters, do I already have an opinion? HDIF about changing my mind?

ALTERNATIVE (1)

Given the alternative, HDIF about growing old?

ALTOGETHER (1)

We stopped dialoguing altogether for a while. Why?

ALWAYS (20)

"Whoever has a heart full of love always has something to give." HDIFAT?

After_a_fight: When we fight, is one of us always the loser. HDIFAT?

Do I always presume the best about you? HDIFAT?

Do I always reveal my true emotions / feelings?

Do I always try to give you my full attention when we make_love? HDIFAT?

Do we always fight about the same things and HDIFAT?

HDIF being around people who always have both feet on the ground?

HDIF being around people who are always coming up with new ideas?

HDIF knowing that we will always have to work to achieve real closeness?

HDIF when I think of the Father as always belonging to us?

How does my mask prevent me from always being intimate with you?

How would I feel working under someone who is always fair but not so kind?

How would I feel working under someone who is always kind but not so fair?

Is one of us always the first to forgive and HDIFAT?

Our missionary role is always to invite other_people on our journey. HDIFAT?

What are some of the family incidents our_children will always remember?

What do I think I will always remember about our_family?

What family Christmas memory will I always remember?

What have I always wanted to try but never did? HDIFAT?

What special moment of the past holiday season will I always remember?

AMBITIONS (1)

Do I accept your ambitions? Do I think you accept mine? HDIFAT?

AMERICAN (1)

HDIF about being an American?

AMOUNT (1)

HDIF about the amount of time we spend watching TV?

ANALYZE (1)

Given a workable idea, will I analyze what is still wrong with it? HDIFAT?

ANCESTORS (1)

HDIF about my family name, my family tree, my relatives, my ancestors?

ANGEL (1)

How would I feel if the angel Gabriel spoke to me?

ANGER (5)

Am I experiencing any anger directed against myself? Describe it.

Am I experiencing any anger or resentment over being hurt? Describe it.

Do I vent my anger in an appropriate way? HDIFAT?

HDIF when I am able to go beyond my anger and reach_out to you?

How do I express my anger? HDIF afterward?

ANGRY (10)

A time when I felt angry

HDIF about going to bed when we are both angry?

HDIF when I am angry with you?

HDIF when I have been angry with you?

HDIF when I judge you are angry with me?

HDIF when I think you are angry with me?

HDIF when you become violently angry with me?

How can I tell when you are angry?

When I feel angry, what is the best thing someone can do for me?

When someone is aggressively angry with me, I feel ... and I tend to ...

ANIMAL (2)

HDIF about getting our next pet from the animal shelter?

HDIF when I unavoidably hit some small animal with the car?

ANIMALS (1)

HDIF seeing animals in the zoo?

ANNIVERSARIES (1)

Which of our anniversaries do I remember most fondly?

ANNIVERSARY (6)

HDIF when I forget our anniversary?

HDIF when I remember our anniversary is coming up soon?

How can we best celebrate our anniversary?

On celebrating our wedding anniversary this year

On our 25th wedding anniversary

What do I remember most about the way we spent our first anniversary?

ANNOY (1)

How does my mask frustrate, disappoint or annoy other_people?

ANNOYED (3)

HDIF when you are annoyed with me?

HDIF when you seem annoyed with me?

On being annoyed by the phone

ANNOYS (1)

What do I do that annoys people? Why do they react that way?

ANSWER (6)

Do I trust God to answer my prayers?

HDIF when I hurry to answer the phone and it is only a solicitor?

HDIF when I need a straight yes or no answer and do not get it?

HDIF when I try repeatedly to phone you and it's busy or there is no answer?

How do I want you to romance me? HDIF sharing my answer?

Is my dialogue a real letter or does it just answer the question?

ANSWERING (2)

HDIF about answering the phone late at night?

HDIF when I get the answering machine instead of a live person?

ANSWERS (2)

HDIF when a person answers the phone with enthusiasm and energy?

I need to know the answers to the following questions:

ANTHEM (1)

HDIF when I stand at attention during the national anthem?

ANTICIPATING (1)

DIF better enjoying the present or anticipating what lies just ahead?

ANTICIPATION (1)

What could you do to increase my sexual anticipation?

ANXIOUS (1)

A time when I felt anxious

ANYMORE (1)

The children do not want to hold my hand anymore? HDIFAT?

ANYONE (2)

Can I go one whole day without criticizing anyone or anything? HDIFAT?

In what ways do you know me better than anyone and HDIFAT?

ANYTHING (7)

Can I go one whole day without criticizing anyone or anything? HDIFAT?

HDIF when our loved ones refuse to do anything to improve their marriage?

HDIF when you do not say anything?

If I could do anything I wanted with you, what would we do?

Is there anything about your / my job that I avoid discussing with you?

Is there anything troubling me right_now? HDIFAT?

What, if anything, is too serious to be joked about? HDIFAT?

APART (9)

Apart from Jesus we can do nothing (JN 15:5). HDIFAT?

HDIF about being apart from you?

HDIF about seeing you at the end of our day apart?

HDIF when we are apart for several days?

HDIF when work keeps us apart?

Have we drawn closer or drawn apart this_week?

On frustration as bringing us together or driving us apart

Our separate interests are drawing us apart. HDIFAT?

Why is it often the little things that pull us apart?

APOLOGIZE (3)

HDIF when I have to apologize to you?

HDIF when you apologize for me?

HDIF when you apologize to me?

APOLOGIZING (1)

HDIF about apologizing even when I am not convinced I am wrong?

APPEALING (1)

On making myself more appealing to you

APPEAR (1)

HDIF when we appear as partners, not as individuals only?

APPEARANCE (5)

HDIF about changing my physical appearance through diet, exercise, cosmetics?

HDIF about my physical appearance?

HDIF about the appearance of my teeth?

HDIF about the changes in my physical appearance (weight, age)?

What do I need to do to improve my appearance?

APPLY (2)

"Love is patient, love is kind." How does this apply to our_family?

Do I apply Gospel values to my job / career? HDIFAT?

APPOINTMENT (1)

On being late for an appointment and not being near a phone

APPRECIATE (5)

HDIF when you seem to appreciate me?
I appreciate your patience with me when I ...
What do you do that I appreciate but have not told you? HDIFAT?
When I am hurt, I would appreciate it if you ...
When you are hurt, I would appreciate it if you ...

APPRECIATING (1)

On not appreciating you enough

APPROACH (1)

HDI approach each new day with you and with God?

APPROACHED (1)

Do I usually initiate friendships or wait to be approached? HDIFAT?

APPROACHES (1)

HDIF about our preparations as Christmas approaches?

APPROACHING (2)

HDIF approaching Christ as_a_couple?
HDIF when fall / winter / spring / summer is approaching?

APPROPRIATE (1)

Do I vent my anger in an appropriate way? HDIFAT?

APPROVAL (1)

Do I ever change what I write or say to gain your approval? HDIFAT?

APPROVE (1)

When I do not approve of the way a friend is acting, I tend to ...

APRIL (1)

HDIF when someone succeeds in fooling me on April Fool's Day?

AREA (42)

HDIF about our growth (or lack of growth) in the area of sex?
HDIF when I consider that I am responsible for every area of my life?
In what area(s) DIF inferior to you?
In what area(s) am I most afraid to tell the truth about myself?
In what area(s) are we equal partners in decision making?
In what area(s) do I find I lack confidence in dialogue?
In what area(s) do I find it most difficult to reach_out to you?
In what area(s) do I have difficulty putting full trust in God?
In what area(s) do I judge you are most frustrated because I do not listen?
In what area(s) do I most admire or respect your emotions / feelings?
In what area(s) do I most need the Lord's help?
In what area(s) do I most need your help in living as a sacramental couple?
In what area(s) do I most need your help?
In what area(s) do I need to be more sensitive to you?
In what area(s) do I try to modify my behavior to please you?
In what area(s) do we as_a_couple need to grow?
In what area(s) do you make most of the decisions and HDIFAT?
In what area(s) have we grown because of past failures?
In what area(s) is it most difficult for me to let you know how I feel?
In what area(s) of our_life together am I most dependent on you?
In what area(s) of our_relationship do I exercise the most control?
In what area(s) of our_relationship do I think I am number one with you?
In what area(s) of our_relationship do we most need to grow?
In what important area(s) do I find it most difficult to listen to you?
In what specific area(s) of sexuality am I reluctant to open up? HDIFAT?
On the one area which needs the most work in our_relationship
Pick an area you avoid in dialogue. Why do I avoid this area?
The area(s) where I have seen the most growth in you is HDIFAT?
What are my expectations of you in the area of sex?
What are my hopes for us in the area of sex?
What area is the hardest for me to reveal to you?
What area(s) do I avoid in dialogue. Why do I avoid this area?
What area(s) do I least like to dialogue on? HDIFAT?
What area(s) do I most like to dialogue on? HDIFAT?
What area(s) of a couple's life am I least open to listening about?
What area(s) of a priest's / pastor's life am I least open to listening about?
What area(s) of our_relationship do I take responsibility for?
What area(s) of our_relationship do you take responsibility for?
What has been the greatest area of growth in our_sexual_relationship?
What is the area I least want to discuss with you?
What is the area I least want to talk to you about?
What is the touchiest area in our_relationship?

AREAS (5)

Are there areas where our_sexual_relationship could be improved? HDIFAT?
Are we constantly getting hurt and making up in the same areas and HDIFAT?
Are we constantly making up in the same areas and HDIFAT?
Do I take time to think about unsatisfactory areas of my life? HDIFAT?
I need support from you in the following areas:

ARGUE (4)

After_a_fight: Do we argue because we remember things differently?
After_a_fight: HDIF when we argue in front of our_children?
After_a_fight: HDIF when we argue?
After_a_fight: How frequently do we argue? HDIFAT?

ARGUED (1)

HDIF when we have argued with family members?

ARGUING (2)

After_a_fight: Is there any pattern to our arguing? HDIFAT?
On arguing over our_children

ARGUMENT (4)

HDIF when we do not talk after an argument?
HDIF when we make_love after an argument or misunderstanding?
HDIF when you reach_out to me after an argument?
HDIF when you win an argument?

ARGUMENTS (3)

After_a_fight: At what point do our arguments get out of control? HDIFAT?
HDIF when we try to settle arguments without asking God's help?
I usually settle arguments by ...

ARK (1)

It was not raining when Noah built the ark. HDIFAT?

ARM (2)

HDIF when I put my arm around you?
What do I enjoy most about having your arm around me?

ARMS (3)

HDIF when we are in each_other's arms after we make_love?
HDIF when you are holding me in your arms?
HDIF when you hold me in your arms?

AROUSES (1)

What is it about you that arouses me?

ARRIVE (2)

HDIF about people who arrive for work early?
HDIF when I arrive late to a meeting and people turn around to look?

ARRIVED (1)

A plant arrived from the florist to thank us for a favor. HDIFAT?

ARRIVING (3)

HDIF about arriving early for parties?
HDIF about arriving late for parties?
HDIF about arriving on time for parties?

AS_A_COUPLE (41)

Am I comfortable with the way we manage money as_a_couple?
Are we, as_a_couple, being a sign of God's_love to the world?
Do I really believe that we as_a_couple are important to the Church?
HDI see our strengths as_a_couple?
HDI see our weaknesses as_a_couple?
HDI think other_people see us as_a_couple?
HDIF about our spiritual growth as_a_couple?
HDIF about the importance of making decisions as_a_couple?
HDIF about what we as_a_couple have to offer other_people?
HDIF approaching Christ as_a_couple?
HDIF sharing our faith as_a_couple?
HDIF when I consider that we are unique as_a_couple?
HDIF when we do something for someone as_a_couple?
HDIF when we reach_out to other_people as_a_couple?
HDIF when we take time to wallpaper, paint or do other housework as_a_couple?
Have we been changed because of God's awesome faith in us as_a_couple?
How are we growing closer (or becoming more distant) as_a_couple?
How can we improve our spiritual life as_a_couple?
How can we, as_a_couple, meet Jesus' challenge to follow Him?
How do we, as_a_couple, bring peace to each_other?
How does our individuality strengthen us as_a_couple?
How does striving to live God's_plan give life to us as_a_couple?
How has our dialogue affected our daily life as_a_couple?
In what area(s) do we as_a_couple need to grow?
Is our involvement in this program helping us as_a_couple?
Is our involvement with Encounter / Retrouvaille done as_a_couple?
My favorite memory of us as_a_couple this year is ...
Today, where am I with myself and with us as_a_couple?
What are my thoughts about us being unique as_a_couple?
What do I like best_and_least about us as_a_couple?
What do I think about our spiritual growth as_a_couple?
What do I think other_people see in us as_a_couple?
What does it cost us as_a_couple to be Jesus' disciples?
What holds us together as_a_couple and HDIFAT?

What is our best quality as_a_couple?
 What is special about us as_a_couple today?
 What is the effect of our sexual intimacy on us as_a_couple?
 What special qualities as_a_couple do we bring to other_people?
 What strengths do we have to offer as_a_couple?
 What was our closest moment as_a_couple this month / week / year?
 When was the last_time we did something fun and foolish as_a_couple?

AS_A_FAMILY (25)

A time when we had fun as_a_family
 Does TV take away valuable time from us as_a_family?
 HDIF about us as_a_family?
 HDIF when we are not together as_a_family?
 HDIF when we pray together as_a_family?
 How can we as_a_family keep the closeness of the Christmas Season alive?
 How can we do something as_a_family to help the poor?
 How can we do something as_a_family toward world peace?
 How can we improve our spirituality as_a_family?
 How close are we as_a_family?
 How often do we pray as_a_family? HDIFAT?
 On going to mass / church as_a_family
 On holiday planning as_a_family
 On our prayer life as_a_family
 On spending time together as_a_family
 We, as_a_family, are a "little church." HDIFAT?
 What can we do to become closer as_a_family?
 What did I learn about us as_a_family the summer?
 What do I need from you as_a_family to help_me?
 What do I want to do this thanksgiving as_a_family?
 What is our special character as_a_family?
 What quality in us as_a_family do I like best?
 What things are difficult to talk about as_a_family?
 What was our closest moment as_a_family this month / week / year?
 When we are not communicating as_a_family I feel ...

ASCENDED (1)

Jesus ascended into heaven. HDIFAT?

ASHAMED (1)

A time when I felt ashamed

ASIDE (1)

HDIF when I consciously put aside my emotions / feelings and reach_out to you?

ASK (24)

Am I usually the one to ask for forgiveness first? HDIFAT?
 HDIF when I ask for your forgiveness?
 HDIF when I ask you about our_children?
 HDIF when I ask you to make_love to me?
 HDIF when I ask you to make_love?
 HDIF when I ask you what you are worried about?
 HDIF when I have to ask you for money?
 HDIF when I make_love but do not ask in a clear way?
 HDIF when I need a hug but do not / will not ask for one?
 HDIF when cashiers ask for several pieces of identification?
 HDIF when our_children ask for expensive things?
 HDIF when our_children ask me to knock before entering their rooms?
 HDIF when some we ask to take advantage of the program / weekend says "no"?
 HDIF when the phone rings and they ask for you?
 HDIF when we ask a couple to an information night?
 HDIF when you ask me non-verbally to make_love?
 HDIF when you ask me to dance with you?
 HDIF when you ask me to describe my emotion?
 HDIF when you ask me to help_you?
 HDIF when you ask me to make_love?
 How often do I want to make_love but do not ask you?
 How seriously must I fail before I consider asking for help? HDIF when I ask?
 What are my thoughts when we should ask for help with our dialogue?
 What is it about you that makes me want to ask your forgiveness?

ASKED (4)

Am I good at keeping secrets? HDIF when asked to keep a secret?
 HDIF when I am asked to cut back or do without?
 If Jesus asked, "What have we done to build the Kingdom?"
 When was the last_time I asked you for forgiveness?

ASKING (14)

Am I asking you to make an unacceptable compromise? HDIFAT?
 HDIF about asking God to help us?
 HDIF about asking for a raise when I know I've earned it?
 HDIF about asking for a raise?
 HDIF about asking you to help_me listen better?
 HDIF about someone asking me to do them a favor?
 HDIF when I remember to say "please" when asking for something?
 HDIF when we try to settle arguments without asking God's help?
 How seriously must I fail before I consider asking for help? HDIF when I ask?

On asking a friend for a favor
 On asking forgiveness
 On asking you for forgiveness
 What are my thoughts about asking for help with our dialogue?
 Which is harder: admitting it when I am hurt or asking you for forgiveness?

ASKS (3)

HDIF when another couple asks, "How is your dialogue?"
 HDIF when someone asks me for something and remembers to say "please"?
 Jesus asks, "How are you living your life for me?"

ASLEEP (4)

HDIF lying in bed when you are sound asleep but I am wide awake?
 HDIF when I see you asleep on the couch?
 HDIF when you fall asleep early in the evening?
 What do I think about when I cannot fall asleep? HDIF at those times?

ASPECT (1)

Is passion an important aspect of our_relationship? HDIFAT?

ASPECTS (1)

What were the most important aspects of our wedding ceremony to me?

ASSERTIVE (1)

DIF uncomfortable when I try to be assertive?

ASSOCIATION (1)

What smells have an emotional association for me? HDIF at those times?

ASSUME (1)

Do I assume I already know what you are going to say and HDIFAT?

ASSUMPTIONS (2)

HDIF when I discover the assumptions I made about you are not true?
 HDIF when the assumptions you made about me are not true?

ASTRAY (1)

HDIF knowing the Lord pursues me when I am astray?

ATMOSPHERE (4)

HDIF about the atmosphere in our_home?
 How has the atmosphere in our_home changed because of our growth?
 What is the atmosphere at our dinner table?
 What one thing can I change to improve the atmosphere in our_home?

ATTEMPT (2)

On my attempt to balance the checkbook
 On your attempt to balance the checkbook

ATTEND (5)

HDIF about sacrificing financially to attend an event for married couples?
 HDIF when I attend a live musical performance?
 HDIF when we attend a funeral?
 HDIF when we attend a wedding ceremony together?
 We have a meeting to attend and no baby-sitter. HDIFAT?

ATTENDING (7)

HDIF about attending a graduation ceremony?
 HDIF about attending class reunions?
 HDIF about attending costume parties?
 HDIF about attending mass / church on Sunday?
 HDIF about attending school functions?
 HDIF attending a funeral or wake?
 HDIF attending mass / church together?

ATTENTION (5)

Do I always try to give you my full attention when we make_love? HDIFAT?
 Do our_children enjoy our attention to each_other?
 HDIF when I attract attention to myself?
 HDIF when I stand at attention during the national anthem?
 HDIF when someone snaps their fingers to get my attention?

ATTITUDE (13)

Do I have an attitude of superiority?
 HDIF when I consider that I am responsible for my attitude, good or bad?
 HDIF when I think you are taking a superior attitude into our dialogues?
 HDIF when you have an attitude I cannot accept?
 How does my attitude toward my / your father affect us?
 How does my attitude toward my / your mother affect us?
 How has my attitude affected our_sexual_relationship?
 If I could change one attitude of mine, it would be HDIFAT?
 What attitude of mine helps me act in a loving way?
 What changes can I make in my attitude toward my own failures?
 What is my present attitude toward writing a dialogue letter?
 Where does our couple-centered attitude show the most?
 Where have I experienced the greatest change in attitude? HDIFAT?

ATTITUDES (8)

Do my attitudes change toward those around me with the coming of spring?
 HDIF about my attitudes about sex?
 HDIF about your attitudes about sex?
 HDIF realizing that my attitudes and judgments have caused us pain?
 On my attitudes about money
 On my attitudes about our_sexual_relationship
 What are my attitudes about our_sexual_relationship?
 What are my attitudes about sex in general?

ATTRACT (1)

HDIF when I attract attention to myself?

ATTRACTED (5)

HDIF when I sense you are attracted by other men / women?
 I am attracted to people who ...
 On the qualities that first attracted me to you
 What qualities attracted me to you when we were dating?
 What quality in you first attracted me to you? HDIFAT?

ATTRACTIVE (5)

Do we make being married attractive?
 On what I find most attractive about you
 What about you do I find most attractive?
 What do I find most attractive about religious life?
 What do I find most attractive about you? HDIFAT?

ATTRACTIVENESS (2)

HDIF about my attractiveness?
 On my attractiveness or lack of attractiveness

ATTRIBUTE (2)

After_a_fight: Did one of us attribute sinister motives to the other? HDIFAT?
 If I could change one attribute of my personality, what would it be? HDIFAT?

AUTONOMY (2)

HDI behave when my_need for autonomy is not being met?
 How has dialogue helped me meet my_need for autonomy?

AVERAGE (4)

Do I get more enthusiastic about things than the average person does?
 In an average week, what activities work against our_relationship?
 In an average week, what activities work to enhance our_relationship?
 Our Sacrament calls us to a good marriage, not just an average one. HDIFAT?

AVOID (15)

"Avoid getting into debt, except the debt of love (RO 13:8)." HDIFAT?
 After_a_fight: How can we avoid unproductive fights?
 Considering my upbringing, what should I avoid with our_children? HDIFAT?
 Do I depend on your resistance to avoid entrapment in a deeper relationship?
 Do we avoid a particular member of our parish / church community?
 HDI avoid fighting?
 HDIF when I avoid a conflict between_us?
 HDIF when you avoid a conflict between_us?
 I avoid sexual involvement with you when ...
 In what ways do I avoid being intimate with you?
 Is there anything about your / my job that I avoid discussing with you?
 Pick an area you avoid in dialogue. Why do I avoid this area?
 What area(s) do I avoid in dialogue. Why do I avoid this area?
 When do I avoid sexual involvement with you? HDIFAT?
 When do I avoid you and why?

AVOIDANCE (1)

Do we fall in patterns of avoidance? HDIFAT?

AVOIDED (1)

After_a_fight: Could we have avoided this fight? How would I feel if we had?

AVOIDER (2)

HDIF when I am the "avoider" and you are the "seeker"?
 HDIF when I am the "seeker" and you are the "avoider"?

AVOIDING (3)

HDIF when I am avoiding sharing something with you?
 How can I tell when you are avoiding me?
 What masks am I wearing when I am avoiding you?

AWAKE (3)

HDIF lying in bed when you are sound asleep but I am wide awake?
 HDIF when I awake on Christmas morning?
 HDIF when I have to fight to stay awake?

AWAKENED (1)

HDIF when we are awakened by a crying child?

AWARE (10)

Am I aware of the Father's stake in our_sexual_relationship? HDIFAT?

Am I aware of the needs of our community?

HDIF when I am aware of growth in us?
 HDIF when I am aware that you have had a bad day?
 HDIF when we are aware of using our forgiving power to heal each_other?
 HDIF when we are aware of using our power to heal each_other?
 I have an interest you may not be aware of. HDIF telling you about it?
 The personal qualities I am most aware of in myself are as follows:
 When have I been aware of "our light shining for all"?
 When was I most aware of you today?

AWARENESS (1)

Do I see the awareness of God alive in our_children?

AWARENESSES (1)

What new awarenesses have I discovered in you this past week?

AWAY (10)

Can the new people I meet tell what interests me right away? HDIFAT?
 Does TV take away valuable time from us as_a_family?
 HDIF about giving away what I have?
 HDIF when I am far away from you?
 HDIF when I hear, "Love is not love until you give it away"?
 HDIF when I put away the laundry?
 HDIF when I wipe away your tears?
 HDIF when you are away and I miss you?
 Someone forgot to wipe the honey jar before putting it away? HDIFAT?
 When you go away on a business trip, I feel ...

AWESOME (1)

Have we been changed because of God's awesome faith in us as_a_couple?

AWKWARDNESS (1)

How would I describe the awkwardness I feel when we talk about sex?

BABIES (1)

HDIF around babies or small children?

BABY (5)

HDIF when I / we see a tiny baby?
 HDIF when I get up at night when the baby cries?
 HDIF when I see baby Jesus in the manger?
 HDIF when I think about having a baby during our middle years?
 What does the baby Jesus mean_to_me?

BABY-SITTER (2)

HDIF when I leave our_children with a baby-sitter?
 We have a meeting to attend and no baby-sitter. HDIFAT?

BABY-SITTERS (1)

HDIF about baby-sitters?

BACK (21)

After_a_fight: What would I like to take back? Why did I say it? HDIFAT now?
 All we have is from God. How would I feel if I had to give it back?
 HDIF about going back to school at my age?
 HDIF about our_children being back in school?
 HDIF about our_children going back to school?
 HDIF when I am asked to cut back or do without?
 HDIF when I am holding something back from you?
 HDIF when our_children talk back to me?
 HDIF when sex brings back the wonderment in you?
 HDIF when we look back at what we have done for Encounter / Retrouvaille?
 HDIF when we slip back into our old ways?
 HDIF when you seem to be holding something back from me?
 Have I ever had to go back on my word? HDIFAT?
 How and why did we go back to dialoguing regularly?
 How and why did you get back to dialogue?
 How do I feel when I lie back and look at the stars?
 I would like to go back to ... one more time? HDIF about going there with you?
 What gifts did we give back to the Lord today?
 What good do I find in dialogue that keeps me coming back?
 What would I like to take back if I could? HDIFAT?
 When my work is set back by some unexpected difficulty, I feel ...

BACKGROUND (2)

HDIF about your ethnic background?
 How does our ethnic background affect our_relationship?

BACKWARD (1)

Have we grown, plateaued, or slipped backward in our_relationship this_week?

BAD (17)

After_a_fight: Am I nurturing a bad mood? HDIF when I am in a mood like this?
 After_a_fight: What are the bad things about our fights?
 Are desires bad or unimportant compared to needs?
 Are wants bad or unimportant compared to needs?
 Do I ever use bad language to vent pressure? Does it work? HDIF afterward?

Do I have a bad habit that irritates you?
 HDI respond to you when I have had a bad day?
 HDIF being around people with bad manners?
 HDIF when I am aware that you have had a bad day?
 HDIF when I am waiting for you to come home in bad weather?
 HDIF when I consider that I am responsible for my attitude, good or bad?
 HDIF when I know you have had a bad day?
 HDIF when I ride in a car with bad brakes or slick tires?
 HDIF when we are traveling in bad weather?
 HDIF when you are still not home and the weather is bad?
 How can I tell that you have had a bad day?
 When something bad happens to me, do I let it hurt our_relationship?

BAG (1)
 On sharing a bag of popcorn and a movie

BAGS (1)
 HDIF about air bags in our car?

BALANCE (4)
 HDIF when I help_you balance the checkbook?
 HDIF when the checkbook does not balance?
 On my attempt to balance the checkbook
 On your attempt to balance the checkbook

BALLOONING (1)
 HDIF about hot-air ballooning?

BAND (1)
 How would I feel going to a school football game and sitting near the band?

BANKERS (1)
 HDIF about bankers in general?

BAPTIZED (2)
 On being baptized
 Why do (did) I choose to be baptized?

BAREFOOT (1)
 On walking barefoot together on the beach

BARGAINING (1)
 HDIF about bargaining for a lower price?

BARKING (1)
 Our dog's barking is going to disturb the neighbors? HDIFAT?

BARRIERS (3)
 Am I comfortable allowing barriers / obstacles to keep us distant?
 What are some of the barriers to my forgiving you and HDIFAT?
 What specifically could I do to break down the barriers between_us?

BASED (1)
 Do I reject prejudice based on race, gender, religion or age? HDIFAT?

BASHFUL (1)
 A time when I felt bashful

BASIC (1)
 What is our basic way of dealing with marital conflict?

BASIS (4)
 As the basis of my goals in life, I want to be ...
 Do I laugh and smile on a regular basis? HDIFAT?
 What is my plan to help_you enjoy life on a daily basis?
 What stresses me out the most on a daily basis? HDIF at those times?

BATHING (1)
 HDIF in my bathing suit?

BEACH (1)
 On walking barefoot together on the beach

BEARING (1)
 After_a_fight: Am I still bearing a grudge? HDIF carrying a grudge?

BEATITUDES (1)
 Which of the beatitudes do I find it easiest and which hardest to live?

BEAUTIFUL (9)
 "Everything is beautiful in its own way." HDIFAT?
 HDIF about trying to make something beautiful with my hands?
 HDIF taking a walk with you on a beautiful spring day?
 I think you are beautiful from within because ...
 Life is beautiful when I can share it with you. HDIFAT?
 Life is beautiful when shared with you. HDIFAT?
 On taking a drive to see the beautiful fall foliage

What one specific thing would make our_lovemaking even more beautiful?
 You keep growing more beautiful each day?

BECAME (2)
 Has our_love grown since we became involved in the program?
 What became of the good resolutions I have made in the past? HDIFAT?

BECAUSE (30)
 After_a_fight: Do we argue because we remember things differently?
 Am I discovering more about me because of our_relationship? HDIFAT?
 Do I have an increased capacity for all relationships because of our_love?
 Do I have an increased capacity for other relationships because of our_love?
 Do I sometimes miss out because I take too long to make a decision? HDIFAT?
 HDIF when I am delayed because other_people are not punctual?
 HDIF when I stop doing something I want to do because other_people are watching?
 HDIF when a couple enters the program / weekend because of our example?
 HDIF when we are separated because of your / my job / career?
 Have we been changed because of God's awesome faith in us as_a_couple?
 Have we been changed because of God's faith in our_marriage?
 How am I becoming a better person because of you?
 How has the atmosphere in our_home changed because of our growth?
 I am happy being married to you today because ...
 I am happy to be alive today because ...
 I feel trapped because ...
 I fight with you because ...
 I like / dislike fixing breakfast because ...
 I love you because ...
 I love you today because ...
 I need you because ...
 I see you as someone very special because ...
 I think you are beautiful from within because ...
 If I had to choose just one day to remember, I would choose ... because ...
 In what area(s) do I judge you are most frustrated because I do not listen?
 In what area(s) have we grown because of past failures?
 In what ways do I punish myself because of past mistakes?
 What do I find most difficult to talk about because of my mask?
 What problems do we have because of differing values and HDIFAT?
 You are my sweetheart because ...

BECOME (7)
 HDIF when I become a married single again?
 HDIF when you become violently angry with me?
 Has our_lovemaking become just an activity?
 How would I feel if one of our_children would want to become a minister?
 If I become more committed to you, I might have to give up HDIFAT?
 In what ways can I become a better listener for you?
 What can we do to become closer as_a_family?

BECOMING (6)
 Am I becoming more disillusioned or less disillusioned about us? HDIFAT?
 HDIF about becoming an adoptive family?
 HDIF about becoming holy by being your lover?
 How am I becoming a better person because of you?
 How are we growing closer (or becoming more distant) as_a_couple?
 Is our_sexual_relationship becoming routine?

BED (12)
 An overnight guest made their own bed? HDIFAT?
 HDIF about going to bed when we are both angry?
 HDIF about our bed?
 HDIF ending my day lying in bed next to you?
 HDIF lying in bed when you are sound asleep but I am wide awake?
 HDIF sleeping in a strange bed?
 HDIF when I go to bed knowing you will be home late?
 HDIF when you take most of the bed or most of the cover?
 If Jesus were at the foot of our bed, would He be smiling?
 On eating breakfast in bed
 On serving you breakfast in bed
 Where would I like to make_love to you other than in bed? HDIFAT?

BEDROOM (4)
 Does our_lovemaking extend beyond our bedroom?
 HDIF about our bedroom?
 HDIF about watching TV in our bedroom?
 HDIF when we make_love someplace other than our bedroom?

BEFORE (22)
 Can I put you before myself?
 Can we hope to heal our_relationship before we have clarified the issue?
 HDIF about doing something I have never done before?
 HDIF about paying for work before it is completed?
 HDIF about praying before dialogue?
 HDIF being with friends we knew before Encounter / Retrouvaille?
 HDIF stopping to organize a job carefully before I start?
 HDIF when I put activities before our_relationship?
 HDIF when our_children ask me to knock before entering their rooms?

HDIF when we pray together before / after we dialogue?
 HDIF when we put activities before our_relationship?
 HDIF when you change the subject before I am finished?
 HDIF when you demand change before you will forgive me?
 How long before missing dialogue affects our communication and closeness?
 How often do we need to see before we believe?
 How seriously must I fail before I consider asking for help? HDIF when I ask?
 Someone forgot to wipe the honey jar before putting it away? HDIFAT?
 There is so much to do before Christmas. HDIFAT?
 What has kept me from being completely honest before now? HDIFAT?
 What would I like to do with you that we have never done before? HDIFAT?
 When I finish a task, HDIF about relaxing before going on to the next task?
 When did I last put your needs before mine?

BEGAN (1)
 Since we began dialoguing, what growth have I seen in our_relationship?

BEGIN (6)
 Can I begin to love myself enough to forgive my past mistakes?
 HDIF about our_relationship as we begin this_week?
 HDIF when I begin to believe in my own good qualities?
 HDIF when I know our_lovemaking is about to begin?
 How did the weekend begin to meet my_need to love and be loved?
 When during our_weekend or afterward did I really begin to listen to you?

BEGINNING (5)
 Do I see death as a beginning of a greater love relationship?
 HDIF about beginning a family?
 HDIF beginning my dialogue letter by mentioning a good quality I see in you?
 On the beginning of school
 Was our_weekend just a new experience or was it a new beginning?

BEGINS (1)
 A new year begins tomorrow. HDIFAT?

BEHAVE (7)
 HDI behave when I am experiencing disillusionment about us?
 HDI behave when I am experiencing pain or disillusionment in our_marriage?
 HDI behave when I believe in myself?
 HDI behave when my_need for autonomy is not being met?
 HDI behave when my_need for belonging is not being met?
 HDI behave when my_need for self-worth is not being met?
 HDI behave when my_need to be loved is not being met?

BEHAVING (1)
 How are we behaving like "married singles"?

BEHAVIOR (6)
 After_a_fight: Am I surprised by the way I reacted? HDIF about my behavior?
 After_a_fight: Am I surprised by your reactions? HDIF about your behavior?
 After_a_fight: What irrational behavior can I admit to now? HDIFAT?
 How does my parents' marriage affect my behavior toward you?
 In what area(s) do I try to modify my behavior to please you?
 What behavior of yours most lets me experience myself as a man / woman?

BELIEFS (1)
 On being criticized for our beliefs

BELIEVABLE (1)
 Jesus is counting on us to make His love believable. HDIFAT?

BELIEVE (24)
 Do I believe in miracles?
 Do I believe in the power of prayer?
 Do I believe prayer changes things?
 Do I believe we are called to be a sacramental couple?
 Do I believe we are part of God's_plan?
 Do I believe we have a stake in other_people's marriages and they in ours?
 Do I really believe that God loves me as I am, for who I am?
 Do I really believe that God loves me where I am right_now?
 Do I really believe that emotions / feelings are neither right nor wrong?
 Do I really believe that we as_a_couple are important to the Church?
 Do I really believe we can change the lives of other_people?
 Do I stand up for what I believe in?
 HDI behave when I believe in myself?
 HDIF about John 17:21, "so that the world may believe"?
 HDIF when I begin to believe in my own good qualities?
 HDIF when I tell you that I really believe in you?
 HDIF when I think you do not believe me?
 How often do we need to see before we believe?
 In what ways do I believe I am taken for granted?
 Jesus said, "If you believe in me, you will never die." HDIFAT?
 What charisma (strength) do I have from the Spirit that helps the world believe?
 When in the past week did I not believe my emotions were OK to have?
 When in the past week did I not believe your emotions were OK to have?
 Will I stand up for what I believe in?

BELIEVING (1)
 What am I working at believing about myself now? What makes it hard?

BELONG (1)
 What does it mean_to_me to belong to you?

BELONGING (4)
 HDI behave when my_need for belonging is not being met?
 HDIF about belonging to our universal church?
 HDIF when I think of the Father as always belonging to us?
 How has dialogue helped me meet my_need for belonging?

BELONGS (1)
 Each of us belongs to the other (I COR 7:3-5). HDIFAT?

BELTS (1)
 HDIF about using seat belts?

BENEFIT (1)
 HDIF when I give you the benefit of the doubt?

BENEFITTED (1)
 How has our_family benefitted from our experience in Encounter / Retrouvaille?

BESIDES (2)
 Am I willing to open myself up other_people besides you?
 In what kind of relationship (besides spousal) do I try to fill my_needs?

BEST (48)
 Am I striving to be the best husband / wife I can be?
 Are we best friends?
 Are you my best friend?
 Did we do our best this Christmas to help the needy and homeless?
 Do I always presume the best about you? HDIFAT?
 HDI best use non-verbals?
 HDI think you can best help_me to be myself?
 HDIF about giving my two best friends a key to the house?
 HDIF when I realize we cannot give our_children the best of everything?
 HDIF when I see your best qualities in our_children?
 How can we best celebrate our anniversary?
 How can we best share our_love with other_people?
 I am probably best known for my ...
 I feel best about myself when I am ...
 I like myself best when ...
 In what ways are you my best friend?
 My best friend from childhood was ... HDIF about this person now?
 On the best vacation we ever had
 What are the best qualities I see in our_children?
 What are your best qualities as a parent?
 What do I see as your best quality?
 What environment is best for listening and HDIFAT?
 What foods do I like the best?
 What is my best quality?
 What is our best quality as_a_couple?
 What is the best thing that happened to me today?
 What is the best thing you did for me today?
 What is the best way we can show our_love to God?
 What is the possession I have that I like best?
 What is your best quality today?
 What is your best quality?
 What outfit do I like best on you?
 What part of the day do I usually like the best?
 What quality in us as_a_family do I like best?
 What two adjectives best capture the real me?
 What was the best present I can remember getting?
 When I am best I am Can I be this way and be with you?
 When I feel angry, what is the best thing someone can do for me?
 When I feel depressed, what is the best thing someone can do for me?
 When I feel embarrassed, what is the best thing someone can do for me?
 When I feel frustrated, what is the best thing someone can do for me?
 When I feel lonely, what is the best thing someone can do for me?
 When I feel sad, what is the best thing someone can do for me?
 When I feel upset, what is the best thing someone can do for me?
 When do I think that honesty is not the best policy? HDIFAT?
 Which holiday do I like best? HDIF on that day?
 Who is my best friend and why?
 You are my best friend. HDIFAT?

BEST_AND_LEAST (10)
 What do I like best_and_least about myself?
 What do I like best_and_least about our dialogue?
 What do I like best_and_least about our_family vacations?
 What do I like best_and_least about our_family?
 What do I like best_and_least about our_lovemaking?
 What do I like best_and_least about our_sexual_relationship?
 What do I like best_and_least about us as_a_couple?
 What do I like best_and_least about you?

What do I like best_and_least when we get together with the relatives?
Which of my physical features do I like best_and_least?

BETTER (44)

After_a_fight: This will help_you better understand my reaction:
Am I able to concentrate and perform better under pressure? HDIFAT?
Am I better at remembering names or faces? HDIFAT?
Am I doing better learning to accept you as you are?
Can we listen better to each_other?
DIF better conversing one-on-one or conversing in a small group?
DIF better dealing with imaginative people or realistic people?
DIF better enjoying the present or anticipating what lies just ahead?
DIF better following a schedule or do schedules cramp me?
DIF better when I let my heart rule my head or vice versa?
DIF better when I play cards to win or when I play to be sociable?
Do I feel better about myself when I am with you?
Do friends think our_sexual_relationship is better / worse than it is? HDIFAT?
HDIF about asking you to help_me listen better?
HDIF about sex in the morning? (Better try first!)
HDIF when I let my emotions / feelings get the better of me?
HDIF when someone does a better job at work than I do?
How am I becoming a better person because of you?
How are we going to make better use of our free time this summer?
How can I communicate better with our_children?
How can I make myself a better treasure for God?
How can we use time for ourselves better?
How have you helped me be a better person?
How much control would I have to give up to make things better for us?
I am better motivated to change when I ...
I would feel better if these rules were removed from our_relationship:
I would feel better if we negotiated the following:
In group tasks, DIF better when cooperation is high or efficiency is high?
In large groups, DIF better introducing other_people or getting introduced?
In what ways can I become a better listener for you?
In what ways do you know me better than anyone and HDIFAT?
On making better preparations for my death
What am I willing to do to make our dialogue better this coming week?
What can I do to build a better community?
What can I do to help_you listen better and HDIFAT?
What can I offer you to better our_sexual_relationship?
What can we do to make this a better world?
What hinders us from making better decisions and HDIFAT?
What would I like you to do so I can better understand you?
When the going gets rough, I feel better if I ...
Would I feel better having great opportunity or great experience?
Would I feel better if someone found me practical or ingenious?
Would I feel better keeping weekends relatively unplanned?
You help_me to be a better person. HDIFAT?

BETWEEN_US (19)

After_a_fight: Do our fights at least end the "cold war" between_us?
Do I really want to solve the conflicts between_us?
HDIF when I avoid a conflict between_us?
HDIF when I build a wall between_us?
HDIF when I confront you with a conflict between_us?
HDIF when the actions of other_people come between_us?
HDIF when there is silence between_us?
HDIF when walls build up between_us?
HDIF when we negotiate a compromise between_us on a hot issue?
HDIF when we work out a compromise between_us on a hot issue?
HDIF when you avoid a conflict between_us?
HDIF when you confront me with a conflict between_us?
On fighting as a constructive means of communication between_us
On outside influences causing hurt between_us
On the tension between_us
These issues still come between_us: HDIFAT?
What financial needs do I see coming between_us?
What specifically could I do to break down the barriers between_us?
When things are not going well between_us, what do I think about? HDIF?

BIBLE (2)

On reading the Bible together
The Bible is full of God's dialogue letters to us. HDIFAT?

BICYCLE (2)

HDIF about starting to ride a bicycle again at my age?
How did I feel when I was first learning how to ride a bicycle?

BIG (6)

A time when I experienced a big disappointment
HDIF when I complete some big, unusual task around the house?
Jesus will never give us a task that is too big to handle. HDIFAT?
On making big financial decisions
One of my big failures in life is ... HDIFAT?
One of my big successes in life is ... HDIFAT?

BIGGEST (7)

On my biggest fear about our financial situation
The biggest misconception people have about me is ... HDIFAT?
What is my biggest defect in listening to you and HDIFAT?
What is my biggest pet peeve?
What is the biggest confidence you give to me?
What is the biggest continuous source of stress in my life? HDIFAT?
What is the biggest flaw in my personality?

BIGOTED (1)

HDIF about confronting bigoted people?

BIKE (1)

HDIF when I invite you to go bike riding with me?

BILL (1)

How did I feel the first time we could not pay a bill?

BILLS (5)

HDIF about our credit card bills?
HDIF about paying bills on time?
HDIF when there is not enough money to pay the bills?
On facing the bills when there are too many
On paying the bills

BINDING (1)

HDIF when I sign my name to a binding legal contract?

BIRTH (5)

HDIF about celebrating Christ's birth?
HDIF about the birth of one of our_children?
HDIF about the poverty and simplicity of Jesus' birth?
How does our method of birth control affect our_sexual_relationship? HDIFAT?
On preparing myself for Christ's birth

BIRTHDAY (7)

HDIF about being a year older each birthday?
HDIF about birthday parties and presents?
HDIF about celebrating my birthday without a birthday cake?
HDIF when other_people forget my birthday?
How do I react when people sing "Happy Birthday" to me in public? HDIFAT?
Is Advent preparation for Christ's birthday or Santa Claus?
What special gift have I prepared to give Him for His birthday?

BIRTHDAYS (1)

HDIF when I forget other_people's birthdays?

BLAME (4)

After_a_fight: Who blamed who and when? HDIF giving / receiving blame?
Am I more likely to speak up in praise or blame? HDIFAT?
I cannot blame you for how I feel. HDIFAT?
Who do I blame most of the time when things go wrong?

BLAMED (3)

After_a_fight: Who blamed who and when? HDIF giving / receiving blame?
HDIF when I get blamed for something that is my fault?
HDIF when I get blamed for something that is not my fault?

BLESSED (5)

How has God blessed me this_week?
How has God blessed us today?
In what ways has God blessed us?
We are blessed by the love from our families. HDIFAT?
What gifts has God blessed me with?

BLESSINGS (4)

Do we take time to thank God for our blessings?
HDI gauge the blessings God has granted to us?
Have we shared our material blessings with other_people?
Some of the blessings I have to be thankful for are ...

BLOCKS (1)

On what blocks me from talking about money with you

BLOOD (1)

HDIF after I donate a pint of blood?

BOARD (1)

You are my sounding board. HDIFAT?

BOAT (1)

Do I trust in the Lord enough to step out of the boat?

BODIES (3)

"Husbands, love your wives as your own bodies." HDIF about these words?
HDIF about "husbands, love your wives as your own bodies?"
Is our sexual union a joining of our hearts, minds, bodies and spirits?

BODY (12)

"Take and eat, this is my body." HDIFAT?
 HDI see myself as a member of Christ's body?
 HDIF about my body?
 HDIF about the way I take care of my body?
 HDIF about your body?
 HDIF when I look at my naked body?
 My body is a gift from God. HDI care for it?
 What part of my body do I judge to be sexually exciting to you? HDIFAT?
 What part of your body is most exciting to me?
 What part of your body is most sexually exciting to me? HDIFAT?
 What part of your body is sexually exciting to me?
 What parts of your body are sexually exciting to me? HDIFAT?

BOOK (3)

HDIF reading your favorite book?
 HDIF when I share with you the latest book I've read?
 Long ago, I borrowed a book from a friend. HDIFAT?

BOOKMARK (1)

How would I feel using my_favorite picture of you as a bookmark?

BOOKS (3)

HDIF about loaning my books or tools?
 HDIF about reading more books and watching less TV?
 HDIF about the books I bought but never read?

BOOST (1)

Do I use caffeine to boost my energy level? HDIFAT?

BORE (1)

HDIF when people bore me with their problems?

BORED (4)

A time when I felt bored
 At parties, am I often bored or do I usually have fun? HDIFAT?
 HDIF when you seem bored?
 How can I tell when you are bored?

BORN (3)

God's Son was born for us. HDIFAT?
 HDIF about Christ being born in our_relationship?
 HDIF about the size of the family I was born into?

BORROW (4)

HDIF when I borrow something and keep it too long?
 HDIF when I let you borrow my stuff (tennis racket, golf clubs, etc.)?
 HDIF when other_people do not return things that they borrow from me?
 HDIF when we must borrow money?

BORROWED (2)

Long ago, I borrowed a book from a friend. HDIFAT?
 Someone borrowed our car and returned it with a full tank? HDIFAT?

BORROWING (1)

In general, HDIF about borrowing things?

BOSS (2)

HDIF about the boss?
 HDIF when the boss reprimands me?

BOTH (4)

Do we both work so we can support a materialistic lifestyle?
 HDIF about both of us working outside the home?
 HDIF about going to bed when we are both angry?
 HDIF being around people who always have both feet on the ground?

BOTHERED (1)

What things crossed my mind this_week that I have not bothered to mention?

BOTHERING (1)

HDIF when I try to understand what is bothering me?

BOTHERS (2)

HDIF when someone I see often never bothers to learn my name?
 What is one thing about my health that bothers me?

BOTTLES (1)

HDIF when I recycle old newspapers, bottles or cans?

BOUGHT (1)

HDIF about the books I bought but never read?

BOWLING (1)

HDIF about participating in league activities (softball, bowling) with you?

BOY (2)

HDIF when I see an old boy / girl friend?
 HDIF when you see an old boy / girl friend?

BRAG (3)

HDIF about winning? Do I brag about it?
 HDIF being around people who brag about themselves?
 HDIF when you brag on me?

BRAGGED (1)

HDIF when I hear from other_people that you have "bragged" about me?

BRAKES (1)

HDIF when I ride in a car with bad brakes or slick tires?

BREAK (6)

After_a_fight: Do our "rules" allow us to take a break to cool down? HDIFAT?
 HDIF when other_people break the rules?
 How would I feel if our TV were to break and stay broken?
 How would I feel if our TV were to break?
 What habit do I struggle to break? HDIFAT?
 What specifically could I do to break down the barriers between_us?

BREAKDOWN (1)

When a breakdown or mix-up stops everybody's work, my first reaction is to ...

BREAKFAST (3)

I like / dislike fixing breakfast because ...
 On eating breakfast in bed
 On serving you breakfast in bed

BREATH (1)

Someone offers me a breath mint? HDIFAT?

BRIBE (1)

Have I ever tried to bribe you? HDIFAT?

BRIDE (2)

What was my greatest fear as a new bride / groom?
 When I look at you today, do I see you as my bride / groom?

BRIGHT (1)

Star bright nights stir emotions / feelings in me of ...

BRIGHTENED (2)

In what specific way have I brightened your day today?
 In what way have you brightened my day today?

BRING (19)

HDIF about the love I bring to our_family?
 HDIF when I bring you a pillow?
 HDIF when you bring me a present?
 HDIF when you bring up past hurts?
 How can I bring the joys of Christmas to other_people?
 How can I bring the pleasures of Christmas to other_people?
 How do we, as_a_couple, bring peace to each_other?
 If I could bring faith and God to one person, who would it be?
 Thoughts of retirement days bring emotions / feelings of ...
 What is the most delicate topic for me to try to bring up?
 What possession is most likely to bring us into disillusionment?
 What song can bring tears to my eyes? HDIF when I hear it?
 What special joy do you bring into my life?
 What special pleasure do you bring into my life?
 What special qualities as_a_couple do we bring to other_people?
 What strengths do we bring to the Lord?
 What weaknesses do we bring to the Lord?
 When you bring third parties into a fight, HDIFAT?
 You bring out and make me see my self-worth. HDIFAT?

BRINGING (1)

On frustration as bringing us together or driving us apart

BRINGS (3)

After_a_fight: Who brings up painful subjects the most often? HDIFAT?
 HDIF when sex brings back the wonderment in you?
 What brings us closest and HDIFAT?

BRISK (1)

How would I feel after a thirty-minute brisk walk?

BROAD (1)

Do I have deep friendships with a few or broad friendships with many? HDIFAT?

BROKEN (2)

HDIF when our_family trust level has been broken?
 How would I feel if our TV were to break and stay broken?

BROKENNESS (1)

Are we willing to share our story when it is a story of brokenness?

BROODING (1)

HDIF when I am brooding over my mistakes?

BROTHER'S (1)

God expects us to be our brother's keeper. HDIFAT?

BROUGHT (3)

HDIF about God being the one who brought us together?

Have I brought healing to you recently?

How have I brought God's forgiveness to our_family?

BRUTALLY (1)

Do I consider myself smoothly diplomatic or brutally honest? HDIFAT?

BUDGET (7)

Do I think a budget would improve our_relationship?

HDIF about working on a family budget?

HDIF when we need to re-establish our budget priorities?

HDIF when we plan the budget?

HDIF when we work on the family budget together?

How does our budget affect our intimacy?

On planning a family budget with you

BUGS (1)

HDIF when I am able to tell you what bugs me?

BUILD (7)

Do we have enough "together time" to build a close relationship? HDIFAT?

HDIF when I build a wall between_us?

HDIF when I try to build up your confidence?

HDIF when walls build up between_us?

If Jesus asked, "What have we done to build the Kingdom?"

Sex can be used as a tool to build us. HDIFAT?

What can I do to build a better community?

BUILDING (2)

HDIF about building relationships with other dialoguing couples?

On building community beyond those we are comfortable with

BUILDS (1)

HDIF when stress builds and you do not see the warning signals?

BUILT (1)

It was not raining when Noah built the ark. HDIFAT?

BULLY (1)

After_a_fight: Did one of us bully the other? HDIFAT now?

BUMPS (1)

What gives me "goose bumps"?

BURDEN (2)

Do I see God's_plan for me / us as a privilege or a burden?

Is my burden easier when I share it with Christ?

BURDENING (1)

HDIF about burdening a friend with a secret that will be difficult to keep?

BURGLARIZED (1)

Our neighbor has been burglarized. HDIFAT?

BURIAL (1)

HDIF about buying burial insurance?

BURNED (1)

If our house burned down, could we dialogue on God's_love the next day?

BUSHES (1)

The neighborhood dog is ruining our bushes. HDIFAT?

BUSINESS (2)

HDIF while we are separated by a business trip?

When you go away on a business trip, I feel ...

BUSSES (1)

HDIF about waving to children on school busses?

BUSY (4)

Are we too busy for prayer?

HDIF about listening to you when I am really busy?

HDIF when I try repeatedly to phone you and it's busy or there is no answer?

I / you have a busy schedule. HDIFAT?

BUSY-NESS (1)

How does the busy-ness of our_lives affect our_sexual_relationship?

BUY (6)

HDIF about us when we have saved to buy something special?

HDIF when I buy you flowers?

HDIF when we buy something we really do not need?

I forgot to buy you a card on this special occasion. HDIFAT?

I forgot to buy you a card. HDIFAT?

If I had all the money in the world, what gift would I buy you?

BUYING (7)

HDIF about buying a convertible for us to enjoy together?

HDIF about buying burial insurance?

HDIF about buying expensive wine, luggage or watches?

HDIF about buying raffle tickets to help with fund-raisers?

HDIF buying a present for you?

HDIF when I am buying you a gift?

How does Christmas buying affect our_relationship?

CAFFEINE (1)

Do I use caffeine to boost my energy level? HDIFAT?

CAKE (1)

HDIF about celebrating my birthday without a birthday cake?

CALENDAR (3)

Our calendar is filled. HDIFAT?

When our calendar is empty, I feel ...

When our calendar is full, I feel ...

CALL (18)

An old friend surprises me with a phone call? HDIFAT?

HDI respond to the Lord's call?

HDIF about a daily phone call just to say hello?

HDIF when I call you by your pet name?

HDIF when I call you to cheer you up?

HDIF when I call you up just to say "hi"?

HDIF when I get a surprise note or phone call from you?

HDIF when I have the urge to call you during the day, but do not?

HDIF when I have to make a difficult phone call?

HDIF when we get a call that our child is sick?

HDIF when you call during the day just to say hello?

HDIF when you call me by my pet name?

HDIF when you call me from work?

HDIF when you call me sweetheart?

How are we responding to Jesus' call to be fishers of men?

How have we accepted Jesus' call to be fishers of men?

On our Lord's call to unconditional love in our_relationship

When I hear the Lord's call, I feel ...

CALLED (11)

Do I believe we are called to be a sacramental couple?

HDIF about being called by God to a life of holiness?

HDIF about being called to be a visible sign of the church?

HDIF about being called to the vocation of matrimony with you?

HDIF about one of our_children being called to religion life?

HDIF knowing Jesus has called me by name?

How long has it been since we called / wrote our prayer couple? HDIFAT?

How would I react if someone called me a person of "real feeling"?

On being called to be a sign to the Church that marriage works

On being called to change in our_relationship

We are called to be prophetic and missionary. HDIFAT?

CALLING (4)

Do we pray for any of our_children to be open to a religious calling?

HDI see priests / pastors needing our support in their calling?

HDIF about Our Father calling us to lead other_people?

HDIF on those occasions when I think about calling our_relationship quits?

CALLS (8)

HDIF when I have a list of phone calls to make?

On returning phone calls

Our Sacrament calls us to a good marriage, not just an average one. HDIFAT?

What is it about our charism of healing that calls other_people?

What is it about our charism of parenthood that calls other_people?

What is it about our charism of passion that calls other_people?

What is it about our charism of permanence that calls other_people?

What is it about our charism of prayerfulness that calls other_people?

CAMERA (1)

HDIF about the way I look on camera?

CAMP (1)

HDIF about sending a poor child to summer camp?

CANDLELIGHT (2)

On eating by candlelight

On lovemaking by candlelight

CANDY (1)

HDIF when I offer you a piece of candy?

CANNOT (39)

"If you are not free to be yourself, you cannot love." HDIFAT?
 "If you are not free to reject, you cannot accept." HDIFAT?
 "If you are not free to risk, you cannot grow." HDIFAT?
 "You cannot compromise another person's right to be themselves." HDIFAT?
 "You cannot control the love and fidelity of another person." HDIFAT?
 "You cannot hold on to another person out of fear of loss." HDIFAT?
 "You cannot make another person love you." HDIFAT?
 HDIF knowing that I cannot fill your needs for you?
 HDIF relying on hunches / intuition when things cannot be proved?
 HDIF when I am hungry but cannot / do not take time to eat?
 HDIF when I am tired and cannot get to sleep?
 HDIF when I cannot say I am sorry?
 HDIF when I cannot seem to find a polite way to say "no"?
 HDIF when I realize we cannot give our children the best of everything?
 HDIF when I try to convince you of something and you cannot accept it?
 HDIF when I want to be with you and I cannot?
 HDIF when I want to be with you and cannot?
 HDIF when other people cannot resist giving me advice?
 HDIF when we cannot afford a night out together?
 HDIF when we read our letters and then cannot think of much to say?
 HDIF when we see something we want but cannot afford?
 HDIF when we want to make love and cannot?
 HDIF when you accept me but I cannot accept myself?
 HDIF when you describe an emotion / feeling to me in a way I cannot relate to?
 HDIF when you describe an emotion to me in a way I cannot relate to?
 HDIF when you have a strong interest that I cannot share?
 HDIF when you have an attitude I cannot accept?
 I cannot blame you for how I feel. HDIFAT?
 I cannot compromise on Can I have this and still have us?
 I have made a promise and cannot keep it. HDIFAT?
 I have made a promise to you and cannot keep it. HDIFAT?
 On wanting something we cannot afford
 Sometimes people tell me I cannot do what I want to do? HDIFAT?
 The issues I cannot discuss with you are HDIFAT?
 We cannot return to innocence. HDIFAT?
 What do I think about when I cannot fall asleep? HDIF at those times?
 What one possession do I want most and cannot have?
 When God forgives me, why cannot I forgive myself?
 When I want something we cannot afford, I feel ...

CANS (1)

HDIF when I recycle old newspapers, bottles or cans?

CAPABLE (2)

HDIF when you expect more of me than I am capable of giving right_now?
 When DIF least recognized as a capable person?

CAPACITY (2)

Do I have an increased capacity for all relationships because of our_love?
 Do I have an increased capacity for other relationships because of our_love?

CAPTURE (1)

What two adjectives best capture the real me?

CAR (18)

HDIF about air bags in our car?
 HDIF about letting a relative drive our car?
 HDIF about letting our teenager drive our car?
 HDIF about riding in the car with you?
 HDIF when I clean out the car?
 HDIF when I have to drive the car in dangerous weather?
 HDIF when I open the car door for you?
 HDIF when I ride in a car with bad brakes or slick tires?
 HDIF when I see an Encounter / Retrouvaille sticker on another car?
 HDIF when I think about the first car I / we ever owned?
 HDIF when I unavoidably hit some small animal with the car?
 HDIF when a car pulls in front of me when I am stopped in traffic?
 HDIF when the car behind tailgates me?
 I just realize the driver of the car has been drinking? HDIFAT?
 Someone borrowed our car and returned it with a full tank? HDIFAT?
 Someone hit our car. HDIFAT?
 The car ahead of me pays my toll? HDIFAT?
 The car needs major repairs. HDIFAT?

CAR'S (1)

How would I feel if, this Christmas, you put a wreath on the car's grill?

CARD (10)

HDIF about carrying an organ donor card?
 HDIF about our credit card bills?
 HDIF about your carrying an organ donor card?
 HDIF when I send you a Valentine's card?

HDIF when I send you a surprise greeting card?
 How would I feel if I got a Valentine card from a secret admirer?
 I forgot to buy you a card on this special occasion. HDIFAT?
 I forgot to buy you a card. HDIFAT?
 On receiving a card from you at work
 On sending a card to you at work

CARDS (6)

DIF better when I play cards to win or when I play to be sociable?
 HDIF about sending and receiving cards?
 HDIF about using credit cards?
 HDIF when I win at cards? When you win?
 HDIF when we are in some form of competition, like cards?
 On signing our Christmas cards

CARE (7)

After_a_fight: Am I still pretending not to care? HDIFAT?
 HDIF about the way I take care of my body?
 HDIF when I care about the same things you are happy about?
 HDIF when I care about the things that make you happy?
 HDIF when you care about the things I like?
 In all the world, one of the things I care most about is ...
 My body is a gift from God. HDI care for it?

CARED (1)

HDIF when I am accepted and cared for?

CAREER (18)

Am I happy with my job / career?
 Do I apply Gospel values to my job / career? HDIFAT?
 Does my job / career interfere with our_relationship?
 Does your job / career affect our_relationship?
 HDIF about my job / career now?
 HDIF about taking on extra work to advance my career?
 HDIF when I tell you more about my job / career?
 HDIF when job / career separates us?
 HDIF when we are separated because of your / my job / career?
 HDIF when you lose interest in your job / career?
 HDIF when you show interest in your job / career?
 HDIF when your job / career interferes with our_relationship?
 If I could change my career, what would I like to do?
 On my / your job / career right_now
 On my job / career
 On priorities of job / career versus relationship
 On your job / career
 What has been the effect of your / my job / career on our_relationship?

CAREERS (4)

HDIF being around people who are wrapped up in their careers?
 If I could change careers, what would I like to do?
 On our activities and our jobs / careers: what about us?
 Would I change jobs / careers for the sake of our_relationship?

CAREFUL (1)

Am I more careful about people's feelings or people's rights?

CAREFULLY (1)

HDIF stopping to organize a job carefully before I start?

CARELESSLY (1)

HDIF when I receive a gift that is carelessly wrapped?

CAROLING (1)

HDIF about caroling on Christmas Eve?

CARRY (2)

HDIF about the cross I must carry?
 HDIF when I help_you carry in the groceries?

CARRYING (3)

After_a_fight: Am I still bearing a grudge? HDIF carrying a grudge?
 HDIF about carrying an organ donor card?
 HDIF about your carrying an organ donor card?

CARS (2)

HDIF about driving inexpensive cars?
 Where do cars fit into my life?

CASH (3)

HDIF about saving up for things and paying cash?
 If we were given \$10,000 cash, what would I want to do with it? HDIFAT?
 Our cash flow is low. HDIFAT?

CASHIERS (1)

HDIF when cashiers ask for several pieces of identification?

CATHOLIC (1)

HDIF about being Catholic (or whatever religion I am)?

CAUGHT (1)

When I am caught in an embarrassing spot, I usually ...

CAUSE (5)

After_a_fight: What subjects cause us the most trouble? HDIFAT?

Does the element of time cause me stress?

HDIF about giving to a worthy cause?

What activities are we involved in that cause friction in the family?

Which of your characteristics / traits cause me the most difficulty? HDIFAT?

CAUSED (2)

After_a_fight: What caused my / your / our voices to be raised? HDIFAT?

HDIF realizing that my attitudes and judgments have caused us pain?

CAUSES (1)

What causes me to criticize you and HDIFAT?

CAUSING (1)

On outside influences causing hurt between_us

CAUTIOUS (1)

A time when I felt cautious

CELEBRATE (2)

How can we best celebrate our anniversary?

How would I like to celebrate Thanksgiving?

CELEBRATED (1)

HDIF about the way we celebrated our_love on this special occasion?

CELEBRATING (4)

HDIF about celebrating Christ's birth?

HDIF about celebrating my birthday without a birthday cake?

Is our_love worth celebrating?

On celebrating our wedding anniversary this year

CELEBRATION (3)

Is our_life together a celebration of love?

On our celebration of Easter

What difference does the Eucharistic celebration make in my life?

CELEBRATIONS (1)

HDIF about family celebrations?

CEREMONY (3)

HDIF about attending a graduation ceremony?

HDIF when we attend a wedding ceremony together?

What were the most important aspects of our wedding ceremony to me?

CERTAIN (3)

Am I closed to listening to you on certain topics and HDIFAT?

HDIF when you touch me in that certain place?

HDIF when you touch me in that certain way?

CHAIR (1)

HDIF when I give you the more comfortable chair?

CHALLENGE (8)

Do we ever challenge our friends about their values and morals?

HDIF about a challenge?

HDIF about a giving a challenge?

HDIF about a receiving a challenge?

How can we, as_a_couple, meet Jesus' challenge to follow Him?

Intimacy is a challenge for us. HDIFAT?

Intimacy is a challenge to forge our future together. HDIFAT?

What have I enjoyed most in the challenge to dialogue?

CHALLENGED (1)

What one couple has challenged us the most this year?

CHALLENGING (1)

On challenging another couple to dialogue with us for ... days

CHAMPAGNE (1)

HDIF about drinking champagne with you?

CHANCE (5)

HDIF about giving people a second chance? A third chance? A fourth chance?

HDIF when I get a chance to entertain children with knock-knock jokes?

HDIF when I have a chance to take a nap on Sunday afternoons?

I know there is a good chance we will make_love tonight. HDIFAT?

If I died with no chance to talk to you, what would I regret not saying?

CHANGE (46)

After_a_fight: How can I change to make confrontation more positive for us?

Am I comfortable with change in my life?

Am I really accepting of you or DIF the need to change you?

Am I trying too hard to change you?

Are you trying too hard to change me?

Do I ever change what I write or say to gain your approval? HDIFAT?

Do I really believe we can change the lives of other_people?

Do my attitudes change toward those around me with the coming of spring?

HDI need to change to make me your favorite person?

HDI need to change to make you my_favorite person?

HDIF when I have to change a tire?

HDIF when you change the subject before I am finished?

HDIF when you demand change before you will forgive me?

HDIF when you suggest a change?

How can I change things to give you more time?

How have I changed in recent years? What made me change?

How have in-laws contributed a positive change in our_family?

I am better motivated to change when I ...

I try harder to change when I ...

If I could change any one thing about myself, I would change ...

If I could change any one thing about you, I would change ...

If I could change careers, what would I like to do?

If I could change my career, what would I like to do?

If I could change one attitude of mine, it would be HDIFAT?

If I could change one attribute of my personality, what would it be? HDIFAT?

If I could change one thing about me, I would ...

If I had my life to start again, what would I change?

If I had this day to do over, what would I change?

In any change, there is tension. HDIFAT?

Is it harder for me to adapt to a routine or to constant change? HDIFAT?

On being called to change in our_relationship

What can I do to change the world?

What do I most need to change in my money habits?

What do I most need to change to be "perfect as the Heavenly Father"?

What do I want to change about myself that I think would please you?

What do I want to change most in you?

What helped me be open to change during the follow-up period?

What needs to change for me to give an unqualified yes to our_relationship?

What one thing can I change to improve the atmosphere in our_home?

What specific change do I need to make in myself?

What would I change about the way I was raised? HDIFAT?

When I resist change, I feel

When things change too fast, I feel ...

When we have to change roles, how does this affect our_relationship?

Where have I experienced the greatest change in attitude? HDIFAT?

Would I change jobs / careers for the sake of our_relationship?

CHANGED (11)

During the follow-up period, have I changed more or have you? HDIFAT?

HDI see our dialogue has changed our_relationship?

HDIF when our plans are changed?

Have we been changed because of God's awesome faith in us as_a_couple?

Have we been changed because of God's faith in our_marriage?

How has our_life changed this past year?

How has our_relationship changed during the follow-up period?

How has the atmosphere in our_home changed because of our growth?

How have I changed in recent years? What made me change?

How have our roles in our_marriage changed?

How would I feel if you never changed from the way you are right_now?

CHANGES (14)

Do I believe prayer changes things?

HDIF about the changes in my physical appearance (weight, age)?

I would feel happier about us after these additional changes:

On changes in our_life right_now

What changes can I make in my attitude toward my own failures?

What changes do I need to make to make Faith a value?

What changes have I made during the follow-up period?

What changes have I seen in our_children (families) since dialogue?

What changes would I like you to make in response to my failures?

What changes would I resist in our_relationship? HDIFAT?

What changes would I welcome in our_relationship? HDIFAT?

What changes would make this relationship right for me?

What specific changes do I want to make to live more intimately with you?

Would I like to plan some changes in our_life this next year?

CHANGING (8)

Are my sexual values changing at all?

Do I see my sexual values changing?

HDIF about changing my physical appearance through diet, exercise, cosmetics?

HDIF about changing our priorities?

How would I feel about changing sexes for one day?

On most matters, do I already have an opinion? HDIF about changing my mind?

Our changing moods can affect our_relationship. HDIFAT?

What value do I see in changing the world?

CHANNEL (1)

When I close myself to you, I close a channel of God's grace. HDIFAT?

CHARACTER (1)

What is our special character as_a_family?

CHARACTERISTICS(4)

HDIF when I notice our_children taking on some of my characteristics?

HDIF when I notice our_children taking on some of your characteristics?

To which of my characteristics / traits do you object the most? HDIFAT?

Which of your characteristics / traits cause me the most difficulty? HDIFAT?

CHARISM (6)

What charism (strength) do I have from the Spirit that helps the world believe?

What is it about our charism of healing that calls other_people?

What is it about our charism of parenthood that calls other_people?

What is it about our charism of passion that calls other_people?

What is it about our charism of permanence that calls other_people?

What is it about our charism of prayerfulness that calls other_people?

CHARISMS (1)

What charisms (strengths) does our_family have to share with other_people?

CHARITY (5)

HDIF about contributing five percent of our income to charity?

HDIF about donations to charity?

HDIF about giving my old clothes to charity?

HDIF about how much money we give to our church or favorite charity?

HDIF when we give a donation to charity?

CHAUFFEURING (1)

On chauffeuring children around

CHEAT (1)

HDIF when people tell me they cheat on their taxes?

CHEATING (1)

HDIF when I know someone is cheating on their wife / husband?

CHECK (2)

HDIF when I check on our_children as they sleep?

How did I feel when I earned my first pay check?

CHECKBOOK (5)

HDIF when I help_you balance the checkbook?

HDIF when the checkbook does not balance?

On my attempt to balance the checkbook

On your attempt to balance the checkbook

We need medicine and the checkbook is low. HDIFAT?

CHECKING (1)

HDIF when our checking account is overdrawn?

CHECKOUT (2)

Someone ahead of me in the 8 item express checkout has 20 items? HDIFAT?

Would I ever go through an 8 item checkout with 20 items? HDIFAT?

CHECKUPS (1)

HDIF about having regular medical and dental checkups?

CHEER (1)

HDIF when I call you to cheer you up?

CHERISH (2)

What memories of Easter do I cherish most?

Which of life's pleasures do I cherish most?

CHERISHED (2)

On losing a cherished possession

What is my most cherished possession?

CHILD (14)

"Whoever loves is a child of God (I JN 4:7-8)." HDIFAT?

Am I the person today I thought I would be as a child? HDIFAT?

Do I welcome the kingdom of God like a child?

HDIF about sending a poor child to summer camp?

HDIF when we are awakened by a crying child?

HDIF when we get a call that our child is sick?

In what ways do I act like a child? HDIF at those times?

Our child has a special talent. HDIFAT?

What emotions / feelings do I have about past Christmases (as a child)?

What fears keep me from wanting another child?

What kinds of compliments did I receive most often as a child?

What was I like as a child? HDIF about the person I used to be?

What was my greatest fear as a child?

Who would we be eager to tell if child chose to enter religious life?

CHILDHOOD (6)

My best friend from childhood was ... HDIF about this person now?

My most vivid good childhood memory is ... HDIFAT today??

One thing I missed during my childhood was ... HDIFAT today

What is my earliest memory of death in my childhood? How did I feel?

What is my_favorite childhood memory? Why?

What kind of childhood did I have? HDIF about it now?

CHILDISH (2)

After_a_fight: Did one of us act childish? HDIFAT now?

I feel childish when I consider these things about myself:

CHILDLESS (1)

HDIF about being a childless family?

CHILDREN (16)

Does our inability to have children make a difference in our_lovemaking?

HDIF about encouraging our older children to take a part-time job?

HDIF about having more children?

HDIF about waving to children on school busses?

HDIF around babies or small children?

HDIF when I get a chance to entertain children with knock-knock jokes?

HDIF when I hear the laughter of children?

If I had known then what I know now about raising children ...

On chauffeuring children around

Our children are tempted by alcohol, drugs, sexuality. HDIFAT?

Our children are the two of us in one flesh. HDIFAT?

Our children want to play more. HDIFAT?

The children do not want to hold my hand anymore? HDIFAT?

The greatest gift a dad can give to his children is ...

The greatest gift a mom can give to her children is ...

What emotions / feelings do I have about children?

CHILDREN'S (1)

If I could design my own children's TV show, what would it be like?

CHINA (1)

HDIF when we use the good silver (or the good china)?

CHOICE (1)

On our diet and / or food choice at this time

CHOOSE (7)

"You did not choose me. I chose you (PHIL 3:11)." HDIFAT?

Do I choose sexual intercourse to meet my_need to be loved?

If I could, what good time would I choose to relive with you? HDIFAT?

If I had to choose just one day to remember, I would choose ... because ...

Knowing what I know now, would I still choose you as a partner? HDIFAT?

What would I choose as the time and circumstances of my death?

Why do (did) I choose to be baptized?

CHORE (3)

HDIF when I do some household chore without being reminded to do it?

Is dialogue a chore or a special time for us?

What chore do I hate the most?

CHORES (2)

HDIF when we do chores together?

We have unfinished chores. HDIFAT?

CHOSE (2)

"You did not choose me. I chose you (PHIL 3:11)." HDIFAT?

Who would we be eager to tell if child chose to enter religious life?

CHRIST (19)

"Husbands, love your wives as Christ loved the Church." HDIF about these words?

Am I Christ to other_people?

Can I see Christ in all people?

Christ is the unseen guest at every meal. HDIFAT?

Do I see Christ in all people?

HDI recognize Christ in you?

HDIF about Christ being born in our_relationship?

HDIF about Christ dying for me?

HDIF about the coming of Christ?

HDIF about treating other_people like Christ?

HDIF approaching Christ as_a_couple?

HDIF knowing Christ died in agony to show His love for us?

HDIF when I sense Christ present among us?

HDIF when we offer each_other "the Peace of Christ" at mass?

How would I feel if I were there when Christ was crucified?

If Christ dropped in to visit today, would He feel at home?

In what ways am I seeking to love my wife as Christ loved the church?

Is my burden easier when I share it with Christ?

What have I done to show Christ my love for Him?

CHRIST'S (6)

HDI see myself as a member of Christ's body?

HDIF about celebrating Christ's birth?

HDIF about looking out for Christ's coming?
 HDIF when I think about Christ's coming at Christmas?
 Is Advent preparation for Christ's birthday or Santa Claus?
 On preparing myself for Christ's birth

CHRIST-CENTERED(1)

Could our_home be more Christ-centered? HDIFAT?

CHRIST-LIKE (3)

Do I know someone suffering in a Christ-like way?
 HDIF about our_home? Is it Christ-like?
 What Christ-like qualities do I see in you?

CHRISTIAN (5)

Are we as parents encouraging Christian values in our_home?
 HDIF when I hug another Christian?
 What activity helps me grow most as a Christian?
 What activity helps you grow most as a Christian?
 What am I doing to promote Christian unity right where I am?

CHRISTMAS (43)

Did we do our best this Christmas to help the needy and homeless?
 Did we keep the true spirit of Christmas?
 HDIF about Christmas Eve?
 HDIF about caroling on Christmas Eve?
 HDIF about our preparations as Christmas approaches?
 HDIF about the commercialism connected with Christmas?
 HDIF about the way Christmas Day went for us?
 HDIF about this Christmas compared with past ones?
 HDIF about this Christmas?
 HDIF today about all the effort it takes to prepare for Christmas?
 HDIF when I awake on Christmas morning?
 HDIF when I look at the Christmas tree?
 HDIF when I think about Christ's coming at Christmas?
 How are we living the spirit of Christmas throughout the year?
 How can I bring the joys of Christmas to other_people?
 How can I bring the pleasures of Christmas to other_people?
 How can I give more of myself this Christmas season?
 How can we as_a_family keep the closeness of the Christmas Season alive?
 How can we make this Advent a spiritual preparation for Christmas?
 How does Christmas buying affect our_relationship?
 How would I feel if, this Christmas, you put a wreath on the car's grill?
 If I could give you one thing for Christmas, it would be ...
 If I had tons of money, what would I give you for Christmas?
 If I were a Christmas present, how would I be wrapped under the tree?
 If this were our last Christmas, how would I like to spend it?
 My most memorable Christmas made me feel ...
 On signing our Christmas cards
 On trimming the Christmas tree
 The first Christmas I remember was ...
 There is so much to do before Christmas. HDIFAT?
 What can we do to economize this Christmas?
 What do I want most for our_family this Christmas?
 What does a family Christmas mean_to_me?
 What family Christmas memory will I always remember?
 What gift of myself could I give to everyone this Christmas?
 What gift would I like Jesus to give you this Christmas?
 What is my_favorite memory of a Christmas past?
 What is our favorite Christmas memory?
 What is the greatest gift we can give to each_other this Christmas?
 What is the happiest memory I have of this Christmas?
 What kind of Christmas present did I get?
 What kind of Christmas present did I give you?
 Why do I want snow at Christmas?

CHRISTMASSES (1)

What emotions / feelings do I have about past Christmases (as a child)?

CHRONICALLY (1)

HDIF being around people who are chronically indecisive?

CHURCH (58)

"Husbands, love your wives as Christ loved the Church." HDIF about these words?
 A sacramental couple is a symbol of Jesus' love for His church. HDIFAT?
 As a couple, we are the lifeblood of the church. HDIFAT?
 As our_marriage grows, so does the Church. HDIFAT?
 Do I feel safe in mass / church?
 Do I really believe that we as_a_couple are important to the Church?
 Do we accept only members of our church / parish family who are like us?
 Do we avoid a particular member of our parish / church community?
 Do we have a "little church" at home to help us stay on the program?
 HDIF about "we are the church"?
 HDIF about attending mass / church on Sunday?
 HDIF about being called to be a visible sign of the church?
 HDIF about belonging to our universal church?
 HDIF about how much money we give to our church or favorite charity?

HDIF about how much money we give to our parish / church?
 HDIF about my experiences in the church?
 HDIF about our experiences in the church?
 HDIF about our involvement in Church?
 HDIF about our parish / church activities?
 HDIF about our parish / church involvement?
 HDIF about singing in mass / church?
 HDIF about the importance of our_relationship to our church?
 HDIF alone in Church?
 HDIF attending mass / church together?
 HDIF holding hands during mass / church?
 HDIF when our_family goes to mass / church together?
 HDIF when we are in mass / church together?
 HDIF when we go to mass / church together?
 Have we reached out to our parish / church family lately?
 How are we active in our parish / church community?
 How can we continue to make our decision to love visible in the church?
 How can we continue to make our_love visible in the church?
 How involved am I in our parish / church family?
 In what specific ways am I hopeful for the Church?
 In what ways am I seeking to love my wife as Christ loved the church?
 Is the focal point of our_lives God and the Church?
 On being called to be a sign to the Church that marriage works
 On going to mass / church
 On going to mass / church as_a_family
 On missing mass / church
 On our involvement in the Church
 Our parish / church family is planning a dinner. HDIFAT?
 The two of us are a "little church." HDIFAT?
 We are the church 7 days a week, not only on Sunday. HDIFAT?
 We, as_a_family, are a "little church." HDIFAT?
 What activities strengthen our_relationship with God and Church?
 What activities weaken our_relationship with God and Church?
 What are we doing to enrich our parish / church?
 What can I do for our parish / church?
 What can we do to renew our parish / church?
 What does our church mean_to_me?
 What emotions / feelings do I have being in mass / church with you?
 What have I done to help our "little church"?
 What have I done to help our parish / church grow in unity?
 What is my vision of the Church?
 What values of the church do I want to pass on to our_children?
 What would happen to the Sacrament of Matrimony without the church?
 What would happen to the church without the Sacrament of Matrimony?

CIRCUMSTANCES (4)

HDIF when I allow circumstances to "make" a decision for me?
 HDIF when I have to adjust to circumstances beyond my control?
 HDIF when circumstances make me "second guess" one of my own decisions?
 What would I choose as the time and circumstances of my death?

CITIZEN (1)

HDIF about being a citizen of this country?

CLARIFIED (1)

Can we hope to heal our_relationship before we have clarified the issue?

CLASS (1)

HDIF about attending class reunions?

CLAUS (1)

Is Advent preparation for Christ's birthday or Santa Claus?

CLEAN (4)

HDIF when I clean off the ice from your windshield?
 HDIF when I clean out the car?
 HDIF when I clean the kitchen for you?
 It's time to clean the yard. HDIFAT?

CLEANING (2)

HDIF about cleaning out the drawers that contain my stuff?
 On spring cleaning

CLEAR (1)

HDIF when I make_love but do not ask in a clear way?

CLOSE (21)

Am I as close to our_children as I want to be?
 Am I as close to our_children as I want to be? Am I should be? HDIFAT?
 Are we as close today as we once were? HDIFAT?
 Do I come as close as possible to loving everyone?
 Do I have close friends I should invite to the program / weekend??
 Do I have close friends who should take advantage of this program / weekend?
 Do I really want a close relationship with you?
 Do people close to me know where I stand on most things? HDIFAT?
 Do we have enough "together time" to build a close relationship? HDIFAT?
 HDIF when I am holding you close to me?

HDIF when our Encounter / Retrouvaille "jobs" keep us from being close?
 HDIF when we are close during and after our dialogue?
 HDIF when you are close to me?
 How close are we as_a_family?
 How close are we today?
 How close to I come to loving everyone? HDIFAT?
 Hurt is an inevitable part of a close relationship. HDIFAT?
 If someone close to me were to die, what would I most need from you?
 When DIF close to God?
 When I close myself to you, I close a channel of God's grace. HDIFAT?
 When was the last_time I felt very close to Jesus?

CLOSED (1)

Am I closed to listening to you on certain topics and HDIFAT?

CLOSENESS (9)

Does our_sexual_relationship affect our closeness? HDIFAT?
 HDIF about our closeness when we dialogue on Scripture?
 HDIF knowing that we will always have to work to achieve real closeness?
 HDIF when I realize and accept Jesus' closeness in our daily lives?
 HDIF when other_people notice our closeness?
 How can we as_a_family keep the closeness of the Christmas Season alive?
 How did the absence of dialogue affect our communication and closeness?
 How does our closeness reflect God's_love?
 How long before missing dialogue affects our communication and closeness?

CLOSER (5)

Have we drawn closer or drawn apart this_week?
 How are we growing closer (or becoming more distant) as_a_couple?
 How can we use prayer to draw us closer together?
 How has our dialogue helped us grow closer to each_other?
 What can we do to become closer as_a_family?

CLOSEST (15)

At what times DIF closest to God?
 I felt closest to you this_week when ...
 Our closest lovemaking expresses in miniature God's_love for us. HDIFAT?
 The time I felt closest to you this past week was ... ?
 What are the three closest moments we have shared together?
 What brings us closest and HDIFAT?
 What is the closest I have ever come to dying? HDIFAT?
 What was our closest moment as_a_couple this month / week / year?
 What was our closest moment as_a_family this month / week / year?
 When DIF closest to my father?
 When DIF closest to my mother?
 When DIF closest to you?
 When did I feel closest to you last weekend?
 When did I feel closest to you today? HDIFAT?
 When were we closest this month?

CLOSING (1)

How did I feel at the closing of our_weekend?

CLOTHES (3)

HDIF about giving my old clothes to charity?
 HDIF when you spend money on new clothes?
 We need new clothes. HDIFAT?

CLUBS (2)

HDIF when I let you borrow my stuff (tennis racket, golf clubs, etc.)?
 HDIF when I let you use my tennis racket (golf clubs, etc.)?

COCOON (1)

In what ways am I still wrapped in a cocoon?

COFFEE (1)

HDIF when I fix you a cup of coffee?

COLD (2)

After_a_fight: Do our fights at least end the "cold war" between_us?
 HDIF when I sympathize with you over your cold?

COLLISION (1)

When was the last_time we were on a collision course?

COLORED (1)

Does Easter mean more to me than colored eggs?

COME (22)

Another weekend has come and gone. HDIFAT?
 Do I come as close as possible to loving everyone?
 Does my true self come out under stress? HDIFAT?
 Friends invite us but do not come over in return. HDIFAT?
 HDIF I come across to other_people?
 HDIF being with people who "go up like a rocket and come down like a rock"?
 HDIF greeting you at the door when I / you come home?
 HDIF realizing you might not come home tonight?

HDIF when I am waiting for you to come home in bad weather?

HDIF when my / your parents come for dinner?

HDIF when the actions of other_people come between_us?

HDIF when we sacrifice to help a couple come to the weekend or follow-up?

HDIF when you come home from work?

HDIF when you come home late?

HDIF when you come home unexpectedly?

Have I come to the Lord sooner than other_people?

How close to I come to loving everyone? HDIFAT?

How do I react to the emergencies that come up in my daily life?

How has dialoguing about scripture made Jesus come alive for us?

Jesus says, "Come unto me all you who are weary." HDIFAT?

These issues still come between_us: HDIFAT?

What is the closest I have ever come to dying? HDIFAT?

COMES (6)

Do I need to be free to do whatever looks like fun when the time comes?

HDIF when I hear that God comes to me through you?

HDIF when a couple we have invited comes home from a weekend and thanks us?

HDIF when a new situation comes up that conflicts with my plans?

When some issue comes between me and other_people, I feel ... and I tend to ...

...

Which of us comes to decisions more quickly and HDIFAT?

COMFORTABLE (14)

Am I comfortable allowing barriers / obstacles to keep us distant?

Am I comfortable doing things at the last minute or is it hard on my nerves?

Am I comfortable letting other_people know my limitations? HDIFAT?

Am I comfortable with change in my life?

Am I comfortable with the way we manage money as_a_couple?

Do I feel comfortable inviting couples like us to the program / weekend??

Do I feel comfortable sharing my relationship with God with you?

HDIF when I give you the more comfortable chair?

I would be more comfortable in our_relationship if ...

Is a daily routine a painful or comfortable way for me to get things done?

On building community beyond those we are comfortable with

When DIF most comfortable talking to you about sex?

Which one of our friends DIF most comfortable with?

With what age group do I feel least comfortable? HDIF at those times?

COMING (17)

After_a_fight: How long was this fight in coming? HDIFAT?

Do my attitudes change toward those around me with the coming of spring?

HDIF about looking out for Christ's coming?

HDIF about the coming new year?

HDIF about the coming of Christ?

HDIF about trying new things that are just coming into fashion?

HDIF being around people who are always coming up with new ideas?

HDIF when I remember our anniversary is coming up soon?

HDIF when I think about Christ's coming at Christmas?

HDIF when you are late coming home from work?

How are we working for the coming of His kingdom?

The Lord is coming. HDI need to prepare for that?

What am I willing to do to make our dialogue better this coming week?

What are my goals for the coming year?

What financial needs do I see coming between_us?

What good do I find in dialogue that keeps me coming back?

What hopes do I have for the coming weekend?

COMMAND (1)

HDIF in realizing our sexual union is God's command?

COMMERCIALISM (1)

HDIF about the commercialism connected with Christmas?

COMMIT (3)

The main reason I am afraid to commit to you is HDIFAT?

What would it take for me to really commit myself to this marriage?

Why did I commit to you in the first place? HDIFAT?

COMMITMENT (5)

Am I honest with myself in my commitment to dialoguing regularly?

Am I honest with myself in my commitment to regular dialogue?

What have I done recently to express my commitment to you?

What have you done recently to express your commitment to me?

What stands in the way of my making a genuine commitment to you? HDIFAT?

COMMITTED (4)

HDIF being committed to dialoguing regularly as a way of life?

If I become more committed to you, I might have to give up HDIFAT?

We are committed to each_other for the rest of our_lives. HDIFAT?

We have committed ourselves to loving each_other for a lifetime. HDIFAT?

COMMON (2)

In general, do I rely more on my imagination or my common sense? HDIFAT?

What family values do we have in common with the Jewish people?

COMMUNICATE (5)

Does my laughter communicate any emotions / feelings? Describe them.
 How can I communicate better with our_children?
 How well do I / we communicate with God?
 Our intimacy is renewed each time we communicate more deeply. HDIFAT?
 What is the most effective way to communicate forgiveness?

COMMUNICATING (4)

HDIF about the way we have been communicating this_week?
 HDIF when we are not communicating?
 On spending an entire day communicating only with non-verbals
 When we are not communicating as_a_family I feel ...

COMMUNICATION (12)

Am I open to your non-verbal communication? HDIFAT?
 How did the absence of dialogue affect our communication and closeness?
 How has our non-verbal communication helped our_relationship?
 How important is non-verbal communication to our_relationship?
 How important is spoken communication to our_relationship?
 How long before missing dialogue affects our communication and closeness?
 Is family communication a value of mine?
 On fighting as a constructive means of communication between_us
 What does our non-verbal communication mean_to_me?
 What is the level of our communication when we are home together?
 What listening skills could improve our communication?
 What risks should I be taking to keep our communication timely and alive?

COMMUNION (2)

HDIF when we receive communion together?
 HDIF when you hold my hand going to communion?

COMMUNITY (16)

Am I aware of the needs of our community?
 Do we avoid a particular member of our parish / church community?
 Do we reach_out to other couples in the community?
 HDIF about our contributions to our community?
 HDIF about supporting our Encounter / Retrouvaille community?
 HDIF about the divorce rate in our community?
 HDIF knowing we are part of a community that supports couples' growth?
 HDIF knowing we are part of a community that supports marriage?
 How are we active in our parish / church community?
 How does our support community enhance our_relationship?
 How is our community helped by our activity in Encounter / Retrouvaille?
 How is our community helped by our involvement in the program?
 On building community beyond those we are comfortable with
 What can I do to build a better community?
 What does community mean_to_me?
 When our community reaches out to us, HDIF?

COMPANY (5)

Company stops in when we are about to leave home. HDIFAT?
 HDIF about having company stay with us?
 HDIF about unexpected company?
 HDIF when we have unexpected company?
 On having a house full of company

COMPARE (3)

How does my relationship with you compare to my relationship with God?
 How does our stuff compare to our neighbor's stuff? HDIFAT?
 When things are humdrum in our_lives, do I compare us to other_people?
 HDIFAT?

COMPARED (4)

Are desires bad or unimportant compared to needs?
 Are wants bad or unimportant compared to needs?
 HDIF about being what I am compared to what other_people expect me to be?
 HDIF about this Christmas compared with past ones?

COMPETE (3)

HDIF when our_children compete against each_other?
 In what ways do we compete with each_other? HDIFAT?
 We tend to compete against each_other in HDIFAT?

COMPETITION (1)

HDIF when we are in some form of competition, like cards?

COMPETITIVE (1)

HDIF about us participating in competitive sports? When we win? When we lose?

COMPLAINED (1)

HDIF when I hear from other_people that you have complained about me?

COMPLETE (2)

HDIF when I complete some big, unusual task around the house?
 When was the last_time I felt complete inner peace?

COMPLETED (1)

HDIF about paying for work before it is completed?

COMPLETELY (4)

After_a_fight: Where did I fail to be completely fair to you? HDIFAT now?
 If I were completely free right_now, I would ...
 What has kept me from being completely honest before now? HDIFAT?
 What keeps me from being more completely honest in my dialogue letter?

COMPLETING (1)

On completing unfinished projects

COMPLICATED (1)

What things make our_life unnecessarily complicated?

COMPLICATING (1)

What is complicating my life? HDIFAT?

COMPLIMENT (14)

HDIF when I receive a compliment from someone in our_family?
 HDIF when I receive a compliment from someone outside our_family?
 HDIF when our_children compliment me?
 HDIF when you compliment me in a way that affirms my femininity / masculinity?
 HDIF when you compliment me in front of other_people?
 HDIF when you compliment me?
 HDIF when you give me a compliment?
 HDIF when you praise or compliment me?
 How would I feel if I gave a compliment to three people every day?
 What compliment do I least like to receive about me?
 What compliment do I least like to receive about us?
 What compliment do I most like to receive about me?
 What compliment do I most like to receive about us?
 What kind of compliment is hardest for me to accept from you?

COMPLIMENTED (1)

When was the last_time I complimented you?

COMPLIMENTS (7)

Do I accept compliments easily? HDIFAT?
 HDIF when a member of our_family compliments me?
 HDIF when someone compliments one of our_children?
 HDIF when someone compliments you (but not me) on our_family?
 What compliments have I received lately that I did not fully accept?
 What kinds of compliments did I receive most often as a child?
 What kinds of compliments have I received most often as an adult?

COMPROMISE (10)

"You cannot compromise another person's right to be themselves." HDIFAT?
 After_a_fight: What did I compromise to make peace? HDIFAT now?
 Am I asking you to make an unacceptable compromise? HDIFAT?
 HDIF when I have to compromise my integrity?
 HDIF when we negotiate a compromise between_us on a hot issue?
 HDIF when we work out a compromise between_us on a hot issue?
 I cannot compromise on Can I have this and still have us?
 What am I most afraid of losing by negotiating a compromise with you?
 What have I had to compromise to be with you? HDIFAT?
 What will I absolutely not compromise? HDIFAT?

COMPROMISES (1)

I would like to reconsider these past compromises:

COMPULSIVE (2)

HDIF being around people who have a compulsive need to please other_people?
 What is my most compulsive habit? HDIFAT?

CONCENTRATE (1)

Am I able to concentrate and perform better under pressure? HDIFAT?

CONCERN (2)

What is my greatest concern in our_relationship?
 What is my greatest financial concern right_now?

CONCERNED (1)

A time when I felt concerned

CONCERNING (1)

I most frequently criticize you concerning ...

CONCERNS (1)

At this time, what concerns me the most about our_children?

CONDITION (1)

When I consider our financial condition, I feel ...

CONDITIONS (2)

How can I drop the conditions I put on my love for you?

What conditions do I sometimes place on you to be loved by me?

CONE (1)
On sharing an ice cream cone

CONFESS (1)
What helps me confess my weaknesses to you?

CONFIDE (1)
What can I do to make it easier for you to confide in me?

CONFIDED (1)
I have just confided in you. HDIFAT?

CONFIDENCE (5)
HDIF when I am a source of confidence to you?
HDIF when I try to build up your confidence?
HDIF when you show confidence in me?
In what area(s) do I find I lack confidence in dialogue?
What is the biggest confidence you give to me?

CONFIDENT (1)
A time when I felt confident

CONFLICT (13)
After_a_fight: What have I learned about the way I handle conflict?
After_a_fight: What have I learned about the way you handle conflict?
HDIF when I avoid a conflict between_us?
HDIF when I confront you with a conflict between_us?
HDIF when my priorities conflict with yours?
HDIF when you avoid a conflict between_us?
HDIF when you confront me with a conflict between_us?
HDIF when your needs seem to be in conflict with mine?
How do I / we deal with conflict?
Jesus will never give us more conflict than we can manage. HDIFAT?
What can make money a source of conflict in our_relationship?
What is our basic way of dealing with marital conflict?
Your needs are in conflict with mine. HDIFAT?

CONFLICTS (3)
Do I really want to solve the conflicts between_us?
HDIF when a new situation comes up that conflicts with my plans?
Persons with strong values will eventually have strong conflicts. HDIFAT?

CONFORMIST (1)
Do I consider myself as a conformist or a nonconformist? HDIFAT?

CONFRONT (2)
HDIF when I confront you with a conflict between_us?
HDIF when you confront me with a conflict between_us?

CONFRONTATION (1)
After_a_fight: How can I change to make confrontation more positive for us?

CONFRONTED (2)
HDIF when I am confronted with (or think of) that which I fear most?
HDIF when I am confronted with, or think of, that which I fear most?

CONFRONTING (1)
HDIF about confronting bigoted people?

CONFUSED (1)
A time when I felt confused

CONNECTED (1)
HDIF about the commercialism connected with Christmas?

CONSCIOUS (1)
When was the last_time I made a conscious decision to love you?

CONSCIOUSLY (1)
HDIF when I consciously put aside my emotions / feelings and reach_out to you?

CONSENTING (1)
There is no morality to consenting, loving sex. HDIFAT statement?

CONSEQUENCE (1)
What is the most difficult consequence of forgiving you and HDIFAT?

CONSIDERING (2)
Considering my upbringing, what should I avoid with our_children? HDIFAT?
Considering my upbringing, what should I repeat with our_children? HDIFAT?

CONSISTENTLY (1)
How would I react if someone said I was "consistently reasonable"?

CONSTANT (1)

Is it harder for me to adapt to a routine or to constant change? HDIFAT?

CONSTANTLY (3)
Are we constantly getting hurt and making up in the same areas and HDIFAT?
Are we constantly making up in the same areas and HDIFAT?
Do I constantly redo decisions and HDIFAT?

CONSTRUCTIVE (2)
After_a_fight: What pitfalls keep our fighting from being constructive?
On fighting as a constructive means of communication between_us

CONTAIN (1)
HDIF about cleaning out the drawers that contain my stuff?

CONTENTED (1)
HDIF when other_people tell me how contented and happy they are?

CONTINUE (3)
How can we continue to make our decision to love visible in the church?
How can we continue to make our_love visible in the church?
Our courtship can continue in some form for all our married lives. HDIFAT?

CONTINUING (1)
HDIF about part of our_lives continuing on through our_children?

CONTINUOUS (1)
What is the biggest continuous source of stress in my life? HDIFAT?

CONTRACT (1)
HDIF when I sign my name to a binding legal contract?

CONTRIBUTE (2)
My thoughts contribute to my self-image. HDIFAT?
What can I do to contribute to our_family having a good time on vacation?

CONTRIBUTED (1)
How have in-laws contributed a positive change in our_family?

CONTRIBUTING (1)
HDIF about contributing five percent of our income to charity?

CONTRIBUTIONS (1)
HDIF about our contributions to our community?

CONTROL (22)
"You cannot control the love and fidelity of another person." HDIFAT?
After_a_fight: At what point do our arguments get out of control? HDIFAT?
Do I allow Jesus to be in control of my life? HDIFAT?
Do I sometimes try to control you instead of accepting you the way you are?
Do I try to control or hide my emotions / feelings?
Do I try to control your emotions / feelings?
HDI try to control you?
HDIF being with people who keep their enthusiasm under control?
HDIF when I have lost control with our_children?
HDIF when I have to adjust to circumstances beyond my control?
HDIF when I lose control over a situation?
HDIF when doctors try to take control of my life?
How do I control or deny my emotions / feelings? Why?
How does our method of birth control affect our_sexual_relationship? HDIFAT?
How have I given up control in our_relationship lately?
How much am I in control of our_relationship? HDIFAT?
How much control would I have to give up to make things better for us?
In what area(s) of our_relationship do I exercise the most control?
Is Jesus in control of my / our future?
Is Jesus in control of my / our prayer life?
What happens when I let emotions / feelings take control over me?
What parts of my life do I think I control? HDIFAT?

CONTROLS (1)
HDIF when TV sports controls meals and holidays in our_home?

CONVENTIONAL (1)
Is my lifestyle original or conventional? HDIFAT?

CONVERSATION (3)
Are our topics of conversation different when we are touching?
HDIF when you interrupt me in conversation?
In an important conversation, I feel ... and I tend to ...

CONVERSING (1)
DIF better conversing one-on-one or conversing in a small group?

CONVERTIBLE (1)
HDIF about buying a convertible for us to enjoy together?

CONVINCE (1)
HDIF when I try to convince you of something and you cannot accept it?

CONVINCED (1)

HDIF about apologizing even when I am not convinced I am wrong?

COOKIE (1)

HDIF when someone eats the last cookie?

COOL (1)

After_a_fight: Do our "rules" allow us to take a break to cool down? HDIFAT?

COOPERATE (1)

I get people to cooperate by ...

COOPERATION (1)

In group tasks, DIF better when cooperation is high or efficiency is high?

COOPERATIVE (1)

What can we do to foster cooperative interaction in our_family?

COPE (6)

Do I cope with my stress alone or do I share it with you? HDIFAT?

HDIF when I cope successfully with a stress-filled situation?

How do I cope with stress? How should I cope with stress? HDIFAT?

What can I do for you to help_you cope more effectively with stress?

What can you do for me to help_me cope more effectively with stress?

What is the first step I take to cope with the stress in my life?

COPING (2)

HDIF when I realize I am not coping effectively with stress?

HDIF when I realize you are not coping effectively with stress?

COR (5)

"Love does not keep a record of wrongs (I COR 13:5)." HDIFAT?

Each of us belongs to the other (I COR 7:3-5). HDIFAT?

I COR 14:4-7. HDIF about these words as I reflect on our_relationship?

What part of I COR 13 reminds me most of myself?

What part of I COR 13 reminds me most of you?

COSMETICS (1)

HDIF about changing my physical appearance through diet, exercise, cosmetics?

COST (2)

What does it cost us as_a_couple to be Jesus' disciples?

What is my_favorite thing to do that does not cost money? HDIF when I do it?

COSTUME (3)

HDIF about attending costume parties?

On having a Halloween costume party

On having a costume party

COUCH (1)

HDIF when I see you asleep on the couch?

COULD (51)

After_a_fight: Could we have avoided this fight? How would I feel if we had?

After_a_fight: What could I have done to reduce my own suffering? HDIFAT?

After_a_fight: What could I have done to reduce your suffering? HDIFAT?

Are there areas where our_sexual_relationship could be improved? HDIFAT?

Could I live without TV for a day? For week? For a month? Forever?

Could our_home be more Christ-centered? HDIFAT?

HDIF knowing that today could be our last day to love?

HDIF knowing that today could be our last day together?

HDIF knowing this could be your last day to live?

HDIF knowing today could be my last day to live?

HDIF thinking this could be our last dialogue letter?

How could I make saying grace more meaningful?

How could we support the marriages of our friends?

How could we support the marriages of our relatives?

How could you help_me grow spiritually?

How did I feel the first time we could not pay a bill?

How would I feel if I could go horseback riding?

If I could bring faith and God to one person, who would it be?

If I could change any one thing about myself, I would change ...

If I could change any one thing about you, I would change ...

If I could change careers, what would I like to do?

If I could change my career, what would I like to do?

If I could change one attitude of mine, it would be HDIFAT?

If I could change one attribute of my personality, what would it be? HDIFAT?

If I could change one thing about me, I would ...

If I could design my own children's TV show, what would it be like?

If I could do anything I wanted with you, what would we do?

If I could erase any moment in our_relationship, which would it be? HDIFAT?

If I could gain any one ability or quality, what would it be? HDIFAT?

If I could give you one thing for Christmas, it would be ...

If I could have any vacation I wanted, I would ...

If I could have one wish, what would it be?

If I could receive a sixth sense, what would it be?

If I could take you any place, where would I take you?

If I could, what good time would I choose to relive with you? HDIFAT?

If our house burned down, could we dialogue on God's_love the next day?

Our_sexual_relationship is not what it could be. HDIFAT?

We could improve the way we make decisions by ...

What could I do to help my own spiritual growth?

What could I do to help your spiritual growth?

What could we do to help the nearby poor?

What could you do to increase my sexual anticipation?

What gift of myself could I give to everyone this Christmas?

What is the greatest gift you could give me?

What listening skills could improve our communication?

What little kindness could I do tomorrow to spread love around?

What new activity or interest could I make space for in my life? HDIFAT?

What practical steps could we take to talk more about us?

What specifically could I do to break down the barriers between_us?

What would I like to take back if I could? HDIFAT?

What would be the most unlucky thing that could happen to me today?

COUNTING (2)

Jesus is counting on us to make His love believable. HDIFAT?

Jesus is counting on us to reveal His love to other_people. HDIFAT?

COUNTRY (2)

HDIF about being a citizen of this country?

On the sacrifices of family members who have served their country

COUPLE (51)

A sacramental couple is a symbol of Jesus' love for His church. HDIFAT?

Are we a romantic couple?

As a couple, we are the lifeblood of the church. HDIFAT?

Do I believe we are called to be a sacramental couple?

Do we know any couple who is hurting?

Do we show our couple love?

Do we truly pray together as a couple?

HDIF about being a prayer couple?

HDIF about hugging another couple?

HDIF about sending secret gifts and notes to another couple?

HDIF about us being a spiritual couple?

HDIF when I see a couple fight?

HDIF when I see another couple holding hands?

HDIF when I see our couple love influencing other_people around us?

HDIF when I want to invite a couple to the program / weekend but you do not?

HDIF when I want to recruit a couple and you do not?

HDIF when a couple accepts our invitation to the program / weekend?

HDIF when a couple enters the program / weekend because of our example?

HDIF when a couple says no, they do not want or need to go on a weekend?

HDIF when a couple says yes, they want or need to go on a weekend?

HDIF when a couple we have invited comes home from a weekend and thanks us?

HDIF when another couple asks, "How is your dialogue?"

HDIF when we are inspired by another couple?

HDIF when we ask a couple to an information night?

HDIF when we do something for another couple?

HDIF when we invite a couple to the program / weekend and they accept?

HDIF when we meet a couple who has experienced the same weekend and follow-up?

HDIF when we meet a couple who really needs the program / weekend?

HDIF when we sacrifice to help a couple come to the weekend or follow-up?

HDIF when you do something for another couple?

Have we been an example of a happily married couple this_week?

How can I tell when another couple is really in love?

How long has it been since we called / wrote our prayer couple? HDIFAT?

In what area(s) do I most need your help in living as a sacramental couple?

On challenging another couple to dialogue with us for ... days

On dialoguing with another couple

On giving a list of dialogue questions to a favorite couple

On giving a month's worth of dialogue questions to a favorite couple

On inviting another couple to dialogue with us regularly

On receiving secret gifts and notes from a couple who loves us

On seeing us as a special couple today

What are my dreams for us as a dialoguing couple? HDIFAT?

What can I do to show our couple love?

What do I think about our couple spirituality and HDIFAT?

What does "being a couple" mean_to_me?

What does being an open and honest couple mean_to_me?

What is our couple image?

What one couple has challenged us the most this year?

When a couple we know gets divorced, I feel ...

When have we affected another couple by sharing our story?

When was the last_time we mentioned Encounter / Retrouvaille to a couple?

COUPLE'S (1)

What area(s) of a couple's life am I least open to listening about?

COUPLE-CENTERED(1)

Where does our couple-centered attitude show the most?

COUPLES (17)

Can I identify with hurting couples? HDIFAT?
 Can I identify with romantic couples? HDIFAT?
 Do I feel comfortable inviting couples like us to the program / weekend??
 Do I see ourselves as different from other couples?
 Do we reach_out to other couples in the community?
 HDIF about building relationships with other dialoguing couples?
 HDIF about inviting couples like us to take advantage of the program / weekend?
 HDIF about sacrificing financially to attend an event for married couples?
 HDIF about the example we are setting for other couples?
 HDIF about the responsibility we have to other married couples?
 HDIF about the team couples who presented our_weekend or follow-up sessions?
 HDIF sharing a dialogue letter with other dialoguing couples?
 HDIF when we are with couples who are working on their marriages?
 How are we supporting couples after the follow-up period ends?
 How did I first feel when I heard there were couples who dialogue daily?
 How did I first feel when I heard there were couples who dialogue regularly?
 How have other couples affected our_marriage?

COUPLES' (3)

HDIF knowing we are part of a community that supports couples' growth?
 HDIF when we are inspired by another couples' relationship?
 How have we affected other couples' marriages?

COURAGE (1)

HDIF when I have the courage to let people know what I stand for?

COURSE (1)

When was the last_time we were on a collision course?

COURT (1)

Do we still court each_other?

COURTING (1)

What memory of our courting days is most alive today?

COURTSHIP (2)

Our courtship can continue in some form for all our married lives. HDIFAT?
 What is my_favorite memory of our courtship?

COUSIN (1)

Who is my_favorite cousin? HDIF about that person?

COVER (1)

HDIF when you take most of the bed or most of the cover?

COVERING (1)

Am I covering up the loneliness I feel for you?

COWBOY (1)

HDIF about wearing a cowboy hat?

CPR (2)

HDIF when I consider that no one in the family knows CPR?
 How would I feel if someone in the family knew how to perform CPR?

CRAMP (1)

DIF better following a schedule or do schedules cramp me?

CRAZIEST (1)

What has been our craziest date and HDIFAT?

CRAZY (4)

HDIF when I think about some of the crazy things we did for each_other?
 On doing crazy things together
 What crazy things have we done in the past month?
 When was the last_time we did something crazy?

CREAM (2)

HDIF when I stop with you for ice cream?
 On sharing an ice cream cone

CREATIVE (2)

Am I more creative alone or with other_people? HDIF when I am most creative?
 Do I tend to do things in the accepted way or am I more creative? HDIFAT?

CREDIT (2)

HDIF about our credit card bills?
 HDIF about using credit cards?

CRIED (1)

When was the last_time I cried? How did I feel at the time?

CRIES (1)

HDIF when I get up at night when the baby cries?

CRISIS (1)

HDIF when we have to face a crisis?

CRITICAL (4)

Am I critical of those who work for the Lord?
 Am I highly critical of myself? HDIFAT?
 Do I sometimes make jokes that leave a critical or unpleasant aftertaste?
 HDIF when you are critical of me?

CRITICISM (3)

HDIF about criticism and sarcasm?
 HDIF about criticism? Does it keep me focused and innovative?
 Which do I give you more of, criticism or praise?

CRITICIZE (11)

HDIF when we criticize each_other?
 HDIF when you criticize me in front of other_people?
 HDIF when you criticize me?
 I most frequently criticize you concerning ...
 On those occasions when I criticize how you discipline our_children
 On those occasions when our families criticize our involvements
 On those occasions when our families criticize our lifestyle
 On those occasions when you criticize how I discipline our_children
 What causes me to criticize you and HDIFAT?
 What do you criticize about me and HDIFAT?
 When you criticize me, my reaction is to ...

CRITICIZED (3)

HDIF about being criticized in public?
 HDIF when I get criticized?
 On being criticized for our beliefs

CRITICIZES (1)

When someone criticizes me, I feel ... and I tend to ...

CRITICIZING (1)

Can I go one whole day without criticizing anyone or anything? HDIFAT?

CROSS (2)

HDIF about the cross I must carry?
 What emotion / feeling does Jesus' death on the cross stir in me?

CROSSED (1)

What things crossed my mind this_week that I have not bothered to mention?

CROSSWALKS (1)

HDIF about stopping for pedestrians in crosswalks?

CRUCIFIED (1)

How would I feel if I were there when Christ was crucified?

CRUCIFIXION (1)

HDIF about the crucifixion of Jesus?

CRUMMY (1)

What do I need from you when I am feeling crummy?

CRY (7)

After_a_fight: Did I pout or cry just so you would feel sorry for me?
 HDIF about crying? About other_people when they cry?
 HDIF when I hold you as you cry yourself to sleep?
 HDIF when I see you cry?
 HDIF when we cry together?
 HDIF when you cry?
 What makes me cry? Do I cry often? HDIFAT?

CRYING (3)

HDIF about crying?
 HDIF about crying? About other_people when they cry?
 HDIF when we are awakened by a crying child?

CUBE (1)

HDIF when no one refills the ice cube trays?

CUDDLE (1)

HDIF when you reach over to cuddle with me when we first wake up?

CUP (1)

HDIF when I fix you a cup of coffee?

CURIOUS (1)

A time when I felt curious

CURRENT (2)

Do I feel responsible for our current financial situation?
 Pick a current problem. What expectation of mine was unmet?

CUT (1)
HDIF when I am asked to cut back or do without?

CUTTING (1)
On cutting our spending

DAD (1)
The greatest gift a dad can give to his children is ...

DAILY (13)
HDIF about a daily phone call just to say hello?
HDIF about living my daily life without to-do lists, using only my memory?
HDIF about my daily routine?
HDIF when I realize and accept Jesus' closeness in our daily lives?
HDIF when our daily routines do not allow us time for each_other?
How can we incorporate prayer into our daily life?
How did I first feel when I heard there were couples who dialogue daily?
How do I react to the emergencies that come up in my daily life?
How has our dialogue affected our daily life as_a_couple?
In what ways do I daily affirm my love for you?
Is a daily routine a painful or comfortable way for me to get things done?
What is my plan to help_you enjoy life on a daily basis?
What stresses me out the most on a daily basis? HDIF at those times?

DANCE (3)
HDIF about learning a new dance step with you?
HDIF when we dance together?
HDIF when you ask me to dance with you?

DANCING (1)
HDIF when we are slow dancing?

DANGEROUS (1)
HDIF when I have to drive the car in dangerous weather?

DATE (5)
HDIF on a date with you?
On going out on a date together
What do I remember most about our first date?
What has been our craziest date and HDIFAT?
What was my_favorite date with you and HDIFAT?

DATING (3)
What is my most pleasant memory from our dating days?
What is my_favorite memory of our dating days? HDIFAT?
What qualities attracted me to you when we were dating?

DAUGHTER (3)
HDIF about our daughter being a priest / pastor (or a nun)?
HDIF hugging our son or daughter after I have disciplined them?
What way have I shown my love to our daughter / son lately?

DAY (71)
After_a_fight: Did I let the fight ruin my whole day? HDIFAT?
Are we giving our_relationship prime time each day?
Are we giving our_relationship quality time each day?
Can I go one whole day without criticizing anyone or anything? HDIFAT?
Could I live without TV for a day? For week? For a month? Forever?
Do I listen to our_children, not just to their problems, but their day?
HDI approach each new day with you and with God?
HDI respond to you when I have had a bad day?
HDIF about World Marriage Day?
HDIF about being married to you each day?
HDIF about going somewhere for the day without planning what to do there?
HDIF about living one day at a time?
HDIF about seeing you at the end of our day apart?
HDIF about the first day we met?
HDIF about the steady, routine parts of my day?
HDIF about the way Christmas Day went for us?
HDIF about the way you greet me at the end of the day?
HDIF as I reflect on the expectations I had on our wedding day for us?
HDIF ending my day lying in bed next to you?
HDIF having an extra day to spend with you this month?
HDIF knowing that today could be our last day to love?
HDIF knowing that today could be our last day together?
HDIF knowing this could be your last day to live?
HDIF knowing today could be my last day to live?
HDIF sharing the details of my work day with you?
HDIF taking a walk with you on a beautiful spring day?
HDIF telling you every day in a letter that I love you?
HDIF the day after our_lovemaking?
HDIF when I am aware that you have had a bad day?
HDIF when I do not like the dialogue question for the day?
HDIF when I have the urge to call you during the day, but do not?
HDIF when I know you have had a bad day?
HDIF when I see you after a long day?

HDIF when I think about us marrying each_other each day?
HDIF when I think about us saying "I do" each day?
HDIF when every minute of our day is planned?
HDIF when every waking minute of our day is planned?
HDIF when someone succeeds in fooling me on April Fool's Day?
HDIF when you call during the day just to say hello?
HDIF when you greet me after a tough day?
HDIF when you hug me after a rough day?
How can I tell that you have had a bad day?
How has our_love grown since our wedding day?
How is our day when we are not sexually desirous?
How is our day when we are not sexually involved with each_other?
How many hours do I watch TV in a typical day? In a typical week? HDIFAT?
How would I feel about changing sexes for one day?
How would I feel if I gave a compliment to three people every day?
I have one more day to live. HDIFAT?
If I had this day to do over, what would I change?
If I had to choose just one day to remember, I would choose ... because ...
If our house burned down, could we dialogue on God's_love the next day?
In what specific way have I brightened your day today?
In what way have you brightened my day today?
Is St. Valentine's Day special to me or just another day?
On having a day off, unexpectedly
On making every day Valentine's Day
On spending an entire day communicating only with non-verbals
On waiting all day for a delivery
On wearing a smile each day
Our love has grown since our wedding day. HDIFAT?
Our sexual experience is 24 hours a day? HDI live this out?
We had many hopes for each_other on our wedding day. HDIFAT today?
What do I remember most about our wedding day?
What is my fondest memory of our wedding day?
What is my_favorite memory of our wedding day? HDIFAT?
What part of the day do I usually like the best?
What was the saddest day of my life? HDIFAT?
Where in my day to day life do I experience stress? Describe the stress.
Which holiday do I like best? HDIF on that day?
You keep growing more beautiful each day?

DAYDREAM (1)
What do I like to daydream about?

DAYS (14)
HDIF about days that we do not dialogue?
HDIF when we are apart for several days?
HDIF when we go several days without dialogue?
If I had only two days to live, how would I spend them?
On challenging another couple to dialogue with us for ... days
On leaving our_children for a few days
On missing dialogue for several days or weeks
One of the happiest days of my life
Thoughts of retirement days bring emotions / feelings of ...
We are the church 7 days a week, not only on Sunday. HDIFAT?
What have I kept from you in recent days? HDIFAT?
What is my most pleasant memory from our dating days?
What is my_favorite memory of our dating days? HDIFAT?
What memory of our courting days is most alive today?

DEAD (3)
HDIF about honoring the dead?
No matter how often I am right, I will sometimes be dead wrong. HDIFAT?
On the things I would miss most about you if you were dead

DEAD-BOLT (1)
HDIF about installing dead-bolt locks on our outside doors?

DEADLINES (1)
HDIF about deadlines in general?

DEAL (2)
HDI deal with injustices?
How do I / we deal with conflict?

DEALING (2)
DIF better dealing with imaginative people or realistic people?
What is our basic way of dealing with marital conflict?

DEATH (28)
"... till death us part." HDIFAT?
Do I see death as a beginning of a greater love relationship?
Do I see death as an end of our_relationship, our_love?
HDIF about being reunited after death with you?
HDIF about dialoguing on death?
HDIF about life after death?
HDIF about the death of one of our_children?
HDIF at the thought of your death?
HDIF when I think about your death, and what life will be without you?

HDIF when we decide to dialogue on death?

How do / would I feel about the death of one of our_children?

How would I describe you to our_children after your death?

How would I feel after a death in our_family this_week?

If there were a death in our_family this_week, how would I feel?

On "Dying you destroyed our death, rising You restored our_life"

On being frightened (or not frightened) by death

On being separated from you through death

On life after death

On making better preparations for my death

On my death

On the death of my parents

On your death

What are my thoughts when we decide to dialogue on death?

What emotion / feeling does Jesus' death on the cross stir in me?

What is it about death that frightens me the most?

What is my earliest memory of death in my childhood? How did I feel?

What kind of death frightens me most?

What would I choose as the time and circumstances of my death?

DEBT (3)

"Avoid getting into debt, except the debt of love (RO 13:8)." HDIFAT?

HDIF about going into debt for a purchase?

HDIF about making a major purchase that will put us in debt?

DECIDE (9)

Do I try to decide which emotions / feelings are OK to admit having?

HDIF when I decide to love?

HDIF when I decide to trust you with my emotions / feelings?

HDIF when I let go the reins and let Our Father decide for us?

HDIF when we decide to dialogue on death?

HDIF when we decide to dialogue on sex?

What are my thoughts when we decide to dialogue on death?

What are my thoughts when we decide to dialogue on sex?

When was it hardest for me to decide to love you this_week?

DECIDING (1)

On deciding to love when there are no loving emotions / feelings

DECISION (22)

Do I sometimes miss out because I take too long to make a decision? HDIFAT?

HDIF about having to delay a decision until the last minute?

HDIF about having to make a decision immediately?

HDIF about sex being a decision?

HDIF about the decision to love being important to us?

HDIF toward you when we have to make a decision together?

HDIF toward you when we have to make a decision?

HDIF when I allow circumstances to "make" a decision for me?

HDIF when I am rushed into making an important decision?

HDIF when I hear "love is a decision"?

How can we continue to make our decision to love visible in the church?

In what area(s) are we equal partners in decision making?

On making a decision to love this_week

What are my thoughts about "love is a decision"?

What does "decision" mean_to_me?

What is the most difficult decision I have ever had to make? HDIFAT?

When did I make the decision to love you lately?

When is the last_time I made the decision to love?

When making an important decision, HDIF about ignoring my emotions / feelings?

When making an important decision, HDIF about trusting my emotions / feelings?

When was the last_time I made a conscious decision to love you?

Why did we join a support group? HDIF about that decision now?

DECISION-MAKER (1)

How would I rate myself as a decision-maker and HDIFAT?

DECISION-MAKING(1)

What leads us to difficulties in our decision-making and HDIFAT?

DECISIONS (20)

Am I usually tentative or vigorous in implementing my decisions?

Do I consider your emotions / feelings in making decisions that affect you?

Do I constantly redo decisions and HDIFAT?

HDIF about the importance of making decisions as_a_couple?

HDIF when circumstances make me "second guess" one of my own decisions?

HDIF when you try to influence my decisions?

I make a lot of my decisions by ...

In what area(s) do you make most of the decisions and HDIFAT?

Is it easy for us to agree on decisions? HDIFAT?

On making big financial decisions

Our decisions are frequently ...

Our decisions usually revolve around ...

We are different in how we make decisions about money. HDIFAT?

We could improve the way we make decisions by ...

What decisions can I make to improve our_marriage?

What hinders us from making better decisions and HDIFAT?

When I let you make your own decisions, I feel ...

When do I duck the responsibility for making decisions and HDIFAT?

Which of us comes to decisions more quickly and HDIFAT?

Which of us usually makes the decisions and HDIFAT?

DEDICATE (1)

What song would I dedicate to you today? HDIFAT?

DEED (1)

What is the last good deed I did? How did I feel afterward?

DEEP (2)

After_a_fight: On the surface, am I logical or emotional? HDIF deep inside?

Do I have deep friendships with a few or broad friendships with many? HDIFAT?

DEEPEN (2)

In what way can I deepen our spirituality?

In what ways can I deepen our spirituality?

DEEPER (1)

Do I depend on your resistance to avoid entrapment in a deeper relationship?

DEEPLY (4)

HDIF when I know that I have hurt you deeply?

HDIF when we share deeply with those around us?

Our intimacy is renewed each time we communicate more deeply. HDIFAT?

When I talk with deeply religious people, I feel ...

DEFECT (1)

What is my biggest defect in listening to you and HDIFAT?

DEFEND (1)

HDIF when you do not defend me?

DEFENSE (1)

What defense mechanisms do I use when I fail to please you?

DEFINED (1)

Do I have defined personal goals? HDIFAT?

DEGREE (1)

To what degree am I living what Encounter / Retrouvaille teaches us?

DELAY (2)

HDIF about having to delay a decision until the last minute?

HDIF when I delay acting on a good idea until it's too late?

DELAYED (1)

HDIF when I am delayed because other_people are not punctual?

DELIBERATELY (1)

HDIF about the times when I deliberately hurt you during a fight?

DELICATE (1)

What is the most delicate topic for me to try to bring up?

DELIVERY (1)

On waiting all day for a delivery

DEMAND (2)

HDIF being around people who demand and expect perfection?

HDIF when you demand change before you will forgive me?

DEMANDED (1)

Where am I when things are demanded of me?

DEMANDING (1)

HDIF trying to put you first when our_children are so demanding?

DEMANDS (3)

HDIF when our_children make demands?

On those occasions when my family makes demands on us

On those occasions when your family makes demands on us

DEMONSTRATING (1)

What is my most unusual talent? HDIF about demonstrating it for you?

DENIAL (1)

When and where do I distort things by denial, excuses or pretending? HDIFAT?

DENTAL (1)

HDIF about having regular medical and dental checkups?

DENY (1)

How do I control or deny my emotions / feelings? Why?

DEPEND (3)

Do I depend on the TV for entertainment? HDIFAT?
Do I depend on your resistance to avoid entrapment in a deeper relationship?
HDIF when I have to depend on you when I am ill?

DEPENDENCE (1)

HDIF when I realize my dependence on you?

DEPENDENT (2)

In what area(s) of our_life together am I most dependent on you?
What quality in you am I most dependent on?

DEPENDING (2)

HDIF about depending on you (rather than on things) for my happiness?
HDIF about depending on you (rather than things) for my happiness?

DEPRESSED (4)

A time when I felt depressed
HDIF being around people who are moody or depressed?
HDIF when people tell me I look tired or depressed?
When I feel depressed, what is the best thing someone can do for me?

DESCRIBE (28)

After_a_fight: Am I still feeling hurt? Describe the pain.
After_a_fight: Did I feel let down at any point? Describe how it felt.
Am I experiencing any anger directed against myself? Describe it.
Am I experiencing any anger or resentment over being hurt? Describe it.
Am I experiencing any fear over some expected injury or loss? Describe it.
Am I experiencing any remorse or guilt for hurting someone else? Describe it.
Am I experiencing any sadness or hurt over being injured? Describe it.
Describe a specific instance when I was most turned on sexually? HDIFAT?
Describe in precise detail my most sensual fantasy? HDIFAT?
Describe my idea of a perfect romantic evening, start to finish? HDIFAT?
Describe what love means to you.
Does my laughter communicate any emotions / feelings? Describe them.
HDIF when I am trying to describe an emotion / feeling of mine to you?
HDIF when I am trying to describe an emotion of mine to you?
HDIF when you ask me to describe my emotion?
HDIF when you describe an emotion / feeling to me in a way I cannot relate to?
HDIF when you describe an emotion to me in a way I cannot relate to?
How would I describe the awkwardness I feel when we talk about sex?
How would I describe you to Jesus?
How would I describe you to Our Father?
How would I describe you to our_children after your death?
How would the people I work with describe me?
I would describe myself as ...
Where in my day to day life do I experience stress? Describe the stress.
Where in my job do I experience stress? Describe the stress.
Where in my relationship with God do I experience stress? Describe it.
Where in our_relationship do I experience stress? Describe the stress.
Where with our_children do I experience stress? Describe the stress.

DESCRIBING (4)

What methods do I find easiest to use in describing my emotions?
What methods do I find easy to use in describing my emotions / feelings?
What methods do I find hard to use in describing my emotions / feelings?
What methods do I find most difficult to use in describing my emotions?

DESCRIPTION (4)

Here is my description of an ideal father:
Here is my description of an ideal friend:
Here is my description of an ideal mother:
Here is my description of an ideal spouse:

DESERVE (3)

HDIF about loving someone who does not particularly deserve it?
On occasions when I think I deserve private time
On occasions when I think you deserve private time

DESIGN (1)

If I could design my own children's TV show, what would it be like?

DESIRE (8)

Do our_children enjoy our desire for each_other?
Does my desire for fulfillment interfere with our_relationship?
Does my desire for self-fulfillment interfere with our_relationship?
How do other_people experience our lack of sexual desire for each_other?
How do other_people experience our sexual desire for each_other?
What do I desire most for our_family?
What effect or lack of effect has our sexual desire had on us this_week?
When I think of sexual desire, I think of ...?

DESIRES (3)

Are desires bad or unimportant compared to needs?
What are my sexual desires?
What new desires for our_relationship have we gained this_week?

DESIROUS (1)

How is our day when we are not sexually desirous?

DESSERT (1)

On making a surprise dessert for you

DESTROYED (1)

On "Dying you destroyed our death, rising You restored our_life"

DETAIL (1)

Describe in precise detail my most sensual fantasy? HDIFAT?

DETAILS (1)

HDIF sharing the details of my work day with you?

DETECTORS (1)

HDIF about smoke detectors in our_home?

DETERMINED (1)

A time when I felt determined

DEVELOP (2)

HDIF about relying on the extra speed I develop at the end of a job?
How did I develop the mask I wear?

DEVICE (1)

What is the greatest healing device I can offer you?

DIALOGUE (158)

Am I honest with myself in my commitment to regular dialogue?
Generally, HDIF after we dialogue?
HDI see our dialogue has changed our_relationship?
HDIF about Scripture dialogue?
HDIF about days that we do not dialogue?
HDIF about dialogue?
HDIF about doing Scripture Dialogue?
HDIF about having this regular dialogue time with you?
HDIF about joining a dialogue support group?
HDIF about our closeness when we dialogue on Scripture?
HDIF about praying before dialogue?
HDIF about recommitting us to dialogue as a way of life?
HDIF about recommitting us to regular dialogue as a way of life?
HDIF about starting / joining a dialogue support group?
HDIF about the frequency of our dialogue?
HDIF about the honest of our dialogue?
HDIF about the openness of our dialogue?
HDIF about the periods when we do not dialogue?
HDIF after a good dialogue?
HDIF after we dialogue?
HDIF beginning my dialogue letter by mentioning a good quality I see in you?
HDIF reading the 90/90 dialogue letters from our_weekend?
HDIF sharing a dialogue letter with other dialoguing couples?
HDIF sharing our dialogue with other_people?
HDIF thinking this could be our last dialogue letter?
HDIF when I do not like the dialogue question for the day?
HDIF when I do not like the dialogue question we are using?
HDIF when I have written my dialogue letter but you have not?
HDIF when I know you are writing your dialogue letter?
HDIF when I read your dialogue letter?
HDIF when I receive a dialogue letter from you?
HDIF when I think you are looking forward to our dialogue?
HDIF when I want to postpone our dialogue?
HDIF when I want to skip a dialogue?
HDIF when another couple asks, "How is your dialogue?"
HDIF when other_people say they do not dialogue?
HDIF when other_people think they do not need to dialogue?
HDIF when our dialogue goes beyond our emotions to address our needs?
HDIF when our dialogue is interrupted?
HDIF when our dialogue reflections are similar?
HDIF when we are close during and after our dialogue?
HDIF when we are not in a pattern of regular dialogue?
HDIF when we decide to dialogue on death?
HDIF when we decide to dialogue on sex?
HDIF when we do not dialogue?
HDIF when we do not have much time to dialogue?
HDIF when we go several days without dialogue?
HDIF when we heal each_other in dialogue?
HDIF when we miss dialogue?
HDIF when we pray together after we dialogue?
HDIF when we pray together before / after we dialogue?
HDIF when you have not written your dialogue letter?
HDIF when you heal me in dialogue?
HDIF when you say "We'll dialogue after the next TV program"?
HDIF when you use your dialogue letter to dump on me?
HDIF when you use your dialogue letter to get some point across to me?
HDIF when you use your dialogue letter to try to straighten me out?
HDIF writing a dialogue letter to you?

Has my self-image improved as a result of our dialogue?
 How and why did you get back to dialogue?
 How can I reveal my emotions / feelings to you outside dialogue?
 How can we inspire other_people to dialogue?
 How can we make God more present in our dialogue?
 How did I first feel when I heard there were couples who dialogue daily?
 How did I first feel when I heard there were couples who dialogue regularly?
 How did the absence of dialogue affect our communication and closeness?
 How do we support other_people in dialogue?
 How does the image I try to project affect our dialogue?
 How has dialogue helped me get in touch or stay in touch with you?
 How has dialogue helped me meet my_need for autonomy?
 How has dialogue helped me meet my_need for belonging?
 How has dialogue helped me meet my_need for love?
 How has dialogue helped me meet my_need for self-worth?
 How has dialogue helped you get in touch or stay in touch with your spouse?
 How has our dialogue affected our daily life as_a_couple?
 How has our dialogue affected our_family?
 How has our dialogue enhanced our_lovemaking?
 How has our dialogue helped me to keep you number one in my life?
 How has our dialogue helped us grow closer to each_other?
 How has our dialogue made you more important in my life?
 How has our non-verbal dialogue improved during the follow-up period?
 How important is our dialogue to me?
 How long before missing dialogue affects our communication and closeness?
 I have not had time to write my dialogue letter to you. HDIFAT?
 If dialogue is so important to our_relationship, why do we miss?
 If dialogue is so important, why do not we do it more often?
 If our house burned down, could we dialogue on God's_love the next day?
 In what area(s) do I find I lack confidence in dialogue?
 Is dialogue a chore or a special time for us?
 Is my dialogue a real letter or does it just answer the question?
 Is our_sexual_relationship as open as our dialogue?
 On challenging another couple to dialogue with us for ... days
 On giving a list of dialogue questions to a favorite couple
 On giving a month's worth of dialogue questions to a favorite couple
 On inviting another couple to dialogue with us regularly
 On missing dialogue
 On missing dialogue for several days or weeks
 On the dialogue letters we have written
 On using dialogue to get in touch with myself
 Our dialogue can be a prayer to our Father. HDIFAT?
 Our dialogue can be a way we say "yes" to each_other. HDIFAT?
 Our dialogue is a prayer to our Father. HDIFAT?
 Our dialogue is our recurring "yes" to each_other. HDIFAT?
 Pick an area you avoid in dialogue. Why do I avoid this area?
 The Bible is full of God's dialogue letters to us. HDIFAT?
 Was dialogue one of our New Year's resolutions?
 Was regular dialogue one of our New Year's resolutions?
 What am I willing to do to make our dialogue better this coming week?
 What am I willing to do to make our dialogue more regular?
 What are my thoughts about asking for help with our dialogue?
 What are my thoughts when we decide to dialogue on death?
 What are my thoughts when we decide to dialogue on sex?
 What are my thoughts when we should ask for help with our dialogue?
 What are the most difficult things for me when I write you a dialogue letter?
 What area(s) do I avoid in dialogue. Why do I avoid this area?
 What area(s) do I least like to dialogue on? HDIFAT?
 What area(s) do I most like to dialogue on? HDIFAT?
 What can we do to improve our dialogue?
 What changes have I seen in our_children (families) since dialogue?
 What do I find most difficult in our dialogue?
 What do I hope to achieve through dialogue?
 What do I like best_and_least about our dialogue?
 What do I think about the difficulties of our dialogue?
 What do I think our dialogue did for us on our_weekend? During follow-up?
 What effect did dialogue have on us during our_weekend?
 What effect did dialogue have on us during the follow-up period?
 What evidence do I have in my life that dialogue is important?
 What evidence do you have in your life that regular dialogue is important?
 What good do I find in dialogue that keeps me coming back?
 What has dialogue taught me about my relationship with you?
 What has dialogue taught me about myself?
 What has dialogue taught you about your relationship with your spouse?
 What has dialogue taught you about yourself?
 What has our dialogue done for my self-image?
 What have I enjoyed most in the challenge to dialogue?
 What is my present attitude toward writing a dialogue letter?
 What is the greatest joy for me in dialogue?
 What is the greatest pleasure for me in dialogue?
 What keeps me from being as open in real life as I am in my dialogue letter?
 What keeps me from being more completely honest in my dialogue letter?
 What keeps us from dialogue?
 What keeps us from regular dialogue?
 What motivated me to dialogue today?
 What part does dialogue play in our hurting and healing?
 What role does dialogue play in our_life?

What struggles do I go through trying to write my dialogue letter?
 When our dialogue is alive and strong, I feel ...
 When our dialogue is alive and strong, so is our HDIFAT?
 When our dialogue is alive and strong, so is our prayer life. HDIFAT?
 When our dialogue is alive and strong, so is our_sexual_relationship. HDIFAT?
 When our dialogue is stale and flat, I feel ...
 When our dialogue is stale and flat, are we living the World's Plan?
 Where did I put dialogue on my list of priorities today?
 Where is my_favorite place for dialogue?
 Where is my_favorite place to dialogue?
 Where on my list of priorities did I place our dialogue this_week?
 Where on my list of priorities did I place our dialogue today?

DIALOGUED (1)
 HDIF when it has been a long time since we dialogued?

DIALOGUES (2)
 HDIF when I think you are taking a superior attitude into our dialogues?
 HDIF when I think you are taking a superior role in our dialogues?

DIALOGUING (21)
 Am I honest with myself in my commitment to dialoguing regularly?
 HDIF about building relationships with other dialoguing couples?
 HDIF about dialoguing on death?
 HDIF about dialoguing on health?
 HDIF about dialoguing on scripture?
 HDIF about dialoguing regularly with you?
 HDIF being committed to dialoguing regularly as a way of life?
 HDIF sharing a dialogue letter with other dialoguing couples?
 HDIF when we are not dialoguing?
 How and why did we go back to dialoguing regularly?
 How does dialoguing on our emotions / feelings help us discover our needs?
 How has dialoguing about scripture made Jesus come alive for us?
 If you ever stopped dialoguing for a while, why?
 On dialoguing with another couple
 Since we began dialoguing, what growth have I seen in our_relationship?
 We stopped dialoguing altogether for a while. Why?
 What are my dreams for us as a dialoguing couple? HDIFAT?
 What are my thoughts about dialoguing regularly?
 When we think we can handle it, I would like to try dialoguing on ...
 Why have / haven't we been dialoguing regularly?
 Why have / haven't we kept dialoguing?

DIARY (2)
 Do I write to you as if I am writing to a diary? HDIFAT?
 On the difference between writing to you and writing to a diary

DIE (7)
 HDI want you to remember me after I die?
 If I knew I were going to die tomorrow, what would I do and feel today?
 If I were to die, what would I most want to be remembered for?
 If someone close to me were to die, what would I most need from you?
 Jesus said, "If you believe in me, you will never die." HDIFAT?
 What do I most want to be remembered for when I die?
 What is the most important thing I will miss if you die?

DIED (8)
 HDIF about someone who has died in our_family?
 HDIF knowing Christ died in agony to show His love for us?
 If I died with no chance to talk to you, what would I regret not saying?
 If you died, what quality of yours would I miss most?
 Jesus suffered and died for us. What can I do for Him?
 What would it be like for me if you died first? HDIFAT?
 What would it be like for you if I died first? HDIFAT?
 Would I feel resentment if you died?

DIES (1)
 HDIF when someone we know is really sick or dies?

DIET (4)
 HDIF about changing my physical appearance through diet, exercise, cosmetics?
 HDIF when I am on a diet?
 HDIF when I eat with someone who is on a diet?
 On our diet and / or food choice at this time

DIFFER (3)
 Am I sensitive enough to you when your needs differ from mine?
 Am I sensitive to you when your needs differ from mine?
 How do we differ and HDIF about our differences?

DIFFERENCE (6)
 Does our inability to have children make a difference in our_lovemaking?
 On the difference between writing to you and writing to a diary
 On the difference our_love makes in the world
 Our love makes a difference in the world. HDIFAT?
 What difference does the Eucharistic celebration make in my life?
 What is the difference between hearing you and listening to you?

DIFFERENCES (2)

How do we differ and HDIF about our differences?
On differences in the way we discipline our_children

DIFFERENT (8)

Am I a different person over the phone?
Are our topics of conversation different when we are touching?
Do I see ourselves as different from other couples?
HDIF about our being different?
HDIF when our different interests separate us?
HDIF when we experiment and make_love in different ways?
How am I different since the weekend or follow-up period?
We are different in how we make decisions about money. HDIFAT?

DIFFERENTLY (2)

After_a_fight: Do we argue because we remember things differently?
After_a_fight: HDIF now about things I wish I had done or said differently?

DIFFERING (1)

What problems do we have because of differing values and HDIFAT?

DIFFICULT (25)

HDIF about burdening a friend with a secret that will be difficult to keep?
HDIF when I have to make a difficult phone call?
HDIF when I reveal an emotion / feeling that is difficult to share with you?
HDIF when I reveal an emotion that is difficult to share with you?
In what area(s) do I find it most difficult to reach_out to you?
In what area(s) is it most difficult for me to let you know how I feel?
In what important area(s) do I find it most difficult to listen to you?
What are the most difficult things for me when I write you a dialogue letter?
What do I find difficult to tell you? HDIFAT?
What do I find most difficult in our dialogue?
What do I find most difficult to talk about because of my mask?
What do I think you find difficult to tell me? HDIFAT?
What do you expect from me that is most difficult to give?
What emotion / feeling do I find most difficult to reveal to you?
What emotions / feelings about God do I find most difficult to share?
What emotions / feelings about sex do I find most difficult to reveal to you?
What emotions / feelings do I find most difficult to accept in myself?
What is the most difficult consequence of forgiving you and HDIFAT?
What is the most difficult decision I have ever had to make? HDIFAT?
What is the most difficult emotion / feeling I have shared with you recently?
What is the most difficult emotion I have had to share with you recently?
What is the thing I find most difficult to forgive in myself?
What mask do I find most difficult to remove in our_relationship?
What methods do I find most difficult to use in describing my emotions?
What things are difficult to talk about as_a_family?

DIFFICULTIES (2)

What do I think about the difficulties of our dialogue?
What leads us to difficulties in our decision-making and HDIFAT?

DIFFICULTY (9)

HDIF when I am trying to be strong in the face of difficulty?
HDIF when I have difficulty remembering someone's name?
HDIF when you accept a part of me that I had difficulty sharing?
I am very thankful about ... but I have difficulty admitting it to you.
I am very thankful about ... but I have difficulty telling you.
In what area(s) do I have difficulty putting full trust in God?
What is there about me that I have most difficulty accepting?
When my work is set back by some unexpected difficulty, I feel ...
Which of your characteristics / traits cause me the most difficulty? HDIFAT?

DINING (1)

On dining out

DINNER (10)

HDIF about sharing our Thanksgiving dinner with strangers?
HDIF about sharing our dinner table with strangers?
HDIF about turning off the TV at dinner time?
HDIF when my / your parents come for dinner?
HDIF when we plan dinner?
Is our dinner hour a pleasant time?
On preparing a heart-shaped meatloaf for dinner
Our parish / church family is planning a dinner. HDIFAT?
The phone rings during dinner. HDIFAT?
What is the atmosphere at our dinner table?

DIPLOMATIC (1)

Do I consider myself smoothly diplomatic or brutally honest? HDIFAT?

DIRECTED (2)

Am I experiencing any anger directed against myself? Describe it.
HDIF when sarcastic remarks are directed at me?

DIRECTING (1)

HDIF when I am directing sarcastic remarks at someone else?

DIRECTION (1)

HDIF about the direction our_life together is taking?

DIRECTOR (1)

HDIF about our pastor or spiritual director?

DISAGREE (4)

HDIF when we disagree?
What emotions / feelings do I have when we disagree with each_other?
When I disagree with something said, would I rather take issue or let it go?
When we disagree, how can we do it more lovingly?

DISAGREEMENT (1)

HDIF when I let disagreement ride to keep peace?

DISAPPOINT (1)

How does my mask frustrate, disappoint or annoy other_people?

DISAPPOINTED (3)

A time when I felt disappointed
What am I most disappointed with in myself? HDIFAT?
What am I most disappointed with in our_relationship? HDIFAT?

DISAPPOINTMENT (2)

A time when I experienced a big disappointment
HDIF when I consider that pain and disappointment are just part of life?

DISAPPOINTMENTS(1)

What disappointments have I kept to myself? HDIFAT?

DISARMAMENT (1)

HDIF about nuclear disarmament?

DISCIPLES (1)

What does it cost us as_a_couple to be Jesus' disciples?

DISCIPLINE (7)

HDIF when I discipline our_children?
HDIF when I have to discipline our_children?
On differences in the way we discipline our_children
On those occasions when I criticize how you discipline our_children
On those occasions when I discipline our_children
On those occasions when you criticize how I discipline our_children
On those occasions when you discipline our_children

DISCIPLINED (1)

HDIF hugging our son or daughter after I have disciplined them?

DISCIPLINING (2)

On disciplining our_children in a public place
What is my listening pattern when we talk about disciplining our_children?

DISCOVER (5)

HDIF when I discover the assumptions I made about you are not true?
HDIF when I discover there is almost no gas left in the tank?
How can I help_you discover options to satisfy your needs?
How can I help_you discover ways to satisfy your needs?
How does dialoguing on our emotions / feelings help us discover our needs?

DISCOVERED (3)

Something new I have discovered about you is ...
What new awarenesses have I discovered in you this past week?
What quality of yours have I discovered in our_sexual_relationship?

DISCOVERING (4)

Am I discovering more about me because of our_relationship? HDIFAT?
Do I want your help in discovering what my real needs are?
HDIF plunging in to a job, discovering what's necessary as I go?
How would I feel discovering that you are hurting right_now?

DISCOVERY (1)

On the most important discovery I made about you on our_weekend or after

DISCUSS (4)

HDIF when I discuss politics with someone whose views are opposite of mine?
The issues I cannot discuss with you are HDIFAT?
What is the area I least want to discuss with you?
What is the most important topic for us to discuss today and HDIFAT?

DISCUSSING (5)

HDIF about discussing our sexual life?
HDIF about my fears about discussing sex with you?
HDIF when I am not open to discussing our_sexual_relationship?
HDIF when I hear people discussing salaries?
Is there anything about your / my job that I avoid discussing with you?

DISCUSSION (1)

After_a_fight: How many times have we had this discussion? HDIFAT?

DISGUSTED (1)

A time when I felt disgusted

DISHES (1)

HDIF when we wash dishes together?

DISILLUSIONED (1)

Am I becoming more disillusioned or less disillusioned about us? HDIFAT?

DISILLUSIONMENT(3)

HDI behave when I am experiencing disillusionment about us?

HDI behave when I am experiencing pain or disillusionment in our_marriage?

What possession is most likely to bring us into disillusionment?

DISLIKE (4)

I like / dislike fixing breakfast because ...

What do I dislike most about myself when I fight with you?

What faults do I dislike most about myself? HDIFAT?

What foods do I dislike the most?

DISPUTE (1)

HDIF when a little dispute threatens a long friendship?

DISTANCE (1)

What are my reasons for keeping my distance? HDIFAT?

DISTANT (2)

Am I comfortable allowing barriers / obstacles to keep us distant?

How are we growing closer (or becoming more distant) as_a_couple?

DISTORT (1)

When and where do I distort things by denial, excuses or pretending? HDIFAT?

DISTRACTION (1)

On my greatest distraction while listening to you

DISTRACTS (1)

What distracts me when I try to listen to you and HDIFAT?

DISTURB (1)

Our dog's barking is going to disturb the neighbors? HDIFAT?

DIVORCE (1)

HDIF about the divorce rate in our community?

DIVORCED (6)

A good friend just got divorced. HDIFAT?

HDIF about my divorced / separated neighbors and friends?

HDIF about my divorced neighbors and friends?

HDIF when I hear that friends of ours are getting divorced?

HDIF when I hear that friends of ours are separating / getting divorced?

When a couple we know gets divorced, I feel ...

DOCTORS (1)

HDIF when doctors try to take control of my life?

DOCUMENTS (1)

HDIF about the fine print in legal documents?

DOG (3)

HDIF about having a dog?

If I hit and killed a dog, would I notify the owner? HDIFAT?

The neighborhood dog is ruining our bushes. HDIFAT?

DOG'S (1)

Our dog's barking is going to disturb the neighbors? HDIFAT?

DOING (16)

Am I comfortable doing things at the last minute or is it hard on my nerves?

Am I doing better learning to accept you as you are?

Am I doing enough of what makes me happy? HDIFAT?

HDIF about doing Scripture Dialogue?

HDIF about doing something I have never done before?

HDIF when I stop doing something I want to do because other_people are watching?

If I did not need money, what would I be doing today? HDIFAT?

On doing crazy things together

The work I am doing now is ...

What am I doing to promote Christian unity right where I am?

What are we doing to enrich our parish / church?

What have I dreamed of doing for a long time? HDIFAT?

What is the one thing in life I have not done that I regret not doing? HDIFAT?

What keeps me from doing something about things that hurt me? HDIFAT?

What romantic thing do you do for me that I hope you never stop doing?

What would I like us to be doing in five years? HDIFAT?

DOLDRUMS (1)

How can I keep the winter doldrums from affecting me and those around me?

DONATE (1)

HDIF after I donate a pint of blood?

DONATION (1)

HDIF when we give a donation to charity?

DONATIONS (1)

HDIF about donations to charity?

DONE (25)

After_a_fight: HDIF now about things I wish I had done or said differently?

After_a_fight: What could I have done to reduce my own suffering? HDIFAT?

After_a_fight: What could I have done to reduce your suffering? HDIFAT?

HDIF about doing something I have never done before?

HDIF making a list of what I need to get done over the weekend?

HDIF when I have done something to make you happy?

HDIF when someone reminds me of all the favors they have done for me?

HDIF when we look back at what we have done for Encounter / Retrouvaille?

If Jesus asked, "What have we done to build the Kingdom?"

Is a daily routine a painful or comfortable way for me to get things done?

Is our involvement with Encounter / Retrouvaille done as_a_couple?

What crazy things have we done in the past month?

What has our dialogue done for my self-image?

What have I done recently to express my commitment to you?

What have I done to help other_people in our_family feel special?

What have I done to help our "little church"?

What have I done to help our parish / church grow in unity?

What have I done to improve our_relationship this month?

What have I done to make you number one today? HDIFAT?

What have I done to show Christ my love for Him?

What have you done recently to express your commitment to me?

What is the nicest thing you have done for me? HDIFAT?

What is the one thing in life I have not done that I regret not doing? HDIFAT?

What is the silliest thing I have ever done in public? HDIFAT?

What would I like to do with you that we have never done before? HDIFAT?

DONOR (2)

HDIF about carrying an organ donor card?

HDIF about your carrying an organ donor card?

DOOR (4)

HDIF greeting you at the door when I / you come home?

HDIF when I hold the door open for you?

HDIF when I open the car door for you?

Joseph and Mary are at our front door. Do we have room?

DOORS (2)

Can I see any new doors opening for us?

HDIF about installing dead-bolt locks on our outside doors?

DOUBLE-EDGED (1)

Is my tongue like a double-edged sword?

DOUBLED (1)

If we doubled our present income, would be any happier?

DOUBT (2)

HDIF when I give you the benefit of the doubt?

What good quality do you see in me that I doubt the most?

DOUBTS (1)

I still have these doubts about us: HDIFAT?

DOWNS (2)

HDIF being with people who do not seem to have emotional ups and downs?

HDIF being with people whose emotional ups and downs are very marked?

DRAIN (1)

HDIF when someone leaves hair plugging the shower drain?

DRAW (1)

How can we use prayer to draw us closer together?

DRAWERS (1)

HDIF about cleaning out the drawers that contain my stuff?

DRAWING (1)

Our separate interests are drawing us apart. HDIFAT?

DRAWN (3)

After_a_fight: At what specific point did I get drawn in? HDIFAT?

HDIF as the winning lottery numbers are being drawn?
Have we drawn closer or drawn apart this_week?

DREAM (8)

I have a dream. HDIF when other_people are skeptical?
On my fondest dream for you since our_weekend
On taking a dream vacation
What is my "impossible dream" for us?
What is my wildest dream for us and HDIFAT?
What lifetime dream am I still trying to realize? HDIFAT?
What steps can we take to make our "impossible dream" a reality?
Which pressure in me is most affecting my dream for us today?

DREAMED (2)

HDIF when I know you are more than I dreamed?
What have I dreamed of doing for a long time? HDIFAT?

DREAMS (4)

On my hopes and dreams for our_children
What are my dreams for us as a dialoguing couple? HDIFAT?
What dreams do I have for our next year?
When God made me, what were His dreams for me?

DRIFT (1)

Am I more likely to stay in a rut or drift from thing to thing? HDIFAT?

DRINK (3)

HDIF about having a drink with friends?
HDIF about having a drink?
HDIF when I fix you a drink?

DRINKING (2)

HDIF about drinking champagne with you?
I just realize the driver of the car has been drinking? HDIFAT?

DRIVE (6)

Do I ever take the scenic route when I drive? HDIFAT?
HDIF about letting a relative drive our car?
HDIF about letting our teenager drive our car?
HDIF when I have to drive the car in dangerous weather?
HDIF when I take you for a drive?
On taking a drive to see the beautiful fall foliage

DRIVER (1)

I just realize the driver of the car has been drinking? HDIFAT?

DRIVING (4)

HDIF about driving inexpensive cars?
HDIF driving home from a meeting of our follow-up or support group?
On frustration as bringing us together or driving us apart
The driving force behind my life is ...

DROP (3)

HDIF when my / your parents drop by unexpectedly?
HDIF when our_children drop by unexpectedly?
How can I drop the conditions I put on my love for you?

DROPPED (1)

If Christ dropped in to visit today, would He feel at home?

DROPS (1)

HDIF when someone drops in unexpectedly?

DRUGS (4)

Do I use alcohol or drugs to relax or alleviate pressure? HDIFAT?
HDIF about our friends who abuse drugs or alcohol?
On pain-killers that I use (alcohol, drugs, hobbies, TV, etc.)
Our children are tempted by alcohol, drugs, sexuality. HDIFAT?

DUCK (1)

When do I duck the responsibility for making decisions and HDIFAT?

DUCKING (1)

After_a_fight: When did I feel most like ducking out?

DULCINEA (1)

How can I make you Dulcinea?

DUMP (3)

HDIF when I dump on you?
HDIF when you dump on me?
HDIF when you use your dialogue letter to dump on me?

DUMPING (1)

On dumping on each_other

DURING (37)

Do I sense God's presence in our_relationship during intercourse?
During the follow-up period, have I changed more or have you? HDIFAT?
HDIF about telling you what enhances or reduces my pleasure during lovemaking?

HDIF about the people who prayed for us during our_weekend?
HDIF about the times when I deliberately hurt you during a fight?
HDIF about watching TV during meal time?
HDIF holding hands during mass / church?
HDIF when I have the urge to call you during the day, but do not?
HDIF when I stand at attention during the national anthem?
HDIF when I think about having a baby during our middle years?
HDIF when we are close during and after our dialogue?
HDIF when we laugh during lovemaking?
HDIF when you call during the day just to say hello?
How did I feel on Sunday morning during the 90/90?
How has our non-verbal dialogue improved during the follow-up period?
How has our_relationship changed during the follow-up period?
On being with family during the holidays
On spending money during the holidays
On the room we occupied during our_weekend
One thing I missed during my childhood was ... HDIFAT today
Sometimes failure makes me want to give up. HDIF during those times?
Sometimes failure makes me want to try harder. HDIF during those times?
The phone rings during dinner. HDIFAT?
What am I afraid to say to you during our_lovemaking? HDIFAT?
What are the strongest emotions / feelings I had during our times of trouble?
What changes have I made during the follow-up period?
What do I think our dialogue did for us on our_weekend? During follow-up?
What effect did dialogue have on us during our_weekend?
What effect did dialogue have on us during the follow-up period?
What helped me be open to change during the follow-up period?
What is the greatest pressure affecting me during the follow-up period?
What sounds please me most during lovemaking?
What specifically do you do to me during sex that I enjoy most? HDIFAT?
What touches please me most during lovemaking?
What words please me most during lovemaking?
What would I like to accomplish during this time of Lent?
When during our_weekend or afterward did I really begin to listen to you?

DUTY (1)

I am summoned to jury duty. HDIFAT?

DYING (10)

HDIF about Christ dying for me?
HDIF about being with someone who is dying?
HDIF about dying today?
HDIF when I think of one of our_children dying?
HDIF when I think of you dying?
On "Dying you destroyed our death, rising You restored our_life"
Our garden is dying and we need the food. HDIFAT?
What are my thoughts when I think of you dying?
What is the closest I have ever come to dying? HDIFAT?
When I think about dying today, HDIF about our past week together?

EACH_OTHER (62)

Are we good for each_other? HDIFAT?
Can we listen better to each_other?
Do our_children enjoy our attention to each_other?
Do our_children enjoy our desire for each_other?
Do we share our faith in each_other?
Do we spend our spare time on our_home rather than with each_other?
Do we still court each_other?
HDI think we can be more involved with each_other?
HDIF about us having the power to heal each_other?
HDIF about us when other_people notice how much we love each_other?
HDIF hearing Jesus say, "Love each_other as I have loved you?"
HDIF knowing we have experienced God through each_other?
HDIF when I hear "love each_other"?"
HDIF when I hear Jesus' words, "Love each_other as I have loved you"?"
HDIF when I think about some of the crazy things we did for each_other?
HDIF when I think about us marrying each_other each day?
HDIF when our daily routines do not allow us time for each_other?
HDIF when our_children compete against each_other?
HDIF when we are aware of using our forgiving power to heal each_other?
HDIF when we are aware of using our power to heal each_other?
HDIF when we are striving to be open and honest with each_other?
HDIF when we are submissive to each_other?
HDIF when we are too tired for each_other?
HDIF when we criticize each_other?
HDIF when we do not have time for each_other?
HDIF when we heal each_other in dialogue?
HDIF when we offer each_other "the Peace of Christ" at mass?
HDIF when we use the grace of healing to forgive each_other?
How do other_people experience our lack of sexual desire for each_other?
How do other_people experience our sexual desire for each_other?
How do we share our faith with each_other?
How do we, as_a_couple, bring peace to each_other?

How does God's_love for us enable us to forgive each_other?
 How has our dialogue helped us grow closer to each_other?
 How is our day when we are not sexually involved with each_other?
 How much do we touch each_other now and HDIFAT?
 How well suited are we to each_other? HDIFAT?
 In what ways do we compete with each_other? HDIFAT?
 Is or love for each_other stronger now than it used to be?
 Is our_love for each_other greater today than yesterday?
 Is our_love for each_other stronger today than yesterday?
 On being more in touch with our_love for each_other since our_weekend
 On dumping on each_other
 On having the ability to forgive each_other
 On having the grace from God to heal each_other
 On hugging each_other in public
 Our dialogue can be a way we say "yes" to each_other. HDIFAT?
 Our dialogue is our recurring "yes" to each_other. HDIFAT?
 Our love for each_other is a reflection of God's_love for us. HDIFAT?
 We are committed to each_other for the rest of our_lives. HDIFAT?
 We had many hopes for each_other on our wedding day. HDIFAT today?
 We have committed ourselves to loving each_other for a lifetime. HDIFAT?
 We tend to compete against each_other in HDIFAT?
 What are my thoughts about having the power to heal each_other?
 What emotions / feelings do I have when we disagree with each_other?
 What happens to me / us when we are accepting of each_other?
 What happens to me / us when we are not accepting of each_other?
 What happens when we are able to reveal all of ourselves to each_other?
 What is the greatest gift we can give to each_other this Christmas?
 What was the last significant healing we had with each_other?
 When we hold hands, what are we saying to each_other?
 Why did we marry each_other and HDIFAT?

EACH_OTHER'S (1)
 HDIF when we are in each_other's arms after we make_love?

EAGER (1)
 Who would we be eager to tell if child chose to enter religious life?

EARLIER (1)
 I really wish I had started ... earlier in life. HDIFAT?

EARLIEST (2)
 What is my earliest memory of death in my childhood? How did I feel?
 What is my earliest memory of you? HDIF remembering it now?

EARLY (3)
 HDIF about arriving early for parties?
 HDIF about people who arrive for work early?
 HDIF when you fall asleep early in the evening?

EARNED (2)
 HDIF about asking for a raise when I know I've earned it?
 How did I feel when I earned my first pay check?

EASIER (4)
 After_a_fight: Was there an easier way? HDIFAT?
 How can I make it easier to say "forgive me"?
 Is my burden easier when I share it with Christ?
 What can I do to make it easier for you to confide in me?

EASIEST (2)
 What methods do I find easiest to use in describing my emotions?
 Which of the beatitudes do I find it easiest and which hardest to live?

EASILY (4)
 Can I talk easily to people for as long as necessary? HDIFAT?
 Do I accept compliments easily? HDIFAT?
 HDIF being around people who easily irritated?
 HDIF being around people who never laugh? Who laugh easily?

EASTER (10)
 Do I have Easter in my heart?
 Does Easter mean more to me than colored eggs?
 HDIF about my spiritual growth this Easter / Lent?
 HDIF about my spiritual growth this Easter?
 HDIF about our spiritual growth this Easter?
 How can we plan for a memorable Easter?
 How was Easter special for us this year?
 On our celebration of Easter
 What is the meaning of Easter to me?
 What memories of Easter do I cherish most?

EASY (5)
 Am I easy or hard to get to know? HDIFAT?
 I find it easy to listen to you when ...
 Is it easy for me to accept help when I need it? HDIFAT?
 Is it easy for us to agree on decisions? HDIFAT?
 What methods do I find easy to use in describing my emotions / feelings?

EAT (6)
 "Do not worry about your life and what you are to eat or wear." HDIFAT?
 "Take and eat, this is my body." HDIFAT?
 Do I eat in response to my emotions / feelings?
 Do I eat regular, well-balanced meals? HDIFAT?
 HDIF when I am hungry but cannot / do not take time to eat?
 HDIF when I eat with someone who is on a diet?

EATEN (2)
 It is supper time and I have eaten too much. HDIFAT?
 It's supper time and I have eaten more than I should. HDIFAT?

EATING (5)
 HDIF about our eating habits?
 HDIF about switching to low fat milk? Using less salt? Eating less red meat?
 On eating breakfast in bed
 On eating by candlelight
 On eating out on holidays

EATS (1)
 HDIF when someone eats the last cookie?

ECONOMIZE (1)
 What can we do to economize this Christmas?

EFFECT (17)
 After_a_fight: Did I say things just for effect? HDIFAT now?
 Does TV have a negative or positive effect on my life? HDIFAT?
 HDIF when our_marriage has an effect on our_family and friends?
 On the effect my parents' pattern of relationship has on us
 What effect did dialogue have on us during our_weekend?
 What effect did dialogue have on us during the follow-up period?
 What effect does it have on us when my_needs are met?
 What effect does my not listening have on our_relationship?
 What effect does sex with you have on me?
 What effect has my mother had on my life?
 What effect or lack of effect has our sexual desire had on us this_week?
 What has been the effect of your / my job / career on our_relationship?
 What is the effect of our sexual intimacy on me?
 What is the effect of our sexual intimacy on other_people?
 What is the effect of our sexual intimacy on our_children?
 What is the effect of our sexual intimacy on us as_a_couple?
 What is the most significant effect of our_weekend or follow-up sessions?

EFFECTIVE (1)
 What is the most effective way to communicate forgiveness?

EFFECTIVELY (4)
 HDIF when I realize I am not coping effectively with stress?
 HDIF when I realize you are not coping effectively with stress?
 What can I do for you to help_you cope more effectively with stress?
 What can you do for me to help_me cope more effectively with stress?

EFFECTS (1)
 What are the negative effects my mask has on me?

EFFICIENCY (1)
 In group tasks, DIF better when cooperation is high or efficiency is high?

EFFORT (1)
 HDIF today about all the effort it takes to prepare for Christmas?

EFFORTS (1)
 HDIF about our efforts to share the Good News?

EGGS (1)
 Does Easter mean more to me than colored eggs?

ELEMENT (1)
 Does the element of time cause me stress?

ELEVATOR (1)
 HDIF when I am standing in a packed elevator?

ELSEWHERE (4)
 Am I filling my_needs for love in our_relationship or elsewhere?
 Am I filling my_needs for self-worth in our_relationship or elsewhere?
 Am I mostly filling my_needs for love in our_relationship or elsewhere?
 Am I mostly filling my_needs for self-worth in our_relationship or elsewhere?

EMBARRASS (1)
 When your actions embarrass me, I feel ...

EMBARRASSED (2)
 A time when I felt embarrassed
 When I feel embarrassed, what is the best thing someone can do for me?

EMBARRASSING (2)

What is the most embarrassing situation I have been in? HDIFAT?
When I am caught in an embarrassing spot, I usually ...

EMBARRASSMENT (1)

Do I hide my pride or tenderness or fear of embarrassment?

EMBRACING (1)

What Modern World value am I embracing right_now?

EMERGENCIES (2)

How do I react to the emergencies that come up in my daily life?
In the little emergencies of everyday life, I tend to ...

EMOTION (29)

Are there times when I should not reveal a negative emotion / feeling to you?
HDIF when I am trying to describe an emotion / feeling of mine to you?
HDIF when I am trying to describe an emotion of mine to you?
HDIF when I reveal an emotion / feeling that is difficult to share with you?
HDIF when I reveal an emotion that is difficult to share with you?
HDIF when you ask me to describe my emotion?
HDIF when you describe an emotion / feeling to me in a way I cannot relate to?
HDIF when you describe an emotion to me in a way I cannot relate to?
Is there ever a time when I should not reveal a negative emotion to you?
On my strongest emotion / feeling about you today
On my strongest emotion about you today
What emotion / feeling did I have today that I most want to share with you?
What emotion / feeling did I have today that I want to share with you?
What emotion / feeling do I find most difficult to reveal to you?
What emotion / feeling does Jesus' death on the cross stir in me?
What is my strongest emotion / feeling about money?
What is my strongest emotion / feeling today?
What is my strongest emotion about money?
What is my strongest emotion today?
What is the most difficult emotion / feeling I have shared with you recently?
What is the most difficult emotion I have had to share with you recently?
What thought or emotion did I have today that I want to share with you?
What was my strongest emotion / feeling today?
What was my strongest emotion today?
When has expressing emotion / feeling strengthened our_marriage?
When has expressing emotion strengthened our_marriage?
When have I felt a negative emotion in response to physical affection?
When recently have I shared an emotion / feeling that I did not want to have?
When recently have I shared an emotion that I did not want to have?

EMOTIONAL (6)

After_a_fight: On the surface, am I logical or emotional? HDIF deep inside?
Do we give and get enough emotional support?
HDIF about sharing my emotional life with you?
HDIF being with people who do not seem to have emotional ups and downs?
HDIF being with people whose emotional ups and downs are very marked?
What smells have an emotional association for me? HDIF at those times?

EMOTIONS (79)

Am I open to the emotions / feelings you experience when under stress?
Are there any emotions / feelings I consider to be wrong to have?
Do I always reveal my true emotions / feelings?
Do I consider your emotions / feelings in making decisions that affect you?
Do I eat in response to my emotions / feelings?
Do I express my emotions / feelings spontaneously?
Do I have any recurring negative emotions / feelings? HDIFAT pattern?
Do I really believe that emotions / feelings are neither right nor wrong?
Do I think you show enough interest in my emotions / feelings? HDIFAT?
Do I try to control or hide my emotions / feelings?
Do I try to control your emotions / feelings?
Do I try to decide which emotions / feelings are OK to admit having?
Does my laughter communicate any emotions / feelings? Describe them.
HDIF about revealing my negative emotions / feelings?
HDIF about sharing my emotions / feelings from the past?
HDIF about writing about my emotions / feelings?
HDIF about your emotions / feelings last night?
HDIF knowing my emotions / feelings express who I am?
HDIF knowing your emotions / feelings express who you are?
HDIF when I am hoping you keep your emotions / feelings to yourself?
HDIF when I consciously put aside my emotions / feelings and reach_out to you?
HDIF when I decide to trust you with my emotions / feelings?
HDIF when I do not trust you with my emotions / feelings?
HDIF when I find myself wishing you would keep your emotions to yourself?
HDIF when I judge (rather than accept) your emotions / feelings?
HDIF when I judge or reject your emotions / feelings?
HDIF when I keep my_needs and emotions / feelings from you?
HDIF when I let my emotions / feelings get the better of me?
HDIF when I quarrel or judge or reject your emotions?
HDIF when I realize I am responsible for my emotions / feelings, not you?
HDIF when I reveal my innermost emotions / feelings to you?
HDIF when I stop trying to figure out your emotions / feelings?

HDIF when I think you have judged or rejected my emotions / feelings?
HDIF when I think you have quarreled, judged, or rejected my emotions?
HDIF when our dialogue goes beyond our emotions to address our needs?
HDIF when you accept my emotions / feelings?
HDIF when you do not reveal your emotions / feelings?
HDIF when you help_me identify my emotions / feelings?
HDIF when you really try to reach_out and accept my emotions / feelings?
HDIF when you seem to be rejecting my emotions / feelings?
How can I help_you express your emotions / feelings?
How can I reveal my emotions / feelings to you outside dialogue?
How do I control or deny my emotions / feelings? Why?
How does dialoguing on our emotions / feelings help us discover our needs?
How does the weather affect my emotions / feelings?
In what area(s) do I most admire or respect your emotions / feelings?
On being responsible for my emotions / feelings
On deciding to love when there are no loving emotions / feelings
Star bright nights stir emotions / feelings in me of ...
Thoughts of retirement days bring emotions / feelings of ...
What are the strongest emotions / feelings I had during our times of trouble?
What emotions / feelings about God do I find most difficult to share?
What emotions / feelings about sex do I find most difficult to reveal to you?
What emotions / feelings do I find most difficult to accept in myself?
What emotions / feelings do I have about children?
What emotions / feelings do I have about past Christmases (as a child)?
What emotions / feelings do I have being in mass / church with you?
What emotions / feelings do I have knowing we are growing old together?
What emotions / feelings do I have the most trouble expressing?
What emotions / feelings do I have when we disagree with each_other?
What emotions / feelings do I most like to share?
What emotions / feelings have I kept hidden from you lately?
What gets in the way of my enjoyment of positive emotions / feelings? HDIFAT?
What happens when I let emotions / feelings take control over me?
What methods do I find easiest to use in describing my emotions?
What methods do I find easy to use in describing my emotions / feelings?
What methods do I find hard to use in describing my emotions / feelings?
What methods do I find most difficult to use in describing my emotions?
What negative emotions / feelings do I experience most frequently?
What were my emotions / feelings on Friday night of our_weekend?
What were my emotions / feelings on Sunday night of our_weekend?
When do I nail down the lid on my emotions / feelings?
When in the past week did I not believe my emotions were OK to have?
When in the past week did I not believe your emotions were OK to have?
When in the past week did I think my emotions / feelings were wrong to have?
When in the past week did I think your emotions / feelings were wrong to have?
When making an important decision, HDIF about ignoring my emotions / feelings?
When making an important decision, HDIF about trusting my emotions / feelings?
When someone expresses tender emotions to me, I feel ... and I tend to ...

EMPTY (3)

Am I guilty of empty or insincere affirmation?
Am I sometimes guilty of empty or insincere affirmation? HDIFAT?
When our calendar is empty, I feel ...

ENABLE (1)

How does God's_love for us enable us to forgive each_other?

ENCOUNTER (25)

Are we too involved or do we lack involvement in Encounter / Retrouvaille?
Do I support the structure of Encounter / Retrouvaille?
HDIF about our activities in Encounter / Retrouvaille?
HDIF about our_children needing Encounter / Retrouvaille someday?
HDIF about supporting our Encounter / Retrouvaille community?
HDIF about supporting the Encounter / Retrouvaille program?
HDIF about the reactions of our friends to our Encounter / Retrouvaille?
HDIF about the reactions of our relatives to our Encounter / Retrouvaille?
HDIF being with friends we knew before Encounter / Retrouvaille?
HDIF when I see an Encounter / Retrouvaille sticker on another car?
HDIF when our Encounter / Retrouvaille "jobs" keep us from being close?
HDIF when our Encounter / Retrouvaille "jobs" keep us from being lovers?
HDIF when we look back at what we have done for Encounter / Retrouvaille?
How can we share our Encounter / Retrouvaille experiences with non-Christians?
How has our_family benefitted from our experience in Encounter / Retrouvaille?
How is our community helped by our activity in Encounter / Retrouvaille?
In what specific ways am I hopeful for Encounter / Retrouvaille?
Is our involvement with Encounter / Retrouvaille done as_a_couple?
On telling relatives about Encounter / Retrouvaille
To what degree am I living what Encounter / Retrouvaille teaches us?
What has Encounter / Retrouvaille meant to me?
What has our involvement in Encounter / Retrouvaille meant to me?
When was the last_time we mentioned Encounter / Retrouvaille to a couple?
When we talk about Encounter / Retrouvaille, some reject us. HDIFAT?
Who should we pass the gift of Encounter / Retrouvaille on to?

ENCOURAGING (3)

Are we as parents encouraging Christian values in our_home?

HDIF about encouraging our older children to take a part-time job?
HDIF about encouraging our_children to participate in sports?

END (6)

After_a_fight: Do our fights at least end the "cold war" between_us?
Do I see death as an end of our_relationship, our_love?
HDIF about relying on the extra speed I develop at the end of a job?
HDIF about seeing you at the end of our day apart?
HDIF about the way you greet me at the end of the day?
How did I feel at the end of our_weekend?

ENDING (1)

HDIF ending my day lying in bed next to you?

ENDS (2)

How are we supporting couples after the follow-up period ends?
On my having to work overtime to make ends meet

ENERGY (2)

Do I use caffeine to boost my energy level? HDIFAT?
HDIF when a person answers the phone with enthusiasm and energy?

ENGAGE (3)

HDIF when I engage in self-pity?
HDIF when I swear at you or engage in name-calling?
HDIF when you swear at me or engage in name-calling?

ENGLISH (1)

HDIF when I am with someone who does not speak English?

ENHANCE (4)

How does our support community enhance our_relationship?
How does our support group enhance our_relationship?
In an average week, what activities work to enhance our_relationship?
Which of our possessions enhance our_relationship?

ENHANCED (2)

Has our prayer life enhanced our_relationship?
How has our dialogue enhanced our_lovemaking?

ENHANCES (1)

HDIF about telling you what enhances or reduces my pleasure during lovemaking?

ENJOY (18)

Do I enjoy being seen nude by you? HDIFAT?
Do I enjoy ethnic festivals or to I feel threatened by them?
Do our_children enjoy our attention to each_other?
Do our_children enjoy our desire for each_other?
HDIF about buying a convertible for us to enjoy together?
HDIF when I have the opportunity to be alone, to enjoy some solitude?
I enjoy listening to you talk about ...
I enjoy our_sexual_relationship most when ...
I really enjoy hearing you talk about ...
What did I enjoy most about last week?
What did I enjoy most about our vacation?
What do I enjoy about our_relationship right_now?
What do I enjoy most about having your arm around me?
What is my plan to help_you enjoy life on a daily basis?
What specifically do you do to me during sex that I enjoy most? HDIFAT?
When I am at a party, HDIF about leaving other_people alone to enjoy themselves?
When do I most enjoy being with you?
Which do I enjoy more, spending or saving? HDIFAT?

ENJOYABLE (1)

HDIF about my sacrifices to make the family meal enjoyable?

ENJOYED (1)

What have I enjoyed most in the challenge to dialogue?

ENJOYING (1)

DIF better enjoying the present or anticipating what lies just ahead?

ENJOYMENT (2)

What gets in the way of my enjoyment of positive emotions / feelings? HDIFAT?
Where do I get most of my enjoyment from TV?

ENOUGH (20)

After_a_fight: Am I taking your pain seriously enough? HDIFAT?
Am I doing enough of what makes me happy? HDIFAT?
Am I getting enough sleep? HDIFAT?
Am I sensitive enough to you when your needs differ from mine?
Can I begin to love myself enough to forgive my past mistakes?
Do I get enough sleep? HDIFAT?
Do I spend enough time with friends and relatives? HDIFAT?
Do I take enough time to pray routinely?

Do I think we have enough money?

Do I think you show enough interest in my emotions / feelings? HDIFAT?
Do I trust in the Lord enough to step out of the boat?
Do we give and get enough emotional support?
Do we have enough "together time" to build a close relationship? HDIFAT?
Do we have make_love often enough? HDIFAT?
Do we sacrifice enough?
HDIF when there is not enough money to pay the bills?
HDIF when there is not enough time for us?
On not appreciating you enough
On not having enough money
We make_love enough or not enough? HDIFAT?

ENRAGED (1)

A time when I felt enraged

ENRICH (1)

What are we doing to enrich our parish / church?

ENTAIL (1)

HDIF about living our sacrament and what does this entail?

ENTER (2)

How would I feel if one of our_children would want to enter the ministry?
Who would we be eager to tell if child chose to enter religious life?

ENTERING (1)

HDIF when our_children ask me to knock before entering their rooms?

ENTERS (1)

HDIF when a couple enters the program / weekend because of our example?

ENTERTAIN (2)

HDIF when I get a chance to entertain children with knock-knock jokes?
HDIF when we entertain friends at home?

ENTERTAINMENT (1)

Do I depend on the TV for entertainment? HDIFAT?

ENTHUSIASM (2)

HDIF being with people who keep their enthusiasm under control?
HDIF when a person answers the phone with enthusiasm and energy?

ENTHUSIASTIC (3)

Do I get more enthusiastic about things than the average person does?
I want to be enthusiastic about life but ...
When I sing Alleluia, am I enthusiastic?

ENTIRE (1)

On spending an entire day communicating only with non-verbals

ENTRAPMENT (1)

Do I depend on your resistance to avoid entrapment in a deeper relationship?

ENVIIOUS (1)

A time when I felt envious

ENVIRONMENT (1)

What environment is best for listening and HDIFAT?

EPHESIANS (1)

Pray Ephesians 5:21-32 together. HDIFAT?

EQUAL (2)

Do I give each family member equal time, or do I favor one over another?
In what area(s) are we equal partners in decision making?

ERASE (1)

If I could erase any moment in our_relationship, which would it be? HDIFAT?

ERRANDS (1)

On running errands

ESCAPE (2)

On wanting to escape and be by myself
What would be the perfect escape weekend?

ESPECIALLY (3)

HDIF when I am unable to stop laughing, especially at an inappropriate time?
On the side of me I least like people (especially you) to see
What piece of music is especially meaningful to me?

ETERNITY (2)

HDIF about eternity?
In what ways can we prepare ourselves for eternity?

ETHNIC (6)

Do I enjoy ethnic festivals or to I feel threatened by them?
 HDIF about ethnic jokes in general?
 HDIF about keeping ethnic traditions alive in our_family?
 HDIF about your ethnic background?
 HDIF when one of us is the subject of an ethnic joke?
 How does our ethnic background affect our_relationship?

EUCCHARIST (4)
 Eucharist is a family reunion. HDIFAT?
 HDIF about receiving the Eucharist with you?
 HDIF when we receive the Eucharist together?
 How is the gift of the Eucharist special in our_lives?

EUCCHARISTIC (1)
 What difference does the Eucharistic celebration make in my life?

EVE (3)
 HDIF about Christmas Eve?
 HDIF about caroling on Christmas Eve?
 HDIF thinking about kissing you at midnight New Year's Eve?

EVEN (6)
 Do I sometimes like to provoke fights even if I do not start them?
 Do I sometimes provoke fights even if I do not start them?
 HDIF about apologizing even when I am not convinced I am wrong?
 HDIF when I go ahead and make_love even when I do not want to?
 HDIF when you go ahead and make_love even when you do not want to?
 What one specific thing would make our_lovemaking even more beautiful?

EVENING (11)
 Describe my idea of a perfect romantic evening, start to finish? HDIFAT?
 HDIF about going out alone in the evening?
 HDIF about going out with you in the evening?
 HDIF about lovemaking in the evening?
 HDIF planning a romantic evening with you?
 HDIF when we can spend a quiet evening together?
 HDIF when we spend an evening alone together?
 HDIF when you fall asleep early in the evening?
 On having a romantic evening with you
 On my idea of a romantic evening
 On spending an evening alone

EVENT (2)
 HDIF about sacrificing financially to attend an event for married couples?
 What specific event in my past has most affected my sexuality? HDIFAT?

EVENTUALLY (1)
 Persons with strong values will eventually have strong conflicts. HDIFAT?

EVERYBODY'S (1)
 When a breakdown or mix-up stops everybody's work, my first reaction is to ...

EVERYDAY (1)
 In the little emergencies of everyday life, I tend to ...

EVIDENCE (2)
 What evidence do I have in my life that dialogue is important?
 What evidence do you have in your life that regular dialogue is important?

EVIL (1)
 How can I stop evil from happening?

EXACTLY (2)
 HDIF when people say exactly what they mean?
 HDIF when something works out exactly as I planned?

EXAGGERATIONS (1)
 After_a_fight: Did I use exaggerations or absolutes? HDIFAT now?

EXAMINE (2)
 Am I reluctant to examine our_relationship for problems?
 Am I reluctant to examine our_relationship?

EXAMPLE (5)
 HDIF about the example we are setting for other couples?
 HDIF when a couple enters the program / weekend because of our example?
 Have we been an example of a happily married couple this_week?
 Have we been an example of a working marriage this_week?
 What priest / minister in my life has been an example for me?

EXASPERATED (2)
 A time when I felt exasperated
 After_a_fight: When did I feel most exasperated?

EXCEED (1)
 HDIF when I exceed my limits, undertaking more than I can handle?

EXCEL (2)
 HDIF when you excel at something I thought I was rather good at?
 Was I pushed to excel when I was young? HDIFAT?

EXCELS (1)
 HDIF when one of our_children excels and the others do not?

EXCITED (1)
 HDIF when I am too excited to sleep?

EXCITES (1)
 What excites me most about you?

EXCITING (5)
 What part of my body do I judge to be sexually exciting to you? HDIFAT?
 What part of your body is most exciting to me?
 What part of your body is most sexually exciting to me? HDIFAT?
 What part of your body is sexually exciting to me?
 What parts of your body are sexually exciting to me? HDIFAT?

EXCUSES (3)
 After_a_fight: Am I still making excuses for my actions? HDIFAT?
 HDIF about losing? Do I make excuses?
 When and where do I distort things by denial, excuses or pretending? HDIFAT?

EXERCISE (3)
 Do I exercise regularly? HDIFAT?
 HDIF about changing my physical appearance through diet, exercise, cosmetics?
 In what area(s) of our_relationship do I exercise the most control?

EXERCISED (1)
 HDIF after I have exercised my right to vote?

EXHAUSTED (1)
 A time when I felt exhausted

EXHAUSTION (2)
 HDIF when exhaustion keeps us from being lovers?
 HDIF when time and exhaustion keep us from being lovers?

EXISTING (1)
 On expanding our existing values to live God's_plan

EXPANDING (1)
 On expanding our existing values to live God's_plan

EXPECT (8)
 HDIF about being what I am compared to what other_people expect me to be?
 HDIF being around people who demand and expect perfection?
 HDIF when you expect more of me than I am capable of giving right_now?
 On what I expect of God
 Realistically, what do I expect of our_relationship in the future?
 What do I expect from you?
 What do you expect from me that is most difficult to give?
 When other_people expect much from me, I feel ... and I tend to ...

EXPECTATION (1)
 Pick a current problem. What expectation of mine was unmet?

EXPECTATIONS (18)
 Do my expectations of our_children limit my love for them?
 HDIF about my expectations in our_sexual_relationship?
 HDIF as I reflect on the expectations I had on our wedding day for us?
 HDIF when I do not meet your expectations?
 On expectations your family has of us
 On my expectations of my family
 On my expectations of our_sexual_relationship
 On my expectations of your family
 On my family's expectations of us
 On unmet expectations about our_relationship
 On your family's expectations of us
 What are my expectations about our sexual roles?
 What are my expectations for our journey into this New Year?
 What are my expectations of tomorrow?
 What are my expectations of you as husband / wife?
 What are my expectations of you in the area of sex?
 What are my hopes and expectations for the summer?
 What romantic expectations do I have of you?

EXPECTED (1)
 Am I experiencing any fear over some expected injury or loss? Describe it.

EXPECTS (1)
 God expects us to be our brother's keeper. HDIFAT?

EXPENSIVE (2)
 HDIF about buying expensive wine, luggage or watches?

HDIF when our_children ask for expensive things?

EXPERIENCE (38)

Am I open to the emotions / feelings you experience when under stress?
 Do I experience satisfaction in my personal life?
 Do I experience stress as positive or negative?
 HDI respond when I experience your total acceptance of me?
 HDIF about our experience with the Lord this past week?
 HDIF when I experience growth in our_sexual_relationship?
 HDIF when I experience total forgiveness through you?
 HDIF when I experience your total forgiveness?
 HDIF when you can experience some of what I am feeling inside?
 How do other_people experience our lack of sexual desire for each_other?
 How do other_people experience our sexual desire for each_other?
 How do we experience unity?
 How does ... [name a minister] help us to experience God's_love for us?
 How does so-and-so [name someone] help us to experience God's_love for us?
 How has our_family benefitted from our experience in Encounter / Retrouvaille?
 Our sexual experience is 24 hours a day? HDI live this out?
 Was our_weekend just a new experience or was it a new beginning?
 What behavior of yours most lets me experience myself as a man / woman?
 What can I do next week to help people experience more of God's_love?
 What do I think is missing in our experience of lovemaking?
 What does it mean_to_me to experience joy?
 What does it mean_to_me to experience pleasure?
 What experience of "romance" happened today?
 What has the strongest positive influence on my sexual experience?
 What is the role I see myself and you living out in our sexual experience?
 What negative emotions / feelings do I experience most frequently?
 What unmet need did I experience today?
 What was our greatest lovemaking experience? HDIFAT?
 When did we last experience healing in our_marriage? What made it possible?
 When recently did I experience romance in our_relationship?
 When recently did I experience some romance in our_relationship?
 Where in my day to day life do I experience stress? Describe the stress.
 Where in my job do I experience stress? Describe the stress.
 Where in my relationship with God do I experience stress? Describe it.
 Where in our_relationship do I experience stress? Describe the stress.
 Where with our_children do I experience stress? Describe the stress.
 Why is making love mostly a non-verbal experience for us?
 Would I feel better having great opportunity or great experience?

EXPERIENCED (5)

A time when I experienced a big disappointment
 HDIF knowing we have experienced God through each_other?
 HDIF when we meet a couple who has experienced the same weekend and follow-up?
 How have I experienced the grace of healing within our_relationship?
 Where have I experienced the greatest change in attitude? HDIFAT?

EXPERIENCES (3)

HDIF about my experiences in the church?
 HDIF about our experiences in the church?
 How can we share our Encounter / Retrouvaille experiences with non-Christians?

EXPERIENCING (7)

Am I experiencing any anger directed against myself? Describe it.
 Am I experiencing any anger or resentment over being hurt? Describe it.
 Am I experiencing any fear over some expected injury or loss? Describe it.
 Am I experiencing any remorse or guilt for hurting someone else? Describe it.
 Am I experiencing any sadness or hurt over being injured? Describe it.
 HDI behave when I am experiencing disillusionment about us?
 HDI behave when I am experiencing pain or disillusionment in our_marriage?

EXPERIMENT (1)

HDIF when we experiment and make_love in different ways?

EXPERIMENTING (1)

HDIF about experimenting in our_sexual_relationship?

EXPIRED (1)

How would I feel if I fed some stranger's expired parking meter?

EXPLAIN (1)

HDIF when I must explain my actions?

EXPOSE (1)

Can I expose my innermost sexuality to you? HDIFAT?

EXPRESS (11)

Do I express me needs to other_people? HDIFAT?
 Do I express my emotions / feelings spontaneously?
 HDIF knowing my emotions / feelings express who I am?
 HDIF knowing your emotions / feelings express who you are?
 HDIF when I am able to express my physical needs to you in our_lovemaking?
 HDIF when I am not able to express my physical needs in our_lovemaking?
 How can I help_you express your emotions / feelings?

How do I express my anger? HDIF afterward?

Someone ahead of me in the 8 item express checkout has 20 items? HDIFAT?

What have I done recently to express my commitment to you?

What have you done recently to express your commitment to me?

EXPRESSES (2)

Our closest lovemaking expresses in miniature God's_love for us. HDIFAT?
 When someone expresses tender emotions to me, I feel ... and I tend to ...

EXPRESSING (3)

What emotions / feelings do I have the most trouble expressing?
 When has expressing emotion / feeling strengthened our_marriage?
 When has expressing emotion strengthened our_marriage?

EXPRESSION (1)

We are invited to a wedding of another faith expression. HDIFAT?

EXTEND (1)

Does our_lovemaking extend beyond our bedroom?

EXTENDED (3)

HDIF about keeping in touch with my extended family?
 HDIF about members of our extended family?
 How supportive are we of our extended family?

EXTENT (1)

To what extent DIF responsible for our_children's learning?

EXTRA (4)

HDIF about relying on the extra speed I develop at the end of a job?
 HDIF about taking on extra work to advance my career?
 HDIF about taking on extra work to have some luxuries?
 HDIF having an extra day to spend with you this month?

EYE (3)

HDIF about looking the person in the eye when I say "I'm sorry"?
 HDIF looking other_people in the eye?
 HDIF when other_people look me in the eye?

EYES (8)

Do I ever listen to you with my eyes and HDIFAT?
 HDI see myself through your eyes today?
 HDIF about your eyes?
 HDIF when I see "thanks" shining in your eyes?
 HDIF when I tell you that you have pretty eyes?
 Have my eyes been open to seeing the Lord's miracles around me?
 Is our_relationship alive and well in the eyes of other_people?
 What song can bring tears to my eyes? HDIF when I hear it?

FACE (5)

HDI face the world each morning?
 HDIF tracing your face with my fingertips?
 HDIF when I am trying to be strong in the face of difficulty?
 HDIF when we have to face a crisis?
 When I face more stress than I can handle, I tend to ...

FACES (1)

Am I better at remembering names or faces? HDIFAT?

FACING (1)

On facing the bills when there are too many

FACT (1)

On the fact that other_people are reaching out to us

FACTS (1)

Is it more important to see possibilities or adjust to facts? HDIFAT?

FAIL (11)

After_a_fight: Where did I fail to be completely fair to you? HDIFAT now?
 Friends fail to do a favor. HDIFAT?
 Friends fail to do a promised favor. HDIFAT?
 HDI fail as a good listener?
 HDI fail sometimes as a good listener?
 HDIF about the Lord when I sin or fail to measure up?
 HDIF about your reaction when I fail at something?
 HDIF when I fail to accomplish something I set out to do?
 How seriously must I fail before I consider asking for help? HDIF when I ask?
 What defense mechanisms do I use when I fail to please you?
 When I seek your forgiveness and you fail to respond, HDIF?

FAILED (2)

How have we failed to be a sign of love to our people?
 Recently I failed at HDIFAT?

FAILING (1)

How am I failing to live God's_plan for my life?

FAILS (1)

HDIF when one of our_children fails at school?

FAILURE (7)

HDIF about starting over after a reversal or failure?

How has our failure to live God's_plan for our_marriage affected us?

Sometimes failure makes me want to give up. HDIF during those times?

Sometimes failure makes me want to try harder. HDIF during those times?

We mostly live in the middle, between success and failure. HDIFAT?

What does failure do to my self-image? HDIFAT?

When was the last_time I saw myself as a failure?

FAILURES (11)

HDI respond to your failures?

HDIF about family failures?

HDIF about sharing my failures?

HDIF when I am telling you about my failures?

How do I / you respond to my failures?

How do I / you respond to your failures?

How have our past failures helped us to grow?

In what area(s) have we grown because of past failures?

One of my big failures in life is ... HDIFAT?

What changes can I make in my attitude toward my own failures?

What changes would I like you to make in response to my failures?

FAIR (7)

After_a_fight: Where did I fail to be completely fair to you? HDIFAT now?

How would I feel working under someone who is always fair but not so kind?

How would I feel working under someone who is always kind but not so fair?

Life is not fair? HDIFAT?

On fighting fair

Sometimes life is not fair. HDIFAT?

What is my_favorite weapon when I do not fight fair with you?

FAITH (11)

Do I follow the Lord in faith?

Do we share our faith in each_other?

HDIF sharing our faith as_a_couple?

Have we been changed because of God's awesome faith in us as_a_couple?

Have we been changed because of God's faith in our_marriage?

How do we share our faith with each_other?

If I could bring faith and God to one person, who would it be?

We are invited to a wedding of another faith expression. HDIFAT?

What changes do I need to make to make Faith a value?

What did our_weekend and follow-up sessions do for our faith in God?

What is our_relationship with other_people who share our faith?

FALL (8)

Do we fall in patterns of avoidance? HDIFAT?

HDIF about fall weather?

HDIF when fall / winter / spring / summer is approaching?

HDIF when you fall asleep early in the evening?

How does the season (spring, summer, winter, fall) affect me?

On taking a drive to see the beautiful fall foliage

What do I think about when I cannot fall asleep? HDIF at those times?

When have I felt alone this spring / summer / winter / fall?

FALLING (1)

HDIF falling to sleep beside you? Waking up beside you?

FAMILIES (6)

HDIF when we go to visit our families?

On sharing our lifestyle with our families

On those occasions when our families criticize our involvements

On those occasions when our families criticize our lifestyle

We are blessed by the love from our families. HDIFAT?

What changes have I seen in our_children (families) since dialogue?

FAMILY (75)

A family reunion is planned. HDIFAT?

Are family meals together a value?

Are family meals together important to me?

Can we find time for some family prayer?

Do I give each family member equal time, or do I favor one over another?

Do we accept only members of our church / parish family who are like us?

Eucharist is a family reunion. HDIFAT?

HDIF about Natural Family Planning?

HDIF about a family picnic this_weekend?

HDIF about becoming an adoptive family?

HDIF about beginning a family?

HDIF about being a childless family?

HDIF about being part of this family?

HDIF about family celebrations?

HDIF about family failures?

HDIF about family prayer?

HDIF about family reunions?

HDIF about family secrets?

HDIF about keeping in touch with my extended family?

HDIF about members of our extended family?

HDIF about my family name, my family tree, my relatives, my ancestors?

HDIF about my sacrifices to make the family meal enjoyable?

HDIF about starting a family?

HDIF about the size of the family I was born into?

HDIF about the time I spend with my / your family?

HDIF about the time we spend with my / your family?

HDIF about working on a family budget?

HDIF at family gatherings?

HDIF when I consider that no one in the family knows CPR?

HDIF when I know I have upset someone in my family?

HDIF when a member of my family is ill?

HDIF when the whole family sings together?

HDIF when we go through the family album together?

HDIF when we have argued with family members?

HDIF when we work on the family budget together?

Have we inherited any family traditions from our grandparents?

Have we reached out to our parish / church family lately?

Have we shared our_home and family with our pastor / priest / minister?

Holidays are a time for family togetherness. HDIFAT?

How can I show the rest of the family the love I have for them?

How can my family have more unity?

How can our_family gain strength from the Holy Family?

How can we reach_out to a single-parent family?

How involved am I in our parish / church family?

How is our_family relationship similar to the Holy Family?

How supportive are we of our extended family?

How would I feel if someone in the family knew how to perform CPR?

Is family communication a value of mine?

On being with family during the holidays

On expectations your family has of us

On family planning

On my expectations of my family

On my expectations of your family

On my family (parents and siblings)

On my relationship with my family

On my relationship with your family

On planning a family budget with you

On the sacrifices of family members who have served their country

On those occasions when my family makes demands on us

On those occasions when your family makes demands on us

On your family (parents and siblings)

On your relationship with my family

On your relationship with your family

Our parish / church family is planning a dinner. HDIFAT?

Our relationship to my family is ...

Our relationship to your family is ...

What activities are we involved in that cause friction in the family?

What are some of the family incidents our_children will always remember?

What does a family Christmas mean_to_me?

What family Christmas memory will I always remember?

What family memories of spring do I have?

What family values do I most want to pass on?

What family values do we have in common with the Jewish people?

What sacrifices am I making for my family now?

What would be my idea of a good family outing?

FAMILY'S (3)

On my family's expectations of us

On your family's expectations of us

What are my family's favorite springtime activities?

FANTASIES (1)

What sexual fantasies do I have that I would like to reveal to you?

FANTASY (3)

Describe in precise detail my most sensual fantasy? HDIFAT?

What is my greatest sexual fantasy?

What is my_favorite sexual fantasy? Would I like it fulfilled? HDIFAT?

FAR (1)

HDIF when I am far away from you?

FASHION (1)

HDIF about trying new things that are just coming into fashion?

FAST (1)

When things change too fast, I feel ...

FAT (1)

HDIF about switching to low fat milk? Using less salt? Eating less red meat?

FATHER (31)

Am I more like my mother or my father?

Are you more like your mother or father?

Do I see my relationship with the Father as a private one?
 Do we strive to be one as Father, Son and Holy Spirit are one?
 HDIF about Our Father calling us to lead other_people?
 HDIF about accepting our_life together as a gift from Our Father?
 HDIF about my role as a mother / father?
 HDIF about revealing the Father to you?
 HDIF about the influence of my mother / father in my life?
 HDIF when I consider that we are special to Our Father?
 HDIF when I let go the reins and let Our Father decide for us?
 HDIF when I say, "Our Father..."
 HDIF when I think of the Father as always belonging to us?
 HDIF when we go to see your mother / father in the hospital?
 Here is my description of an ideal father:
 How does my attitude toward my / your father affect us?
 How is my father / mother still influencing my life?
 How would I describe you to Our Father?
 In one word, my father is / was ... HDIF about him today?
 In what way does the Father have a stake in our_marriage?
 In what ways does the Father have a stake in our_marriage?
 On my role as a mother / father
 Our dialogue can be a prayer to our Father. HDIFAT?
 Our dialogue is a prayer to our Father. HDIFAT?
 The Father knows me personally and has a plan for my life. HDIFAT?
 What are my thoughts about us being special to Our Father?
 What do I most need to change to be "perfect as the Heavenly Father"?
 What has Our Father given us in the past year?
 What quality do I most admire in your mother / father?
 When DIF closest to my father?
 You are my gift from the Father. HDIFAT?

FATHER'S (1)
 Am I aware of the Father's stake in our_sexual_relationship? HDIFAT?

FAUCET (1)
 HDIF about learning how to fix a leaky faucet or running toilet?

FAULT (2)
 HDIF when I get blamed for something that is my fault?
 HDIF when I get blamed for something that is not my fault?

FAULTS (1)
 What faults do I dislike most about myself? HDIFAT?

FAVOR (7)
 A plant arrived from the florist to thank us for a favor. HDIFAT?
 Do I give each family member equal time, or do I favor one over another?
 Friends fail to do a favor. HDIFAT?
 Friends fail to do a promised favor. HDIFAT?
 HDIF about someone asking me to do them a favor?
 HDIF when I receive a special favor?
 On asking a friend for a favor

FAVORITE (13)
 HDI need to change to make me your favorite person?
 HDI see God reflected through our favorite pastor / priest?
 HDI see God reflected through our favorite priest / minister??
 HDIF about how much money we give to our church or favorite charity?
 HDIF about us when I hear our favorite song?
 HDIF reading your favorite book?
 HDIF when you make me your favorite person?
 My favorite memory of us as_a_couple this year is ...
 On giving a list of dialogue questions to a favorite couple
 On giving a month's worth of dialogue questions to a favorite couple
 What are my family's favorite springtime activities?
 What is my all-time favorite movie? HDIF about renting it for us?
 What is our favorite Christmas memory?

FAVORS (1)
 HDIF when someone reminds me of all the favors they have done for me?

FEAR (19)
 "You cannot hold on to another person out of fear of loss." HDIFAT?
 Am I experiencing any fear over some expected injury or loss? Describe it.
 Do I hide my pride or tenderness or fear of embarrassment?
 HDIF about my fear of intimacy?
 HDIF when I am confronted with (or think of) that which I fear most?
 HDIF when I am confronted with, or think of, that which I fear most?
 How does my / your fear of pregnancy affect our_sexual_relationship?
 How does my / your fear of pregnancy affect us?
 On my biggest fear about our financial situation
 On my fear of intimacy
 The thing I most fear losing is ...
 What fear do I think you keep from me?
 What fear have I not shared with you lately?
 What fear to I keep from you?
 What is my greatest fear about our_children's future?
 What is my greatest fear about war?

What is my greatest fear?
 What was my greatest fear as a child?
 What was my greatest fear as a new bride / groom?

FEARS (3)
 HDIF about my fears about discussing sex with you?
 HDIF when I admit my fears?
 What fears keep me from wanting another child?

FEATURES (1)
 Which of my physical features do I like best_and_least?

FED (1)
 How would I feel if I fed some stranger's expired parking meter?

FEED (1)
 How do we "feed the hungry" of the world?

FEELING (24)
 After_a_fight: Am I still feeling hurt? Describe the pain.
 After_a_fight: What was I feeling / thinking when I was silent?
 Are there times when I should not reveal a negative emotion / feeling to you?
 Can I say "no" without feeling guilty?
 Do I wake up feeling tired?
 HDIF when I am trying to describe an emotion / feeling of mine to you?
 HDIF when I reveal an emotion / feeling that is difficult to share with you?
 HDIF when you can experience some of what I am feeling inside?
 HDIF when you describe an emotion / feeling to me in a way I cannot relate to?
 How would I react if someone called me a person of "real feeling"?
 On feeling sexy
 On my strongest emotion / feeling about you today
 What do I need from you when I am feeling crummy?
 What emotion / feeling did I have today that I most want to share with you?
 What emotion / feeling did I have today that I want to share with you?
 What emotion / feeling do I find most difficult to reveal to you?
 What emotion / feeling does Jesus' death on the cross stir in me?
 What is my strongest emotion / feeling about money?
 What is my strongest emotion / feeling today?
 What is the most difficult emotion / feeling I have shared with you recently?
 What was my strongest emotion / feeling today?
 When I start feeling lonely, I ...
 When has expressing emotion / feeling strengthened our_marriage?
 When recently have I shared an emotion / feeling that I did not want to have?

FEELINGS (74)
 A time when I had hurt feelings
 Am I more careful about people's feelings or people's rights?
 Am I open to the emotions / feelings you experience when under stress?
 Are there any emotions / feelings I consider to be wrong to have?
 Do I always reveal my true emotions / feelings?
 Do I consider your emotions / feelings in making decisions that affect you?
 Do I eat in response to my emotions / feelings?
 Do I express my emotions / feelings spontaneously?
 Do I have any recurring negative emotions / feelings? HDIFAT pattern?
 Do I really believe that emotions / feelings are neither right nor wrong?
 Do I think you show enough interest in my emotions / feelings? HDIFAT?
 Do I try to control or hide my emotions / feelings?
 Do I try to control your emotions / feelings?
 Do I try to decide which emotions / feelings are OK to admit having?
 Does my laughter communicate any emotions / feelings? Describe them.
 HDIF about revealing my negative emotions / feelings?
 HDIF about sharing my emotions / feelings from the past?
 HDIF about writing about my emotions / feelings?
 HDIF about your emotions / feelings last night?
 HDIF knowing my emotions / feelings express who I am?
 HDIF knowing your emotions / feelings express who you are?
 HDIF when I am hoping you keep your emotions / feelings to yourself?
 HDIF when I consciously put aside my emotions / feelings and reach_out to you?
 HDIF when I decide to trust you with my emotions / feelings?
 HDIF when I do not trust you with my emotions / feelings?
 HDIF when I judge (rather than accept) your emotions / feelings?
 HDIF when I judge or reject your emotions / feelings?
 HDIF when I keep my_needs and emotions / feelings from you?
 HDIF when I know that I have hurt your feelings?
 HDIF when I let my emotions / feelings get the better of me?
 HDIF when I realize I am responsible for my emotions / feelings, not you?
 HDIF when I reveal my innermost emotions / feelings to you?
 HDIF when I stop trying to figure out your emotions / feelings?
 HDIF when I think I have hurt your feelings?
 HDIF when I think you have judged or rejected my emotions / feelings?
 HDIF when you accept my emotions / feelings?
 HDIF when you do not reveal your emotions / feelings?
 HDIF when you help_me identify my emotions / feelings?
 HDIF when you really try to reach_out and accept my emotions / feelings?
 HDIF when you seem to be rejecting my emotions / feelings?
 How can I help_you express your emotions / feelings?
 How can I reveal my emotions / feelings to you outside dialogue?

How do I control or deny my emotions / feelings? Why?
 How does dialoguing on our emotions / feelings help us discover our needs?
 How does the weather affect my emotions / feelings?
 In what area(s) do I most admire or respect your emotions / feelings?
 On being responsible for my emotions / feelings
 On deciding to love when there are no loving emotions / feelings
 Star bright nights stir emotions / feelings in me of ...
 Thoughts of retirement days bring emotions / feelings of ...
 What are the strongest emotions / feelings I had during our times of trouble?
 What emotions / feelings about God do I find most difficult to share?
 What emotions / feelings about sex do I find most difficult to reveal to you?
 What emotions / feelings do I find most difficult to accept in myself?
 What emotions / feelings do I have about children?
 What emotions / feelings do I have about past Christmases (as a child)?
 What emotions / feelings do I have being in mass / church with you?
 What emotions / feelings do I have knowing we are growing old together?
 What emotions / feelings do I have the most trouble expressing?
 What emotions / feelings do I have when we disagree with each_other?
 What emotions / feelings do I most like to share?
 What emotions / feelings have I kept hidden from you lately?
 What gets in the way of my enjoyment of positive emotions / feelings? HDIFAT?
 What happens when I let emotions / feelings take control over me?
 What methods do I find easy to use in describing my emotions / feelings?
 What methods do I find hard to use in describing my emotions / feelings?
 What negative emotions / feelings do I experience most frequently?
 What were my emotions / feelings on Friday night of our_weekend?
 What were my emotions / feelings on Sunday night of our_weekend?
 When do I nail down the lid on my emotions / feelings?
 When in the past week did I think my emotions / feelings were wrong to have?
 When in the past week did I think your emotions / feelings were wrong to have?
 When making an important decision, HDIF about ignoring my emotions / feelings?
 When making an important decision, HDIF about trusting my emotions / feelings?

FEET (1)
 HDIF being around people who always have both feet on the ground?

FELT (72)
 A time when I felt abused
 A time when I felt aggressive
 A time when I felt angry
 A time when I felt anxious
 A time when I felt ashamed
 A time when I felt bashful
 A time when I felt bored
 A time when I felt cautious
 A time when I felt concerned
 A time when I felt confident
 A time when I felt confused
 A time when I felt curious
 A time when I felt depressed
 A time when I felt determined
 A time when I felt disappointed
 A time when I felt disgusted
 A time when I felt embarrassed
 A time when I felt enraged
 A time when I felt envious
 A time when I felt exasperated
 A time when I felt exhausted
 A time when I felt frightened
 A time when I felt frustrated
 A time when I felt guilty
 A time when I felt happy
 A time when I felt horrified
 A time when I felt hungover
 A time when I felt hurt
 A time when I felt indifferent
 A time when I felt jealous
 A time when I felt left out
 A time when I felt loaded
 A time when I felt lonely
 A time when I felt mischievous
 A time when I felt miserable
 A time when I felt negative
 A time when I felt optimistic
 A time when I felt paranoid
 A time when I felt perplexed
 A time when I felt pessimistic
 A time when I felt proud
 A time when I felt puzzled
 A time when I felt really upset
 A time when I felt relieved
 A time when I felt sad
 A time when I felt satisfied
 A time when I felt sheepish
 A time when I felt sick

A time when I felt smug
 A time when I felt stubborn
 A time when I felt surprised
 A time when I felt suspicious
 A time when I felt sympathetic
 A time when I felt withdrawn
 A time when I felt worried
 After_a_fight: Did I feel let down at any point? Describe how it felt.
 Have I ever felt guilty after performing a sex act? Be specific. HDIFAT?
 Have I ever felt inadequate sexually?
 Have I ever felt the power of the Holy Spirit?
 Have I ever felt used by you sexually? HDIFAT?
 Have I ever felt used or rejected in sex? HDIFAT?
 I felt closest to you this_week when ...
 I felt proud of you last month when ...
 Last month I felt sad when ...
 The time I felt closest to you this past week was ... ?
 When have I felt a negative emotion in response to physical affection?
 When have I felt alone this spring / summer / winter / fall?
 When have I felt most wanted? HDIFAT?
 When is the last_time I truly felt listened to by you?
 When things piled up on me the worst, I felt ...
 When was the last_time I felt complete inner peace?
 When was the last_time I felt very close to Jesus?

FEMININITY (2)
 HDIF when you compliment me in a way that affirms my femininity / masculinity?
 Is our openness about our masculinity / femininity reflected in our_children?

FEST (1)
 An October fest is planned. HDIFAT?

FESTIVALS (1)
 Do I enjoy ethnic festivals or to I feel threatened by them?

FEW (5)
 Do I have deep friendships with a few or broad friendships with many? HDIFAT?
 How would I feel working a few hours a month in a soup kitchen?
 On leaving our_children for a few days
 What are a few things I like to do with our_family? HDIFAT?
 What goals would I like to see us achieve in the next few months?

FIDELITY (1)
 "You cannot control the love and fidelity of another person." HDIFAT?

FIGHT (17)
 After_a_fight: Could we have avoided this fight? How would I feel if we had?
 After_a_fight: Did I let the fight ruin my whole day? HDIFAT?
 After_a_fight: How long was this fight in coming? HDIFAT?
 After_a_fight: What led up to the fight? HDIF today about those things?
 After_a_fight: What was the fight really about? HDIFAT now?
 After_a_fight: When are we most likely to fight? HDIFAT?
 After_a_fight: When we fight, do we really know what we are fighting about?
 After_a_fight: When we fight, is one of us always the loser. HDIFAT?
 Do we always fight about the same things and HDIFAT?
 HDIF about the times when I deliberately hurt you during a fight?
 HDIF when I have to fight to stay awake?
 HDIF when I see a couple fight?
 I fight with you because ...
 On the worst fight we ever had
 What do I dislike most about myself when I fight with you?
 What is my_favorite weapon when I do not fight fair with you?
 When you bring third parties into a fight, HDIFAT?

FIGHTING (7)
 After_a_fight: What do I admire about your fighting spirit?
 After_a_fight: What pitfalls keep our fighting from being constructive?
 After_a_fight: When we fight, do we really know what we are fighting about?
 Do I pride myself in hardly ever fighting with you?
 HDI avoid fighting?
 On fighting as a constructive means of communication between_us
 On fighting fair

FIGHTS (10)
 After_a_fight: Do our fights at least end the "cold war" between_us?
 After_a_fight: How can we avoid unproductive fights?
 After_a_fight: What are the bad things about our fights?
 Am I able to see your side in our fights and HDIFAT?
 Do I pride myself in not starting fights with you?
 Do I sometimes like to provoke fights even if I do not start them?
 Do I sometimes provoke fights even if I do not start them?
 What are the good things about our fights?
 What starts our fights and HDIFAT?
 What type of fights do we have and HDIFAT?

FIGURE (1)

HDIF when I stop trying to figure out your emotions / feelings?

FILL (2)

HDIF knowing that I cannot fill your needs for you?

In what kind of relationship (besides spousal) do I try to fill my_needs?

FILLED (1)

Our calendar is filled. HDIFAT?

FILLING (4)

Am I filling my_needs for love in our_relationship or elsewhere?

Am I filling my_needs for self-worth in our_relationship or elsewhere?

Am I mostly filling my_needs for love in our_relationship or elsewhere?

Am I mostly filling my_needs for self-worth in our_relationship or elsewhere?

FINALLY (1)

What is renewed in me now that summer is finally here?

FINANCES (4)

HDI see myself handling my responsibilities for our_family finances?

HDI see our finances affecting our_relationship?

HDIF about how we handle our finances?

On my responsibility / irresponsibility in managing our finances

FINANCIAL (16)

Do I feel responsible for our current financial situation?

Do I feel responsible for our financial situation?

HDIF about our financial future?

HDIF about our financial pressures this time of year?

HDIF about our financial status now?

How do my goals for financial security affect our_children?

How important is financial security to me?

On how we use our financial resources

On making big financial decisions

On my biggest fear about our financial situation

On our financial responsibility

On our financial status after the holidays

What financial needs do I see coming between_us?

What is my greatest financial concern right_now?

What price am I paying right_now for our financial situation?

When I consider our financial condition, I feel ...

FINANCIALLY (1)

HDIF about sacrificing financially to attend an event for married couples?

FIND (32)

Can we find time for some family prayer?

HDIF when I cannot seem to find a polite way to say "no"?

HDIF when I do not seek love and find it anyway?

HDIF when I find a note you have left for me?

HDIF when I find myself talking too much? When other_people talk too much?

HDIF when I find myself wishing you would keep your emotions to yourself?

I find it easy to listen to you when ...

I find it useless to listen to you when HDIFAT?

In what area(s) do I find I lack confidence in dialogue?

In what area(s) do I find it most difficult to reach_out to you?

In what important area(s) do I find it most difficult to listen to you?

Is there any form of sex with you that I find repulsive? HDIFAT?

On what I find most attractive about you

What about you do I find most attractive?

What do I find difficult to tell you? HDIFAT?

What do I find most attractive about religious life?

What do I find most attractive about you? HDIFAT?

What do I find most difficult in our dialogue?

What do I find most difficult to talk about because of my mask?

What do I think you find difficult to tell me? HDIFAT?

What emotion / feeling do I find most difficult to reveal to you?

What emotions / feelings about God do I find most difficult to share?

What emotions / feelings about sex do I find most difficult to reveal to you?

What emotions / feelings do I find most difficult to accept in myself?

What good do I find in dialogue that keeps me coming back?

What is the thing I find most difficult to forgive in myself?

What mask do I find most difficult to remove in our_relationship?

What methods do I find easiest to use in describing my emotions?

What methods do I find easy to use in describing my emotions / feelings?

What methods do I find hard to use in describing my emotions / feelings?

What methods do I find most difficult to use in describing my emotions?

Which of the beatitudes do I find it easiest and which hardest to live?

FINDING (1)

On finding a love note packed in my sandwich

FINE (1)

HDIF about the fine print in legal documents?

FINGERS (1)

HDIF when someone snaps their fingers to get my attention?

FINGERTIPS (1)

HDIF tracing your face with my fingertips?

FINISH (3)

Describe my idea of a perfect romantic evening, start to finish? HDIFAT?

When I finish a task, HDIF about going immediately to the next task?

When I finish a task, HDIF about relaxing before going on to the next task?

FINISHED (2)

HDIF when you change the subject before I am finished?

How did I feel the last_time we finished a household project?

FIRE (1)

If our house were on fire, what one object would I most want to save?

FIREPLACE (1)

On snuggling in front of the fireplace

FIREWORKS (2)

Are there fireworks in our_lovemaking?

How can we put more fireworks into our_marriage?

FIRM (1)

HDIF when someone gives me a firm handshake?

FIRST (41)

Am I usually the one to ask for forgiveness first? HDIFAT?

HDIF about being the first to forgive?

HDIF about my first name or nickname?

HDIF about sex in the morning? (Better try first!)

HDIF about the first day we met?

HDIF thinking about the first time I knew you were for me?

HDIF thinking about the first time we made love?

HDIF trying to put you first when our_children are so demanding?

HDIF when I am the first to say "hello"?

HDIF when I see snow for the first time?

HDIF when I see the first snow of the season?

HDIF when I think about the first car I / we ever owned?

HDIF when we first met?

HDIF when we see the persons who first told us about this program / weekend?

HDIF when you put me first?

HDIF when you reach over to cuddle with me when we first wake up?

How did I feel the first time we could not pay a bill?

How did I feel when I earned my first pay check?

How did I feel when I first learned we were going to be parents?

How did I feel when I was first learning how to ride a bicycle?

How did I feel when we first met?

How did I first feel when I heard there were couples who dialogue daily?

How did I first feel when I heard there were couples who dialogue regularly?

Is one of us always the first to forgive and HDIFAT?

My first reaction to hearing a new idea is ...

On the qualities that first attracted me to you

Sometimes I forget to put you first. HDIFAT?

The first Christmas I remember was ...

What are my first reactions when I am under stress? HDIFAT?

What do I remember most about our first date?

What do I remember most about the way we spent our first anniversary?

What is the first step I take to cope with the stress in my life?

What quality in you first attracted me to you? HDIFAT?

What was the first thing that worked against us after our_weekend?

What would it be like for me if you died first? HDIFAT?

What would it be like for you if I died first? HDIFAT?

When a breakdown or mix-up stops everybody's work, my first reaction is to ...

When did I first realize I loved you?

When we first met, what I liked most about you was ...

When we first met, what made me want to see you again?

Why did I commit to you in the first place? HDIFAT?

FISHERS (2)

How are we responding to Jesus' call to be fishers of men?

How have we accepted Jesus' call to be fishers of men?

FIT (2)

Am I fit for the Lord's supper?

Where do cars fit into my life?

FIVE (3)

HDIF about contributing five percent of our income to charity?

What do I wish I had known five years ago about sex?

What would I like us to be doing in five years? HDIFAT?

FIX (4)

HDIF about learning how to fix a leaky faucet or running toilet?

HDIF when I fix you a cup of coffee?

HDIF when I fix you a drink?

HDIF when I fix your supper?

FIXED (1)
When I have to do things according to a fixed schedule, I feel ...

FIXING (1)
I like / dislike fixing breakfast because ...

FLASH (1)
HDIF when I flash you a smile?

FLAT (3)
HDIF when I get a flat tire?
When our dialogue is stale and flat, I feel ...
When our dialogue is stale and flat, are we living the World's Plan?

FLAW (1)
What is the biggest flaw in my personality?

FLESH (1)
Our children are the two of us in one flesh. HDIFAT?

FLEXIBILITY (1)
HDIF being around people who show no flexibility?

FLORIST (1)
A plant arrived from the florist to thank us for a favor. HDIFAT?

FLOSSING (1)
HDIF about flossing my teeth?

FLOW (1)
Our cash flow is low. HDIFAT?

FLOWERS (5)
HDIF about planting flowers in the spring?
HDIF when I buy you flowers?
On being surprised by flowers from you
On sending you flowers for no special reason
When was the last_time I gave you flowers?

FLYING (1)
HDIF about flying?

FOCAL (1)
Is the focal point of our_lives God and the Church?

FOCUSED (1)
HDIF about criticism? Does it keep me focused and innovative?

FOLIAGE (1)
On taking a drive to see the beautiful fall foliage

FOLLOW (3)
Do I follow the Lord in faith?
HDIF when people do not follow through on tasks I give them?
How can we, as_a_couple, meet Jesus' challenge to follow Him?

FOLLOW-UP (20)
During the follow-up period, have I changed more or have you? HDIFAT?
HDIF about the team couples who presented our_weekend or follow-up sessions?
HDIF driving home from a meeting of our follow-up or support group?
HDIF when we meet a couple who has experienced the same weekend and follow-up?
HDIF when we sacrifice to help a couple come to the weekend or follow-up?
Has our_love grown since the weekend and follow-up?
How am I different since the weekend or follow-up period?
How are we supporting couples after the follow-up period ends?
How has our non-verbal dialogue improved during the follow-up period?
How has our_relationship changed during the follow-up period?
Our love has grown in the follow-up period. HDIFAT?
What changes have I made during the follow-up period?
What did our_weekend and follow-up sessions do for our faith in God?
What do I think our dialogue did for us on our_weekend? During follow-up?
What effect did dialogue have on us during the follow-up period?
What helped me be open to change during the follow-up period?
What is the greatest pressure affecting me during the follow-up period?
What is the most pleasant memory of our_weekend or follow-up sessions?
What is the most significant effect of our_weekend or follow-up sessions?
What part of our_weekend or follow-up would I like to re-live and why?

FOLLOWING (4)
DIF better following a schedule or do schedules cramp me?
I need support from you in the following areas:
I need to know the answers to the following questions:
I would feel better if we negotiated the following:

FOLLOWS (1)
The personal qualities I am most aware of in myself are as follows:

FONDEST (3)
On my fondest dream for you since our_weekend
What is my fondest memory of our 90/90?
What is my fondest memory of our wedding day?

FONDLY (1)
Which of our anniversaries do I remember most fondly?

FOOD (7)
Do we waste food or any other scarce resource?
Do we waste food?
On leftover food
On our diet and / or food choice at this time
On taking food to a shut-in
Our garden is dying and we need the food. HDIFAT?
The pantry is in need of food. HDIFAT?

FOODS (2)
What foods do I dislike the most?
What foods do I like the best?

FOOL'S (1)
HDIF when someone succeeds in fooling me on April Fool's Day?

FOOLING (1)
HDIF when someone succeeds in fooling me on April Fool's Day?

FOOLISH (1)
When was the last_time we did something fun and foolish as_a_couple?

FOOT (1)
If Jesus were at the foot of our bed, would He be smiling?

FOOTBALL (2)
HDIF about watching football on TV?
How would I feel going to a school football game and sitting near the band?

FORCE (3)
Do I see love as being the motivating force in our_lives?
On sex as a healing force
The driving force behind my life is ...

FORECAST (1)
HDIF when the weather forecast is wrong?

FOREVER (1)
Could I live without TV for a day? For week? For a month? Forever?

FORGE (1)
Intimacy is a challenge to forge our future together. HDIFAT?

FORGET (7)
HDIF about the advice, "Forgive and forget"?
HDIF hearing God's words, "I will never forget you."
HDIF when I forget other_people's birthdays?
HDIF when I forget our anniversary?
HDIF when other_people forget my birthday?
HDIF when you say "It's OK" or "Forget it" instead of "I forgive you."
Sometimes I forget to put you first. HDIFAT?

FORGIVE (23)
"Forgive us our sins as we forgive other_people." HDIF when I pray this?
After I forgive, do I remember the hurt or the reconciliation?
Can I begin to love myself enough to forgive my past mistakes?
Do I need to forgive someone else so I can love you more?
HDIF about being the first to forgive?
HDIF about the advice, "Forgive and forget"?
HDIF when I / you say "forgive me"?
HDIF when I forgive and when I am forgiven?
HDIF when I forgive you?
HDIF when we use the grace of healing to forgive another person?
HDIF when we use the grace of healing to forgive each_other?
HDIF when we use the grace of healing to forgive one of our_children?
HDIF when you demand change before you will forgive me?
HDIF when you forgive me?
HDIF when you say "It's OK" or "Forget it" instead of "I forgive you."
How can I make it easier to say "forgive me"?
How does God's_love for us enable us to forgive each_other?
Is one of us always the first to forgive and HDIFAT?
On having the ability to forgive each_other
What am I prepared to forgive? HDIFAT?
What does it mean to forgive other_people?
What is the thing I find most difficult to forgive in myself?
When God forgives me, why cannot I forgive myself?

FORGIVEN (2)

HDIF about forgiving and being forgiven?
HDIF when I forgive and when I am forgiven?

FORGIVENESS (18)

Am I usually the one to ask for forgiveness first? HDIFAT?
Are we living a lifestyle of forgiveness and healing in our_relationship?
HDIF about forgiveness?
HDIF when I ask for your forgiveness?
HDIF when I experience total forgiveness through you?
HDIF when I experience your total forgiveness?
How have I brought God's forgiveness to our_family?
On asking forgiveness
On asking you for forgiveness
What do I want forgiveness for? HDIFAT?
What is it about you that makes me want to ask your forgiveness?
What is the most effective way to communicate forgiveness?
What is the reason I keep myself from seeking your forgiveness?
What makes it hard for me to grant forgiveness and HDIFAT?
What makes it hard for me to seek forgiveness and HDIFAT?
When I seek your forgiveness and you fail to respond, HDIF?
When was the last_time I asked you for forgiveness?
Which is harder: admitting it when I am hurt or asking you for forgiveness?

FORGIVES (1)

When God forgives me, why cannot I forgive myself?

FORGIVING (6)

HDIF about forgiving and being forgiven?
HDIF about forgiving myself?
HDIF when we are aware of using our forgiving power to heal each_other?
What are some of the barriers to my forgiving you and HDIFAT?
What is the most difficult consequence of forgiving you and HDIFAT?
What is the reason that I keep from forgiving myself?

FORGOT (3)

I forgot to buy you a card on this special occasion. HDIFAT?
I forgot to buy you a card. HDIFAT?
Someone forgot to wipe the honey jar before putting it away? HDIFAT?

FORM (3)

HDIF when we are in some form of competition, like cards?
Is there any form of sex with you that I find repulsive? HDIFAT?
Our courtship can continue in some form for all our married lives. HDIFAT?

FORMED (1)

What new friendships have I formed?

FORWARD (1)

HDIF when I think you are looking forward to our dialogue?

FOSTER (1)

What can we do to foster cooperative interaction in our_family?

FOUND (2)

How would I feel if I found out we are pregnant?
Would I feel better if someone found me practical or ingenious?

FOURTH (2)

HDIF about giving people a second chance? A third chance? A fourth chance?
What does the Fourth of July mean_to_me?

FREE (7)

"If you are not free to be yourself, you cannot love." HDIFAT?
"If you are not free to reject, you cannot accept." HDIFAT?
"If you are not free to risk, you cannot grow." HDIFAT?
Do I need to be free to do whatever looks like fun when the time comes?
How are we going to make better use of our free time this summer?
How do you set me free?
If I were completely free right_now, I would ...

FREED (1)

How have I freed myself up in our_relationship?

FREEDOM (1)

HDIF about the freedom or lack of freedom I have in our_relationship?

FREELY (2)

HDIF about my ability to speak to you freely about our_sexual_relationship?
What obstacles do I allow to inhibit me from speaking freely? HDIFAT?

FREQUENCY (1)

HDIF about the frequency of our dialogue?

FREQUENTLY (5)

After_a_fight: How frequently do we argue? HDIFAT?

Do I have a particular need that is frequently unmet?
I most frequently criticize you concerning ...
Our decisions are frequently ...
What negative emotions / feelings do I experience most frequently?

FRICTION (1)

What activities are we involved in that cause friction in the family?

FRIDAY (2)

Thank God it's Friday. HDIF about that?
What were my emotions / feelings on Friday night of our_weekend?

FRIEND (18)

A good friend just got divorced. HDIFAT?
An old friend surprises me with a phone call? HDIFAT?
Are you my best friend?
Do I consider Jesus a friend?
HDIF about burdening a friend with a secret that will be difficult to keep?
HDIF when I go and help a friend of yours?
HDIF when I see an old boy / girl friend?
HDIF when you see an old boy / girl friend?
Here is my description of an ideal friend:
In what ways are you my best friend?
Long ago, I borrowed a book from a friend. HDIFAT?
My best friend from childhood was ... HDIF about this person now?
On asking a friend for a favor
What one quality do I look for most in a friend?
When I do not approve of the way a friend is acting, I tend to ...
Which three qualities do I require in a friend? HDIFAT?
Who is my best friend and why?
You are my best friend. HDIFAT?

FRIENDS (36)

Are we best friends?
Do I have close friends I should invite to the program / weekend??
Do I have close friends who should take advantage of this program / weekend?
Do I spend enough time with friends and relatives? HDIFAT?
Do friends think our_sexual_relationship is better / worse than it is? HDIFAT?
Do we ever challenge our friends about their values and morals?
Friends fail to do a favor. HDIFAT?
Friends fail to do a promised favor. HDIFAT?
Friends invite us but do not come over in return. HDIFAT?
HDIF about giving my two best friends a key to the house?
HDIF about having a drink with friends?
HDIF about lending money to friends?
HDIF about my divorced / separated neighbors and friends?
HDIF about my divorced neighbors and friends?
HDIF about our friends that we never get to see?
HDIF about our friends who abuse drugs or alcohol?
HDIF about the reactions of our friends to our Encounter / Retrouvaille?
HDIF being with friends we knew before Encounter / Retrouvaille?
HDIF when I am with good friends?
HDIF when I hear that friends of ours are getting divorced?
HDIF when I hear that friends of ours are separating / getting divorced?
HDIF when friends of ours are having marital problems?
HDIF when friends of ours are having problems?
HDIF when friends offer to help?
HDIF when our friends let us down?
HDIF when our_marriage has an effect on our_family and friends?
HDIF when our_marriage positively influences our_family and friends?
HDIF when we are not getting along well and are with friends?
HDIF when we are with good friends?
HDIF when we entertain friends at home?
How could we support the marriages of our friends?
How do we support the marriages of our friends / relatives?
How would I feel if I made some new friends this_week?
On hugging our friends in public
What does having good friends mean_to_me?
Which one of our friends DIF most comfortable with?

FRIENDSHIP (1)

HDIF when a little dispute threatens a long friendship?

FRIENDSHIPS (3)

Do I have deep friendships with a few or broad friendships with many? HDIFAT?
Do I usually initiate friendships or wait to be approached? HDIFAT?
What new friendships have I formed?

FRIGHTENED (3)

A time when I felt frightened
A time when I was really frightened
On being frightened (or not frightened) by death

FRIGHTENS (2)

What is it about death that frightens me the most?
What kind of death frightens me most?

FRONT (12)

After a fight: HDIF when we argue in front of our_children?
 HDIF showing affection in front of our_children?
 HDIF when I undress in front of you?
 HDIF when a car pulls in front of me when I am stopped in traffic?
 HDIF when we are loving in front of our_children?
 HDIF when you compliment me in front of other_people?
 HDIF when you criticize me in front of other_people?
 HDIF when you kiss me in front of other_people?
 HDIF when you show your love for me in front of other_people?
 HDIF when you undress in front of me?
 Joseph and Mary are at our front door. Do we have room?
 On snuggling in front of the fireplace

FROWN (2)

HDIF about your frown?
 HDIF when you frown at me?

FRUSTRATE (2)

How does my mask frustrate, disappoint or annoy other_people?
 What kind of things frustrate me? HDIF when it happens?

FRUSTRATED (3)

A time when I felt frustrated
 In what area(s) do I judge you are most frustrated because I do not listen?
 When I feel frustrated, what is the best thing someone can do for me?

FRUSTRATION (2)

On frustration as bringing us together or driving us apart
 What are the sources of my pain or frustration? HDIFAT?

FRUSTRATIONS (1)

Do I ever take my frustrations out on our_children?

FULFILLED (3)

HDIF when I have been fulfilled (sexually) by you?
 What is my_favorite sexual fantasy? Would I like it fulfilled? HDIFAT?
 Why do I want to be fulfilled (sexually) by you?

FULFILLING (2)

How can we live a more simple and fulfilling life?
 How can we live a simpler and more fulfilling life?

FULFILLMENT (1)

Does my desire for fulfillment interfere with our_relationship?

FULL (7)

"Whoever has a heart full of love always has something to give." HDIFAT?
 Do I always try to give you my full attention when we make_love? HDIFAT?
 In what area(s) do I have difficulty putting full trust in God?
 On having a house full of company
 Someone borrowed our car and returned it with a full tank? HDIFAT?
 The Bible is full of God's dialogue letters to us. HDIFAT?
 When our calendar is full, I feel ...

FULL-TIME (1)

Am I a full-time listener or only a part-time listener?

FULLY (3)

Do I see us ever allowing ourselves to live fully God's_plan for us?
 HDIF I can be more fully present to you?
 What compliments have I received lately that I did not fully accept?

FUN (9)

A time when we had fun as_a_family
 At parties, am I often bored or do I usually have fun? HDIFAT?
 Do I need to be free to do whatever looks like fun when the time comes?
 HDIF when I am making fun of other_people?
 On fun in our_relationship
 On the fun (or lack of fun) in our_relationship
 We need to have more fun in our_lives.
 When was the last_time we did something fun and foolish as_a_couple?
 When was the last_time we played with our_children and just had fun?

FUNCTIONS (1)

HDIF about attending school functions?

FUND-RAISERS (1)

HDIF about buying raffle tickets to help with fund-raisers?

FUNERAL (2)

HDIF attending a funeral or wake?
 HDIF when we attend a funeral?

FUNERALS (1)

HDIF about funerals?

FURNITURE (3)

HDIF about shopping for furniture?
 On rearranging the furniture
 Our furniture needs replacing. HDIFAT?

FURTHER (1)

Does my insistence that I am already open and honest hinder further growth?

FUTURE (8)

HDIF about our financial future?
 Intimacy is a challenge to forge our future together. HDIFAT?
 Is Jesus Lord of my / our future?
 Is Jesus in control of my / our future?
 Realistically, what do I expect of our_relationship in the future?
 What are my hopes for our future together?
 What do I want from this relationship right_now? In the future? HDIFAT?
 What is my greatest fear about our_children's future?

GABRIEL (1)

How would I feel if the angel Gabriel spoke to me?

GAIN (3)

Do I ever change what I write or say to gain your approval? HDIFAT?
 How can our_family gain strength from the Holy Family?
 If I could gain any one ability or quality, what would it be? HDIFAT?

GAINED (1)

What new desires for our_relationship have we gained this_week?

GALLON (1)

HDIF when I pick up a gallon of milk for you?

GAME (2)

HDIF when someone wins a game and gloats over it?
 How would I feel going to a school football game and sitting near the band?

GAMES (1)

HDIF when we play games with our_children?

GARAGE (1)

On having a garage sale

GARDEN (2)

On planting a garden
 Our garden is dying and we need the food. HDIFAT?

GAS (1)

HDIF when I discover there is almost no gas left in the tank?

GATHERING (3)

HDIF about gathering other_people for prayer?
 HDIF about gathering other_people to pray?
 HDIF when you want to leave some gathering and I am not ready to go?

GATHERINGS (1)

HDIF at family gatherings?

GAUGE (1)

HDI gauge the blessings God has granted to us?

GAVE (6)

"God so loved us that He gave us His only son." HDIFAT?
 God gave you to me. How am I treating His gift?
 How would I feel if I gave a compliment to three people every day?
 If possible, I would like to reclaim these things I gave up for you:
 What is the greatest gift my mother gave me?
 When was the last_time I gave you flowers?

GENDER (1)

Do I reject prejudice based on race, gender, religion or age? HDIFAT?

GENERAL (8)

HDIF about bankers in general?
 HDIF about deadlines in general?
 HDIF about ethnic jokes in general?
 HDIF when I am shopping with you? HDIF about shopping in general?
 How much privacy do I need in general? In our_relationship?
 In general, HDIF about borrowing things?
 In general, do I rely more on my imagination or my common sense? HDIFAT?
 What are my attitudes about sex in general?

GENERALLY (1)

Generally, HDIF after we dialogue?

GENTLE (2)

HDIF when you are gentle with me?
 What is my listening pattern when you tell me that I am gentle?

GENUINE (1)

What stands in the way of my making a genuine commitment to you? HDIFAT?

GETS (4)

HDIF when someone else gets the parking place I am waiting for?
 What gets in the way of my enjoyment of positive emotions / feelings? HDIFAT?
 When a couple we know gets divorced, I feel ...
 When the going gets rough, I feel better if I ...

GETTING (15)

"Avoid getting into debt, except the debt of love (RO 13:8)." HDIFAT?
 Am I getting enough sleep? HDIFAT?
 Are we constantly getting hurt and making up in the same areas and HDIFAT?
 HDIF about getting in shape?
 HDIF about getting other_people's advice on a personal problem?
 HDIF about getting our next pet from the animal shelter?
 HDIF about getting up in the morning?
 HDIF when I am not getting through to you?
 HDIF when I hear that friends of ours are getting divorced?
 HDIF when I hear that friends of ours are separating / getting divorced?
 HDIF when I see pressure getting to you?
 HDIF when we are not getting along well and are with friends?
 How would I feel getting involved in the Habitat for Humanity project?
 In large groups, DIF better introducing other_people or getting introduced?
 What was the best present I can remember getting?

GIFT (29)

"The greatest gift is love." HDIFAT?
 Are our_children really God's gift to us?
 God gave you to me. How am I treating His gift?
 HDI see you as a gift?
 HDIF about accepting our_life together as a gift from Our Father?
 HDIF when I am buying you a gift?
 HDIF when I have the urge to surprise you with an unexpected gift?
 HDIF when I receive a gift that is carelessly wrapped?
 HDIF when I receive a gift that suggests I need improvement?
 HDIF when you surprise me with a gift?
 How can I make sure my gift to you is from my heart?
 How is the gift of the Eucharist special in our_lives?
 If I had all the money in the world, what gift would I buy you?
 In lovemaking you are a gift of God to me. HDIFAT?
 My body is a gift from God. HDI care for it?
 On receiving a gift from you
 The greatest gift a dad can give to his children is ...
 The greatest gift a mom can give to her children is ...
 What gift of myself could I give to everyone this Christmas?
 What gift would I like Jesus to give you this Christmas?
 What gift would I like to give one of our_children?
 What is my_favorite gift from you and HDIFAT?
 What is the greatest gift my mother gave me?
 What is the greatest gift we can give to each_other this Christmas?
 What is the greatest gift you could give me?
 What special gift have I prepared to give Him for His birthday?
 Who should we pass the gift of Encounter / Retrouvaille on to?
 You are God's gift to me. HDIFAT?
 You are my gift from the Father. HDIFAT?

GIFTS (11)

HDIF about receiving gifts?
 HDIF about sending secret gifts and notes to another couple?
 HDIF using the gifts of the Holy Spirit?
 HDIF when I remember that all good things are gifts to us from God?
 I am one of God's gifts to you. HDIFAT?
 On receiving secret gifts and notes from a couple who loves us
 On seeing our needs not as problems but as gifts of God
 On seeing our_children as gifts of God
 What gifts did we give back to the Lord today?
 What gifts has God blessed me with?
 What gifts has God given to me and how have I used them?

GIRL (2)

HDIF when I see an old boy / girl friend?
 HDIF when you see an old boy / girl friend?

GIVE (51)

"Whoever has a heart full of love always has something to give." HDIFAT?
 All we have is from God. How would I feel if I had to give it back?
 Am I ready to give up some singles' activity that separates us?
 Can I, or can you, give me what I want from this relationship? HDIFAT?
 Do I always try to give you my full attention when we make_love? HDIFAT?
 Do I give each family member equal time, or do I favor one over another?
 Do we give and get enough emotional support?
 HDIF about how much money we give to our church or favorite charity?
 HDIF about how much money we give to our parish / church?
 HDIF when I accept love as well as give it?
 HDIF when I consider what I had to give up to be successful?

HDIF when I give you a lift to work?
 HDIF when I give you the benefit of the doubt?
 HDIF when I give you the more comfortable chair?
 HDIF when I hear, "Love is not love until you give it away"?
 HDIF when I realize we cannot give our_children the best of everything?
 HDIF when people do not follow through on tasks I give them?
 HDIF when we give a donation to charity?
 HDIF when you give me "love taps"?
 HDIF when you give me a compliment?
 HDIF when you give me an unexpected hug?
 How can I change things to give you more time?
 How can I give more and be more for you in our_sexual_relationship? HDIFAT?
 How can I give more of myself this Christmas season?
 How does our_relationship give witness to the Lord?
 How does striving to live God's_plan give life to us as_a_couple?
 How does striving to live God's_plan give life to us?
 How much control would I have to give up to make things better for us?
 How much of me will I have to give up to make the marriage work? HDIFAT?
 If I become more committed to you, I might have to give up HDIFAT?
 If I could give you one thing for Christmas, it would be ...
 If I had tons of money, what would I give you for Christmas?
 In order to learn to give, I also need to learn to receive. HDIFAT?
 Jesus will never give us a task that is too big to handle. HDIFAT?
 Jesus will never give us more conflict than we can manage. HDIFAT?
 Sometimes failure makes me want to give up. HDIF during those times?
 The greatest gift a dad can give to his children is ...
 The greatest gift a mom can give to her children is ...
 What do I want most to give our_family?
 What do you expect from me that is most difficult to give?
 What gift of myself could I give to everyone this Christmas?
 What gift would I like Jesus to give you this Christmas?
 What gift would I like to give one of our_children?
 What gifts did we give back to the Lord today?
 What is the biggest confidence you give to me?
 What is the greatest gift we can give to each_other this Christmas?
 What is the greatest gift you could give me?
 What kind of Christmas present did I give you?
 What needs to change for me to give an unqualified yes to our_relationship?
 What special gift have I prepared to give Him for His birthday?
 Which do I give you more of, criticism or praise?

GIVEN (11)

Do I make good use of the talents God has given to me?
 Do I use the talents God has given to me?
 Given a workable idea, will I analyze what is still wrong with it? HDIFAT?
 Given the alternative, HDIF about growing old?
 Given the time and money for a long trip, where would I want to go? HDIFAT?
 How have I given up control in our_relationship lately?
 If we were given \$10,000 cash, what would I want to do with it? HDIFAT?
 What gifts has God given to me and how have I used them?
 What has Our Father given us in the past year?
 What joys have our_children given us?
 What pleasures have our_children given us?

GIVER (1)

Am I more of a giver or a receiver?

GIVES (5)

Are we good stewards of all that God gives us?
 HDIF when someone gives me a firm handshake?
 What gives me "goose bumps"?
 What in our_relationship gives me the most joy?
 What in our_relationship gives me the most satisfaction?

GIVING (25)

After_a_fight: Who blamed who and when? HDIF giving / receiving blame?
 Are we giving our_relationship prime time each day?
 Are we giving our_relationship quality time each day?
 HDI see you as a giving person?
 HDI see you has a giving person?
 HDIF about a giving a challenge?
 HDIF about giving away what I have?
 HDIF about giving from our substance?
 HDIF about giving money to people who solicit on the street?
 HDIF about giving money to street musicians?
 HDIF about giving my old clothes to charity?
 HDIF about giving my two best friends a key to the house?
 HDIF about giving people a second chance? A third chance? A fourth chance?
 HDIF about giving presents to those I love?
 HDIF about giving to a worthy cause?
 HDIF giving our time to help other_people?
 HDIF giving to other_people?
 HDIF when I am giving you the "silent treatment"?
 HDIF when other_people cannot resist giving me advice?
 HDIF when you are giving me the "silent treatment"?
 HDIF when you expect more of me than I am capable of giving right_now?
 How does my_need for security prevent me from giving all of me to you?

On God's giving you to me
 On giving a list of dialogue questions to a favorite couple
 On giving a month's worth of dialogue questions to a favorite couple

GLOATS (1)
 HDIF when someone wins a game and gloats over it?

GO (39)
 Can I go one whole day without criticizing anyone or anything? HDIFAT?
 Given the time and money for a long trip, where would I want to go? HDIFAT?
 HDIF about "let go and let God"?
 HDIF being with people who "go up like a rocket and come down like a rock"?
 HDIF plunging in to a job, discovering what's necessary as I go?
 HDIF when I am able to go beyond my anger and reach_out to you?
 HDIF when I go ahead and make_love even when I do not want to?
 HDIF when I go and help a friend of yours?
 HDIF when I go out of my way to please you?
 HDIF when I go to bed knowing you will be home late?
 HDIF when I invite you to go bike riding with me?
 HDIF when I let go the reins and let Our Father decide for us?
 HDIF when I watch our_children while you go shopping?
 HDIF when a couple says no, they do not want or need to go on a weekend?
 HDIF when a couple says yes, they want or need to go on a weekend?
 HDIF when things go wrong at home?
 HDIF when things go wrong at work?
 HDIF when we go out socially?
 HDIF when we go several days without dialogue?
 HDIF when we go through the family album together?
 HDIF when we go to mass / church together?
 HDIF when we go to see your mother / father in the hospital?
 HDIF when we go to visit our families?
 HDIF when you go ahead and make_love even when you do not want to?
 HDIF when you want to leave some gathering and I am not ready to go?
 Have I ever had to go back on my word? HDIFAT?
 How and why did we go back to dialoguing regularly?
 How would I feel if I could go horseback riding?
 I would like to go back to ... one more time? HDIF about going there with you?
 These are my_needs that still go unmet: HDIFAT?
 What struggles do I go through trying to write my dialogue letter?
 When I disagree with something said, would I rather take issue or let it go?
 When did we go two miles with someone who ordered us to go one?
 When you go away on a business trip, I feel ...
 Where do we need to go in our_relationship?
 Where do we need to go in our_sexual_relationship?
 Where would I like to go that I have never been? HDIF about going there with you?
 Who do I blame most of the time when things go wrong?
 Would I ever go through an 8 item checkout with 20 items? HDIFAT?

GOAL (2)
 What is a goal I have involving us together? HDIFAT?
 When you touch me tenderly, without sex as a goal, I feel ...

GOALS (12)
 As the basis of my goals in life, I want to be ...
 Do I have defined personal goals? HDIFAT?
 HDIF about my lifetime goals?
 HDIF about our lifetime goals?
 How do my goals for financial security affect our_children?
 What are my goals for our_children's sexuality?
 What are my goals for the coming year?
 What are my goals for the next two weeks?
 What goals do I have that I have not shared with you yet?
 What goals have I set for myself this year?
 What goals would I like to see us achieve in the next few months?
 What personal goals have I set?

GOD (122)
 "God so loved us that He gave us His only son." HDIFAT?
 "Whoever loves is a child of God (I JN 4:7-8)." HDIFAT?
 All we have is from God. How would I feel if I had to give it back?
 Am I willing to present my / our needs to God through prayer?
 Are we good stewards of all that God gives us?
 At what times DIF closest to God?
 Do I allow God to work in me?
 Do I ever feel God present and working in our_marriage?
 Do I ever feel God present in our sacrament?
 Do I feel comfortable sharing my relationship with God with you?
 Do I hear and keep the word of God?
 Do I make good use of the talents God has given to me?
 Do I really believe that God loves me as I am, for who I am?
 Do I really believe that God loves me where I am right_now?
 Do I really trust God?
 Do I see the awareness of God alive in our_children?
 Do I trust God to answer my prayers?
 Do I use the talents God has given to me?
 Do I welcome the kingdom of God like a child?

Do we take time to thank God for our blessings?
 For our growth, we need God to be part of our_love relationship.
 For our growth, we need God to be part of our_marriage. HDIFAT?
 God does not make junk. HDIFAT?
 God expects us to be our brother's keeper. HDIFAT?
 God gave you to me. How am I treating His gift?
 God has a job for us that only we can handle. HDIFAT?
 God hears and sees all I do. HDIFAT?
 God loves me. HDIFAT?
 God loves you more than I do. HDIFAT?
 God made you a part of my life. HDIFAT?
 God wants our_sexual_relationship to be good? HDIFAT?
 HDI approach each new day with you and with God?
 HDI gauge the blessings God has granted to us?
 HDI see God acting in our_lives?
 HDI see God reflected in other_people?
 HDI see God reflected through our favorite pastor / priest?
 HDI see God reflected through our favorite priest / minister??
 HDIF about "let go and let God"?
 HDIF about God being the one who brought us together?
 HDIF about God having a stake in our_marriage?
 HDIF about God sending His son to be a human presence in the world?
 HDIF about God?
 HDIF about asking God to help us?
 HDIF about being called by God to a life of holiness?
 HDIF about being loved by God?
 HDIF about being unconditionally loved by God?
 HDIF about my relationship with God?
 HDIF about our_relationship with God?
 HDIF about seeing God in you?
 HDIF about trusting God for all our needs?
 HDIF knowing God planned for us to be together?
 HDIF knowing how much God loves us all?
 HDIF knowing we have experienced God through each_other?
 HDIF trusting God to guide our_lives?
 HDIF when God allows other_people to suffer?
 HDIF when God allows us to suffer?
 HDIF when I can trust God to guide our_lives?
 HDIF when I hear "God does not make junk"?
 HDIF when I hear that God comes to me through you?
 HDIF when I realize God has spoken to me through you?
 HDIF when I remember that all good things are gifts to us from God?
 Have I ever tried to negotiate with God? HDIFAT?
 Have we said "yes" to God today?
 How can I make myself a better treasure for God?
 How can I tell that God loves us?
 How can we make God more present in our dialogue?
 How can we make God more present in our talk?
 How does my relationship with you compare to my relationship with God?
 How does our_relationship with God affect our_sexual_relationship? HDIFAT?
 How has God blessed me this_week?
 How has God blessed us today?
 How well do I / we communicate with God?
 I see God smiling down on us as we make_love. HDIFAT?
 If God is for us, who can be against us?
 If I could bring faith and God to one person, who would it be?
 In lovemaking you are a gift of God to me. HDIFAT?
 In what area(s) do I have difficulty putting full trust in God?
 In what way has God worked in my life today?
 In what ways has God blessed us?
 In what ways has God worked in my life today?
 Is God part of our_marriage?
 Is the focal point of our_lives God and the Church?
 Mary said "yes" to God. HDIFAT?
 Mary was open to the will of God. Are we?
 My body is a gift from God. HDI care for it?
 On having the grace from God to heal each_other
 On knowing God needs us
 On my ability to share my relationship with God with you
 On my image of God
 On my relationship with God
 On our_relationship with God
 On seeing God in myself
 On seeing God in other_people
 On seeing God in our_children
 On seeing God in you
 On seeing our needs not as problems but as gifts of God
 On seeing our_children as gifts of God
 On the mask I wear with God
 On what I expect of God
 Thank God it's Friday. HDIF about that?
 What activities strengthen our_relationship with God and Church?
 What activities weaken our_relationship with God and Church?
 What are my thoughts when I hear "God does not make junk"?
 What did our_weekend and follow-up sessions do for our faith in God?
 What do I think about the statement, "open to you, open to God"?
 What do I want God to help us with?

What emotions / feelings about God do I find most difficult to share?
 What gifts has God blessed me with?
 What gifts has God given to me and how have I used them?
 What is my listening pattern when we talk about prayer or God?
 What is my reaction to Mary's "yes" to God?
 What is my favorite name for God?
 What is the best way we can show our love to God?
 When DIF close to God?
 When God forgives me, why cannot I forgive myself?
 When God made me, what were His dreams for me?
 When I am being open to you, I am being open to God. HDIFAT?
 Where am I with you and God today?
 Where in my relationship with God do I experience stress? Describe it.
 Would God be upset if I made you number 1?
 Would I treat God as I treated you today?
 Would I trust God as I have trusted you today?

GOD'S (24)

Am I submissive to God's will?
 Are our children really God's gift to us?
 Are we living God's Plan or our plan?
 Do I see God's Plan as a privilege?
 Do I sense God's presence in our relationship during intercourse?
 Do I sense God's presence in our relationship when we make love?
 Do I sense God's presence in our relationship?
 God's Son was born for us. HDIFAT?
 HDIF about putting my life in God's hands?
 HDIF hearing God's words, "I will never forget you."
 HDIF in realizing our sexual union is God's command?
 HDIF knowing it is God's idea for us to be together?
 HDIF when I see God's hand in mine?
 HDIF when we try to settle arguments without asking God's help?
 Have we been changed because of God's awesome faith in us as a couple?
 Have we been changed because of God's faith in our marriage?
 How am I living God's Plan?
 How have I brought God's forgiveness to our family?
 I am one of God's gifts to you. HDIFAT?
 On God's giving you to me
 On living God's Plan for us
 The Bible is full of God's dialogue letters to us. HDIFAT?
 When I close myself to you, I close a channel of God's grace. HDIFAT?
 You are God's gift to me. HDIFAT?

GOD'S LOVE (16)

Are we, as a couple, being a sign of God's love to the world?
 HDI see God's love reflected through you?
 HDIF about the way we show God's love to other people?
 HDIF when I sense God's love through you?
 How did our relationship reflect God's love today?
 How do we make our sacrament a visible sign of God's love?
 How does ... [name a minister] help us to experience God's love for us?
 How does God's love for us enable us to forgive each other?
 How does our closeness reflect God's love?
 How does our marriage reflect God's love?
 How does so-and-so [name someone] help us to experience God's love for us?
 How is God's love being reflected to other people through our love?
 If our house burned down, could we dialogue on God's love the next day?
 Our closest lovemaking expresses in miniature God's love for us. HDIFAT?
 Our love for each other is a reflection of God's love for us. HDIFAT?
 What can I do next week to help people experience more of God's love?

GOD'S PLAN (18)

Are we living God's plan in our marriage or our own plan?
 Are we open to God's plan?
 Can I really accept God's plan for us?
 Do I believe we are part of God's plan?
 Do I see God's plan for me / us as a privilege or a burden?
 Do I see us ever allowing ourselves to live fully God's plan for us?
 HDI see us living God's plan in our sexual relationship?
 HDIF when we have to accept God's plan for us?
 How am I failing to live God's plan for my life?
 How am I living God's plan for my life?
 How are we living God's plan and what can I do to improve it?
 How does striving to live God's plan give life to us as a couple?
 How does striving to live God's plan give life to us?
 How has our failure to live God's plan for our marriage affected us?
 On expanding our existing values to live God's plan
 On living God's plan for our marriage
 On living our marriage according to God's plan
 What do I think about living God's plan for our marriage?

GOES (3)

HDIF when our dialogue goes beyond our emotions to address our needs?
 HDIF when our family goes to mass / church together?
 HDIF when the alarm goes off in the morning?

GOING (39)

After a fight: What do I think you are going through right now? HDIFAT?
 Are we never going to agree about some issues?
 Do I assume I already know what you are going to say and HDIFAT?
 HDIF about going back to school at my age?
 HDIF about going home for the holidays?
 HDIF about going into debt for a purchase?
 HDIF about going on living with you?
 HDIF about going out alone in the evening?
 HDIF about going out with you in the evening?
 HDIF about going shopping with you?
 HDIF about going somewhere for the day without planning what to do there?
 HDIF about going to bed when we are both angry?
 HDIF about going to heaven with you?
 HDIF about our going out together alone more often?
 HDIF about our children going back to school?
 HDIF about the way things have been going lately?
 HDIF telling you something I judge you are not going to like?
 HDIF telling you something I know you are not going to like?
 HDIF when I am not thanked for going out of my way for someone?
 HDIF when you hold my hand going to communion?
 How are we going to make better use of our free time this summer?
 How did I feel when I first learned we were going to be parents?
 How would I feel going to a school football game and sitting near the band?
 I know we are going to make love tonight. HDIFAT?
 I would like to go back to ... one more time? HDIF about going there with you?
 If I knew I were going to die tomorrow, what would I do and feel today?
 On going out on a date together
 On going to mass / church
 On going to mass / church as a family
 On going to reconciliation
 Our dog's barking is going to disturb the neighbors? HDIFAT?
 We are going to a picnic. HDIFAT?
 What is going on inside me in our sexual relationship?
 When I am at a party, HDIF about helping to get things going?
 When I finish a task, HDIF about going immediately to the next task?
 When I finish a task, HDIF about relaxing before going on to the next task?
 When the going gets rough, I feel better if I ...
 When things are not going well between us, what do I think about? HDIF?
 Where would I like to go that I have never been? HDIF about going there with you?

GOLDEN (1)

HDI want to spend our golden years?

GOLF (2)

HDIF when I let you borrow my stuff (tennis racket, golf clubs, etc.)?
 HDIF when I let you use my tennis racket (golf clubs, etc.)?

GONE (1)

Another weekend has come and gone. HDIFAT?

GOOD (56)

A good friend just got divorced. HDIFAT?
 Am I a good mixer or am I usually quiet and reserved? HDIFAT?
 Am I good at keeping secrets? HDIF when asked to keep a secret?
 Are we good for each other? HDIFAT?
 Are we good stewards of all that God gives us?
 Do I consider myself a good listener?
 Do I feel good about myself when I am with you?
 Do I make good use of the talents God has given to me?
 God wants our sexual relationship to be good? HDIFAT?
 HDI fail as a good listener?
 HDI fail sometimes as a good listener?
 HDI succeed in being a good listener?
 HDI succeed sometimes as a good listener?
 HDIF about our efforts to share the Good News?
 HDIF about using the media to proclaim the Good News?
 HDIF after a good dialogue?
 HDIF beginning my dialogue letter by mentioning a good quality I see in you?
 HDIF saying "yes" to lovemaking but only for the good of our relationship?
 HDIF saying "yes" to lovemaking for the good of our relationship?
 HDIF when I am with good friends?
 HDIF when I begin to believe in my own good qualities?
 HDIF when I consider that I am responsible for my attitude, good or bad?
 HDIF when I delay acting on a good idea until it's too late?
 HDIF when I do something good for someone else?
 HDIF when I lose? Am I a good loser?
 HDIF when I remember that all good things are gifts to us from God?
 HDIF when I say good things about you to other people?
 HDIF when I secretly do something good for someone?
 HDIF when a member of our family points out my good qualities?
 HDIF when my spirit of adventure triumphs over good sense?
 HDIF when our children reflect our good qualities?
 HDIF when we are with good friends?
 HDIF when we use the good silver (or the good china)?
 HDIF when you can show me that I am a good person after all?
 HDIF when you do something good for someone else?

HDIF when you excel at something I thought I was rather good at?
 How can you help_me recognize my good qualities?
 How good our_marriage is affects other marriages around us. HDIFAT?
 I am supposed to help_you recognize your good qualities. HDIFAT?
 I know there is a good chance we will make_love tonight. HDIFAT?
 If I could, what good time would I choose to relive with you? HDIFAT?
 My most vivid good childhood memory is ... HDIFAT today??
 Our Sacrament calls us to a good marriage, not just an average one. HDIFAT?
 What are the good things about our fights?
 What became of the good resolutions I have made in the past? HDIFAT?
 What can I do to contribute to our_family having a good time on vacation?
 What does having good friends mean_to_me?
 What good do I find in dialogue that keeps me coming back?
 What good do I see in our_children?
 What good qualities do I see in our_children?
 What good quality do you see in me that I doubt the most?
 What good thing happened to me today?
 What is a "good husband" / "good wife" and do I measure up?
 What is the last good deed I did? How did I feel afterward?
 What would be my idea of a good family outing?
 Whose good opinion is important to me?

GOOD-BYE (2)
 HDIF when I say good-bye to you at the airport?
 HDIF when you kiss me hello or good-bye?

GOOSE (1)
 What gives me "goose bumps"?

GOSPEL (2)
 Do I apply Gospel values to my job / career? HDIFAT?
 What is today's gospel reading saying to me?

GOSSIP (1)
 HDIF when I hear gossip?

GOSSIPING (1)
 What do I do when I hear people gossiping?

GRACE (7)
 HDIF when we use the grace of healing to forgive another person?
 HDIF when we use the grace of healing to forgive each_other?
 HDIF when we use the grace of healing to forgive one of our_children?
 How could I make saying grace more meaningful?
 How have I experienced the grace of healing within our_relationship?
 On having the grace from God to heal each_other
 When I close myself to you, I close a channel of God's grace. HDIFAT?

GRADUATION (2)
 HDIF about attending a graduation ceremony?
 What does graduation mean_to_me?

GRANDPARENT (2)
 How am I / are you a life-giving parent / grandparent?
 How would I like to be remembered as a grandparent?

GRANDPARENTS (2)
 Have we inherited any family traditions from our grandparents?
 What is my_favorite memory of my grandparents?

GRANT (1)
 What makes it hard for me to grant forgiveness and HDIFAT?

GRANTED (5)
 HDI gauge the blessings God has granted to us?
 HDIF about my state of health? Do I take it for granted?
 HDIF when I take you for granted?
 In what ways do I believe I am taken for granted?
 In what ways do I take you for granted?

GRATEFUL (1)
 For what in my life do I feel most grateful? HDIFAT?

GREAT (3)
 HDIF when I let other_people talk me out of pursuing a great idea?
 HDIF when I tell you your hair looks great?
 Would I feel better having great opportunity or great experience?

GREATER (2)
 Do I see death as a beginning of a greater love relationship?
 Is our_love for each_other greater today than yesterday?

GREATEST (29)
 "The greatest gift is love." HDIFAT?
 My greatest hurt in our_sexual_relationship is ...
 My greatest joy in our_sexual_relationship is ...
 My greatest satisfaction in our_sexual_relationship is ...

On my greatest distraction while listening to you
 The greatest gift a dad can give to his children is ...
 The greatest gift a mom can give to her children is ...
 What has been the greatest area of growth in our_sexual_relationship?
 What is my greatest concern in our_relationship?
 What is my greatest fear about our_children's future?
 What is my greatest fear about war?
 What is my greatest fear?
 What is my greatest financial concern right_now?
 What is my greatest hurt in our_sexual_relationship? HDIFAT?
 What is my greatest joy in our_sexual_relationship? HDIFAT?
 What is my greatest sexual fantasy?
 What is my greatest talent in listening to you and HDIFAT?
 What is one of the greatest moments of our_marriage?
 What is the greatest gift my mother gave me?
 What is the greatest gift we can give to each_other this Christmas?
 What is the greatest gift you could give me?
 What is the greatest healing device I can offer you?
 What is the greatest joy for me in dialogue?
 What is the greatest pleasure for me in dialogue?
 What is the greatest pressure affecting me during the follow-up period?
 What was my greatest fear as a child?
 What was my greatest fear as a new bride / groom?
 What was our greatest lovemaking experience? HDIFAT?
 Where have I experienced the greatest change in attitude? HDIFAT?

GREET (2)
 HDIF about the way you greet me at the end of the day?
 HDIF when you greet me after a tough day?

GREETING (2)
 HDIF greeting you at the door when I / you come home?
 HDIF when I send you a surprise greeting card?

GRILL (1)
 How would I feel if, this Christmas, you put a wreath on the car's grill?

GRIPES (1)
 HDIF when I listen to your gripes?

GROCERIES (1)
 HDIF when I help_you carry in the groceries?

GROOM (2)
 What was my greatest fear as a new bride / groom?
 When I look at you today, do I see you as my bride / groom?

GROUND (1)
 HDIF being around people who always have both feet on the ground?

GROUP (9)
 DIF better conversing one-on-one or conversing in a small group?
 HDI act in a group when they start talking about religion?
 HDIF about joining a dialogue support group?
 HDIF about starting / joining a dialogue support group?
 HDIF driving home from a meeting of our follow-up or support group?
 How does our support group enhance our_relationship?
 In group tasks, DIF better when cooperation is high or efficiency is high?
 Why did we join a support group? HDIF about that decision now?
 With what age group do I feel least comfortable? HDIF at those times?

GROUPS (2)
 In groups, I feel ... and I tend to ...
 In large groups, DIF better introducing other_people or getting introduced?

GROW (14)
 "If you are not free to risk, you cannot grow." HDIFAT?
 HDIF watching our_children grow?
 How could you help_me grow spiritually?
 How has our dialogue helped us grow closer to each_other?
 How have our past failures helped us to grow?
 In what area(s) do we as_a_couple need to grow?
 In what area(s) of our_relationship do we most need to grow?
 In what way am I afraid to grow old?
 In what ways am I afraid to grow old?
 On watching our parents grow older
 What activity helps me grow most as a Christian?
 What activity helps you grow most as a Christian?
 What have I done to help our parish / church grow in unity?
 Where do we need to grow in our_sexual_relationship?

GROWING (15)
 After reading TOB 8:5-7, HDIF about growing old with you?
 Am I growing intellectually? HDIFAT?
 Am I growing spiritually?
 Are we growing in unity?
 Given the alternative, HDIF about growing old?

HDIF about growing old with you?
 HDIF about growing old?
 HDIF about growing older?
 HDIF when I consider that we are growing in mutual knowledge?
 HDIF when I reflect that we are growing in mutual knowledge?
 How are we growing closer (or becoming more distant) as_a_couple?
 Our parents are growing older. HDIFAT?
 What can we do to keep our_marriage alive and growing?
 What emotions / feelings do I have knowing we are growing old together?
 You keep growing more beautiful each day?

GROWN (9)
 Has our_love grown since the weekend and follow-up?
 Has our_love grown since we became involved in the program?
 Have we grown, plateaued, or slipped backward in our_relationship this_week?
 How has our_love grown since our wedding day?
 How have we grown in our pain as well as our joy?
 How have we grown in our pain as well as our pleasures?
 In what area(s) have we grown because of past failures?
 Our love has grown in the follow-up period. HDIFAT?
 Our love has grown since our wedding day. HDIFAT?

GROWS (1)
 As our_marriage grows, so does the Church. HDIFAT?

GROWTH (19)
 Does my insistence that I am already open and honest hinder further growth?
 For our growth, we need God to be part of our_love relationship.
 For our growth, we need God to be part of our_marriage. HDIFAT?
 HDIF about my spiritual growth this Easter / Lent?
 HDIF about my spiritual growth this Easter?
 HDIF about our growth (or lack of growth) in the area of sex?
 HDIF about our spiritual growth as_a_couple?
 HDIF about our spiritual growth this Easter?
 HDIF knowing we are part of a community that supports couples' growth?
 HDIF when I am aware of growth in us?
 HDIF when I experience growth in our_sexual_relationship?
 How has the atmosphere in our_home changed because of our growth?
 Since we began dialoguing, what growth have I seen in our_relationship?
 The area(s) where I have seen the most growth in you is HDIFAT?
 What could I do to help my own spiritual growth?
 What could I do to help your spiritual growth?
 What do I think about our spiritual growth as_a_couple?
 What has been the greatest area of growth in our_sexual_relationship?
 What is most threatening to my spiritual growth right_now?

GRUDGE (1)
 After_a_fight: Am I still bearing a grudge? HDIF carrying a grudge?

GUARANTEED (1)
 On living today knowing we are not guaranteed tomorrow

GUESS (1)
 HDIF when circumstances make me "second guess" one of my own decisions?

GUEST (2)
 An overnight guest made their own bed? HDIFAT?
 Christ is the unseen guest at every meal. HDIFAT?

GUESTS (1)
 HDIF at parties when guests have had too much alcohol?

GUIDE (2)
 HDIF trusting God to guide our_lives?
 HDIF when I can trust God to guide our_lives?

GUILT (1)
 Am I experiencing any remorse or guilt for hurting someone else? Describe it.

GUILTY (7)
 A time when I felt guilty
 After_a_fight: Did one of us try to make the other feel guilty? Did it work?
 Am I guilty of empty or insincere affirmation?
 Am I sometimes guilty of empty or insincere affirmation? HDIFAT?
 Can I say "no" without feeling guilty?
 HDIF when I judge myself inadequate, guilty, unlovable?
 Have I ever felt guilty after performing a sex act? Be specific. HDIFAT?

HABIT (6)
 Do I have a bad habit that irritates you?
 What habit do I struggle to break? HDIFAT?
 What is my most compulsive habit? HDIFAT?
 What is my worst habit? HDIFAT?
 What would other_people say is my worst habit? HDIFAT?
 When I say "I love you," is it more of a habit or do I mean it?

HABITAT (1)

How would I feel getting involved in the Habitat for Humanity project?

HABITS (3)
 HDIF about our eating habits?
 On our spending habits
 What do I most need to change in my money habits?

HAIR (2)
 HDIF when I tell you your hair looks great?
 HDIF when someone leaves hair plugging the shower drain?

HALF-FORGIVE (1)
 HDIF when I only half-forgive you?

HALF-HEARTEDLY (1)
 HDIF when you hug me half-heartedly?

HALFHEARTEDLY (1)
 HDIF when you hug me halfheartedly?

HALLOWEEN (2)
 HDIF about Halloween?
 On having a Halloween costume party

HAND (6)
 HDIF walking hand in hand with you in the new-fallen snow?
 HDIF when I see God's hand in mine?
 HDIF when I squeeze your hand?
 HDIF when you hold my hand going to communion?
 HDIF when you hold my hand in public?
 The children do not want to hold my hand anymore? HDIFAT?

HANDICAPPED (1)
 HDIF when I see someone parked illegally in a handicapped space?

HANDLE (10)
 After_a_fight: What have I learned about the way I handle conflict?
 After_a_fight: What have I learned about the way you handle conflict?
 God has a job for us that only we can handle. HDIFAT?
 HDIF about how we handle our finances?
 HDIF about the way I / you handle money?
 HDIF when I exceed my limits, undertaking more than I can handle?
 HDIF when I stay within my limits, undertaking only as much as I can handle?
 Jesus will never give us a task that is too big to handle. HDIFAT?
 When I face more stress than I can handle, I tend to ...
 When we think we can handle it, I would like to try dialoguing on ...

HANDLES (1)
 Who handles the money in our_home? HDIFAT?

HANDLING (2)
 HDI see myself handling my responsibilities for our_family finances?
 What is my listening pattern when we talk about handling money?

HANDS (10)
 Do I use my hands to show I am listening to you and HDIFAT?
 HDIF about holding hands in public?
 HDIF about putting my life in God's hands?
 HDIF about trying to make something beautiful with my hands?
 HDIF holding hands during mass / church?
 HDIF when I see another couple holding hands?
 HDIF when we are holding hands?
 HDIF when we pray with our_children and hold hands?
 When we hold hands, what are we saying to each_other?
 When we hold hands, what are we saying to other_people?

HANDSHAKE (1)
 HDIF when someone gives me a firm handshake?

HAPPEN (3)
 What would be the most unlucky thing that could happen to me today?
 What would happen to the Sacrament of Matrimony without the church?
 What would happen to the church without the Sacrament of Matrimony?

HAPPENED (6)
 What experience of "romance" happened today?
 What good thing happened to me today?
 What happened today that made me feel sad?
 What is the best thing that happened to me today?
 What is the luckiest thing that has ever happened to us? HDIFAT?
 What is the nicest thing that happened to me this_week?

HAPPENING (2)
 How can I stop evil from happening?
 What is happening in our_relationship right_now?

HAPPENS (9)

"Life is what happens while we are making other plans." HDIFAT?
 What happens to me / us when we are accepting of each_other?
 What happens to me / us when we are not accepting of each_other?
 What happens to me when I reveal more of what is behind my mask?
 What happens when I am still lonely or feel used after we make_love?
 What happens when I let emotions / feelings take control over me?
 What happens when we are able to reveal all of ourselves to each_other?
 What kind of things frustrate me? HDIF when it happens?
 When something bad happens to me, do I let it hurt our_relationship?

HAPPIER (4)
 I would be happier if ...
 I would feel happier about us after these additional changes:
 If we doubled our present income, would be any happier?
 If we had twice our present income, would be happier?

HAPPIEST (6)
 I am happiest when ...
 One of the happiest days of my life
 What is my happiest memory of the past month / week / year?
 What is one of the happiest times I remember spending with you lately?
 What is the happiest memory I have of this Christmas?
 What is the happiest moment I have had with you this_week?

HAPPILY (1)
 Have we been an example of a happily married couple this_week?

HAPPINESS (2)
 HDIF about depending on you (rather than on things) for my happiness?
 HDIF about depending on you (rather than things) for my happiness?

HAPPY (16)
 A happy time for me this summer was when ...
 A time when I felt happy
 Am I doing enough of what makes me happy? HDIFAT?
 Am I happy with my job / career?
 HDIF when I care about the same things you are happy about?
 HDIF when I care about the things that make you happy?
 HDIF when I have done something to make you happy?
 HDIF when I make you happy?
 HDIF when other_people tell me how contented and happy they are?
 How can I tell when you are happy?
 How do I react when people sing "Happy Birthday" to me in public? HDIFAT?
 I am happy being married to you today because ...
 I am happy to be alive today because ...
 What do I think would make you happy?
 What is my most recent happy memory of us?
 You made me very happy this_week when ...

HARBOR (1)
 HDIF being around people who harbor smoldering resentments?

HARD (11)
 Am I comfortable doing things at the last minute or is it hard on my nerves?
 Am I easy or hard to get to know? HDIFAT?
 Am I trying too hard to change you?
 Are you trying too hard to change me?
 HDIF when you are being too hard on yourself?
 How does the way I see myself make it hard for me to reach_out to you?
 What am I working at believing about myself now? What makes it hard?
 What makes it hard for me to grant forgiveness and HDIFAT?
 What makes it hard for me to seek forgiveness and HDIFAT?
 What makes it hard to live according to our own values?
 What methods do I find hard to use in describing my emotions / feelings?

HARDER (4)
 I try harder to change when I ...
 Is it harder for me to adapt to a routine or to constant change? HDIFAT?
 Sometimes failure makes me want to try harder. HDIF during those times?
 Which is harder: admitting it when I am hurt or asking you for forgiveness?

HARDEST (4)
 What area is the hardest for me to reveal to you?
 What kind of compliment is hardest for me to accept from you?
 When was it hardest for me to decide to love you this_week?
 Which of the beatitudes do I find it easiest and which hardest to live?

HARDLY (1)
 Do I pride myself in hardly ever fighting with you?

HARMONIZE (1)
 HDIF about having to do work that does not harmonize with my values?

HAT (1)
 HDIF about wearing a cowboy hat?

HATE (2)

I hate people who ...
 What chore do I hate the most?

HAVING (42)
 Do I try to decide which emotions / feelings are OK to admit having?
 HDIF about God having a stake in our_marriage?
 HDIF about having a dog?
 HDIF about having a drink with friends?
 HDIF about having a drink?
 HDIF about having company stay with us?
 HDIF about having more children?
 HDIF about having regular medical and dental checkups?
 HDIF about having this regular dialogue time with you?
 HDIF about having to delay a decision until the last minute?
 HDIF about having to do work that does not harmonize with my values?
 HDIF about having to make a decision immediately?
 HDIF about us having the power to heal each_other?
 HDIF having an extra day to spend with you this month?
 HDIF having you to share special times with?
 HDIF when I think about having a baby during our middle years?
 HDIF when friends of ours are having marital problems?
 HDIF when friends of ours are having problems?
 Neighbors are having a party; we are not invited. HDIFAT?
 On having a Halloween costume party
 On having a costume party
 On having a day off, unexpectedly
 On having a garage sale
 On having a house full of company
 On having a picnic in the park with our_children
 On having a picnic in the park, just the two of us
 On having a romantic evening with you
 On having an information night in our_home
 On having no private time together
 On having so little private time together
 On having the ability to forgive each_other
 On having the grace from God to heal each_other
 On having time for vacation but no money
 On having time for vacation but no vacation money
 On my having to work overtime to make ends meet
 On not having enough money
 On your having to work overtime
 What are my thoughts about having the power to heal each_other?
 What can I do to contribute to our_family having a good time on vacation?
 What do I enjoy most about having your arm around me?
 What does having good friends mean_to_me?
 Would I feel better having great opportunity or great experience?

HAY (1)
 A hay ride is planned. HDIFAT?

HEAD (1)
 DIF better when I let my heart rule my head or vice versa?

HEADED (1)
 Where is our_relationship headed?

HEAL (12)
 Can we hope to heal our_relationship before we have clarified the issue?
 HDI need you to heal me?
 HDIF about us having the power to heal each_other?
 HDIF after we have had a long laugh together? Does laughter help heal?
 HDIF when I am hurt and you reach_out to heal me?
 HDIF when we are aware of using our forgiving power to heal each_other?
 HDIF when we are aware of using our power to heal each_other?
 HDIF when we heal each_other in dialogue?
 HDIF when you heal me in dialogue?
 HDIF when you heal me?
 On having the grace from God to heal each_other
 What are my thoughts about having the power to heal each_other?

HEALING (14)
 Are we living a lifestyle of forgiveness and healing in our_relationship?
 HDIF about healing?
 HDIF when we use the grace of healing to forgive another person?
 HDIF when we use the grace of healing to forgive each_other?
 HDIF when we use the grace of healing to forgive one of our_children?
 Have I brought healing to you recently?
 How have I experienced the grace of healing within our_relationship?
 On sex as a healing force
 Should lovemaking be part of the healing process or reserved for afterward?
 What is it about our charisma of healing that calls other_people?
 What is the greatest healing device I can offer you?
 What part does dialogue play in our hurting and healing?
 What was the last significant healing we had with each_other?
 When did we last experience healing in our_marriage? What made it possible?

HEALTH (4)

HDIF about dialoguing on health?
 HDIF about my state of health? Do I take it for granted?
 On your health
 What is one thing about my health that bothers me?

HEALTHIEST (1)
 What is the healthiest trait of our_family?

HEALTHY (1)
 Was my parent's relationship a healthy or unhealthy model for us? HDIFAT?

HEAR (30)
 Do I hear and keep the word of God?
 HDIF about us when I hear our favorite song?
 HDIF telling you something I judge you do not want to hear?
 HDIF telling you something I know you do not want to hear?
 HDIF when I hear "God does not make junk"?
 HDIF when I hear "as I have love you"?
 HDIF when I hear "love each_other"?
 HDIF when I hear "love is a decision"?
 HDIF when I hear Jesus' words, "Love each_other as I have loved you"?
 HDIF when I hear from other_people that you have "bragged" about me?
 HDIF when I hear from other_people that you have complained about me?
 HDIF when I hear gossip?
 HDIF when I hear our song?
 HDIF when I hear people discussing salaries?
 HDIF when I hear profanity?
 HDIF when I hear that God comes to me through you?
 HDIF when I hear that friends of ours are getting divorced?
 HDIF when I hear that friends of ours are separating / getting divorced?
 HDIF when I hear the laughter of children?
 HDIF when I hear, "Love is not love until you give it away"?
 HDIF when we hear "our song"?
 We hear and see values we do not agree with. HDIFAT?
 What are my thoughts when I hear "God does not make junk"?
 What did I want you to hear but you did not? HDIFAT?
 What do I do when I hear people gossiping?
 What do I need to hear from you that would allow me to be more open?
 What do I need to hear you talk about in our_sexual_relationship?
 What is my_favorite love song? HDIF when I hear it?
 What song can bring tears to my eyes? HDIF when I hear it?
 When I hear the Lord's call, I feel ...

HEARD (2)
 How did I first feel when I heard there were couples who dialogue daily?
 How did I first feel when I heard there were couples who dialogue regularly?

HEARING (7)
 HDIF after hearing the story of the prodigal son?
 HDIF hearing God's words, "I will never forget you."
 HDIF hearing Jesus say, "Love each_other as I have loved you"?
 HDIF hearing you say you love me?
 I really enjoy hearing you talk about ...
 My first reaction to hearing a new idea is ...
 What is the difference between hearing you and listening to you?

HEARS (1)
 God hears and sees all I do. HDIFAT?

HEART (8)
 "Where your treasure is, there will your heart be also (MT 6:24)."
 "Whoever has a heart full of love always has something to give." HDIFAT?
 DIF better when I let my heart rule my head or vice versa?
 Do I have Easter in my heart?
 Do I listen to you with my mind only or also with my heart?
 HDIF when I listen to you with my heart?
 HDIF when you listen to me with your heart?
 How can I make sure my gift to you is from my heart?

HEART-SHAPED (1)
 On preparing a heart-shaped meatloaf for dinner

HEARTACHES (1)
 HDIF when I patiently listen to your heartaches?

HEARTS (1)
 Is our sexual union a joining of our hearts, minds, bodies and spirits?

HEAVEN (4)
 HDIF about going to heaven with you?
 HDIF about our_marriage being made in heaven?
 Jesus ascended into heaven. HDIFAT?
 What is my idea of heaven?

HEAVENLY (1)
 What do I most need to change to be "perfect as the Heavenly Father"?

HELLO (5)
 HDIF about a daily phone call just to say hello?
 HDIF when I am the first to say "hello"?
 HDIF when other_people say "hello" to me?
 HDIF when you call during the day just to say hello?
 HDIF when you kiss me hello or good-bye?

HELP (37)
 Did we do our best this Christmas to help the needy and homeless?
 Do I want your help in discovering what my real needs are?
 Do we have a "little church" at home to help us stay on the program?
 HDIF about asking God to help us?
 HDIF about buying raffle tickets to help with fund-raisers?
 HDIF after we have had a long laugh together? Does laughter help heal?
 HDIF giving our time to help other_people?
 HDIF when I go and help a friend of yours?
 HDIF when I have to say "I need help"?
 HDIF when friends offer to help?
 HDIF when we sacrifice to help a couple come to the weekend or follow-up?
 HDIF when we try to settle arguments without asking God's help?
 How can we do something as_a family to help the poor?
 How does ... [name a minister] help us to experience God's_love for us?
 How does dialoguing on our emotions / feelings help us discover our needs?
 How does so-and-so [name someone] help us to experience God's_love for us?
 How seriously must I fail before I consider asking for help? HDIF when I ask?
 In what area(s) do I most need the Lord's help?
 In what area(s) do I most need your help in living as a sacramental couple?
 In what area(s) do I most need your help?
 In what specific way did I help someone today? HDIFAT?
 Is it easy for me to accept help when I need it? HDIFAT?
 What are my thoughts about asking for help with our dialogue?
 What are my thoughts when we should ask for help with our dialogue?
 What can I do next week to help people experience more of God's_love?
 What can I do to be more help to you?
 What could I do to help my own spiritual growth?
 What could I do to help your spiritual growth?
 What could we do to help the nearby poor?
 What do I want God to help us with?
 What do we do to help the nearby poor?
 What have I done to help other_people in our_family feel special?
 What have I done to help our "little church"?
 What have I done to help our parish / church grow in unity?
 What hopes do I have for our_children and what can we do to help them?
 What needs of yours do I see me being able to help with?
 Which of our_children most needs our help and understanding right_now?

HELP_ME (13)
 HDI think you can best help_me to be myself?
 HDIF about asking you to help_me listen better?
 HDIF when you help_me identify my emotions / feelings?
 HDIF when you help_me laugh at myself? When I help_you do the same?
 How can you help_me recognize my good qualities?
 How could you help_me grow spiritually?
 What can you do for me to help_me cope more effectively with stress?
 What can you do to help_me be more honest about myself?
 What do I need from you as_a family to help_me?
 What thoughts help_me to get moving in the morning?
 What thoughts help_me to sleep at night?
 When other_people want to help_me, I feel ... and I tend to ...
 You help_me to be a better person. HDIFAT?

HELP_YOU (16)
 After_a_fight: This will help_you better understand my reaction:
 HDI judge I can help_you at this time?
 HDIF when I help_you balance the checkbook?
 HDIF when I help_you carry in the groceries?
 HDIF when you ask me to help_you?
 HDIF when you help_me laugh at myself? When I help_you do the same?
 How can I help_you discover options to satisfy your needs?
 How can I help_you discover ways to satisfy your needs?
 How can I help_you express your emotions / feelings?
 How can I help_you when you are under pressure?
 How can I most help_you at this time?
 I am supposed to help_you recognize your good qualities. HDIFAT?
 What can I do for you to help_you cope more effectively with stress?
 What can I do help_you trust me more?
 What can I do to help_you listen better and HDIFAT?
 What is my plan to help_you enjoy life on a daily basis?

HELPED (15)
 How has dialogue helped me get in touch or stay in touch with you?
 How has dialogue helped me meet my_need for autonomy?
 How has dialogue helped me meet my_need for belonging?
 How has dialogue helped me meet my_need for love?
 How has dialogue helped me meet my_need for self-worth?
 How has dialogue helped you get in touch or stay in touch with your spouse?
 How has our dialogue helped me to keep you number one in my life?

How has our dialogue helped us grow closer to each_other?
 How has our non-verbal communication helped our_relationship?
 How have our past failures helped us to grow?
 How have you helped me be a better person?
 How is our community helped by our activity in Encounter / Retrouvaille?
 How is our community helped by our involvement in the program?
 What helped me be open to change during the follow-up period?
 What quality in you helped me trust in our young marriage?

HELPING (6)

HDIF about helping other_people who are out of work?
 HDIF about helping teach someone?
 HDIF helping you prepare for our Thanksgiving meal?
 Is our involvement in this program helping us as_a_couple?
 When I am at a party, HDIF about helping to get things going?
 Why do not I trust you with helping me with sex?

HELPS (5)

What activity helps me grow most as a Christian?
 What activity helps you grow most as a Christian?
 What attitude of mine helps me act in a loving way?
 What charisma (strength) do I have from the Spirit that helps the world believe?
 What helps me confess my weaknesses to you?

HERE (5)

Here is my description of an ideal father:
 Here is my description of an ideal friend:
 Here is my description of an ideal mother:
 Here is my description of an ideal spouse:
 What is renewed in me now that summer is finally here?

HI (1)

HDIF when I call you up just to say "hi"?

HIDDEN (1)

What emotions / feelings have I kept hidden from you lately?

HIDE (2)

Do I hide my pride or tenderness or fear of embarrassment?
 Do I try to control or hide my emotions / feelings?

HIGH (2)

HDIF about taking a walking tour through my old high school?
 In group tasks, DIF better when cooperation is high or efficiency is high?

HIGHER (1)

Do I judge other_people by higher or lower standards than I use on myself?

HIGHLY (1)

Am I highly critical of myself? HDIFAT?

HINDER (2)

Does my insistence that I am already open and honest hinder further growth?
 Does my insistence that I am open and honest hinder our_relationship?

HINDERS (1)

What hinders us from making better decisions and HDIFAT?

HIRING (1)

HDIF about hiring people smarter than I am?

HIT (3)

HDIF when I unavoidably hit some small animal with the car?
 If I hit and killed a dog, would I notify the owner? HDIFAT?
 Someone hit our car. HDIFAT?

HOBBIES (1)

On pain-killers that I use (alcohol, drugs, hobbies, TV, etc.)

HOBBY (2)

Does a hobby keep us separated much of the time? HDIFAT?
 HDIF about a hobby that keeps us separated much of the time?

HOLD (15)

"You cannot hold on to another person out of fear of loss." HDIFAT?
 HDIF when I hold onto you in the labor room?
 HDIF when I hold the door open for you?
 HDIF when I hold you as you cry yourself to sleep?
 HDIF when I try to hold my temper?
 HDIF when we pray with our_children and hold hands?
 HDIF when you hold me in your arms?
 HDIF when you hold my hand going to communion?
 HDIF when you hold my hand in public?
 The children do not want to hold my hand anymore? HDIFAT?
 The values I hold most important in my life are ...
 What sexual values do I hold?
 What values do I hold that I would like the world to see?

When we hold hands, what are we saying to each_other?
 When we hold hands, what are we saying to other_people?

HOLDING (8)

HDIF about holding hands in public?
 HDIF holding hands during mass / church?
 HDIF when I am holding something back from you?
 HDIF when I am holding you close to me?
 HDIF when I see another couple holding hands?
 HDIF when we are holding hands?
 HDIF when you are holding me in your arms?
 HDIF when you seem to be holding something back from me?

HOLDS (1)

What holds us together as_a_couple and HDIFAT?

HOLIDAY (8)

HDIF about planning a winter holiday with you?
 How can this holiday literally be a time of re-creation?
 On holiday planning as_a_family
 What am I most thankful for on this holiday?
 What does this holiday mean_to_me?
 What holiday is my_favorite? Why?
 What special moment of the past holiday season will I always remember?
 Which holiday do I like best? HDIF on that day?

HOLIDAYS (9)

HDIF about going home for the holidays?
 HDIF about the holidays this year?
 HDIF when TV sports controls meals and holidays in our_home?
 Holidays are a time for family togetherness. HDIFAT?
 On being with family during the holidays
 On eating out on holidays
 On our financial status after the holidays
 On sharing the holidays with you
 On spending money during the holidays

HOLINESS (1)

HDIF about being called by God to a life of holiness?

HOLY (8)

Do we strive to be one as Father, Son and Holy Spirit are one?
 HDIF about becoming holy by being your lover?
 HDIF using the gifts of the Holy Spirit?
 Have I ever felt the power of the Holy Spirit?
 How can our_family gain strength from the Holy Family?
 How has our Lent prepared us for Holy Week?
 How is our_family relationship similar to the Holy Family?
 Married sexuality is holy. HDIFAT?

HOME (26)

Company stops in when we are about to leave home. HDIFAT?
 Do we have a "little church" at home to help us stay on the program?
 HDIF about both of us working outside the home?
 HDIF about going home for the holidays?
 HDIF about staying home with you?
 HDIF about visiting a nursing home?
 HDIF driving home from a meeting of our follow-up or support group?
 HDIF greeting you at the door when I / you come home?
 HDIF realizing you might not come home tonight?
 HDIF when I am waiting for you to come home in bad weather?
 HDIF when I go to bed knowing you will be home late?
 HDIF when I know you are home alone?
 HDIF when I know you are home by yourself?
 HDIF when a couple we have invited comes home from a weekend and thanks us?
 HDIF when things go wrong at home?
 HDIF when we entertain friends at home?
 HDIF when you are late coming home from work?
 HDIF when you are still not home and the weather is bad?
 HDIF when you come home from work?
 HDIF when you come home late?
 HDIF when you come home unexpectedly?
 If Christ dropped in to visit today, would He feel at home?
 What is the level of our communication when we are home together?
 What makes a house a home?
 What makes our house a home?
 Where would I like to have a summer home? HDIFAT?

HOMELESS (2)

Did we do our best this Christmas to help the needy and homeless?
 What can we do for the poor, the homeless and the lonely?

HONEST (13)

Am I honest with myself in my commitment to dialoguing regularly?
 Am I honest with myself in my commitment to regular dialogue?
 Do I consider myself smoothly diplomatic or brutally honest? HDIFAT?

Does my insistence that I am already open and honest hinder further growth?
 Does my insistence that I am open and honest hinder our_relationship?
 HDIF about the honest of our dialogue?
 HDIF when I want to be honest but am afraid of hurting you?
 HDIF when we are striving to be open and honest with each_other?
 How honest is our tax return?
 What can you do to help_me be more honest about myself?
 What does being an open and honest couple mean_to_me?
 What has kept me from being completely honest before now? HDIFAT?
 What keeps me from being more completely honest in my dialogue letter?

HONESTY (1)
 When do I think that honesty is not the best policy? HDIFAT?

HONEY (1)
 Someone forgot to wipe the honey jar before putting it away? HDIFAT?

HONORED (1)
 HDIF when one of our_children is honored and the others are left out?

HONORING (1)
 HDIF about honoring the dead?

HOPE (4)
 Can we hope to heal our_relationship before we have clarified the issue?
 What do I hope to accomplish this summer?
 What do I hope to achieve through dialogue?
 What romantic thing do you do for me that I hope you never stop doing?

HOPEFUL (4)
 In what specific ways am I hopeful for Encounter / Retrouvaille?
 In what specific ways am I hopeful for our_relationship?
 In what specific ways am I hopeful for the Church?
 In what specific ways am I hopeful for the world?

HOPES (9)
 HDIF about the hopes I have for our_children?
 On my hopes and dreams for our_children
 We had many hopes for each_other on our wedding day. HDIFAT today?
 What are my hopes and expectations for the summer?
 What are my hopes for our future together?
 What are my hopes for this Lenten season?
 What are my hopes for us in the area of sex?
 What hopes do I have for our_children and what can we do to help them?
 What hopes do I have for the coming weekend?

HOPING (2)
 Am I hoping more for unity in our_marriage or for uniformity?
 HDIF when I am hoping you keep your emotions / feelings to yourself?

HORRIFIED (1)
 A time when I felt horrified

HORSEBACK (1)
 How would I feel if I could go horseback riding?

HOSPITAL (3)
 HDIF when I visit people in the hospital?
 HDIF when I visit you in the hospital?
 HDIF when we go to see your mother / father in the hospital?

HOSPITALITY (1)
 On our hospitality

HOT (2)
 HDIF when we negotiate a compromise between_us on a hot issue?
 HDIF when we work out a compromise between_us on a hot issue?

HOT-AIR (1)
 HDIF about hot-air ballooning?

HOUR (1)
 Is our dinner hour a pleasant time?

HOURS (5)
 HDIF about working many hours in a room with no windows?
 HDIF when I see you working too many hours?
 How many hours do I watch TV in a typical day? In a typical week? HDIFAT?
 How would I feel working a few hours a month in a soup kitchen?
 Our sexual experience is 24 hours a day? HDI live this out?

HOUSE (12)
 HDIF about giving my two best friends a key to the house?
 HDIF sleeping at my in-laws' house with you?
 HDIF when I complete some big, unusual task around the house?
 HDIF when I have the house looking neat for you?
 HDIF when I see the house in a mess?

If our house burned down, could we dialogue on God's_love the next day?
 If our house were on fire, what one object would I most want to save?
 On having a house full of company
 On leaving love notes around the house
 The house is a mess. HDIFAT?
 What makes a house a home?
 What makes our house a home?

HOUSEHOLD (3)
 HDIF when I do some household chore without being reminded to do it?
 How did I feel the last_time we finished a household project?
 I think our next household project should be ...

HOUSEWORK (2)
 HDIF when I have to do housework?
 HDIF when we take time to wallpaper, paint or do other housework as_a_couple?

HUG (7)
 HDIF when I hug another Christian?
 HDIF when I need a hug but do not / will not ask for one?
 HDIF when you give me an unexpected hug?
 HDIF when you hug me after a rough day?
 HDIF when you hug me half-heartedly?
 HDIF when you hug me halfheartedly?
 HDIF when you hug me?

HUGGING (6)
 HDIF about hugging another couple?
 HDIF hugging our son or daughter after I have disciplined them?
 On hugging each_other in public
 On hugging in public
 On hugging our friends in public
 On hugging people we do not know all that well

HUMAN (1)
 HDIF about God sending His son to be a human presence in the world?

HUMANITY (1)
 How would I feel getting involved in the Habitat for Humanity project?

HUMBLE (1)
 Am I humble?

HUMDRUM (1)
 When things are humdrum in our_lives, do I compare us to other_people?
 HDIFAT?

HUMOR (2)
 HDIF about my sense of humor?
 What can I do to improve my sense of humor?

HUNCHES (1)
 HDIF relying on hunches / intuition when things cannot be proved?

HUNGOVER (1)
 A time when I felt hungover

HUNGRY (2)
 HDIF when I am hungry but cannot / do not take time to eat?
 How do we "feed the hungry" of the world?

HURRIED (1)
 On my / your hurried schedule

HURRY (1)
 HDIF when I hurry to answer the phone and it is only a solicitor?

HURT (34)
 A time when I felt hurt
 A time when I had hurt feelings
 After I forgive, do I remember the hurt or the reconciliation?
 After_a_fight: Am I still feeling hurt? Describe the pain.
 After_a_fight: Who got hurt? When? Why? HDIFAT?
 Am I experiencing any anger or resentment over being hurt? Describe it.
 Am I experiencing any sadness or hurt over being injured? Describe it.
 Are we constantly getting hurt and making up in the same areas and HDIFAT?
 HDIF about the times when I deliberately hurt you during a fight?
 HDIF when I am hurt and you reach_out to heal me?
 HDIF when I have hurt you?
 HDIF when I know I have hurt you?
 HDIF when I know that I have hurt you deeply?
 HDIF when I know that I have hurt you?
 HDIF when I know that I have hurt your feelings?
 HDIF when I realize I have hurt you?
 HDIF when I think I have hurt your feelings?
 HDIF when I try to understand how much you hurt?

How can I tell when you are hurt?

Hurt is an inevitable part of a close relationship. HDIFAT?

In think I may have hurt you this month when ...

My greatest hurt in our_sexual_relationship is ...

On outside influences causing hurt between_us

What do I usually do about things that hurt me? HDIFAT?

What is my greatest hurt in our_sexual_relationship? HDIFAT?

What keeps me from doing something about things that hurt me? HDIFAT?

When I am hurt, I react by ...

When I am hurt, I would appreciate it if you ...

When I realize I have hurt you, HDIF?

When recently do I remember loving you beyond inconvenience or hurt?

When recently do I remember your loving me beyond inconvenience or hurt?

When something bad happens to me, do I let it hurt our_relationship?

When you are hurt, I would appreciate it if you ...

Which is harder: admitting it when I am hurt or asking you for forgiveness?

HURTING (7)

Am I experiencing any remorse or guilt for hurting someone else? Describe it.

Can I identify with hurting couples? HDIFAT?

Do we know any couple who is hurting?

HDIF when I think you are hurting me intentionally?

HDIF when I want to be honest but am afraid of hurting you?

How would I feel discovering that you are hurting right_now?

What part does dialogue play in our hurting and healing?

HURTS (2)

HDIF when someone hurts you?

HDIF when you bring up past hurts?

HUSBAND (4)

Am I striving to be the best husband / wife I can be?

HDIF when I know someone is cheating on their wife / husband?

What are my expectations of you as husband / wife?

What is a "good husband" / "good wife" and do I measure up?

HUSBANDS (3)

"Husbands, love your wives as Christ loved the Church." HDIF about these words?

"Husbands, love your wives as your own bodies." HDIF about these words?

HDIF about "husbands, love your wives as your own bodies?"

HYPERSENSITIVE (1)

HDIF being around people who are hypersensitive?

ICE (4)

HDIF when I clean off the ice from your windshield?

HDIF when I stop with you for ice cream?

HDIF when no one refills the ice cube trays?

On sharing an ice cream cone

IDEA (9)

Describe my idea of a perfect romantic evening, start to finish? HDIFAT?

Given a workable idea, will I analyze what is still wrong with it? HDIFAT?

HDIF knowing it is God's idea for us to be together?

HDIF when I delay acting on a good idea until it's too late?

HDIF when I let other_people talk me out of pursuing a great idea?

My first reaction to hearing a new idea is ...

On my idea of a romantic evening

What is my idea of heaven?

What would be my idea of a good family outing?

IDEAL (5)

Here is my description of an ideal father:

Here is my description of an ideal friend:

Here is my description of an ideal mother:

Here is my description of an ideal spouse:

What would be the ideal place and time for us to make_love? HDIFAT?

IDEALIST (1)

Do I consider myself as an idealist or a realist? HDIFAT?

IDEAS (2)

HDIF being around people who are always coming up with new ideas?

HDIF when you suggest romantic ideas?

IDENTIFICATION (1)

HDIF when cashiers ask for several pieces of identification?

IDENTIFY (3)

Can I identify with hurting couples? HDIFAT?

Can I identify with romantic couples? HDIFAT?

HDIF when you help_me identify my emotions / feelings?

IF (106)

"If you are not free to be yourself, you cannot love." HDIFAT?

"If you are not free to reject, you cannot accept." HDIFAT?

"If you are not free to risk, you cannot grow." HDIFAT?

After_a_fight: Could we have avoided this fight? How would I feel if we had?

All we have is from God. How would I feel if I had to give it back?

Do I sometimes like to provoke fights even if I do not start them?

Do I sometimes provoke fights even if I do not start them?

Do I write to you as if I am writing to a diary? HDIFAT?

How would I feel if I could go horseback riding?

How would I feel if I fed some stranger's expired parking meter?

How would I feel if I found out we are pregnant?

How would I feel if I gave a compliment to three people every day?

How would I feel if I got a Valentine card from a secret admirer?

How would I feel if I had to lie to protect someone I love?

How would I feel if I made some new friends this_week?

How would I feel if I were there when Christ was crucified?

How would I feel if one of our_children would want to become a minister?

How would I feel if one of our_children would want to enter the ministry?

How would I feel if our TV were to break and stay broken?

How would I feel if our TV were to break?

How would I feel if someone in the family knew how to perform CPR?

How would I feel if the angel Gabriel spoke to me?

How would I feel if you never changed from the way you are right_now?

How would I feel if, this Christmas, you put a wreath on the car's grill?

How would I react if someone called me a person of "real feeling"?

How would I react if someone said I was "consistently reasonable"?

I would be happier if ...

I would be more comfortable in our_relationship if ...

I would feel better if these rules were removed from our_relationship:

I would feel better if we negotiated the following:

I would feel really pampered if

I would really feel special if ...

If Christ dropped in to visit today, would He feel at home?

If God is for us, who can be against us?

If I am not junk, then what am I?

If I become more committed to you, I might have to give up HDIFAT?

If I could bring faith and God to one person, who would it be?

If I could change any one thing about myself, I would change ...

If I could change any one thing about you, I would change ...

If I could change careers, what would I like to do?

If I could change my career, what would I like to do?

If I could change one attitude of mine, it would be HDIFAT?

If I could change one attribute of my personality, what would it be? HDIFAT?

If I could change one thing about me, I would ...

If I could design my own children's TV show, what would it be like?

If I could do anything I wanted with you, what would we do?

If I could erase any moment in our_relationship, which would it be? HDIFAT?

If I could gain any one ability or quality, what would it be? HDIFAT?

If I could give you one thing for Christmas, it would be ...

If I could have any vacation I wanted, I would ...

If I could have one wish, what would it be?

If I could receive a sixth sense, what would it be?

If I could take you any place, where would I take you?

If I could, what good time would I choose to relive with you? HDIFAT?

If I did not need money, what would I be doing today? HDIFAT?

If I died with no chance to talk to you, what would I regret not saying?

If I had all the money in the world, what gift would I buy you?

If I had known then what I know now about raising children ...

If I had my life to start again, what would I change?

If I had only two days to live, how would I spend them?

If I had this day to do over, what would I change?

If I had three wishes, I would wish for ...

If I had to choose just one day to remember, I would choose ... because ...

If I had tons of money, what would I give you for Christmas?

If I hit and killed a dog, would I notify the owner? HDIFAT?

If I knew I were going to die tomorrow, what would I do and feel today?

If I knew we had no tomorrow, how would I live today with you?

If I were a Christmas present, how would I be wrapped under the tree?

If I were completely free right_now, I would ...

If I were to die, what would I most want to be remembered for?

If I were to list my strengths, what would stand out to me?

If I were to list my weaknesses, what would stand out to me?

If I were to lose you, what about you would I miss the most?

If I were to send you a 25-word telegram, what would I write?

If Jesus asked, "What have we done to build the Kingdom?"

If Jesus were at the foot of our bed, would He be smiling?

If dialogue is so important to our_relationship, why do we miss?

If dialogue is so important, why do not we do it more often?

If one of our_children left for the seminary today, how would I feel?

If our house burned down, could we dialogue on God's_love the next day?

If our house were on fire, what one object would I most want to save?

If possible, I would like to reclaim these things I gave up for you:

If someone close to me were to die, what would I most need from you?

If there were a death in our_family this_week, how would I feel?

If this were our last Christmas, how would I like to spend it?

If we doubled our present income, would be any happier?

If we had no tomorrow, how would I live today with you?

If we had twice our present income, would be happier?

If we were given \$10,000 cash, what would I want to do with it? HDIFAT?

If you died, what quality of yours would I miss most?
 If you ever stopped dialoguing for a while, why?
 Jesus said, "If you believe in me, you will never die." HDIFAT?
 On the things I would miss most about you if you were dead
 What is the most important thing I will miss if you die?
 What would I like to take back if I could? HDIFAT?
 What would it be like for me if you died first? HDIFAT?
 What would it be like for you if I died first? HDIFAT?
 What would my profession be if money were no object? HDIFAT?
 What, if anything, is too serious to be joked about? HDIFAT?
 When I am hurt, I would appreciate it if you ...
 When the going gets rough, I feel better if I ...
 When you are hurt, I would appreciate it if you ...
 Who would we be eager to tell if child chose to enter religious life?
 Would God be upset if I made you number 1?
 Would I feel better if someone found me practical or ingenious?
 Would I feel resentment if you died?

IF'S (1)
 What are the "if's" I put on our_relationship?

IGNORE (1)
 After_a_fight: When did I refuse to listen or ignore what was said? HDIFAT?

IGNORING (1)
 When making an important decision, HDIF about ignoring my emotions / feelings?

ILL (2)
 HDIF when I have to depend on you when I am ill?
 HDIF when a member of my family is ill?

ILLEGALLY (1)
 HDIF when I see someone parked illegally in a handicapped space?

ILLNESS (1)
 How does our_family respond to illness?

IMAGE (4)
 How does the image I try to project affect our dialogue?
 How does the image I try to project affect our_relationship?
 On my image of God
 What is our couple image?

IMAGINATION (1)
 In general, do I rely more on my imagination or my common sense? HDIFAT?

IMAGINATIVE (1)
 DIF better dealing with imaginative people or realistic people?

IMAGINE (1)
 Can I imagine being more open in another relationship? Why? HDIFAT?

IMMEDIATELY (3)
 HDIF about having to make a decision immediately?
 HDIF immediately after we make_love?
 When I finish a task, HDIF about going immediately to the next task?

IMPACT (1)
 What impact do our_children have on our_relationship right_now?

IMPATIENT (3)
 Am I impatient in prayer?
 Am I impatient with you?
 When do I get impatient with you?

IMPLEMENTING (1)
 Am I usually tentative or vigorous in implementing my decisions?

IMPOLITE (2)
 HDIF when I am being impolite or rude to other_people?
 HDIF when other_people are impolite or rude to me?

IMPORTANCE (6)
 HDIF about letting Priests know their importance to us?
 HDIF about letting Religious know their importance to us?
 HDIF about letting priests / ministers know their importance to us?
 HDIF about letting religious know their importance to us?
 HDIF about the importance of making decisions as_a_couple?
 HDIF about the importance of our_relationship to our church?

IMPORTANT (38)
 ... is the most important thing in my life right_now. HDIFAT?
 Are family meals together important to me?
 Are our important papers in a safe place? HDIFAT?
 Do I really believe that we as_a_couple are important to the Church?
 HDIF about the decision to love being important to us?

HDIF when I am rushed into making an important decision?
 HDIF when I tell you how important you are to me?
 HDIF when some other interest seems more important to you than I do?
 HDIF when the telephone interrupts something important?
 HDIF when we agree on an important issue?
 HDIF when we make the issue more important than the relationship?
 How has our dialogue made you more important in my life?
 How important are material things to me?
 How important is financial security to me?
 How important is non-verbal communication to our_relationship?
 How important is our dialogue to me?
 How important is spoken communication to our_relationship?
 If dialogue is so important to our_relationship, why do we miss?
 If dialogue is so important, why do not we do it more often?
 In an important conversation, I feel ... and I tend to ...
 In what important area(s) do I find it most difficult to listen to you?
 Is it more important to see possibilities or adjust to facts? HDIFAT?
 Is passion an important aspect of our_relationship? HDIFAT?
 On the most important discovery I made about you on our_weekend or after
 The most important priority to me right_now is ...
 The most important thing in my life right_now is HDIFAT?
 The values I hold most important in my life are ...
 What are my most important values for our_relationship?
 What evidence do I have in my life that dialogue is important?
 What evidence do you have in your life that regular dialogue is important?
 What have I learned about the issues or problems we consider important?
 What is the most important thing I will miss if you die?
 What is the most important topic for us to discuss today and HDIFAT?
 What possessions are most important to me?
 What were the most important aspects of our wedding ceremony to me?
 When making an important decision, HDIF about ignoring my emotions / feelings?
 When making an important decision, HDIF about trusting my emotions / feelings?
 Whose good opinion is important to me?

IMPOSSIBLE (2)
 What is my "impossible dream" for us?
 What steps can we take to make our "impossible dream" a reality?

IMPRESS (1)
 HDIF being around people who try to impress me?

IMPROVE (15)
 Do I think a budget would improve our_relationship?
 HDIF when our loved ones refuse to do anything to improve their marriage?
 How are we living God's_plan and what can I do to improve it?
 How can I improve our_sexual_relationship?
 How can we improve our spiritual life as_a_couple?
 How can we improve our spirituality as_a_family?
 We could improve the way we make decisions by ...
 What can I do to improve my sense of humor?
 What can we do to improve our dialogue?
 What can we do to improve our_relationship?
 What decisions can I make to improve our_marriage?
 What do I need to do to improve my appearance?
 What have I done to improve our_relationship this month?
 What listening skills could improve our communication?
 What one thing can I change to improve the atmosphere in our_home?

IMPROVED (3)
 Are there areas where our_sexual_relationship could be improved? HDIFAT?
 Has my self-image improved as a result of our dialogue?
 How has our non-verbal dialogue improved during the follow-up period?

IMPROVEMENT (1)
 HDIF when I receive a gift that suggests I need improvement?

IN-LAWS (3)
 How have in-laws contributed a positive change in our_family?
 On visiting in-laws
 What special strength do I see in my in-laws?

IN-LAWS' (1)
 HDIF sleeping at my in-laws' house with you?

INABILITY (1)
 Does our inability to have children make a difference in our_lovemaking?

INADEQUATE (5)
 Am I inadequate sexually? HDIFAT?
 HDIF when I judge myself inadequate, guilty, unlovable?
 Have I ever felt inadequate sexually?
 On what I feel most inadequate about in sex
 What do I feel most inadequate about in sex? HDIFAT?

INAPPROPRIATE (1)

HDIF when I am unable to stop laughing, especially at an inappropriate time?

INCIDENTS (1)

What are some of the family incidents our_children will always remember?

INCOME (4)

HDIF about contributing five percent of our income to charity?

HDIF about tithing a portion of our income?

If we doubled our present income, would be any happier?

If we had twice our present income, would be happier?

INCONVENIENCE (2)

When recently do I remember loving you beyond inconvenience or hurt?

When recently do I remember your loving me beyond inconvenience or hurt?

INCONVENIENT (1)

HDIF when you are sick at an inconvenient time?

INCORPORATE (1)

How can we incorporate prayer into our daily life?

INCREASE (3)

HDIF when stock market trends increase the value of our investments?

What can our_family do to increase religious vocations in our parish?

What could you do to increase my sexual anticipation?

INCREASED (3)

Do I have an increased capacity for all relationships because of our_love?

Do I have an increased capacity for other relationships because of our_love?

HDIF about increased sexual intimacy?

INCREASING (3)

HDIF about increasing our level of sexual intimacy?

HDIF when we are open to increasing the size of our_family?

When I consider the increasing rate of inflation, I feel ...

INDECISIVE (1)

HDIF being around people who are chronically indecisive?

INDIFFERENCE (1)

HDIF when I am practicing indifference toward you?

INDIFFERENT (3)

A time when I felt indifferent

HDIF when I am indifferent toward you?

HDIF when you seem indifferent to me?

INDIVIDUALITY (1)

How does our individuality strengthen us as_a_couple?

INDIVIDUALS (1)

HDIF when we appear as partners, not as individuals only?

INEVITABLE (1)

Hurt is an inevitable part of a close relationship. HDIFAT?

INEXPENSIVE (1)

HDIF about driving inexpensive cars?

INFERIOR (1)

In what area(s) DIF inferior to you?

INFLATION (3)

How has inflation affected us and HDIFAT?

When I consider the increasing rate of inflation, I feel ...

When I think about the rate of inflation, I feel ...

INFLUENCE (4)

HDIF about the influence of my mother / father in my life?

HDIF about the influence of my mother in my life?

HDIF when you try to influence my decisions?

What has the strongest positive influence on my sexual experience?

INFLUENCES (3)

HDIF about the way our_marriage influences other_people?

HDIF when our_marriage positively influences our_family and friends?

On outside influences causing hurt between_us

INFLUENCING (4)

HDIF when I see our_couple love influencing other_people around us?

HDIF when I see our_marriage influencing other_people around us?

How is my father / mother still influencing my life?

How is today's society influencing our_family?

INFORMATION (3)

HDIF when we ask a couple to an information night?

On having an information night in our_home

Why do I keep information from you? What am I afraid of?

INGENIOUS (1)

Would I feel better if someone found me practical or ingenious?

INHERITED (1)

Have we inherited any family traditions from our grandparents?

INHIBIT (1)

What obstacles do I allow to inhibit me from speaking freely? HDIFAT?

INHIBITIONS (2)

HDIF about my inhibitions about sex?

On my inhibitions about sex

INHIBITS (1)

What inhibits me in our_sexual_relationship?

INITIATE (3)

Do I usually initiate friendships or wait to be approached? HDIFAT?

HDIF when I initiate sex?

HDIF when you initiate sex?

INJURED (1)

Am I experiencing any sadness or hurt over being injured? Describe it.

INJURY (1)

Am I experiencing any fear over some expected injury or loss? Describe it.

INJUSTICES (1)

HDI deal with injustices?

INNER (2)

HDIF when I listen to my inner self instead of listening to other_people?

When was the last_time I felt complete inner peace?

INNERMOST (2)

Can I expose my innermost sexuality to you? HDIFAT?

HDIF when I reveal my innermost emotions / feelings to you?

INNOCENCE (1)

We cannot return to innocence. HDIFAT?

INNOVATIVE (1)

HDIF about criticism? Does it keep me focused and innovative?

INSECURITIES (1)

How do your insecurities affect me?

INSIDE (3)

After_a_fight: On the surface, am I logical or emotional? HDIF deep inside?

HDIF when you can experience some of what I am feeling inside?

What is going on inside me in our_sexual_relationship?

INSINCERE (2)

Am I guilty of empty or insincere affirmation?

Am I sometimes guilty of empty or insincere affirmation? HDIFAT?

INSIST (1)

After_a_fight: Did one of us insist on being right? HDIFAT now?

INSISTENCE (2)

Does my insistence that I am already open and honest hinder further growth?

Does my insistence that I am open and honest hinder our_relationship?

INSISTS (1)

HDIF when someone else insists on trying to run my life?

INSPIRATION (2)

HDIF when I am a source of inspiration to you?

How can I be an inspiration to our_family to prepare for Lent?

INSPIRE (1)

How can we inspire other_people to dialogue?

INSPIRED (2)

HDIF when we are inspired by another couple?

HDIF when we are inspired by another couples' relationship?

INSTALLING (1)

HDIF about installing dead-bolt locks on our outside doors?

INSTANCE (1)

Describe a specific instance when I was most turned on sexually? HDIFAT?

INSTEAD (7)

Do I sometimes try to control you instead of accepting you they way you are?

HDIF when I do what I should do instead of what I want to do?
 HDIF when I get the answering machine instead of a live person?
 HDIF when I listen to my inner self instead of listening to other_people?
 HDIF when I react instead of respond to you?
 HDIF when you react instead of respond to me?
 HDIF when you say "It's OK" or "Forget it" instead of "I forgive you."

INSTRUMENT (1)
 HDIF about learning to play a musical instrument?

INSURANCE (1)
 HDIF about buying burial insurance?

INTEGRITY (1)
 HDIF when I have to compromise my integrity?

INTELLECTUALLY (1)
 Am I growing intellectually? HDIFAT?

INTENTIONALLY (1)
 HDIF when I think you are hurting me intentionally?

INTERACTION (1)
 What can we do to foster cooperative interaction in our_family?

INTERCOURSE (2)
 Do I choose sexual intercourse to meet my_need to be loved?
 Do I sense God's presence in our_relationship during intercourse?

INTEREST (8)
 Do I think you show enough interest in my emotions / feelings? HDIFAT?
 HDIF when some other interest seems more important to you than I do?
 HDIF when you have a strong interest that I cannot share?
 HDIF when you look at other women / men with obvious interest?
 HDIF when you lose interest in your job / career?
 HDIF when you show interest in your job / career?
 I have an interest you may not be aware of. HDIF telling you about it?
 What new activity or interest could I make space for in my life? HDIFAT?

INTERESTS (3)
 Can the new people I meet tell what interests me right away? HDIFAT?
 HDIF when our different interests separate us?
 Our separate interests are drawing us apart. HDIFAT?

INTERFERE (10)
 Are my priorities so materialistic that they interfere with us?
 Do I allow my sexual values to interfere with my response to you?
 Do I let my little aches and pains interfere with our_relationship?
 Does my desire for fulfillment interfere with our_relationship?
 Does my desire for self-fulfillment interfere with our_relationship?
 Does my job / career interfere with our_relationship?
 Does my mask interfere with our_lovemaking?
 How does my mask interfere with our romance? HDIFAT?
 How does my mask interfere with our_relationship?
 How does my mask interfere with the way I listen to you?

INTERFERED (2)
 How have my moods interfered with our_relationship?
 When recently has my mask interfered in our_relationship?

INTERFERES (1)
 HDIF when your job / career interferes with our_relationship?

INTERRUPT (1)
 HDIF when you interrupt me in conversation?

INTERRUPTED (2)
 HDIF when our dialogue is interrupted?
 HDIF when our_lovemaking is interrupted?

INTERRUPTS (2)
 HDIF when someone interrupts me?
 HDIF when the telephone interrupts something important?

INTIMACY (13)
 HDIF about increased sexual intimacy?
 HDIF about increasing our level of sexual intimacy?
 HDIF about my fear of intimacy?
 How does our budget affect our intimacy?
 Intimacy is a challenge for us. HDIFAT?
 Intimacy is a challenge to forge our future together. HDIFAT?
 On my fear of intimacy
 Our intimacy is renewed each time we communicate more deeply. HDIFAT?
 What does intimacy mean_to_me?
 What is the effect of our sexual intimacy on me?
 What is the effect of our sexual intimacy on other_people?
 What is the effect of our sexual intimacy on our_children?

What is the effect of our sexual intimacy on us_as_a_couple?

INTIMATE (10)
 Am I willing to be intimate and vulnerable with other_people?
 Are we as intimate today as we once were? HDIFAT?
 HDIF about being intimate with you in our_sexual_relationship?
 HDIF when we are intimate?
 How can I be more intimate with you?
 How does my mask prevent me from always being intimate with you?
 In what ways do I avoid being intimate with you?
 On being intimate with you
 On being intimate with you in a non-sexual way
 On being intimate with you in our_sexual_relationship

INTIMATELY (1)
 What specific changes do I want to make to live more intimately with you?

INTRODUCE (1)
 HDIF when I introduce you to people at work?

INTRODUCED (1)
 In large groups, DIF better introducing other_people or getting introduced?

INTRODUCING (1)
 In large groups, DIF better introducing other_people or getting introduced?

INTUITION (1)
 HDIF relying on hunches / intuition when things cannot be proved?

INVESTMENTS (2)
 HDIF when stock market trends increase the value of our investments?
 HDIF when stock market trends reduce the value of our investments?

INVITATION (1)
 HDIF when a couple accepts our invitation to the program / weekend?

INVITE (8)
 Do I have close friends I should invite to the program / weekend??
 Do I have relatives I should invite to the program / weekend??
 Friends invite us but do not come over in return. HDIFAT?
 HDIF when I invite you to go bike riding with me?
 HDIF when I invite you to watch TV with me?
 HDIF when I want to invite a couple to the program / weekend but you do not?
 HDIF when we invite a couple to the program / weekend and they accept?
 Our missionary role is always to invite other_people on our journey. HDIFAT?

INVITED (3)
 HDIF when a couple we have invited comes home from a weekend and thanks us?
 Neighbors are having a party; we are not invited. HDIFAT?
 We are invited to a wedding of another faith expression. HDIFAT?

INVITING (4)
 Do I feel comfortable inviting couples like us to the program / weekend??
 HDIF about inviting a priest / minister to our_home?
 HDIF about inviting couples like us to take advantage of the program / weekend?
 On inviting another couple to dialogue with us regularly

INVOLVED (11)
 Are we too involved or do we lack involvement in Encounter / Retrouvaille?
 Are we too involved or do we lack involvement in ministry?
 HDI think we can be more involved with each_other?
 HDIF about the activities our_children are involved in?
 Has our_love grown since we became involved in the program?
 How involved am I in our parish / church family?
 How is our day when we are not sexually involved with each_other?
 How would I feel getting involved in the Habitat for Humanity project?
 I most want to be sexually involved with you when ...
 What activities are we involved in that cause friction in the family?
 When do I want to be sexually involved with you? HDIFAT?

INVOLVEMENT (11)
 Are we too involved or do we lack involvement in Encounter / Retrouvaille?
 Are we too involved or do we lack involvement in ministry?
 HDIF about our involvement in Church?
 HDIF about our parish / church involvement?
 How is our community helped by our involvement in the program?
 I avoid sexual involvement with you when ...
 Is our involvement in this program helping us_as_a_couple?
 Is our involvement with Encounter / Retrouvaille done as_a_couple?
 On our involvement in the Church
 What has our involvement in Encounter / Retrouvaille meant to me?
 When do I avoid sexual involvement with you? HDIFAT?

INVOLVEMENTS (1)
 On those occasions when our families criticize our involvements

INVOLVING (1)

What is a goal I have involving us together? HDIFAT?

IRRATIONAL (1)

After_a_fight: What irrational behavior can I admit to now? HDIFAT?

IRRESPONSIBILITY(1)

On my responsibility / irresponsibility in managing our finances

IRRITATE (1)

How do you irritate me?

IRRITATED (2)

A time when I was very irritated

HDIF being around people who easily irritated?

IRRITATES (1)

Do I have a bad habit that irritates you?

ISSUE (8)

After_a_fight: Did I issue an ultimatum? HDIF about the ultimatum now?

Can we hope to heal our_relationship before we have clarified the issue?

HDIF when we agree on an important issue?

HDIF when we make the issue more important than the relationship?

HDIF when we negotiate a compromise between_us on a hot issue?

HDIF when we work out a compromise between_us on a hot issue?

When I disagree with something said, would I rather take issue or let it go?

When some issue comes between me and other_people, I feel ... and I tend to

...

ISSUES (6)

After_a_fight: What issues still persist? HDIF about these unresolved issues?

Are we never going to agree about some issues?

HDIF about Right to Life issues?

The issues I cannot discuss with you are HDIFAT?

These issues still come between_us: HDIFAT?

What have I learned about the issues or problems we consider important?

ITEM (2)

Someone ahead of me in the 8 item express checkout has 20 items? HDIFAT?

Would I ever go through an 8 item checkout with 20 items? HDIFAT?

ITEMS (2)

Someone ahead of me in the 8 item express checkout has 20 items? HDIFAT?

Would I ever go through an 8 item checkout with 20 items? HDIFAT?

JAR (1)

Someone forgot to wipe the honey jar before putting it away? HDIFAT?

JAYWALK (1)

HDIF about jaywalking? When other_people jaywalk?

JAYWALKING (1)

HDIF about jaywalking? When other_people jaywalk?

JEALOUS (3)

A time when I felt jealous

HDIF when I am jealous?

HDIF when you are jealous?

JESUS (42)

"Be not afraid." HDIF when I consider these words of Jesus?

"You are the light of the world." HDIF as Jesus says this to us?

Apart from Jesus we can do nothing (JN 15:5). HDIFAT?

Did I make Jesus part of my life today?

Do I allow Jesus to be Lord of my life? HDIFAT?

Do I allow Jesus to be in control of my life? HDIFAT?

Do I consider Jesus a friend?

HDIF about the crucifixion of Jesus?

HDIF about the person, Jesus, and how does this affect us?

HDIF hearing Jesus say, "Love each_other as I have loved you?"

HDIF knowing Jesus has called me by name?

HDIF knowing Jesus is our protector?

HDIF when I make a sacrifice knowing Jesus sacrificed for me?

HDIF when I see baby Jesus in the manger?

How has dialoguing about scripture made Jesus come alive for us?

How would I describe you to Jesus?

If Jesus asked, "What have we done to build the Kingdom?"

If Jesus were at the foot of our bed, would He be smiling?

Is Jesus Lord of my / our future?

Is Jesus Lord of my / our prayer life?

Is Jesus in control of my / our future?

Is Jesus in control of my / our prayer life?

Jesus ascended into heaven. HDIFAT?

Jesus asks, "How are you living your life for me?"

Jesus is alive. HDIFAT?

Jesus is counting on us to make His love believable. HDIFAT?

Jesus is counting on us to reveal His love to other_people. HDIFAT?

Jesus is risen! HDIFAT?

Jesus said, "If you believe in me, you will never die." HDIFAT?

Jesus says, "Come unto me all you who are weary." HDIFAT?

Jesus suffered and died for us. What can I do for Him?

Jesus will never give us a task that is too big to handle. HDIFAT?

Jesus will never give us more conflict than we can manage. HDIFAT?

Sitting very quietly, HDIF listening to Jesus say my name to me?

The way to salvation is through Jesus. HDIFAT?

What do I think of Jesus as a person?

What does the baby Jesus mean_to_me?

What gift would I like Jesus to give you this Christmas?

What is my relationship with Jesus like?

What quality of Jesus did I see in our priest / pastor today?

What would I tell Jesus about you today?

When was the last_time I felt very close to Jesus?

JESUS' (9)

A sacramental couple is a symbol of Jesus' love for His church. HDIFAT?

HDIF about the poverty and simplicity of Jesus' birth?

HDIF when I hear Jesus' words, "Love each_other as I have loved you"?

HDIF when I realize and accept Jesus' closeness in our daily lives?

How are we responding to Jesus' call to be fishers of men?

How can we, as_a_couple, meet Jesus' challenge to follow Him?

How have we accepted Jesus' call to be fishers of men?

What does it cost us as_a_couple to be Jesus' disciples?

What emotion / feeling does Jesus' death on the cross stir in me?

JEWISH (1)

What family values do we have in common with the Jewish people?

JN (3)

"Whoever loves is a child of God (1 JN 4:7-8)." HDIFAT?

Apart from Jesus we can do nothing (JN 15:5). HDIFAT?

Do I love the world or the things of the world? (1 JN 2:15)

JOB (27)

Am I happy with my job / career?

Do I apply Gospel values to my job / career? HDIFAT?

Does my job / career interfere with our_relationship?

Does your job / career affect our_relationship?

God has a job for us that only we can handle. HDIFAT?

HDIF about encouraging our older children to take a part-time job?

HDIF about my job / career now?

HDIF about quitting my job although I do not have another job lined up?

HDIF about relying on the extra speed I develop at the end of a job?

HDIF plunging in to a job, discovering what's necessary as I go?

HDIF stopping to organize a job carefully before I start?

HDIF when I tell you more about my job / career?

HDIF when job / career separates us?

HDIF when some job or activity separates us?

HDIF when someone does a better job at work than I do?

HDIF when we are separated because of your / my job / career?

HDIF when we do a job together?

HDIF when you lose interest in your job / career?

HDIF when you show interest in your job / career?

HDIF when your job / career interferes with our_relationship?

Is there anything about your / my job that I avoid discussing with you?

On my / your job / career right_now

On my job / career

On priorities of job / career versus relationship

On your job / career

What has been the effect of your / my job / career on our_relationship?

Where in my job do I experience stress? Describe the stress.

JOBS (7)

Are there "your jobs" and "my jobs" in our_home?

HDIF when our Encounter / Retrouvaille "jobs" keep us from being close?

HDIF when our Encounter / Retrouvaille "jobs" keep us from being lovers?

On our activities and our jobs / careers: what about us?

What are my jobs in life?

What jobs would I most like to accomplish this_weekend?

Would I change jobs / careers for the sake of our_relationship?

JOHN (1)

HDIF about John 17:21, "so that the world may believe"?

JOIN (1)

Why did we join a support group? HDIF about that decision now?

JOINING (3)

HDIF about joining a dialogue support group?

HDIF about starting / joining a dialogue support group?

Is our sexual union a joining of our hearts, minds, bodies and spirits?

JOKE (4)

HDIF when I am an object of someone's joke or ridicule?

HDIF when I am an object of someone's joke?
 HDIF when one of us is the subject of an ethnic joke?
 I tell a joke and no one laughs. HDIFAT?

JOKED (1)
 What, if anything, is too serious to be joked about? HDIFAT?

JOKES (8)
 Do I sometimes make jokes that leave a critical or unpleasant aftertaste?
 HDIF about ethnic jokes in general?
 HDIF about listening to other_people tell jokes?
 HDIF about practical jokes?
 HDIF about telling jokes?
 HDIF when I get a chance to entertain children with knock-knock jokes?
 HDIF when you laugh at my jokes?
 How do I react to practical jokes? HDIFAT?

JOLLIES (1)
 HDI get my jollies?

JOSEPH (2)
 Joseph and Mary are at our front door. Do we have room?
 What quality does Mary or Joseph have as a parent that I would like?

JOURNEY (3)
 Our missionary role is always to invite other_people on our journey. HDIFAT?
 What are my expectations for our journey into this New Year?
 What place do priests / ministers have on our journey?

JOY (9)
 How have we grown in our pain as well as our joy?
 My greatest joy in our_sexual_relationship is ...
 On the real joy it is just to be alive
 What does it mean_to_me to experience joy?
 What in our_relationship gives me the most joy?
 What is my greatest joy in our_sexual_relationship? HDIFAT?
 What is the greatest joy for me in dialogue?
 What joy do I receive when we pray together?
 What special joy do you bring into my life?

JOYS (2)
 How can I bring the joys of Christmas to other_people?
 What joys have our_children given us?

JUDGE (13)
 "Do not judge, and you will not be judged (LK 6:36-38)." HDIFAT?
 Do I judge other_people by higher or lower standards than I use on myself?
 Do I judge our success by how many possessions we have?
 HDI judge I can help_you at this time?
 HDIF telling you something I judge you are not going to like?
 HDIF telling you something I judge you do not want to hear?
 HDIF when I judge (rather than accept) your emotions / feelings?
 HDIF when I judge myself inadequate, guilty, unlovable?
 HDIF when I judge or reject your emotions / feelings?
 HDIF when I judge you are angry with me?
 HDIF when I quarrel or judge or reject your emotions?
 In what area(s) do I judge you are most frustrated because I do not listen?
 What part of my body do I judge to be sexually exciting to you? HDIFAT?

JUDGED (3)
 "Do not judge, and you will not be judged (LK 6:36-38)." HDIFAT?
 HDIF when I think you have judged or rejected my emotions / feelings?
 HDIF when I think you have quarreled, judged, or rejected my emotions?

JUDGING (3)
 HDIF when I think that you are judging me but keeping it to yourself?
 HDIF when I think that you are judging me?
 I am most uneasy when I think people are judging me to be ...

JUDGMENTAL (3)
 How can I be less judgmental?
 How have we been judgmental of our people?
 How have we been judgmental of our people?

JUDGMENTS (1)
 HDIF realizing that my attitudes and judgments have caused us pain?

JULY (1)
 What does the Fourth of July mean_to_me?

JUNK (4)
 God does not make junk. HDIFAT?
 HDIF when I hear "God does not make junk"?
 If I am not junk, then what am I?
 What are my thoughts when I hear "God does not make junk"?

JURY (1)

I am summoned to jury duty. HDIFAT?

JUST (32)
 A good friend just got divorced. HDIFAT?
 After_a_fight: Did I pout or cry just so you would feel sorry for me?
 After_a_fight: Did I say things just for effect? HDIFAT now?
 Are our sacrifices meaningful or just a requirement for Lent?
 DIF better enjoying the present or anticipating what lies just ahead?
 Do I listen to our_children, not just to their problems, but their day?
 Do I seek physical nakedness just for times when we make_love?
 HDIF about a daily phone call just to say hello?
 HDIF about accepting you just as you are?
 HDIF about trying new things that are just coming into fashion?
 HDIF does just "being married" mean_to_me?
 HDIF when I call you up just to say "hi"?
 HDIF when I consider that pain and disappointment are just part of life?
 HDIF when someone phones me just to talk?
 HDIF when someone says "I know just how you feel"?
 HDIF when we pray together, just the two of us?
 HDIF when you call during the day just to say hello?
 Has our_lovemaking become just an activity?
 I have just confided in you. HDIFAT?
 I just realize the driver of the car has been drinking? HDIFAT?
 If I had to choose just one day to remember, I would choose ... because ...
 Is St. Valentine's Day special to me or just another day?
 Is my dialogue a real letter or does it just answer the question?
 It is morning and I just got up. HDIFAT?
 It's morning and I just got up. HDIFAT?
 On having a picnic in the park, just the two of us
 On loving you just the way you are
 On the real joy it is just to be alive
 On the real pleasure it is just to be alive
 Our Sacrament calls us to a good marriage, not just an average one. HDIFAT?
 Was our_weekend just a new experience or was it a new beginning?
 When was the last_time we played with our_children and just had fun?

KEEP (40)
 "Love does not keep a record of wrongs (I COR 13:5)." HDIFAT?
 After_a_fight: What pitfalls keep our fighting from being constructive?
 Am I comfortable allowing barriers / obstacles to keep us distant?
 Am I good at keeping secrets? HDIF when asked to keep a secret?
 Did we keep the true spirit of Christmas?
 Do I hear and keep the word of God?
 Does a hobby keep us separated much of the time? HDIFAT?
 Does a recreational activity keep us separated much of the time? HDIFAT?
 HDIF about burdening a friend with a secret that will be difficult to keep?
 HDIF about criticism? Does it keep me focused and innovative?
 HDIF being with people who keep their enthusiasm under control?
 HDIF when I am hoping you keep your emotions / feelings to yourself?
 HDIF when I am trying to keep a tight reign on my temper?
 HDIF when I borrow something and keep it too long?
 HDIF when I find myself wishing you would keep your emotions to yourself?
 HDIF when I keep a promise I made to you?
 HDIF when I keep my_needs and emotions / feelings from you?
 HDIF when I let disagreement ride to keep peace?
 HDIF when our Encounter / Retrouvaille "jobs" keep us from being close?
 HDIF when our Encounter / Retrouvaille "jobs" keep us from being lovers?
 HDIF when outside activities keep us from spending time with our_family?
 HDIF when time and exhaustion keep us from being lovers?
 How can I keep the winter doldrums from affecting me and those around me?
 How can we as_a_family keep the closeness of the Christmas Season alive?
 How does my self-image keep me from being open to you?
 How does the modern world keep us from reaching out to other_people?
 How has our dialogue helped me to keep you number one in my life?
 I have made a promise and cannot keep it. HDIFAT?
 I have made a promise to you and cannot keep it. HDIFAT?
 What can we do to keep our_marriage alive and growing?
 What fear do I think you keep from me?
 What fear to I keep from you?
 What fears keep me from wanting another child?
 What is the reason I keep myself from seeking your forgiveness?
 What is the reason that I keep from forgiving myself?
 What pain do I keep to myself?
 What pain do I think you keep to yourself?
 What risks should I be taking to keep our communication timely and alive?
 Why do I keep information from you? What am I afraid of?
 You keep growing more beautiful each day?

KEEPER (1)
 God expects us to be our brother's keeper. HDIFAT?

KEEPING (10)
 Am I good at keeping secrets? HDIF when asked to keep a secret?
 Are we keeping our New Year's resolutions?
 HDIF about keeping ethnic traditions alive in our_family?
 HDIF about keeping in touch with my extended family?
 HDIF about keeping my promises?

HDIF about keeping secrets?

HDIF about other_people keeping secrets from me?

HDIF when I think that you are judging me but keeping it to yourself?

What are my reasons for keeping my distance? HDIFAT?

Would I feel better keeping weekends relatively unplanned?

KEEPS (10)

HDIF about a hobby that keeps us separated much of the time?

HDIF when exhaustion keeps us from being lovers?

HDIF when work keeps us apart?

What good do I find in dialogue that keeps me coming back?

What keeps me from being as open in real life as I am in my dialogue letter?

What keeps me from being more completely honest in my dialogue letter?

What keeps me from doing something about things that hurt me? HDIFAT?

What keeps me from showing you what you really mean_to_me?

What keeps us from dialogue?

What keeps us from regular dialogue?

KEPT (6)

What disappointments have I kept to myself? HDIFAT?

What emotions / feelings have I kept hidden from you lately?

What has kept me from being completely honest before now? HDIFAT?

What have I kept from you in recent days? HDIFAT?

What kept me from making the most of this past weekend?

Why have / haven't we kept dialoguing?

KEY (1)

HDIF about giving my two best friends a key to the house?

KILLED (1)

If I hit and killed a dog, would I notify the owner? HDIFAT?

KIND (16)

"Love is patient, love is kind." How does this apply to our_family?

HDIF when you do something kind for someone else?

How would I feel working under someone who is always fair but not so kind?

How would I feel working under someone who is always kind but not so fair?

In what kind of relationship (besides spousal) do I try to fill my_needs?

What kind of Christmas present did I get?

What kind of Christmas present did I give you?

What kind of childhood did I have? HDIF about it now?

What kind of compliment is hardest for me to accept from you?

What kind of death frightens me most?

What kind of listener am I?

What kind of parent do I want to be?

What kind of person am I?

What kind of seed am I?

What kind of store would I like to own and operate?

What kind of things frustrate me? HDIF when it happens?

KINDEST (1)

Who is the kindest person you have ever known? HDIF about this person today?

KINDNESS (2)

What little kindness could I do tomorrow to spread love around?

What little kindness did I do today to spread love around?

KINDS (2)

What kinds of compliments did I receive most often as a child?

What kinds of compliments have I received most often as an adult?

KINGDOM (3)

Do I welcome the kingdom of God like a child?

How are we working for the coming of His kingdom?

If Jesus asked, "What have we done to build the Kingdom?"

KISS (8)

HDIF at the "kiss of peace"?

HDIF when we kiss in public?

HDIF when you kiss me at night?

HDIF when you kiss me hello or good-bye?

HDIF when you kiss me in front of other_people?

HDIF when you kiss me unexpectedly?

HDIF when you kiss me?

How can our kiss be more meaningful?

KISSES (1)

How can our kisses be more meaningful?

KISSING (1)

HDIF thinking about kissing you at midnight New Year's Eve?

KITCHEN (2)

HDIF when I clean the kitchen for you?

How would I feel working a few hours a month in a soup kitchen?

KLUTZY (1)

HDIF when I do something klutzy?

KNEELING (1)

HDIF when I picture our_family kneeling at the manger scene?

KNEE (5)

HDIF being with friends we knew before Encounter / Retrouvaille?

HDIF thinking about the first time I knew you were for me?

How would I feel if someone in the family knew how to perform CPR?

If I knew I were going to die tomorrow, what would I do and feel today?

If I knew we had no tomorrow, how would I live today with you?

KNOCK (1)

HDIF when our_children ask me to knock before entering their rooms?

KNOCK-KNOCK (1)

HDIF when I get a chance to entertain children with knock-knock jokes?

KNOW (51)

After_a_fight: When we fight, do we really know what we are fighting about?

Am I comfortable letting other_people know my limitations? HDIFAT?

Am I easy or hard to get to know? HDIFAT?

Do I assume I already know what you are going to say and HDIFAT?

Do I ever say no to lovemaking when I know I should say yes?

Do I know someone suffering in a Christ-like way?

Do other_people look at us and know we are in love?

Do people close to me know where I stand on most things? HDIFAT?

Do we know any couple who is hurting?

HDIF about asking for a raise when I know I've earned it?

HDIF about letting Priests know their importance to us?

HDIF about letting Religious know their importance to us?

HDIF about letting priests / ministers know their importance to us?

HDIF about letting religious know their importance to us?

HDIF telling you something I know you are not going to like?

HDIF telling you something I know you do not want to hear?

HDIF when I am watching you and you do not know it?

HDIF when I have the courage to let people know what I stand for?

HDIF when I have to say "I do not know"?

HDIF when I know I have hurt you?

HDIF when I know I have upset someone in my family?

HDIF when I know our_lovemaking is about to begin?

HDIF when I know someone is cheating on their wife / husband?

HDIF when I know that I have hurt you deeply?

HDIF when I know that I have hurt you?

HDIF when I know that I have hurt your feelings?

HDIF when I know that you are proud of me?

HDIF when I know you are home alone?

HDIF when I know you are home by yourself?

HDIF when I know you are more than I dreamed?

HDIF when I know you are praying for me?

HDIF when I know you are proud of me?

HDIF when I know you are worried?

HDIF when I know you are writing your dialogue letter?

HDIF when I know you have had a bad day?

HDIF when I let you know what I am really afraid of?

HDIF when someone says "I know just how you feel"?

HDIF when someone we know is really sick or dies?

I know there is a good chance we will make_love tonight. HDIFAT?

I know we are going to make_love tonight. HDIFAT?

I need to know how you really feel about ...

I need to know the answers to the following questions:

I need to know you are telling me the truth about ...

If I had known then what I know now about raising children ...

In what area(s) is it most difficult for me to let you know how I feel?

In what ways do you know me better than anyone and HDIFAT?

Knowing what I know now, would I still choose you as a partner? HDIFAT?

On hugging people we do not know all that well

What words do I use to let our_children know they are loved?

When a couple we know gets divorced, I feel ...

When do I know you are proud of me?

KNOWING (26)

HDIF knowing Christ died in agony to show His love for us?

HDIF knowing God planned for us to be together?

HDIF knowing Jesus has called me by name?

HDIF knowing Jesus is our protector?

HDIF knowing how much God loves us all?

HDIF knowing it is God's idea for us to be together?

HDIF knowing my emotions / feelings express who I am?

HDIF knowing that I cannot fill your needs for you?

HDIF knowing that today could be our last day to love?

HDIF knowing that today could be our last day together?

HDIF knowing that we will always have to work to achieve real closeness?

HDIF knowing the Lord pursues me when I am astray?

HDIF knowing this could be your last day to live?

HDIF knowing today could be my last day to live?

HDIF knowing we are part of a community that supports couples' growth?

HDIF knowing we are part of a community that supports marriage?
 HDIF knowing we have experienced God through each_other?
 HDIF knowing you love me?
 HDIF knowing your emotions / feelings express who you are?
 HDIF when I go to bed knowing you will be home late?
 HDIF when I make a sacrifice knowing Jesus sacrificed for me?
 Knowing what I know now, would I still choose you as a partner? HDIFAT?
 On knowing God needs us
 On knowing you love me for a lifetime
 On living today knowing we are not guaranteed tomorrow
 What emotions / feelings do I have knowing we are growing old together?

KNOWLEDGE (2)

HDIF when I consider that we are growing in mutual knowledge?
 HDIF when I reflect that we are growing in mutual knowledge?

KNOWN (4)

I am probably best known for my ...
 If I had known then what I know now about raising children ...
 What do I wish I had known five years ago about sex?
 Who is the kindest person you have ever known? HDIF about this person today?

KNOWS (2)

HDIF when I consider that no one in the family knows CPR?
 The Father knows me personally and has a plan for my life. HDIFAT?

LABOR (1)

HDIF when I hold onto you in the labor room?

LACK (14)

Are we too involved or do we lack involvement in Encounter / Retrouvaille?
 Are we too involved or do we lack involvement in ministry?
 HDIF about our growth (or lack of growth) in the area of sex?
 HDIF about our_family traditions or the lack of them?
 HDIF about the freedom or lack of freedom I have in our_relationship?
 How do other_people experience our lack of sexual desire for each_other?
 How does lack of money get in the way of our_relationship?
 How does your lack of response to physical affection affect my mood?
 In what area(s) do I find I lack confidence in dialogue?
 On my attractiveness or lack of attractiveness
 On romance or the lack of it
 On romance or the lack of it in our_relationship
 On the fun (or lack of fun) in our_relationship
 What effect or lack of effect has our sexual desire had on us this_week?

LANGUAGE (2)

Do I ever use bad language to vent pressure? Does it work? HDIF afterward?
 HDIF about learning a new language at my age?

LARGE (3)

HDIF about making a large monetary purchase?
 HDIF at a large party?
 In large groups, DIF better introducing other_people or getting introduced?

LAST (21)

Am I comfortable doing things at the last minute or is it hard on my nerves?
 HDIF about having to delay a decision until the last minute?
 HDIF about the way we spent last weekend?
 HDIF about your emotions / feelings last night?
 HDIF knowing that today could be our last day to love?
 HDIF knowing that today could be our last day together?
 HDIF knowing this could be your last day to live?
 HDIF knowing today could be my last day to live?
 HDIF thinking this could be our last dialogue letter?
 HDIF when someone eats the last cookie?
 I felt proud of you last month when ...
 If this were our last Christmas, how would I like to spend it?
 Last month I felt sad when ...
 What did I enjoy most about last week?
 What did I learn about you last month?
 What is the last good deed I did? How did I feel afterward?
 What was the last significant healing we had with each_other?
 When did I feel closest to you last weekend?
 When did I last feel alienated in our_relationship?
 When did I last put your needs before mine?
 When did we last experience healing in our_marriage? What made it possible?

LAST-MINUTE (2)

On all the last-minute rushing
 On all the last-minute rushing around

LAST_TIME (20)

How did I feel the last_time we finished a household project?
 The last_time you made me feel pampered was ...
 When is the last_time I made the decision to love?
 When is the last_time I truly felt listened to by you?
 When was the last_time I asked you for forgiveness?

When was the last_time I complimented you?
 When was the last_time I cried? How did I feel at the time?
 When was the last_time I felt complete inner peace?
 When was the last_time I felt very close to Jesus?
 When was the last_time I gave you flowers?
 When was the last_time I made a conscious decision to love you?
 When was the last_time I saw myself as a failure?
 When was the last_time I thanked my mother for being my mom?
 When was the last_time I told you how special you are?
 When was the last_time we did something crazy?
 When was the last_time we did something fun and foolish as_a_couple?
 When was the last_time we made love spontaneously? HDIFAT?
 When was the last_time we mentioned Encounter / Retrouvaille to a couple?
 When was the last_time we played with our_children and just had fun?
 When was the last_time we were on a collision course?

LATE (16)

HDIF about answering the phone late at night?
 HDIF about arriving late for parties?
 HDIF when I am late and you have to wait for me?
 HDIF when I am running late?
 HDIF when I arrive late to a meeting and people turn around to look?
 HDIF when I delay acting on a good idea until it's too late?
 HDIF when I go to bed knowing you will be home late?
 HDIF when I wait patiently when you are late?
 HDIF when you / I sleep late?
 HDIF when you / I work late?
 HDIF when you are late and I have to wait for you?
 HDIF when you are late coming home from work?
 HDIF when you come home late?
 On being late
 On being late for an appointment and not being near a phone
 On sleeping late

LATELY (11)

HDIF about the way things have been going lately?
 Have we reached out to our parish / church family lately?
 How have I given up control in our_relationship lately?
 How have our_children been affecting our_relationship lately?
 What compliments have I received lately that I did not fully accept?
 What emotions / feelings have I kept hidden from you lately?
 What fear have I not shared with you lately?
 What is one of the happiest times I remember spending with you lately?
 What way have I shown my love to our daughter / son lately?
 When did I make the decision to love you lately?
 When have I not listened to you lately?

LATEST (1)

HDIF when I share with you the latest book I've read?

LAUGH (11)

Can I laugh at myself?
 Do I laugh and smile on a regular basis? HDIFAT?
 Do we ever laugh with our_children?
 HDIF after we have had a long laugh together? Does laughter help heal?
 HDIF being around people who never laugh? Who laugh easily?
 HDIF when I see our_children laugh?
 HDIF when we laugh during lovemaking?
 HDIF when we laugh together?
 HDIF when you help_me laugh at myself? When I help_you do the same?
 HDIF when you laugh at my jokes?
 HDIF when you laugh at my mistakes?

LAUGHED (1)

A time when I laughed out loud

LAUGHING (2)

HDIF when I am unable to stop laughing, especially at an inappropriate time?
 On laughing with you

LAUGHS (2)

HDIF when someone (not you) laughs at my mistakes?
 I tell a joke and no one laughs. HDIFAT?

LAUGHTER (3)

Does my laughter communicate any emotions / feelings? Describe them.
 HDIF after we have had a long laugh together? Does laughter help heal?
 HDIF when I hear the laughter of children?

LAUNDRY (1)

HDIF when I put away the laundry?

LAWYER (1)

HDIF about paying a lawyer for advice?

LEAD (2)

Do I have unmet needs that lead me to be a "married single"?

HDIF about Our Father calling us to lead other_people?

LEADS (1)

What leads us to difficulties in our decision-making and HDIFAT?

LEAGUE (1)

HDIF about participating in league activities (softball, bowling) with you?

LEAKY (1)

HDIF about learning how to fix a leaky faucet or running toilet?

LEARN (6)

HDIF when someone I see often never bothers to learn my name?

I need to learn not to ...

I need to learn to ...

In order to learn to give, I also need to learn to receive. HDIFAT?

What did I learn about us as_a_family the summer?

What did I learn about you last month?

LEARNED (4)

After_a_fight: What have I learned about the way I handle conflict?

After_a_fight: What have I learned about the way you handle conflict?

How did I feel when I first learned we were going to be parents?

What have I learned about the issues or problems we consider important?

LEARNING (10)

Am I doing better learning to accept you as you are?

HDIF about learning a new dance step with you?

HDIF about learning a new language at my age?

HDIF about learning how to fix a leaky faucet or running toilet?

HDIF about learning to accept you as you are?

HDIF about learning to play a musical instrument?

HDIF about learning to use a pistol or rifle?

HDIF about the way I am learning to accept you as you are?

How did I feel when I was first learning how to ride a bicycle?

To what extent DIF responsible for our_children's learning?

LEAST (16)

After_a_fight: Do our fights at least end the "cold war" between_us?

On the side of me I least like people (especially you) to see

What area(s) do I least like to dialogue on? HDIFAT?

What area(s) of a couple's life am I least open to listening about?

What area(s) of a priest's / pastor's life am I least open to listening about?

What compliment do I least like to receive about me?

What compliment do I least like to receive about us?

What do I least want to reveal to you today about myself?

What do I least want to talk with you about?

What do I value least about our lifestyle?

What is the area I least want to discuss with you?

What is the area I least want to talk to you about?

What is the side of me that I least like you to see?

What topics do we talk least about?

When DIF least recognized as a capable person?

With what age group do I feel least comfortable? HDIF at those times?

LEAVE (6)

Company stops in when we are about to leave home. HDIFAT?

Do I sometimes make jokes that leave a critical or unpleasant aftertaste?

HDIF when I leave our_children with a baby-sitter?

HDIF when it is time to leave a tip for the table server?

HDIF when you leave things up to me?

HDIF when you want to leave some gathering and I am not ready to go?

LEAVES (2)

HDIF when someone leaves hair plugging the shower drain?

On raking leaves together

LEAVING (3)

On leaving love notes around the house

On leaving our_children for a few days

When I am at a party, HDIF about leaving other_people alone to enjoy themselves?

LED (1)

After_a_fight: What led up to the fight? HDIF today about those things?

LEFT (6)

A time when I felt left out

HDIF when I am left out of your activities?

HDIF when I discover there is almost no gas left in the tank?

HDIF when I find a note you have left for me?

HDIF when one of our_children is honored and the others are left out?

If one of our_children left for the seminary today, how would I feel?

LEFTOVER (1)

On leftover food

LEFTOVERS (1)

HDIF about leftovers?

LEGAL (2)

HDIF about the fine print in legal documents?

HDIF when I sign my name to a binding legal contract?

LENDING (1)

HDIF about lending money to friends?

LENT (8)

Are our sacrifices meaningful or just a requirement for Lent?

HDIF about my spiritual growth this Easter / Lent?

HDIF about renewing myself this Lent?

How can I be an inspiration to our_family to prepare for Lent?

How has our Lent prepared us for Holy Week?

What does the season of Lent mean_to_me?

What is the message of Lent for me?

What would I like to accomplish during this time of Lent?

LENTEN (1)

What are my hopes for this Lenten season?

LESS (4)

Am I becoming more disillusioned or less disillusioned about us? HDIFAT?

HDIF about reading more books and watching less TV?

HDIF about switching to low fat milk? Using less salt? Eating less red meat?

How can I be less judgmental?

LET (29)

After_a_fight: Did I feel let down at any point? Describe how it felt.

After_a_fight: Did I let the fight ruin my whole day? HDIFAT?

DIF better when I let my heart rule my head or vice versa?

Do I let my little aches and pains interfere with our_relationship?

Do I let you reveal yourself and HDIFAT?

Do we let our light shine?

HDIF about "let go and let God"?

HDIF when I get up but let you sleep?

HDIF when I have let you down?

HDIF when I have the courage to let people know what I stand for?

HDIF when I let disagreement ride to keep peace?

HDIF when I let go the reins and let Our Father decide for us?

HDIF when I let my emotions / feelings get the better of me?

HDIF when I let other_people talk me out of pursuing a great idea?

HDIF when I let you borrow my stuff (tennis racket, golf clubs, etc.)?

HDIF when I let you down?

HDIF when I let you know what I am really afraid of?

HDIF when I let you use my tennis racket (golf clubs, etc.)?

HDIF when I think you have let other_people down?

HDIF when our friends let us down?

HDIF when you say "Let me show you how"?

How have I let myself down? HDIFAT?

How have I let you down? HDIFAT?

In what area(s) is it most difficult for me to let you know how I feel?

What happens when I let emotions / feelings take control over me?

What words do I use to let our_children know they are loved?

When I disagree with something said, would I rather take issue or let it go?

When I let you make your own decisions, I feel ...

When something bad happens to me, do I let it hurt our_relationship?

LETS (1)

What behavior of yours most lets me experience myself as a man / woman?

LETTER (20)

HDIF beginning my dialogue letter by mentioning a good quality I see in you?

HDIF sharing a dialogue letter with other dialoguing couples?

HDIF telling you every day in a letter that I love you?

HDIF thinking this could be our last dialogue letter?

HDIF when I have written my dialogue letter but you have not?

HDIF when I know you are writing your dialogue letter?

HDIF when I read your dialogue letter?

HDIF when I receive a dialogue letter from you?

HDIF when you have not written your dialogue letter?

HDIF when you use your dialogue letter to dump on me?

HDIF when you use your dialogue letter to get some point across to me?

HDIF when you use your dialogue letter to try to straighten me out?

HDIF writing a dialogue letter to you?

I have not had time to write my dialogue letter to you. HDIFAT?

Is my dialogue a real letter or does it just answer the question?

What are the most difficult things for me when I write you a dialogue letter?

What is my present attitude toward writing a dialogue letter?

What keeps me from being as open in real life as I am in my dialogue letter?

What keeps me from being more completely honest in my dialogue letter?

What struggles do I go through trying to write my dialogue letter?

LETTERS (4)

HDIF reading the 90/90 dialogue letters from our_weekend?

HDIF when we read our letters and then cannot think of much to say?
 On the dialogue letters we have written
 The Bible is full of God's dialogue letters to us. HDIFAT?

LETTING (7)

Am I comfortable letting other_people know my limitations? HDIFAT?
 HDIF about letting Priests know their importance to us?
 HDIF about letting Religious know their importance to us?
 HDIF about letting a relative drive our car?
 HDIF about letting our teenager drive our car?
 HDIF about letting priests / ministers know their importance to us?
 HDIF about letting religious know their importance to us?

LEVEL (7)

Do I use caffeine to boost my energy level? HDIFAT?
 HDIF about increasing our level of sexual intimacy?
 HDIF when our_family trust level has been broken?
 How can I reduce the level of stress in my life?
 How can I reduce the level of stress in our_relationship?
 What DIF about the level of passion in our_relationship?
 What is the level of our communication when we are home together?

LEVELING (1)

HDIF when you are not leveling with me?

LID (1)

When do I nail down the lid on my emotions / feelings?

LIE (2)

How do I feel when I lie back and look at the stars?
 How would I feel if I had to lie to protect someone I love?

LIES (2)

DIF better enjoying the present or anticipating what lies just ahead?
 HDIF about telling "social" or "polite" lies?

LIFE (109)

"Do not worry about your life and what you are to eat or wear." HDIFAT?
 "Life is what happens while we are making other plans." HDIFAT?
 "You are the sunshine of my life." HDIFAT?
 ... is the most important thing in my life right_now. HDIFAT?
 Am I comfortable with change in my life?
 As the basis of my goals in life, I want to be ...
 At this time of my life, what I need most from you is ...
 Did I make Jesus part of my life today?
 Do I allow Jesus to be Lord of my life? HDIFAT?
 Do I allow Jesus to be in control of my life? HDIFAT?
 Do I experience satisfaction in my personal life?
 Do I take time to think about unsatisfactory areas of my life? HDIFAT?
 Does TV have a negative or positive effect on my life? HDIFAT?
 For what in my life do I feel most grateful? HDIFAT?
 God made you a part of my life. HDIFAT?
 HDIF about Right to Life issues?
 HDIF about being called by God to a life of holiness?
 HDIF about discussing our sexual life?
 HDIF about life after death?
 HDIF about living my daily life without to-do lists, using only my memory?
 HDIF about my prayer life?
 HDIF about one of our_children being called to religion life?
 HDIF about our prayer life?
 HDIF about our_love affair with life?
 HDIF about putting my life in God's hands?
 HDIF about recommitting us to dialogue as a way of life?
 HDIF about recommitting us to regular dialogue as a way of life?
 HDIF about sharing my emotional life with you?
 HDIF about the influence of my mother / father in my life?
 HDIF about the influence of my mother in my life?
 HDIF about the life we provided for our_children?
 HDIF being committed to dialoguing regularly as a way of life?
 HDIF spending the rest of my life with you?
 HDIF when I consider that I am responsible for every area of my life?
 HDIF when I consider that pain and disappointment are just part of life?
 HDIF when I think about your death, and what life will be without you?
 HDIF when doctors try to take control of my life?
 HDIF when someone else insists on trying to run my life?
 Has our prayer life enhanced our_relationship?
 How am I failing to live God's_plan for my life?
 How am I living God's_plan for my life?
 How can I reduce the level of stress in my life?
 How can we improve our spiritual life as_a_couple?
 How can we incorporate prayer into our daily life?
 How can we live a more simple and fulfilling life?
 How can we live a simpler and more fulfilling life?
 How do I react to the emergencies that come up in my daily life?
 How does striving to live God's_plan give life to us as_a_couple?
 How does striving to live God's_plan give life to us?
 How has our dialogue affected our daily life as_a_couple?

How has our dialogue helped me to keep you number one in my life?

How has our dialogue made you more important in my life?

How is my father / mother still influencing my life?

I really wish I had started ... earlier in life. HDIFAT?

I want to be enthusiastic about life but

If I had my life to start again, what would I change?

In the little emergencies of everyday life, I tend to ...

In what way has God worked in my life today?

In what ways does TV affect our_family life?

In what ways has God worked in my life today?

Is Jesus Lord of my / our prayer life?

Is Jesus in control of my / our prayer life?

Jesus asks, "How are you living your life for me?"

Life is beautiful when I can share it with you. HDIFAT?

Life is beautiful when shared with you. HDIFAT?

Life is not fair? HDIFAT?

On life after death

On living the rest of my life without you

On our prayer life as_a_family

One of my big failures in life is ... HDIFAT?

One of my big successes in life is ... HDIFAT?

One of the happiest days of my life

Sometimes life is not fair. HDIFAT?

The Father knows me personally and has a plan for my life. HDIFAT?

The driving force behind my life is ...

The most important thing in my life right_now is HDIFAT?

The values I hold most important in my life are ...

What am I searching for in life and how does it affect us?

What are my jobs in life?

What are the major sources of stress in my life?

What area(s) of a couple's life am I least open to listening about?

What area(s) of a priest's / pastor's life am I least open to listening about?

What difference does the Eucharistic celebration make in my life?

What do I find most attractive about religious life?

What do I value most in life?

What do I value most in my life?

What effect has my mother had on my life?

What evidence do I have in my life that dialogue is important?

What evidence do you have in your life that regular dialogue is important?

What is complicating my life? HDIFAT?

What is my plan to help_you enjoy life on a daily basis?

What is my purpose in life?

What is one of my treasured values in life?

What is the biggest continuous source of stress in my life? HDIFAT?

What is the first step I take to cope with the stress in my life?

What is the one thing in life I have not done that I regret not doing? HDIFAT?

What keeps me from being as open in real life as I am in my dialogue letter?

What new activity or interest could I make space for in my life? HDIFAT?

What parts of my life do I think I control? HDIFAT?

What priest / minister in my life has been an example for me?

What special joy do you bring into my life?

What special pleasure do you bring into my life?

What was the saddest day of my life? HDIFAT?

What year of my life would I like to relive?

When our dialogue is alive and strong, so is our prayer life. HDIFAT?

Where do cars fit into my life?

Where in my day to day life do I experience stress? Describe the stress.

Who would we be eager to tell if child chose to enter religious life?

You are the sunshine of my life? HDIFAT?

LIFE'S (1)

Which of life's pleasures do I cherish most?

LIFE-GIVING (1)

How am I / are you a life-giving parent / grandparent?

LIFEBLOOD (1)

As a couple, we are the lifeblood of the church. HDIFAT?

LIFESTYLE (10)

Are we living a lifestyle of forgiveness and healing in our_relationship?

Do we both work so we can support a materialistic lifestyle?

HDI see our lifestyle when we are retired?

Is my lifestyle original or conventional? HDIFAT?

On living a materialistic lifestyle

On sharing our lifestyle with our families

On those occasions when our families criticize our lifestyle

Our lifestyle is a reflection of our values. HDIFAT?

What do I value least about our lifestyle?

What do I value most about our lifestyle?

LIFETIME (5)

HDIF about my lifetime goals?

HDIF about our lifetime goals?

On knowing you love me for a lifetime

We have committed ourselves to loving each_other for a lifetime. HDIFAT?

What lifetime dream am I still trying to realize? HDIFAT?

LIFT (1)
HDIF when I give you a lift to work?

LIGHT (5)
"You are the light of the world." HDIF as Jesus says this to us?
Do we let our light shine?
HDI see our_relationship in the light of SIR 26:1-4, 13-16?
HDIF when I try to make light of a serious situation?
When have I been aware of "our light shining for all"?

LIGHTS (1)
HDIF when we make_love with the lights on?

LIKE (104)
After_a_fight: Am I nurturing a bad mood? HDIF when I am in a mood like this?
After_a_fight: What would I like to take back? Why did I say it? HDIFAT now?
After_a_fight: When did I feel most like ducking out?
Am I more like my mother or my father?
Are you more like your mother or father?
Do I feel comfortable inviting couples like us to the program / weekend??
Do I like our_home the way it is?
Do I need to be free to do whatever looks like fun when the time comes?
Do I sometimes like to provoke fights even if I do not start them?
Do I welcome the kingdom of God like a child?
Do I, like Thomas, question the way of the Lord?
Do we accept only members of our church / parish family who are like us?
HDI tell you I would like to make_love?
HDIF about inviting couples like us to take advantage of the program / weekend?
HDIF about treating other_people like Christ?
HDIF being with people who "go up like a rocket and come down like a rock"?
HDIF telling you something I judge you are not going to like?
HDIF telling you something I know you are not going to like?
HDIF when I do not like the dialogue question for the day?
HDIF when I do not like the dialogue question we are using?
HDIF when I return from acting like a "married single"?
HDIF when someone I do not like loves me?
HDIF when we are in some form of competition, like cards?
HDIF when you care about the things I like?
How are we behaving like "married singles"?
How do I like to romance you? HDIFAT?
How do you tell me you would like to make_love?
How would I like to be remembered as a grandparent?
How would I like to celebrate Thanksgiving?
How would I like to spend our vacation?
I like / dislike fixing breakfast because ...
I like myself best when ...
I like to look at you when ...
I would like people to think of me as ...
I would like to go back to ... one more time? HDIF about going there with you?
I would like to reconsider these past compromises:
If I could change careers, what would I like to do?
If I could change my career, what would I like to do?
If I could design my own children's TV show, what would it be like?
If possible, I would like to reclaim these things I gave up for you:
If this were our last Christmas, how would I like to spend it?
In what ways do I act like a child? HDIF at those times?
Is my tongue like a double-edged sword?
Is my tongue sharp like a sword? HDIFAT?
On the side of me I least like people (especially you) to see
What am I like when I am sick?
What are a few things I like to do with our_family? HDIFAT?
What area(s) do I least like to dialogue on? HDIFAT?
What area(s) do I most like to dialogue on? HDIFAT?
What changes would I like you to make in response to my failures?
What compliment do I least like to receive about me?
What compliment do I least like to receive about us?
What compliment do I most like to receive about me?
What compliment do I most like to receive about us?
What do I like about being alone? HDIFAT?
What do I like best_and_least about myself?
What do I like best_and_least about our dialogue?
What do I like best_and_least about our_family vacations?
What do I like best_and_least about our_family?
What do I like best_and_least about our_lovemaking?
What do I like best_and_least about our_sexual_relationship?
What do I like best_and_least about us_as_a_couple?
What do I like best_and_least about you?
What do I like best_and_least when we get together with the relatives?
What do I like to daydream about?
What do I really like about myself?
What emotions / feelings do I most like to share?
What foods do I like the best?
What gift would I like Jesus to give you this Christmas?
What gift would I like to give one of our_children?
What goals would I like to see us achieve in the next few months?
What is my relationship with Jesus like?

What is my_favorite sexual fantasy? Would I like it fulfilled? HDIFAT?
What is the possession I have that I like best?
What is the side of me that I least like you to see?
What jobs would I most like to accomplish this_weekend?
What kind of store would I like to own and operate?
What music do I like to listen to when we make_love? HDIFAT?
What outfit do I like best on you?
What part of our_weekend or follow-up would I like to re-live and why?
What part of the day do I usually like the best?
What quality does Mary or Joseph have as a parent that I would like?
What quality in us_as_a_family do I like best?
What sexual fantasies do I have that I would like to reveal to you?
What values do I hold that I would like the world to see?
What was I like as a child? HDIF about the person I used to be?
What would I like to accomplish during this time of Lent?
What would I like to do with you that we have never done before? HDIFAT?
What would I like to take back if I could? HDIFAT?
What would I like us to be doing in five years? HDIFAT?
What would I like you to do for me?
What would I like you to do so I can better understand you?
What would it be like for me if you died first? HDIFAT?
What would it be like for you if I died first? HDIFAT?
What year of my life would I like to relive?
When at a party, do we act like married singles?
When we think we can handle it, I would like to try dialoguing on ...
Where do I like to make_love? HDIFAT?
Where would I like to go that I have never been? HDIF about going there with you?
Where would I like to have a summer home? HDIFAT?
Where would I like to make_love to you other than in bed? HDIFAT?
Which holiday do I like best? HDIF on that day?
Which of my physical features do I like best_and_least?
Would I like to plan some changes in our_life this next year?

LIKED (1)
When we first met, what I liked most about you was ...

LIKELY (4)
After_a_fight: When are we most likely to fight? HDIFAT?
Am I more likely to speak up in praise or blame? HDIFAT?
Am I more likely to stay in a rut or drift from thing to thing? HDIFAT?
What possession is most likely to bring us into disillusionment?

LIMIT (3)
Do my expectations of our_children limit my love for them?
HDIF when people do not observe the speed limit?
How does my mask limit me?

LIMITATIONS (1)
Am I comfortable letting other_people know my limitations? HDIFAT?

LIMITS (2)
HDIF when I exceed my limits, undertaking more than I can handle?
HDIF when I stay within my limits, undertaking only as much as I can handle?

LINED (1)
HDIF about quitting my job although I do not have another job lined up?

LINGERIE (1)
HDIF about sexy lingerie?

LIST (9)
HDIF making a list of what I need to get done over the weekend?
HDIF when I have a list of phone calls to make?
If I were to list my strengths, what would stand out to me?
If I were to list my weaknesses, what would stand out to me?
On giving a list of dialogue questions to a favorite couple
Where did I put dialogue on my list of priorities this_week?
Where did I put dialogue on my list of priorities today?
Where on my list of priorities did I place our dialogue this_week?
Where on my list of priorities did I place our dialogue today?

LISTEN (26)
After_a_fight: When did I refuse to listen or ignore what was said? HDIFAT?
Can we listen better to each_other?
Do I ever listen to you with my eyes and HDIFAT?
Do I listen to our_children, not just to their problems, but their day?
Do I listen to you with my mind only or also with my heart?
HDI listen to you?
HDI listen to you? What is my pattern?
HDIF about asking you to help_me listen better?
HDIF when I do not listen?
HDIF when I listen to my inner self instead of listening to other_people?
HDIF when I listen to you with my heart?
HDIF when I listen to your gripes?
HDIF when I patiently listen to your heartaches?
HDIF when you listen to me with your heart?

HDIF when you listen to me?
 HDIF when you really listen to me?
 How does my mask interfere with the way I listen to you?
 I find it easy to listen to you when ...
 I find it useless to listen to you when HDIFAT?
 In what area(s) do I judge you are most frustrated because I do not listen?
 In what important area(s) do I find it most difficult to listen to you?
 On the way our_children listen to us
 What can I do to help_you listen better and HDIFAT?
 What distracts me when I try to listen to you and HDIFAT?
 What music do I like to listen to when we make_love? HDIFAT?
 When during our_weekend or afterward did I really begin to listen to you?

LISTENED (4)
 HDIF when I am not listened to?
 When did I think I was listened to?
 When have I not listened to you lately?
 When is the last_time I truly felt listened to by you?

LISTENER (8)
 Am I a full-time listener or only a part-time listener?
 Do I consider myself a good listener?
 HDI fail as a good listener?
 HDI fail sometimes as a good listener?
 HDI succeed in being a good listener?
 HDI succeed sometimes as a good listener?
 In what ways can I become a better listener for you?
 What kind of listener am I?

LISTENING (27)
 Am I closed to listening to you on certain topics and HDIFAT?
 Am I often preoccupied when listening to other_people? HDIFAT?
 Do I use my hands to show I am listening to you and HDIFAT?
 HDIF about listening to other_people tell jokes?
 HDIF about listening to you when I am really busy?
 HDIF when I listen to my inner self instead of listening to other_people?
 How can I tell when you are listening?
 I enjoy listening to you talk about ...
 On listening to you
 On my greatest distraction while listening to you
 Sitting very quietly, HDIF listening to Jesus say my name to me?
 What area(s) of a couple's life am I least open to listening about?
 What area(s) of a priest's / pastor's life am I least open to listening about?
 What does listening mean_to_me?
 What effect does my not listening have on our_relationship?
 What environment is best for listening and HDIFAT?
 What is my biggest defect in listening to you and HDIFAT?
 What is my greatest talent in listening to you and HDIFAT?
 What is my listening pattern when we talk about disciplining our_children?
 What is my listening pattern when we talk about handling money?
 What is my listening pattern when we talk about prayer or God?
 What is my listening pattern when you tell me that I am gentle?
 What is my listening pattern when you tell me that I am tender?
 What is the difference between hearing you and listening to you?
 What listening skills could improve our communication?
 What prevents me from listening to you?
 When am I not listening to you?

LISTS (1)
 HDIF about living my daily life without to-do lists, using only my memory?

LITERALLY (2)
 How can this holiday literally be a time of re-creation?
 How can this vacation literally be a time of re-creation?

LITTER (1)
 HDIF about roadside litter?

LITTLE (15)
 Do I let my little aches and pains interfere with our_relationship?
 Do we have a "little church" at home to help us stay on the program?
 HDIF about the little things you do for me?
 HDIF when a little dispute threatens a long friendship?
 In the little emergencies of everyday life, I tend to ...
 On having so little private time together
 On trying to write a little poem for you
 The two of us are a "little church." HDIFAT?
 We, as_a_family, are a "little church." HDIFAT?
 What have I done to help our "little church"?
 What little kindness could I do tomorrow to spread love around?
 What little kindness did I do today to spread love around?
 What little thing reminds me of you?
 What satisfaction do I take in little successes?
 Why is it often the little things that pull us apart?

LIVE (27)
 Could I live without TV for a day? For week? For a month? Forever?

Do I see us ever allowing ourselves to live fully God's_plan for us?
 HDIF about where we live?
 HDIF knowing this could be your last day to live?
 HDIF knowing today could be my last day to live?
 HDIF when I attend a live musical performance?
 HDIF when I get the answering machine instead of a live person?
 How am I failing to live God's_plan for my life?
 How can we live a more simple and fulfilling life?
 How can we live a simpler and more fulfilling life?
 How does striving to live God's_plan give life to us as_a_couple?
 How does striving to live God's_plan give life to us?
 How has our failure to live God's_plan for our_marriage affected us?
 How has the temptation to live the World's Plan affected us?
 I have one more day to live. HDIFAT?
 If I had only two days to live, how would I spend them?
 If I knew we had no tomorrow, how would I live today with you?
 If we had no tomorrow, how would I live today with you?
 Is religion something we do or something we live?
 On expanding our existing values to live God's_plan
 Our sexual experience is 24 hours a day? HDI live this out?
 We mostly live in the middle, between success and failure. HDIFAT?
 What are the values I want to live now?
 What makes it hard to live according to our own values?
 What specific changes do I want to make to live more intimately with you?
 Where we live is... to me.
 Which of the beatitudes do I find it easiest and which hardest to live?

LIVED (1)
 HDIF about the way I lived today?

LIVES (4)
 Do I really believe we can change the lives of other_people?
 HDIF when I realize and accept Jesus' closeness in our daily lives?
 Our courtship can continue in some form for all our married lives. HDIFAT?
 Our neighbor lives alone. HDIFAT?

LIVING (28)
 Are we living God's Plan or our plan?
 Are we living God's_plan in our_marriage or our own plan?
 Are we living a lifestyle of forgiveness and healing in our_relationship?
 HDI see us living God's_plan in our_sexual_relationship?
 HDIF about going on living with you?
 HDIF about living my daily life without to-do lists, using only my memory?
 HDIF about living one day at a time?
 HDIF about living our sacrament and what does this entail?
 HDIF about moving from where we are now living?
 HDIF about our_marriage being a living sign of love?
 HDIF about writing a living will?
 How am I living God's Plan?
 How am I living God's_plan for my life?
 How am I living the World's Plan?
 How are we living God's_plan and what can I do to improve it?
 How are we living the spirit of Christmas throughout the year?
 In what area(s) do I most need your help in living as a sacramental couple?
 Jesus asks, "How are you living your life for me?"
 On living God's Plan for us
 On living God's_plan for our_marriage
 On living a materialistic lifestyle
 On living our_marriage according to God's_plan
 On living the rest of my life without you
 On living today knowing we are not guaranteed tomorrow
 To what degree am I living what Encounter / Retrouville teaches us?
 What do I think about living God's_plan for our_marriage?
 What is the role I see myself and you living out in our sexual experience?
 When our dialogue is stale and flat, are we living the World's Plan?

LK (2)
 "Do not judge, and you will not be judged (LK 6:36-38)." HDIFAT?
 HDIF about LK 16:9?

LOADED (1)
 A time when I felt loaded

LOANING (1)
 HDIF about loaning my books or tools?

LOCKS (1)
 HDIF about installing dead-bolt locks on our outside doors?

LOGIC (1)
 Do I value sentiment more than logic or vice versa? HDIFAT?

LOGICAL (1)
 After_a_fight: On the surface, am I logical or emotional? HDIF deep inside?

LONELIEST (1)
 What was my loneliest time this past week?

LONELINESS (1)

Am I covering up the loneliness I feel for you?

LONELY (6)

A time when I felt lonely

What can we do for the poor, the homeless and the lonely?

What happens when I am still lonely or feel used after we make_love?

When I feel lonely, what is the best thing someone can do for me?

When I start feeling lonely, I ...

When was I lonely without you this_week?

LONG (18)

A meal I long for is ...

After_a_fight: How long was this fight in coming? HDIFAT?

Can I talk easily to people for as long as necessary? HDIFAT?

Do I sometimes miss out because I take too long to make a decision? HDIFAT?

Given the time and money for a long trip, where would I want to go? HDIFAT?

HDIF after we have had a long laugh together? Does laughter help heal?

HDIF when I borrow something and keep it too long?

HDIF when I see you after a long day?

HDIF when I see you after a long separation?

HDIF when a little dispute threatens a long friendship?

HDIF when it has been a long time since we dialogued?

HDIF when it has been a long time since we made love?

HDIF when it's been a long time since we have made love?

HDIF when we have been separated for a long time?

How long before missing dialogue affects our communication and closeness?

How long has it been since we called / wrote our prayer couple? HDIFAT?

Long ago, I borrowed a book from a friend. HDIFAT?

What have I dreamed of doing for a long time? HDIFAT?

LOOK (16)

Do other_people look at us and know we are in love?

HDIF about the way I look on camera?

HDIF when I arrive late to a meeting and people turn around to look?

HDIF when I look at my naked body?

HDIF when I look at our_children sleeping?

HDIF when I look at the Christmas tree?

HDIF when other_people look me in the eye?

HDIF when people tell me I look tired or depressed?

HDIF when we look at our wedding album?

HDIF when we look back at what we have done for Encounter / Retrouvaille?

HDIF when you look at other women / men with obvious interest?

How do I feel when I lie back and look at the stars?

I like to look at you when ...

In what ways am I afraid to look ahead?

What one quality do I look for most in a friend?

When I look at you today, do I see you as my bride / groom?

LOOKING (6)

HDIF about looking out for Christ's coming?

HDIF about looking the person in the eye when I say "I'm sorry"?

HDIF looking other_people in the eye?

HDIF when I have the house looking neat for you?

HDIF when I think you are looking forward to our dialogue?

On spending an afternoon looking at scrapbooks

LOOKS (3)

Do I need to be free to do whatever looks like fun when the time comes?

HDIF about the way our yard looks?

HDIF when I tell you your hair looks great?

LORD (22)

Am I critical of those who work for the Lord?

Do I allow Jesus to be Lord of my life? HDIFAT?

Do I follow the Lord in faith?

Do I trust in the Lord enough to step out of the boat?

Do I turn my troubles over to the Lord?

Do I, like Thomas, question the way of the Lord?

HDI see us in service to the Lord?

HDIF about our experience with the Lord this past week?

HDIF about the Lord when I sin or fail to measure up?

HDIF knowing the Lord pursues me when I am astray?

Have I come to the Lord sooner than other_people?

How does our_relationship give witness to the Lord?

Is Jesus Lord of my / our future?

Is Jesus Lord of my / our prayer life?

Is our_relationship ready for the Lord?

Mary is the mother of our Lord. HDIFAT?

PS 34:18-21. HDIF as the Lord watches over us?

The Lord is coming. HDI need to prepare for that?

What activities do I put ahead of the Lord?

What gifts did we give back to the Lord today?

What strengths do we bring to the Lord?

What weaknesses do we bring to the Lord?

LORD'S (7)

Am I fit for the Lord's supper?

HDI respond to the Lord's call?

Have my eyes been open to seeing the Lord's miracles around me?

In what area(s) do I most need the Lord's help?

On our Lord's call to unconditional love in our_relationship

What does the Lord's Prayer mean_to_me?

When I hear the Lord's call, I feel ...

LOSE (6)

HDIF about us participating in competitive sports? When we win? When we lose?

HDIF when I lose control over a situation?

HDIF when I lose? Am I a good loser?

HDIF when you lose interest in your job / career?

If I were to lose you, what about you would I miss the most?

My temper and what I do when I lose it

LOSER (2)

After_a_fight: When we fight, is one of us always the loser. HDIFAT?

HDIF when I lose? Am I a good loser?

LOSING (4)

HDIF about losing? Do I make excuses?

On losing a cherished possession

The thing I most fear losing is ...

What am I most afraid of losing by negotiating a compromise with you?

LOSS (2)

"You cannot hold on to another person out of fear of loss." HDIFAT?

Am I experiencing any fear over some expected injury or loss? Describe it.

LOST (2)

HDIF about admitting I am lost?

HDIF when I have lost control with our_children?

LOT (1)

I make a lot of my decisions by ...

LOTTERY (1)

HDIF as the winning lottery numbers are being drawn?

LOUD (1)

A time when I laughed out loud

LOVE (121)

"Avoid getting into debt, except the debt of love (RO 13:8)." HDIFAT?

"Husbands, love your wives as Christ loved the Church." HDIF about these words?

"Husbands, love your wives as your own bodies." HDIF about these words?

"If you are not free to be yourself, you cannot love." HDIFAT?

"Love does not keep a record of wrongs (I COR 13:5)." HDIFAT?

"Love is patient, love is kind." How does this apply to our_family?

"The greatest gift is love." HDIFAT?

"Whoever has a heart full of love always has something to give." HDIFAT?

"You cannot control the love and fidelity of another person." HDIFAT?

"You cannot make another person love you." HDIFAT?

A sacramental couple is a symbol of Jesus' love for His church. HDIFAT?

Am I filling my_needs for love in our_relationship or elsewhere?

Am I mostly filling my_needs for love in our_relationship or elsewhere?

Are my_needs to love and be loved being met?

Can I begin to love myself enough to forgive my past mistakes?

Describe what love means to you.

Do I love the world or the things of the world? (I JN 2:15)

Do I need to forgive someone else so I can love you more?

Do I see death as a beginning of a greater love relationship?

Do I see love as being the motivating force in our_lives?

Do my expectations of our_children limit my love for them?

Do other_people look at us and know we are in love?

Do we show our couple love?

HDI suppose our_children feel when they see we are in love?

HDIF about "husbands, love your wives as your own bodies?"

HDIF about giving presents to those I love?

HDIF about how well I love our_children?

HDIF about how well I show my love for you?

HDIF about our_marriage being a living sign of love?

HDIF about showing my love for you?

HDIF about the decision to love being important to us?

HDIF about the love I bring to our_family?

HDIF about us when other_people notice how much we love each_other?

HDIF hearing Jesus say, "Love each_other as I have loved you?"

HDIF hearing you say you love me?

HDIF knowing Christ died in agony to show His love for us?

HDIF knowing that today could be our last day to love?

HDIF knowing you love me?

HDIF on those occasions when I think I am most in love with you?

HDIF telling you every day in a letter that I love you?

HDIF thinking about the first time we made love?

HDIF watching a love story with you on TV?
 HDIF when I accept love as well as give it?
 HDIF when I consider that you love me?
 HDIF when I decide to love?
 HDIF when I do not seek love and find it anyway?
 HDIF when I hear "as I have love you"?
 HDIF when I hear "love each_other"?
 HDIF when I hear "love is a decision"?
 HDIF when I hear Jesus' words, "Love each_other as I have loved you"?
 HDIF when I hear, "Love is not love until you give it away"?
 HDIF when I reflect that you love me?
 HDIF when I see our couple love influencing other_people around us?
 HDIF when I write you a love note?
 HDIF when it has been a long time since we made love?
 HDIF when it's been a long time since we have made love?
 HDIF when one of our_children says "I love you"?
 HDIF when other_people tell me that they love me?
 HDIF when our_children say "I love you"?
 HDIF when someone rejects me or does not love me?
 HDIF when you give me "love taps"?
 HDIF when you show me you love me?
 HDIF when you show you love me?
 HDIF when you show your love for me in front of other_people?
 HDIF when you tell me you love me?
 How can I be more open to your love?
 How can I drop the conditions I put on my love for you?
 How can I show the rest of the family the love I have for them?
 How can I tell when another couple is really in love?
 How can we continue to make our decision to love visible in the church?
 How did the weekend begin to meet my_need to love and be loved?
 How has dialogue helped me meet my_need for love?
 How have I shown my love for you today?
 How have we been a sign of love to our people?
 How have we failed to be a sign of love to our people?
 How is our_relationship affected when we strive to love unconditionally?
 How would I feel if I had to lie to protect someone I love?
 I love you because ...
 I love you today because ...
 I need your love the most when ...
 In what ways am I seeking to love my wife as Christ loved the church?
 In what ways do I daily affirm my love for you?
 Is or love for each_other stronger now than it used to be?
 Is our_life together a celebration of love?
 Jesus is counting on us to make His love believable. HDIFAT?
 Jesus is counting on us to reveal His love to other_people. HDIFAT?
 On deciding to love when there are no loving emotions / feelings
 On finding a love note packed in my sandwich
 On knowing you love me for a lifetime
 On leaving love notes around the house
 On making a decision to love this_week
 On my_need for you to love me
 On our Lord's call to unconditional love in our_relationship
 On packing a love note in your sandwich
 On the prospect of making love tonight
 Our love for each_other is a reflection of God's_love for us. HDIFAT?
 Our love has grown in the follow-up period. HDIFAT?
 Our love has grown since our wedding day. HDIFAT?
 Our love makes a difference in the world. HDIFAT?
 Sometimes I do not take the time to say I love you. HDIFAT?
 The one thing I admire and love the most about you is ...
 The quality I love most about you is ...
 We are blessed by the love from our families. HDIFAT?
 What are my thoughts about "love is a decision"?
 What can I do to show my love to other_people?
 What can I do to show our couple love?
 What can I do to show our_children more love?
 What can I do to show you more love?
 What have I done to show Christ my love for Him?
 What is my_favorite love song? HDIF when I hear it?
 What little kindness could I do tomorrow to spread love around?
 What little kindness did I do today to spread love around?
 What way have I shown my love to our daughter / son lately?
 When I say "I love you," is it more of a habit or do I mean it?
 When did I make the decision to love you lately?
 When is the last_time I made the decision to love?
 When was it hardest for me to decide to love you this_week?
 When was the last_time I made a conscious decision to love you?
 When was the last_time we made love spontaneously? HDIFAT?
 Why do I love you today?
 Why is making love mostly a non-verbal experience for us?

LOVED (18)

"God so loved us that He gave us His only son." HDIFAT?
 "Husbands, love your wives as Christ loved the Church." HDIF about these words?
 Are my_needs to love and be loved being met?
 Do I choose sexual intercourse to meet my_need to be loved?

HDI behave when my_need to be loved is not being met?
 HDIF about being loved by God?
 HDIF about being unconditionally loved by God?
 HDIF being loved by you?
 HDIF hearing Jesus say, "Love each_other as I have loved you?"
 HDIF when I hear Jesus' words, "Love each_other as I have loved you"?
 HDIF when I need to be loved?
 HDIF when our loved ones refuse to do anything to improve their marriage?
 How did the weekend begin to meet my_need to love and be loved?
 In what ways am I seeking to love my wife as Christ loved the church?
 What conditions do I sometimes place on you to be loved by me?
 What words do I use to let our_children know they are loved?
 When DIF most loved?
 When did I first realize I loved you?

LOVEMAKING (24)

Do I ever say no to lovemaking when I know I should say yes?
 Do we reserve time for lovemaking?
 HDIF about lovemaking in the evening?
 HDIF about lovemaking in the morning?
 HDIF about telling you what enhances or reduces my pleasure during lovemaking?
 HDIF saying "yes" to lovemaking but only for the good of our_relationship?
 HDIF saying "yes" to lovemaking for the good of our_relationship?
 HDIF when I say no to your request for lovemaking?
 HDIF when we laugh during lovemaking?
 HDIF when you say "no" to lovemaking?
 HDIF when you say "yes" to lovemaking?
 HDIF when you say no to my request for lovemaking?
 In lovemaking you are a gift of God to me. HDIFAT?
 In lovemaking, all I have is yours; all you have is mine. HDIFAT?
 On lovemaking by candlelight
 Our closest lovemaking expresses in miniature God's_love for us. HDIFAT?
 Should lovemaking be part of the healing process or reserved for afterward?
 What do I think is missing in our experience of lovemaking?
 What has my mood to do with lovemaking?
 What is my_favorite way of lovemaking?
 What sounds please me most during lovemaking?
 What touches please me most during lovemaking?
 What was our greatest lovemaking experience? HDIFAT?
 What words please me most during lovemaking?

LOVER (3)

HDIF about becoming holy by being your lover?
 HDIF about my self worth as your lover?
 On my self-worth as your lover

LOVERS (5)

HDIF when exhaustion keeps us from being lovers?
 HDIF when our Encounter / Retrouvaille "jobs" keep us from being lovers?
 HDIF when time and exhaustion keep us from being lovers?
 HDIF when we are too tired to be lovers?
 What do I think about our spirituality (being lovers) and HDIFAT?

LOVES (9)

"Whoever loves is a child of God (I JN 4:7-8)." HDIFAT?
 Do I really believe that God loves me as I am, for who I am?
 Do I really believe that God loves me where I am right_now?
 God loves me. HDIFAT?
 God loves you more than I do. HDIFAT?
 HDIF knowing how much God loves us all?
 HDIF when someone I do not like loves me?
 How can I tell that God loves us?
 On receiving secret gifts and notes from a couple who loves us

LOVING (14)

Do I come as close as possible to loving everyone?
 HDIF about loving someone who does not particularly deserve it?
 HDIF when I try to be loving when you want to talk all night?
 HDIF when I try to be loving when you want to talk until 1 AM?
 HDIF when we are loving in front of our_children?
 How close to I come to loving everyone? HDIFAT?
 On deciding to love when there are no loving emotions / feelings
 On loving our neighbors
 On loving you just the way you are
 There is no morality to consenting, loving sex. HDIFAT statement?
 We have committed ourselves to loving each_other for a lifetime. HDIFAT?
 What attitude of mine helps me act in a loving way?
 When recently do I remember loving you beyond inconvenience or hurt?
 When recently do I remember your loving me beyond inconvenience or hurt?

LOVINGLY (2)

How do we lovingly pass on our_family traditions?
 When we disagree, how can we do it more lovingly?

LOW (3)

HDIF about switching to low fat milk? Using less salt? Eating less red meat?

Our cash flow is low. HDIFAT?

We need medicine and the checkbook is low. HDIFAT?

LOWER (2)

Do I judge other_people by higher or lower standards than I use on myself?
HDIF about bargaining for a lower price?

LUCKIEST (1)

What is the luckiest thing that has ever happened to us? HDIFAT?

LUCKY (1)

I am lucky to be married to you. HDIFAT?

LUGGAGE (1)

HDIF about buying expensive wine, luggage or watches?

LUXURIES (1)

HDIF about taking on extra work to have some luxuries?

LYING (2)

HDIF ending my day lying in bed next to you?

HDIF lying in bed when you are sound asleep but I am wide awake?

MACHINE (1)

HDIF when I get the answering machine instead of a live person?

MADE (32)

An overnight guest made their own bed? HDIFAT?

God made you a part of my life. HDIFAT?

HDIF about our_marriage being made in heaven?

HDIF thinking about the first time we made love?

HDIF when I discover the assumptions I made about you are not true?

HDIF when I have to say "I made a mistake"?

HDIF when I keep a promise I made to you?

HDIF when it has been a long time since we made love?

HDIF when it's been a long time since we have made love?

HDIF when the assumptions you made about me are not true?

Have you recently said something that made me feel uncomfortable? What?

How has dialoguing about scripture made Jesus come alive for us?

How has our dialogue made you more important in my life?

How have I changed in recent years? What made me change?

How would I feel if I made some new friends this_week?

I have made a promise and cannot keep it. HDIFAT?

I have made a promise to you and cannot keep it. HDIFAT?

My most memorable Christmas made me feel ...

On the most important discovery I made about you on our_weekend or after

The last_time you made me feel pampered was ...

What became of the good resolutions I have made in the past? HDIFAT?

What changes have I made during the follow-up period?

What did you do today that made me feel special?

What happened today that made me feel sad?

When God made me, what were His dreams for me?

When did we last experience healing in our_marriage? What made it possible?

When is the last_time I made the decision to love?

When was the last_time I made a conscious decision to love you?

When was the last_time we made love spontaneously? HDIFAT?

When we first met, what made me want to see you again?

Would God be upset if I made you number 1?

You made me very happy this_week when ...

MAIN (3)

After_a_fight: What do I think was your main point? HDIFAT now?

After_a_fight: What was my main point? HDIFAT now?

The main reason I am afraid to commit to you is HDIFAT?

MAJOR (5)

HDIF about making a major purchase that will put us in debt?

The car needs major repairs. HDIFAT?

What are the major remaining problems in our_relationship? HDIFAT?

What are the major sources of stress in my life?

What are the major sources of stress in our_relationship?

MAKE (98)

"You cannot make another person love you." HDIFAT?

After_a_fight: Did one of us try to make the other feel guilty? Did it work?

After_a_fight: How can I change to make confrontation more positive for us?

After_a_fight: What did I compromise to make peace? HDIFAT now?

Am I asking you to make an unacceptable compromise? HDIFAT?

Did I make Jesus part of my life today?

Do I make good use of the talents God has given to me?

Do I sometimes make jokes that leave a critical or unpleasant aftertaste?

Do I sometimes miss out because I take too long to make a decision? HDIFAT?

Do we make being married attractive?

Does being aggressive make me uncomfortable?

Does our inability to have children make a difference in our_lovemaking?

God does not make junk. HDIFAT?

HDI make you present to me when we're not together?

HDI need to change to make me your favorite person?

HDI need to change to make you my_favorite person?

HDIF about having to make a decision immediately?

HDIF about losing? Do I make excuses?

HDIF about my sacrifices to make the family meal enjoyable?

HDIF about trying to make something beautiful with my hands?

HDIF toward you when we have to make a decision together?

HDIF toward you when we have to make a decision?

HDIF when I allow circumstances to "make" a decision for me?

HDIF when I care about the things that make you happy?

HDIF when I have a list of phone calls to make?

HDIF when I have done something to make you happy?

HDIF when I have to make a difficult phone call?

HDIF when I hear "God does not make junk"?

HDIF when I make a mistake and you point it out?

HDIF when I make a mistake?

HDIF when I make a sacrifice for you?

HDIF when I make a sacrifice knowing Jesus sacrificed for me?

HDIF when I make a specific sacrifice for you?

HDIF when I make sexual advances toward you?

HDIF when I make you happy?

HDIF when I try to make light of a serious situation?

HDIF when circumstances make me "second guess" one of my own decisions?

HDIF when our_children make demands?

HDIF when we make the issue more important than the relationship?

HDIF when we make time for us?

HDIF when you have to make a sacrifice for us?

HDIF when you make a sacrifice for me / us?

HDIF when you make me your favorite person?

HDIF when you make one of my priorities one of yours?

How are we going to make better use of our free time this summer?

How can I make Thanksgiving more meaningful?

How can I make it easier to say "forgive me"?

How can I make myself a better treasure for God?

How can I make sure my gift to you is from my heart?

How can I make you Dulcinea?

How can we continue to make our decision to love visible in the church?

How can we continue to make our_love visible in the church?

How can we make God more present in our dialogue?

How can we make God more present in our talk?

How can we make this Advent a spiritual preparation for Christmas?

How could I make saying grace more meaningful?

How do we make our sacrament a visible sign of God's_love?

How do we make up after_a_fight and HDIFAT?

How does my mask make me a married single?

How does the way I see myself make it hard for me to reach_out to you?

How much control would I have to give up to make things better for us?

How much of me will I have to give up to make the marriage work? HDIFAT?

I make a lot of my decisions by ...

In what area(s) do you make most of the decisions and HDIFAT?

Jesus is counting on us to make His love believable. HDIFAT?

On my having to work overtime to make ends meet

Today we had the opportunity to make our_relationship stronger. Did we?

We are different in how we make decisions about money. HDIFAT?

We could improve the way we make decisions by ...

What am I willing to do to make our dialogue better this coming week?

What am I willing to do to make our dialogue more regular?

What are my thoughts when I hear "God does not make junk"?

What can I do to make it easier for you to confide in me?

What can I do to make myself more sexy to you?

What can I do to make our_relationship stronger?

What can I do to make you smile more?

What can make money a source of conflict in our_relationship? HDIFAT?

What can we do to make this a better world?

What changes can I make in my attitude toward my own failures?

What changes do I need to make to make Faith a value?

What changes would I like you to make in response to my failures?

What changes would make this relationship right for me?

What decisions can I make to improve our_marriage?

What did I do to make my parents proud of me? HDIFAT?

What difference does the Eucharistic celebration make in my life?

What do I think would make you happy?

What have I done to make you number one today? HDIFAT?

What is the most difficult decision I have ever had to make? HDIFAT?

What new activity or interest could I make space for in my life? HDIFAT?

What one specific thing would make our_lovemaking even more beautiful?

What sacrifices do I have to make to have you number one?

What specific change do I need to make in myself?

What specific changes do I want to make to live more intimately with you?

What steps can we take to make our "impossible dream" a reality?

What things make our_life unnecessarily complicated?

When I let you make your own decisions, I feel ...

When did I make the decision to love you lately?

You bring out and make me see my self-worth. HDIFAT?

MAKE_LOVE (38)

Do I always try to give you my full attention when we make_love? HDIFAT?

Do I seek physical nakedness just for times when we make_love?
 Do I sense God's presence in our_relationship when we make_love?
 Do we have make_love often enough? HDIFAT?
 HDI tell you I would like to make_love?
 HDIF immediately after we make_love?
 HDIF when I am sleepy and you want to make_love?
 HDIF when I ask you to make_love to me?
 HDIF when I ask you to make_love?
 HDIF when I do not want to make_love but do anyway?
 HDIF when I go ahead and make_love even when I do not want to?
 HDIF when I make_love but do not ask in a clear way?
 HDIF when I want to make_love and do not tell you?
 HDIF when we are in each_other's arms after we make_love?
 HDIF when we experiment and make_love in different ways?
 HDIF when we make_love after an argument or misunderstanding?
 HDIF when we make_love someplace other than our bedroom?
 HDIF when we make_love with the lights on?
 HDIF when we make_love?
 HDIF when we want to make_love and cannot?
 HDIF when you ask me non-verbally to make_love?
 HDIF when you ask me to make_love?
 HDIF when you go ahead and make_love even when you do not want to?
 How do you tell me you would like to make_love?
 How often do I think we should make_love? HDIFAT?
 How often do I want to make_love but do not ask you?
 I know there is a good chance we will make_love tonight. HDIFAT?
 I know we are going to make_love tonight. HDIFAT?
 I see God smiling down on us as we make_love. HDIFAT?

On when we make_love
 We make_love enough or not enough? HDIFAT?
 What are my non-verbals when I want to make_love? HDIFAT?
 What do I see as your non-verbals when you want to make_love? HDIFAT?
 What happens when I am still lonely or feel used after we make_love?
 What music do I like to listen to when we make_love? HDIFAT?
 What would be the ideal place and time for us to make_love? HDIFAT?
 Where do I like to make_love? HDIFAT?
 Where would I like to make_love to you other than in bed? HDIFAT?

MAKES (18)
 Am I doing enough of what makes me happy? HDIFAT?
 On the difference our_love makes in the world
 On those occasions when my family makes demands on us
 On those occasions when your family makes demands on us
 Our love makes a difference in the world. HDIFAT?
 Sometimes failure makes me want to give up. HDIF during those times?
 Sometimes failure makes me want to try harder. HDIF during those times?
 What am I working at believing about myself now? What makes it hard?
 What is it about you that makes me want to ask your forgiveness?
 What makes a house a home?
 What makes it hard for me to grant forgiveness and HDIFAT?
 What makes it hard for me to seek forgiveness and HDIFAT?
 What makes it hard to live according to our own values?
 What makes me cry? Do I cry often? HDIFAT?
 What makes our house a home?
 What quality of yours makes me want to trust you?
 What thought of you makes me smile?
 Which of us usually makes the decisions and HDIFAT?

MAKING (31)
 "Life is what happens while we are making other plans." HDIFAT?
 After_a_fight: Am I still making excuses for my actions? HDIFAT?
 Are we constantly getting hurt and making up in the same areas and HDIFAT?
 Are we constantly making up in the same areas and HDIFAT?
 Do I consider your emotions / feelings in making decisions that affect you?
 HDIF about making New Year's resolutions?
 HDIF about making a large monetary purchase?
 HDIF about making a major purchase that will put us in debt?
 HDIF about making a will?
 HDIF about the importance of making decisions as_a_couple?
 HDIF making a list of what I need to get done over the weekend?
 HDIF when I am making fun of other_people?
 HDIF when I am rushed into making an important decision?
 HDIF when we are making plans together?
 In what area(s) are we equal partners in decision making?
 On making a decision to love this_week
 On making a surprise dessert for you
 On making better preparations for my death
 On making big financial decisions
 On making every day Valentine's Day
 On making myself more appealing to you
 On making up after_a_fight
 On the prospect of making love tonight
 What hinders us from making better decisions and HDIFAT?
 What kept me from making the most of this past weekend?
 What sacrifices am I making for my family now?
 What stands in the way of my making a genuine commitment to you? HDIFAT?
 When do I duck the responsibility for making decisions and HDIFAT?

When making an important decision, HDIF about ignoring my emotions / feelings?
 When making an important decision, HDIF about trusting my emotions / feelings?

Why is making love mostly a non-verbal experience for us?

MAN (2)
 HDIF when I see the other man / other woman?
 What behavior of yours most lets me experience myself as a man / woman?

MANAGE (3)
 Am I comfortable with the way we manage money as_a_couple?
 HDIF about the way I manage my time?
 Jesus will never give us more conflict than we can manage. HDIFAT?

MANAGING (1)
 On my responsibility / irresponsibility in managing our finances

MANGER (2)
 HDIF when I picture our_family kneeling at the manger scene?
 HDIF when I see baby Jesus in the manger?

MANIPULATED (1)
 Do I ever feel manipulated by you?

MANNERS (1)
 HDIF being around people with bad manners?

MANY (8)
 After_a_fight: How many times have we had this discussion? HDIFAT?
 Do I have deep friendships with a few or broad friendships with many? HDIFAT?
 Do I judge our success by how many possessions we have?
 HDIF about working many hours in a room with no windows?
 HDIF when I see you working too many hours?
 How many hours do I watch TV in a typical day? In a typical week? HDIFAT?
 On facing the bills when there are too many
 We had many hopes for each_other on our wedding day. HDIFAT today?

MARITAL (2)
 HDIF when friends of ours are having marital problems?
 What is our basic way of dealing with marital conflict?

MARK (1)
 Are we reflecting the mark of oneness today?

MARKED (1)
 HDIF being with people whose emotional ups and downs are very marked?

MARKET (2)
 HDIF when stock market trends increase the value of our investments?
 HDIF when stock market trends reduce the value of our investments?

MARRIAGE (12)
 HDIF about World Marriage Day?
 HDIF about proclaiming marriage to other_people?
 HDIF knowing we are part of a community that supports marriage?
 HDIF when our loved ones refuse to do anything to improve their marriage?
 HDIF when our togetherness affects another marriage?
 Have we been an example of a working marriage this_week?
 How does my parents' marriage affect my behavior toward you?
 How much of me will I have to give up to make the marriage work? HDIFAT?
 On being called to be a sign to the Church that marriage works
 Our Sacrament calls us to a good marriage, not just an average one. HDIFAT?
 What quality in you helped me trust in our young marriage?
 What would it take for me to really commit myself to this marriage?

MARRIAGES (11)
 Do I believe we have a stake in other_people's marriages and they in ours?
 HDIF about the stake we have in other_people's marriages?
 HDIF when we are with couples who are working on their marriages?
 How could we support the marriages of our friends?
 How could we support the marriages of our relatives?
 How do we support the marriages of our friends / relatives?
 How good our_marriage is affects other marriages around us. HDIFAT?
 How have we affected other couples' marriages?
 Marriages around us are affected by how well they see ours working. HDIFAT?
 We have a stake in other_people's marriages and they in ours. HDIFAT?
 What stake do we have in the marriages of other_people?

MARRIED (18)
 Do I have unmet needs that lead me to be a "married single"?
 Do we make being married attractive?
 HDIF about being married to you each day?
 HDIF about my responsibilities as a married person?
 HDIF about sacrificing financially to attend an event for married couples?
 HDIF about the responsibility we have to other married couples?
 HDIF does just "being married" mean_to_me?

HDIF when I become a married single again?
 HDIF when I return from acting like a "married single"?
 Have we been an example of a happily married couple this_week?
 How are we behaving like "married singles"?
 How does my mask make me a married single?
 I am happy being married to you today because ...
 I am lucky to be married to you. HDIFAT?
 Married sexuality is holy. HDIFAT?
 Our courtship can continue in some form for all our married lives. HDIFAT?
 When at a party, do we act like married singles?
 Why do I want to stay married to you?

MARRY (1)
 Why did we marry each_other and HDIFAT?

MARRYING (1)
 HDIF when I think about us marrying each_other each day?

MARY (6)
 Joseph and Mary are at our front door. Do we have room?
 Mary is the mother of our Lord. HDIFAT?
 Mary said "yes" to God. HDIFAT?
 Mary was open to the will of God. Are we?
 What qualities in Mary as a mother do I also see in you / me?
 What quality does Mary or Joseph have as a parent that I would like?

MARY'S (1)
 What is my reaction to Mary's "yes" to God?

MASCULINITY (2)
 HDIF when you compliment me in a way that affirms my femininity / masculinity?
 Is our openness about our masculinity / femininity reflected in our_children?

MASK (18)
 Does my mask interfere with our_lovemaking?
 How did I develop the mask I wear?
 How does my / your mask affect our purchases?
 How does my mask frustrate, disappoint or annoy other_people?
 How does my mask interfere with our romance? HDIFAT?
 How does my mask interfere with our_relationship?
 How does my mask interfere with the way I listen to you?
 How does my mask limit me?
 How does my mask make me a married single?
 How does my mask prevent me from always being intimate with you?
 On the mask I wear with God
 What are the negative effects my mask has on me?
 What do I find most difficult to talk about because of my mask?
 What happens to me when I reveal more of what is behind my mask?
 What mask am I wearing today?
 What mask did I wear today?
 What mask do I find most difficult to remove in our_relationship?
 When recently has my mask interfered in our_relationship?

MASKS (1)
 What masks am I wearing when I am avoiding you?

MASS (13)
 Do I feel safe in mass / church?
 HDIF about attending mass / church on Sunday?
 HDIF about singing in mass / church?
 HDIF attending mass / church together?
 HDIF holding hands during mass / church?
 HDIF when our_family goes to mass / church together?
 HDIF when we are in mass / church together?
 HDIF when we go to mass / church together?
 HDIF when we offer each_other "the Peace of Christ" at mass?
 On going to mass / church
 On going to mass / church as_a_family
 On missing mass / church
 What emotions / feelings do I have being in mass / church with you?

MASTURBATE (1)
 Do I masturbate? HDIFAT?

MATERIAL (2)
 Have we shared our material blessings with other_people?
 How important are material things to me?

MATERIALISTIC (3)
 Are my priorities so materialistic that they interfere with us?
 Do we both work so we can support a materialistic lifestyle?
 On living a materialistic lifestyle

MATRIMONY (4)
 HDIF about being called to the vocation of matrimony with you?
 What do I think about our sacrament of Matrimony?

What would happen to the Sacrament of Matrimony without the church?
 What would happen to the church without the Sacrament of Matrimony?

MATTER (1)
 No matter how often I am right, I will sometimes be dead wrong. HDIFAT?

MATTERS (1)
 On most matters, do I already have an opinion? HDIF about changing my mind?

MATURITY (1)
 What does maturity mean_to_me?

MEAL (6)
 A meal I long for is ...
 Christ is the unseen guest at every meal. HDIFAT?
 HDIF about my sacrifices to make the family meal enjoyable?
 HDIF about watching TV during meal time?
 HDIF helping you prepare for our Thanksgiving meal?
 HDIF when our_family is alone together for a meal?

MEALS (5)
 Are family meals together a value?
 Are family meals together important to me?
 Do I eat regular, well-balanced meals? HDIFAT?
 HDIF about today's meals?
 HDIF when TV sports controls meals and holidays in our_home?

MEAN (9)
 Does Easter mean more to me than colored eggs?
 HDIF when I say "ours" but really mean "mine"?
 HDIF when people say exactly what they mean?
 HDIF when you "we'll see" but I think you mean "no"?
 HDIF when you say YES but mean NO?
 What does it mean to forgive other_people?
 What does it mean when I do not pick up after myself?
 When I mean "thank you," I say / do ...
 When I say "I love you," is it more of a habit or do I mean it?

MEAN_TO_ME (29)
 HDIF does just "being married" mean_to_me?
 How much do our_marriage vows mean_to_me now? HDIFAT?
 Spirituality -- what does it mean_to_me?
 Spirituality: What does it mean_to_me?
 We are a sacrament. What does this mean_to_me?
 What does "being a couple" mean_to_me?
 What does "decision" mean_to_me?
 What does a family Christmas mean_to_me?
 What does being a parent mean_to_me?
 What does being an open and honest couple mean_to_me?
 What does community mean_to_me?
 What does graduation mean_to_me?
 What does having good friends mean_to_me?
 What does intimacy mean_to_me?
 What does it mean_to_me to belong to you?
 What does it mean_to_me to experience joy?
 What does it mean_to_me to experience pleasure?
 What does listening mean_to_me?
 What does maturity mean_to_me?
 What does my religion mean_to_me?
 What does our church mean_to_me?
 What does our non-verbal communication mean_to_me?
 What does our_relationship mean_to_me?
 What does the Fourth of July mean_to_me?
 What does the Lord's Prayer mean_to_me?
 What does the baby Jesus mean_to_me?
 What does the season of Lent mean_to_me?
 What does this holiday mean_to_me?
 What keeps me from showing you what you really mean_to_me?

MEANING (1)
 What is the meaning of Easter to me?

MEANINGFUL (8)
 Are our sacrifices meaningful or just a requirement for Lent?
 HDIF about spending meaningful time with our_children?
 How can I make Thanksgiving more meaningful?
 How can our kiss be more meaningful?
 How can our kisses be more meaningful?
 How could I make saying grace more meaningful?
 What piece of music is especially meaningful to me?
 What traditions are meaningful to me?

MEANS (3)
 Describe what love means to you.
 On fighting as a constructive means of communication between_us
 What is my_favorite means of relaxation?

MEANT (2)

What has Encounter / Retrouvaille meant to me?
 What has our involvement in Encounter / Retrouvaille meant to me?

MEASURE (4)

Do I measure myself by other_people's standards? HDIFAT?
 HDIF about the Lord when I sin or fail to measure up?
 What are ten qualities I want most in a partner? HDI measure up? HDIFAT?
 What is a "good husband" / "good wife" and do I measure up?

MEAT (1)

HDIF about switching to low fat milk? Using less salt? Eating less red meat?

MEATLOAF (1)

On preparing a heart-shaped meatloaf for dinner

MECHANISMS (1)

What defense mechanisms do I use when I fail to please you?

MEDIA (1)

HDIF about using the media to proclaim the Good News?

MEDICAL (1)

HDIF about having regular medical and dental checkups?

MEDICINE (2)

HDIF about the use of medicine in our_family?
 We need medicine and the checkbook is low. HDIFAT?

MEET (12)

Can the new people I meet tell what interests me right away? HDIFAT?
 Do I choose sexual intercourse to meet my_need to be loved?
 HDIF when I do not meet your expectations?
 HDIF when we meet a couple who has experienced the same weekend and follow-up?
 HDIF when we meet a couple who really needs the program / weekend?
 How can we, as_a_couple, meet Jesus' challenge to follow Him?
 How did the weekend begin to meet my_need to love and be loved?
 How has dialogue helped me meet my_need for autonomy?
 How has dialogue helped me meet my_need for belonging?
 How has dialogue helped me meet my_need for love?
 How has dialogue helped me meet my_need for self-worth?
 On my having to work overtime to make ends meet

MEETING (3)

HDIF driving home from a meeting of our follow-up or support group?
 HDIF when I arrive late to a meeting and people turn around to look?
 We have a meeting to attend and no baby-sitter. HDIFAT?

MEETINGS (1)

At meetings I feel ...

MEMBER (6)

Do I give each family member equal time, or do I favor one over another?
 Do we avoid a particular member of our parish / church community?
 HDI see myself as a member of Christ's body?
 HDIF when a member of my family is ill?
 HDIF when a member of our_family compliments me?
 HDIF when a member of our_family points out my good qualities?

MEMBERS (4)

Do we accept only members of our church / parish family who are like us?
 HDIF about members of our extended family?
 HDIF when we have argued with family members?
 On the sacrifices of family members who have served their country

MEMORABLE (2)

How can we plan for a memorable Easter?
 My most memorable Christmas made me feel ...

MEMORIES (3)

What family memories of spring do I have?
 What memories are painful for me to recall?
 What memories of Easter do I cherish most?

MEMORY (23)

HDIF about living my daily life without to-do lists, using only my memory?
 My favorite memory of us as_a_couple this year is ...
 My most vivid good childhood memory is ... HDIFAT today??
 What family Christmas memory will I always remember?
 What is my earliest memory of death in my childhood? How did I feel?
 What is my earliest memory of you? HDIF remembering it now?
 What is my fondest memory of our 90/90?
 What is my fondest memory of our wedding day?
 What is my happiest memory of the past month / week / year?
 What is my most pleasant memory from our dating days?
 What is my most recent happy memory of us?

What is my most treasured memory? HDIFAT?

What is my_favorite childhood memory? Why?

What is my_favorite memory of a Christmas past?

What is my_favorite memory of my grandparents?

What is my_favorite memory of our courtship?

What is my_favorite memory of our dating days? HDIFAT?

What is my_favorite memory of our wedding day? HDIFAT?

What is our favorite Christmas memory?

What is the happiest memory I have of this Christmas?

What is the most pleasant memory of our_weekend or follow-up sessions?

What is the nicest memory of our past Thanksgivings?

What memory of our courting days is most alive today?

MEN (4)

HDIF when I sense you are attracted by other men / women?

HDIF when you look at other women / men with obvious interest?

How are we responding to Jesus' call to be fishers of men?

How have we accepted Jesus' call to be fishers of men?

MENTION (1)

What things crossed my mind this_week that I have not bothered to mention?

MENTIONED (1)

When was the last_time we mentioned Encounter / Retrouvaille to a couple?

MENTIONING (1)

HDIF beginning my dialogue letter by mentioning a good quality I see in you?

MESS (2)

HDIF when I see the house in a mess?
 The house is a mess. HDIFAT?

MESSAGE (1)

What is the message of Lent for me?

MET (14)

Are my sexual needs being met?
 Are my_needs to love and be loved being met?
 HDI behave when my_need for autonomy is not being met?
 HDI behave when my_need for belonging is not being met?
 HDI behave when my_need for self-worth is not being met?
 HDI behave when my_need to be loved is not being met?
 HDIF about the first day we met?
 HDIF when we first met?
 How did I feel when we first met?
 What effect does it have on us when my_needs are met?
 What need of mine is not being met?
 When was my_need for self-worth met this_week?
 When we first met, what I liked most about you was ...
 When we first met, what made me want to see you again?

METER (1)

How would I feel if I fed some stranger's expired parking meter?

METHOD (1)

How does our method of birth control affect our_sexual_relationship? HDIFAT?

METHODS (4)

What methods do I find easiest to use in describing my emotions?
 What methods do I find easy to use in describing my emotions / feelings?
 What methods do I find hard to use in describing my emotions / feelings?
 What methods do I find most difficult to use in describing my emotions?

MIDDLE (4)

HDIF when I think about having a baby during our middle years?
 HDIF when the telephone rings in the middle of the night?
 We mostly live in the middle, between success and failure. HDIFAT?
 When you touch me in the middle of the night, I feel ...

MIDNIGHT (1)

HDIF thinking about kissing you at midnight New Year's Eve?

MIGHT (2)

HDIF realizing you might not come home tonight?
 If I become more committed to you, I might have to give up HDIFAT?

MILES (1)

When did we go two miles with someone who ordered us to go one?

MILK (2)

HDIF about switching to low fat milk? Using less salt? Eating less red meat?
 HDIF when I pick up a gallon of milk for you?

MIND (3)

Do I listen to you with my mind only or also with my heart?
 On most matters, do I already have an opinion? HDIF about changing my mind?
 What things crossed my mind this_week that I have not bothered to mention?

MINDS (1)

Is our sexual union a joining of our hearts, minds, bodies and spirits?

MINE (18)

Am I sensitive enough to you when your needs differ from mine?
 Am I sensitive to you when your needs differ from mine?
 Do I accept your ambitions? Do I think you accept mine? HDIFAT?
 HDIF when I am trying to describe an emotion / feeling of mine to you?
 HDIF when I am trying to describe an emotion of mine to you?
 HDIF when I discuss politics with someone whose views are opposite of mine?
 HDIF when I realize you are only mine for today?
 HDIF when I say "ours" but really mean "mine"?
 HDIF when I see God's hand in mine?
 HDIF when your needs seem to be in conflict with mine?
 If I could change one attitude of mine, it would be HDIFAT?
 In lovemaking, all I have is yours; all you have is mine. HDIFAT?
 Is family communication a value of mine?
 Pick a current problem. What expectation of mine was unmet?
 What attitude of mine helps me act in a loving way?
 What need of mine is not being met?
 When did I last put your needs before mine?
 Your needs are in conflict with mine. HDIFAT?

MINIATURE (1)

Our closest lovemaking expresses in miniature God's_love for us. HDIFAT?

MINISTER (7)

HDI see God reflected through our favorite priest / minister??
 HDIF about inviting a priest / minister to our_home?
 Have we shared our_home and family with our pastor / priest / minister?
 How does ... [name a minister] help us to experience God's_love for us?
 How would I feel if one of our_children would want to become a minister?
 What is the role of a priest / pastor / minister in our_lives?
 What priest / minister in my life has been an example for me?

MINISTERS (3)

HDIF about letting priests / ministers know their importance to us?
 HDIF about the need for priests / ministers?
 What place do priests / ministers have on our journey?

MINISTRY (2)

Are we too involved or do we lack involvement in ministry?
 How would I feel if one of our_children would want to enter the ministry?

MINT (1)

Someone offers me a breath mint? HDIFAT?

MINUTE (4)

Am I comfortable doing things at the last minute or is it hard on my nerves?
 HDIF about having to delay a decision until the last minute?
 HDIF when every minute of our day is planned?
 HDIF when every waking minute of our day is planned?

MIRACLES (3)

Do I believe in miracles?
 HDIF about miracles?
 Have my eyes been open to seeing the Lord's miracles around me?

MIRROR (2)

Our_sexual_relationship is a mirror of our total relationship. HDIFAT?
 You are my mirror. HDIFAT?

MISBEHAVE (2)

HDIF when our_children misbehave?
 On those occasions when our_children misbehave in public

MISCHIEVOUS (1)

A time when I felt mischievous

MISCONCEPTION (1)

The biggest misconception people have about me is ... HDIFAT?

MISERABLE (1)

A time when I felt miserable

MISREPRESENT (1)

After_a_fight: Did I misrepresent or stretch the truth? HDIFAT now?

MISS (9)

Do I sometimes miss out because I take too long to make a decision? HDIFAT?
 HDIF when we miss dialogue?
 HDIF when you are away and I miss you?
 If I were to lose you, what about you would I miss the most?
 If dialogue is so important to our_relationship, why do we miss?
 If you died, what quality of yours would I miss most?
 On the things I would miss most about you if you were dead

What do I think you miss about our romance? HDIFAT?

What is the most important thing I will miss if you die?

MISSED (1)

One thing I missed during my childhood was ... HDIFAT today

MISSING (5)

How long before missing dialogue affects our communication and closeness?
 On missing dialogue
 On missing dialogue for several days or weeks
 On missing mass / church
 What do I think is missing in our experience of lovemaking?

MISSIONARY (2)

Our missionary role is always to invite other_people on our journey. HDIFAT?
 We are called to be prophetic and missionary. HDIFAT?

MISTAKE (3)

HDIF when I have to say "I made a mistake"?
 HDIF when I make a mistake and you point it out?
 HDIF when I make a mistake?

MISTAKES (6)

Can I begin to love myself enough to forgive my past mistakes?
 HDIF about admitting my mistakes?
 HDIF when I am brooding over my mistakes?
 HDIF when someone (not you) laughs at my mistakes?
 HDIF when you laugh at my mistakes?
 In what ways do I punish myself because of past mistakes?

MISUNDERSTANDING(1)

HDIF when we make_love after an argument or misunderstanding?

MIX-UP (1)

When a breakdown or mix-up stops everybody's work, my first reaction is to ...

MIXER (1)

Am I a good mixer or am I usually quiet and reserved? HDIFAT?

MODEL (1)

Was my parent's relationship a healthy or unhealthy model for us? HDIFAT?

MODERN (2)

How does the modern world keep us from reaching out to other_people?
 What Modern World value am I embracing right_now?

MODIFY (1)

In what area(s) do I try to modify my behavior to please you?

MOM (2)

The greatest gift a mom can give to her children is ...
 When was the last_time I thanked my mother for being my mom?

MOMENT (6)

If I could erase any moment in our_relationship, which would it be? HDIFAT?
 What is the happiest moment I have had with you this_week?
 What special moment of the past holiday season will I always remember?
 What was our closest moment as_a_couple this month / week / year?
 What was our closest moment as_a_family this month / week / year?
 What was the most tender moment we shared together this_week?

MOMENTS (2)

What are the three closest moments we have shared together?
 What is one of the greatest moments of our_marriage?

MONETARY (1)

HDIF about making a large monetary purchase?

MONEY (42)

Am I comfortable with the way we manage money as_a_couple?
 Do I think we have enough money?
 Given the time and money for a long trip, where would I want to go? HDIFAT?
 HDIF about giving money to people who solicit on the street?
 HDIF about giving money to street musicians?
 HDIF about how much money we give to our church or favorite charity?
 HDIF about how much money we give to our parish / church?
 HDIF about how we use our money?
 HDIF about lending money to friends?
 HDIF about saving money?
 HDIF about the way I / you handle money?
 HDIF about the way our_family spends money?
 HDIF about the way we spend money?
 HDIF when I have to ask you for money?
 HDIF when there is not enough money to pay the bills?
 HDIF when we must borrow money?
 HDIF when you spend money on me?
 HDIF when you spend money on new clothes?

How does lack of money get in the way of our_relationship?
 If I did not need money, what would I be doing today? HDIFAT?
 If I had all the money in the world, what gift would I buy you?
 If I had tons of money, what would I give you for Christmas?
 Is money in my pocket a priority?
 On having time for vacation but no money
 On having time for vacation but no vacation money
 On how we spend our money
 On my attitudes about money
 On not having enough money
 On spending money during the holidays
 On what blocks me from talking about money with you
 We are different in how we make decisions about money. HDIFAT?
 What can make money a source of conflict in our_relationship? HDIFAT?
 What do I most need to change in my money habits?
 What is my listening pattern when we talk about handling money?
 What is my strongest emotion / feeling about money?
 What is my strongest emotion about money?
 What is my_favorite thing to do that does not cost money? HDIF when I do it?
 What values do we want our_children to have about money?
 What would my profession be if money were no object? HDIFAT?
 Which of us worries most about money?
 Which one of us worries the most about money?
 Who handles the money in our_home? HDIFAT?

MONTH (13)

Could I live without TV for a day? For week? For a month? Forever?
 HDIF having an extra day to spend with you this month?
 How would I feel working a few hours a month in a soup kitchen?
 I felt proud of you last month when ...
 In think I may have hurt you this month when ...
 Last month I felt sad when ...
 What crazy things have we done in the past month?
 What did I learn about you last month?
 What have I done to improve our_relationship this month?
 What is my happiest memory of the past month / week / year?
 What was our closest moment as_a_couple this month / week / year?
 What was our closest moment as_a_family this month / week / year?
 When were we closest this month?

MONTH'S (1)

On giving a month's worth of dialogue questions to a favorite couple

MONTHS (1)

What goals would I like to see us achieve in the next few months?

MOOD (3)

After_a_fight: Am I nurturing a bad mood? HDIF when I am in a mood like this?
 How does your lack of response to physical affection affect my mood?
 What has my mood to do with lovemaking?

MOODINESS (2)

HDIF when there are periods of moodiness in our_sexual_relationship?
 On moodiness in our_relationship

MOODS (4)

HDIF when there are moods of sadness in our_sexual_relationship?
 How have my moods interfered with our_relationship?
 Our changing moods can affect our_relationship. HDIFAT?
 Weather is affecting our moods. HDIFAT?

MOODY (1)

HDIF being around people who are moody or depressed?

MOONLIGHT (1)

On sharing a moonlight stroll

MORALITY (1)

There is no morality to consenting, loving sex. HDIFAT statement?

MORALS (1)

Do we ever challenge our friends about their values and morals?

MORE (103)

After_a_fight: How can I change to make confrontation more positive for us?
 Am I able to be more open with other_people than with you?
 Am I becoming more disillusioned or less disillusioned about us? HDIFAT?
 Am I discovering more about me because of our_relationship? HDIFAT?
 Am I hoping more for unity in our_marriage or for uniformity?
 Am I more careful about people's feelings or people's rights?
 Am I more creative alone or with other_people? HDIF when I am most creative?
 Am I more like my mother or my father?
 Am I more likely to speak up in praise or blame? HDIFAT?
 Am I more likely to stay in a rut or drift from thing to thing? HDIFAT?
 Am I more of a giver or a receiver?
 Am I more persistent or more of a quitter? HDIFAT?
 Are you more like your mother or father?

Can I imagine being more open in another relationship? Why? HDIFAT?
 Could our_home be more Christ-centered? HDIFAT?
 Do I get more enthusiastic about things than the average person does?
 Do I need to forgive someone else so I can love you more?
 Do I see myself more in terms of what I do than in terms of what I am?
 Do I tend to do things in the accepted way or am I more creative? HDIFAT?
 Do I value sentiment more than logic or vice versa? HDIFAT?
 Does Easter mean more to me than colored eggs?
 During the follow-up period, have I changed more or have you? HDIFAT?
 God loves you more than I do. HDIFAT?
 HDI think we can be more involved with each_other?
 HDIF I can be more fully present to you?
 HDIF about having more children?
 HDIF about our going out together alone more often?
 HDIF about reading more books and watching less TV?
 HDIF when I exceed my limits, undertaking more than I can handle?
 HDIF when I give you the more comfortable chair?
 HDIF when I know you are more than I dreamed?
 HDIF when I tell you more about my job / career?
 HDIF when some other interest seems more important to you than I do?
 HDIF when we make the issue more important than the relationship?
 HDIF when you are reaching out to other_people more than you are to me?
 HDIF when you expect more of me than I am capable of giving right_now?
 How are we growing closer (or becoming more distant) as_a_couple?
 How can I be more intimate with you?
 How can I be more open to your love?
 How can I be more open with you?
 How can I be more sensitive to you?
 How can I be more tender?
 How can I change things to give you more time?
 How can I give more and be more for you in our_sexual_relationship? HDIFAT?
 How can I give more of myself this Christmas season?
 How can I make Thanksgiving more meaningful?
 How can I put more romance in our_marriage?
 How can my family have more unity?
 How can our kiss be more meaningful?
 How can our kisses be more meaningful?
 How can we live a more simple and fulfilling life?
 How can we live a simpler and more fulfilling life?
 How can we make God more present in our dialogue?
 How can we make God more present in our talk?
 How can we put more fireworks into our_marriage?
 How can we put more romance in our_lives?
 How can we share more of ourselves with our_children?
 How could I make saying grace more meaningful?
 How has our dialogue made you more important in my life?
 I am worth more than I am paid. HDIFAT?
 I have one more day to live. HDIFAT?
 I would be more comfortable in our_relationship if ...
 I would like to go back to ... one more time? HDIF about going there with you?
 If I become more committed to you, I might have to give up HDIFAT?
 If dialogue is so important, why do not we do it more often?
 In general, do I rely more on my imagination or my common sense? HDIFAT?
 In what area(s) do I need to be more sensitive to you?
 Is it more important to see possibilities or adjust to facts? HDIFAT?
 It's supper time and I have eaten more than I should. HDIFAT?
 Jesus will never give us more conflict than we can manage. HDIFAT?
 On being more in touch with our_love for each_other since our_weekend
 On making myself more appealing to you
 On our need to pray together more often
 Our children want to play more. HDIFAT?
 Our intimacy is renewed each time we communicate more deeply. HDIFAT?
 We need to have more fun in our_lives.
 What am I willing to do to make our dialogue more regular?
 What can I do for you to help_you cope more effectively with stress?
 What can I do help_you trust me more?
 What can I do next week to help people experience more of God's_love?
 What can I do to be more help to you?
 What can I do to make myself more sexy to you?
 What can I do to make you smile more?
 What can I do to show our_children more love?
 What can I do to show you more love?
 What can you do for me to help_me cope more effectively with stress?
 What can you do to help_me be more honest about myself?
 What do I need to hear from you that would allow me to be more open?
 What happens to me when I reveal more of what is behind my mask?
 What keeps me from being more completely honest in my dialogue letter?
 What one specific thing would make our_lovemaking even more beautiful?
 What practical steps could we take to talk more about us?
 What specific changes do I want to make to live more intimately with you?
 When I am more romantic than you, I feel ...
 When I face more stress than I can handle, I tend to ...
 When I say "I love you," is it more of a habit or do I mean it?
 When we disagree, how can we do it more lovingly?
 When you are more romantic than me, I feel ...
 Which do I enjoy more, spending or saving? HDIFAT?
 Which do I give you more of, criticism or praise?

Which of us comes to decisions more quickly and HDIFAT?
 You are worth more than you are paid. HDIFAT?
 You keep growing more beautiful each day?

MORNING (11)

HDI face the world each morning?
 HDIF about getting up in the morning?
 HDIF about lovemaking in the morning?
 HDIF about sex in the morning?
 HDIF about sex in the morning? (Better try first!)
 HDIF when I awake on Christmas morning?
 HDIF when the alarm goes off in the morning?
 How did I feel on Sunday morning during the 90/90?
 It is morning and I just got up. HDIFAT?
 It's morning and I just got up. HDIFAT?
 What thoughts help_me to get moving in the morning?

MORNINGS (1)

HDIF when we part in the mornings?

MOST (213)

... is the most important thing in my life right_now. HDIFAT?
 After_a_fight: What subjects cause us the most trouble? HDIFAT?
 After_a_fight: When are we most likely to fight? HDIFAT?
 After_a_fight: When did I feel most exasperated?
 After_a_fight: When did I feel most like ducking out?
 After_a_fight: When did I feel most trapped?
 After_a_fight: Who brings up painful subjects the most often? HDIFAT?
 Am I more creative alone or with other_people? HDIF when I am most creative?
 At this time of my life, what I need most from you is ...
 At this time, what concerns me the most about our_children?
 Describe a specific instance when I was most turned on sexually? HDIFAT?
 Describe in precise detail my most sensual fantasy? HDIFAT?
 Do people close to me know where I stand on most things? HDIFAT?
 For what in my life do I feel most grateful? HDIFAT?
 HDIF on those occasions when I think I am most in love with you?
 HDIF when I am confronted with (or think of) that which I fear most?
 HDIF when I am confronted with, or think of, that which I fear most?
 HDIF when I want you most and you are too tired?
 HDIF when you take most of the bed or most of the cover?
 How can I most help_you at this time?
 I am most uneasy when I think people are judging me to be ...
 I enjoy our_sexual_relationship most when ...
 I most frequently criticize you concerning ...
 I most want to be sexually involved with you when ...
 I need your love the most when ...
 If I were to die, what would I most want to be remembered for?
 If I were to lose you, what about you would I miss the most?
 If our house were on fire, what one object would I most want to save?
 If someone close to me were to die, what would I most need from you?
 If you died, what quality of yours would I miss most?
 In all the world, one of the things I care most about is ...
 In what area(s) am I most afraid to tell the truth about myself?
 In what area(s) do I find it most difficult to reach_out to you?
 In what area(s) do I judge you are most frustrated because I do not listen?
 In what area(s) do I most admire or respect your emotions / feelings?
 In what area(s) do I most need the Lord's help?
 In what area(s) do I most need your help in living as a sacramental couple?
 In what area(s) do I most need your help?
 In what area(s) do you make most of the decisions and HDIFAT?
 In what area(s) is it most difficult for me to let you know how I feel?
 In what area(s) of our_life together am I most dependent on you?
 In what area(s) of our_relationship do I exercise the most control?
 In what area(s) of our_relationship do we most need to grow?
 In what important area(s) do I find it most difficult to listen to you?
 My most memorable Christmas made me feel ...
 My most vivid good childhood memory is ... HDIFAT today??
 On most matters, do I already have an opinion? HDIF about changing my mind?
 On the most important discovery I made about you on our_weekend or after
 On the one area which needs the most work in our_relationship
 On the things I would miss most about you if you were dead
 On what I feel most inadequate about in sex
 On what I find most attractive about you
 The area(s) where I have seen the most growth in you is HDIFAT?
 The most important priority to me right_now is ...
 The most important thing in my life right_now is HDIFAT?
 The one thing I admire and love the most about you is ...
 The personal qualities I am most aware of in myself are as follows:
 The quality I love most about you is ...
 The thing I most fear losing is ...
 The values I hold most important in my life are ...
 To which of my characteristics / traits do you object the most? HDIFAT?
 What I want you to remember most about me is ...
 What about me am I most proud of right_now?
 What about you do I find most attractive?
 What activity helps me grow most as a Christian?
 What activity helps you grow most as a Christian?

What am I most afraid of losing by negotiating a compromise with you?
 What am I most disappointed with in myself? HDIFAT?
 What am I most disappointed with in our_relationship? HDIFAT?
 What am I most obsessive about? HDIF at those times?
 What am I most thankful for on this holiday?
 What am I most thankful for today?
 What are my most important values for our_relationship?
 What are some of the most tranquil times we spend together?
 What are ten qualities I want most in a partner? HDI measure up? HDIFAT?
 What are the most difficult things for me when I write you a dialogue letter?
 What area(s) do I most like to dialogue on? HDIFAT?
 What behavior of yours most lets me experience myself as a man / woman?
 What chore do I hate the most?
 What compliment do I most like to receive about me?
 What compliment do I most like to receive about us?
 What did I enjoy most about last week?
 What did I enjoy most about our vacation?
 What do I admire most about my parents?
 What do I desire most for our_family?
 What do I dislike most about myself when I fight with you?
 What do I enjoy most about having your arm around me?
 What do I feel most inadequate about in sex? HDIFAT?
 What do I find most attractive about religious life?
 What do I find most attractive about you? HDIFAT?
 What do I find most difficult in our dialogue?
 What do I find most difficult to talk about because of my mask?
 What do I have to be most thankful for?
 What do I most need to change in my money habits?
 What do I most need to change to be "perfect as the Heavenly Father"?
 What do I most want for our_family this New Year?
 What do I most want to be remembered for when I die?
 What do I need most in our_sexual_relationship?
 What do I own that I value most?
 What do I remember most about our first date?
 What do I remember most about our wedding day?
 What do I remember most about the way we spend our first anniversary?
 What do I secretly worry about the most? HDIFAT?
 What do I think you most want from me? HDIFAT?
 What do I think you secretly worry about the most? HDIFAT?
 What do I value most about our lifestyle?
 What do I value most in life?
 What do I value most in my life?
 What do I value most in our_relationship? HDIFAT?
 What do I want most for our_family this Christmas?
 What do I want most from you? HDIFAT?
 What do I want most to give our_family?
 What do I want to be most remembered for?
 What do I want to change most in you?
 What do we spend most of our time talking about and HDIFAT?
 What do you expect from me that is most difficult to give?
 What emotion / feeling did I have today that I most want to share with you?
 What emotion / feeling do I find most difficult to reveal to you?
 What emotions / feelings about God do I find most difficult to share?
 What emotions / feelings about sex do I find most difficult to reveal to you?
 What emotions / feelings do I find most difficult to accept in myself?
 What emotions / feelings do I have the most trouble expressing?
 What emotions / feelings do I most like to share?
 What excites me most about you?
 What family values do I most want to pass on?
 What faults do I dislike most about myself? HDIFAT?
 What foods do I dislike the most?
 What good quality do you see in me that I doubt the most?
 What have I enjoyed most in the challenge to dialogue?
 What in our_relationship gives me the most joy?
 What in our_relationship gives me the most satisfaction?
 What is it about death that frightens me the most?
 What is most threatening to my spiritual growth right_now?
 What is my most cherished possession?
 What is my most compulsive habit? HDIFAT?
 What is my most pleasant memory from our dating days?
 What is my most prized possession?
 What is my most recent happy memory of us?
 What is my most treasured memory? HDIFAT?
 What is my most unusual talent? HDIF about demonstrating it for you?
 What is the most delicate topic for me to try to bring up?
 What is the most difficult consequence of forgiving you and HDIFAT?
 What is the most difficult decision I have ever had to make? HDIFAT?
 What is the most difficult emotion / feeling I have shared with you recently?
 What is the most difficult emotion I have had to share with you recently?
 What is the most effective way to communicate forgiveness?
 What is the most embarrassing situation I have been in? HDIFAT?
 What is the most important topic for us to discuss today and HDIFAT?
 What is the most peaceful scene I can recall?
 What is the most pleasant memory of our_weekend or follow-up sessions?
 What is the most sentimental possession I have? HDIFAT?
 What is the most significant effect of our_weekend or follow-up sessions?
 What is the thing I find most difficult to forgive in myself?

What is there about me that I have most difficulty accepting?
 What jobs would I most like to accomplish this_weekend?
 What kept me from making the most of this past weekend?
 What kind of death frightens me most?
 What kinds of compliments did I receive most often as a child?
 What kinds of compliments have I received most often as an adult?
 What mask do I find most difficult to remove in our_relationship?
 What memories of Easter do I cherish most?
 What memory of our courting days is most alive today?
 What methods do I find most difficult to use in describing my emotions?
 What negative emotions / feelings do I experience most frequently?
 What one couple has challenged us the most this year?
 What one possession do I want most and cannot have?
 What one quality do I look for most in a friend?
 What one thing has most united us this past weekend?
 What part of I COR 13 reminds me most of myself?
 What part of I COR 13 reminds me most of you?
 What part of the Passion is most significant to me?
 What part of your body is most exciting to me?
 What part of your body is most sexually exciting to me? HDIFAT?
 What possession is most likely to bring us into disillusionment?
 What possessions are most important to me?
 What quality as a parent do I most admire in you?
 What quality do I most admire in you? HDIFAT?
 What quality do I most admire in your mother / father?
 What quality in you am I most dependent on?
 What sounds please me most during lovemaking?
 What special qualities do I most admire in you?
 What specific event in my past has most affected my sexuality? HDIFAT?
 What specifically do you do to me during sex that I enjoy most? HDIFAT?
 What stresses me out the most on a daily basis? HDIF at those times?
 What talent do I most admire in you?
 What touches please me most during lovemaking?
 What type of program do I watch most on TV? What does this say about me?
 What was the most tender moment we shared together this_week?
 What were the most important aspects of our wedding ceremony to me?
 What words please me most during lovemaking?
 What would be the most unlucky thing that could happen to me today?
 When DIF most comfortable talking to you about sex?
 When DIF most loved?
 When do I get the most out of talking about us?
 When do I most enjoy being with you?
 When have I felt most wanted? HDIFAT?
 When was I most aware of you today?
 When we first met, what I liked most about you was ...
 Where am I most selfish?
 Where do I get most of my enjoyment from TV?
 Where does our couple-centered attitude show the most?
 Where does our togetherness show the most?
 Which of life's pleasures do I cherish most?
 Which of our anniversaries do I remember most fondly?
 Which of our_children most needs our help and understanding right_now?
 Which of us worries most about money?
 Which of your characteristics / traits cause me the most difficulty? HDIFAT?
 Which one of our friends DIF most comfortable with?
 Which one of us worries the most about money?
 Which pressure in me is most affecting my dream for us today?
 Who do I blame most of the time when things go wrong?

MOSTLY (4)

Am I mostly filling my_needs for love in our_relationship or elsewhere?
 Am I mostly filling my_needs for self-worth in our_relationship or elsewhere?
 We mostly live in the middle, between success and failure. HDIFAT?
 Why is making love mostly a non-verbal experience for us?

MOTHER (19)

Am I more like my mother or my father?
 Are you more like your mother or father?
 HDIF about my role as a mother / father?
 HDIF about the influence of my mother / father in my life?
 HDIF about the influence of my mother in my life?
 HDIF when we go to see your mother / father in the hospital?
 Here is my description of an ideal mother:
 How does my attitude toward my / your mother affect us?
 How is my father / mother still influencing my life?
 In one word, my mother is / was ... HDIF about her today?
 Mary is the mother of our Lord. HDIFAT?
 On my role as a mother / father
 What effect has my mother had on my life?
 What is the greatest gift my mother gave me?
 What qualities in Mary as a mother do I also see in you / me?
 What qualities in your mother do I also see in you?
 What quality do I most admire in your mother / father?
 When DIF closest to my mother?
 When was the last_time I thanked my mother for being my mom?

MOTIVATED (2)
 I am better motivated to change when I ...
 What motivated me to dialogue today?

MOTIVATING (1)
 Do I see love as being the motivating force in our_lives?

MOTIVES (1)
 After_a_fight: Did one of us attribute sinister motives to the other? HDIFAT?

MOVE (1)
 We have an opportunity to move. HDIFAT?

MOVIE (4)
 HDIF when I take you to a movie?
 On sharing a bag of popcorn and a movie
 On watching an old romantic movie together
 What is my all-time favorite movie? HDIF about renting it for us?

MOVIES (3)
 HDIF about today's movies?
 HDIF when I watch romantic movies?
 HDIF when I watch scary movies?

MOVING (4)
 Do we feel the Spirit moving in us?
 HDIF about moving from where we are now living?
 HDIF about us moving?
 What thoughts help_me to get moving in the morning?

MT (1)
 "Where your treasure is, there will your heart be also (MT 6:24)."

MUCH (24)
 Does a hobby keep us separated much of the time? HDIFAT?
 Does a recreational activity keep us separated much of the time? HDIFAT?
 HDIF about a hobby that keeps us separated much of the time?
 HDIF about how much money we give to our church or favorite charity?
 HDIF about how much money we give to our parish / church?
 HDIF about us when other_people notice how much we love each_other?
 HDIF at parties when guests have had too much alcohol?
 HDIF knowing how much God loves us all?
 HDIF when I find myself talking too much? When other_people talk too much?
 HDIF when I stay within my limits, undertaking only as much as I can handle?
 HDIF when I try to understand how much you hurt?
 HDIF when people take up too much of your time?
 HDIF when we do not have much time to dialogue?
 HDIF when we read our letters and then cannot think of much to say?
 How much am I in control of our_relationship? HDIFAT?
 How much control would I have to give up to make things better for us?
 How much do our_marriage vows mean_to_me now? HDIFAT?
 How much do we touch each_other now and HDIFAT?
 How much of me will I have to give up to make the marriage work? HDIFAT?
 How much privacy do I need in general? In our_relationship?
 Is sex pretty much all or nothing for me?
 It is supper time and I have eaten too much. HDIFAT?
 There is so much to do before Christmas. HDIFAT?
 When other_people expect much from me, I feel ... and I tend to ...

MUSIC (2)
 What music do I like to listen to when we make_love? HDIFAT?
 What piece of music is especially meaningful to me?

MUSICAL (2)
 HDIF about learning to play a musical instrument?
 HDIF when I attend a live musical performance?

MUSICIANS (1)
 HDIF about giving money to street musicians?

MUST (5)
 HDIF about the cross I must carry?
 HDIF when I must explain my actions?
 HDIF when we must borrow money?
 How seriously must I fail before I consider asking for help? HDIF when I ask?
 I must be true to Can I be true to this and still be with you?

MUTUAL (2)
 HDIF when I consider that we are growing in mutual knowledge?
 HDIF when I reflect that we are growing in mutual knowledge?

MY (587)
 "Take and eat, this is my body." HDIFAT?
 "You are the sunshine of my life." HDIFAT?
 ... is the most important thing in my life right_now. HDIFAT?
 After_a_fight: Am I still making excuses for my actions? HDIFAT?
 After_a_fight: Am I surprised by the way I reacted? HDIF about my behavior?

After_a_fight: Did I let the fight ruin my whole day? HDIFAT?
 After_a_fight: This will help_you better understand my reaction:
 After_a_fight: What caused my / your / our voices to be raised? HDIFAT?
 After_a_fight: What could I have done to reduce my own suffering? HDIFAT?
 After_a_fight: What specifically triggered my reaction? HDIFAT now?
 After_a_fight: What was my main point? HDIFAT now?
 Am I comfortable doing things at the last minute or is it hard on my nerves?
 Am I comfortable letting other_people know my limitations? HDIFAT?
 Am I comfortable with change in my life?
 Am I happy with my job / career?
 Am I honest with myself in my commitment to dialoguing regularly?
 Am I honest with myself in my commitment to regular dialogue?
 Am I more like my mother or my father?
 Am I usually tentative or vigorous in implementing my decisions?
 Am I willing to present my / our needs to God through prayer?
 Are my priorities so materialistic that they interfere with us?
 Are my sexual needs being met?
 Are my sexual values changing at all?
 Are there "your jobs" and "my jobs" in our_home?
 Are you my best friend?
 As the basis of my goals in life, I want to be ...
 At this time of my life, what I need most from you is ...
 Can I begin to love myself enough to forgive my past mistakes?
 Can I expose my innermost sexuality to you? HDIFAT?
 Considering my upbringing, what should I avoid with our_children? HDIFAT?
 Considering my upbringing, what should I repeat with our_children? HDIFAT?
 DIF better when I let my heart rule my head or vice versa?
 Describe in precise detail my most sensual fantasy? HDIFAT?
 Describe my idea of a perfect romantic evening, start to finish? HDIFAT?
 Did I make Jesus part of my life today?
 Do I allow Jesus to be Lord of my life? HDIFAT?
 Do I allow Jesus to be in control of my life? HDIFAT?
 Do I allow my sexual values to interfere with my response to you?
 Do I always reveal my true emotions / feelings?
 Do I always try to give you my full attention when we make_love? HDIFAT?
 Do I apply Gospel values to my job / career? HDIFAT?
 Do I cope with my stress alone or do I share it with you? HDIFAT?
 Do I eat in response to my emotions / feelings?
 Do I ever listen to you with my eyes and HDIFAT?
 Do I ever take my frustrations out on our_children?
 Do I experience satisfaction in my personal life?
 Do I express my emotions / feelings spontaneously?
 Do I feel comfortable sharing my relationship with God with you?
 Do I feel safe sharing my weaknesses as well as strengths with you?
 Do I have Easter in my heart?
 Do I hide my pride or tenderness or fear of embarrassment?
 Do I let my little aches and pains interfere with our_relationship?
 Do I listen to you with my mind only or also with my heart?
 Do I over schedule my time? HDIFAT?
 Do I see my relationship with the Father as a private one?
 Do I see my sexual values changing?
 Do I take time to think about unsatisfactory areas of my life? HDIFAT?
 Do I think you show enough interest in my emotions / feelings? HDIFAT?
 Do I trust God to answer my prayers?
 Do I try to control or hide my emotions / feelings?
 Do I turn my troubles over to the Lord?
 Do I use caffeine to boost my energy level? HDIFAT?
 Do I use my hands to show I am listening to you and HDIFAT?
 Do I vent my anger in an appropriate way? HDIFAT?
 Do I want your help in discovering what my real needs are?
 Do my attitudes change toward those around me with the coming of spring?
 Do my expectations of our_children limit my love for them?
 Does TV have a negative or positive effect on my life? HDIFAT?
 Does my desire for fulfillment interfere with our_relationship?
 Does my desire for self-fulfillment interfere with our_relationship?
 Does my insistence that I am already open and honest hinder further growth?
 Does my insistence that I am open and honest hinder our_relationship?
 Does my job / career interfere with our_relationship?
 Does my laughter communicate any emotions / feelings? Describe them.
 Does my mask interfere with our_lovemaking?
 Does my true self come out under stress? HDIFAT?
 For what in my life do I feel most grateful? HDIFAT?
 God made you a part of my life. HDIFAT?
 HDI get my jollies?
 HDI listen to you? What is my pattern?
 HDI react to pressure? How does my reaction affect you?
 HDI respond to pressure? How does my response affect you?
 HDI see myself handling my responsibilities for our_family finances?
 HDIF about admitting my mistakes?
 HDIF about celebrating my birthday without a birthday cake?
 HDIF about changing my physical appearance through diet, exercise, cosmetics?
 HDIF about cleaning out the drawers that contain my stuff?
 HDIF about depending on you (rather than on things) for my happiness?
 HDIF about depending on you (rather than things) for my happiness?
 HDIF about flossing my teeth?
 HDIF about giving my old clothes to charity?
 HDIF about giving my two best friends a key to the house?

HDIF about going back to school at my age?
 HDIF about having to do work that does not harmonize with my values?
 HDIF about how well I show my love for you?
 HDIF about keeping in touch with my extended family?
 HDIF about keeping my promises?
 HDIF about learning a new language at my age?
 HDIF about living my daily life without to-do lists, using only my memory?
 HDIF about loaning my books or tools?
 HDIF about my ability to satisfy your needs in our_sexual_relationship?
 HDIF about my ability to speak to you freely about our_sexual_relationship?
 HDIF about my attitudes about sex?
 HDIF about my attractiveness?
 HDIF about my body?
 HDIF about my daily routine?
 HDIF about my divorced / separated neighbors and friends?
 HDIF about my divorced neighbors and friends?
 HDIF about my expectations in our_sexual_relationship?
 HDIF about my experiences in the church?
 HDIF about my family name, my family tree, my relatives, my ancestors?
 HDIF about my fear of intimacy?
 HDIF about my fears about discussing sex with you?
 HDIF about my first name or nickname?
 HDIF about my inhibitions about sex?
 HDIF about my job / career now?
 HDIF about my lifetime goals?
 HDIF about my physical appearance?
 HDIF about my prayer life?
 HDIF about my reaction toward sex?
 HDIF about my relationship with God?
 HDIF about my relationship with our_children?
 HDIF about my relationship with your parents?
 HDIF about my responsibilities as a married person?
 HDIF about my role as a mother / father?
 HDIF about my sacrifices to make the family meal enjoyable?
 HDIF about my self worth as your lover?
 HDIF about my sense of humor?
 HDIF about my sexuality?
 HDIF about my spiritual growth this Easter / Lent?
 HDIF about my spiritual growth this Easter?
 HDIF about my state of health? Do I take it for granted?
 HDIF about putting my life in God's hands?
 HDIF about quitting my job although I do not have another job lined up?
 HDIF about revealing my negative emotions / feelings?
 HDIF about sharing my emotional life with you?
 HDIF about sharing my emotions / feelings from the past?
 HDIF about sharing my failures?
 HDIF about showing my love for you?
 HDIF about starting to ride a bicycle again at my age?
 HDIF about taking a walking tour through my old high school?
 HDIF about taking on extra work to advance my career?
 HDIF about telling you what enhances or reduces my pleasure during lovemaking?
 HDIF about the appearance of my teeth?
 HDIF about the changes in my physical appearance (weight, age)?
 HDIF about the influence of my mother / father in my life?
 HDIF about the influence of my mother in my life?
 HDIF about the organization of my office space at work?
 HDIF about the steady, routine parts of my day?
 HDIF about the time I spend with my / your family?
 HDIF about the time we spend with my / your family?
 HDIF about the way I manage my time?
 HDIF about the way I take care of my body?
 HDIF about the way my voice sounds when it is recorded?
 HDIF about trying to make something beautiful with my hands?
 HDIF after I have exercised my right to vote?
 HDIF after re-reading my weekend notebook?
 HDIF beginning my dialogue letter by mentioning a good quality I see in you?
 HDIF being responsible for my own needs?
 HDIF ending my day lying in bed next to you?
 HDIF in my bathing suit?
 HDIF knowing my emotions / feelings express who I am?
 HDIF knowing today could be my last day to live?
 HDIF realizing that my attitudes and judgments have caused us pain?
 HDIF sharing the details of my work day with you?
 HDIF sleeping at my in-laws' house with you?
 HDIF spending the rest of my life with you?
 HDIF tracing your face with my fingertips?
 HDIF when I admit my fears?
 HDIF when I am able to express my physical needs to you in our_lovemaking?
 HDIF when I am able to go beyond my anger and reach_out to you?
 HDIF when I am brooding over my mistakes?
 HDIF when I am not able to express my physical needs in our_lovemaking?
 HDIF when I am not thanked for going out of my way for someone?
 HDIF when I am telling you about my failures?
 HDIF when I am telling you about my successes?
 HDIF when I am trying to keep a tight reign on my temper?
 HDIF when I begin to believe in my own good qualities?

HDIF when I consciously put aside my emotions / feelings and reach_out to you?
 HDIF when I consider that I am responsible for every area of my life?
 HDIF when I consider that I am responsible for my attitude, good or bad?
 HDIF when I decide to trust you with my emotions / feelings?
 HDIF when I do not trust you with my emotions / feelings?
 HDIF when I exceed my limits, undertaking more than I can handle?
 HDIF when I get behind on my sleep?
 HDIF when I get blamed for something that is my fault?
 HDIF when I get blamed for something that is not my fault?
 HDIF when I go out of my way to please you?
 HDIF when I have to adjust to circumstances beyond my control?
 HDIF when I have to compromise my integrity?
 HDIF when I have to put other_people needs ahead of my own?
 HDIF when I have written my dialogue letter but you have not?
 HDIF when I know I have upset someone in my family?
 HDIF when I let my emotions / feelings get the better of me?
 HDIF when I let you borrow my stuff (tennis racket, golf clubs, etc.)?
 HDIF when I let you use my tennis racket (golf clubs, etc.)?
 HDIF when I listen to my inner self instead of listening to other_people?
 HDIF when I listen to you with my heart?
 HDIF when I look at my naked body?
 HDIF when I must explain my actions?
 HDIF when I notice our_children taking on some of my characteristics?
 HDIF when I put my arm around you?
 HDIF when I realize I am responsible for my emotions / feelings, not you?
 HDIF when I realize my dependence on you?
 HDIF when I remember you in my prayers?
 HDIF when I reveal my innermost emotions / feelings to you?
 HDIF when I share my popcorn with you?
 HDIF when I sign my name to a binding legal contract?
 HDIF when I stay within my limits, undertaking only as much as I can handle?
 HDIF when I tell you more about my job / career?
 HDIF when I think you have judged or rejected my emotions / feelings?
 HDIF when I think you have quarreled, judged, or rejected my emotions?
 HDIF when I try to hold my temper?
 HDIF when a member of my family is ill?
 HDIF when a member of our_family points out my good qualities?
 HDIF when a new situation comes up that conflicts with my plans?
 HDIF when circumstances make me "second guess" one of my own decisions?
 HDIF when doctors try to take control of my life?
 HDIF when my / your parents come for dinner?
 HDIF when my / your parents drop by unexpectedly?
 HDIF when my plans run off the track?
 HDIF when my priorities conflict with yours?
 HDIF when my spirit of adventure triumphs over good sense?
 HDIF when other_people forget my birthday?
 HDIF when someone (not you) laughs at my mistakes?
 HDIF when someone I see often never bothers to learn my name?
 HDIF when someone else insists on trying to run my life?
 HDIF when someone rains on my parade?
 HDIF when someone snaps their fingers to get my attention?
 HDIF when someone tries to get my professional advice in a social setting?
 HDIF when we are separated because of your / my job / career?
 HDIF when you accept my emotions / feelings?
 HDIF when you ask me to describe my emotion?
 HDIF when you call me by my pet name?
 HDIF when you compliment me in a way that affirms my femininity / masculinity?
 HDIF when you help_me identify my emotions / feelings?
 HDIF when you hold my hand going to communion?
 HDIF when you hold my hand in public?
 HDIF when you laugh at my jokes?
 HDIF when you laugh at my mistakes?
 HDIF when you make one of my priorities one of yours?
 HDIF when you really try to reach_out and accept my emotions / feelings?
 HDIF when you respond to my sexual advances?
 HDIF when you say "no" to one of my requests?
 HDIF when you say no to my request for lovemaking?
 HDIF when you screw up my plans?
 HDIF when you seem to be rejecting my emotions / feelings?
 HDIF when you try to influence my decisions?
 Has my self-image improved as a result of our dialogue?
 Have I ever had to go back on my word? HDIFAT?
 Have my eyes been open to seeing the Lord's miracles around me?
 Here is my description of an ideal father:
 Here is my description of an ideal friend:
 Here is my description of an ideal mother:
 Here is my description of an ideal spouse:
 How am I failing to live God's_plan for my life?
 How am I living God's_plan for my life?
 How can I drop the conditions I put on my love for you?
 How can I make sure my gift to you is from my heart?
 How can I reduce the level of stress in my life?
 How can I reveal my emotions / feelings to you outside dialogue?
 How can my family have more unity?
 How can you help_me recognize my good qualities?
 How did I feel when I earned my first pay check?

How do I / you respond to my failures?
 How do I control or deny my emotions / feelings? Why?
 How do I express my anger? HDIF afterward?
 How do I react to the emergencies that come up in my daily life?
 How do I want you to romance me? HDIF sharing my answer?
 How do my goals for financial security affect our_children?
 How do our possessions affect my self-image?
 How does my / your fear of pregnancy affect our_sexual_relationship?
 How does my / your fear of pregnancy affect us?
 How does my / your mask affect our purchases?
 How does my attitude toward my / your father affect us?
 How does my attitude toward my / your mother affect us?
 How does my mask frustrate, disappoint or annoy other_people?
 How does my mask interfere with our romance? HDIFAT?
 How does my mask interfere with our_relationship?
 How does my mask interfere with the way I listen to you?
 How does my mask limit me?
 How does my mask make me a married single?
 How does my mask prevent me from always being intimate with you?
 How does my parents' marriage affect my behavior toward you?
 How does my relationship with you compare to my relationship with God?
 How does my self-image keep me from being open to you?
 How does stress affect my self-image? HDIFAT?
 How does the weather affect my emotions / feelings?
 How does your lack of response to physical affection affect my mood?
 How has my attitude affected our_sexual_relationship?
 How has our dialogue helped me to keep you number one in my life?
 How has our dialogue made you more important in my life?
 How have I shown my love for you today?
 How have my moods interfered with our_relationship?
 How is my father / mother still influencing my life?
 I am probably best known for my ...
 I have not had time to write my dialogue letter to you. HDIFAT?
 I make a lot of my decisions by ...
 If I could change my career, what would I like to do?
 If I could change one attribute of my personality, what would it be? HDIFAT?
 If I could design my own children's TV show, what would it be like?
 If I had my life to start again, what would I change?
 If I were to list my strengths, what would stand out to me?
 If I were to list my weaknesses, what would stand out to me?
 In general, do I rely more on my imagination or my common sense? HDIFAT?
 In one word, my father is / was ... HDIF about him today?
 In one word, my mother is / was ... HDIF about her today?
 In what area(s) do I try to modify my behavior to please you?
 In what way has God worked in my life today?
 In what way have you brightened my day today?
 In what ways am I seeking to love my wife as Christ loved the church?
 In what ways are you my best friend?
 In what ways do I daily affirm my love for you?
 In what ways has God worked in my life today?
 Is Jesus Lord of my / our future?
 Is Jesus Lord of my / our prayer life?
 Is Jesus in control of my / our future?
 Is Jesus in control of my / our prayer life?
 Is money in my pocket a priority?
 Is my "yes" to you today unconditional?
 Is my burden easier when I share it with Christ?
 Is my dialogue a real letter or does it just answer the question?
 Is my lifestyle original or conventional? HDIFAT?
 Is my tongue like a double-edged sword?
 Is my tongue sharp like a sword? HDIFAT?
 Is there anything about your / my job that I avoid discussing with you?
 My best friend from childhood was ... HDIF about this person now?
 My body is a gift from God. HDI care for it?
 My favorite memory of us as_a_couple this year is ...
 My first reaction to hearing a new idea is ...
 My greatest hurt in our_sexual_relationship is ...
 My greatest joy in our_sexual_relationship is ...
 My greatest satisfaction in our_sexual_relationship is ...
 My most memorable Christmas made me feel ...
 My most vivid good childhood memory is ... HDIFAT today??
 My skills are outdated. HDIFAT?
 My temper and what I do when I lose it
 My thoughts contribute to my self-image. HDIFAT?
 On being responsible for my emotions / feelings
 On finding a love note packed in my sandwich
 On how our_lovemaking affects my self-image
 On living the rest of my life without you
 On making better preparations for my death
 On most matters, do I already have an opinion? HDIF about changing my mind?
 On my / your hurried schedule
 On my / your job / career right_now
 On my ability to satisfy your needs in our_sexual_relationship
 On my ability to share my relationship with God with you
 On my attempt to balance the checkbook
 On my attitudes about money
 On my attitudes about our_sexual_relationship

On my attractiveness or lack of attractiveness
 On my biggest fear about our financial situation
 On my death
 On my expectations of my family
 On my expectations of our_sexual_relationship
 On my expectations of your family
 On my family (parents and siblings)
 On my family's expectations of us
 On my fear of intimacy
 On my fondest dream for you since our_weekend
 On my greatest distraction while listening to you
 On my having to work overtime to make ends meet
 On my hopes and dreams for our_children
 On my idea of a romantic evening
 On my image of God
 On my inhibitions about sex
 On my job / career
 On my relationship with God
 On my relationship with my family
 On my relationship with your family
 On my responsibility / irresponsibility in managing our finances
 On my role as a mother / father
 On my self-worth as your lover
 On my sexuality
 On my spirituality
 On my strongest emotion / feeling about you today
 On my strongest emotion about you today
 On the death of my parents
 On the effect my parents' pattern of relationship has on us
 On those occasions when my family makes demands on us
 On your relationship with my family
 One of my big failures in life is ... HDIFAT?
 One of my big successes in life is ... HDIFAT?
 One of the happiest days of my life
 One thing I missed during my childhood was ... HDIFAT today
 Our relationship to my family is ...
 Sitting very quietly, HDIF listening to Jesus say my name to me?
 The Father knows me personally and has a plan for my life. HDIFAT?
 The car ahead of me pays my toll? HDIFAT?
 The children do not want to hold my hand anymore? HDIFAT?
 The driving force behind my life is ...
 The most important thing in my life right_now is HDIFAT?
 The values I hold most important in my life are ...
 To which of my characteristics / traits do you object the most? HDIFAT?
 Was my parent's relationship a healthy or unhealthy model for us? HDIFAT?
 What are my attitudes about our_sexual_relationship?
 What are my attitudes about sex in general?
 What are my dreams for us as a dialoguing couple? HDIFAT?
 What are my expectations about our sexual roles?
 What are my expectations for our journey into this New Year?
 What are my expectations of tomorrow?
 What are my expectations of you as husband / wife?
 What are my expectations of you in the area of sex?
 What are my family's favorite springtime activities?
 What are my first reactions when I am under stress? HDIFAT?
 What are my goals for our_children's sexuality?
 What are my goals for the coming year?
 What are my goals for the next two weeks?
 What are my hopes and expectations for the summer?
 What are my hopes for our future together?
 What are my hopes for this Lenten season?
 What are my hopes for us in the area of sex?
 What are my jobs in life?
 What are my most important values for our_relationship?
 What are my non-verbals when I want to make_love? HDIFAT?
 What are my reasons for keeping my distance? HDIFAT?
 What are my sexual desires?
 What are my thoughts when I hear "God does not make junk"?
 What are my thoughts about "love is a decision"?
 What are my thoughts about asking for help with our dialogue?
 What are my thoughts about dialoguing regularly?
 What are my thoughts about having the power to heal each_other?
 What are my thoughts about us being special to Our Father?
 What are my thoughts about us being unique as_a_couple?
 What are my thoughts when I think of you dying?
 What are my thoughts when we decide to dialogue on death?
 What are my thoughts when we decide to dialogue on sex?
 What are my thoughts when we pray together?
 What are my thoughts when we should ask for help with our dialogue?
 What are my top priorities in our_lives today?
 What are some of the barriers to my forgiving you and HDIFAT?
 What are the major sources of stress in my life?
 What are the negative effects my mask has on me?
 What are the sources of my pain or frustration? HDIFAT?
 What can I do to improve my sense of humor?
 What can I do to share my strengths with other_people?
 What can I do to show my love to other_people?
 What changes can I make in my attitude toward my own failures?
 What changes would I like you to make in response to my failures?
 What could I do to help my own spiritual growth?
 What could you do to increase my sexual anticipation?
 What did I do to make my parents proud of me? HDIFAT?
 What difference does the Eucharistic celebration make in my life?
 What do I admire most about my parents?
 What do I find most difficult to talk about because of my mask?
 What do I most need to change in my money habits?
 What do I need to do to improve my appearance?
 What do I value most in my life?
 What does failure do to my self-image? HDIFAT?
 What does my religion mean_to_me?
 What does success do to my self-image? HDIFAT?
 What effect does my not listening have on our_relationship?
 What effect has my mother had on my life?
 What evidence do I have in my life that dialogue is important?
 What gets in the way of my enjoyment of positive emotions / feelings? HDIFAT?
 What happens to me when I reveal more of what is behind my mask?
 What has been the effect of your / my job / career on our_relationship?
 What has dialogue taught me about my relationship with you?
 What has my mood to do with lovemaking?
 What has our dialogue done for my self-image?
 What has the strongest positive influence on my sexual experience?
 What have I done recently to express my commitment to you?
 What have I done to show Christ my love for Him?
 What helps me confess my weaknesses to you?
 What is complicating my life? HDIFAT?
 What is most threatening to my spiritual growth right_now?
 What is my "impossible dream" for us?
 What is my all-time favorite movie? HDIF about renting it for us?
 What is my best quality?
 What is my biggest defect in listening to you and HDIFAT?
 What is my biggest pet peeve?
 What is my earliest memory of death in my childhood? How did I feel?
 What is my earliest memory of you? HDIF remembering it now?
 What is my fondest memory of our 90/90?
 What is my fondest memory of our wedding day?
 What is my greatest concern in our_relationship?
 What is my greatest fear about our_children's future?
 What is my greatest fear about war?
 What is my greatest fear?
 What is my greatest financial concern right_now?
 What is my greatest hurt in our_sexual_relationship? HDIFAT?
 What is my greatest joy in our_sexual_relationship? HDIFAT?
 What is my greatest sexual fantasy?
 What is my greatest talent in listening to you and HDIFAT?
 What is my happiest memory of the past month / week / year?
 What is my idea of heaven?
 What is my listening pattern when we talk about disciplining our_children?
 What is my listening pattern when we talk about handling money?
 What is my listening pattern when we talk about prayer or God?
 What is my listening pattern when you tell me that I am gentle?
 What is my listening pattern when you tell me that I am tender?
 What is my most cherished possession?
 What is my most compulsive habit? HDIFAT?
 What is my most pleasant memory from our dating days?
 What is my most prized possession?
 What is my most recent happy memory of us?
 What is my most treasured memory? HDIFAT?
 What is my most unusual talent? HDIF about demonstrating it for you?
 What is my plan to help_you enjoy life on a daily basis?
 What is my present attitude toward writing a dialogue letter?
 What is my purpose in life?
 What is my reaction to Mary's "yes" to God?
 What is my relationship with Jesus like?
 What is my self-image and HDIFAT?
 What is my strongest emotion / feeling about money?
 What is my strongest emotion / feeling today?
 What is my strongest emotion about money?
 What is my strongest emotion today?
 What is my vision of the Church?
 What is my wildest dream for us and HDIFAT?
 What is my worst habit? HDIFAT?
 What is my_favorite memory of my grandparents?
 What is one of my treasured values in life?
 What is one thing about my health that bothers me?
 What is the biggest continuous source of stress in my life? HDIFAT?
 What is the biggest flaw in my personality?
 What is the first step I take to cope with the stress in my life?
 What is the greatest gift my mother gave me?
 What keeps me from being as open in real life as I am in my dialogue letter?
 What keeps me from being more completely honest in my dialogue letter?
 What methods do I find easiest to use in describing my emotions?
 What methods do I find easy to use in describing my emotions / feelings?
 What methods do I find hard to use in describing my emotions / feelings?
 What methods do I find most difficult to use in describing my emotions?

What new activity or interest could I make space for in my life? HDIFAT?
 What part of my body do I judge to be sexually exciting to you? HDIFAT?
 What parts of my life do I think I control? HDIFAT?
 What percentage of my time do I spend thinking about you? HDIFAT?
 What priest / minister in my life has been an example for me?
 What sacrifices am I making for my family now?
 What song can bring tears to my eyes? HDIF when I hear it?
 What special joy do you bring into my life?
 What special pleasure do you bring into my life?
 What special strength do I see in my in-laws?
 What specific event in my past has most affected my sexuality? HDIFAT?
 What stands in the way of my making a genuine commitment to you? HDIFAT?
 What struggles do I go through trying to write my dialogue letter?
 What things crossed my mind this_week that I have not bothered to mention?
 What was my greatest fear as a child?
 What was my greatest fear as a new bride / groom?
 What was my loneliest time this past week?
 What was my strongest emotion / feeling today?
 What was my strongest emotion today?
 What was the saddest day of my life? HDIFAT?
 What way have I shown my love to our daughter / son lately?
 What were my emotions / feelings on Friday night of our_weekend?
 What were my emotions / feelings on Sunday night of our_weekend?
 What would I choose as the time and circumstances of my death?
 What would be my idea of a good family outing?
 What would my profession be if money were no object? HDIFAT?
 What would other_people say is my worst habit? HDIFAT?
 What year of my life would I like to relive?
 When DIF closest to my father?
 When DIF closest to my mother?
 When I look at you today, do I see you as my bride / groom?
 When a breakdown or mix-up stops everybody's work, my first reaction is to ...
 When do I nail down the lid on my emotions / feelings?
 When in the past week did I not believe my emotions were OK to have?
 When in the past week did I think my emotions / feelings were wrong to have?
 When is my quiet time?
 When making an important decision, HDIF about ignoring my emotions / feelings?
 When making an important decision, HDIF about trusting my emotions / feelings?
 When my work is set back by some unexpected difficulty, I feel ...
 When recently has my mask interfered in our_relationship?
 When was the last_time I thanked my mother for being my mom?
 When you criticize me, my reaction is to ...
 Where did I put dialogue on my list of priorities this_week?
 Where did I put dialogue on my list of priorities today?
 Where do I get most of my enjoyment from TV?
 Where do cars fit into my life?
 Where in my day to day life do I experience stress? Describe the stress.
 Where in my job do I experience stress? Describe the stress.
 Where in my relationship with God do I experience stress? Describe it.
 Where on my list of priorities did I place our dialogue this_week?
 Where on my list of priorities did I place our dialogue today?
 Which of my physical features do I like best_and_least?
 Which pressure in me is most affecting my dream for us today?
 Who is my best friend and why?
 You are my best friend. HDIFAT?
 You are my gift from the Father. HDIFAT?
 You are my mirror. HDIFAT?
 You are my sounding board. HDIFAT?
 You are my sweetheart because ...
 You are the sunshine of my life? HDIFAT?
 You bring out and make me see my self-worth. HDIFAT?

MY_FAVORITE (25)

HDI need to change to make you my_favorite person?
 How did I show you today that you are my_favorite person?
 How would I feel using my_favorite picture of you as a bookmark?
 On reading my_favorite Scripture to you
 What holiday is my_favorite? Why?
 What is my_favorite childhood memory? Why?
 What is my_favorite gift from you and HDIFAT?
 What is my_favorite love song? HDIF when I hear it?
 What is my_favorite means of relaxation?
 What is my_favorite memory of a Christmas past?
 What is my_favorite memory of my grandparents?
 What is my_favorite memory of our courtship?
 What is my_favorite memory of our dating days? HDIFAT?
 What is my_favorite memory of our wedding day? HDIFAT?
 What is my_favorite name for God?
 What is my_favorite sexual fantasy? Would I like it fulfilled? HDIFAT?
 What is my_favorite thing to do that does not cost money? HDIF when I do it?
 What is my_favorite way of lovemaking?
 What is my_favorite way of wasting time? HDIFAT?
 What is my_favorite way to unwind, relax and pamper myself? HDIFAT?
 What is my_favorite weapon when I do not fight fair with you?
 What was my_favorite date with you and HDIFAT?

Where is my_favorite place for dialogue?
 Where is my_favorite place to dialogue?
 Who is my_favorite cousin? HDIF about that person?

MY_NEED (13)

Do I choose sexual intercourse to meet my_need to be loved?
 HDI behave when my_need for autonomy is not being met?
 HDI behave when my_need for belonging is not being met?
 HDI behave when my_need for self-worth is not being met?
 HDI behave when my_need to be loved is not being met?
 How did the weekend begin to meet my_need to love and be loved?
 How does my_need for security prevent me from giving all of me to you?
 How has dialogue helped me meet my_need for autonomy?
 How has dialogue helped me meet my_need for belonging?
 How has dialogue helped me meet my_need for love?
 How has dialogue helped me meet my_need for self-worth?
 On my_need for you to love me
 When was my_need for self-worth met this_week?

MY_NEEDS (11)

Am I filling my_needs for love in our_relationship or elsewhere?
 Am I filling my_needs for self-worth in our_relationship or elsewhere?
 Am I mostly filling my_needs for love in our_relationship or elsewhere?
 Am I mostly filling my_needs for self-worth in our_relationship or elsewhere?
 Are my_needs to love and be loved being met?
 HDIF when I keep my_needs and emotions / feelings from you?
 HDIF when I think that you are not recognizing my_needs?
 HDIF when you recognize my_needs?
 In what kind of relationship (besides spousal) do I try to fill my_needs?
 These are my_needs that still go unmet: HDIFAT?
 What effect does it have on us when my_needs are met?

MYSELF (97)

Am I able to be myself when I am with you?
 Am I experiencing any anger directed against myself? Describe it.
 Am I highly critical of myself? HDIFAT?
 Am I honest with myself in my commitment to dialoguing regularly?
 Am I honest with myself in my commitment to regular dialogue?
 Am I willing to open myself up other_people besides you?
 Can I begin to love myself enough to forgive my past mistakes?
 Can I laugh at myself?
 Can I put you before myself?
 Can I really be myself with you? HDIFAT?
 Do I consider myself a good listener?
 Do I consider myself as a conformist or a nonconformist? HDIFAT?
 Do I consider myself as an idealist or a realist? HDIFAT?
 Do I consider myself as an optimist or a pessimist? HDIFAT?
 Do I consider myself smoothly diplomatic or brutally honest? HDIFAT?
 Do I consider myself well organized? HDIFAT?
 Do I feel better about myself when I am with you?
 Do I feel good about myself when I am with you?
 Do I judge other_people by higher or lower standards than I use on myself?
 Do I measure myself by other_people's standards? HDIFAT?
 Do I pride myself in hardly ever fighting with you?
 Do I pride myself in not starting fights with you?
 Do I see myself as someone special?
 Do I see myself in our_children? HDIFAT?
 Do I see myself more in terms of what I do than in terms of what I am?
 HDI behave when I believe in myself?
 HDI see myself as a member of Christ's body?
 HDI see myself handling my responsibilities for our_family finances?
 HDI see myself through your eyes today?
 HDI see myself to be superior to you?
 HDI think you can best help_me to be myself?
 HDIF about forgiving myself?
 HDIF about myself today?
 HDIF about myself today? Does that affect how I feel about you?
 HDIF about renewing myself this Lent?
 HDIF being in our_home alone, by myself?
 HDIF when I attract attention to myself?
 HDIF when I find myself talking too much? When other_people talk too much?
 HDIF when I find myself wishing you would keep your emotions to yourself?
 HDIF when I judge myself inadequate, guilty, unlovable?
 HDIF when I see myself in snapshots?
 HDIF when you accept me but I cannot accept myself?
 HDIF when you help_me laugh at myself? When I help_you do the same?
 How can I give more of myself this Christmas season?
 How can I make myself a better treasure for God?
 How does the way I see myself make it hard for me to reach_out to you?
 How have I freed myself up in our_relationship?
 How have I let myself down? HDIFAT?
 How would I rate myself as a decision-maker and HDIFAT?
 I feel best about myself when I am ...
 I feel childish when I consider these things about myself:
 I like myself best when ...
 I see myself as I was at 10 years old. What do I see?
 I would describe myself as ...

If I could change any one thing about myself, I would change ...

In what area(s) am I most afraid to tell the truth about myself?

In what ways do I punish myself because of past mistakes?

On being myself

On making myself more appealing to you

On preparing myself for Christ's birth

On seeing God in myself

On using dialogue to get in touch with myself

On wanting to escape and be by myself

The personal qualities I am most aware of in myself are as follows:

Today, where am I with myself and with us as_a_couple?

What am I most disappointed with in myself? HDIFAT?

What am I working at believing about myself now? What makes it hard?

What behavior of yours most lets me experience myself as a man / woman?

What can I do to make myself more sexy to you?

What can you do to help_me be more honest about myself?

What disappointments have I kept to myself? HDIFAT?

What do I dislike most about myself when I fight with you?

What do I least want to reveal to you today about myself?

What do I like best_and_least about myself?

What do I really like about myself?

What do I want for myself this_weekend?

What do I want to change about myself that I think would please you?

What does it mean when I do not pick up after myself?

What emotions / feelings do I find most difficult to accept in myself?

What faults do I dislike most about myself? HDIFAT?

What gift of myself could I give to everyone this Christmas?

What goals have I set for myself this year?

What has dialogue taught me about myself?

What is my_favorite way to unwind, relax and pamper myself? HDIFAT?

What is the reason I keep myself from seeking your forgiveness?

What is the reason that I keep from forgiving myself?

What is the role I see myself and you living out in our sexual experience?

What is the thing I find most difficult to forgive in myself?

What pain do I keep to myself?

What part of I COR 13 reminds me most of myself?

What specific change do I need to make in myself?

What would it take for me to really commit myself to this marriage?

When God forgives me, why cannot I forgive myself?

When I am really down on myself, I feel ... and I see myself as ...

When I close myself to you, I close a channel of God's grace. HDIFAT?

When I want some time for myself, I feel ...

When was the last_time I saw myself as a failure?

MYSTERY (2)

In what way are you still a mystery to me?

In what ways are you still a mystery to me?

NAIL (1)

When do I nail down the lid on my emotions / feelings?

NAKED (1)

HDIF when I look at my naked body?

NAKEDNESS (1)

Do I seek physical nakedness just for times when we make_love?

NAME (14)

HDIF about my family name, my family tree, my relatives, my ancestors?

HDIF about my first name or nickname?

HDIF about so-and-so's [name someone] visit?

HDIF knowing Jesus has called me by name?

HDIF when I call you by your pet name?

HDIF when I have difficulty remembering someone's name?

HDIF when I say your name?

HDIF when I sign my name to a binding legal contract?

HDIF when someone I see often never bothers to learn my name?

HDIF when you call me by my pet name?

How does ... [name a minister] help us to experience God's_love for us?

How does so-and-so [name someone] help us to experience God's_love for us?

Sitting very quietly, HDIF listening to Jesus say my name to me?

What is my_favorite name for God?

NAME-CALLING (2)

HDIF when I swear at you or engage in name-calling?

HDIF when you swear at me or engage in name-calling?

NAME-DROP (1)

HDIF being around people who name-drop?

NAMES (1)

Am I better at remembering names or faces? HDIFAT?

NAP (1)

HDIF when I have a chance to take a nap on Sunday afternoons?

NATIONAL (1)

HDIF when I stand at attention during the national anthem?

NATURAL (1)

HDIF about Natural Family Planning?

NEAR (2)

How would I feel going to a school football game and sitting near the band?

On being late for an appointment and not being near a phone

NEARBY (2)

What could we do to help the nearby poor?

What do we do to help the nearby poor?

NEAT (2)

HDIF about being neat or tidy?

HDIF when I have the house looking neat for you?

NECESSARY (2)

Can I talk easily to people for as long as necessary? HDIFAT?

HDIF plunging in to a job, discovering what's necessary as I go?

NEED (78)

Am I really accepting of you or DIF the need to change you?

Are we as romantic as we need to be?

At this time of my life, what I need most from you is ...

Do I have a particular need that is frequently unmet?

Do I need to be free to do whatever looks like fun when the time comes?

Do I need to forgive someone else so I can love you more?

Do I need to win in our_relationship? HDIFAT?

Do I need to win to feel successful? HDIFAT?

Do I spend time alone when I need to be alone? HDIFAT?

Do we reach_out to those in need?

For our growth, we need God to be part of our_love relationship.

For our growth, we need God to be part of our_marriage. HDIFAT?

HDI need to change to make me your favorite person?

HDI need to change to make you my_favorite person?

HDI need you to heal me?

HDIF about the need for priests / ministers?

HDIF being around people who have a compulsive need to please other_people?

HDIF making a list of what I need to get done over the weekend?

HDIF when I have to say "I need help"?

HDIF when I need a hug but do not / will not ask for one?

HDIF when I need a straight yes or no answer and do not get it?

HDIF when I need to be loved?

HDIF when I need to relax but do not?

HDIF when I need you?

HDIF when I receive a gift that suggests I need improvement?

HDIF when a couple says no, they do not want or need to go on a weekend?

HDIF when a couple says yes, they want or need to go on a weekend?

HDIF when other_people think they do not need to dialogue?

HDIF when we buy something we really do not need?

HDIF when we need to re-establish our budget priorities?

HDIF when you are not there when I need you?

HDIF when you tell me that you need me?

HDIF when you tell me you need me?

How much privacy do I need in general? In our_relationship?

How often do we need to see before we believe?

I need support from you in the following areas:

I need to be affirmed by you. HDIFAT?

I need to know how you really feel about ...

I need to know the answers to the following questions:

I need to know you are telling me the truth about ...

I need to learn not to ...

I need to learn to ...

I need you because ...

I need your love the most when ...

If I did not need money, what would I be doing today? HDIFAT?

If someone close to me were to die, what would I most need from you?

In order to learn to give, I also need to learn to receive. HDIFAT?

In what area(s) do I most need the Lord's help?

In what area(s) do I most need your help in living as a sacramental couple?

In what area(s) do I most need your help?

In what area(s) do I need to be more sensitive to you?

In what area(s) do we as_a_couple need to grow?

In what area(s) of our_relationship do we most need to grow?

Is it easy for me to accept help when I need it? HDIFAT?

On our need to pray together more often

Our garden is dying and we need the food. HDIFAT?

The Lord is coming. HDI need to prepare for that?

The pantry is in need of food. HDIFAT?

We need medicine and the checkbook is low. HDIFAT?

We need new clothes. HDIFAT?

We need to have more fun in our_lives.

What changes do I need to make to make Faith a value?

What do I most need to change in my money habits?

What do I most need to change to be "perfect as the Heavenly Father"?

What do I need from you as_a_family to help_me?

What do I need from you when I am feeling crummy?
 What do I need most in our_sexual_relationship?
 What do I need to do to improve my appearance?
 What do I need to hear from you that would allow me to be more open?
 What do I need to hear you talk about in our_sexual_relationship?
 What do I need to talk about in our_sexual_relationship?
 What need of mine is not being met?
 What specific change do I need to make in myself?
 What unmet need did I experience today?
 Where do we need to go in our_relationship?
 Where do we need to go in our_sexual_relationship?
 Where do we need to grow in our_sexual_relationship?
 Who do I need to remember today in prayer?

NEEDED (1)

Do I feel needed by you sexually? HDIFAT?

NEEDING (2)

HDI see priests / pastors needing our support in their calling?
 HDIF about our_children needing Encounter / Retrouvaille someday?

NEEDS (37)

Am I aware of the needs of our community?
 Am I being sexually responsive to your needs?
 Am I sensitive enough to you when your needs differ from mine?
 Am I sensitive to you when your needs differ from mine?
 Am I willing to present my / our needs to God through prayer?
 Are desires bad or unimportant compared to needs?
 Are my sexual needs being met?
 Are wants bad or unimportant compared to needs?
 Do I express me needs to other_people? HDIFAT?
 Do I have unmet needs that lead me to be a "married single"?
 Do I want your help in discovering what my real needs are?
 HDIF about my ability to satisfy your needs in our_sexual_relationship?
 HDIF about trusting God for all our needs?
 HDIF being responsible for my own needs?
 HDIF knowing that I cannot fill your needs for you?
 HDIF when I am able to express my physical needs to you in our_lovemaking?
 HDIF when I am not able to express my physical needs in our_lovemaking?
 HDIF when I have to put other_people needs ahead of my own?
 HDIF when our dialogue goes beyond our emotions to address our needs?
 HDIF when we meet a couple who really needs the program / weekend?
 HDIF when your needs seem to be in conflict with mine?
 How can I help_you discover options to satisfy your needs?
 How can I help_you discover ways to satisfy your needs?
 How does dialoguing on our emotions / feelings help us discover our needs?
 On knowing God needs us
 On my ability to satisfy your needs in our_sexual_relationship
 On our_children's needs
 On seeing our needs not as problems but as gifts of God
 On the one area which needs the most work in our_relationship
 Our furniture needs replacing. HDIFAT?
 The car needs major repairs. HDIFAT?
 What financial needs do I see coming between_us?
 What needs of yours do I see me being able to help with?
 What needs to change for me to give an unqualified yes to our_relationship?
 When did I last put your needs before mine?
 Which of our_children most needs our help and understanding right_now?
 Your needs are in conflict with mine. HDIFAT?

NEEDY (1)

Did we do our best this Christmas to help the needy and homeless?

NEGATIVE (11)

A time when I felt negative
 Are there times when I should not reveal a negative emotion / feeling to you?
 Do I experience stress as positive or negative?
 Do I have any recurring negative emotions / feelings? HDIFAT pattern?
 Does TV have a negative or positive effect on my life? HDIFAT?
 HDIF about revealing my negative emotions / feelings?
 HDIF when I am around negative people?
 Is there ever a time when I should not reveal a negative emotion to you?
 What are the negative effects my mask has on me?
 What negative emotions / feelings do I experience most frequently?
 When have I felt a negative emotion in response to physical affection?

NEGLECTED (1)

HDIF when you neglected to share your true priorities or plans with me?

NEGOTIATE (2)

HDIF when we negotiate a compromise between_us on a hot issue?
 Have I ever tried to negotiate with God? HDIFAT?

NEGOTIATED (1)

I would feel better if we negotiated the following:

NEGOTIATING (1)

What am I most afraid of losing by negotiating a compromise with you?

NEIGHBOR (2)

Our neighbor has been burglarized. HDIFAT?
 Our neighbor lives alone. HDIFAT?

NEIGHBOR'S (1)

How does our stuff compare to our neighbor's stuff? HDIFAT?

NEIGHBORHOOD (1)

The neighborhood dog is ruining our bushes. HDIFAT?

NEIGHBORS (6)

HDIF about my divorced / separated neighbors and friends?
 HDIF about my divorced neighbors and friends?
 HDIF about our neighbors?
 Neighbors are having a party; we are not invited. HDIFAT?
 On loving our neighbors
 Our dog's barking is going to disturb the neighbors? HDIFAT?

NEITHER (1)

Do I really believe that emotions / feelings are neither right nor wrong?

NERVES (1)

Am I comfortable doing things at the last minute or is it hard on my nerves?

NERVOUS (1)

How can I tell when you are nervous?

NEVER (16)

Are we never going to agree about some issues?
 HDIF about doing something I have never done before?
 HDIF about our friends that we never get to see?
 HDIF about the books I bought but never read?
 HDIF being around people who never laugh? Who laugh easily?
 HDIF hearing God's words, "I will never forget you."
 HDIF when someone I see often never bothers to learn my name?
 How would I feel if you never changed from the way you are right_now?
 Jesus said, "If you believe in me, you will never die." HDIFAT?
 Jesus will never give us a task that is too big to handle. HDIFAT?
 Jesus will never give us more conflict than we can manage. HDIFAT?
 There will never be another you. HDIFAT?
 What have I always wanted to try but never did? HDIFAT?
 What romantic thing do you do for me that I hope you never stop doing?
 What would I like to do with you that we have never done before? HDIFAT?
 Where would I like to go that I have never been? HDIF about going there with you?

NEW (35)

A new year begins tomorrow. HDIFAT?
 Are we keeping our New Year's resolutions?
 Can I see any new doors opening for us?
 Can the new people I meet tell what interests me right away? HDIFAT?
 HDI approach each new day with you and with God?
 HDIF about learning a new dance step with you?
 HDIF about learning a new language at my age?
 HDIF about making New Year's resolutions?
 HDIF about the coming new year?
 HDIF about trying new things that are just coming into fashion?
 HDIF being around people who are always coming up with new ideas?
 HDIF thinking about kissing you at midnight New Year's Eve?
 HDIF when I get you a new scarf?
 HDIF when I see our_children take new responsibilities?
 HDIF when I share a new recipe with you?
 HDIF when I take you to a new restaurant?
 HDIF when a new situation comes up that conflicts with my plans?
 HDIF when you spend money on new clothes?
 Have I acquired any new qualities this summer?
 How would I feel if I made some new friends this_week?
 My first reaction to hearing a new idea is ...
 On planning for a New Year
 Something new I have discovered about you is ...
 Was dialogue one of our New Year's resolutions?
 Was our_weekend just a new experience or was it a new beginning?
 Was regular dialogue one of our New Year's resolutions?
 We need new clothes. HDIFAT?
 What are my expectations for our journey into this New Year?
 What do I most want for our_family this New Year?
 What new activity or interest could I make space for in my life? HDIFAT?
 What new awarenesses have I discovered in you this past week?
 What new desires for our_relationship have we gained this_week?
 What new friendships have I formed?
 What was my greatest fear as a new bride / groom?
 When I am among new people, I feel ... and I tend to ...

NEW-FALLEN (1)

HDIF walking hand in hand with you in the new-fallen snow?

NEWBORNS (1)

HDIF about newborns in our_family?

NEWS (2)

HDIF about our efforts to share the Good News?

HDIF about using the media to proclaim the Good News?

NEWSPAPERS (1)

HDIF when I recycle old newspapers, bottles or cans?

NEXT (12)

HDIF about getting our next pet from the animal shelter?

HDIF ending my day lying in bed next to you?

HDIF when you say "We'll dialogue after the next TV program"?

I think our next household project should be ...

If our house burned down, could we dialogue on God's_love the next day?

What are my goals for the next two weeks?

What can I do next week to help people experience more of God's_love?

What dreams do I have for our next year?

What goals would I like to see us achieve in the next few months?

When I finish a task, HDIF about going immediately to the next task?

When I finish a task, HDIF about relaxing before going on to the next task?

Would I like to plan some changes in our_life this next year?

NICE (2)

HDIF when you surprise me with something nice?

What nice thing have I noticed about you this_week and have not told you?

NICEST (4)

What is the nicest memory of our past Thanksgivings?

What is the nicest thing that happened to me this_week?

What is the nicest thing you did for me this_week?

What is the nicest thing you have done for me? HDIFAT?

NICKNAME (1)

HDIF about my first name or nickname?

NIGHT (14)

HDIF about answering the phone late at night?

HDIF about your emotions / feelings last night?

HDIF after I have spent a sleepless night?

HDIF when I get up at night when the baby cries?

HDIF when I try to be loving when you want to talk all night?

HDIF when the telephone rings in the middle of the night?

HDIF when we ask a couple to an information night?

HDIF when we cannot afford a night out together?

HDIF when you kiss me at night?

On having an information night in our_home

What thoughts help_me to sleep at night?

What were my emotions / feelings on Friday night of our_weekend?

What were my emotions / feelings on Sunday night of our_weekend?

When you touch me in the middle of the night, I feel ...

NIGHTS (1)

Star bright nights stir emotions / feelings in me of ...

NO (37)

Can I say "no" without feeling guilty?

Do I ever say no to lovemaking when I know I should say yes?

HDIF about saying yes when I really want to say NO?

HDIF about working many hours in a room with no windows?

HDIF being around people who show no flexibility?

HDIF when I cannot seem to find a polite way to say "no"?

HDIF when I consider that no one in the family knows CPR?

HDIF when I discover there is almost no gas left in the tank?

HDIF when I need a straight yes or no answer and do not get it?

HDIF when I say no to your request for lovemaking?

HDIF when I try repeatedly to phone you and it's busy or there is no answer?

HDIF when a couple says no, they do not want or need to go on a weekend?

HDIF when no one refills the ice cube trays?

HDIF when some we ask to take advantage of the program / weekend says

"no"?

HDIF when you "we'll see" but I think you mean "no"?

HDIF when you say "no" to lovemaking?

HDIF when you say "no" to one of my requests?

HDIF when you say YES but mean NO?

HDIF when you say no to my request for lovemaking?

I tell a joke and no one laughs. HDIFAT?

If I died with no chance to talk to you, what would I regret not saying?

If I knew we had no tomorrow, how would I live today with you?

If we had no tomorrow, how would I live today with you?

No matter how often I am right, I will sometimes be dead wrong. HDIFAT?

On deciding to love when there are no loving emotions / feelings

On having no private time together

On having time for vacation but no money

On having time for vacation but no vacation money

On saying "no" to you in sex

On sending you flowers for no special reason

On your saying "no" to me in sex

There is no morality to consenting, loving sex. HDIFAT statement?

We have a meeting to attend and no baby-sitter. HDIFAT?

We have had no time for recreation. HDIFAT?

We have no telephone. HDIFAT?

What "probably not tonight" signals do I use to say no to sex?

What would my profession be if money were no object? HDIFAT?

NOAH (1)

It was not raining when Noah built the ark. HDIFAT?

NON-CHRISTIANS (1)

How can we share our Encounter / Retrouville experiences with non-Christians?

NON-SEXUAL (1)

On being intimate with you in a non-sexual way

NON-VERBAL (6)

Am I open to your non-verbal communication? HDIFAT?

How has our non-verbal communication helped our_relationship?

How has our non-verbal dialogue improved during the follow-up period?

How important is non-verbal communication to our_relationship?

What does our non-verbal communication mean_to_me?

Why is making love mostly a non-verbal experience for us?

NON-VERBALLY (1)

HDIF when you ask me non-verbally to make_love?

NON-VERBALS (4)

HDI best use non-verbals?

On spending an entire day communicating only with non-verbals

What are my non-verbals when I want to make_love? HDIFAT?

What do I see as your non-verbals when you want to make_love? HDIFAT?

NONCONFORMIST (1)

Do I consider myself as a conformist or a nonconformist? HDIFAT?

NOR (1)

Do I really believe that emotions / feelings are neither right nor wrong?

NOTE (6)

HDIF when I find a note you have left for me?

HDIF when I get a sincere "thank you" note?

HDIF when I get a surprise note or phone call from you?

HDIF when I write you a love note?

On finding a love note packed in my sandwich

On packing a love note in your sandwich

NOTEBOOK (1)

HDIF after re-reading my weekend notebook?

NOTES (3)

HDIF about sending secret gifts and notes to another couple?

On leaving love notes around the house

On receiving secret gifts and notes from a couple who loves us

NOTHING (2)

Apart from Jesus we can do nothing (JN 15:5). HDIFAT?

Is sex pretty much all or nothing for me?

NOTICE (5)

HDIF about us when other_people notice how much we love each_other?

HDIF when I notice our_children taking on some of my characteristics?

HDIF when I notice our_children taking on some of your characteristics?

HDIF when other_people notice our closeness?

HDIF when other_people notice our togetherness?

NOTICED (1)

What nice thing have I noticed about you this_week and have not told you?

NOTIFY (1)

If I hit and killed a dog, would I notify the owner? HDIFAT?

NOW (41)

After_a_fight: Did I issue an ultimatum? HDIF about the ultimatum now?

After_a_fight: Did I misrepresent or stretch the truth? HDIFAT now?

After_a_fight: Did I say things just for effect? HDIFAT now?

After_a_fight: Did I use exaggerations or absolutes? HDIFAT now?

After_a_fight: Did one of us act childish? HDIFAT now?

After_a_fight: Did one of us bully the other? HDIFAT now?

After_a_fight: Did one of us insist on being right? HDIFAT now?

After_a_fight: HDIF now about things I wish I had done or said differently?

After_a_fight: What did I compromise to make peace? HDIFAT now?

After_a_fight: What did I do to provoke you? HDIFAT now?

After_a_fight: What did I do to shut you off? HDIFAT now?

After_a_fight: What do I think was your main point? HDIFAT now?
 After_a_fight: What irrational behavior can I admit to now? HDIFAT?
 After_a_fight: What specifically triggered my reaction? HDIFAT now?
 After_a_fight: What tender spots were touched and when? HDIFAT now?
 After_a_fight: What was my main point? HDIFAT now?
 After_a_fight: What was the fight really about? HDIFAT now?
 After_a_fight: What would I like to take back? Why did I say it? HDIFAT now?
 After_a_fight: Where did I fail to be completely fair to you? HDIFAT now?
 After_a_fight: Where was I unreasonable? HDIFAT now?
 HDIF about moving from where we are now living?
 HDIF about my job / career now?
 HDIF about our financial status now?
 HDIF now about the role our pastor / priest played in our wedding?
 HDIF when I think about us ten years from now?
 How much do our_marriage vows mean_to_me now? HDIFAT?
 How much do we touch each_other now and HDIFAT?
 If I had known then what I know now about raising children ...
 Is or love for each_other stronger now than it used to be?
 Knowing what I know now, would I still choose you as a partner? HDIFAT?
 My best friend from childhood was ... HDIF about this person now?
 The work I am doing now is ...
 What am I working at believing about myself now? What makes it hard?
 What are the values I want to live now?
 What has kept me from being completely honest before now? HDIFAT?
 What is my earliest memory of you? HDIF remembering it now?
 What is renewed in me now that summer is finally here?
 What kind of childhood did I have? HDIF about it now?
 What sacrifices am I making for my family now?
 What song reminds me of our_relationship now?
 Why did we join a support group? HDIF about that decision now?

NUCLEAR (1)
 HDIF about nuclear disarmament?

NUDE (2)
 Do I enjoy being seen nude by you? HDIFAT?
 HDIF when you see me nude?

NUDITY (1)
 HDIF about the nudity on TV?

NUMBER (6)
 Am I really number one with you?
 How has our dialogue helped me to keep you number one in my life?
 In what area(s) of our_relationship do I think I am number one with you?
 What have I done to make you number one today? HDIFAT?
 What sacrifices do I have to make to have you number one?
 Would God be upset if I made you number 1?

NUMBERS (1)
 HDIF as the winning lottery numbers are being drawn?

NUN (1)
 HDIF about our daughter being a priest / pastor (or a nun)?

NURSING (1)
 HDIF about visiting a nursing home?

NURTURING (1)
 After_a_fight: Am I nurturing a bad mood? HDIF when I am in a mood like this?

OBJECT (5)
 HDIF when I am an object of someone's joke or ridicule?
 HDIF when I am an object of someone's joke?
 If our house were on fire, what one object would I most want to save?
 To which of my characteristics / traits do you object the most? HDIFAT?
 What would my profession be if money were no object? HDIFAT?

OBSERVE (1)
 HDIF when people do not observe the speed limit?

OBSESSIVE (1)
 What am I most obsessive about? HDIF at those times?

OBSTACLES (2)
 Am I comfortable allowing barriers / obstacles to keep us distant?
 What obstacles do I allow to inhibit me from speaking freely? HDIFAT?

OBVIOUS (1)
 HDIF when you look at other women / men with obvious interest?

OCCASION (2)
 HDIF about the way we celebrated our_love on this special occasion?
 I forgot to buy you a card on this special occasion. HDIFAT?

OCCASIONS (13)
 HDIF on those occasions when I think I am most in love with you?

HDIF on those occasions when I think about calling our_relationship quits?
 On occasions when I think I deserve private time
 On occasions when I think you deserve private time
 On those occasions when I criticize how you discipline our_children
 On those occasions when I discipline our_children
 On those occasions when my family makes demands on us
 On those occasions when our families criticize our involvements
 On those occasions when our families criticize our lifestyle
 On those occasions when our_children misbehave in public
 On those occasions when you criticize how I discipline our_children
 On those occasions when you discipline our_children
 On those occasions when your family makes demands on us

OCCUPIED (1)
 On the room we occupied during our_weekend

OCTOBER (1)
 An October fest is planned. HDIFAT?

ODDS (1)
 When I am really at odds with someone, I feel ... and I tend to ...

OFFER (9)
 HDIF about what we as_a_couple have to offer other_people?
 HDIF when I offer you a piece of candy?
 HDIF when friends offer to help?
 HDIF when we offer each_other "the Peace of Christ" at mass?
 HDIF when you are receptive to suggestions I offer?
 HDIF when you reject suggestions I have to offer?
 What can I offer you to better our_sexual_relationship?
 What is the greatest healing device I can offer you?
 What strengths do we have to offer as_a_couple?

OFFERS (1)
 Someone offers me a breath mint? HDIFAT?

OFFICE (1)
 HDIF about the organization of my office space at work?

OFTEN (17)
 After_a_fight: Who brings up painful subjects the most often? HDIFAT?
 Am I often preoccupied when listening to other_people? HDIFAT?
 At parties, am I often bored or do I usually have fun? HDIFAT?
 Do we have make_love often enough? HDIFAT?
 HDIF about our going out together alone more often?
 HDIF when someone I see often never bothers to learn my name?
 How often do I think we should make_love? HDIFAT?
 How often do I want to make_love but do not ask you?
 How often do we need to see before we believe?
 How often do we pray as_a_family? HDIFAT?
 If dialogue is so important, why do not we do it more often?
 No matter how often I am right, I will sometimes be dead wrong. HDIFAT?
 On our need to pray together more often
 What kinds of compliments did I receive most often as a child?
 What kinds of compliments have I received most often as an adult?
 What makes me cry? Do I cry often? HDIFAT?
 Why is it often the little things that pull us apart?

OK (4)
 Do I try to decide which emotions / feelings are OK to admit having?
 HDIF when you say "It's OK" or "Forget it" instead of "I forgive you."
 When in the past week did I not believe my emotions were OK to have?
 When in the past week did I not believe your emotions were OK to have?

OLD (17)
 After reading TOB 8:5-7, HDIF about growing old with you?
 An old friend surprises me with a phone call? HDIFAT?
 Given the alternative, HDIF about growing old?
 HDIF about giving my old clothes to charity?
 HDIF about growing old with you?
 HDIF about growing old?
 HDIF about old age together?
 HDIF about taking a walking tour through my old high school?
 HDIF when I recycle old newspapers, bottles or cans?
 HDIF when I see an old boy / girl friend?
 HDIF when we slip back into our old ways?
 HDIF when you see an old boy / girl friend?
 I see myself as I was at 10 years old. What do I see?
 In what way am I afraid to grow old?
 In what ways am I afraid to grow old?
 On watching an old romantic movie together
 What emotions / feelings do I have knowing we are growing old together?

OLDER (5)
 HDIF about being a year older each birthday?
 HDIF about encouraging our older children to take a part-time job?
 HDIF about growing older?

On watching our parents grow older
Our parents are growing older. HDIFAT?

ONCE (2)

Are we as close today as we once were? HDIFAT?
Are we as intimate today as we once were? HDIFAT?

ONE (86)

After_a_fight: Did one of us act childish? HDIFAT now?
After_a_fight: Did one of us attribute sinister motives to the other? HDIFAT?
After_a_fight: Did one of us bully the other? HDIFAT now?
After_a_fight: Did one of us insist on being right? HDIFAT now?
After_a_fight: Did one of us try to make the other feel guilty? Did it work?
After_a_fight: When we fight, is one of us always the loser. HDIFAT?
Am I really number one with you?
Am I usually the one to ask for forgiveness first? HDIFAT?
Can I go one whole day without criticizing anyone or anything? HDIFAT?
Do I give each family member equal time, or do I favor one over another?
Do I see my relationship with the Father as a private one?
Do we strive to be one as Father, Son and Holy Spirit are one?
HDIF about God being the one who brought us together?
HDIF about living one day at a time?
HDIF about one of our_children being called to religion life?
HDIF about the birth of one of our_children?
HDIF about the death of one of our_children?
HDIF when I consider that no one in the family knows CPR?
HDIF when I need a hug but do not / will not ask for one?
HDIF when I think of one of our_children dying?
HDIF when circumstances make me "second guess" one of my own decisions?
HDIF when no one refills the ice cube trays?
HDIF when one of our_children excels and the others do not?
HDIF when one of our_children fails at school?
HDIF when one of our_children is honored and the others are left out?
HDIF when one of our_children says "I love you"?
HDIF when one of us is the subject of an ethnic joke?
HDIF when someone compliments one of our_children?
HDIF when we use the grace of healing to forgive one of our_children?
HDIF when you make one of my priorities one of yours?
HDIF when you say "no" to one of my requests?
How do / would I feel about the death of one of our_children?
How has our dialogue helped me to keep you number one in my life?
How would I feel about changing sexes for one day?
How would I feel if one of our_children would want to become a minister?
How would I feel if one of our_children would want to enter the ministry?
I am one of God's gifts to you. HDIFAT?
I have one more day to live. HDIFAT?
I tell a joke and no one laughs. HDIFAT?
I would like to go back to ... one more time? HDIF about going there with you?
If I could bring faith and God to one person, who would it be?
If I could change any one thing about myself, I would change ...
If I could change any one thing about you, I would change ...
If I could change one attitude of mine, it would be HDIFAT?
If I could change one attribute of my personality, what would it be? HDIFAT?
If I could change one thing about me, I would ...
If I could gain any one ability or quality, what would it be? HDIFAT?
If I could give you one thing for Christmas, it would be ...
If I could have one wish, what would it be?
If I had to choose just one day to remember, I would choose ... because ...
If one of our_children left for the seminary today, how would I feel?
If our house were on fire, what one object would I most want to save?
In all the world, one of the things I care most about is ...
In one word, my father is / was ... HDIF about him today?
In one word, my mother is / was ... HDIF about her today?
In what area(s) of our_relationship do I think I am number one with you?
Is one of us always the first to forgive and HDIFAT?
Is one of us the "toucher" and the other aloof?
On the one area which needs the most work in our_relationship
One of my big failures in life is ... HDIFAT?
One of my big successes in life is ... HDIFAT?
One of the happiest days of my life
One thing I missed during my childhood was ... HDIFAT today
Our Sacrament calls us to a good marriage, not just an average one. HDIFAT?
Our children are the two of us in one flesh. HDIFAT?
The one thing I admire and love the most about you is ...
Was dialogue one of our New Year's resolutions?
Was regular dialogue one of our New Year's resolutions?
What gift would I like to give one of our_children?
What have I done to make you number one today? HDIFAT?
What is one of my treasured values in life?
What is one of the greatest moments of our_marriage?
What is one of the happiest times I remember spending with you lately?
What is one thing about my health that bothers me?
What is the one thing in life I have not done that I regret not doing? HDIFAT?
What one couple has challenged us the most this year?
What one possession do I want most and cannot have?
What one quality do I look for most in a friend?
What one specific thing would make our_lovemaking even more beautiful?

What one thing can I change to improve the atmosphere in our_home?
What one thing has most united us this past weekend?
What sacrifices do I have to make to have you number one?
When did we go two miles with someone who ordered us to go one?
When have I thought we were truly one?
Which one of our friends DIF most comfortable with?
Which one of us worries the most about money?

ONE-ON-ONE (1)

DIF better conversing one-on-one or conversing in a small group?

ONENESS (1)

Are we reflecting the mark of oneness today?

ONES (2)

HDIF about this Christmas compared with past ones?
HDIF when our loved ones refuse to do anything to improve their marriage?

ONLY (15)

"God so loved us that He gave us His only son." HDIFAT?
Am I a full-time listener or only a part-time listener?
Do I listen to you with my mind only or also with my heart?
Do we accept only members of our church / parish family who are like us?
God has a job for us that only we can handle. HDIFAT?
HDIF about living my daily life without to-do lists, using only my memory?
HDIF saying "yes" to lovemaking but only for the good of our_relationship?
HDIF when I hurry to answer the phone and it is only a solicitor?
HDIF when I only half-forgive you?
HDIF when I realize you are only mine for today?
HDIF when I stay within my limits, undertaking only as much as I can handle?
HDIF when we appear as partners, not as individuals only?
If I had only two days to live, how would I spend them?
On spending an entire day communicating only with non-verbals
We are the church 7 days a week, not only on Sunday. HDIFAT?

OPEN (32)

Am I able to be more open with other_people than with you?
Am I open to the emotions / feelings you experience when under stress?
Am I open to your non-verbal communication? HDIFAT?
Am I willing to open myself up other_people besides you?
Are we open to God's_plan?
Can I imagine being more open in another relationship? Why? HDIFAT?
Do we pray for any of our_children to be open to a religious calling?
Does my insistence that I am already open and honest hinder further growth?
Does my insistence that I am open and honest hinder our_relationship?
HDIF when I am not open to discussing our_sexual_relationship?
HDIF when I am not open with you?
HDIF when I hold the door open for you?
HDIF when I open the car door for me?
HDIF when I see you totally open to me in our_lovemaking?
HDIF when we are open to increasing the size of our_family?
HDIF when we are striving to be open and honest with each_other?
HDIF when you are open with me?
Have my eyes been open to seeing the Lord's miracles around me?
How can I be more open to your love?
How can I be more open with you?
How does my self-image keep me from being open to you?
In what specific area(s) of sexuality am I reluctant to open up? HDIFAT?
Is our_sexual_relationship as open as our dialogue?
Mary was open to the will of God. Are we?
What area(s) of a couple's life am I least open to listening about?
What area(s) of a priest's / pastor's life am I least open to listening about?
What do I need to hear from you that would allow me to be more open?
What do I think about the statement, "open to you, open to God"?
What does being an open and honest couple mean_to_me?
What helped me be open to change during the follow-up period?
What keeps me from being as open in real life as I am in my dialogue letter?
When I am being open to you, I am being open to God. HDIFAT?

OPENING (1)

Can I see any new doors opening for us?

OPENNESS (2)

HDIF about the openness of our dialogue?
Is our openness about our masculinity / femininity reflected in our_children?

OPERATE (1)

What kind of store would I like to own and operate?

OPINION (2)

On most matters, do I already have an opinion? HDIF about changing my mind?
Whose good opinion is important to me?

OPPORTUNITY (4)

HDIF when I have the opportunity to be alone, to enjoy some solitude?
Today we had the opportunity to make our_relationship stronger. Did we?
We have an opportunity to move. HDIFAT?

Would I feel better having great opportunity or great experience?

OPPOSITE (1)

HDIF when I discuss politics with someone whose views are opposite of mine?

OPTIMIST (1)

Do I consider myself as an optimist or a pessimist? HDIFAT?

OPTIMISTIC (1)

A time when I felt optimistic

OPTIONS (1)

How can I help you discover options to satisfy your needs?

ORDER (1)

In order to learn to give, I also need to learn to receive. HDIFAT?

ORDERED (1)

When did we go two miles with someone who ordered us to go one?

ORGAN (2)

HDIF about carrying an organ donor card?

HDIF about your carrying an organ donor card?

ORGANIZATION (1)

HDIF about the organization of my office space at work?

ORGANIZE (1)

HDIF stopping to organize a job carefully before I start?

ORGANIZED (2)

Do I consider myself well organized? HDIFAT?

HDIF when I am organized? When I am not organized?

ORIGINAL (1)

Is my lifestyle original or conventional? HDIFAT?

OTHER (24)

"Life is what happens while we are making other plans." HDIFAT?

After_a_fight: Did one of us attribute sinister motives to the other? HDIFAT?

After_a_fight: Did one of us bully the other? HDIFAT now?

After_a_fight: Did one of us try to make the other feel guilty? Did it work?

Do I have an increased capacity for other relationships because of our_love?

Do I see ourselves as different from other couples?

Do we reach_out to other couples in the community?

Do we waste food or any other scarce resource?

Each of us belongs to the other (I COR 7:3-5). HDIFAT?

HDIF about building relationships with other dialoguing couples?

HDIF about the example we are setting for other couples?

HDIF about the responsibility we have to other married couples?

HDIF sharing a dialogue letter with other dialoguing couples?

HDIF when I see the other man / other woman?

HDIF when I sense you are attracted by other men / women?

HDIF when some other interest seems more important to you than I do?

HDIF when we make_love someplace other than our bedroom?

HDIF when we take time to wallpaper, paint or do other housework

as_a_couple?

HDIF when you look at other women / men with obvious interest?

How good our_marriage is affects other marriages around us. HDIFAT?

How have other couples affected our_marriage?

How have we affected other couples' marriages?

Is one of us the "toucher" and the other aloof?

Where would I like to make_love to you other than in bed? HDIFAT?

OTHER_PEOPLE (120)

"Forgive us our sins as we forgive other_people." HDIF when I pray this?

Am I Christ to other_people?

Am I able to be more open with other_people than with you?

Am I afraid of other_people?

Am I comfortable letting other_people know my limitations? HDIFAT?

Am I more creative alone or with other_people? HDIF when I am most creative?

Am I often preoccupied when listening to other_people? HDIFAT?

Am I willing to be intimate and vulnerable with other_people?

Am I willing to open myself up other_people besides you?

Do I express me needs to other_people? HDIFAT?

Do I judge other_people by higher or lower standards than I use on myself?

Do I really believe we can change the lives of other_people?

Do other_people look at us and know we are in love?

HDI see God reflected in other_people?

HDI think other_people see us as_a_couple?

HDI want you to see me? Is this the way I want other_people to see me too?

HDIF I come across to other_people?

HDIF about Our Father calling us to lead other_people?

HDIF about being what I am compared to what other_people expect me to be?

HDIF about crying? About other_people when they cry?

HDIF about gathering other_people for prayer?

HDIF about gathering other_people to pray?

HDIF about helping other_people who are out of work?

HDIF about jaywalking? When other_people jaywalk?

HDIF about listening to other_people tell jokes?

HDIF about other_people keeping secrets from me?

HDIF about proclaiming marriage to other_people?

HDIF about reaching out to other_people today?

HDIF about the way our_marriage influences other_people?

HDIF about the way we show God's_love to other_people?

HDIF about treating other_people like Christ?

HDIF about us when other_people notice how much we love each_other?

HDIF about what we as_a_couple have to offer other_people?

HDIF being around people who have a compulsive need to please other_people?

HDIF giving our time to help other_people?

HDIF giving to other_people?

HDIF looking other_people in the eye?

HDIF sharing our dialogue with other_people?

HDIF when God allows other_people to suffer?

HDIF when I am being impolite or rude to other_people?

HDIF when I am delayed because other_people are not punctual?

HDIF when I am making fun of other_people?

HDIF when I find myself talking too much? When other_people talk too much?

HDIF when I have to put other_people needs ahead of my own?

HDIF when I hear from other_people that you have "bragged" about me?

HDIF when I hear from other_people that you have complained about me?

HDIF when I let other_people talk me out of pursuing a great idea?

HDIF when I listen to my inner self instead of listening to other_people?

HDIF when I say good things about you to other_people?

HDIF when I see our couple love influencing other_people around us?

HDIF when I see our_marriage influencing other_people around us?

HDIF when I stop doing something I want to do because other_people are watching?

HDIF when I think we are not as romantic as other_people?

HDIF when I think you have let other_people down?

HDIF when other_people are impolite or rude to me?

HDIF when other_people break the rules?

HDIF when other_people cannot resist giving me advice?

HDIF when other_people do not return things that they borrow from me?

HDIF when other_people forget my birthday?

HDIF when other_people look me in the eye?

HDIF when other_people notice our closeness?

HDIF when other_people notice our togetherness?

HDIF when other_people say "hello" to me?

HDIF when you are reaching out to other_people more than you are to me?

HDIF when you compliment me in front of other_people?

HDIF when you criticize me in front of other_people?

HDIF when you kiss me in front of other_people?

HDIF when you show your love for me in front of other_people?

Have I come to the Lord sooner than other_people?

Have we shared our material blessings with other_people?

How can I bring the joys of Christmas to other_people?

How can I bring the pleasures of Christmas to other_people?

How can we best share our_love with other_people?

How can we inspire other_people to dialogue?

How do other_people experience our lack of sexual desire for each_other?

How do other_people experience our sexual desire for each_other?

How do we support other_people in dialogue?

How does my mask frustrate, disappoint or annoy other_people?

How does the modern world keep us from reaching out to other_people?

How is God's_love being reflected to other_people through our_love?

I have a dream. HDIF when other_people are skeptical?

In large groups, DIF better introducing other_people or getting introduced?

Is our_relationship alive and visible to other_people?

Is our_relationship alive and well in the eyes of other_people?

Jesus is counting on us to reveal His love to other_people. HDIFAT?

On seeing God in other_people

On sharing our possessions with other_people

On the fact that other_people are reaching out to us

Our missionary role is always to invite other_people on our journey. HDIFAT?

Sometimes, I am afraid other_people will see me as ...

What can I do to share my strengths with other_people?

What can I do to show my love to other_people?

What charisms (strengths) does our_family have to share with other_people?

What do I think other_people see in us as_a_couple?

What does it mean to forgive other_people?

What have I done to help other_people in our_family feel special?

What is it about our charism of healing that calls other_people?

What is it about our charism of parenthood that calls other_people?

What is it about our charism of passion that calls other_people?

What is it about our charism of permanence that calls other_people?

What is it about our charism of prayerfulness that calls other_people?

What is our_relationship with other_people who share our faith?
 What is the effect of our sexual intimacy on other_people?
 What special qualities as_a_couple do we bring to other_people?
 What stake do we have in the marriages of other_people?
 What would other_people say is my worst habit? HDIFAT?
 When I am at a party, HDIF about leaving other_people alone to enjoy themselves?
 When I do the right thing, HDIF about what other_people think?
 When other_people expect much from me, I feel ... and I tend to ...
 When other_people want to help_me, I feel ... and I tend to ...
 When some issue comes between me and other_people, I feel ... and I tend to ...
 ...
 When things are humdrum in our_lives, do I compare us to other_people?
 HDIFAT?
 When we hold hands, what are we saying to other_people?

OTHER_PEOPLE'S (6)

Do I believe we have a stake in other_people's marriages and they in ours?
 Do I measure myself by other_people's standards? HDIFAT?
 HDIF about getting other_people's advice on a personal problem?
 HDIF about the stake we have in other_people's marriages?
 HDIF when I forget other_people's birthdays?
 We have a stake in other_people's marriages and they in ours. HDIFAT?

OTHERS (2)

HDIF when one of our_children excels and the others do not?
 HDIF when one of our_children is honored and the others are left out?

OUR (472)

"Forgive us our sins as we forgive other_people." HDIF when I pray this?
 After_a_fight: At what point do our arguments get out of control? HDIFAT?
 After_a_fight: Do our "rules" allow us to take a break to cool down? HDIFAT?
 After_a_fight: Do our fights at least end the "cold war" between_us?
 After_a_fight: Is there any pattern to our arguing? HDIFAT?
 After_a_fight: What are the bad things about our fights?
 After_a_fight: What caused my / your / our voices to be raised? HDIFAT?
 After_a_fight: What pitfalls keep our fighting from being constructive?
 Am I able to see your side in our fights and HDIFAT?
 Am I aware of the needs of our community?
 Am I willing to present my / our needs to God through prayer?
 Are our important papers in a safe place? HDIFAT?
 Are our sacrifices meaningful or just a requirement for Lent?
 Are our topics of conversation different when we are touching?
 Are we keeping our New Year's resolutions?
 Are we living God's Plan or our plan?
 Are we living God's_plan in our_marriage or our own plan?
 Are we willing to share our story when it is a story of brokenness?
 Did we do our best this Christmas to help the needy and homeless?
 Do I ever feel God present in our sacrament?
 Do I feel responsible for our current financial situation?
 Do I feel responsible for our financial situation?
 Do I judge our success by how many possessions we have?
 Do I see our_sexual_relationship affecting our whole relationship? HDIFAT?
 Do our_children enjoy our attention to each_other?
 Do our_children enjoy our desire for each_other?
 Do we accept only members of our church / parish family who are like us?
 Do we avoid a particular member of our parish / church community?
 Do we ever challenge our friends about their values and morals?
 Do we let our light shine?
 Do we share our faith in each_other?
 Do we show our couple love?
 Do we spend our spare time on our_home rather than with each_other?
 Do we take time to thank God for our blessings?
 Does our inability to have children make a difference in our_lovemaking?
 Does our_lovemaking extend beyond our bedroom?
 Does our_sexual_relationship affect our closeness? HDIFAT?
 For our growth, we need God to be part of our_love relationship.
 For our growth, we need God to be part of our_marriage. HDIFAT?
 God expects us to be our brother's keeper. HDIFAT?
 HDI see God reflected through our favorite pastor / priest?
 HDI see God reflected through our favorite priest / minister??
 HDI see our dialogue has changed our_relationship?
 HDI see our finances affecting our_relationship?
 HDI see our lifestyle when we are retired?
 HDI see our strengths as_a_couple?
 HDI see our weaknesses as_a_couple?
 HDI see priests / pastors needing our support in their calling?
 HDI want to spend our golden years?
 HDIF about Our Father calling us to lead other_people?
 HDIF about accepting our_life together as a gift from Our Father?
 HDIF about air bags in our car?
 HDIF about belonging to our universal church?
 HDIF about changing our priorities?
 HDIF about contributing five percent of our income to charity?
 HDIF about discussing our sexual life?
 HDIF about encouraging our older children to take a part-time job?
 HDIF about getting our next pet from the animal shelter?

HDIF about giving from our substance?
 HDIF about how much money we give to our church or favorite charity?
 HDIF about how much money we give to our parish / church?
 HDIF about how we handle our finances?
 HDIF about how we use our money?
 HDIF about increasing our level of sexual intimacy?
 HDIF about installing dead-bolt locks on our outside doors?
 HDIF about letting a relative drive our car?
 HDIF about letting our teenager drive our car?
 HDIF about living our sacrament and what does this entail?
 HDIF about members of our extended family?
 HDIF about our activities in Encounter / Retrouvaille?
 HDIF about our bed?
 HDIF about our bedroom?
 HDIF about our being different?
 HDIF about our closeness when we dialogue on Scripture?
 HDIF about our contributions to our community?
 HDIF about our credit card bills?
 HDIF about our daughter being a priest / pastor (or a nun)?
 HDIF about our eating habits?
 HDIF about our efforts to share the Good News?
 HDIF about our experience with the Lord this past week?
 HDIF about our experiences in the church?
 HDIF about our financial future?
 HDIF about our financial pressures this time of year?
 HDIF about our financial status now?
 HDIF about our friends that we never get to see?
 HDIF about our friends who abuse drugs or alcohol?
 HDIF about our going out together alone more often?
 HDIF about our growth (or lack of growth) in the area of sex?
 HDIF about our involvement in Church?
 HDIF about our lifetime goals?
 HDIF about our neighbors?
 HDIF about our parish / church activities?
 HDIF about our parish / church involvement?
 HDIF about our pastor or spiritual director?
 HDIF about our pastor?
 HDIF about our prayer life?
 HDIF about our preparations as Christmas approaches?
 HDIF about our son being a priest / pastor?
 HDIF about our spiritual growth as_a_couple?
 HDIF about our spiritual growth this Easter?
 HDIF about our time together?
 HDIF about our use of alcohol?
 HDIF about our vacation being over?
 HDIF about our vacation?
 HDIF about paying our taxes?
 HDIF about re-evaluating how we spend our time?
 HDIF about seeing you at the end of our day apart?
 HDIF about sharing our Thanksgiving dinner with strangers?
 HDIF about sharing our dinner table with strangers?
 HDIF about supporting our Encounter / Retrouvaille community?
 HDIF about the divorce rate in our community?
 HDIF about the frequency of our dialogue?
 HDIF about the honest of our dialogue?
 HDIF about the importance of our_relationship to our church?
 HDIF about the openness of our dialogue?
 HDIF about the reactions of our friends to our Encounter / Retrouvaille?
 HDIF about the reactions of our relatives to our Encounter / Retrouvaille?
 HDIF about the way our yard looks?
 HDIF about the way our_children are reacting to our values?
 HDIF about the way we use our spare time?
 HDIF about tithing a portion of our income?
 HDIF about trusting God for all our needs?
 HDIF about us when I hear our favorite song?
 HDIF about watching TV in our bedroom?
 HDIF as I reflect on the expectations I had on our wedding day for us?
 HDIF driving home from a meeting of our follow-up or support group?
 HDIF giving our time to help other_people?
 HDIF helping you prepare for our Thanksgiving meal?
 HDIF hugging our son or daughter after I have disciplined them?
 HDIF in realizing our sexual union is God's command?
 HDIF knowing Jesus is our protector?
 HDIF knowing that today could be our last day to love?
 HDIF knowing that today could be our last day together?
 HDIF now about the role our pastor / priest played in our wedding?
 HDIF sharing our dialogue with other_people?
 HDIF sharing our faith as_a_couple?
 HDIF thinking this could be our last dialogue letter?
 HDIF when I consider that we are special to Our Father?
 HDIF when I forget our anniversary?
 HDIF when I hear our song?
 HDIF when I let go the reins and let Our Father decide for us?
 HDIF when I realize and accept Jesus' closeness in our daily lives?
 HDIF when I remember our anniversary is coming up soon?
 HDIF when I say, "Our Father..."
 HDIF when I see our couple love influencing other_people around us?

HDIF when I think about having a baby during our middle years?
 HDIF when I think you are looking forward to our dialogue?
 HDIF when I think you are taking a superior attitude into our dialogues?
 HDIF when I think you are taking a superior role in our dialogues?
 HDIF when I want to postpone our dialogue?
 HDIF when a couple accepts our invitation to the program / weekend?
 HDIF when a couple enters the program / weekend because of our example?
 HDIF when every minute of our day is planned?
 HDIF when every waking minute of our day is planned?
 HDIF when other_people notice our closeness?
 HDIF when other_people notice our togetherness?
 HDIF when other_people see our togetherness?
 HDIF when our Encounter / Retrouvaille "jobs" keep us from being close?
 HDIF when our Encounter / Retrouvaille "jobs" keep us from being lovers?
 HDIF when our checking account is overdrawn?
 HDIF when our dialogue goes beyond our emotions to address our needs?
 HDIF when our dialogue is interrupted?
 HDIF when our dialogue reflections are similar?
 HDIF when our different interests separate us?
 HDIF when our friends let us down?
 HDIF when our loved ones refuse to do anything to improve their marriage?
 HDIF when our plans are changed?
 HDIF when our reflections are similar?
 HDIF when our routines separate us?
 HDIF when our togetherness affects another marriage?
 HDIF when our_children reflect our good qualities?
 HDIF when our_children reject our values?
 HDIF when stock market trends increase the value of our investments?
 HDIF when stock market trends reduce the value of our investments?
 HDIF when we are aware of using our forgiving power to heal each_other?
 HDIF when we are aware of using our power to heal each_other?
 HDIF when we are close during and after our dialogue?
 HDIF when we get a call that our child is sick?
 HDIF when we go to visit our families?
 HDIF when we hear "our song"?
 HDIF when we look at our wedding album?
 HDIF when we make_love someplace other than our bedroom?
 HDIF when we need to re-establish our budget priorities?
 HDIF when we read our letters and then cannot think of much to say?
 HDIF when we slip back into our old ways?
 Has my self-image improved as a result of our dialogue?
 Has our prayer life enhanced our_relationship?
 Has our sacrament been a visible sign to our_family?
 Have we inherited any family traditions from our grandparents?
 Have we reached out to our parish / church family lately?
 Have we shared our material blessings with other_people?
 Have we shared our_home and family with our pastor / priest / minister?
 How are we active in our parish / church community?
 How are we going to make better use of our free time this summer?
 How can our kiss be more meaningful?
 How can our kisses be more meaningful?
 How can we best celebrate our anniversary?
 How can we continue to make our decision to love visible in the church?
 How can we improve our spiritual life as_a_couple?
 How can we improve our spirituality as_a_family?
 How can we incorporate prayer into our daily life?
 How can we make God more present in our dialogue?
 How can we make God more present in our talk?
 How can we share our Encounter / Retrouvaille experiences with non-Christians?
 How can we strengthen our_relationship with our parents?
 How could we support the marriages of our friends?
 How could we support the marriages of our relatives?
 How did the absence of dialogue affect our communication and closeness?
 How do other_people experience our lack of sexual desire for each_other?
 How do other_people experience our sexual desire for each_other?
 How do our possessions affect my self-image?
 How do we differ and HDIF about our differences?
 How do we make our sacrament a visible sign of God's_love?
 How do we share our faith with each_other?
 How do we support the marriages of our friends / relatives?
 How does dialoguing on our emotions / feelings help us discover our needs?
 How does my / your mask affect our purchases?
 How does my mask interfere with our romance? HDIFAT?
 How does our budget affect our intimacy?
 How does our closeness reflect God's_love?
 How does our ethnic background affect our_relationship?
 How does our individuality strengthen us as_a_couple?
 How does our method of birth control affect our_sexual_relationship? HDIFAT?
 How does our stuff compare to our neighbor's stuff? HDIFAT?
 How does our support community enhance our_relationship?
 How does our support group enhance our_relationship?
 How does the image I try to project affect our dialogue?
 How has our Lent prepared us for Holy Week?
 How has our dialogue affected our daily life as_a_couple?
 How has our dialogue affected our_family?
 How has our dialogue enhanced our_lovemaking?
 How has our dialogue helped me to keep you number one in my life?
 How has our dialogue helped us grow closer to each_other?
 How has our dialogue made you more important in my life?
 How has our failure to live God's_plan for our_marriage affected us?
 How has our non-verbal communication helped our_relationship?
 How has our non-verbal dialogue improved during the follow-up period?
 How has our_family benefitted from our experience in Encounter / Retrouvaille?
 How has our_love grown since our wedding day?
 How has the atmosphere in our_home changed because of our growth?
 How have our past failures helped us to grow?
 How have our roles in our_marriage changed?
 How have we been a sign of love to our people?
 How have we been judgmental of our people?
 How have we failed to be a sign of love to our people?
 How have we grown in our pain as well as our joy?
 How have we grown in our pain as well as our pleasures?
 How have we been judgmental of our people?
 How honest is our tax return?
 How important is our dialogue to me?
 How involved am I in our parish / church family?
 How is our community helped by our activity in Encounter / Retrouvaille?
 How is our community helped by our involvement in the program?
 How is our day when we are not sexually desirous?
 How is our day when we are not sexually involved with each_other?
 How long before missing dialogue affects our communication and closeness?
 How long has it been since we called / wrote our prayer couple? HDIFAT?
 How supportive are we of our extended family?
 How would I describe you to Our Father?
 How would I feel if our TV were to break and stay broken?
 How would I feel if our TV were to break?
 How would I like to spend our vacation?
 How would I like to spend our vacation?
 I think our next household project should be ...
 If Jesus were at the foot of our bed, would He be smiling?
 If our house burned down, could we dialogue on God's_love the next day?
 If our house were on fire, what one object would I most want to save?
 If this were our last Christmas, how would I like to spend it?
 If we doubled our present income, would be any happier?
 If we had twice our present income, would be happier?
 In what way can I deepen our spirituality?
 In what ways can I deepen our spirituality?
 Intimacy is a challenge to forge our future together. HDIFAT?
 Is Jesus Lord of my / our future?
 Is Jesus Lord of my / our prayer life?
 Is Jesus in control of my / our future?
 Is Jesus in control of my / our prayer life?
 Is our dinner hour a pleasant time?
 Is our involvement in this program helping us as_a_couple?
 Is our involvement with Encounter / Retrouvaille done as_a_couple?
 Is our openness about our masculinity / femininity reflected in our_children?
 Is our sexual union a joining of our hearts, minds, bodies and spirits?
 Is our_sexual_relationship as open as our dialogue?
 Joseph and Mary are at our front door. Do we have room?
 Mary is the mother of our Lord. HDIFAT?
 On "Dying you destroyed our death, rising You restored our_life"
 On being criticized for our beliefs
 On celebrating our wedding anniversary this year
 On cutting our spending
 On expanding our existing values to live God's_plan
 On how we spend our money
 On how we use our financial resources
 On hugging our friends in public
 On loving our neighbors
 On my biggest fear about our financial situation
 On my responsibility / irresponsibility in managing our finances
 On our 25th wedding anniversary
 On our Lord's call to unconditional love in our_relationship
 On our activities and our jobs / careers: what about us?
 On our celebration of Easter
 On our diet and / or food choice at this time
 On our financial responsibility
 On our financial status after the holidays
 On our hospitality
 On our involvement in the Church
 On our need to pray together more often
 On our possessions
 On our prayer life as_a_family
 On our spending habits
 On our spirituality
 On our vacation
 On seeing our needs not as problems but as gifts of God
 On sharing our lifestyle with our families
 On sharing our possessions with other_people
 On signing our Christmas cards
 On those occasions when our families criticize our involvements
 On those occasions when our families criticize our lifestyle
 On watching our parents grow older
 Our Sacrament calls us to a good marriage, not just an average one. HDIFAT?
 Our calendar is filled. HDIFAT?

Our cash flow is low. HDIFAT?
 Our changing moods can affect our_relationship. HDIFAT?
 Our child has a special talent. HDIFAT?
 Our children are tempted by alcohol, drugs, sexuality. HDIFAT?
 Our children are the two of us in one flesh. HDIFAT?
 Our children want to play more. HDIFAT?
 Our closest lovemaking expresses in miniature God's_love for us. HDIFAT?
 Our courtship can continue in some form for all our married lives. HDIFAT?
 Our decisions are frequently ...
 Our decisions usually revolve around ...
 Our dialogue can be a prayer to our Father. HDIFAT?
 Our dialogue can be a way we say "yes" to each_other. HDIFAT?
 Our dialogue is a prayer to our Father. HDIFAT?
 Our dialogue is our recurring "yes" to each_other. HDIFAT?
 Our dog's barking is going to disturb the neighbors? HDIFAT?
 Our furniture needs replacing. HDIFAT?
 Our garden is dying and we need the food. HDIFAT?
 Our intimacy is renewed each time we communicate more deeply. HDIFAT?
 Our lifestyle is a reflection of our values. HDIFAT?
 Our love for each_other is a reflection of God's_love for us. HDIFAT?
 Our love has grown in the follow-up period. HDIFAT?
 Our love has grown since our wedding day. HDIFAT?
 Our love makes a difference in the world. HDIFAT?
 Our missionary role is always to invite other_people on our journey. HDIFAT?
 Our neighbor has been burglarized. HDIFAT?
 Our neighbor lives alone. HDIFAT?
 Our parents are growing older. HDIFAT?
 Our parish / church family is planning a dinner. HDIFAT?
 Our relationship to my family is ...
 Our relationship to your family is ...
 Our separate interests are drawing us apart. HDIFAT?
 Our sexual experience is 24 hours a day? HDI live this out?
 Our_sexual_relationship is a mirror of our total relationship. HDIFAT?
 Someone borrowed our car and returned it with a full tank? HDIFAT?
 Someone hit our car. HDIFAT?
 The neighborhood dog is ruining our bushes. HDIFAT?
 Was dialogue one of our New Year's resolutions?
 Was regular dialogue one of our New Year's resolutions?
 We are blessed by the love from our families. HDIFAT?
 We had many hopes for each_other on our wedding day. HDIFAT today?
 Weather is affecting our moods. HDIFAT?
 What am I willing to do to make our dialogue better this coming week?
 What am I willing to do to make our dialogue more regular?
 What are my expectations about our sexual roles?
 What are my expectations for our journey into this New Year?
 What are my hopes for our future together?
 What are my thoughts about asking for help with our dialogue?
 What are my thoughts about us being special to Our Father?
 What are my thoughts when we should ask for help with our dialogue?
 What are the good things about our fights?
 What are the strongest emotions / feelings I had during our times of trouble?
 What are we doing to enrich our parish / church?
 What can I do for our parish / church?
 What can I do to show our couple love?
 What can our_family do to increase religious vocations in our parish?
 What can we do to improve our dialogue?
 What can we do to renew our parish / church?
 What did I enjoy most about our vacation?
 What did our_weekend and follow-up sessions do for our faith in God?
 What do I find most difficult in our dialogue?
 What do I like best_and_least about our dialogue?
 What do I remember about our wedding?
 What do I remember most about our first date?
 What do I remember most about our wedding day?
 What do I remember most about the way we spent our first anniversary?
 What do I think about our couple spirituality and HDIFAT?
 What do I think about our sacrament of Matrimony?
 What do I think about our spiritual growth as_a_couple?
 What do I think about our spirituality (being lovers) and HDIFAT?
 What do I think about the difficulties of our dialogue?
 What do I think is missing in our experience of lovemaking?
 What do I think our dialogue did for us on our_weekend? During follow-up?
 What do I think you miss about our romance? HDIFAT?
 What do I value least about our lifestyle?
 What do I value most about our lifestyle?
 What do we spend most of our time talking about and HDIFAT?
 What does our church mean_to_me?
 What does our non-verbal communication mean_to_me?
 What dreams do I have for our next year?
 What effect or lack of effect has our sexual desire had on us this_week?
 What has Our Father given us in the past year?
 What has been our craziest date and HDIFAT?
 What has our dialogue done for my self-image?
 What has our involvement in Encounter / Retrouvaille meant to me?
 What have I done to help our "little church"?
 What have I done to help our parish / church grow in unity?
 What is it about our charism of healing that calls other_people?

What is it about our charism of parenthood that calls other_people?
 What is it about our charism of passion that calls other_people?
 What is it about our charism of permanence that calls other_people?
 What is it about our charism of prayerfulness that calls other_people?
 What is my fondest memory of our 90/90?
 What is my fondest memory of our wedding day?
 What is my most pleasant memory from our dating days?
 What is my_favorite memory of our courtship?
 What is my_favorite memory of our dating days? HDIFAT?
 What is my_favorite memory of our wedding day? HDIFAT?
 What is our basic way of dealing with marital conflict?
 What is our best quality as_a_couple?
 What is our couple image?
 What is our favorite Christmas memory?
 What is our special character as_a_family?
 What is our_relationship with other_people who share our faith?
 What is the atmosphere at our dinner table?
 What is the effect of our sexual intimacy on me?
 What is the effect of our sexual intimacy on other_people?
 What is the effect of our sexual intimacy on our_children?
 What is the effect of our sexual intimacy on us as_a_couple?
 What is the level of our communication when we are home together?
 What is the nicest memory of our past Thanksgivings?
 What is the role I see myself and you living out in our sexual experience?
 What leads us to difficulties in our decision-making and HDIFAT?
 What listening skills could improve our communication?
 What makes it hard to live according to our own values?
 What makes our house a home?
 What memory of our courting days is most alive today?
 What part does dialogue play in our hurting and healing?
 What place do priests / ministers have on our journey?
 What power do I see in our prayer?
 What price am I paying right_now for our financial situation?
 What quality in you helped me trust in our young marriage?
 What quality of Jesus did I see in our priest / pastor today?
 What risks should I be taking to keep our communication timely and alive?
 What starts our fights and HDIFAT?
 What steps can we take to make our "impossible dream" a reality?
 What was our closest moment as_a_couple this month / week / year?
 What was our closest moment as_a_family this month / week / year?
 What was our greatest lovemaking experience? HDIFAT?
 What way have I shown my love to our daughter / son lately?
 What were the most important aspects of our wedding ceremony to me?
 When I consider our financial condition, I feel ...
 When I think about dying today, HDIF about our past week together?
 When have I been aware of "our light shining for all"?
 When have we affected another couple by sharing our story?
 When our calendar is empty, I feel ...
 When our calendar is full, I feel ...
 When our community reaches out to us, HDIF?
 When our dialogue is alive and strong, I feel ...
 When our dialogue is alive and strong, so is our HDIFAT?
 When our dialogue is alive and strong, so is our prayer life. HDIFAT?
 When our dialogue is alive and strong, so is our_sexual_relationship. HDIFAT?
 When our dialogue is stale and flat, I feel ...
 When our dialogue is stale and flat, are we living the World's Plan?
 Where does our couple-centered attitude show the most?
 Where does our togetherness show the most?
 Where on my list of priorities did I place our dialogue this_week?
 Where on my list of priorities did I place our dialogue today?
 Which of our anniversaries do I remember most fondly?
 Which of our possessions enhance our_relationship?
 Which of our_children most needs our help and understanding right_now?
 Which one of our friends DIF most comfortable with?
 Why have we been unable to work out all our problems? HDIFAT?

OUR_CHILDREN (146)

After_a_fight: HDIF when we argue in front of our_children?
 Am I as close to our_children as I want to be?
 Am I as close to our_children as I want to be? As I should be? HDIFAT?
 Are our_children really God's gift to us?
 At this time, what concerns me the most about our_children?
 Can I recognize when our_children are under stress?
 Considering my upbringing, what should I avoid with our_children? HDIFAT?
 Considering my upbringing, what should I repeat with our_children? HDIFAT?
 Do I accept our_children for who they are?
 Do I ever take my frustrations out on our_children?
 Do I listen to our_children, not just to their problems, but their day?
 Do I see myself in our_children? HDIFAT?
 Do I see the awareness of God alive in our_children?
 Do my expectations of our_children limit my love for them?
 Do our_children enjoy our attention to each_other?
 Do our_children enjoy our desire for each_other?
 Do our_children have a place in our_relationship?
 Do we ever laugh with our_children?
 Do we pray for any of our_children to be open to a religious calling?
 HDI suppose our_children feel when they see we are in love?

HDIF about encouraging our_children to participate in sports?
 HDIF about how well I love our_children?
 HDIF about my relationship with our_children?
 HDIF about one of our_children being called to religion life?
 HDIF about our_children being back in school?
 HDIF about our_children going back to school?
 HDIF about our_children needing Encounter / Retrouvaille someday?
 HDIF about our_children?
 HDIF about part of our_lives continuing on through our_children?
 HDIF about picking up after our_children?
 HDIF about sharing you with our_children?
 HDIF about spending meaningful time with our_children?
 HDIF about the activities our_children are involved in?
 HDIF about the birth of one of our_children?
 HDIF about the death of one of our_children?
 HDIF about the hopes I have for our_children?
 HDIF about the life we provided for our_children?
 HDIF about the peer pressures our_children are under?
 HDIF about the values our_children acquire from TV?
 HDIF about the way our_children are reacting to our values?
 HDIF about the way our_children respond to you?
 HDIF about your relationship with our_children?
 HDIF after yelling at our_children?
 HDIF showing affection in front of our_children?
 HDIF trying to put you first when our_children are so demanding?
 HDIF watching our_children grow?
 HDIF watching our_children participate in sports?
 HDIF when I ask you about our_children?
 HDIF when I check on our_children as they sleep?
 HDIF when I discipline our_children?
 HDIF when I have lost control with our_children?
 HDIF when I have to discipline our_children?
 HDIF when I leave our_children with a baby-sitter?
 HDIF when I look at our_children sleeping?
 HDIF when I notice our_children taking on some of my characteristics?
 HDIF when I notice our_children taking on some of your characteristics?
 HDIF when I realize we cannot give our_children the best of everything?
 HDIF when I see a reflection of you in our_children?
 HDIF when I see our_children laugh?
 HDIF when I see our_children respond to you?
 HDIF when I see our_children take new responsibilities?
 HDIF when I see you in our_children?
 HDIF when I see your best qualities in our_children?
 HDIF when I take time to read to our_children?
 HDIF when I think of how our_children are turning out?
 HDIF when I think of one of our_children dying?
 HDIF when I unjustly scold our_children?
 HDIF when I watch our_children play in the snow?
 HDIF when I watch our_children while you go shopping?
 HDIF when one of our_children excels and the others do not?
 HDIF when one of our_children fails at school?
 HDIF when one of our_children is honored and the others are left out?
 HDIF when one of our_children says "I love you"?
 HDIF when our_children ask for expensive things?
 HDIF when our_children ask me to knock before entering their rooms?
 HDIF when our_children compete against each_other?
 HDIF when our_children compliment me?
 HDIF when our_children drop by unexpectedly?
 HDIF when our_children make demands?
 HDIF when our_children misbehave?
 HDIF when our_children please you?
 HDIF when our_children praise me?
 HDIF when our_children reflect our good qualities?
 HDIF when our_children reject our values?
 HDIF when our_children say "I love you"?
 HDIF when our_children scream?
 HDIF when our_children talk back to me?
 HDIF when our_children whine?
 HDIF when someone compliments one of our_children?
 HDIF when we are loving in front of our_children?
 HDIF when we play games with our_children?
 HDIF when we pray with our_children and hold hands?
 HDIF when we put our_children ahead of us?
 HDIF when we use the grace of healing to forgive one of our_children?
 HDIF when you yell at our_children?
 How are we teaching our_children about sexuality?
 How can I communicate better with our_children?
 How can we share more of ourselves with our_children?
 How do / would I feel about the death of one of our_children?
 How do my goals for financial security affect our_children?
 How do our_children affect our_relationship?
 How have our_children been affecting our_relationship lately?
 How would I describe you to our_children after your death?
 How would I feel if one of our_children would want to become a minister?
 How would I feel if one of our_children would want to enter the ministry?
 If one of our_children left for the seminary today, how would I feel?
 Is our openness about our masculinity / femininity reflected in our_children?

On arguing over our_children
 On differences in the way we discipline our_children
 On disciplining our_children in a public place
 On having a picnic in the park with our_children
 On leaving our_children for a few days
 On my hopes and dreams for our_children
 On our_children and us
 On praying with our_children
 On seeing God in our_children
 On seeing our_children as gifts of God
 On the way our_children listen to us
 On those occasions when I criticize how you discipline our_children
 On those occasions when I discipline our_children
 On those occasions when our_children misbehave in public
 On those occasions when you criticize how I discipline our_children
 On those occasions when you discipline our_children
 On your tenderness with our_children
 What are some of the family incidents our_children will always remember?
 What are the best qualities I see in our_children?
 What are your special qualities that I see in our_children?
 What can I do to show our_children more love?
 What changes have I seen in our_children (families) since dialogue?
 What do I want our_children to be as an adult?
 What gift would I like to give one of our_children?
 What good do I see in our_children?
 What good qualities do I see in our_children?
 What hopes do I have for our_children and what can we do to help them?
 What impact do our_children have on our_relationship right_now?
 What is my listening pattern when we talk about disciplining our_children?
 What is the effect of our sexual intimacy on our_children?
 What joys have our_children given us?
 What part do our_children play in our_relationship?
 What pleasures have our_children given us?
 What values do we want our_children to have about money?
 What values of the church do I want to pass on to our_children?
 What words do I use to let our_children know they are loved?
 When was the last_time we played with our_children and just had fun?
 Where with our_children do I experience stress? Describe the stress.
 Which of our_children most needs our help and understanding right_now?

OUR_CHILDREN'S (5)

How do our_children's activities affect our_relationship?
 On our_children's needs
 To what extent DIF responsible for our_children's learning?
 What are my goals for our_children's sexuality?
 What is my greatest fear about our_children's future?

OUR_FAMILY (58)

"Love is patient, love is kind." How does this apply to our_family?
 HDI see myself handling my responsibilities for our_family finances?
 HDIF about keeping ethnic traditions alive in our_family?
 HDIF about newborns in our_family?
 HDIF about our_family activities?
 HDIF about our_family traditions or the lack of them?
 HDIF about our_family vacation time?
 HDIF about someone who has died in our_family?
 HDIF about the love I bring to our_family?
 HDIF about the size of our_family?
 HDIF about the use of medicine in our_family?
 HDIF about the way I provide for our_family?
 HDIF about the way our_family spends money?
 HDIF when I picture our_family kneeling at the manger scene?
 HDIF when I receive a compliment from someone in our_family?
 HDIF when I receive a compliment from someone outside our_family?
 HDIF when I see our_family together?
 HDIF when a member of our_family compliments me?
 HDIF when a member of our_family points out my good qualities?
 HDIF when our_family goes to mass / church together?
 HDIF when our_family is alone together for a meal?
 HDIF when our_family trust level has been broken?
 HDIF when our_marriage has an effect on our_family and friends?
 HDIF when our_marriage positively influences our_family and friends?
 HDIF when outside activities keep us from spending time with our_family?
 HDIF when someone compliments you (but not me) on our_family?
 HDIF when we are open to increasing the size of our_family?
 Has our sacrament been a visible sign to our_family?
 How can I be an inspiration to our_family to prepare for Lent?
 How can our_family gain strength from the Holy Family?
 How do we lovingly pass on our_family traditions?
 How does our_family respond to illness?
 How has our dialogue affected our_family?
 How has our_family benefited from our experience in Encounter / Retrouvaille?
 How have I brought God's forgiveness to our_family?
 How have in-laws contributed a positive change in our_family?
 How is our_family relationship similar to the Holy Family?
 How is today's society affecting our_family?
 How is today's society influencing our_family?

How would I feel after a death in our_family this_week?
 If there were a death in our_family this_week, how would I feel?
 In what ways does TV affect our_family life?
 On what I am able to provide for our_family
 What are a few things I like to do with our_family? HDIFAT?
 What can I do to contribute to our_family having a good time on vacation?
 What can our_family do to increase religious vocations in our parish?
 What can we do to foster cooperative interaction in our_family?
 What charisms (strengths) does our_family have to share with other_people?
 What do I desire most for our_family?
 What do I like best_and_least about our_family vacations?
 What do I like best_and_least about our_family?
 What do I most want for our_family this New Year?
 What do I think I will always remember about our_family?
 What do I want most for our_family this Christmas?
 What do I want most to give our_family?
 What have I done to help other_people in our_family feel special?
 What is the healthiest trait of our_family?
 What specialness do I see in our_family?

OUR_HOME (18)

Are there "your jobs" and "my jobs" in our_home?
 Are we as parents encouraging Christian values in our_home?
 Could our_home be more Christ-centered? HDIFAT?
 Do I like our_home the way it is?
 Do we spend our spare time on our_home rather than with each_other?
 HDIF about inviting a priest / minister to our_home?
 HDIF about our_home?
 HDIF about our_home? Is it Christ-like?
 HDIF about smoke detectors in our_home?
 HDIF about the atmosphere in our_home?
 HDIF being in our_home alone, by myself?
 HDIF when TV sports controls meals and holidays in our_home?
 Have we shared our_home and family with our pastor / priest / minister?
 How has the atmosphere in our_home changed because of our growth?
 On having an information night in our_home
 There is sibling rivalry in our_home. HDIFAT?
 What one thing can I change to improve the atmosphere in our_home?
 Who handles the money in our_home? HDIFAT?

OUR_LIFE (12)

HDIF about accepting our_life together as a gift from Our Father?
 HDIF about the direction our_life together is taking?
 How has our_life changed this past year?
 In what area(s) of our_life together am I most dependent on you?
 Is our_life together a celebration of love?
 On "Dying you destroyed our death, rising You restored our_life"
 On changes in our_life right_now
 On sickness in our_life
 What are we working toward in our_life? HDIFAT?
 What role does dialogue play in our_life?
 What things make our_life unnecessarily complicated?
 Would I like to plan some changes in our_life this next year?

OUR_LIVES (17)

Do I see love as being the motivating force in our_lives?
 HDI see God acting in our_lives?
 HDIF about part of our_lives continuing on through our_children?
 HDIF trusting God to guide our_lives?
 HDIF when I can trust God to guide our_lives?
 How can we put more romance in our_lives?
 How do we see the priest / pastor in our_lives?
 How does TV affect our_lives?
 How does the busy-ness of our_lives affect our_sexual_relationship?
 How has alcohol affected our_lives?
 How is the gift of the Eucharist special in our_lives?
 Is the focal point of our_lives God and the Church?
 We are committed to each_other for the rest of our_lives. HDIFAT?
 We need to have more fun in our_lives.
 What are my top priorities in our_lives today?
 What is the role of a priest / pastor / minister in our_lives?
 When things are humdrum in our_lives, do I compare us to other_people?
 HDIFAT?

OUR_LOVE (18)

Do I have an increased capacity for all relationships because of our_love?
 Do I have an increased capacity for other relationships because of our_love?
 Do I see death as an end of our_relationship, our_love?
 For our growth, we need God to be part of our_love relationship.
 HDIF about our_love affair with life?
 HDIF about the way we celebrated our_love on this special occasion?
 Has our_love grown since the weekend and follow-up?
 Has our_love grown since we became involved in the program?
 How can we best share our_love with other_people?
 How can we continue to make our_love visible in the church?
 How has our_love grown since our wedding day?
 How is God's_love being reflected to other_people through our_love?

Is our_love for each_other greater today than yesterday?
 Is our_love for each_other stronger today than yesterday?
 Is our_love worth celebrating?
 On being more in touch with our_love for each_other since our_weekend
 On the difference our_love makes in the world
 What is the best way we can show our_love to God?

OUR_LOVEMAKING (19)

Are there fireworks in our_lovemaking?
 Does my mask interfere with our_lovemaking?
 Does our inability to have children make a difference in our_lovemaking?
 Does our_lovemaking extend beyond our bedroom?
 HDIF the day after our_lovemaking?
 HDIF when I am able to express my physical needs to you in our_lovemaking?
 HDIF when I am not able to express my physical needs in our_lovemaking?
 HDIF when I know our_lovemaking is about to begin?
 HDIF when I see you totally open to me in our_lovemaking?
 HDIF when activities take the place of our_lovemaking?
 HDIF when our_lovemaking is interrupted?
 HDIF when you are passive in our_lovemaking?
 Has our_lovemaking become just an activity?
 How has our dialogue enhanced our_lovemaking?
 Is our_lovemaking routine or passionate?
 On how our_lovemaking affects my self-image
 What am I afraid to say to you during our_lovemaking? HDIFAT?
 What do I like best_and_least about our_lovemaking?
 What one specific thing would make our_lovemaking even more beautiful?

OUR_MARRIAGE (37)

Am I hoping more for unity in our_marriage or for uniformity?
 Are we living God's_plan in our_marriage or our own plan?
 As our_marriage grows, so does the Church. HDIFAT?
 Do I ever feel God present and working in our_marriage?
 For our growth, we need God to be part of our_marriage. HDIFAT?
 HDI behave when I am experiencing pain or disillusionment in our_marriage?
 HDIF about God having a stake in our_marriage?
 HDIF about our_marriage being a living sign of love?
 HDIF about our_marriage being made in heaven?
 HDIF about the roles I play in our_marriage?
 HDIF about the way our_marriage influences other_people?
 HDIF about trying to rehabilitate our_marriage?
 HDIF when I see our_marriage influencing other_people around us?
 HDIF when our_marriage has an effect on our_family and friends?
 HDIF when our_marriage positively influences our_family and friends?
 Have we been changed because of God's faith in our_marriage?
 How can I put more romance in our_marriage?
 How can we put more fireworks into our_marriage?
 How does our_marriage reflect God's_love?
 How good our_marriage is affects other marriages around us. HDIFAT?
 How has our failure to live God's_plan for our_marriage affected us?
 How have other couples affected our_marriage?
 How have our roles in our_marriage changed?
 How much do our_marriage vows mean_to_me now? HDIFAT?
 In what way does the Father have a stake in our_marriage?
 In what ways does the Father have a stake in our_marriage?
 Is God part of our_marriage?
 On living God's_plan for our_marriage
 On living our_marriage according to God's_plan
 What can we do to keep our_marriage alive and growing?
 What decisions can I make to improve our_marriage?
 What do I think about living God's_plan for our_marriage?
 What is one of the greatest moments of our_marriage?
 What unresolved problems do I see in our_marriage right_now?
 When did we last experience healing in our_marriage? What made it possible?
 When has expressing emotion / feeling strengthened our_marriage?
 When has expressing emotion strengthened our_marriage?

OUR_RELATIONSHI(148)

Am I discovering more about me because of our_relationship? HDIFAT?
 Am I filling my_needs for love in our_relationship or elsewhere?
 Am I filling my_needs for self-worth in our_relationship or elsewhere?
 Am I mostly filling my_needs for love in our_relationship or elsewhere?
 Am I mostly filling my_needs for self-worth in our_relationship or elsewhere?
 Am I reluctant to examine our_relationship for problems?
 Am I reluctant to examine our_relationship?
 Am I satisfied with our_relationship as it is?
 Am I satisfied with our_relationship?
 Are we giving our_relationship prime time each day?
 Are we giving our_relationship quality time each day?
 Are we living a lifestyle of forgiveness and healing in our_relationship?
 Can we hope to heal our_relationship before we have clarified the issue?
 Do I feel abused or threatened in our_relationship? HDIFAT?
 Do I let my little aches and pains interfere with our_relationship?
 Do I need to win in our_relationship? HDIFAT?
 Do I see death as an end of our_relationship, our_love?
 Do I sense God's presence in our_relationship during intercourse?
 Do I sense God's presence in our_relationship when we make_love?

Do I sense God's presence in our_relationship?
 Do I think a budget would improve our_relationship?
 Do our_children have a place in our_relationship?
 Does my desire for fulfillment interfere with our_relationship?
 Does my desire for self-fulfillment interfere with our_relationship?
 Does my insistence that I am open and honest hinder our_relationship?
 Does my job / career interfere with our_relationship?
 Does your job / career affect our_relationship?
 HDI see our dialogue has changed our_relationship?
 HDI see our finances affecting our_relationship?
 HDI see our_relationship in the light of SIR 26:1-4, 13-16?
 HDIF about Christ being born in our_relationship?
 HDIF about our_relationship as we begin this_week?
 HDIF about our_relationship with God?
 HDIF about the freedom or lack of freedom I have in our_relationship?
 HDIF about the importance of our_relationship to our church?
 HDIF about the romance in our_relationship?
 HDIF about the romance that remains in our_relationship?
 HDIF on those occasions when I think about calling our_relationship quits?
 HDIF saying "yes" to lovemaking but only for the good of our_relationship?
 HDIF saying "yes" to lovemaking for the good of our_relationship?
 HDIF when I put activities before our_relationship?
 HDIF when we put activities before our_relationship?
 HDIF when your job / career interferes with our_relationship?
 Has our prayer life enhanced our_relationship?
 Have we grown, plateaued, or slipped backward in our_relationship this_week?
 How can I reduce the level of stress in our_relationship?
 How can we strengthen our_relationship with our parents?
 How did our_relationship reflect God's_love today?
 How do our_children affect our_relationship?
 How do our_children's activities affect our_relationship?
 How does Christmas buying affect our_relationship?
 How does lack of money get in the way of our_relationship?
 How does my mask interfere with our_relationship?
 How does our ethnic background affect our_relationship?
 How does our support community enhance our_relationship?
 How does our support group enhance our_relationship?
 How does our_relationship give witness to the Lord?
 How does our_relationship with God affect our_sexual_relationship? HDIFAT?
 How does stress affect our_relationship? HDIFAT?
 How does the image I try to project affect our_relationship?
 How has our non-verbal communication helped our_relationship?
 How has our_relationship changed during the follow-up period?
 How have I experienced the grace of healing within our_relationship?
 How have I freed myself up in our_relationship?
 How have I given up control in our_relationship lately?
 How have my moods interfered with our_relationship?
 How have our_children been affecting our_relationship lately?
 How important is non-verbal communication to our_relationship?
 How important is spoken communication to our_relationship?
 How is our_relationship affected when we strive to love unconditionally?
 How much am I in control of our_relationship? HDIFAT?
 How much privacy do I need in general? In our_relationship?
 I COR 14:4-7. HDIF about these words as I reflect on our_relationship?
 I would be more comfortable in our_relationship if ...
 I would feel better if these rules were removed from our_relationship:
 If I could erase any moment in our_relationship, which would it be? HDIFAT?
 If dialogue is so important to our_relationship, why do we miss?
 In an average week, what activities work against our_relationship?
 In an average week, what activities work to enhance our_relationship?
 In what area(s) of our_relationship do I exercise the most control?
 In what area(s) of our_relationship do I think I am number one with you?
 In what area(s) of our_relationship do we most need to grow?
 In what specific ways am I hopeful for our_relationship?
 Is our_relationship alive and visible to other_people?
 Is our_relationship alive and well in the eyes of other_people?
 Is our_relationship ready for the Lord?
 Is our_sexual_relationship separate from the rest of our_relationship?
 Is passion an important aspect of our_relationship? HDIFAT?
 On being called to change in our_relationship
 On fun in our_relationship
 On how traveling affects our_relationship
 On how traveling is affecting our_relationship
 On moodiness in our_relationship
 On our Lord's call to unconditional love in our_relationship
 On our_relationship with God
 On romance or the lack of it in our_relationship
 On the fun (or lack of fun) in our_relationship
 On the one area which needs the most work in our_relationship
 On unmet expectations about our_relationship
 Our changing moods can affect our_relationship. HDIFAT?
 Realistically, what do I expect of our_relationship in the future?
 Since we began dialoguing, what growth have I seen in our_relationship?
 Today we had the opportunity to make our_relationship stronger. Did we?
 What DIF about the level of passion in our_relationship?
 What activities strengthen our_relationship with God and Church?
 What activities weaken our_relationship with God and Church?

What am I most disappointed with in our_relationship? HDIFAT?
 What are my most important values for our_relationship?
 What are the "ifs" I put on our_relationship?
 What are the major remaining problems in our_relationship? HDIFAT?
 What are the major sources of stress in our_relationship?
 What area(s) of our_relationship do I take responsibility for?
 What area(s) of our_relationship do you take responsibility for?
 What can I do to make our_relationship stronger?
 What can make money a source of conflict in our_relationship? HDIFAT?
 What can we do to improve our_relationship?
 What changes would I resist in our_relationship? HDIFAT?
 What changes would I welcome in our_relationship? HDIFAT?
 What do I enjoy about our_relationship right_now?
 What do I value most in our_relationship? HDIFAT?
 What does our_relationship mean_to_me?
 What effect does my not listening have on our_relationship?
 What has been the effect of your / my job / career on our_relationship?
 What have I done to improve our_relationship this month?
 What impact do our_children have on our_relationship right_now?
 What in our_relationship gives me the most joy?
 What in our_relationship gives me the most satisfaction?
 What is happening in our_relationship right_now?
 What is my greatest concern in our_relationship?
 What is our_relationship with other_people who share our faith?
 What is the touchiest area in our_relationship?
 What mask do I find most difficult to remove in our_relationship?
 What needs to change for me to give an unqualified yes to our_relationship?
 What new desires for our_relationship have we gained this_week?
 What part do our_children play in our_relationship?
 What song reminds me of our_relationship now?
 When I want to retreat from our_relationship, what do I do?
 When did I last feel alienated in our_relationship?
 When recently did I experience romance in our_relationship?
 When recently did I experience some romance in our_relationship?
 When recently has my mask interfered in our_relationship?
 When we have to change roles, how does this affect our_relationship?
 Where do we need to go in our_relationship?
 Where in our_relationship do I experience stress? Describe the stress.
 Where is our_relationship headed?
 Which of our possessions enhance our_relationship?
 Would I change jobs / careers for the sake of our_relationship?

OUR_SEXUAL_REL(57)

Am I aware of the Father's stake in our_sexual_relationship? HDIFAT?
 Are there areas where our_sexual_relationship could be improved? HDIFAT?
 Do I see our_sexual_relationship affecting our whole relationship? HDIFAT?
 Do friends think our_sexual_relationship is better / worse than it is? HDIFAT?
 Does our_sexual_relationship affect our closeness? HDIFAT?
 God wants our_sexual_relationship to be good? HDIFAT?
 HDI see us living God's_plan in our_sexual_relationship?
 HDIF about being intimate with you in our_sexual_relationship?
 HDIF about experimenting in our_sexual_relationship?
 HDIF about my ability to satisfy your needs in our_sexual_relationship?
 HDIF about my ability to speak to you freely about our_sexual_relationship?
 HDIF about my expectations in our_sexual_relationship?
 HDIF about our_sexual_relationship right_now?
 HDIF about our_sexual_relationship?
 HDIF when I am not open to discussing our_sexual_relationship?
 HDIF when I experience growth in our_sexual_relationship?
 HDIF when there are moods of sadness in our_sexual_relationship?
 HDIF when there are periods of moodiness in our_sexual_relationship?
 How can I give more and be more for you in our_sexual_relationship? HDIFAT?
 How can I improve our_sexual_relationship?
 How does my / your fear of pregnancy affect our_sexual_relationship?
 How does our method of birth control affect our_sexual_relationship? HDIFAT?
 How does our_relationship with God affect our_sexual_relationship? HDIFAT?
 How does the busy-ness of our_lives affect our_sexual_relationship?
 How has my attitude affected our_sexual_relationship?
 I enjoy our_sexual_relationship most when ...
 Is our_sexual_relationship as open as our dialogue?
 Is our_sexual_relationship becoming routine?
 Is our_sexual_relationship routine?
 Is our_sexual_relationship separate from the rest of our_relationship?
 My greatest hurt in our_sexual_relationship is ...
 My greatest joy in our_sexual_relationship is ...
 My greatest satisfaction in our_sexual_relationship is ...
 On a scale of 1 to 10, how do I rate our_sexual_relationship? HDIFAT?
 On being intimate with you in our_sexual_relationship
 On my ability to satisfy your needs in our_sexual_relationship
 On my attitudes about our_sexual_relationship
 On my expectations of our_sexual_relationship
 On our_sexual_relationship right_now
 On our_sexual_relationship this_week
 Our_sexual_relationship is a mirror of our total relationship. HDIFAT?
 Our_sexual_relationship is not what it could be. HDIFAT?
 What are my attitudes about our_sexual_relationship?
 What can I offer you to better our_sexual_relationship?

What do I like best_and_least about our_sexual_relationship?
 What do I need most in our_sexual_relationship?
 What do I need to hear you talk about in our_sexual_relationship?
 What do I need to talk about in our_sexual_relationship?
 What has been the greatest area of growth in our_sexual_relationship?
 What inhibits me in our_sexual_relationship?
 What is going on inside me in our_sexual_relationship?
 What is my greatest hurt in our_sexual_relationship? HDIFAT?
 What is my greatest joy in our_sexual_relationship? HDIFAT?
 What quality of yours have I discovered in our_sexual_relationship?
 When our dialogue is alive and strong, so is our_sexual_relationship. HDIFAT?
 Where do we need to go in our_sexual_relationship?
 Where do we need to grow in our_sexual_relationship?

OUR_WEEKEND (20)
 HDIF about the people who prayed for us during our_weekend?
 HDIF about the team couples who presented our_weekend or follow-up sessions?
 HDIF reading the 90/90 dialogue letters from our_weekend?
 How did I feel at the closing of our_weekend?
 How did I feel at the end of our_weekend?
 On being more in touch with our_love for each_other since our_weekend
 On my fondest dream for you since our_weekend
 On the most important discovery I made about you on our_weekend or after
 On the room we occupied during our_weekend
 Was our_weekend just a new experience or was it a new beginning?
 What did our_weekend and follow-up sessions do for our faith in God?
 What do I think our dialogue did for us on our_weekend? During follow-up?
 What effect did dialogue have on us during our_weekend?
 What is the most pleasant memory of our_weekend or follow-up sessions?
 What is the most significant effect of our_weekend or follow-up sessions?
 What part of our_weekend or follow-up would I like to re-live and why?
 What was the first thing that worked against us after our_weekend?
 What were my emotions / feelings on Friday night of our_weekend?
 What were my emotions / feelings on Sunday night of our_weekend?
 When during our_weekend or afterward did I really begin to listen to you?

OURS (8)
 Do I believe we have a stake in other_people's marriages and they in ours?
 HDIF when I hear that friends of ours are getting divorced?
 HDIF when I hear that friends of ours are separating / getting divorced?
 HDIF when I say "ours" but really mean "mine"?
 HDIF when friends of ours are having marital problems?
 HDIF when friends of ours are having problems?
 Marriages around us are affected by how well they see ours working. HDIFAT?
 We have a stake in other_people's marriages and they in ours. HDIFAT?

OURSELVES (7)
 Do I see ourselves as different from other couples?
 Do I see us ever allowing ourselves to live fully God's_plan for us?
 How can we share more of ourselves with our_children?
 How can we use time for ourselves better?
 In what ways can we prepare ourselves for eternity?
 We have committed ourselves to loving each_other for a lifetime. HDIFAT?
 What happens when we are able to reveal all of ourselves to each_other?

OUT-OF-TOWN (1)
 On visiting out-of-town relatives

OUTDATED (1)
 My skills are outdated. HDIFAT?

OUTDOORS (1)
 HDIF about sleeping in a tent with you, outdoors?

OUTFIT (1)
 What outfit do I like best on you?

OUTING (1)
 What would be my idea of a good family outing?

OUTSIDE (6)
 HDIF about both of us working outside the home?
 HDIF about installing dead-bolt locks on our outside doors?
 HDIF when I receive a compliment from someone outside our_family?
 HDIF when outside activities keep us from spending time with our_family?
 How can I reveal my emotions / feelings to you outside dialogue?
 On outside influences causing hurt between_us

OVERDRAWN (1)
 HDIF when our checking account is overdrawn?

OVERLY (1)
 HDIF being around people who are overly scrupulous?

OVERNIGHT (1)
 An overnight guest made their own bed? HDIFAT?

OVERTIME (3)
 On my having to work overtime to make ends meet
 On working overtime
 On your having to work overtime

OVERWORKED (1)
 HDIF when you are overworked?

OWN (17)
 "Everything is beautiful in its own way." HDIFAT?
 "Husbands, love your wives as your own bodies." HDIF about these words?
 After_a_fight: What could I have done to reduce my own suffering? HDIFAT?
 An overnight guest made their own bed? HDIFAT?
 Are we living God's_plan in our_marriage or our own plan?
 HDIF about "husbands, love your wives as your own bodies?"
 HDIF being responsible for my own needs?
 HDIF when I begin to believe in my own good qualities?
 HDIF when I have to put other_people needs ahead of my own?
 HDIF when circumstances make me "second guess" one of my own decisions?
 If I could design my own children's TV show, what would it be like?
 What changes can I make in my attitude toward my own failures?
 What could I do to help my own spiritual growth?
 What do I own that I value most?
 What kind of store would I like to own and operate?
 What makes it hard to live according to our own values?
 When I let you make your own decisions, I feel ...

OWNED (1)
 HDIF when I think about the first car I / we ever owned?

OWNER (1)
 If I hit and killed a dog, would I notify the owner? HDIFAT?

PACKED (2)
 HDIF when I am standing in a packed elevator?
 On finding a love note packed in my sandwich

PACKING (1)
 On packing a love note in your sandwich

PAID (2)
 I am worth more than I am paid. HDIFAT?
 You are worth more than you are paid. HDIFAT?

PAIN (10)
 After_a_fight: Am I still feeling hurt? Describe the pain.
 After_a_fight: Am I taking your pain seriously enough? HDIFAT?
 HDI behave when I am experiencing pain or disillusionment in our_marriage?
 HDIF realizing that my attitudes and judgments have caused us pain?
 HDIF when I consider that pain and disappointment are just part of life?
 How have we grown in our pain as well as our joy?
 How have we grown in our pain as well as our pleasures?
 What are the sources of my pain or frustration? HDIFAT?
 What pain do I keep to myself?
 What pain do I think you keep to yourself?

PAIN-KILLERS (1)
 On pain-killers that I use (alcohol, drugs, hobbies, TV, etc.)

PAINFUL (3)
 After_a_fight: Who brings up painful subjects the most often? HDIFAT?
 Is a daily routine a painful or comfortable way for me to get things done?
 What memories are painful for me to recall?

PAINS (1)
 Do I let my little aches and pains interfere with our_relationship?

PAINT (1)
 HDIF when we take time to wallpaper, paint or do other housework as_a_couple?

PAMPER (1)
 What is my_favorite way to unwind, relax and pamper myself? HDIFAT?

PAMPERED (2)
 I would feel really pampered if
 The last_time you made me feel pampered was ...

PANTRY (1)
 The pantry is in need of food. HDIFAT?

PAPERS (1)
 Are our important papers in a safe place? HDIFAT?

PARADE (1)
 HDIF when someone rains on my parade?

PARANOID (1)

A time when I felt paranoid

PARENT (6)

How am I / are you a life-giving parent / grandparent?

What are your best qualities as a parent?

What does being a parent mean_to_me?

What kind of parent do I want to be?

What quality as a parent do I most admire in you?

What quality does Mary or Joseph have as a parent that I would like?

PARENT'S (1)

Was my parent's relationship a healthy or unhealthy model for us? HDIFAT?

PARENTHOOD (1)

What is it about our charism of parenthood that calls other_people?

PARENTS (16)

Are we as parents encouraging Christian values in our_home?

HDIF about my relationship with your parents?

HDIF when my / your parents come for dinner?

HDIF when my / your parents drop by unexpectedly?

HDIF when you parents visit?

HDIF when your parents visit?

How can we strengthen our_relationship with our parents?

How did I feel when I first learned we were going to be parents?

On being with your parents

On my family (parents and siblings)

On the death of my parents

On watching our parents grow older

On your family (parents and siblings)

Our parents are growing older. HDIFAT?

What did I do to make my parents proud of me? HDIFAT?

What do I admire most about my parents?

PARENTS' (2)

How does my parents' marriage affect my behavior toward you?

On the effect my parents' pattern of relationship has on us

PARISH (14)

Do we accept only members of our church / parish family who are like us?

Do we avoid a particular member of our parish / church community?

HDIF about how much money we give to our parish / church?

HDIF about our parish / church activities?

HDIF about our parish / church involvement?

Have we reached out to our parish / church family lately?

How are we active in our parish / church community?

How involved am I in our parish / church family?

Our parish / church family is planning a dinner. HDIFAT?

What are we doing to enrich our parish / church?

What can I do for our parish / church?

What can our_family do to increase religious vocations in our parish?

What can we do to renew our parish / church?

What have I done to help our parish / church grow in unity?

PARK (2)

On having a picnic in the park with our_children

On having a picnic in the park, just the two of us

PARKED (1)

HDIF when I see someone parked illegally in a handicapped space?

PARKING (2)

HDIF when someone else gets the parking place I am waiting for?

How would I feel if I fed some stranger's expired parking meter?

PART (27)

"... till death us part." HDIFAT?

Did I make Jesus part of my life today?

Do I believe we are part of God's_plan?

For our growth, we need God to be part of our_love relationship.

For our growth, we need God to be part of our_marriage. HDIFAT?

God made you a part of my life. HDIFAT?

HDIF about being part of this family?

HDIF about part of our_lives continuing on through our_children?

HDIF knowing we are part of a community that supports couples' growth?

HDIF knowing we are part of a community that supports marriage?

HDIF when I consider that pain and disappointment are just part of life?

HDIF when we part in the mornings?

HDIF when you accept a part of me that I had difficulty sharing?

Hurt is an inevitable part of a close relationship. HDIFAT?

Is God part of our_marriage?

Should lovemaking be part of the healing process or reserved for afterward?

What part do our_children play in our_relationship?

What part does dialogue play in our hurting and healing?

What part of I COR 13 reminds me most of myself?

What part of I COR 13 reminds me most of you?

What part of my body do I judge to be sexually exciting to you? HDIFAT?

What part of our_weekend or follow-up would I like to re-live and why?

What part of the Passion is most significant to me?

What part of the day do I usually like the best?

What part of your body is most exciting to me?

What part of your body is most sexually exciting to me? HDIFAT?

What part of your body is sexually exciting to me?

PART-TIME (2)

Am I a full-time listener or only a part-time listener?

HDIF about encouraging our older children to take a part-time job?

PARTICIPATE (3)

HDIF about encouraging our_children to participate in sports?

HDIF watching our_children participate in sports?

HDIF when we participate in a sport?

PARTICIPATING (2)

HDIF about participating in league activities (softball, bowling) with you?

HDIF about us participating in competitive sports? When we win? When we lose?

PARTICULAR (2)

Do I have a particular need that is frequently unmet?

Do we avoid a particular member of our parish / church community?

PARTICULARLY (1)

HDIF about loving someone who does not particularly deserve it?

PARTIES (8)

At parties, am I often bored or do I usually have fun? HDIFAT?

HDIF about arriving early for parties?

HDIF about arriving late for parties?

HDIF about arriving on time for parties?

HDIF about attending costume parties?

HDIF about birthday parties and presents?

HDIF at parties when guests have had too much alcohol?

When you bring third parties into a fight, HDIFAT?

PARTNER (2)

Knowing what I know now, would I still choose you as a partner? HDIFAT?

What are ten qualities I want most in a partner? HDI measure up? HDIFAT?

PARTNERS (2)

HDIF when we appear as partners, not as individuals only?

In what area(s) are we equal partners in decision making?

PARTS (3)

HDIF about the steady, routine parts of my day?

What parts of my life do I think I control? HDIFAT?

What parts of your body are sexually exciting to me? HDIFAT?

PARTY (7)

HDIF at a large party?

Neighbors are having a party; we are not invited. HDIFAT?

On having a Halloween costume party

On having a costume party

When I am at a party, HDIF about helping to get things going?

When I am at a party, HDIF about leaving other_people alone to enjoy themselves?

When at a party, do we act like married singles?

PASS (4)

How do we lovingly pass on our_family traditions?

What family values do I most want to pass on?

What values of the church do I want to pass on to our_children?

Who should we pass the gift of Encounter / Retrouvaille on to?

PASSION (4)

Is passion an important aspect of our_relationship? HDIFAT?

What DIF about the level of passion in our_relationship?

What is it about our charism of passion that calls other_people?

What part of the Passion is most significant to me?

PASSIONATE (3)

Am I a passionate person or not? HDIFAT?

Am I a passionate person?

Is our_lovemaking routine or passionate?

PASSIVE (1)

HDIF when you are passive in our_lovemaking?

PAST (31)

Another weekend is past. HDIFAT?

Can I begin to love myself enough to forgive my past mistakes?

HDIF about our experience with the Lord this past week?

HDIF about sharing my emotions / feelings from the past?

HDIF about this Christmas compared with past ones?
 HDIF about this past work week?
 HDIF when you bring up past hurts?
 How has our_life changed this past year?
 How have our past failures helped us to grow?
 I would like to reconsider these past compromises:
 In what area(s) have we grown because of past failures?
 In what ways do I punish myself because of past mistakes?
 The time I felt closest to you this past week was ... ?
 What became of the good resolutions I have made in the past? HDIFAT?
 What crazy things have we done in the past month?
 What emotions / feelings do I have about past Christmases (as a child)?
 What has Our Father given us in the past year?
 What is my happiest memory of the past month / week / year?
 What is my_favorite memory of a Christmas past?
 What is the nicest memory of our past Thanksgivings?
 What kept me from making the most of this past weekend?
 What new awarenesses have I discovered in you this past week?
 What one thing has most united us this past weekend?
 What special moment of the past holiday season will I always remember?
 What specific event in my past has most affected my sexuality? HDIFAT?
 What was my loneliest time this past week?
 When I think about dying today, HDIF about our past week together?
 When in the past week did I not believe my emotions were OK to have?
 When in the past week did I not believe your emotions were OK to have?
 When in the past week did I think my emotions / feelings were wrong to have?
 When in the past week did I think your emotions / feelings were wrong to have?

PASTOR (10)
 HDI see God reflected through our favorite pastor / priest?
 HDIF about our daughter being a priest / pastor (or a nun)?
 HDIF about our pastor or spiritual director?
 HDIF about our pastor?
 HDIF about our son being a priest / pastor?
 HDIF now about the role our pastor / priest played in our wedding?
 Have we shared our_home and family with our pastor / priest / minister?
 How do we see the priest / pastor in our_lives?
 What is the role of a priest / pastor / minister in our_lives?
 What quality of Jesus did I see in our priest / pastor today?

PASTOR'S (1)
 What area(s) of a priest's / pastor's life am I least open to listening about?

PASTORS (1)
 HDI see priests / pastors needing our support in their calling?

PATIENCE (1)
 I appreciate your patience with me when I ...

PATIENT (2)
 "Love is patient, love is kind." How does this apply to our_family?
 HDIF when you are patient with me?

PATIENTLY (2)
 HDIF when I patiently listen to your heartaches?
 HDIF when I wait patiently when you are late?

PATTERN (10)
 After_a_fight: Is there any pattern to our arguing? HDIFAT?
 Do I have any recurring negative emotions / feelings? HDIFAT pattern?
 HDI listen to you? What is my pattern?
 HDIF when we are not in a pattern of regular dialogue?
 On the effect my parents' pattern of relationship has on us
 What is my listening pattern when we talk about disciplining our_children?
 What is my listening pattern when we talk about handling money?
 What is my listening pattern when we talk about prayer or God?
 What is my listening pattern when you tell me that I am gentle?
 What is my listening pattern when you tell me that I am tender?

PATTERNS (1)
 Do we fall in patterns of avoidance? HDIFAT?

PAY (3)
 HDIF when there is not enough money to pay the bills?
 How did I feel the first time we could not pay a bill?
 How did I feel when I earned my first pay check?

PAYDAY (1)
 HDIF about payday?

PAYING (8)
 HDIF about paying a lawyer for advice?
 HDIF about paying a therapist for advice?
 HDIF about paying bills on time?
 HDIF about paying for work before it is completed?
 HDIF about paying our taxes?
 HDIF about saving up for things and paying cash?

On paying the bills
 What price am I paying right_now for our financial situation?

PAYS (1)
 The car ahead of me pays my toll? HDIFAT?

PEACE (8)
 After_a_fight: What did I compromise to make peace? HDIFAT now?
 HDIF at the "kiss of peace"?
 HDIF when I let disagreement ride to keep peace?
 HDIF when we offer each_other "the Peace of Christ" at mass?
 How can we do something as_a_family toward world peace?
 How do we, as_a_couple, bring peace to each_other?
 What can we do to promote peace?
 When was the last_time I felt complete inner peace?

PEACEFUL (1)
 What is the most peaceful scene I can recall?

PEDESTRIANS (1)
 HDIF about stopping for pedestrians in crosswalks?

PEER (1)
 HDIF about the peer pressures our_children are under?

PEEVE (1)
 What is my biggest pet peeve?

PEOPLE (74)
 After being with superstitious people, I feel ...
 Can I see Christ in all people?
 Can I talk easily to people for as long as necessary? HDIFAT?
 Can the new people I meet tell what interests me right away? HDIFAT?
 DIF better dealing with imaginative people or realistic people?
 Do I see Christ in all people?
 Do people close to me know where I stand on most things? HDIFAT?
 HDIF about being around people who smoke?
 HDIF about confronting bigoted people?
 HDIF about giving money to people who solicit on the street?
 HDIF about giving people a second chance? A third chance? A fourth chance?
 HDIF about hiring people smarter than I am?
 HDIF about people who arrive for work early?
 HDIF about the people who prayed for us during our_weekend?
 HDIF being around people who always have both feet on the ground?
 HDIF being around people who are always coming up with new ideas?
 HDIF being around people who are chronically indecisive?
 HDIF being around people who are hypersensitive?
 HDIF being around people who are moody or depressed?
 HDIF being around people who are overly scrupulous?
 HDIF being around people who are wrapped up in their careers?
 HDIF being around people who brag about themselves?
 HDIF being around people who demand and expect perfection?
 HDIF being around people who easily irritated?
 HDIF being around people who harbor smoldering resentments?
 HDIF being around people who have a compulsive need to please other_people?
 HDIF being around people who name-drop?
 HDIF being around people who never laugh? Who laugh easily?
 HDIF being around people who show no flexibility?
 HDIF being around people who try to impress me?
 HDIF being around people with bad manners?
 HDIF being with people who "go up like a rocket and come down like a rock"?
 HDIF being with people who do not seem to have emotional ups and downs?
 HDIF being with people who keep their enthusiasm under control?
 HDIF being with people whose emotional ups and downs are very marked?
 HDIF when I am around negative people?
 HDIF when I arrive late to a meeting and people turn around to look?
 HDIF when I have the courage to let people know what I stand for?
 HDIF when I hear people discussing salaries?
 HDIF when I introduce you to people at work?
 HDIF when I visit people in the hospital?
 HDIF when people bore me with their problems?
 HDIF when people do not follow through on tasks I give them?
 HDIF when people do not observe the speed limit?
 HDIF when people play tricks on me?
 HDIF when people say exactly what they mean?
 HDIF when people take advantage of me or push me around?
 HDIF when people take up too much of your time?
 HDIF when people tell me I look tired or depressed?
 HDIF when people tell me they cheat on their taxes?
 How do I react when people sing "Happy Birthday" to me in public? HDIFAT?
 How have we been a sign of love to our people?
 How have we been judgmental of our people?
 How have we failed to be a sign of love to our people?
 How have we been judgmental of our people?
 How would I feel if I gave a compliment to three people every day?
 How would the people I work with describe me?
 I admire people who ...

I am attracted to people who ...
 I am most uneasy when I think people are judging me to be ...
 I am turned off by people who ...
 I get people to cooperate by ...
 I hate people who ...
 I would like people to think of me as ...
 On hugging people we do not know all that well
 On the side of me I least like people (especially you) to see
 Sometimes people tell me I cannot do what I want to do? HDIFAT?
 The biggest misconception people have about me is ... HDIFAT?
 What can I do next week to help people experience more of God's_love?
 What do I do that annoys people? Why do they react that way?
 What do I do when I hear people gossiping?
 What family values do we have in common with the Jewish people?
 When I am among new people, I feel ... and I tend to ...
 When I talk with deeply religious people, I feel ...

PEOPLE'S (1)
 Am I more careful about people's feelings or people's rights?

PERCENT (1)
 HDIF about contributing five percent of our income to charity?

PERCENTAGE (1)
 What percentage of my time do I spend thinking about you? HDIFAT?

PERFECT (3)
 Describe my idea of a perfect romantic evening, start to finish? HDIFAT?
 What do I most need to change to be "perfect as the Heavenly Father"?
 What would be the perfect escape weekend?

PERFECTION (1)
 HDIF being around people who demand and expect perfection?

PERFORM (2)
 Am I able to concentrate and perform better under pressure? HDIFAT?
 How would I feel if someone in the family knew how to perform CPR?

PERFORMANCE (1)
 HDIF when I attend a live musical performance?

PERFORMING (1)
 Have I ever felt guilty after performing a sex act? Be specific. HDIFAT?

PERIOD (10)
 During the follow-up period, have I changed more or have you? HDIFAT?
 How am I different since the weekend or follow-up period?
 How are we supporting couples after the follow-up period ends?
 How has our non-verbal dialogue improved during the follow-up period?
 How has our_relationship changed during the follow-up period?
 Our love has grown in the follow-up period. HDIFAT?
 What changes have I made during the follow-up period?
 What effect did dialogue have on us during the follow-up period?
 What helped me be open to change during the follow-up period?
 What is the greatest pressure affecting me during the follow-up period?

PERIODS (2)
 HDIF about the periods when we do not dialogue?
 HDIF when there are periods of moodiness in our_sexual_relationship?

PERMANENCE (1)
 What is it about our charisma of permanence that calls other_people?

PERPLEXED (1)
 A time when I felt perplexed

PERSIST (1)
 After_a_fight: What issues still persist? HDIF about these unresolved issues?

PERSISTENT (1)
 Am I more persistent or more of a quitter? HDIFAT?

PERSON (33)
 "You cannot control the love and fidelity of another person." HDIFAT?
 "You cannot hold on to another person out of fear of loss." HDIFAT?
 "You cannot make another person love you." HDIFAT?
 Am I a different person over the phone?
 Am I a passionate person or not? HDIFAT?
 Am I a passionate person?
 Am I the person today I thought I would be as a child? HDIFAT?
 Do I get more enthusiastic about things than the average person does?
 HDI need to change to make me your favorite person?
 HDI need to change to make you my_favorite person?
 HDI see you as a giving person?
 HDI see you has a giving person?
 HDIF about looking the person in the eye when I say "I'm sorry"?
 HDIF about my responsibilities as a married person?

HDIF about the person, Jesus, and how does this affect us?
 HDIF when I get the answering machine instead of a live person?
 HDIF when a person answers the phone with enthusiasm and energy?
 HDIF when we use the grace of healing to forgive another person?
 HDIF when you can show me that I am a good person after all?
 HDIF when you make me your favorite person?
 How am I becoming a better person because of you?
 How did I show you today that you are my_favorite person?
 How have you helped me be a better person?
 How would I react if someone called me a person of "real feeling"?
 If I could bring faith and God to one person, who would it be?
 My best friend from childhood was ... HDIF about this person now?
 What do I think of Jesus as a person?
 What kind of person am I?
 What was I like as a child? HDIF about the person I used to be?
 When DIF least recognized as a capable person?
 Who is my_favorite cousin? HDIF about that person?
 Who is the kindest person you have ever known? HDIF about this person today?
 You help_me to be a better person. HDIFAT?

PERSON'S (1)
 "You cannot compromise another person's right to be themselves." HDIFAT?

PERSONAL (5)
 Do I experience satisfaction in my personal life?
 Do I have defined personal goals? HDIFAT?
 HDIF about getting other_people's advice on a personal problem?
 The personal qualities I am most aware of in myself are as follows:
 What personal goals have I set?

PERSONALITY (2)
 If I could change one attribute of my personality, what would it be? HDIFAT?
 What is the biggest flaw in my personality?

PERSONALLY (1)
 The Father knows me personally and has a plan for my life. HDIFAT?

PERSONS (2)
 HDIF when we see the persons who first told us about this program / weekend?
 Persons with strong values will eventually have strong conflicts. HDIFAT?

PESSIMIST (1)
 Do I consider myself as an optimist or a pessimist? HDIFAT?

PESSIMISTIC (1)
 A time when I felt pessimistic

PET (4)
 HDIF about getting our next pet from the animal shelter?
 HDIF when I call you by your pet name?
 HDIF when you call me by my pet name?
 What is my biggest pet peeve?

PHIL (1)
 "You did not choose me. I chose you (PHIL 3:11)." HDIFAT?

PHONE (15)
 Am I a different person over the phone?
 An old friend surprises me with a phone call? HDIFAT?
 HDIF about a daily phone call just to say hello?
 HDIF about answering the phone late at night?
 HDIF when I get a surprise note or phone call from you?
 HDIF when I have a list of phone calls to make?
 HDIF when I have to make a difficult phone call?
 HDIF when I hurry to answer the phone and it is only a solicitor?
 HDIF when I try repeatedly to phone you and it's busy or there is no answer?
 HDIF when a person answers the phone with enthusiasm and energy?
 HDIF when the phone rings and they ask for you?
 On being annoyed by the phone
 On being late for an appointment and not being near a phone
 On returning phone calls
 The phone rings during dinner. HDIFAT?

PHONES (1)
 HDIF when someone phones me just to talk?

PHYSICAL (9)
 Do I seek physical nakedness just for times when we make_love?
 HDIF about changing my physical appearance through diet, exercise, cosmetics?
 HDIF about my physical appearance?
 HDIF about the changes in my physical appearance (weight, age)?
 HDIF when I am able to express my physical needs to you in our_lovemaking?
 HDIF when I am not able to express my physical needs in our_lovemaking?
 How does your lack of response to physical affection affect my mood?
 When have I felt a negative emotion in response to physical affection?
 Which of my physical features do I like best_and_least?

PHYSICALLY (1)

What specifically do you do to me physically that turns me off? HDIFAT?

PICK (4)

HDIF when I pick up a gallon of milk for you?

Pick a current problem. What expectation of mine was unmet?

Pick an area you avoid in dialogue. Why do I avoid this area?

What does it mean when I do not pick up after myself?

PICKING (1)

HDIF about picking up after our_children?

PICNIC (4)

HDIF about a family picnic this_weekend?

On having a picnic in the park with our_children

On having a picnic in the park, just the two of us

We are going to a picnic. HDIFAT?

PICTURE (3)

HDIF when I picture our_family kneeling at the manger scene?

HDIF when I take your picture?

How would I feel using my_favorite picture of you as a bookmark?

PIECE (2)

HDIF when I offer you a piece of candy?

What piece of music is especially meaningful to me?

PIECES (1)

HDIF when cashiers ask for several pieces of identification?

PILED (1)

When things piled up on me the worst, I felt ...

PILLOW (1)

HDIF when I bring you a pillow?

PINT (1)

HDIF after I donate a pint of blood?

PISTOL (1)

HDIF about learning to use a pistol or rifle?

PITFALLS (1)

After_a_fight: What pitfalls keep our fighting from being constructive?

PLACE (15)

Are our important papers in a safe place? HDIFAT?

Do our_children have a place in our_relationship?

HDIF when activities take the place of our_lovemaking?

HDIF when someone else gets the parking place I am waiting for?

HDIF when you touch me in that certain place?

If I could take you any place, where would I take you?

On disciplining our_children in a public place

What conditions do I sometimes place on you to be loved by me?

What place do priests / ministers have on our journey?

What would be the ideal place and time for us to make_love? HDIFAT?

Where is my_favorite place for dialogue?

Where is my_favorite place to dialogue?

Where on my list of priorities did I place our dialogue this_week?

Where on my list of priorities did I place our dialogue today?

Why did I commit to you in the first place? HDIFAT?

PLAN (17)

Are we living God's Plan or our plan?

Are we living God's_plan in our_marriage or our own plan?

Do I see God's Plan as a privilege?

HDIF about a savings plan for us?

HDIF when we plan a vacation?

HDIF when we plan dinner?

HDIF when we plan something together?

HDIF when we plan the budget?

How am I living God's Plan?

How am I living the World's Plan?

How can we plan for a memorable Easter?

How has the temptation to live the World's Plan affected us?

On living God's Plan for us

The Father knows me personally and has a plan for my life. HDIFAT?

What is my plan to help_you enjoy life on a daily basis?

When our dialogue is stale and flat, are we living the World's Plan?

Would I like to plan some changes in our_life this next year?

PLANNED (7)

A family reunion is planned. HDIFAT?

A hay ride is planned. HDIFAT?

An October fest is planned. HDIFAT?

HDIF knowing God planned for us to be together?

HDIF when every minute of our day is planned?

HDIF when every waking minute of our day is planned?

HDIF when something works out exactly as I planned?

PLANNING (11)

HDIF about Natural Family Planning?

HDIF about going somewhere for the day without planning what to do there?

HDIF about planning a winter holiday with you?

HDIF about planning for a romantic time together?

HDIF planning a romantic evening with you?

On family planning

On holiday planning as_a_family

On planning a family budget with you

On planning a vacation

On planning for a New Year

Our parish / church family is planning a dinner. HDIFAT?

PLANS (8)

"Life is what happens while we are making other plans." HDIFAT?

HDIF when a new situation comes up that conflicts with my plans?

HDIF when my plans run off the track?

HDIF when our plans are changed?

HDIF when plans do not work out?

HDIF when we are making plans together?

HDIF when you neglected to share your true priorities or plans with me?

HDIF when you screw up my plans?

PLANT (1)

A plant arrived from the florist to thank us for a favor. HDIFAT?

PLANTING (2)

HDIF about planting flowers in the spring?

On planting a garden

PLATEAUED (1)

Have we grown, plateaued, or slipped backward in our_relationship this_week?

PLAY (12)

DIF better when I play cards to win or when I play to be sociable?

Do I take time for recreation and play? HDIFAT?

HDIF about learning to play a musical instrument?

HDIF about the roles I play in our_marriage?

HDIF when I watch our_children play in the snow?

HDIF when people play tricks on me?

HDIF when we play a sport together?

HDIF when we play games with our_children?

Our children want to play more. HDIFAT?

What part do our_children play in our_relationship?

What part does dialogue play in our hurting and healing?

What role does dialogue play in our_life?

PLAYED (2)

HDIF now about the role our pastor / priest played in our wedding?

When was the last_time we played with our_children and just had fun?

PLEASANT (3)

Is our dinner hour a pleasant time?

What is my most pleasant memory from our dating days?

What is the most pleasant memory of our_weekend or follow-up sessions?

PLEASE (11)

HDIF being around people who have a compulsive need to please other_people?

HDIF when I go out of my way to please you?

HDIF when I remember to say "please" when asking for something?

HDIF when our_children please you?

HDIF when someone asks me for something and remembers to say "please"?

In what area(s) do I try to modify my behavior to please you?

What defense mechanisms do I use when I fail to please you?

What do I want to change about myself that I think would please you?

What sounds please me most during lovemaking?

What touches please me most during lovemaking?

What words please me most during lovemaking?

PLEASES (2)

HDIF when I am able to tell you what pleases me?

Why am I afraid to tell you what pleases me?

PLEASURE (6)

HDIF about telling you what enhances or reduces my pleasure during lovemaking?

On the real pleasure it is just to be alive

What does it mean_to_me to experience pleasure?

What is the greatest pleasure for me in dialogue?

What pleasure do I receive when we pray together?

What special pleasure do you bring into my life?

PLEASURES (4)

How can I bring the pleasures of Christmas to other_people?

How have we grown in our pain as well as our pleasures?
 What pleasures have our_children given us?
 Which of life's pleasures do I cherish most?

PLUGGING (1)
 HDIF when someone leaves hair plugging the shower drain?

PLUNGING (1)
 HDIF plunging in to a job, discovering what's necessary as I go?

POCKET (1)
 Is money in my pocket a priority?

POEM (1)
 On trying to write a little poem for you

POINT (8)
 After_a_fight: At what point do our arguments get out of control? HDIFAT?
 After_a_fight: At what specific point did I get drawn in? HDIFAT?
 After_a_fight: Did I feel let down at any point? Describe how it felt.
 After_a_fight: What do I think was your main point? HDIFAT now?
 After_a_fight: What was my main point? HDIFAT now?
 HDIF when I make a mistake and you point it out?
 HDIF when you use your dialogue letter to get some point across to me?
 Is the focal point of our_lives God and the Church?

POINTS (1)
 HDIF when a member of our_family points out my good qualities?

POLICY (1)
 When do I think that honesty is not the best policy? HDIFAT?

POLITE (2)
 HDIF about telling "social" or "polite" lies?
 HDIF when I cannot seem to find a polite way to say "no"?

POLITICS (2)
 HDIF about Washington politics?
 HDIF when I discuss politics with someone whose views are opposite of mine?

POOR (5)
 HDIF about sending a poor child to summer camp?
 How can we do something as_a_family to help the poor?
 What can we do for the poor, the homeless and the lonely?
 What could we do to help the nearby poor?
 What do we do to help the nearby poor?

POPCORN (2)
 HDIF when I share my popcorn with you?
 On sharing a bag of popcorn and a movie

PORTION (1)
 HDIF about tithing a portion of our income?

POSITIVE (6)
 After_a_fight: How can I change to make confrontation more positive for us?
 Do I experience stress as positive or negative?
 Does TV have a negative or positive effect on my life? HDIFAT?
 How have in-laws contributed a positive change in our_family?
 What gets in the way of my enjoyment of positive emotions / feelings? HDIFAT?
 What has the strongest positive influence on my sexual experience?

POSITIVELY (1)
 HDIF when our_marriage positively influences our_family and friends?

POSSESSION (7)
 On losing a cherished possession
 What is my most cherished possession?
 What is my most prized possession?
 What is the most sentimental possession I have? HDIFAT?
 What is the possession I have that I like best?
 What one possession do I want most and cannot have?
 What possession is most likely to bring us into disillusionment?

POSSESSIONS (6)
 Do I judge our success by how many possessions we have?
 How do our possessions affect my self-image?
 On our possessions
 On sharing our possessions with other_people
 What possessions are most important to me?
 Which of our possessions enhance our_relationship?

POSSIBILITIES (1)
 Is it more important to see possibilities or adjust to facts? HDIFAT?

POSSIBLE (3)
 Do I come as close as possible to loving everyone?

If possible, I would like to reclaim these things I gave up for you:
 When did we last experience healing in our_marriage? What made it possible?

POSTPONE (1)
 HDIF when I want to postpone our dialogue?

POUT (1)
 After_a_fight: Did I pout or cry just so you would feel sorry for me?

POVERTY (1)
 HDIF about the poverty and simplicity of Jesus' birth?

POWER (7)
 Do I believe in the power of prayer?
 HDIF about us having the power to heal each_other?
 HDIF when we are aware of using our forgiving power to heal each_other?
 HDIF when we are aware of using our power to heal each_other?
 Have I ever felt the power of the Holy Spirit?
 What are my thoughts about having the power to heal each_other?
 What power do I see in our prayer?

PRACTICAL (4)
 HDIF about practical jokes?
 How do I react to practical jokes? HDIFAT?
 What practical steps could we take to talk more about us?
 Would I feel better if someone found me practical or ingenious?

PRACTICING (1)
 HDIF when I am practicing indifference toward you?

PRAISE (5)
 Am I more likely to speak up in praise or blame? HDIFAT?
 HDIF when our_children praise me?
 HDIF when you praise me?
 HDIF when you praise or compliment me?
 Which do I give you more of, criticism or praise?

PRAY (21)
 "Forgive us our sins as we forgive other_people." HDIF when I pray this?
 Do I pray for you?
 Do I take enough time to pray routinely?
 Do we pray for any of our_children to be open to a religious calling?
 Do we truly pray together as a couple?
 HDIF about gathering other_people to pray?
 HDIF when we pray aloud together?
 HDIF when we pray the rosary?
 HDIF when we pray together after we dialogue?
 HDIF when we pray together as_a_family?
 HDIF when we pray together before / after we dialogue?
 HDIF when we pray together, just the two of us?
 HDIF when we pray together?
 HDIF when we pray with our_children and hold hands?
 How often do we pray as_a_family? HDIFAT?
 On our need to pray together more often
 Pray Ephesians 5:21-32 together. HDIFAT?
 What are my thoughts when we pray together?
 What are some of the things I pray for?
 What joy do I receive when we pray together?
 What pleasure do I receive when we pray together?

PRAYED (1)
 HDIF about the people who prayed for us during our_weekend?

PRAYER (26)
 Am I impatient in prayer?
 Am I willing to present my / our needs to God through prayer?
 Are we too busy for prayer?
 Can we find time for some family prayer?
 Do I believe in the power of prayer?
 Do I believe prayer changes things?
 HDIF about being a prayer couple?
 HDIF about family prayer?
 HDIF about gathering other_people for prayer?
 HDIF about my prayer life?
 HDIF about our prayer life?
 Has our prayer life enhanced our_relationship?
 How can we incorporate prayer into our daily life?
 How can we use prayer to draw us closer together?
 How long has it been since we called / wrote our prayer couple? HDIFAT?
 Is Jesus Lord of my / our prayer life?
 Is Jesus in control of my / our prayer life?
 On our prayer life as_a_family
 Our dialogue can be a prayer to our Father. HDIFAT?
 Our dialogue is a prayer to our Father. HDIFAT?
 What does the Lord's Prayer mean_to_me?
 What is my listening pattern when we talk about prayer or God?
 What power do I see in our prayer?

When do I have time for private prayer?
 When our dialogue is alive and strong, so is our prayer life. HDIFAT?
 Who do I need to remember today in prayer?

PRAYERFULNESS (1)
 What is it about our charism of prayerfulness that calls other_people?

PRAYERS (2)
 Do I trust God to answer my prayers?
 HDIF when I remember you in my prayers?

PRAYING (7)
 HDIF about praying before dialogue?
 HDIF about praying the scriptures with you?
 HDIF about praying together?
 HDIF when I know you are praying for me?
 HDIF when I think of praying with you?
 On praying together
 On praying with our_children

PRECISE (1)
 Describe in precise detail my most sensual fantasy? HDIFAT?

PREFER (1)
 When it is time to take action, I prefer to ...

PREGNANCY (3)
 HDIF about the risk of pregnancy?
 How does my / your fear of pregnancy affect our_sexual_relationship?
 How does my / your fear of pregnancy affect us?

PREGNANT (1)
 How would I feel if I found out we are pregnant?

PREJUDICE (1)
 Do I reject prejudice based on race, gender, religion or age? HDIFAT?

PREOCCUPIED (1)
 Am I often preoccupied when listening to other_people? HDIFAT?

PREPARATION (2)
 How can we make this Advent a spiritual preparation for Christmas?
 Is Advent preparation for Christ's birthday or Santa Claus?

PREPARATIONS (2)
 HDIF about our preparations as Christmas approaches?
 On making better preparations for my death

PREPARE (5)
 HDIF helping you prepare for our Thanksgiving meal?
 HDIF today about all the effort it takes to prepare for Christmas?
 How can I be an inspiration to our_family to prepare for Lent?
 In what ways can we prepare ourselves for eternity?
 The Lord is coming. HDI need to prepare for that?

PREPARED (3)
 How has our Lent prepared us for Holy Week?
 What am I prepared to forgive? HDIFAT?
 What special gift have I prepared to give Him for His birthday?

PREPARING (2)
 On preparing a heart-shaped meatloaf for dinner
 On preparing myself for Christ's birth

PRESENCE (4)
 Do I sense God's presence in our_relationship during intercourse?
 Do I sense God's presence in our_relationship when we make_love?
 Do I sense God's presence in our_relationship?
 HDIF about God sending His son to be a human presence in the world?

PRESENT (18)
 Am I willing to present my / our needs to God through prayer?
 DIF better enjoying the present or anticipating what lies just ahead?
 Do I ever feel God present and working in our_marriage?
 Do I ever feel God present in our sacrament?
 HDI make you present to me when we're not together?
 HDIF I can be more fully present to you?
 HDIF buying a present for you?
 HDIF when I sense Christ present among us?
 HDIF when you bring me a present?
 How can we make God more present in our dialogue?
 How can we make God more present in our talk?
 If I were a Christmas present, how would I be wrapped under the tree?
 If we doubled our present income, would be any happier?
 If we had twice our present income, would be happier?
 What is my present attitude toward writing a dialogue letter?
 What kind of Christmas present did I get?

What kind of Christmas present did I give you?
 What was the best present I can remember getting?

PRESENTED (1)
 HDIF about the team couples who presented our_weekend or follow-up sessions?

PRESENTS (2)
 HDIF about birthday parties and presents?
 HDIF about giving presents to those I love?

PRESSURE (12)
 Am I able to concentrate and perform better under pressure? HDIFAT?
 Do I ever use bad language to vent pressure? Does it work? HDIF afterward?
 Do I use alcohol or drugs to relax or alleviate pressure? HDIFAT?
 HDI react to pressure? How does my reaction affect you?
 HDI respond to pressure? How does my response affect you?
 HDIF when I am under pressure?
 HDIF when I see pressure getting to you?
 HDIF when you are under pressure?
 How can I help_you when you are under pressure?
 How do I respond to working under pressure?
 What is the greatest pressure affecting me during the follow-up period?
 Which pressure in me is most affecting my dream for us today?

PRESSURED (3)
 I am being pressured to do something I do not want to do. HDIFAT?
 When DIF pressured by you?
 When I am pressured by time, HDI respond to you?

PRESSURES (2)
 HDIF about our financial pressures this time of year?
 HDIF about the peer pressures our_children are under?

PRESUME (1)
 Do I always presume the best about you? HDIFAT?

PRETENDING (2)
 After_a_fight: Am I still pretending not to care? HDIFAT?
 When and where do I distort things by denial, excuses or pretending? HDIFAT?

PRETTY (2)
 HDIF when I tell you that you have pretty eyes?
 Is sex pretty much all or nothing for me?

PREVENT (2)
 How does my mask prevent me from always being intimate with you?
 How does my_need for security prevent me from giving all of me to you?

PREVENTS (1)
 What prevents me from listening to you?

PRICE (2)
 HDIF about bargaining for a lower price?
 What price am I paying right_now for our financial situation?

PRIDE (3)
 Do I hide my pride or tenderness or fear of embarrassment?
 Do I pride myself in hardly ever fighting with you?
 Do I pride myself in not starting fights with you?

PRIEST (11)
 HDI see God reflected through our favorite pastor / priest?
 HDI see God reflected through our favorite priest / minister??
 HDIF about inviting a priest / minister to our_home?
 HDIF about our daughter being a priest / pastor (or a nun)?
 HDIF about our son being a priest / pastor?
 HDIF now about the role our pastor / priest played in our wedding?
 Have we shared our_home and family with our pastor / priest / minister?
 How do we see the priest / pastor in our_lives?
 What is the role of a priest / pastor / minister in our_lives?
 What priest / minister in my life has been an example for me?
 What quality of Jesus did I see in our priest / pastor today?

PRIEST'S (1)
 What area(s) of a priest's / pastor's life am I least open to listening about?

PRIESTS (5)
 HDI see priests / pastors needing our support in their calling?
 HDIF about letting Priests know their importance to us?
 HDIF about letting priests / ministers know their importance to us?
 HDIF about the need for priests / ministers?
 What place do priests / ministers have on our journey?

PRIME (1)
 Are we giving our_relationship prime time each day?

PRINT (1)

HDIF about the fine print in legal documents?

PRIORITIES (12)

Are my priorities so materialistic that they interfere with us?

HDIF about changing our priorities?

HDIF when my priorities conflict with yours?

HDIF when we need to re-establish our budget priorities?

HDIF when you make one of my priorities one of yours?

HDIF when you neglected to share your true priorities or plans with me?

On priorities of job / career versus relationship

What are my top priorities in our_lives today?

Where did I put dialogue on my list of priorities this_week?

Where did I put dialogue on my list of priorities today?

Where on my list of priorities did I place our dialogue this_week?

Where on my list of priorities did I place our dialogue today?

PRIORITY (2)

Is money in my pocket a priority?

The most important priority to me right_now is ...

PRIVACY (1)

How much privacy do I need in general? In our_relationship?

PRIVATE (6)

Do I see my relationship with the Father as a private one?

On having no private time together

On having so little private time together

On occasions when I think I deserve private time

On occasions when I think you deserve private time

When do I have time for private prayer?

PRIVILEGE (2)

Do I see God's Plan as a privilege?

Do I see God's_plan for me / us as a privilege or a burden?

PRIZED (1)

What is my most prized possession?

PRO-LIFE (1)

How am I pro-life?

PROBABLY (2)

I am probably best known for my ...

What "probably not tonight" signals do I use to say no to sex?

PROBLEM (2)

HDIF about getting other_people's advice on a personal problem?

Pick a current problem. What expectation of mine was unmet?

PROBLEMS (11)

Am I reluctant to examine our_relationship for problems?

Do I listen to our_children, not just to their problems, but their day?

HDIF when friends of ours are having marital problems?

HDIF when friends of ours are having problems?

HDIF when people bore me with their problems?

On seeing our needs not as problems but as gifts of God

What are the major remaining problems in our_relationship? HDIFAT?

What have I learned about the issues or problems we consider important?

What problems do we have because of differing values and HDIFAT?

What unresolved problems do I see in our_marriage right_now?

Why have we been unable to work out all our problems? HDIFAT?

PROCESS (1)

Should lovemaking be part of the healing process or reserved for afterward?

PROCLAIM (1)

HDIF about using the media to proclaim the Good News?

PROCLAIMING (1)

HDIF about proclaiming marriage to other_people?

PRODIGAL (2)

HDIF after hearing the story of the prodigal son?

When I consider the story of the prodigal son, HDIF?

PROFANITY (1)

HDIF when I hear profanity?

PROFESSION (1)

What would my profession be if money were no object? HDIFAT?

PROFESSIONAL (1)

HDIF when someone tries to get my professional advice in a social setting?

PROGRAM (20)

Do I feel comfortable inviting couples like us to the program / weekend??

Do I have close friends I should invite to the program / weekend??

Do I have close friends who should take advantage of this program / weekend?

Do I have relatives I should invite to the program / weekend??

Do I have relatives who should take advantage of this program / weekend?

Do we have a "little church" at home to help us stay on the program?

HDIF about inviting couples like us to take advantage of the program / weekend?

HDIF about supporting the Encounter / Retrouvaille program?

HDIF when I want to invite a couple to the program / weekend but you do not?

HDIF when a couple accepts our invitation to the program / weekend?

HDIF when a couple enters the program / weekend because of our example?

HDIF when some we ask to take advantage of the program / weekend says

"no"?

HDIF when we invite a couple to the program / weekend and they accept?

HDIF when we meet a couple who really needs the program / weekend?

HDIF when we see the persons who first told us about this program / weekend?

HDIF when you say "We'll dialogue after the next TV program"?

Has our_love grown since we became involved in the program?

How is our community helped by our involvement in the program?

Is our involvement in this program helping us as_a_couple?

What type of program do I watch most on TV? What does this say about me?

PROJECT (5)

How did I feel the last_time we finished a household project?

How does the image I try to project affect our dialogue?

How does the image I try to project affect our_relationship?

How would I feel getting involved in the Habitat for Humanity project?

I think our next household project should be ...

PROJECTS (1)

On completing unfinished projects

PROMISE (3)

HDIF when I keep a promise I made to you?

I have made a promise and cannot keep it. HDIFAT?

I have made a promise to you and cannot keep it. HDIFAT?

PROMISED (1)

Friends fail to do a promised favor. HDIFAT?

PROMISES (1)

HDIF about keeping my promises?

PROMOTE (2)

What am I doing to promote Christian unity right where I am?

What can we do to promote peace?

PROPHETIC (1)

We are called to be prophetic and missionary. HDIFAT?

PROSPECT (1)

On the prospect of making love tonight

PROTECT (1)

How would I feel if I had to lie to protect someone I love?

PROTECTOR (1)

HDIF knowing Jesus is our protector?

PROUD (10)

A time when I felt proud

HDIF when I am proud to be with you?

HDIF when I have accomplished something I am proud of?

HDIF when I know that you are proud of me?

HDIF when I know you are proud of me?

I felt proud of you last month when ...

What about me am I most proud of right_now?

What did I do to make my parents proud of me? HDIFAT?

What did I do today that I was proud of?

When do I know you are proud of me?

PROVED (1)

HDIF relying on hunches / intuition when things cannot be proved?

PROVIDE (2)

HDIF about the way I provide for our_family?

On what I am able to provide for our_family

PROVIDED (1)

HDIF about the life we provided for our_children?

PROVIDER (1)

HDI feel about me / you as a provider?

PROVOKE (3)

After_a_fight: What did I do to provoke you? HDIFAT now?

Do I sometimes like to provoke fights even if I do not start them?

Do I sometimes provoke fights even if I do not start them?

PS (1)

PS 34:18-21. HDIF as the Lord watches over us?

PUBLIC (12)

HDIF about being criticized in public?

HDIF about holding hands in public?

HDIF when we kiss in public?

HDIF when you hold my hand in public?

HDIF when you touch me in public?

How do I react when people sing "Happy Birthday" to me in public? HDIFAT?

On disciplining our_children in a public place

On hugging each_other in public

On hugging in public

On hugging our friends in public

On those occasions when our_children misbehave in public

What is the silliest thing I have ever done in public? HDIFAT?

PULL (1)

Why is it often the little things that pull us apart?

PULLS (1)

HDIF when a car pulls in front of me when I am stopped in traffic?

PUNCTUAL (1)

HDIF when I am delayed because other_people are not punctual?

PUNISH (1)

In what ways do I punish myself because of past mistakes?

PURCHASE (3)

HDIF about going into debt for a purchase?

HDIF about making a large monetary purchase?

HDIF about making a major purchase that will put us in debt?

PURCHASES (1)

How does my / your mask affect our purchases?

PURPOSE (1)

What is my purpose in life?

PURSUES (1)

HDIF knowing the Lord pursues me when I am astray?

PURSUING (1)

HDIF when I let other_people talk me out of pursuing a great idea?

PUSH (1)

HDIF when people take advantage of me or push me around?

PUSHED (1)

Was I pushed to excel when I was young? HDIFAT?

PUT (23)

Can I put you before myself?

HDIF about making a major purchase that will put us in debt?

HDIF trying to put you first when our_children are so demanding?

HDIF when I am put down?

HDIF when I consciously put aside my emotions / feelings and reach_out to you?

HDIF when I have to put other_people needs ahead of my own?

HDIF when I put activities before our_relationship?

HDIF when I put away the laundry?

HDIF when I put my arm around you?

HDIF when we put activities before our_relationship?

HDIF when we put our_children ahead of us?

HDIF when you put me first?

How can I drop the conditions I put on my love for you?

How can I put more romance in our_marriage?

How can we put more fireworks into our_marriage?

How can we put more romance in our_lives?

How would I feel if, this Christmas, you put a wreath on the car's grill?

Sometimes I forget to put you first. HDIFAT?

What activities do I put ahead of the Lord?

What are the "ifs" I put on our_relationship?

When did I last put your needs before mine?

Where did I put dialogue on my list of priorities this_week?

Where did I put dialogue on my list of priorities today?

PUTTING (3)

HDIF about putting my life in God's hands?

In what area(s) do I have difficulty putting full trust in God?

Someone forgot to wipe the honey jar before putting it away? HDIFAT?

PUZZLED (1)

A time when I felt puzzled

QUALITIES (21)

HDIF when I begin to believe in my own good qualities?

HDIF when I see your best qualities in our_children?

HDIF when a member of our_family points out my good qualities?

HDIF when our_children reflect our good qualities?

Have I acquired any new qualities this summer?

How can you help_me recognize my good qualities?

I am supposed to help_you recognize your good qualities. HDIFAT?

On the qualities that first attracted me to you

The personal qualities I am most aware of in myself are as follows:

What Christ-like qualities do I see in you?

What are ten qualities I want most in a partner? HDI measure up? HDIFAT?

What are the best qualities I see in our_children?

What are your best qualities as a parent?

What are your special qualities that I see in our_children?

What good qualities do I see in our_children?

What qualities attracted me to you when we were dating?

What qualities in Mary as a mother do I also see in you / me?

What qualities in your mother do I also see in you?

What special qualities as_a_couple do we bring to other_people?

What special qualities do I most admire in you?

Which three qualities do I require in a friend? HDIFAT?

QUALITY (23)

Are we giving our_relationship quality time each day?

HDIF beginning my dialogue letter by mentioning a good quality I see in you?

If I could gain any one ability or quality, what would it be? HDIFAT?

If you died, what quality of yours would I miss most?

The quality I love most about you is ...

What do I see as your best quality?

What good quality do you see in me that I doubt the most?

What is my best quality?

What is our best quality as_a_couple?

What is your best quality today?

What is your best quality?

What one quality do I look for most in a friend?

What quality as a parent do I most admire in you?

What quality do I most admire in you? HDIFAT?

What quality do I most admire in your mother / father?

What quality does Mary or Joseph have as a parent that I would like?

What quality in us as_a_family do I like best?

What quality in you am I most dependent on?

What quality in you first attracted me to you? HDIFAT?

What quality in you helped me trust in our young marriage?

What quality of Jesus did I see in our priest / pastor today?

What quality of yours have I discovered in our_sexual_relationship?

What quality of yours makes me want to trust you?

QUARREL (1)

HDIF when I quarrel or judge or reject your emotions?

QUARRELED (1)

HDIF when I think you have quarreled, judged, or rejected my emotions?

QUESTION (4)

Do I, like Thomas, question the way of the Lord?

HDIF when I do not like the dialogue question for the day?

HDIF when I do not like the dialogue question we are using?

Is my dialogue a real letter or does it just answer the question?

QUESTIONS (3)

I need to know the answers to the following questions:

On giving a list of dialogue questions to a favorite couple

On giving a month's worth of dialogue questions to a favorite couple

QUICKLY (1)

Which of us comes to decisions more quickly and HDIFAT?

QUIET (3)

Am I a good mixer or am I usually quiet and reserved? HDIFAT?

HDIF when we can spend a quiet evening together?

When is my quiet time?

QUIETLY (1)

Sitting very quietly, HDIF listening to Jesus say my name to me?

QUITS (1)

HDIF on those occasions when I think about calling our_relationship quits?

QUITTER (1)

Am I more persistent or more of a quitter? HDIFAT?

QUITTING (1)

HDIF about quitting my job although I do not have another job lined up?

RACE (1)

Do I reject prejudice based on race, gender, religion or age? HDIFAT?

RACKET (2)

HDIF when I let you borrow my stuff (tennis racket, golf clubs, etc.)?
HDIF when I let you use my tennis racket (golf clubs, etc.)?

RAFFLE (1)

HDIF about buying raffle tickets to help with fund-raisers?

RAIN (1)

HDIF about taking a walk you in the snow? In the rain?

RAINING (1)

It was not raining when Noah built the ark. HDIFAT?

RAINS (1)

HDIF when someone rains on my parade?

RAISE (2)

HDIF about asking for a raise when I know I've earned it?
HDIF about asking for a raise?

RAISED (2)

After_a_fight: What caused my / your / our voices to be raised? HDIFAT?
What would I change about the way I was raised? HDIFAT?

RAISING (1)

If I had known then what I know now about raising children ...

RAKING (1)

On raking leaves together

RATE (5)

HDIF about the divorce rate in our community?
How would I rate myself as a decision-maker and HDIFAT?
On a scale of 1 to 10, how do I rate our_sexual_relationship? HDIFAT?
When I consider the increasing rate of inflation, I feel ...
When I think about the rate of inflation, I feel ...

RATHER (6)

Do we spend our spare time on our_home rather than with each_other?
HDIF about depending on you (rather than on things) for my happiness?
HDIF about depending on you (rather than things) for my happiness?
HDIF when I judge (rather than accept) your emotions / feelings?
HDIF when you excel at something I thought I was rather good at?
When I disagree with something said, would I rather take issue or let it go?

RE-CREATION (2)

How can this holiday literally be a time of re-creation?
How can this vacation literally be a time of re-creation?

RE-ESTABLISH (1)

HDIF when we need to re-establish our budget priorities?

RE-EVALUATING (1)

HDIF about re-evaluating how we spend our time?

RE-EXAMINE (1)

Although we have an understanding about this, I want to re-examine ...

RE-LIVE (1)

What part of our_weekend or follow-up would I like to re-live and why?

RE-READING (1)

HDIF after re-reading my weekend notebook?

REACH (2)

HDIF when I do not seem able to reach you?
HDIF when you reach over to cuddle with me when we first wake up?

REACH_OUT (17)

Do I / we ever reach_out to relatives? HDIFAT?
Do we reach_out to other couples in the community?
Do we reach_out to those in need?
HDIF when I am able to go beyond my anger and reach_out to you?
HDIF when I am hurt and you reach_out to heal me?
HDIF when I consciously put aside my emotions / feelings and reach_out to you?
HDIF when I reach_out to touch you?
HDIF when I should reach_out but I do not?
HDIF when I should reach_out to you but do not?
HDIF when we reach_out to other_people as_a_couple?
HDIF when you reach_out to me after an argument?
HDIF when you reach_out to touch me?
HDIF when you really try to reach_out and accept my emotions / feelings?
How can we reach_out to a single-parent family?
How does the way I see myself make it hard for me to reach_out to you?
In what area(s) do I find it most difficult to reach_out to you?
Who can I reach_out to?

REACHED (1)

Have we reached out to our parish / church family lately?

REACHES (3)

HDIF when someone reaches out to me?
HDIF when someone reaches out to us?
When our community reaches out to us, HDIF?

REACHING (4)

HDIF about reaching out to other_people today?
HDIF when you are reaching out to other_people more than you are to me?
How does the modern world keep us from reaching out to other_people?
On the fact that other_people are reaching out to us

REACT (10)

HDI react to pressure? How does my reaction affect you?
HDIF when I react instead of respond to you?
HDIF when you react instead of respond to me?
How do I react to practical jokes? HDIFAT?
How do I react to the emergencies that come up in my daily life?
How do I react when people sing "Happy Birthday" to me in public? HDIFAT?
How would I react if someone called me a person of "real feeling"?
How would I react if someone said I was "consistently reasonable"?
What do I do that annoys people? Why do they react that way?
When I am hurt, I react by ...

REACTED (1)

After_a_fight: Am I surprised by the way I reacted? HDIF about my behavior?

REACTING (1)

HDIF about the way our_children are reacting to our values?

REACTION (10)

After_a_fight: This will help_you better understand my reaction:
After_a_fight: What specifically triggered my reaction? HDIFAT now?
HDI react to pressure? How does my reaction affect you?
HDIF about my reaction toward sex?
HDIF about your reaction toward sex?
HDIF about your reaction when I fail at something?
My first reaction to hearing a new idea is ...
What is my reaction to Mary's "yes" to God?
When a breakdown or mix-up stops everybody's work, my first reaction is to ...
When you criticize me, my reaction is to ...

REACTIONS (4)

After_a_fight: Am I surprised by your reactions? HDIF about your behavior?
HDIF about the reactions of our friends to our Encounter / Retrouvaille?
HDIF about the reactions of our relatives to our Encounter / Retrouvaille?
What are my first reactions when I am under stress? HDIFAT?

READ (5)

HDIF about the books I bought but never read?
HDIF when I read your dialogue letter?
HDIF when I share with you the latest book I've read?
HDIF when I take time to read to our_children?
HDIF when we read our letters and then cannot think of much to say?

READING (7)

After reading TOB 8:5-7, HDIF about growing old with you?
HDIF about reading more books and watching less TV?
HDIF reading the 90/90 dialogue letters from our_weekend?
HDIF reading your favorite book?
On reading my_favorite Scripture to you
On reading the Bible together
What is today's gospel reading saying to me?

READY (3)

Am I ready to give up some singles' activity that separates us?
HDIF when you want to leave some gathering and I am not ready to go?
Is our_relationship ready for the Lord?

REAL (8)

Do I want your help in discovering what my real needs are?
HDIF knowing that we will always have to work to achieve real closeness?
How would I react if someone called me a person of "real feeling"?
Is my dialogue a real letter or does it just answer the question?
On the real joy it is just to be alive
On the real pleasure it is just to be alive
What keeps me from being as open in real life as I am in my dialogue letter?
What two adjectives best capture the real me?

REALIST (1)

Do I consider myself as an idealist or a realist? HDIFAT?

REALISTIC (1)

DIF better dealing with imaginative people or realistic people?

REALISTICALLY (1)

Realistically, what do I expect of our_relationship in the future?

REALITY (1)

What steps can we take to make our "impossible dream" a reality?

REALIZE (15)

HDIF when I realize God has spoken to me through you?
 HDIF when I realize I am not coping effectively with stress?
 HDIF when I realize I am not what you thought me to be?
 HDIF when I realize I am responsible for my emotions / feelings, not you?
 HDIF when I realize I have hurt you?
 HDIF when I realize and accept Jesus' closeness in our daily lives?
 HDIF when I realize my dependence on you?
 HDIF when I realize we cannot give our_children the best of everything?
 HDIF when I realize you are not all I thought you were?
 HDIF when I realize you are not coping effectively with stress?
 HDIF when I realize you are only mine for today?
 I just realize the driver of the car has been drinking? HDIFAT?
 What lifetime dream am I still trying to realize? HDIFAT?
 When I realize I have hurt you, HDIF?
 When did I first realize I loved you?

REALIZING (3)

HDIF in realizing our sexual union is God's command?
 HDIF realizing that my attitudes and judgments have caused us pain?
 HDIF realizing you might not come home tonight?

REARRANGING (1)

On rearranging the furniture

REASON (4)

On sending you flowers for no special reason
 The main reason I am afraid to commit to you is HDIFAT?
 What is the reason I keep myself from seeking your forgiveness?
 What is the reason that I keep from forgiving myself?

REASONABLE (1)

How would I react if someone said I was "consistently reasonable"?

REASONS (1)

What are my reasons for keeping my distance? HDIFAT?

RECALL (2)

What is the most peaceful scene I can recall?
 What memories are painful for me to recall?

RECEIVE (17)

HDIF when I receive a compliment from someone in our_family?
 HDIF when I receive a compliment from someone outside our_family?
 HDIF when I receive a dialogue letter from you?
 HDIF when I receive a gift that is carelessly wrapped?
 HDIF when I receive a gift that suggests I need improvement?
 HDIF when I receive a special favor?
 HDIF when we receive communion together?
 HDIF when we receive the Eucharist together?
 If I could receive a sixth sense, what would it be?
 In order to learn to give, I also need to learn to receive. HDIFAT?
 What compliment do I least like to receive about me?
 What compliment do I least like to receive about us?
 What compliment do I most like to receive about me?
 What compliment do I most like to receive about us?
 What joy do I receive when we pray together?
 What kinds of compliments did I receive most often as a child?
 What pleasure do I receive when we pray together?

RECEIVED (2)

What compliments have I received lately that I did not fully accept?
 What kinds of compliments have I received most often as an adult?

RECEIVER (1)

Am I more of a giver or a receiver?

RECEIVING (8)

After_a_fight: Who blamed who and when? HDIF giving / receiving blame?
 HDIF about a receiving a challenge?
 HDIF about receiving gifts?
 HDIF about receiving the Eucharist with you?
 HDIF about sending and receiving cards?
 On receiving a card from you at work
 On receiving a gift from you
 On receiving secret gifts and notes from a couple who loves us

RECENT (3)

How have I changed in recent years? What made me change?
 What have I kept from you in recent days? HDIFAT?
 What is my most recent happy memory of us?

RECENTLY (16)

Have I brought healing to you recently?
 Have you recently said something that made me feel uncomfortable? What?
 Recently I failed at HDIFAT?
 Recently I succeeded at HDIFAT?
 Recently I thought it was wrong, unreasonable or selfish of you to say ...
 What have I done recently to express my commitment to you?
 What have you done recently to express your commitment to me?
 What is the most difficult emotion / feeling I have shared with you recently?
 What is the most difficult emotion I have had to share with you recently?
 When recently did I experience romance in our_relationship?
 When recently did I experience some romance in our_relationship?
 When recently do I remember loving you beyond inconvenience or hurt?
 When recently do I remember your loving me beyond inconvenience or hurt?
 When recently has my mask interfered in our_relationship?
 When recently have I shared an emotion / feeling that I did not want to have?
 When recently have I shared an emotion that I did not want to have?

RECEPTIVE (1)

HDIF when you are receptive to suggestions I offer?

RECIPE (1)

HDIF when I share a new recipe with you?

RECLAIM (1)

If possible, I would like to reclaim these things I gave up for you:

RECOGNIZE (6)

Can I recognize when I am under stress? When you are under stress?
 Can I recognize when our_children are under stress?
 HDI recognize Christ in you?
 HDIF when you recognize my_needs?
 How can you help_me recognize my good qualities?
 I am supposed to help_you recognize your good qualities. HDIFAT?

RECOGNIZED (1)

When DIF least recognized as a capable person?

RECOGNIZING (1)

HDIF when I think that you are not recognizing my_needs?

RECOMMITTING (2)

HDIF about recommitting us to dialogue as a way of life?
 HDIF about recommitting us to regular dialogue as a way of life?

RECONCILIATION (2)

After I forgive, do I remember the hurt or the reconciliation?
 On going to reconciliation

RECONSIDER (1)

I would like to reconsider these past compromises:

RECORD (1)

"Love does not keep a record of wrongs (I COR 13:5)." HDIFAT?

RECORDED (1)

HDIF about the way my voice sounds when it is recorded?

RECREATION (2)

Do I take tie for recreation and play? HDIFAT?
 We have had no time for recreation. HDIFAT?

RECREATIONAL (1)

Does a recreational activity keep us separated much of the time? HDIFAT?

RECRUIT (1)

HDIF when I want to recruit a couple and you do not?

RECURRING (2)

Do I have any recurring negative emotions / feelings? HDIFAT pattern?
 Our dialogue is our recurring "yes" to each_other. HDIFAT?

RECYCLE (1)

HDIF when I recycle old newspapers, bottles or cans?

RED (1)

HDIF about switching to low fat milk? Using less salt? Eating less red meat?

REDO (1)

Do I constantly redo decisions and HDIFAT?

REDUCE (5)

After_a_fight: What could I have done to reduce my own suffering? HDIFAT?
 After_a_fight: What could I have done to reduce your suffering? HDIFAT?
 HDIF when stock market trends reduce the value of our investments?
 How can I reduce the level of stress in my life?

How can I reduce the level of stress in our_relationship?

REDUCES (1)

HDIF about telling you what enhances or reduces my pleasure during lovemaking?

REFILLS (1)

HDIF when no one refills the ice cube trays?

REFLECT (9)

HDIF as I reflect on the expectations I had on our wedding day for us?

HDIF when I reflect that we are growing in mutual knowledge?

HDIF when I reflect that you love me?

HDIF when our_children reflect our good qualities?

How did our_relationship reflect God's_love today?

How does our closeness reflect God's_love?

How does our_marriage reflect God's_love?

I COR 14:4-7. HDIF about these words as I reflect on our_relationship?

Ruth 1:16-17. HDIF about us as I reflect on these words?

REFLECTED (6)

HDI see God reflected in other_people?

HDI see God reflected through our favorite pastor / priest?

HDI see God reflected through our favorite priest / minister??

HDI see God's_love reflected through you?

How is God's_love being reflected to other_people through our_love?

Is our openness about our masculinity / femininity reflected in our_children?

REFLECTING (1)

Are we reflecting the mark of oneness today?

REFLECTION (3)

HDIF when I see a reflection of you in our_children?

Our lifestyle is a reflection of our values. HDIFAT?

Our love for each_other is a reflection of God's_love for us. HDIFAT?

REFLECTIONS (2)

HDIF when our dialogue reflections are similar?

HDIF when our reflections are similar?

REFUSE (2)

After_a_fight: When did I refuse to listen or ignore what was said? HDIFAT?

HDIF when our loved ones refuse to do anything to improve their marriage?

REGRET (2)

If I died with no chance to talk to you, what would I regret not saying?

What is the one thing in life I have not done that I regret not doing? HDIFAT?

REGULAR (11)

Am I honest with myself in my commitment to regular dialogue?

Do I eat regular, well-balanced meals? HDIFAT?

Do I laugh and smile on a regular basis? HDIFAT?

HDIF about having regular medical and dental checkups?

HDIF about having this regular dialogue time with you?

HDIF about recommitting us to regular dialogue as a way of life?

HDIF when we are not in a pattern of regular dialogue?

Was regular dialogue one of our New Year's resolutions?

What am I willing to do to make our dialogue more regular?

What evidence do you have in your life that regular dialogue is important?

What keeps us from regular dialogue?

REGULARLY (10)

Am I honest with myself in my commitment to dialoguing regularly?

Do I exercise regularly? HDIFAT?

Do I regularly do things I do not want to do? HDIFAT?

HDIF about dialoguing regularly with you?

HDIF being committed to dialoguing regularly as a way of life?

How and why did we go back to dialoguing regularly?

How did I first feel when I heard there were couples who dialogue regularly?

On inviting another couple to dialogue with us regularly

What are my thoughts about dialoguing regularly?

Why have / haven't we been dialoguing regularly?

REHABILITATE (1)

HDIF about trying to rehabilitate our_marriage?

REIGN (1)

HDIF when I am trying to keep a tight reign on my temper?

REINFORCE (1)

These things support and reinforce me:

REINS (1)

HDIF when I let go the reins and let Our Father decide for us?

REJECT (7)

"If you are not free to reject, you cannot accept." HDIFAT?

Do I reject prejudice based on race, gender, religion or age? HDIFAT?

HDIF when I judge or reject your emotions / feelings?

HDIF when I quarrel or judge or reject your emotions?

HDIF when our_children reject our values?

HDIF when you reject suggestions I have to offer?

When we talk about Encounter / Retrouvaille, some reject us. HDIFAT?

REJECTED (3)

HDIF when I think you have judged or rejected my emotions / feelings?

HDIF when I think you have quarreled, judged, or rejected my emotions?

Have I ever felt used or rejected in sex? HDIFAT?

REJECTING (1)

HDIF when you seem to be rejecting my emotions / feelings?

REJECTS (1)

HDIF when someone rejects me or does not love me?

RELATE (2)

HDIF when you describe an emotion / feeling to me in a way I cannot relate to?

HDIF when you describe an emotion to me in a way I cannot relate to?

RELATIONSHIP (38)

Can I imagine being more open in another relationship? Why? HDIFAT?

Can I, or can you, give me what I want from this relationship? HDIFAT?

Do I depend on your resistance to avoid entrapment in a deeper relationship?

Do I feel comfortable sharing my relationship with God with you?

Do I really want a close relationship with you?

Do I see death as a beginning of a greater love relationship?

Do I see my relationship with the Father as a private one?

Do I see our_sexual_relationship affecting our whole relationship? HDIFAT?

Do we have enough "together time" to build a close relationship? HDIFAT?

For our growth, we need God to be part of our_love relationship.

HDIF about my relationship with God?

HDIF about my relationship with our_children?

HDIF about my relationship with your parents?

HDIF about your relationship with our_children?

HDIF when we are inspired by another couples' relationship?

HDIF when we make the issue more important than the relationship?

How does my relationship with you compare to my relationship with God?

How is our_family relationship similar to the Holy Family?

Hurt is an inevitable part of a close relationship. HDIFAT?

In what kind of relationship (besides spousal) do I try to fill my_needs?

On my ability to share my relationship with God with you

On my relationship with God

On my relationship with my family

On my relationship with your family

On priorities of job / career versus relationship

On the effect my parents' pattern of relationship has on us

On your relationship with my family

On your relationship with your family

Our relationship to my family is ...

Our relationship to your family is ...

Our_sexual_relationship is a mirror of our total relationship. HDIFAT?

Was my parent's relationship a healthy or unhealthy model for us? HDIFAT?

What changes would make this relationship right for me?

What do I want from this relationship right_now? In the future? HDIFAT?

What has dialogue taught me about my relationship with you?

What has dialogue taught you about your relationship with your spouse?

What is my relationship with Jesus like?

Where in my relationship with God do I experience stress? Describe it.

RELATIONSHIPS (3)

Do I have an increased capacity for all relationships because of our_love?

Do I have an increased capacity for other relationships because of our_love?

HDIF about building relationships with other dialoguing couples?

RELATIVE (1)

HDIF about letting a relative drive our car?

RELATIVELY (1)

Would I feel better keeping weekends relatively unplanned?

RELATIVES (13)

Do I / we ever reach_out to relatives? HDIFAT?

Do I have relatives I should invite to the program / weekend??

Do I have relatives who should take advantage of this program / weekend?

Do I spend enough time with friends and relatives? HDIFAT?

HDIF about my family name, my family tree, my relatives, my ancestors?

HDIF about the reactions of our relatives to our Encounter / Retrouvaille?

HDIF when relatives visit?

HDIF whenever relatives visit?

How could we support the marriages of our relatives?

How do we support the marriages of our friends / relatives?

On telling relatives about Encounter / Retrouvaille

On visiting out-of-town relatives

What do I like best_and_least when we get together with the relatives?

RELAX (3)

Do I use alcohol or drugs to relax or alleviate pressure? HDIFAT?
 HDIF when I need to relax but do not?
 What is my_favorite way to unwind, relax and pamper myself? HDIFAT?

RELAXATION (1)

What is my_favorite means of relaxation?

RELAXING (1)

When I finish a task, HDIF about relaxing before going on to the next task?

RELIEVED (1)

A time when I felt relieved

RELIGION (6)

Do I reject prejudice based on race, gender, religion or age? HDIFAT?
 HDI act in a group when they start talking about religion?
 HDIF about being Catholic (or whatever religion I am)?
 HDIF about one of our_children being called to religion life?
 Is religion something we do or something we live?
 What does my religion mean_to_me?

RELIGIOUS (7)

Do we pray for any of our_children to be open to a religious calling?
 HDIF about letting Religious know their importance to us?
 HDIF about letting religious know their importance to us?
 What can our_family do to increase religious vocations in our parish?
 What do I find most attractive about religious life?
 When I talk with deeply religious people, I feel ...
 Who would we be eager to tell if child chose to enter religious life?

RELIVE (2)

If I could, what good time would I choose to relive with you? HDIFAT?
 What year of my life would I like to relive?

RELUCTANT (3)

Am I reluctant to examine our_relationship for problems?
 Am I reluctant to examine our_relationship?
 In what specific area(s) of sexuality am I reluctant to open up? HDIFAT?

RELY (2)

In general, do I rely more on my imagination or my common sense? HDIFAT?
 What strengths do I have that I am afraid to rely on?

RELYING (2)

HDIF about relying on the extra speed I develop at the end of a job?
 HDIF relying on hunches / intuition when things cannot be proved?

REMAINING (1)

What are the major remaining problems in our_relationship? HDIFAT?

REMAINS (1)

HDIF about the romance that remains in our_relationship?

REMARKS (2)

HDIF when I am directing sarcastic remarks at someone else?
 HDIF when sarcastic remarks are directed at me?

REMEMBER (24)

After I forgive, do I remember the hurt or the reconciliation?
 After_a_fight: Do we argue because we remember things differently?
 HDI want you to remember me after I die?
 HDIF when I remember our anniversary is coming up soon?
 HDIF when I remember that all good things are gifts to us from God?
 HDIF when I remember to say "please" when asking for something?
 HDIF when I remember you in my prayers?
 If I had to choose just one day to remember, I would choose ... because ...
 The first Christmas I remember was ...
 What I want you to remember most about me is ...
 What are some of the family incidents our_children will always remember?
 What do I remember about our wedding?
 What do I remember most about our first date?
 What do I remember most about our wedding day?
 What do I remember most about the way we spent our first anniversary?
 What do I think I will always remember about our_family?
 What family Christmas memory will I always remember?
 What is one of the happiest times I remember spending with you lately?
 What special moment of the past holiday season will I always remember?
 What was the best present I can remember getting?
 When recently do I remember loving you beyond inconvenience or hurt?
 When recently do I remember your loving me beyond inconvenience or hurt?
 Which of our anniversaries do I remember most fondly?
 Who do I need to remember today in prayer?

REMEMBERED (4)

How would I like to be remembered as a grandparent?

If I were to die, what would I most want to be remembered for?
 What do I most want to be remembered for when I die?
 What do I want to be most remembered for?

REMEMBERING (3)

Am I better at remembering names or faces? HDIFAT?
 HDIF when I have difficulty remembering someone's name?
 What is my earliest memory of you? HDIF remembering it now?

REMEMBERS (1)

HDIF when someone asks me for something and remembers to say "please"?

REMINDED (1)

HDIF when I do some household chore without being reminded to do it?

REMINDS (5)

HDIF when someone reminds me of all the favors they have done for me?
 What little thing reminds me of you?
 What part of I COR 13 reminds me most of myself?
 What part of I COR 13 reminds me most of you?
 What song reminds me of our_relationship now?

REMORSE (1)

Am I experiencing any remorse or guilt for hurting someone else? Describe it.

REMOVE (1)

What mask do I find most difficult to remove in our_relationship?

REMOVED (1)

I would feel better if these rules were removed from our_relationship:

RENEW (1)

What can we do to renew our parish / church?

RENEWED (2)

Our intimacy is renewed each time we communicate more deeply. HDIFAT?
 What is renewed in me now that summer is finally here?

RENEWING (1)

HDIF about renewing myself this Lent?

RENTING (1)

What is my all-time favorite movie? HDIF about renting it for us?

REPAIRS (1)

The car needs major repairs. HDIFAT?

REPEAT (1)

Considering my upbringing, what should I repeat with our_children? HDIFAT?

REPEATEDLY (1)

HDIF when I try repeatedly to phone you and it's busy or there is no answer?

REPLACING (1)

Our furniture needs replacing. HDIFAT?

REPRIMANDS (1)

HDIF when the boss reprimands me?

REPULSIVE (1)

Is there any form of sex with you that I find repulsive? HDIFAT?

REQUEST (2)

HDIF when I say no to your request for lovemaking?
 HDIF when you say no to my request for lovemaking?

REQUESTS (1)

HDIF when you say "no" to one of my requests?

REQUIRE (1)

Which three qualities do I require in a friend? HDIFAT?

REQUIREMENT (1)

Are our sacrifices meaningful or just a requirement for Lent?

RESENTMENT (2)

Am I experiencing any anger or resentment over being hurt? Describe it.
 Would I feel resentment if you died?

RESENTMENTS (1)

HDIF being around people who harbor smoldering resentments?

RESERVE (1)

Do we reserve time for lovemaking?

RESERVED (2)

Am I a good mixer or am I usually quiet and reserved? HDIFAT?

Should lovemaking be part of the healing process or reserved for afterward?

RESIST (3)

HDIF when other_people cannot resist giving me advice?
What changes would I resist in our_relationship? HDIFAT?
When I resist change, I feel

RESISTANCE (1)

Do I depend on your resistance to avoid entrapment in a deeper relationship?

RESOLUTIONS (5)

Are we keeping our New Year's resolutions?
HDIF about making New Year's resolutions?
Was dialogue one of our New Year's resolutions?
Was regular dialogue one of our New Year's resolutions?
What became of the good resolutions I have made in the past? HDIFAT?

RESOURCE (1)

Do we waste food or any other scarce resource?

RESOURCES (1)

On how we use our financial resources

RESPECT (1)

In what area(s) do I most admire or respect your emotions / feelings?

RESPOND (16)

HDI respond to pressure? How does my response affect you?
HDI respond to the Lord's call?
HDI respond to you when I have had a bad day?
HDI respond to your failures?
HDI respond when I experience your total acceptance of me?
HDIF about the way our_children respond to you?
HDIF when I react instead of respond to you?
HDIF when I see our_children respond to you?
HDIF when you react instead of respond to me?
HDIF when you respond to my sexual advances?
How do I / you respond to my failures?
How do I / you respond to your failures?
How do I respond to working under pressure?
How does our_family respond to illness?
When I am pressured by time, HDI respond to you?
When I seek your forgiveness and you fail to respond, HDIF?

RESPONDING (1)

How are we responding to Jesus' call to be fishers of men?

RESPONSE (6)

Do I allow my sexual values to interfere with my response to you?
Do I eat in response to my emotions / feelings?
HDI respond to pressure? How does my response affect you?
How does your lack of response to physical affection affect my mood?
What changes would I like you to make in response to my failures?
When have I felt a negative emotion in response to physical affection?

RESPONSIBILITIES(4)

HDI accept responsibilities?
HDI see myself handling my responsibilities for our_family finances?
HDIF about my responsibilities as a married person?
HDIF when I see our_children take new responsibilities?

RESPONSIBILITY (6)

HDIF about the responsibility we have to other married couples?
On my responsibility / irresponsibility in managing our finances
On our financial responsibility
What area(s) of our_relationship do I take responsibility for?
What area(s) of our_relationship do you take responsibility for?
When do I duck the responsibility for making decisions and HDIFAT?

RESPONSIBLE (8)

Do I feel responsible for our current financial situation?
Do I feel responsible for our financial situation?
HDIF being responsible for my own needs?
HDIF when I consider that I am responsible for every area of my life?
HDIF when I consider that I am responsible for my attitude, good or bad?
HDIF when I realize I am responsible for my emotions / feelings, not you?
On being responsible for my emotions / feelings
To what extent DIF responsible for our_children's learning?

RESPONSIVE (2)

Am I being sexually responsive to you?
Am I being sexually responsive to your needs?

REST (5)

HDIF spending the rest of my life with you?
How can I show the rest of the family the love I have for them?
Is our_sexual_relationship separate from the rest of our_relationship?

On living the rest of my life without you
We are committed to each_other for the rest of our_lives. HDIFAT?

RESTAURANT (1)

HDIF when I take you to a new restaurant?

RESTORED (1)

On "Dying you destroyed our death, rising You restored our_life"

RESULT (1)

Has my self-image improved as a result of our dialogue?

RETIRED (1)

HDI see our lifestyle when we are retired?

RETIREMENT (1)

Thoughts of retirement days bring emotions / feelings of ...

RETREAT (1)

When I want to retreat from our_relationship, what do I do?

RETRouvaille (25)

Are we too involved or do we lack involvement in Encounter / Retrouvaille?
Do I support the structure of Encounter / Retrouvaille?
HDIF about our activities in Encounter / Retrouvaille?
HDIF about our_children needing Encounter / Retrouvaille someday?
HDIF about supporting our Encounter / Retrouvaille community?
HDIF about supporting the Encounter / Retrouvaille program?
HDIF about the reactions of our friends to our Encounter / Retrouvaille?
HDIF about the reactions of our relatives to our Encounter / Retrouvaille?
HDIF being with friends we knew before Encounter / Retrouvaille?
HDIF when I see an Encounter / Retrouvaille sticker on another car?
HDIF when our Encounter / Retrouvaille "jobs" keep us from being close?
HDIF when our Encounter / Retrouvaille "jobs" keep us from being lovers?
HDIF when we look back at what we have done for Encounter / Retrouvaille?
How can we share our Encounter / Retrouvaille experiences with non-Christians?
How has our_family benefitted from our experience in Encounter / Retrouvaille?
How is our community helped by our activity in Encounter / Retrouvaille?
In what specific ways am I hopeful for Encounter / Retrouvaille?
Is our involvement with Encounter / Retrouvaille done as_a_couple?
On telling relatives about Encounter / Retrouvaille
To what degree am I living what Encounter / Retrouvaille teaches us?
What has Encounter / Retrouvaille meant to me?
What has our involvement in Encounter / Retrouvaille meant to me?
When was the last_time we mentioned Encounter / Retrouvaille to a couple?
When we talk about Encounter / Retrouvaille, some reject us. HDIFAT?
Who should we pass the gift of Encounter / Retrouvaille on to?

RETURN (5)

Friends invite us but do not come over in return. HDIFAT?
HDIF when I return from acting like a "married single"?
HDIF when other_people do not return things that they borrow from me?
How honest is our tax return?
We cannot return to innocence. HDIFAT?

RETURNED (1)

Someone borrowed our car and returned it with a full tank? HDIFAT?

RETURNING (1)

On returning phone calls

REUNION (2)

A family reunion is planned. HDIFAT?
Eucharist is a family reunion. HDIFAT?

REUNIONS (2)

HDIF about attending class reunions?
HDIF about family reunions?

REUNITED (1)

HDIF about being reunited after death with you?

REVEAL (18)

Are there times when I should not reveal a negative emotion / feeling to you?
Do I always reveal my true emotions / feelings?
Do I let you reveal yourself and HDIFAT?
HDIF when I reveal an emotion / feeling that is difficult to share with you?
HDIF when I reveal an emotion that is difficult to share with you?
HDIF when I reveal my innermost emotions / feelings to you?
HDIF when I want to reveal something to you but do not?
HDIF when you do not reveal your emotions / feelings?
How can I reveal my emotions / feelings to you outside dialogue?
Is there ever a time when I should not reveal a negative emotion to you?
Jesus is counting on us to reveal His love to other_people. HDIFAT?
What area is the hardest for me to reveal to you?
What do I least want to reveal to you today about myself?
What emotion / feeling do I find most difficult to reveal to you?

What emotions / feelings about sex do I find most difficult to reveal to you?
 What happens to me when I reveal more of what is behind my mask?
 What happens when we are able to reveal all of ourselves to each other?
 What sexual fantasies do I have that I would like to reveal to you?

REVEALING (2)

HDIF about revealing my negative emotions / feelings?
 HDIF about revealing the Father to you?

REVERSAL (1)

HDIF about starting over after a reversal or failure?

REVOLVE (1)

Our decisions usually revolve around ...

RIDE (5)

A hay ride is planned. HDIFAT?
 HDIF about starting to ride a bicycle again at my age?
 HDIF when I let disagreement ride to keep peace?
 HDIF when I ride in a car with bad brakes or slick tires?
 How did I feel when I was first learning how to ride a bicycle?

RIDICULE (1)

HDIF when I am an object of someone's joke or ridicule?

RIDING (3)

HDIF about riding in the car with you?
 HDIF when I invite you to go bike riding with me?
 How would I feel if I could go horseback riding?

RIFLE (1)

HDIF about learning to use a pistol or rifle?

RIGHT (11)

"You cannot compromise another person's right to be themselves." HDIFAT?
 After_a_fight: Did one of us insist on being right? HDIFAT now?
 Can the new people I meet tell what interests me right away? HDIFAT?
 Do I really believe that emotions / feelings are neither right nor wrong?
 HDIF about Right to Life issues?
 HDIF after I have exercised my right to vote?
 HDIF when I tell you everything will be all right?
 No matter how often I am right, I will sometimes be dead wrong. HDIFAT?
 What am I doing to promote Christian unity right where I am?
 What changes would make this relationship right for me?
 When I do the right thing, HDIF about what other people think?

RIGHT_NOW (26)

... is the most important thing in my life right_now. HDIFAT?
 After_a_fight: What do I think you are going through right_now? HDIFAT?
 Do I really believe that God loves me where I am right_now?
 HDIF about our_sexual_relationship right_now?
 HDIF right_now?
 HDIF when you expect more of me than I am capable of giving right_now?
 How would I feel discovering that you are hurting right_now?
 How would I feel if you never changed from the way you are right_now?
 If I were completely free right_now, I would ...
 Is there anything troubling me right_now? HDIFAT?
 On changes in our_life right_now
 On my / your job / career right_now
 On our_sexual_relationship right_now
 The most important priority to me right_now is ...
 The most important thing in my life right_now is HDIFAT?
 What Modern World value am I embracing right_now?
 What about me am I most proud of right_now?
 What do I enjoy about our_relationship right_now?
 What do I want from this relationship right_now? In the future? HDIFAT?
 What impact do our_children have on our_relationship right_now?
 What is happening in our_relationship right_now?
 What is most threatening to my spiritual growth right_now?
 What is my greatest financial concern right_now?
 What price am I paying right_now for our financial situation?
 What unresolved problems do I see in our_marriage right_now?
 Which of our_children most needs our help and understanding right_now?

RIGHTS (1)

Am I more careful about people's feelings or people's rights?

RINGS (3)

HDIF when the phone rings and they ask for you?
 HDIF when the telephone rings in the middle of the night?
 The phone rings during dinner. HDIFAT?

RISEN (1)

Jesus is risen! HDIFAT?

RISING (1)

On "Dying you destroyed our death, rising You restored our_life"

RISK (2)

"If you are not free to risk, you cannot grow." HDIFAT?
 HDIF about the risk of pregnancy?

RISKS (2)

HDIF when I have to take risks?
 What risks should I be taking to keep our communication timely and alive?

RIVALRY (1)

There is sibling rivalry in our_home. HDIFAT?

RO (1)

"Avoid getting into debt, except the debt of love (RO 13:8)." HDIFAT?

ROADSIDE (1)

HDIF about roadside litter?

ROCK (1)

HDIF being with people who "go up like a rocket and come down like a rock"?

ROCKET (1)

HDIF being with people who "go up like a rocket and come down like a rock"?

ROLE (8)

HDIF about my role as a mother / father?
 HDIF now about the role our pastor / priest played in our wedding?
 HDIF when I think you are taking a superior role in our dialogues?
 On my role as a mother / father
 Our missionary role is always to invite other_people on our journey. HDIFAT?
 What is the role I see myself and you living out in our sexual experience?
 What is the role of a priest / pastor / minister in our_lives?
 What role does dialogue play in our_life?

ROLES (4)

HDIF about the roles I play in our_marriage?
 How have our roles in our_marriage changed?
 What are my expectations about our sexual roles?
 When we have to change roles, how does this affect our_relationship?

ROMANCE (14)

Do I romance you the way I want it or the way you want it?
 HDIF about the romance in our_relationship?
 HDIF about the romance that remains in our_relationship?
 How can I put more romance in our_marriage?
 How can we put more romance in our_lives?
 How do I like to romance you? HDIFAT?
 How do I want you to romance me? HDIF sharing my answer?
 How does my mask interfere with our romance? HDIFAT?
 On romance or the lack of it
 On romance or the lack of it in our_relationship
 What do I think you miss about our romance? HDIFAT?
 What experience of "romance" happened today?
 When recently did I experience romance in our_relationship?
 When recently did I experience some romance in our_relationship?

ROMANTIC (17)

Are we a romantic couple?
 Are we as romantic as we need to be?
 Can I identify with romantic couples? HDIFAT?
 Describe my idea of a perfect romantic evening, start to finish? HDIFAT?
 HDIF about planning for a romantic time together?
 HDIF planning a romantic evening with you?
 HDIF when I think we are not as romantic as other_people?
 HDIF when I watch romantic movies?
 HDIF when you suggest romantic ideas?
 I am romantic and you are not. HDIFAT?
 On having a romantic evening with you
 On my idea of a romantic evening
 On watching an old romantic movie together
 What romantic expectations do I have of you?
 What romantic thing do you do for me that I hope you never stop doing?
 When I am more romantic than you, I feel ...
 When you are more romantic than me, I feel ...

ROOM (5)

HDIF about working many hours in a room with no windows?
 HDIF when I hold onto you in the labor room?
 HDIF when I see you across the room?
 Joseph and Mary are at our front door. Do we have room?
 On the room we occupied during our_weekend

ROOMS (1)

HDIF when our_children ask me to knock before entering their rooms?

ROSARY (1)

HDIF when we pray the rosary?

ROUGH (2)

HDIF when you hug me after a rough day?
When the going gets rough, I feel better if I ...

ROUTE (1)

Do I ever take the scenic route when I drive? HDIFAT?

ROUTINE (7)

HDIF about my daily routine?
HDIF about the steady, routine parts of my day?
Is a daily routine a painful or comfortable way for me to get things done?
Is it harder for me to adapt to a routine or to constant change? HDIFAT?
Is our_lovemaking routine or passionate?
Is our_sexual_relationship becoming routine?
Is our_sexual_relationship routine?

ROUTINELY (1)

Do I take enough time to pray routinely?

ROUTINES (3)

HDIF when our daily routines do not allow us time for each_other?
HDIF when our routines separate us?
HDIF when your routines separate us?

RUDE (2)

HDIF when I am being impolite or rude to other_people?
HDIF when other_people are impolite or rude to me?

RUGS (1)

HDIF when I shake out the rugs?

RUIN (1)

After_a_fight: Did I let the fight ruin my whole day? HDIFAT?

RUINING (1)

The neighborhood dog is ruining our bushes. HDIFAT?

RULE (1)

DIF better when I let my heart rule my head or vice versa?

RULES (3)

After_a_fight: Do our "rules" allow us to take a break to cool down? HDIFAT?
HDIF when other_people break the rules?
I would feel better if these rules were removed from our_relationship:

RUN (2)

HDIF when my plans run off the track?
HDIF when someone else insists on trying to run my life?

RUNNING (3)

HDIF about learning how to fix a leaky faucet or running toilet?
HDIF when I am running late?
On running errands

RUSHED (1)

HDIF when I am rushed into making an important decision?

RUSHING (2)

On all the last-minute rushing
On all the last-minute rushing around

RUT (1)

Am I more likely to stay in a rut or drift from thing to thing? HDIFAT?

RUTH (1)

Ruth 1:16-17. HDIF about us as I reflect on these words?

SACRAMENT (10)

Do I ever feel God present in our sacrament?
HDIF about living our sacrament and what does this entail?
HDIF about us being a Sacrament?
Has our sacrament been a visible sign to our_family?
How do we make our sacrament a visible sign of God's_love?
Our Sacrament calls us to a good marriage, not just an average one. HDIFAT?
We are a sacrament. What does this mean_to_me?
What do I think about our sacrament of Matrimony?
What would happen to the Sacrament of Matrimony without the church?
What would happen to the church without the Sacrament of Matrimony?

SACRAMENTAL (3)

A sacramental couple is a symbol of Jesus' love for His church. HDIFAT?
Do I believe we are called to be a sacramental couple?
In what area(s) do I most need your help in living as a sacramental couple?

SACRIFICE (7)

Do we sacrifice enough?

HDIF when I make a sacrifice for you?

HDIF when I make a sacrifice knowing Jesus sacrificed for me?
HDIF when I make a specific sacrifice for you?
HDIF when we sacrifice to help a couple come to the weekend or follow-up?
HDIF when you have to make a sacrifice for us?
HDIF when you make a sacrifice for me / us?

SACRIFICED (1)

HDIF when I make a sacrifice knowing Jesus sacrificed for me?

SACRIFICES (5)

Are our sacrifices meaningful or just a requirement for Lent?
HDIF about my sacrifices to make the family meal enjoyable?
On the sacrifices of family members who have served their country
What sacrifices am I making for my family now?
What sacrifices do I have to make to have you number one?

SACRIFICING (1)

HDIF about sacrificing financially to attend an event for married couples?

SAD (4)

A time when I felt sad
Last month I felt sad when ...
What happened today that made me feel sad?
When I feel sad, what is the best thing someone can do for me?

SADDEST (1)

What was the saddest day of my life? HDIFAT?

SADNESS (2)

Am I experiencing any sadness or hurt over being injured? Describe it.
HDIF when there are moods of sadness in our_sexual_relationship?

SAFE (3)

Are our important papers in a safe place? HDIFAT?
Do I feel safe in mass / church?
Do I feel safe sharing my weaknesses as well as strengths with you?

SAID (8)

After_a_fight: HDIF now about things I wish I had done or said differently?
After_a_fight: When did I refuse to listen or ignore what was said? HDIFAT?
Have we said "yes" to God today?
Have you recently said something that made me feel uncomfortable? What?
How would I react if someone said I was "consistently reasonable"?
Jesus said, "If you believe in me, you will never die." HDIFAT?
Mary said "yes" to God. HDIFAT?
When I disagree with something said, would I rather take issue or let it go?

SAKE (1)

Would I change jobs / careers for the sake of our_relationship?

SALARIES (1)

HDIF when I hear people discussing salaries?

SALE (1)

On having a garage sale

SALT (1)

HDIF about switching to low fat milk? Using less salt? Eating less red meat?

SALVATION (1)

The way to salvation is through Jesus. HDIFAT?

SAME (6)

Are we constantly getting hurt and making up in the same areas and HDIFAT?
Are we constantly making up in the same areas and HDIFAT?
Do we always fight about the same things and HDIFAT?
HDIF when I care about the same things you are happy about?
HDIF when we meet a couple who has experienced the same weekend and follow-up?
HDIF when you help_me laugh at myself? When I help_you do the same?

SANDWICH (2)

On finding a love note packed in my sandwich
On packing a love note in your sandwich

SANTA (1)

Is Advent preparation for Christ's birthday or Santa Claus?

SARCASM (1)

HDIF about criticism and sarcasm?

SARCASTIC (2)

HDIF when I am directing sarcastic remarks at someone else?
HDIF when sarcastic remarks are directed at me?

SATISFACTION (4)

Do I experience satisfaction in my personal life?
 My greatest satisfaction in our_sexual_relationship is ...
 What in our_relationship gives me the most satisfaction?
 What satisfaction do I take in little successes?

SATISFIED (3)

A time when I felt satisfied
 Am I satisfied with our_relationship as it is?
 Am I satisfied with our_relationship?

SATISFY (4)

HDIF about my ability to satisfy your needs in our_sexual_relationship?
 How can I help_you discover options to satisfy your needs?
 How can I help_you discover ways to satisfy your needs?
 On my ability to satisfy your needs in our_sexual_relationship

SAVE (1)

If our house were on fire, what one object would I most want to save?

SAVED (1)

HDIF about us when we have saved to buy something special?

SAVING (4)

HDIF about saving money?
 HDIF about saving up for things and paying cash?
 On saving for a summer vacation
 Which do I enjoy more, spending or saving? HDIFAT?

SAVINGS (1)

HDIF about a savings plan for us?

SAW (1)

When was the last_time I saw myself as a failure?

SAY (57)

After_a_fight: Did I say things just for effect? HDIFAT now?
 After_a_fight: What would I like to take back? Why did I say it? HDIFAT now?
 Can I say "no" without feeling guilty?
 Do I assume I already know what you are going to say and HDIFAT?
 Do I ever change what I write or say to gain your approval? HDIFAT?
 Do I ever say no to lovemaking when I know I should say yes?
 HDIF about a daily phone call just to say hello?
 HDIF about looking the person in the eye when I say "I'm sorry"?
 HDIF about saying yes when I really want to say NO?
 HDIF hearing Jesus say, "Love each_other as I have loved you?"
 HDIF hearing you say you love me?
 HDIF when I / you say "forgive me"?
 HDIF when I am the first to say "hello"?
 HDIF when I call you up just to say "hi"?
 HDIF when I cannot say I am sorry?
 HDIF when I cannot seem to find a polite way to say "no"?
 HDIF when I have to say "I do not know"?
 HDIF when I have to say "I made a mistake"?
 HDIF when I have to say "I need help"?
 HDIF when I have to say "I'm sorry"?
 HDIF when I remember to say "please" when asking for something?
 HDIF when I say "ours" but really mean "mine"?
 HDIF when I say I am sorry?
 HDIF when I say good things about you to other_people?
 HDIF when I say good-bye to you at the airport?
 HDIF when I say no to your request for lovemaking?
 HDIF when I say your name?
 HDIF when I say, "Our Father..."
 HDIF when other_people say "hello" to me?
 HDIF when other_people say they do not dialogue?
 HDIF when our_children say "I love you"?
 HDIF when people say exactly what they mean?
 HDIF when someone asks me for something and remembers to say "please"?
 HDIF when we read our letters and then cannot think of much to say?
 HDIF when you call during the day just to say hello?
 HDIF when you do not say anything?
 HDIF when you say "It's OK" or "Forget it" instead of "I forgive you."
 HDIF when you say "Let me show you how"?
 HDIF when you say "We'll dialogue after the next TV program"?
 HDIF when you say "no" to lovemaking?
 HDIF when you say "no" to one of my requests?
 HDIF when you say "yes" to lovemaking?
 HDIF when you say YES but mean NO?
 HDIF when you say no to my request for lovemaking?
 HDIF when you say yes?
 HDIF when you say you are sorry?
 How can I make it easier to say "forgive me"?
 Our dialogue can be a way we say "yes" to each_other. HDIFAT?
 Recently I thought it was wrong, unreasonable or selfish of you to say ...
 Sitting very quietly, HDIF listening to Jesus say my name to me?
 Sometimes I do not take the time to say I love you. HDIFAT?
 What "probably not tonight" signals do I use to say no to sex?

What am I afraid to say to you during our_lovemaking? HDIFAT?
 What type of program do I watch most on TV? What does this say about me?
 What would other_people say is my worst habit? HDIFAT?
 When I mean "thank you," I say / do ...
 When I say "I love you," is it more of a habit or do I mean it?

SAYING (11)

HDIF about saying yes when I really want to say NO?
 HDIF saying "yes" to lovemaking but only for the good of our_relationship?
 HDIF saying "yes" to lovemaking for the good of our_relationship?
 HDIF when I think about us saying "I do" each day?
 How could I make saying grace more meaningful?
 If I died with no chance to talk to you, what would I regret not saying?
 On saying "no" to you in sex
 On your saying "no" to me in sex
 What is today's gospel reading saying to me?
 When we hold hands, what are we saying to each_other?
 When we hold hands, what are we saying to other_people?

SAYS (7)

"You are the light of the world." HDIF as Jesus says this to us?
 HDIF when a couple says no, they do not want or need to go on a weekend?
 HDIF when a couple says yes, they want or need to go on a weekend?
 HDIF when one of our_children says "I love you"?
 HDIF when some we ask to take advantage of the program / weekend says "no"?
 HDIF when someone says "I know just how you feel"?
 Jesus says, "Come unto me all you who are weary." HDIFAT?

SCALE (1)

On a scale of 1 to 10, how do I rate our_sexual_relationship? HDIFAT?

SCARCE (1)

Do we waste food or any other scarce resource?

SCARES (1)

What scares me? HDIF at those times?

SCARF (1)

HDIF when I get you a new scarf?

SCARY (1)

HDIF when I watch scary movies?

SCENE (2)

HDIF when I picture our_family kneeling at the manger scene?
 What is the most peaceful scene I can recall?

SCENIC (1)

Do I ever take the scenic route when I drive? HDIFAT?

SCHEDULE (5)

DIF better following a schedule or do schedules cramp me?
 Do I over schedule my time? HDIFAT?
 I / you have a busy schedule. HDIFAT?
 On my / your hurried schedule
 When I have to do things according to a fixed schedule, I feel ...

SCHEDULES (1)

DIF better following a schedule or do schedules cramp me?

SCHOOL (9)

HDIF about attending school functions?
 HDIF about going back to school at my age?
 HDIF about our_children being back in school?
 HDIF about our_children going back to school?
 HDIF about taking a walking tour through my old high school?
 HDIF about waving to children on school busses?
 HDIF when one of our_children fails at school?
 How would I feel going to a school football game and sitting near the band?
 On the beginning of school

SCOLD (1)

HDIF when I unjustly scold our_children?

SCRAPBOOKS (1)

On spending an afternoon looking at scrapbooks

SCREAM (1)

HDIF when our_children scream?

SCREW (1)

HDIF when you screw up my plans?

SCRIPTURE (6)

HDIF about Scripture dialogue?
 HDIF about dialoguing on scripture?

HDIF about doing Scripture Dialogue?
 HDIF about our closeness when we dialogue on Scripture?
 How has dialoguing about scripture made Jesus come alive for us?
 On reading my_favorite Scripture to you

SCRIPTURES (1)
 HDIF about praying the scriptures with you?

SCRUPULOUS (1)
 HDIF being around people who are overly scrupulous?

SEARCHING (1)
 What am I searching for in life and how does it affect us?

SEASON (7)
 HDIF when I see the first snow of the season?
 How can I give more of myself this Christmas season?
 How can we as_a_family keep the closeness of the Christmas Season alive?
 How does the season (spring, summer, winter, fall) affect me?
 What are my hopes for this Lenten season?
 What does the season of Lent mean_to_me?
 What special moment of the past holiday season will I always remember?

SEAT (1)
 HDIF about using seat belts?

SECOND (2)
 HDIF about giving people a second chance? A third chance? A fourth chance?
 HDIF when circumstances make me "second guess" one of my own decisions?

SECRET (5)
 Am I good at keeping secrets? HDIF when asked to keep a secret?
 HDIF about burdening a friend with a secret that will be difficult to keep?
 HDIF about sending secret gifts and notes to another couple?
 How would I feel if I got a Valentine card from a secret admirer?
 On receiving secret gifts and notes from a couple who loves us

SECRETLY (3)
 HDIF when I secretly do something good for someone?
 What do I secretly worry about the most? HDIFAT?
 What do I think you secretly worry about the most? HDIFAT?

SECRETS (4)
 Am I good at keeping secrets? HDIF when asked to keep a secret?
 HDIF about family secrets?
 HDIF about keeping secrets?
 HDIF about other_people keeping secrets from me?

SECURITY (3)
 How do my goals for financial security affect our_children?
 How does my_need for security prevent me from giving all of me to you?
 How important is financial security to me?

SEE (129)
 Am I able to see your side in our fights and HDIFAT?
 Can I see Christ in all people?
 Can I see any new doors opening for us?
 Do I see Christ in all people?
 Do I see God's Plan as a privilege?
 Do I see God's_plan for me / us as a privilege or a burden?
 Do I see death as a beginning of a greater love relationship?
 Do I see death as an end of our_relationship, our_love?
 Do I see love as being the motivating force in our_lives?
 Do I see my relationship with the Father as a private one?
 Do I see my sexual values changing?
 Do I see myself as someone special?
 Do I see myself in our_children? HDIFAT?
 Do I see myself more in terms of what I do than in terms of what I am?
 Do I see our_sexual_relationship affecting our whole relationship? HDIFAT?
 Do I see ourselves as different from other couples?
 Do I see the awareness of God alive in our_children?
 Do I see us ever allowing ourselves to live fully God's_plan for us?
 HDI see God acting in our_lives?
 HDI see God reflected in other_people?
 HDI see God reflected through our favorite pastor / priest?
 HDI see God reflected through our favorite priest / minister??
 HDI see God's_love reflected through you?
 HDI see myself as a member of Christ's body?
 HDI see myself handling my responsibilities for our_family finances?
 HDI see myself through your eyes today?
 HDI see myself to be superior to you?
 HDI see our dialogue has changed our_relationship?
 HDI see our finances affecting our_relationship?
 HDI see our lifestyle when we are retired?
 HDI see our strengths as_a_couple?
 HDI see our weaknesses as_a_couple?
 HDI see our_relationship in the light of SIR 26:1-4, 13-16?

HDI see priests / pastors needing our support in their calling?
 HDI see us in service to the Lord?
 HDI see us living God's_plan in our_sexual_relationship?
 HDI see you as a gift?
 HDI see you as a giving person?
 HDI see you has a giving person?
 HDI see you to be superior to me?
 HDI suppose our_children feel when they see we are in love?
 HDI think other_people see us as_a_couple?
 HDI want you to see me? Is this the way I want other_people to see me too?
 HDIF about our friends that we never get to see?
 HDIF beginning my dialogue letter by mentioning a good quality I see in you?
 HDIF when I / we see a tiny baby?
 HDIF when I see "thanks" shining in your eyes?
 HDIF when I see God's hand in mine?
 HDIF when I see a couple fight?
 HDIF when I see a reflection of you in our_children?
 HDIF when I see an Encounter / Retrouvaille sticker on another car?
 HDIF when I see an old boy / girl friend?
 HDIF when I see another couple holding hands?
 HDIF when I see baby Jesus in the manger?
 HDIF when I see myself in snapshots?
 HDIF when I see our couple love influencing other_people around us?
 HDIF when I see our_children laugh?
 HDIF when I see our_children respond to you?
 HDIF when I see our_children take new responsibilities?
 HDIF when I see our_family together?
 HDIF when I see our_marriage influencing other_people around us?
 HDIF when I see pressure getting to you?
 HDIF when I see snow for the first time?
 HDIF when I see someone parked illegally in a handicapped space?
 HDIF when I see the first snow of the season?
 HDIF when I see the house in a mess?
 HDIF when I see the other man / other woman?
 HDIF when I see us together in snapshots?
 HDIF when I see you across the room?
 HDIF when I see you after a long day?
 HDIF when I see you after a long separation?
 HDIF when I see you asleep on the couch?
 HDIF when I see you cry?
 HDIF when I see you down on yourself?
 HDIF when I see you in our_children?
 HDIF when I see you sleeping?
 HDIF when I see you smile?
 HDIF when I see you suffer?
 HDIF when I see you totally open to me in our_lovemaking?
 HDIF when I see you working too many hours?
 HDIF when I see your best qualities in our_children?
 HDIF when other_people see our togetherness?
 HDIF when someone I see often never bothers to learn my name?
 HDIF when stress builds and you do not see the warning signals?
 HDIF when we go to see your mother / father in the hospital?
 HDIF when we see something we want but cannot afford?
 HDIF when we see the persons who first told us about this program / weekend?
 HDIF when you "we'll see" but I think you mean "no"?
 HDIF when you see an old boy / girl friend?
 HDIF when you see me nude?
 How do we see the priest / pastor in our_lives?
 How does the way I see myself make it hard for me to reach_out to you?
 How often do we need to see before we believe?
 I see God smiling down on us as we make_love. HDIFAT?
 I see myself as I was at 10 years old. What do I see?
 I see you as someone very special because ...
 Is it more important to see possibilities or adjust to facts? HDIFAT?
 Marriages around us are affected by how well they see ours working. HDIFAT?
 On taking a drive to see the beautiful fall foliage
 On the side of me I least like people (especially you) to see
 Sometimes, I am afraid other_people will see me as ...
 We hear and see values we do not agree with. HDIFAT?
 What Christ-like qualities do I see in you?
 What are the best qualities I see in our_children?
 What are your special qualities that I see in our_children?
 What do I see as your best quality?
 What do I see as your non-verbals when you want to make_love? HDIFAT?
 What do I think other_people see in us as_a_couple?
 What financial needs do I see coming between_us?
 What goals would I like to see us achieve in the next few months?
 What good do I see in our_children?
 What good qualities do I see in our_children?
 What good quality do you see in me that I doubt the most?
 What is the role I see myself and you living out in our sexual experience?
 What is the side of me that I least like you to see?
 What needs of yours do I see me being able to help with?
 What power do I see in our prayer?
 What qualities in Mary as a mother do I also see in you / me?
 What qualities in your mother do I also see in you?
 What quality of Jesus did I see in our priest / pastor today?

What special strength do I see in my in-laws?

What specialness do I see in our_family?

What unresolved problems do I see in our_marriage right_now?

What value do I see in changing the world?

What values do I hold that I would like the world to see?

When I am really down on myself, I feel ... and I see myself as ...

When I look at you today, do I see you as my bride / groom?

When we first met, what made me want to see you again?

You bring out and make me see my self-worth. HDIFAT?

SEED (1)

What kind of seed am I?

SEEING (11)

HDIF about seeing God in you?

HDIF about seeing you at the end of our day apart?

HDIF seeing animals in the zoo?

Have my eyes been open to seeing the Lord's miracles around me?

On seeing God in myself

On seeing God in other_people

On seeing God in our_children

On seeing God in you

On seeing our needs not as problems but as gifts of God

On seeing our_children as gifts of God

On seeing us as a special couple today

SEEK (4)

Do I seek physical nakedness just for times when we make_love?

HDIF when I do not seek love and find it anyway?

What makes it hard for me to seek forgiveness and HDIFAT?

When I seek your forgiveness and you fail to respond, HDIF?

SEEKER (2)

HDIF when I am the "avoider" and you are the "seeker"?

HDIF when I am the "seeker" and you are the "avoider"?

SEEKING (2)

In what ways am I seeking to love my wife as Christ loved the church?

What is the reason I keep myself from seeking your forgiveness?

SEEM (10)

HDIF being with people who do not seem to have emotional ups and downs?

HDIF when I cannot seem to find a polite way to say "no"?

HDIF when I do not seem able to reach you?

HDIF when you seem annoyed with me?

HDIF when you seem bored?

HDIF when you seem indifferent to me?

HDIF when you seem to appreciate me?

HDIF when you seem to be holding something back from me?

HDIF when you seem to be rejecting my emotions / feelings?

HDIF when your needs seem to be in conflict with mine?

SEEMS (1)

HDIF when some other interest seems more important to you than I do?

SEEN (7)

Do I enjoy being seen nude by you? HDIFAT?

HDIF about being seen as unreasonable?

HDIF about being seen as unsympathetic?

I do not ever want to be seen as ...

Since we began dialoguing, what growth have I seen in our_relationship?

The area(s) where I have seen the most growth in you is HDIFAT?

What changes have I seen in our_children (families) since dialogue?

SEES (1)

God hears and sees all I do. HDIFAT?

SELF (3)

Does my true self come out under stress? HDIFAT?

HDIF about my self worth as your lover?

HDIF when I listen to my inner self instead of listening to other_people?

SELF-FULFILLMEN(1)

Does my desire for self-fulfillment interfere with our_relationship?

SELF-IMAGE (10)

Has my self-image improved as a result of our dialogue?

How do our possessions affect my self-image?

How does my self-image keep me from being open to you?

How does stress affect my self-image? HDIFAT?

My thoughts contribute to my self-image. HDIFAT?

On how our_lovemaking affects my self-image

What does failure do to my self-image? HDIFAT?

What does success do to my self-image? HDIFAT?

What has our dialogue done for my self-image?

What is my self-image and HDIFAT?

SELF-PITY (1)

HDIF when I engage in self-pity?

SELF-WORTH (7)

Am I filling my_needs for self-worth in our_relationship or elsewhere?

Am I mostly filling my_needs for self-worth in our_relationship or elsewhere?

HDIF behave when my_need for self-worth is not being met?

How has dialogue helped me meet my_need for self-worth?

On my self-worth as your lover

When was my_need for self-worth met this_week?

You bring out and make me see my self-worth. HDIFAT?

SELFISH (2)

Recently I thought it was wrong, unreasonable or selfish of you to say ...

Where am I most selfish?

SEMINARY (1)

If one of our_children left for the seminary today, how would I feel?

SEND (3)

HDIF when I send you a Valentine's card?

HDIF when I send you a surprise greeting card?

If I were to send you a 25-word telegram, what would I write?

SENDING (6)

HDIF about God sending His son to be a human presence in the world?

HDIF about sending a poor child to summer camp?

HDIF about sending and receiving cards?

HDIF about sending secret gifts and notes to another couple?

On sending a card to you at work

On sending you flowers for no special reason

SENIORITY (1)

I / you have seniority at work. HDIFAT?

SENSE (12)

Do I sense God's presence in our_relationship during intercourse?

Do I sense God's presence in our_relationship when we make_love?

Do I sense God's presence in our_relationship?

Do we have a sense of superiority?

HDIF about my sense of humor?

HDIF when I sense Christ present among us?

HDIF when I sense God's_love through you?

HDIF when I sense you are attracted by other men / women?

HDIF when my spirit of adventure triumphs over good sense?

If I could receive a sixth sense, what would it be?

In general, do I rely more on my imagination or my common sense? HDIFAT?

What can I do to improve my sense of humor?

SENSITIVE (4)

Am I sensitive enough to you when your needs differ from mine?

Am I sensitive to you when your needs differ from mine?

How can I be more sensitive to you?

In what area(s) do I need to be more sensitive to you?

SENSUAL (1)

Describe in precise detail my most sensual fantasy? HDIFAT?

SENTIMENT (1)

Do I value sentiment more than logic or vice versa? HDIFAT?

SENTIMENTAL (1)

What is the most sentimental possession I have? HDIFAT?

SEPARATE (6)

HDIF when activities separate us?

HDIF when our different interests separate us?

HDIF when our routines separate us?

HDIF when your routines separate us?

Is our_sexual_relationship separate from the rest of our_relationship?

Our separate interests are drawing us apart. HDIFAT?

SEPARATED (10)

Does a hobby keep us separated much of the time? HDIFAT?

Does a recreational activity keep us separated much of the time? HDIFAT?

HDIF about a hobby that keeps us separated much of the time?

HDIF about my divorced / separated neighbors and friends?

HDIF when we are separated because of your / my job / career?

HDIF when we are separated?

HDIF when we have been separated for a long time?

HDIF while we are separated by a business trip?

On being separated from you through death

When DIF separated from you? HDIFAT?

SEPARATES (3)

Am I ready to give up some singles' activity that separates us?

HDIF when job / career separates us?

HDIF when some job or activity separates us?

SEPARATING (1)

HDIF when I hear that friends of ours are separating / getting divorced?

SEPARATION (1)

HDIF when I see you after a long separation?

SERIOUS (2)

HDIF when I try to make light of a serious situation?

What, if anything, is too serious to be joked about? HDIFAT?

SERIOUSLY (2)

After_a_fight: Am I taking your pain seriously enough? HDIFAT?

How seriously must I fail before I consider asking for help? HDIF when I ask?

SERVED (1)

On the sacrifices of family members who have served their country

SERVER (1)

HDIF when it is time to leave a tip for the table server?

SERVICE (1)

HDI see us in service to the Lord?

SERVING (1)

On serving you breakfast in bed

SESSIONS (4)

HDIF about the team couples who presented our_weekend or follow-up sessions?

What did our_weekend and follow-up sessions do for our faith in God?

What is the most pleasant memory of our_weekend or follow-up sessions?

What is the most significant effect of our_weekend or follow-up sessions?

SET (5)

HDIF when I fail to accomplish something I set out to do?

How do you set me free?

What goals have I set for myself this year?

What personal goals have I set?

When my work is set back by some unexpected difficulty, I feel ...

SETTING (2)

HDIF about the example we are setting for other couples?

HDIF when someone tries to get my professional advice in a social setting?

SETTLE (2)

HDIF when we try to settle arguments without asking God's help?

I usually settle arguments by ...

SEVERAL (4)

HDIF when cashiers ask for several pieces of identification?

HDIF when we are apart for several days?

HDIF when we go several days without dialogue?

On missing dialogue for several days or weeks

SEX (43)

HDIF about my attitudes about sex?

HDIF about my fears about discussing sex with you?

HDIF about my inhibitions about sex?

HDIF about my reaction toward sex?

HDIF about our growth (or lack of growth) in the area of sex?

HDIF about sex being a decision?

HDIF about sex in the morning?

HDIF about sex in the morning? (Better try first!)

HDIF about your attitudes about sex?

HDIF about your reaction toward sex?

HDIF when I initiate sex?

HDIF when I want sex and you do not?

HDIF when sex brings back the wonderment in you?

HDIF when sex is spontaneous?

HDIF when we decide to dialogue on sex?

HDIF when you initiate sex?

HDIF when you want sex and I do not?

Have I ever felt guilty after performing a sex act? Be specific. HDIFAT?

Have I ever felt used or rejected in sex? HDIFAT?

How would I describe the awkwardness I feel when we talk about sex?

I am too tired to have sex. HDIFAT?

Is sex pretty much all or nothing for me?

Is there any form of sex with you that I find repulsive? HDIFAT?

On my inhibitions about sex

On saying "no" to you in sex

On sex as a healing force

On what I feel most inadequate about in sex

On your saying "no" to me in sex

Sex can be used as a tool to build us. HDIFAT?

There is no morality to consenting, loving sex. HDIFAT statement?

What "probably not tonight" signals do I use to say no to sex?

What are my attitudes about sex in general?

What are my expectations of you in the area of sex?

What are my hopes for us in the area of sex?

What are my thoughts when we decide to dialogue on sex?

What do I feel most inadequate about in sex? HDIFAT?

What do I wish I had known five years ago about sex?

What effect does sex with you have on me?

What emotions / feelings about sex do I find most difficult to reveal to you?

What specifically do you do to me during sex that I enjoy most? HDIFAT?

When DIF most comfortable talking to you about sex?

When you touch me tenderly, without sex as a goal, I feel ...

Why do not I trust you with helping me with sex?

SEXES (1)

How would I feel about changing sexes for one day?

SEXUAL (32)

Are my sexual needs being met?

Are my sexual values changing at all?

Do I allow my sexual values to interfere with my response to you?

Do I choose sexual intercourse to meet my_need to be loved?

Do I see my sexual values changing?

HDIF about discussing our sexual life?

HDIF about increased sexual intimacy?

HDIF about increasing our level of sexual intimacy?

HDIF in realizing our sexual union is God's command?

HDIF when I make sexual advances toward you?

HDIF when you respond to my sexual advances?

How do other_people experience our lack of sexual desire for each_other?

How do other_people experience our sexual desire for each_other?

I avoid sexual involvement with you when ...

Is our sexual union a joining of our hearts, minds, bodies and spirits?

Our sexual experience is 24 hours a day? HDI live this out?

What are my expectations about our sexual roles?

What are my sexual desires?

What could you do to increase my sexual anticipation?

What effect or lack of effect has our sexual desire had on us this_week?

What has the strongest positive influence on my sexual experience?

What is my greatest sexual fantasy?

What is my_favorite sexual fantasy? Would I like it fulfilled? HDIFAT?

What is the effect of our sexual intimacy on me?

What is the effect of our sexual intimacy on other_people?

What is the effect of our sexual intimacy on our_children?

What is the effect of our sexual intimacy on us as_a_couple?

What is the role I see myself and you living out in our sexual experience?

What sexual fantasies do I have that I would like to reveal to you?

What sexual values do I hold?

When I think of sexual desire, I think of ...?

When do I avoid sexual involvement with you? HDIFAT?

SEXUALITY (9)

Can I expose my innermost sexuality to you? HDIFAT?

HDIF about my sexuality?

How are we teaching our_children about sexuality?

In what specific area(s) of sexuality am I reluctant to open up? HDIFAT?

Married sexuality is holy. HDIFAT?

On my sexuality

Our children are tempted by alcohol, drugs, sexuality. HDIFAT?

What are my goals for our_children's sexuality?

What specific event in my past has most affected my sexuality? HDIFAT?

SEXUALLY (17)

Am I being sexually responsive to you?

Am I being sexually responsive to your needs?

Am I inadequate sexually? HDIFAT?

Describe a specific instance when I was most turned on sexually? HDIFAT?

Do I feel needed by you sexually? HDIFAT?

HDIF when I have been fulfilled (sexually) by you?

Have I ever felt inadequate sexually?

Have I ever felt used by you sexually? HDIFAT?

How is our day when we are not sexually desirous?

How is our day when we are not sexually involved with each_other?

I most want to be sexually involved with you when ...

What part of my body do I judge to be sexually exciting to you? HDIFAT?

What part of your body is most sexually exciting to me? HDIFAT?

What part of your body is sexually exciting to me?

What parts of your body are sexually exciting to me? HDIFAT?

When do I want to be sexually involved with you? HDIFAT?

Why do I want to be fulfilled (sexually) by you?

SEXY (5)

HDIF about sexy lingerie?

HDIF when you tell me I am sexy?

How sexy am I? How sexy are you? HDIFAT?

On feeling sexy

What can I do to make myself more sexy to you?

SHAKE (1)
HDIF when I shake out the rugs?

SHAPE (2)
HDIF about getting in shape?
On being out of shape

SHARE (29)
Are we willing to share our story when it is a story of brokenness?
Do I cope with my stress alone or do I share it with you? HDIFAT?
Do we share our faith in each_other?
HDIF about our efforts to share the Good News?
HDIF having you to share special times with?
HDIF when I reveal an emotion / feeling that is difficult to share with you?
HDIF when I reveal an emotion that is difficult to share with you?
HDIF when I share a new recipe with you?
HDIF when I share my popcorn with you?
HDIF when I share with you the latest book I've read?
HDIF when we share deeply with those around us?
HDIF when you have a strong interest that I cannot share?
HDIF when you neglected to share your true priorities or plans with me?
How can we best share our_love with other_people?
How can we share more of ourselves with our_children?
How can we share our Encounter / Retrouvaille experiences with non-Christians?
How do we share our faith with each_other?
Is my burden easier when I share it with Christ?
Life is beautiful when I can share it with you. HDIFAT?
On my ability to share my relationship with God with you
What can I do to share my strengths with other_people?
What charisms (strengths) does our_family have to share with other_people?
What emotion / feeling did I have today that I most want to share with you?
What emotion / feeling did I have today that I want to share with you?
What emotions / feelings about God do I find most difficult to share?
What emotions / feelings do I most like to share?
What is our_relationship with other_people who share our faith?
What is the most difficult emotion I have had to share with you recently?
What thought or emotion did I have today that I want to share with you?

SHARED (10)
Have we shared our material blessings with other_people?
Have we shared our_home and family with our pastor / priest / minister?
Life is beautiful when shared with you. HDIFAT?
What are the three closest moments we have shared together?
What fear have I not shared with you lately?
What goals do I have that I have not shared with you yet?
What is the most difficult emotion / feeling I have shared with you recently?
What was the most tender moment we shared together this_week?
When recently have I shared an emotion / feeling that I did not want to have?
When recently have I shared an emotion that I did not want to have?

SHARING (22)
Do I feel comfortable sharing my relationship with God with you?
Do I feel safe sharing my weaknesses as well as strengths with you?
HDIF about sharing my emotional life with you?
HDIF about sharing my emotions / feelings from the past?
HDIF about sharing my failures?
HDIF about sharing our Thanksgiving dinner with strangers?
HDIF about sharing our dinner table with strangers?
HDIF about sharing you with our_children?
HDIF sharing a dialogue letter with other dialoguing couples?
HDIF sharing our dialogue with other_people?
HDIF sharing our faith as_a_couple?
HDIF sharing the details of my work day with you?
HDIF when I am avoiding sharing something with you?
HDIF when you accept a part of me that I had difficulty sharing?
How do I want you to romance me? HDIF sharing my answer?
On sharing a bag of popcorn and a movie
On sharing a moonlight stroll
On sharing an ice cream cone
On sharing our lifestyle with our families
On sharing our possessions with other_people
On sharing the holidays with you
When have we affected another couple by sharing our story?

SHARP (1)
Is my tongue sharp like a sword? HDIFAT?

SHEEPISH (1)
A time when I felt sheepish

SHELTER (1)
HDIF about getting our next pet from the animal shelter?

SHINE (1)
Do we let our light shine?

SHINING (2)
HDIF when I see "thanks" shining in your eyes?
When have I been aware of "our light shining for all"?

SHOPPING (4)
HDIF about going shopping with you?
HDIF about shopping for furniture?
HDIF when I am shopping with you? HDIF about shopping in general?
HDIF when I watch our_children while you go shopping?

SHORT (1)
HDIF about taking a short trip with you?

SHORT-CHANGED (1)
On being short-changed at the store

SHOULD (21)
Am I as close to our_children as I want to be? As I should be? HDIFAT?
Are there times when I should not reveal a negative emotion / feeling to you?
Considering my upbringing, what should I avoid with our_children? HDIFAT?
Considering my upbringing, what should I repeat with our_children? HDIFAT?
Do I ever say no to lovemaking when I know I should say yes?
Do I have close friends I should invite to the program / weekend??
Do I have close friends who should take advantage of this program / weekend?
Do I have relatives I should invite to the program / weekend??
Do I have relatives who should take advantage of this program / weekend?
HDIF when I do what I should do instead of what I want to do?
HDIF when I should reach_out but I do not?
HDIF when I should reach_out to you but do not?
How do I cope with stress? How should I cope with stress? HDIFAT?
How often do I think we should make_love? HDIFAT?
I think our next household project should be ...
Is there ever a time when I should not reveal a negative emotion to you?
It's supper time and I have eaten more than I should. HDIFAT?
Should lovemaking be part of the healing process or reserved for afterward?
What are my thoughts when we should ask for help with our dialogue?
What risks should I be taking to keep our communication timely and alive?
Who should we pass the gift of Encounter / Retrouvaille on to?

SHOVEL (1)
HDIF when I have to shovel the snow?

SHOW (25)
Do I think you show enough interest in my emotions / feelings? HDIFAT?
Do I use my hands to show I am listening to you and HDIFAT?
Do we show our couple love?
HDIF about how well I show my love for you?
HDIF about the way we show God's_love to other_people?
HDIF being around people who show no flexibility?
HDIF knowing Christ died in agony to show His love for us?
HDIF when you can show me that I am a good person after all?
HDIF when you say "Let me show you how"?
HDIF when you show confidence in me?
HDIF when you show interest in your job / career?
HDIF when you show me you love me?
HDIF when you show you love me?
HDIF when you show your love for me in front of other_people?
How can I show the rest of the family the love I have for them?
How did I show you today that you are my_favorite person?
If I could design my own children's TV show, what would it be like?
What can I do to show my love to other_people?
What can I do to show our couple love?
What can I do to show our_children more love?
What can I do to show you more love?
What have I done to show Christ my love for Him?
What is the best way we can show our_love to God?
Where does our couple-centered attitude show the most?
Where does our togetherness show the most?

SHOWER (3)
HDIF about taking a shower together?
HDIF when I am singing in the shower?
HDIF when someone leaves hair plugging the shower drain?

SHOWING (3)
HDIF about showing my love for you?
HDIF showing affection in front of our_children?
What keeps me from showing you what you really mean_to_me?

SHOWN (2)
How have I shown my love for you today?
What way have I shown my love to our daughter / son lately?

SHUT (2)
After_a_fight: What did I do to shut you off? HDIFAT now?
HDIF when you shut me off?

SHUT-IN (1)

On taking food to a shut-in

SIBLING (2)

A sibling is sick. HDIFAT?

There is sibling rivalry in our_home. HDIFAT?

SIBLINGS (2)

On my family (parents and siblings)

On your family (parents and siblings)

SICK (8)

A sibling is sick. HDIFAT?

A time when I felt sick

HDIF about us when I am sick?

HDIF when someone we know is really sick or dies?

HDIF when we get a call that our child is sick?

HDIF when you are sick at an inconvenient time?

HDIF when you are sick?

What am I like when I am sick?

SICKNESS (1)

On sickness in our_life

SIDE (3)

Am I able to see your side in our fights and HDIFAT?

On the side of me I least like people (especially you) to see

What is the side of me that I least like you to see?

SIGN (9)

Are we, as_a_couple, being a sign of God's_love to the world?

HDIF about being called to be a visible sign of the church?

HDIF about our_marriage being a living sign of love?

HDIF when I sign my name to a binding legal contract?

Has our sacrament been a visible sign to our_family?

How do we make our sacrament a visible sign of God's_love?

How have we been a sign of love to our people?

How have we failed to be a sign of love to our people?

On being called to be a sign to the Church that marriage works

SIGNALS (2)

HDIF when stress builds and you do not see the warning signals?

What "probably not tonight" signals do I use to say no to sex?

SIGNIFICANT (3)

What is the most significant effect of our_weekend or follow-up sessions?

What part of the Passion is most significant to me?

What was the last significant healing we had with each_other?

SIGNING (1)

On signing our Christmas cards

SILENCE (1)

HDIF when there is silence between_us?

SILENT (4)

After_a_fight: What was I feeling / thinking when I was silent?

HDIF when I am giving you the "silent treatment"?

HDIF when I get the "silent treatment" from you?

HDIF when you are giving me the "silent treatment"?

SILK (1)

HDIF about wearing silk underwear?

SILLIEST (1)

What is the silliest thing I have ever done in public? HDIFAT?

SILVER (1)

HDIF when we use the good silver (or the good china)?

SIMILAR (3)

HDIF when our dialogue reflections are similar?

HDIF when our reflections are similar?

How is our_family relationship similar to the Holy Family?

SIMPLE (1)

How can we live a more simple and fulfilling life?

SIMPLER (1)

How can we live a simpler and more fulfilling life?

SIMPLICITY (1)

HDIF about the poverty and simplicity of Jesus' birth?

SIN (1)

HDIF about the Lord when I sin or fail to measure up?

SINCE (13)

HDIF when it has been a long time since we dialogued?

HDIF when it has been a long time since we made love?

HDIF when it's been a long time since we have made love?

Has our_love grown since the weekend and follow-up?

Has our_love grown since we became involved in the program?

How am I different since the weekend or follow-up period?

How has our_love grown since our wedding day?

How long has it been since we called / wrote our prayer couple? HDIFAT?

On being more in touch with our_love for each_other since our_weekend

On my fondest dream for you since our_weekend

Our love has grown since our wedding day. HDIFAT?

Since we began dialoguing, what growth have I seen in our_relationship?

What changes have I seen in our_children (families) since dialogue?

SINCERE (1)

HDIF when I get a sincere "thank you" note?

SING (2)

How do I react when people sing "Happy Birthday" to me in public? HDIFAT?

When I sing Alleluia, am I enthusiastic?

SINGING (2)

HDIF about singing in mass / church?

HDIF when I am singing in the shower?

SINGLE (4)

Do I have unmet needs that lead me to be a "married single"?

HDIF when I become a married single again?

HDIF when I return from acting like a "married single"?

How does my mask make me a married single?

SINGLE-PARENT (1)

How can we reach_out to a single-parent family?

SINGLES (2)

How are we behaving like "married singles"?

When at a party, do we act like married singles?

SINGLES' (1)

Am I ready to give up some singles' activity that separates us?

SINGS (1)

HDIF when the whole family sings together?

SINISTER (1)

After_a_fight: Did one of us attribute sinister motives to the other? HDIFAT?

SINS (1)

"Forgive us our sins as we forgive other_people." HDIF when I pray this?

SIR (1)

HDI see our_relationship in the light of SIR 26:1-4, 13-16?

SITTING (3)

HDIF when I am sitting upright? When I am slouching?

How would I feel going to a school football game and sitting near the band?

Sitting very quietly, HDIF listening to Jesus say my name to me?

SITUATION (9)

Do I feel responsible for our current financial situation?

Do I feel responsible for our financial situation?

HDIF when I cope successfully with a stress-filled situation?

HDIF when I lose control over a situation?

HDIF when I try to make light of a serious situation?

HDIF when a new situation comes up that conflicts with my plans?

On my biggest fear about our financial situation

What is the most embarrassing situation I have been in? HDIFAT?

What price am I paying right_now for our financial situation?

SIXTH (1)

If I could receive a sixth sense, what would it be?

SIZE (3)

HDIF about the size of our_family?

HDIF about the size of the family I was born into?

HDIF when we are open to increasing the size of our_family?

SKEPTICAL (1)

I have a dream. HDIF when other_people are skeptical?

SKILLS (2)

My skills are outdated. HDIFAT?

What listening skills could improve our communication?

SKIP (1)

HDIF when I want to skip a dialogue?

SLEEP (14)

Am I getting enough sleep? HDIFAT?
 Do I get enough sleep? HDIFAT?
 HDIF falling to sleep beside you? Waking up beside you?
 HDIF when I am able to sleep in?
 HDIF when I am tired and cannot get to sleep?
 HDIF when I am too excited to sleep?
 HDIF when I am too tense to sleep?
 HDIF when I check on our_children as they sleep?
 HDIF when I get behind on my sleep?
 HDIF when I get up but let you sleep?
 HDIF when I have to get up but you can sleep in?
 HDIF when I hold you as you cry yourself to sleep?
 HDIF when you / I sleep late?
 What thoughts help_me to sleep at night?

SLEEPING (6)

HDIF about sleeping in a tent with you, outdoors?
 HDIF sleeping at my in-laws' house with you?
 HDIF sleeping in a strange bed?
 HDIF when I look at our_children sleeping?
 HDIF when I see you sleeping?
 On sleeping late

SLEEPLESS (1)

HDIF after I have spent a sleepless night?

SLEEPY (1)

HDIF when I am sleepy and you want to make_love?

SLICK (1)

HDIF when I ride in a car with bad brakes or slick tires?

SLIP (1)

HDIF when we slip back into our old ways?

SLIPPED (1)

Have we grown, plateaued, or slipped backward in our_relationship this_week?

SLOUCHING (1)

HDIF when I am sitting upright? When I am slouching?

SLOW (1)

HDIF when we are slow dancing?

SMALL (3)

DIF better conversing one-on-one or conversing in a small group?
 HDIF around babies or small children?
 HDIF when I unavoidably hit some small animal with the car?

SMARTER (1)

HDIF about hiring people smarter than I am?

SMELLS (1)

What smells have an emotional association for me? HDIF at those times?

SMILE (9)

Do I laugh and smile on a regular basis? HDIFAT?
 HDIF about your smile?
 HDIF when I flash you a smile?
 HDIF when I see you smile?
 HDIF when I smile?
 HDIF when you smile at me?
 On wearing a smile each day
 What can I do to make you smile more?
 What thought of you makes me smile?

SMILING (2)

I see God smiling down on us as we make_love. HDIFAT?
 If Jesus were at the foot of our bed, would He be smiling?

SMOKE (3)

Do I smoke? HDIFAT?
 HDIF about being around people who smoke?
 HDIF about smoke detectors in our_home?

SMOLDERING (1)

HDIF being around people who harbor smoldering resentments?

SMOOTHLY (1)

Do I consider myself smoothly diplomatic or brutally honest? HDIFAT?

SMUG (1)

A time when I felt smug

SNAPS (1)

HDIF when someone snaps their fingers to get my attention?

SNAPSHOTS (2)

HDIF when I see myself in snapshots?
 HDIF when I see us together in snapshots?

SNOW (7)

HDIF about taking a walk you in the snow? In the rain?
 HDIF walking hand in hand with you in the new-fallen snow?
 HDIF when I have to shovel the snow?
 HDIF when I see snow for the first time?
 HDIF when I see the first snow of the season?
 HDIF when I watch our_children play in the snow?
 Why do I want snow at Christmas?

SNOWED (1)

HDIF about being snowed in with you?

SNUGGLING (1)

On snuggling in front of the fireplace

SO-AND-SO (1)

How does so-and-so [name someone] help us to experience God's_love for us?

SO-AND-SO'S (1)

HDIF about so-and-so's [name someone] visit?

SOCIALE (1)

DIF better when I play cards to win or when I play to be sociable?

SOCIAL (2)

HDIF about telling "social" or "polite" lies?
 HDIF when someone tries to get my professional advice in a social setting?

SOCIALY (1)

HDIF when we go out socially?

SOCIETY (2)

How is today's society affecting our_family?
 How is today's society influencing our_family?

SOFTBALL (1)

HDIF about participating in league activities (softball, bowling) with you?

SOLICIT (1)

HDIF about giving money to people who solicit on the street?

SOLICITOR (1)

HDIF when I hurry to answer the phone and it is only a solicitor?

SOLITUDE (1)

HDIF when I have the opportunity to be alone, to enjoy some solitude?

SOLVE (1)

Do I really want to solve the conflicts between_us?

SOMEDAY (1)

HDIF about our_children needing Encounter / Retrouvaille someday?

SOMEONE (81)

Am I experiencing any remorse or guilt for hurting someone else? Describe it.
 Do I know someone suffering in a Christ-like way?
 Do I need to forgive someone else so I can love you more?
 Do I see myself as someone special?
 HDIF about being with someone who is dying?
 HDIF about helping teach someone?
 HDIF about loving someone who does not particularly deserve it?
 HDIF about so-and-so's [name someone] visit?
 HDIF about someone asking me to do them a favor?
 HDIF about someone who has died in our_family?
 HDIF when I am directing sarcastic remarks at someone else?
 HDIF when I am not thanked for going out of my way for someone?
 HDIF when I am with someone who does not speak English?
 HDIF when I discuss politics with someone whose views are opposite of mine?
 HDIF when I do something good for someone else?
 HDIF when I eat with someone who is on a diet?
 HDIF when I know I have upset someone in my family?
 HDIF when I know someone is cheating on their wife / husband?
 HDIF when I receive a compliment from someone in our_family?
 HDIF when I receive a compliment from someone outside our_family?
 HDIF when I secretly do something good for someone?
 HDIF when I see someone parked illegally in a handicapped space?
 HDIF when someone (not you) laughs at my mistakes?
 HDIF when someone I do not like loves me?
 HDIF when someone I see often never bothers to learn my name?
 HDIF when someone asks me for something and remembers to say "please"?
 HDIF when someone compliments one of our_children?

HDIF when someone compliments you (but not me) on our_family?
 HDIF when someone does a better job at work than I do?
 HDIF when someone drops in unexpectedly?
 HDIF when someone eats the last cookie?
 HDIF when someone else gets the parking place I am waiting for?
 HDIF when someone else insists on trying to run my life?
 HDIF when someone gives me a firm handshake?
 HDIF when someone hurts you?
 HDIF when someone interrupts me?
 HDIF when someone leaves hair plugging the shower drain?
 HDIF when someone phones me just to talk?
 HDIF when someone rains on my parade?
 HDIF when someone reaches out to me?
 HDIF when someone reaches out to us?
 HDIF when someone rejects me or does not love me?
 HDIF when someone reminds me of all the favors they have done for me?
 HDIF when someone says "I know just how you feel"?
 HDIF when someone snaps their fingers to get my attention?
 HDIF when someone succeeds in fooling me on April Fool's Day?
 HDIF when someone tries to get my professional advice in a social setting?
 HDIF when someone we know is really sick or dies?
 HDIF when someone wins a game and gloats over it?
 HDIF when we do something for someone as_a_couple?
 HDIF when you do something good for someone else?
 HDIF when you do something kind for someone else?
 How does so-and-so [name someone] help us to experience God's_love for us?
 How would I feel if I had to lie to protect someone I love?
 How would I feel if someone in the family knew how to perform CPR?
 How would I feel working under someone who is always fair but not so kind?
 How would I feel working under someone who is always kind but not so fair?
 How would I react if someone called me a person of "real feeling"?
 How would I react if someone said I was "consistently reasonable"?
 I see you as someone very special because ...
 If someone close to me were to die, what would I most need from you?
 In what specific way did I help someone today? HDIFAT?
 Someone ahead of me in the 8 item express checkout has 20 items? HDIFAT?
 Someone borrowed our car and returned it with a full tank? HDIFAT?
 Someone forgot to wipe the honey jar before putting it away? HDIFAT?
 Someone hit our car. HDIFAT?
 Someone offers me a breath mint? HDIFAT?
 What does it take for me to trust someone? HDIFAT?
 When I am really at odds with someone, I feel ... and I tend to ...
 When I feel angry, what is the best thing someone can do for me?
 When I feel depressed, what is the best thing someone can do for me?
 When I feel embarrassed, what is the best thing someone can do for me?
 When I feel frustrated, what is the best thing someone can do for me?
 When I feel lonely, what is the best thing someone can do for me?
 When I feel sad, what is the best thing someone can do for me?
 When I feel upset, what is the best thing someone can do for me?
 When did we go two miles with someone who ordered us to go one?
 When someone criticizes me, I feel ... and I tend to ...
 When someone expresses tender emotions to me, I feel ... and I tend to ...
 When someone is aggressively angry with me, I feel ... and I tend to ...
 Would I feel better if someone found me practical or ingenious?

SOMEONE'S (3)

HDIF when I am an object of someone's joke or ridicule?
 HDIF when I am an object of someone's joke?
 HDIF when I have difficulty remembering someone's name?

SOMEWHERE (1)

HDIF about going somewhere for the day without planning what to do there?

SON (9)

"God so loved us that He gave us His only son." HDIFAT?
 Do we strive to be one as Father, Son and Holy Spirit are one?
 God's Son was born for us. HDIFAT?
 HDIF about God sending His son to be a human presence in the world?
 HDIF about our son being a priest / pastor?
 HDIF after hearing the story of the prodigal son?
 HDIF hugging our son or daughter after I have disciplined them?
 What way have I shown my love to our daughter / son lately?
 When I consider the story of the prodigal son, HDIF?

SONG (7)

HDIF about us when I hear our favorite song?
 HDIF when I hear our song?
 HDIF when we hear "our song"?
 What is my_favorite love song? HDIF when I hear it?
 What song can bring tears to my eyes? HDIF when I hear it?
 What song reminds me of our_relationship now?
 What song would I dedicate to you today? HDIFAT?

SOON (1)

HDIF when I remember our anniversary is coming up soon?

SOONER (1)

Have I come to the Lord sooner than other_people?

SORRY (6)

After_a_fight: Did I pout or cry just so you would feel sorry for me?
 HDIF about looking the person in the eye when I say "I'm sorry"?
 HDIF when I cannot say I am sorry?
 HDIF when I have to say "I'm sorry"?
 HDIF when I say I am sorry?
 HDIF when you say you are sorry?

SOUND (1)

HDIF lying in bed when you are sound asleep but I am wide awake?

SOUNDING (1)

You are my sounding board. HDIFAT?

SOUNDS (2)

HDIF about the way my voice sounds when it is recorded?
 What sounds please me most during lovemaking?

SOUP (1)

How would I feel working a few hours a month in a soup kitchen?

SOURCE (4)

HDIF when I am a source of confidence to you?
 HDIF when I am a source of inspiration to you?
 What can make money a source of conflict in our_relationship? HDIFAT?
 What is the biggest continuous source of stress in my life? HDIFAT?

SOURCES (3)

What are the major sources of stress in my life?
 What are the major sources of stress in our_relationship?
 What are the sources of my pain or frustration? HDIFAT?

SPACE (3)

HDIF about the organization of my office space at work?
 HDIF when I see someone parked illegally in a handicapped space?
 What new activity or interest could I make space for in my life? HDIFAT?

SPARE (2)

Do we spend our spare time on our_home rather than with each_other?
 HDIF about the way we use our spare time?

SPEAK (3)

Am I more likely to speak up in praise or blame? HDIFAT?
 HDIF about my ability to speak to you freely about our_sexual_relationship?
 HDIF when I am with someone who does not speak English?

SPEAKING (1)

What obstacles do I allow to inhibit me from speaking freely? HDIFAT?

SPECIAL (32)

Do I see myself as someone special?
 HDIF about the way we celebrated our_love on this special occasion?
 HDIF about us when we have saved to buy something special?
 HDIF having you to share special times with?
 HDIF when I consider that we are special to Our Father?
 HDIF when I receive a special favor?
 HDIF when you do something special for me?
 How is the gift of the Eucharist special in our_lives?
 How was Easter special for us this year?
 I forgot to buy you a card on this special occasion. HDIFAT?
 I see you as someone very special because ...
 I would really feel special if ...
 Is St. Valentine's Day special to me or just another day?
 Is dialogue a chore or a special time for us?
 On seeing us as a special couple today
 On sending you flowers for no special reason
 Our child has a special talent. HDIFAT?
 What are my thoughts about us being special to Our Father?
 What are your special qualities that I see in our_children?
 What did you do today that made me feel special?
 What have I done to help other_people in our_family feel special?
 What is our special character as_a_family?
 What is special about us as_a_couple today?
 What is special about you today?
 What special gift have I prepared to give Him for His birthday?
 What special joy do you bring into my life?
 What special moment of the past holiday season will I always remember?
 What special pleasure do you bring into my life?
 What special qualities as_a_couple do we bring to other_people?
 What special qualities do I most admire in you?
 What special strength do I see in my in-laws?
 When was the last_time I told you how special you are?

SPECIALNESS (2)

What is your specialness to me today?

What specialness do I see in our_family?

SPECIFIC (15)

After_a_fight: At what specific point did I get drawn in? HDIFAT?
Describe a specific instance when I was most turned on sexually? HDIFAT?
HDIF when I make a specific sacrifice for you?
Have I ever felt guilty after performing a sex act? Be specific. HDIFAT?
In what specific area(s) of sexuality am I reluctant to open up? HDIFAT?
In what specific way did I help someone today? HDIFAT?
In what specific way have I brightened your day today?
In what specific ways am I hopeful for Encounter / Retrouvaille?
In what specific ways am I hopeful for our_relationship?
In what specific ways am I hopeful for the Church?
In what specific ways am I hopeful for the world?
What one specific thing would make our_lovemaking even more beautiful?
What specific change do I need to make in myself?
What specific changes do I want to make to live more intimately with you?
What specific event in my past has most affected my sexuality? HDIFAT?

SPECIFICALLY (4)

After_a_fight: What specifically triggered my reaction? HDIFAT now?
What specifically could I do to break down the barriers between_us?
What specifically do you do to me during sex that I enjoy most? HDIFAT?
What specifically do you do to me physically that turns me off? HDIFAT?

SPEED (2)

HDIF about relying on the extra speed I develop at the end of a job?
HDIF when people do not observe the speed limit?

SPEND (22)

Do I spend enough time with friends and relatives? HDIFAT?
Do I spend time alone when I need to be alone? HDIFAT?
Do we spend our spare time on our_home rather than with each_other?
HDI want to spend our golden years?
HDIF about re-evaluating how we spend our time?
HDIF about the amount of time we spend watching TV?
HDIF about the time I spend watching TV?
HDIF about the time I spend with my / your family?
HDIF about the time we spend with my / your family?
HDIF about the way we spend money?
HDIF having an extra day to spend with you this month?
HDIF when we can spend a quiet evening together?
HDIF when we spend an evening alone together?
HDIF when you spend money on me?
HDIF when you spend money on new clothes?
How would I like to spend our vacation?
If I had only two days to live, how would I spend them?
If this were our last Christmas, how would I like to spend it?
On how we spend our money
What are some of the most tranquil times we spend together?
What do we spend most of our time talking about and HDIFAT?
What percentage of my time do I spend thinking about you? HDIFAT?

SPENDING (13)

HDIF about spending meaningful time with our_children?
HDIF about spending time alone?
HDIF spending the rest of my life with you?
HDIF when outside activities keep us from spending time with our_family?
On cutting our spending
On our spending habits
On spending an afternoon looking at scrapbooks
On spending an entire day communicating only with non-verbals
On spending an evening alone
On spending money during the holidays
On spending time together as_a_family
What is one of the happiest times I remember spending with you lately?
Which do I enjoy more, spending or saving? HDIFAT?

SPENDS (1)

HDIF about the way our_family spends money?

SPENT (5)

HDIF about the time we have spent together this_week?
HDIF about the way we spent last weekend?
HDIF after I have spent a sleepless night?
On the time we have spent together this_week
What do I remember most about the way we spent our first anniversary?

SPIRIT (9)

After_a_fight: What do I admire about your fighting spirit?
Did we keep the true spirit of Christmas?
Do we feel the Spirit moving in us?
Do we strive to be one as Father, Son and Holy Spirit are one?
HDIF using the gifts of the Holy Spirit?
HDIF when my spirit of adventure triumphs over good sense?
Have I ever felt the power of the Holy Spirit?
How are we living the spirit of Christmas throughout the year?

What charism (strength) do I have from the Spirit that helps the world believe?

SPIRITS (1)

Is our sexual union a joining of our hearts, minds, bodies and spirits?

SPIRITUAL (12)

HDIF about my spiritual growth this Easter / Lent?
HDIF about my spiritual growth this Easter?
HDIF about our pastor or spiritual director?
HDIF about our spiritual growth as_a_couple?
HDIF about our spiritual growth this Easter?
HDIF about us being a spiritual couple?
How can we improve our spiritual life as_a_couple?
How can we make this Advent a spiritual preparation for Christmas?
What could I do to help my own spiritual growth?
What could I do to help your spiritual growth?
What do I think about our spiritual growth as_a_couple?
What is most threatening to my spiritual growth right_now?

SPIRITUALITY (9)

How can we improve our spirituality as_a_family?
In what way can I deepen our spirituality?
In what ways can I deepen our spirituality?
On my spirituality
On our spirituality
Spirituality -- what does it mean_to_me?
Spirituality: What does it mean_to_me?
What do I think about our couple spirituality and HDIFAT?
What do I think about our spirituality (being lovers) and HDIFAT?

SPIRITUALLY (2)

Am I growing spiritually?
How could you help_me grow spiritually?

SPOKE (1)

How would I feel if the angel Gabriel spoke to me?

SPOKEN (2)

HDIF when I realize God has spoken to me through you?
How important is spoken communication to our_relationship?

SPONTANEOUS (1)

HDIF when sex is spontaneous?

SPONTANEOUSLY (2)

Do I express my emotions / feelings spontaneously?
When was the last_time we made love spontaneously? HDIFAT?

SPORT (2)

HDIF when we participate in a sport?
HDIF when we play a sport together?

SPORTS (4)

HDIF about encouraging our_children to participate in sports?
HDIF about us participating in competitive sports? When we win? When we lose?
HDIF watching our_children participate in sports?
HDIF when TV sports controls meals and holidays in our_home?

SPOT (1)

When I am caught in an embarrassing spot, I usually ...

SPOTS (1)

After_a_fight: What tender spots were touched and when? HDIFAT now?

SPOUSAL (1)

In what kind of relationship (besides spousal) do I try to fill my_needs?

SPOUSE (3)

Here is my description of an ideal spouse:
How has dialogue helped you get in touch or stay in touch with your spouse?
What has dialogue taught you about your relationship with your spouse?

SPREAD (2)

What little kindness could I do tomorrow to spread love around?
What little kindness did I do today to spread love around?

SPRING (9)

Do my attitudes change toward those around me with the coming of spring?
HDIF about planting flowers in the spring?
HDIF about spring weather?
HDIF taking a walk with you on a beautiful spring day?
HDIF when fall / winter / spring / summer is approaching?
How does the season (spring, summer, winter, fall) affect me?
On spring cleaning
What family memories of spring do I have?
When have I felt alone this spring / summer / winter / fall?

SPRINGTIME (1)

What are my family's favorite springtime activities?

SQUEEZE (1)

HDIF when I squeeze your hand?

ST (1)

Is St. Valentine's Day special to me or just another day?

STAKE (8)

Am I aware of the Father's stake in our_sexual_relationship? HDIFAT?

Do I believe we have a stake in other_people's marriages and they in ours?

HDIF about God having a stake in our_marriage?

HDIF about the stake we have in other_people's marriages?

In what way does the Father have a stake in our_marriage?

In what ways does the Father have a stake in our_marriage?

We have a stake in other_people's marriages and they in ours. HDIFAT?

What stake do we have in the marriages of other_people?

STALE (2)

When our dialogue is stale and flat, I feel ...

When our dialogue is stale and flat, are we living the World's Plan?

STAND (9)

Do I stand up for what I believe in?

Do people close to me know where I stand on most things? HDIFAT?

HDIF when I have the courage to let people know what I stand for?

HDIF when I stand at attention during the national anthem?

HDIF when you do not stand up for me?

HDIF when you stand up for me?

If I were to list my strengths, what would stand out to me?

If I were to list my weaknesses, what would stand out to me?

Will I stand up for what I believe in?

STANDARDS (2)

Do I judge other_people by higher or lower standards than I use on myself?

Do I measure myself by other_people's standards? HDIFAT?

STANDING (1)

HDIF when I am standing in a packed elevator?

STANDS (1)

What stands in the way of my making a genuine commitment to you? HDIFAT?

STAR (1)

Star bright nights stir emotions / feelings in me of ...

STARS (1)

How do I feel when I lie back and look at the stars?

START (7)

Describe my idea of a perfect romantic evening, start to finish? HDIFAT?

Do I sometimes like to provoke fights even if I do not start them?

Do I sometimes provoke fights even if I do not start them?

HDI act in a group when they start talking about religion?

HDIF stopping to organize a job carefully before I start?

If I had my life to start again, what would I change?

When I start feeling lonely, I ...

STARTED (1)

I really wish I had started ... earlier in life. HDIFAT?

STARTING (5)

Do I pride myself in not starting fights with you?

HDIF about starting / joining a dialogue support group?

HDIF about starting a family?

HDIF about starting over after a reversal or failure?

HDIF about starting to ride a bicycle again at my age?

STARTS (1)

What starts our fights and HDIFAT?

STATE (1)

HDIF about my state of health? Do I take it for granted?

STATEMENT (2)

There is no morality to consenting, loving sex. HDIFAT statement?

What do I think about the statement, "open to you, open to God"?

STATUS (2)

HDIF about our financial status now?

On our financial status after the holidays

STAY (9)

Am I more likely to stay in a rut or drift from thing to thing? HDIFAT?

Do we have a "little church" at home to help us stay on the program?

HDIF about having company stay with us?

HDIF when I have to fight to stay awake?

HDIF when I stay within my limits, undertaking only as much as I can handle?

How has dialogue helped me get in touch or stay in touch with you?

How has dialogue helped you get in touch or stay in touch with your spouse?

How would I feel if our TV were to break and stay broken?

Why do I want to stay married to you?

STAYING (1)

HDIF about staying home with you?

STEADY (1)

HDIF about the steady, routine parts of my day?

STEP (3)

Do I trust in the Lord enough to step out of the boat?

HDIF about learning a new dance step with you?

What is the first step I take to cope with the stress in my life?

STEPS (2)

What practical steps could we take to talk more about us?

What steps can we take to make our "impossible dream" a reality?

STEWARDS (1)

Are we good stewards of all that God gives us?

STICKER (1)

HDIF when I see an Encounter / Retrouvaille sticker on another car?

STILL (20)

After_a_fight: Am I still bearing a grudge? HDIF carrying a grudge?

After_a_fight: Am I still feeling hurt? Describe the pain.

After_a_fight: Am I still making excuses for my actions? HDIFAT?

After_a_fight: Am I still pretending not to care? HDIFAT?

After_a_fight: What issues still persist? HDIF about these unresolved issues?

Do we still court each_other?

Given a workable idea, will I analyze what is still wrong with it? HDIFAT?

HDIF when you are still not home and the weather is bad?

How is my father / mother still influencing my life?

I cannot compromise on Can I have this and still have us?

I must be true to Can I be true to this and still be with you?

I still have these doubts about us: HDIFAT?

In what way are you still a mystery to me?

In what ways am I still wrapped in a cocoon?

In what ways are you still a mystery to me?

Knowing what I know now, would I still choose you as a partner? HDIFAT?

These are my_needs that still go unmet: HDIFAT?

These issues still come between_us: HDIFAT?

What happens when I am still lonely or feel used after we make_love?

What lifetime dream am I still trying to realize? HDIFAT?

STIR (2)

Star bright nights stir emotions / feelings in me of ...

What emotion / feeling does Jesus' death on the cross stir in me?

STOCK (2)

HDIF when stock market trends increase the value of our investments?

HDIF when stock market trends reduce the value of our investments?

STOP (6)

HDIF when I am unable to stop laughing, especially at an inappropriate time?

HDIF when I stop doing something I want to do because other_people are watching?

HDIF when I stop trying to figure out your emotions / feelings?

HDIF when I stop with you for ice cream?

How can I stop evil from happening?

What romantic thing do you do for me that I hope you never stop doing?

STOPPED (3)

HDIF when a car pulls in front of me when I am stopped in traffic?

If you ever stopped dialoguing for a while, why?

We stopped dialoguing altogether for a while. Why?

STOPPING (2)

HDIF about stopping for pedestrians in crosswalks?

HDIF stopping to organize a job carefully before I start?

STOPS (2)

Company stops in when we are about to leave home. HDIFAT?

When a breakdown or mix-up stops everybody's work, my first reaction is to ...

STORE (2)

On being short-changed at the store

What kind of store would I like to own and operate?

STORY (5)

Are we willing to share our story when it is a story of brokenness?

HDIF after hearing the story of the prodigal son?

HDIF watching a love story with you on TV?

When I consider the story of the prodigal son, HDIF?

When have we affected another couple by sharing our story?

STRAIGHT (1)

HDIF when I need a straight yes or no answer and do not get it?

STRAIGHTEN (1)

HDIF when you use your dialogue letter to try to straighten me out?

STRANGE (1)

HDIF sleeping in a strange bed?

STRANGER'S (1)

How would I feel if I fed some stranger's expired parking meter?

STRANGERS (3)

HDIF about sharing our Thanksgiving dinner with strangers?

HDIF about sharing our dinner table with strangers?

HDIF when I am around strangers?

STREET (2)

HDIF about giving money to people who solicit on the street?

HDIF about giving money to street musicians?

STRENGTH (3)

How can our_family gain strength from the Holy Family?

What charisma (strength) do I have from the Spirit that helps the world believe?

What special strength do I see in my in-laws?

STRENGTHEN (3)

How can we strengthen our_relationship with our parents?

How does our individuality strengthen us as_a_couple?

What activities strengthen our_relationship with God and Church?

STRENGTHENED (2)

When has expressing emotion / feeling strengthened our_marriage?

When has expressing emotion strengthened our_marriage?

STRENGTHS (8)

Do I feel safe sharing my weaknesses as well as strengths with you?

HDI see our strengths as_a_couple?

If I were to list my strengths, what would stand out to me?

What can I do to share my strengths with other_people?

What charisms (strengths) does our_family have to share with other_people?

What strengths do I have that I am afraid to rely on?

What strengths do we bring to the Lord?

What strengths do we have to offer as_a_couple?

STRESS (29)

Am I open to the emotions / feelings you experience when under stress?

Can I recognize when I am under stress? When you are under stress?

Can I recognize when our_children are under stress?

Do I cope with my stress alone or do I share it with you? HDIFAT?

Do I experience stress as positive or negative?

Does my true self come out under stress? HDIFAT?

Does the element of time cause me stress?

HDIF when I realize I am not coping effectively with stress?

HDIF when I realize you are not coping effectively with stress?

HDIF when stress builds and you do not see the warning signals?

How can I reduce the level of stress in my life?

How can I reduce the level of stress in our_relationship?

How do I cope with stress? How should I cope with stress? HDIFAT?

How does stress affect my self-image? HDIFAT?

How does stress affect our_relationship? HDIFAT?

Under stress, I feel ... and I tend to ...

What are my first reactions when I am under stress? HDIFAT?

What are the major sources of stress in my life?

What are the major sources of stress in our_relationship?

What can I do for you to help_you cope more effectively with stress?

What can you do for me to help_me cope more effectively with stress?

What is the biggest continuous source of stress in my life? HDIFAT?

What is the first step I take to cope with the stress in my life?

When I face more stress than I can handle, I tend to ...

Where in my day to day life do I experience stress? Describe the stress.

Where in my job do I experience stress? Describe the stress.

Where in my relationship with God do I experience stress? Describe it.

Where in our_relationship do I experience stress? Describe the stress.

Where with our_children do I experience stress? Describe the stress.

STRESS-FILLED (1)

HDIF when I cope successfully with a stress-filled situation?

STRESSES (1)

What stresses me out the most on a daily basis? HDIF at those times?

STRETCH (1)

After_a_fight: Did I misrepresent or stretch the truth? HDIFAT now?

STRIVE (2)

Do we strive to be one as Father, Son and Holy Spirit are one?

How is our_relationship affected when we strive to love unconditionally?

STRIVING (4)

Am I striving to be the best husband / wife I can be?

HDIF when we are striving to be open and honest with each_other?

How does striving to live God's_plan give life to us as_a_couple?

How does striving to live God's_plan give life to us?

STROLL (1)

On sharing a moonlight stroll

STRONG (8)

HDIF when I am trying to be strong in the face of difficulty?

HDIF when you have a strong interest that I cannot share?

In what ways DIF strong?

Persons with strong values will eventually have strong conflicts. HDIFAT?

When our dialogue is alive and strong, I feel ...

When our dialogue is alive and strong, so is our HDIFAT?

When our dialogue is alive and strong, so is our prayer life. HDIFAT?

When our dialogue is alive and strong, so is our_sexual_relationship. HDIFAT?

STRONGER (4)

Is or love for each_other stronger now than it used to be?

Is our_love for each_other stronger today than yesterday?

Today we had the opportunity to make our_relationship stronger. Did we?

What can I do to make our_relationship stronger?

STRONGEST (10)

On my strongest emotion / feeling about you today

On my strongest emotion about you today

What are the strongest emotions / feelings I had during our times of trouble?

What has the strongest positive influence on my sexual experience?

What is my strongest emotion / feeling about money?

What is my strongest emotion / feeling today?

What is my strongest emotion about money?

What is my strongest emotion today?

What was my strongest emotion / feeling today?

What was my strongest emotion today?

STRUCTURE (1)

Do I support the structure of Encounter / Retrouvaille?

STRUGGLE (1)

What habit do I struggle to break? HDIFAT?

STRUGGLES (1)

What struggles do I go through trying to write my dialogue letter?

STUBBORN (1)

A time when I felt stubborn

STUFF (3)

HDIF about cleaning out the drawers that contain my stuff?

HDIF when I let you borrow my stuff (tennis racket, golf clubs, etc.)?

How does our stuff compare to our neighbor's stuff? HDIFAT?

SUBJECT (3)

HDIF when one of us is the subject of an ethnic joke?

HDIF when you change the subject before I am finished?

On talking about a touchy subject

SUBJECTS (2)

After_a_fight: What subjects cause us the most trouble? HDIFAT?

After_a_fight: Who brings up painful subjects the most often? HDIFAT?

SUBMISSIVE (2)

Am I submissive to God's will?

HDIF when we are submissive to each_other?

SUBSTANCE (1)

HDIF about giving from our substance?

SUCCEED (2)

HDI succeed in being a good listener?

HDI succeed sometimes as a good listener?

SUCCEDED (1)

Recently I succeeded at HDIFAT?

SUCCEEDS (1)

HDIF when someone succeeds in fooling me on April Fool's Day?

SUCCESS (3)

Do I judge our success by how many possessions we have?
 We mostly live in the middle, between success and failure. HDIFAT?
 What does success do to my self-image? HDIFAT?

SUCSESSES (3)
 HDIF when I am telling you about my successes?
 One of my big successes in life is ... HDIFAT?
 What satisfaction do I take in little successes?

SUCCESSFUL (3)
 Do I need to win to feel successful? HDIFAT?
 HDIF about being successful?
 HDIF when I consider what I had to give up to be successful?

SUCCESSFULLY (1)
 HDIF when I cope successfully with a stress-filled situation?

SUFFER (3)
 HDIF when God allows other_people to suffer?
 HDIF when God allows us to suffer?
 HDIF when I see you suffer?

SUFFERED (1)
 Jesus suffered and died for us. What can I do for Him?

SUFFERING (3)
 After_a_fight: What could I have done to reduce my own suffering? HDIFAT?
 After_a_fight: What could I have done to reduce your suffering? HDIFAT?
 Do I know someone suffering in a Christ-like way?

SUGGEST (2)
 HDIF when you suggest a change?
 HDIF when you suggest romantic ideas?

SUGGESTIONS (2)
 HDIF when you are receptive to suggestions I offer?
 HDIF when you reject suggestions I have to offer?

SUGGESTS (1)
 HDIF when I receive a gift that suggests I need improvement?

SUIT (1)
 HDIF in my bathing suit?

SUITED (1)
 How well suited are we to each_other? HDIFAT?

SUMMER (14)
 A happy time for me this summer was when ...
 HDIF about sending a poor child to summer camp?
 HDIF about summer weather?
 HDIF when fall / winter / spring / summer is approaching?
 Have I acquired any new qualities this summer?
 How are we going to make better use of our free time this summer?
 How does the season (spring, summer, winter, fall) affect me?
 On saving for a summer vacation
 What are my hopes and expectations for the summer?
 What did I learn about us as_a_family the summer?
 What do I hope to accomplish this summer?
 What is renewed in me now that summer is finally here?
 When have I felt alone this spring / summer / winter / fall?
 Where would I like to have a summer home? HDIFAT?

SUMMONED (1)
 I am summoned to jury duty. HDIFAT?

SUNDAY (5)
 HDIF about attending mass / church on Sunday?
 HDIF when I have a chance to take a nap on Sunday afternoons?
 How did I feel on Sunday morning during the 90/90?
 We are the church 7 days a week, not only on Sunday. HDIFAT?
 What were my emotions / feelings on Sunday night of our_weekend?

SUNRISE (1)
 HDIF about watching a sunrise?

SUNSET (1)
 HDIF when I watch the sunset with you?

SUNSHINE (2)
 "You are the sunshine of my life." HDIFAT?
 You are the sunshine of my life? HDIFAT?

SUPERIOR (4)
 HDI see myself to be superior to you?
 HDI see you to be superior to me?
 HDIF when I think you are taking a superior attitude into our dialogues?

HDIF when I think you are taking a superior role in our dialogues?

SUPERIORITY (2)
 Do I have an attitude of superiority?
 Do we have a sense of superiority?

SUPERSTITIOUS (1)
 After being with superstitious people, I feel ...

SUPPER (4)
 Am I fit for the Lord's supper?
 HDIF when I fix your supper?
 It is supper time and I have eaten too much. HDIFAT?
 It's supper time and I have eaten more than I should. HDIFAT?

SUPPORT (16)
 Do I support the structure of Encounter / Retrouvaille?
 Do we both work so we can support a materialistic lifestyle?
 Do we give and get enough emotional support?
 HDI see priests / pastors needing our support in their calling?
 HDIF about joining a dialogue support group?
 HDIF about starting / joining a dialogue support group?
 HDIF driving home from a meeting of our follow-up or support group?
 How could we support the marriages of our friends?
 How could we support the marriages of our relatives?
 How do we support other_people in dialogue?
 How do we support the marriages of our friends / relatives?
 How does our support community enhance our_relationship?
 How does our support group enhance our_relationship?
 I need support from you in the following areas:
 These things support and reinforce me:
 Why did we join a support group? HDIF about that decision now?

SUPPORTING (3)
 HDIF about supporting our Encounter / Retrouvaille community?
 HDIF about supporting the Encounter / Retrouvaille program?
 How are we supporting couples after the follow-up period ends?

SUPPORTIVE (1)
 How supportive are we of our extended family?

SUPPORTS (2)
 HDIF knowing we are part of a community that supports couples' growth?
 HDIF knowing we are part of a community that supports marriage?

SUPPOSE (1)
 HDI suppose our_children feel when they see we are in love?

SUPPOSED (1)
 I am supposed to help_you recognize your good qualities. HDIFAT?

SURE (1)
 How can I make sure my gift to you is from my heart?

SURFACE (1)
 After_a_fight: On the surface, am I logical or emotional? HDIF deep inside?

SURPRISE (6)
 HDIF when I get a surprise note or phone call from you?
 HDIF when I have the urge to surprise you with an unexpected gift?
 HDIF when I send you a surprise greeting card?
 HDIF when you surprise me with a gift?
 HDIF when you surprise me with something nice?
 On making a surprise dessert for you

SURPRISED (4)
 A time when I felt surprised
 After_a_fight: Am I surprised by the way I reacted? HDIF about my behavior?
 After_a_fight: Am I surprised by your reactions? HDIF about your behavior?
 On being surprised by flowers from you

SURPRISES (1)
 An old friend surprises me with a phone call? HDIFAT?

SUSPICIOUS (1)
 A time when I felt suspicious

SWEAR (2)
 HDIF when I swear at you or engage in name-calling?
 HDIF when you swear at me or engage in name-calling?

SWEETHEART (2)
 HDIF when you call me sweetheart?
 You are my sweetheart because ...

SWITCHING (1)
 HDIF about switching to low fat milk? Using less salt? Eating less red meat?

SWORD (2)

Is my tongue like a double-edged sword?
Is my tongue sharp like a sword? HDIFAT?

SYMBOL (1)

A sacramental couple is a symbol of Jesus' love for His church. HDIFAT?

SYMPATHETIC (1)

A time when I felt sympathetic

SYMPATHIZE (1)

HDIF when I sympathize with you over your cold?

TABLE (3)

HDIF about sharing our dinner table with strangers?
HDIF when it is time to leave a tip for the table server?
What is the atmosphere at our dinner table?

TAILGATES (1)

HDIF when the car behind tailgates me?

TAKE (51)

"Take and eat, this is my body." HDIFAT?
After_a_fight: Do our "rules" allow us to take a break to cool down? HDIFAT?
After_a_fight: What would I like to take back? Why did I say it? HDIFAT now?
Do I ever take my frustrations out on our_children?
Do I ever take the scenic route when I drive? HDIFAT?
Do I have close friends who should take advantage of this program / weekend?
Do I have relatives who should take advantage of this program / weekend?
Do I sometimes miss out because I take too long to make a decision? HDIFAT?
Do I take enough time to pray routinely?
Do I take time for recreation and play? HDIFAT?
Do I take time to think about unsatisfactory areas of my life? HDIFAT?
Do we take time to thank God for our blessings?
Does TV take away valuable time from us as_a_family?
HDIF about encouraging our older children to take a part-time job?
HDIF about inviting couples like us to take advantage of the program / weekend?
HDIF about my state of health? Do I take it for granted?
HDIF about the way I take care of my body?
HDIF when I am hungry but cannot / do not take time to eat?
HDIF when I have a chance to take a nap on Sunday afternoons?
HDIF when I have to take risks?
HDIF when I see our_children take new responsibilities?
HDIF when I take a walk with you?
HDIF when I take time to read to our_children?
HDIF when I take you for a drive?
HDIF when I take you for granted?
HDIF when I take you to a movie?
HDIF when I take you to a new restaurant?
HDIF when I take your picture?
HDIF when activities take the place of our_lovemaking?
HDIF when doctors try to take control of my life?
HDIF when people take advantage of me or push me around?
HDIF when people take up too much of your time?
HDIF when some we ask to take advantage of the program / weekend says "no"?
HDIF when we take time to wallpaper, paint or do other housework as_a_couple?
HDIF when you take most of the bed or most of the cover?
If I could take you any place, where would I take you?
In what ways do I take you for granted?
Sometimes I do not take the time to say I love you. HDIFAT?
What area(s) of our_relationship do I take responsibility for?
What area(s) of our_relationship do you take responsibility for?
What does it take for me to trust someone? HDIFAT?
What does it usually take to get the two of us to talk? HDIFAT?
What happens when I let emotions / feelings take control over me?
What is the first step I take to cope with the stress in my life?
What practical steps could we take to talk more about us?
What satisfaction do I take in little successes?
What steps can we take to make our "impossible dream" a reality?
What would I like to take back if I could? HDIFAT?
What would it take for me to really commit myself to this marriage?
When I disagree with something said, would I rather take issue or let it go?
When it is time to take action, I prefer to ...

TAKEN (1)

In what ways do I believe I am taken for granted?

TAKES (1)

HDIF today about all the effort it takes to prepare for Christmas?

TAKING (19)

After_a_fight: Am I taking your pain seriously enough? HDIFAT?
HDIF about taking a short trip with you?
HDIF about taking a shower together?

HDIF about taking a walk you in the snow? In the rain?
HDIF about taking a walking tour through my old high school?
HDIF about taking on extra work to advance my career?
HDIF about taking on extra work to have some luxuries?
HDIF about the direction our_life together is taking?
HDIF taking a walk with you on a beautiful spring day?
HDIF when I notice our_children taking on some of my characteristics?
HDIF when I notice our_children taking on some of your characteristics?
HDIF when I think you are taking a superior attitude into our dialogues?
HDIF when I think you are taking a superior role in our dialogues?
On taking a dream vacation
On taking a drive to see the beautiful fall foliage
On taking a walk together
On taking food to a shut-in
On taking time out for us
What risks should I be taking to keep our communication timely and alive?

TALENT (5)

Our child has a special talent. HDIFAT?
What is my greatest talent in listening to you and HDIFAT?
What is my most unusual talent? HDIF about demonstrating it for you?
What talent do I most admire in you?
What talent do I wish I had? HDIFAT?

TALENTS (2)

Do I make good use of the talents God has given to me?
Do I use the talents God has given to me?

TALK (28)

Can I talk easily to people for as long as necessary? HDIFAT?
HDIF when I find myself talking too much? When other_people talk too much?
HDIF when I let other_people talk me out of pursuing a great idea?
HDIF when I try to be loving when you want to talk all night?
HDIF when I try to be loving when you want to talk until 1 AM?
HDIF when our_children talk back to me?
HDIF when someone phones me just to talk?
HDIF when we do not talk after an argument?
How can we make God more present in our talk?
How would I describe the awkwardness I feel when we talk about sex?
I enjoy listening to you talk about ...
I really enjoy hearing you talk about ...
If I died with no chance to talk to you, what would I regret not saying?
What do I find most difficult to talk about because of my mask?
What do I least want to talk with you about?
What do I need to hear you talk about in our_sexual_relationship?
What do I need to talk about in our_sexual_relationship?
What does it usually take to get the two of us to talk? HDIFAT?
What is my listening pattern when we talk about disciplining our_children?
What is my listening pattern when we talk about handling money?
What is my listening pattern when we talk about prayer or God?
What is the area I least want to talk to you about?
What practical steps could we take to talk more about us?
What things are difficult to talk about as_a_family?
What topics do we talk least about?
When I talk with deeply religious people, I feel ...
When we are alone, we usually talk about ...
When we talk about Encounter / Retrouvaille, some reject us. HDIFAT?

TALKING (7)

HDI act in a group when they start talking about religion?
HDIF when I find myself talking too much? When other_people talk too much?
On talking about a touchy subject
On what blocks me from talking about money with you
What do we spend most of our time talking about and HDIFAT?
When DIF most comfortable talking to you about sex?
When do I get the most out of talking about us?

TANK (2)

HDIF when I discover there is almost no gas left in the tank?
Someone borrowed our car and returned it with a full tank? HDIFAT?

TAPS (1)

HDIF when you give me "love taps"?

TASK (5)

HDIF when I complete some big, unusual task around the house?
HDIF when we do a task together?
Jesus will never give us a task that is too big to handle. HDIFAT?
When I finish a task, HDIF about going immediately to the next task?
When I finish a task, HDIF about relaxing before going on to the next task?

TASKS (3)

HDIF about unpleasant tasks?
HDIF when people do not follow through on tasks I give them?
In group tasks, DIF better when cooperation is high or efficiency is high?

TAUGHT (4)

What has dialogue taught me about my relationship with you?
 What has dialogue taught me about myself?
 What has dialogue taught you about your relationship with your spouse?
 What has dialogue taught you about yourself?

TAX (1)
 How honest is our tax return?

TAXES (2)
 HDIF about paying our taxes?
 HDIF when people tell me they cheat on their taxes?

TEACH (1)
 HDIF about helping teach someone?

TEACHES (1)
 To what degree am I living what Encounter / Retrouvaille teaches us?

TEACHING (1)
 How are we teaching our_children about sexuality?

TEAM (1)
 HDIF about the team couples who presented our_weekend or follow-up sessions?

TEARS (3)
 HDIF about your tears?
 HDIF when I wipe away your tears?
 What song can bring tears to my eyes? HDIF when I hear it?

TEENAGER (1)
 HDIF about letting our teenager drive our car?

TEETH (2)
 HDIF about flossing my teeth?
 HDIF about the appearance of my teeth?

TELEGRAM (1)
 If I were to send you a 25-word telegram, what would I write?

TELEPHONE (3)
 HDIF when the telephone interrupts something important?
 HDIF when the telephone rings in the middle of the night?
 We have no telephone. HDIFAT?

TELL (42)
 Can the new people I meet tell what interests me right away? HDIFAT?
 HDI tell you I would like to make_love?
 HDIF about listening to other_people tell jokes?
 HDIF when I am able to tell you what bugs me?
 HDIF when I am able to tell you what pleases me?
 HDIF when I tell you everything will be all right?
 HDIF when I tell you how important you are to me?
 HDIF when I tell you more about my job / career?
 HDIF when I tell you that I really believe in you?
 HDIF when I tell you that you have pretty eyes?
 HDIF when I tell you your hair looks great?
 HDIF when I want to make_love and do not tell you?
 HDIF when other_people tell me how contented and happy they are?
 HDIF when other_people tell me that they love me?
 HDIF when people tell me I look tired or depressed?
 HDIF when people tell me they cheat on their taxes?
 HDIF when you tell me I am sexy?
 HDIF when you tell me that you need me?
 HDIF when you tell me you love me?
 HDIF when you tell me you need me?
 How can I tell that God loves us?
 How can I tell that you have had a bad day?
 How can I tell when another couple is really in love?
 How can I tell when you are angry?
 How can I tell when you are avoiding me?
 How can I tell when you are bored?
 How can I tell when you are happy?
 How can I tell when you are hurt?
 How can I tell when you are listening?
 How can I tell when you are nervous?
 How can I tell when you are tired?
 How do you tell me you would like to make_love?
 I tell a joke and no one laughs. HDIFAT?
 In what area(s) am I most afraid to tell the truth about myself?
 Sometimes people tell me I cannot do what I want to do? HDIFAT?
 What do I find difficult to tell you? HDIFAT?
 What do I think you find difficult to tell me? HDIFAT?
 What is my listening pattern when you tell me that I am gentle?
 What is my listening pattern when you tell me that I am tender?
 What would I tell Jesus about you today?
 Who would we be eager to tell if child chose to enter religious life?

Why am I afraid to tell you what pleases me?

TELLING (14)
 HDIF about telling "social" or "polite" lies?
 HDIF about telling jokes?
 HDIF about telling you what enhances or reduces my pleasure during lovemaking?
 HDIF telling you every day in a letter that I love you?
 HDIF telling you something I judge you are not going to like?
 HDIF telling you something I judge you do not want to hear?
 HDIF telling you something I know you are not going to like?
 HDIF telling you something I know you do not want to hear?
 HDIF when I am telling you about my failures?
 HDIF when I am telling you about my successes?
 I am very thankful about ... but I have difficulty telling you.
 I have an interest you may not be aware of. HDIF telling you about it?
 I need to know you are telling me the truth about ...
 On telling relatives about Encounter / Retrouvaille

TEMPER (3)
 HDIF when I am trying to keep a tight reign on my temper?
 HDIF when I try to hold my temper?
 My temper and what I do when I lose it

TEMPTATION (1)
 How has the temptation to live the World's Plan affected us?

TEMPTED (1)
 Our children are tempted by alcohol, drugs, sexuality. HDIFAT?

TEN (2)
 HDIF when I think about us ten years from now?
 What are ten qualities I want most in a partner? HDI measure up? HDIFAT?

TEND (16)
 Do I tend to do things in the accepted way or am I more creative? HDIFAT?
 In an important conversation, I feel ... and I tend to ...
 In groups, I feel ... and I tend to ...
 In the little emergencies of everyday life, I tend to ...
 Under stress, I feel ... and I tend to ...
 We tend to compete against each_other in HDIFAT?
 When I am among new people, I feel ... and I tend to ...
 When I am really at odds with someone, I feel ... and I tend to ...
 When I do not approve of the way a friend is acting, I tend to ...
 When I face more stress than I can handle, I tend to ...
 When other_people expect much from me, I feel ... and I tend to ...
 When other_people want to help_me, I feel ... and I tend to ...
 When some issue comes between me and other_people, I feel ... and I tend to ...
 ...
 When someone criticizes me, I feel ... and I tend to ...
 When someone expresses tender emotions to me, I feel ... and I tend to ...
 When someone is aggressively angry with me, I feel ... and I tend to ...

TENDER (5)
 After_a_fight: What tender spots were touched and when? HDIFAT now?
 How can I be more tender?
 What is my listening pattern when you tell me that I am tender?
 What was the most tender moment we shared together this_week?
 When someone expresses tender emotions to me, I feel ... and I tend to ...

TENDERLY (1)
 When you touch me tenderly, without sex as a goal, I feel ...

TENDERNESS (3)
 Do I hide my pride or tenderness or fear of embarrassment?
 HDIF when you treat me with tenderness?
 On your tenderness with our_children

TENNIS (2)
 HDIF when I let you borrow my stuff (tennis racket, golf clubs, etc.)?
 HDIF when I let you use my tennis racket (golf clubs, etc.)?

TENSE (1)
 HDIF when I am too tense to sleep?

TENSION (2)
 In any change, there is tension. HDIFAT?
 On the tension between_us

TENT (1)
 HDIF about sleeping in a tent with you, outdoors?

TENTATIVE (1)
 Am I usually tentative or vigorous in implementing my decisions?

TERMS (1)
 Do I see myself more in terms of what I do than in terms of what I am?

THANK (6)

A plant arrived from the florist to thank us for a favor. HDIFAT?
 Do we take time to thank God for our blessings?
 HDIF when I get a sincere "thank you" note?
 Thank God it's Friday. HDIF about that?
 Today I want to thank you for ...
 When I mean "thank you," I say / do ...

THANKED (2)

HDIF when I am not thanked for going out of my way for someone?
 When was the last_time I thanked my mother for being my mom?

THANKFUL (8)

I am very thankful about ... but I have difficulty admitting it to you.
 I am very thankful about ... but I have difficulty telling you.
 Some of the blessings I have to be thankful for are ...
 What am I most thankful for on this holiday?
 What am I most thankful for today?
 What do I have to be most thankful for?
 What do I think there is to be thankful for this year?
 What do we have to be thankful for?

THANKS (2)

HDIF when I see "thanks" shining in your eyes?
 HDIF when a couple we have invited comes home from a weekend and thanks us?

THANKSGIVING (5)

HDIF about sharing our Thanksgiving dinner with strangers?
 HDIF helping you prepare for our Thanksgiving meal?
 How can I make Thanksgiving more meaningful?
 How would I like to celebrate Thanksgiving?
 What do I want to do this thanksgiving as_a_family?

THANKSGIVINGS (1)

What is the nicest memory of our past Thanksgivings?

THEMSELVES (3)

"You cannot compromise another person's right to be themselves." HDIFAT?
 HDIF being around people who brag about themselves?
 When I am at a party, HDIF about leaving other_people alone to enjoy themselves?

THERAPIST (1)

HDIF about paying a therapist for advice?

THING (39)

... is the most important thing in my life right_now. HDIFAT?
 Am I more likely to stay in a rut or drift from thing to thing? HDIFAT?
 If I could change any one thing about myself, I would change ...
 If I could change any one thing about you, I would change ...
 If I could change one thing about me, I would ...
 If I could give you one thing for Christmas, it would be ...
 One thing I missed during my childhood was ... HDIFAT today
 The most important thing in my life right_now is HDIFAT?
 The one thing I admire and love the most about you is ...
 The thing I most fear losing is ...
 What good thing happened to me today?
 What is my_favorite thing to do that does not cost money? HDIF when I do it?
 What is one thing about my health that bothers me?
 What is the best thing that happened to me today?
 What is the best thing you did for me today?
 What is the luckiest thing that has ever happened to us? HDIFAT?
 What is the most important thing I will miss if you die?
 What is the nicest thing that happened to me this_week?
 What is the nicest thing you did for me this_week?
 What is the nicest thing you have done for me? HDIFAT?
 What is the one thing in life I have not done that I regret not doing? HDIFAT?
 What is the silliest thing I have ever done in public? HDIFAT?
 What is the thing I find most difficult to forgive in myself?
 What little thing reminds me of you?
 What nice thing have I noticed about you this_week and have not told you?
 What one specific thing would make our_lovemaking even more beautiful?
 What one thing can I change to improve the atmosphere in our_home?
 What one thing has most united us this past weekend?
 What romantic thing do you do for me that I hope you never stop doing?
 What was the first thing that worked against us after our_weekend?
 What would be the most unlucky thing that could happen to me today?
 When I do the right thing, HDIF about what other_people think?
 When I feel angry, what is the best thing someone can do for me?
 When I feel depressed, what is the best thing someone can do for me?
 When I feel embarrassed, what is the best thing someone can do for me?
 When I feel frustrated, what is the best thing someone can do for me?
 When I feel lonely, what is the best thing someone can do for me?
 When I feel sad, what is the best thing someone can do for me?
 When I feel upset, what is the best thing someone can do for me?

THINGS (63)

After_a_fight: Did I say things just for effect? HDIFAT now?
 After_a_fight: Do we argue because we remember things differently?
 After_a_fight: HDIF now about things I wish I had done or said differently?
 After_a_fight: What are the bad things about our fights?
 After_a_fight: What led up to the fight? HDIF today about those things?
 Am I comfortable doing things at the last minute or is it hard on my nerves?
 Do I believe prayer changes things?
 Do I get more enthusiastic about things than the average person does?
 Do I love the world or the things of the world? (1 JN 2:15)
 Do I regularly do things I do not want to do? HDIFAT?
 Do I tend to do things in the accepted way or am I more creative? HDIFAT?
 Do people close to me know where I stand on most things? HDIFAT?
 Do we always fight about the same things and HDIFAT?
 HDIF about depending on you (rather than on things) for my happiness?
 HDIF about depending on you (rather than things) for my happiness?
 HDIF about saving up for things and paying cash?
 HDIF about the little things you do for me?
 HDIF about the way things have been going lately?
 HDIF about trying new things that are just coming into fashion?
 HDIF relying on hunches / intuition when things cannot be proved?
 HDIF when I care about the same things you are happy about?
 HDIF when I care about the things that make you happy?
 HDIF when I remember that all good things are gifts to us from God?
 HDIF when I say good things about you to other_people?
 HDIF when I think about some of the crazy things we did for each_other?
 HDIF when other_people do not return things that they borrow from me?
 HDIF when our_children ask for expensive things?
 HDIF when things go wrong at home?
 HDIF when things go wrong at work?
 HDIF when you care about the things I like?
 HDIF when you leave things up to me?
 How can I change things to give you more time?
 How important are material things to me?
 How much control would I have to give up to make things better for us?
 I feel childish when I consider these things about myself:
 If possible, I would like to reclaim these things I gave up for you:
 In all the world, one of the things I care most about is ...
 In general, HDIF about borrowing things?
 Is a daily routine a painful or comfortable way for me to get things done?
 On doing crazy things together
 On the things I would miss most about you if you were dead
 These things support and reinforce me:
 What are a few things I like to do with our_family? HDIFAT?
 What are some of the things I pray for?
 What are the good things about our fights?
 What are the most difficult things for me when I write you a dialogue letter?
 What crazy things have we done in the past month?
 What do I usually do about things that hurt me? HDIFAT?
 What keeps me from doing something about things that hurt me? HDIFAT?
 What kind of things frustrate me? HDIF when it happens?
 What things are difficult to talk about as_a_family?
 What things crossed my mind this_week that I have not bothered to mention?
 What things make our_life unnecessarily complicated?
 When I am at a party, HDIF about helping to get things going?
 When I have to do things according to a fixed schedule, I feel ...
 When and where do I distort things by denial, excuses or pretending? HDIFAT?
 When things are humdrum in our_lives, do I compare us to other_people?
 HDIFAT?
 When things are not going well between_us, what do I think about? HDIF?
 When things change too fast, I feel ...
 When things piled up on me the worst, I felt ...
 Where am I when things are demanded of me?
 Who do I blame most of the time when things go wrong?
 Why is it often the little things that pull us apart?

THINKING (6)

After_a_fight: What was I feeling / thinking when I was silent?
 HDIF thinking about kissing you at midnight New Year's Eve?
 HDIF thinking about the first time I knew you were for me?
 HDIF thinking about the first time we made love?
 HDIF thinking this could be our last dialogue letter?
 What percentage of my time do I spend thinking about you? HDIFAT?

THIRD (2)

HDIF about giving people a second chance? A third chance? A fourth chance?
 When you bring third parties into a fight, HDIFAT?

THIRTY-MINUTE (1)

How would I feel after a thirty-minute brisk walk?

THIS_WEEK (29)

HDIF about our_relationship as we begin this_week?
 HDIF about the time we have spent together this_week?
 HDIF about the way we have been communicating this_week?
 Have we been an example of a happily married couple this_week?

Have we been an example of a working marriage this_week?
 Have we drawn closer or drawn apart this_week?
 Have we grown, plateaued, or slipped backward in our_relationship this_week?
 How has God blessed me this_week?
 How would I feel after a death in our_family this_week?
 How would I feel if I made some new friends this_week?
 I felt closest to you this_week when ...
 If there were a death in our_family this_week, how would I feel?
 On making a decision to love this_week
 On our_sexual_relationship this_week
 On the time we have spent together this_week
 What effect or lack of effect has our sexual desire had on us this_week?
 What is the happiest moment I have had with you this_week?
 What is the nicest thing that happened to me this_week?
 What is the nicest thing you did for me this_week?
 What new desires for our_relationship have we gained this_week?
 What nice thing have I noticed about you this_week and have not told you?
 What things crossed my mind this_week that I have not bothered to mention?
 What was the most tender moment we shared together this_week?
 When was I lonely without you this_week?
 When was it hardest for me to decide to love you this_week?
 When was my_need for self-worth met this_week?
 Where did I put dialogue on my list of priorities this_week?
 Where on my list of priorities did I place our dialogue this_week?
 You made me very happy this_week when ...

THIS_WEEKEND (5)
 HDIF about a family picnic this_weekend?
 What do I want for myself this_weekend?
 What do I want for you this_weekend?
 What do I want this_weekend?
 What jobs would I most like to accomplish this_weekend?

THOMAS (1)
 Do I, like Thomas, question the way of the Lord?

THOUGHT (9)
 Am I the person today I thought I would be as a child? HDIFAT?
 HDIF at the thought of your death?
 HDIF when I realize I am not what you thought me to be?
 HDIF when I realize you are not all I thought you were?
 HDIF when you excel at something I thought I was rather good at?
 Recently I thought it was wrong, unreasonable or selfish of you to say ...
 What thought of you makes me smile?
 What thought or emotion did I have today that I want to share with you?
 When have I thought we were truly one?

THOUGHTS (16)
 My thoughts contribute to my self-image. HDIFAT?
 Thoughts of retirement days bring emotions / feelings of ...
 What are my thoughts when I hear "God does not make junk"?
 What are my thoughts about "love is a decision"?
 What are my thoughts about asking for help with our dialogue?
 What are my thoughts about dialoguing regularly?
 What are my thoughts about having the power to heal each_other?
 What are my thoughts about us being special to Our Father?
 What are my thoughts about us being unique as_a_couple?
 What are my thoughts when I think of you dying?
 What are my thoughts when we decide to dialogue on death?
 What are my thoughts when we decide to dialogue on sex?
 What are my thoughts when we pray together?
 What are my thoughts when we should ask for help with our dialogue?
 What thoughts help_me to get moving in the morning?
 What thoughts help_me to sleep at night?

THREATENED (2)
 Do I enjoy ethnic festivals or to I feel threatened by them?
 Do I feel abused or threatened in our_relationship? HDIFAT?

THREATENING (1)
 What is most threatening to my spiritual growth right_now?

THREATENS (1)
 HDIF when a little dispute threatens a long friendship?

THREE (4)
 How would I feel if I gave a compliment to three people every day?
 If I had three wishes, I would wish for ...
 What are the three closest moments we have shared together?
 Which three qualities do I require in a friend? HDIFAT?

THROUGHOUT (1)
 How are we living the spirit of Christmas throughout the year?

TICKETS (1)
 HDIF about buying raffle tickets to help with fund-raisers?

TIDY (1)
 HDIF about being neat or tidy?

TIE (1)
 Do I take tie for recreation and play? HDIFAT?

TIGHT (1)
 HDIF when I am trying to keep a tight reign on my temper?

TILL (1)
 "... till death us part." HDIFAT?

TIME (177)
 A happy time for me this summer was when ...
 A time when I experienced a big disappointment
 A time when I felt abused
 A time when I felt aggressive
 A time when I felt angry
 A time when I felt anxious
 A time when I felt ashamed
 A time when I felt bashful
 A time when I felt bored
 A time when I felt cautious
 A time when I felt concerned
 A time when I felt confident
 A time when I felt confused
 A time when I felt curious
 A time when I felt depressed
 A time when I felt determined
 A time when I felt disappointed
 A time when I felt disgusted
 A time when I felt embarrassed
 A time when I felt enraged
 A time when I felt envious
 A time when I felt exasperated
 A time when I felt exhausted
 A time when I felt frightened
 A time when I felt frustrated
 A time when I felt guilty
 A time when I felt happy
 A time when I felt horrified
 A time when I felt hungover
 A time when I felt hurt
 A time when I felt indifferent
 A time when I felt jealous
 A time when I felt left out
 A time when I felt loaded
 A time when I felt lonely
 A time when I felt mischievous
 A time when I felt miserable
 A time when I felt negative
 A time when I felt optimistic
 A time when I felt paranoid
 A time when I felt perplexed
 A time when I felt pessimistic
 A time when I felt proud
 A time when I felt puzzled
 A time when I felt really upset
 A time when I felt relieved
 A time when I felt sad
 A time when I felt satisfied
 A time when I felt sheepish
 A time when I felt sick
 A time when I felt smug
 A time when I felt stubborn
 A time when I felt surprised
 A time when I felt suspicious
 A time when I felt sympathetic
 A time when I felt withdrawn
 A time when I felt worried
 A time when I had hurt feelings
 A time when I laughed out loud
 A time when I was really frightened
 A time when I was very irritated
 A time when we had fun as_a_family
 Are we giving our_relationship prime time each day?
 Are we giving our_relationship quality time each day?
 At this time of my life, what I need most from you is ...
 At this time, what concerns me the most about our_children?
 Can we find time for some family prayer?
 Do I give each family member equal time, or do I favor one over another?
 Do I need to be free to do whatever looks like fun when the time comes?
 Do I over schedule my time? HDIFAT?
 Do I spend enough time with friends and relatives? HDIFAT?
 Do I spend time alone when I need to be alone? HDIFAT?
 Do I take enough time to pray routinely?
 Do I take time to think about unsatisfactory areas of my life? HDIFAT?

Do we have enough "together time" to build a close relationship? HDIFAT?
 Do we reserve time for lovemaking?
 Do we spend our spare time on our_home rather than with each_other?
 Do we take time to thank God for our blessings?
 Does TV take away valuable time from us as_a_family?
 Does a hobby keep us separated much of the time? HDIFAT?
 Does a recreational activity keep us separated much of the time? HDIFAT?
 Does the element of time cause me stress?
 Given the time and money for a long trip, where would I want to go? HDIFAT?
 HDI judge I can help_you at this time?
 HDIF about a hobby that keeps us separated much of the time?
 HDIF about arriving on time for parties?
 HDIF about being on time?
 HDIF about having this regular dialogue time with you?
 HDIF about living one day at a time?
 HDIF about our financial pressures this time of year?
 HDIF about our time together?
 HDIF about our_family vacation time?
 HDIF about paying bills on time?
 HDIF about planning for a romantic time together?
 HDIF about re-evaluating how we spend our time?
 HDIF about spending meaningful time with our_children?
 HDIF about spending time alone?
 HDIF about the amount of time we spend watching TV?
 HDIF about the time I spend watching TV?
 HDIF about the time I spend with my / your family?
 HDIF about the time we have spent together this_week?
 HDIF about the time we spend with my / your family?
 HDIF about the way I manage my time?
 HDIF about the way we use our spare time?
 HDIF about turning off the TV at dinner time?
 HDIF about watching TV during meal time?
 HDIF giving our time to help other_people?
 HDIF thinking about the first time I knew you were for me?
 HDIF thinking about the first time we made love?
 HDIF when I am hungry but cannot / do not take time to eat?
 HDIF when I am unable to stop laughing, especially at an inappropriate time?
 HDIF when I have wasted time?
 HDIF when I see snow for the first time?
 HDIF when I take time to read to our_children?
 HDIF when I try to be on time for you?
 HDIF when it has been a long time since we dialogued?
 HDIF when it has been a long time since we made love?
 HDIF when it is time to leave a tip for the table server?
 HDIF when it's been a long time since we have made love?
 HDIF when our daily routines do not allow us time for each_other?
 HDIF when outside activities keep us from spending time with our_family?
 HDIF when people take up too much of your time?
 HDIF when there is not enough time for us?
 HDIF when time and exhaustion keep us from being lovers?
 HDIF when we do not have much time to dialogue?
 HDIF when we do not have time for each_other?
 HDIF when we have been separated for a long time?
 HDIF when we make time for us?
 HDIF when we take time to wallpaper, paint or do other housework as_a_couple?
 HDIF when you are sick at an inconvenient time?
 Holidays are a time for family togetherness. HDIFAT?
 How are we going to make better use of our free time this summer?
 How can I change things to give you more time?
 How can I most help_you at this time?
 How can this holiday literally be a time of re-creation?
 How can this vacation literally be a time of re-creation?
 How can we use time for ourselves better?
 How did I feel the first time we could not pay a bill?
 I have not had time to write my dialogue letter to you. HDIFAT?
 I would like to go back to ... one more time? HDIF about going there with you?
 If I could, what good time would I choose to relive with you? HDIFAT?
 Is dialogue a chore or a special time for us?
 Is our dinner hour a pleasant time?
 Is there ever a time when I should not reveal a negative emotion to you?
 It is supper time and I have eaten too much. HDIFAT?
 It's supper time and I have eaten more than I should. HDIFAT?
 It's time to clean the yard. HDIFAT?
 On having no private time together
 On having so little private time together
 On having time for vacation but no money
 On having time for vacation but no vacation money
 On occasions when I think I deserve private time
 On occasions when I think you deserve private time
 On our diet and / or food choice at this time
 On spending time together as_a_family
 On taking time out for us
 On the time we have spent together this_week
 Our intimacy is renewed each time we communicate more deeply. HDIFAT?
 Sometimes I do not take the time to say I love you. HDIFAT?
 The time I felt closest to you this past week was ... ?

We have had no time for recreation. HDIFAT?
 What can I do to contribute to our_family having a good time on vacation?
 What do we spend most of our time talking about and HDIFAT?
 What have I dreamed of doing for a long time? HDIFAT?
 What is my_favorite way of wasting time? HDIFAT?
 What percentage of my time do I spend thinking about you? HDIFAT?
 What was my loneliest time this past week?
 What would I choose as the time and circumstances of my death?
 What would I like to accomplish during this time of Lent?
 What would be the ideal place and time for us to make_love? HDIFAT?
 When I am pressured by time, HDI respond to you?
 When I want some time for myself, I feel ...
 When do I have time for private prayer?
 When is my quiet time?
 When it is time to take action, I prefer to ...
 When was the last_time I cried? How did I feel at the time?
 Who do I blame most of the time when things go wrong?

TIMELY (1)
 What risks should I be taking to keep our communication timely and alive?

TIMES (18)
 After_a_fight: How many times have we had this discussion? HDIFAT?
 Are there times when I should not reveal a negative emotion / feeling to you?
 At what times DIF closest to God?
 Do I seek physical nakedness just for times when we make_love?
 HDIF about the times when I deliberately hurt you during a fight?
 HDIF having you to share special times with?
 In what ways do I act like a child? HDIF at those times?
 Sometimes failure makes me want to give up. HDIF during those times?
 Sometimes failure makes me want to try harder. HDIF during those times?
 What am I most obsessive about? HDIF at those times?
 What are some of the most tranquil times we spend together?
 What are the strongest emotions / feelings I had during our times of trouble?
 What do I think about when I cannot fall asleep? HDIF at those times?
 What is one of the happiest times I remember spending with you lately?
 What scares me? HDIF at those times?
 What smells have an emotional association for me? HDIF at those times?
 What stresses me out the most on a daily basis? HDIF at those times?
 With what age group do I feel least comfortable? HDIF at those times?

TINY (1)
 HDIF when I / we see a tiny baby?

TIP (1)
 HDIF when it is time to leave a tip for the table server?

TIPSY (1)
 HDIF when I get tipsy?

TIRE (2)
 HDIF when I get a flat tire?
 HDIF when I have to change a tire?

TIRED (8)
 Do I wake up feeling tired?
 HDIF when I am tired and cannot get to sleep?
 HDIF when I want you most and you are too tired?
 HDIF when people tell me I look tired or depressed?
 HDIF when we are too tired for each_other?
 HDIF when we are too tired to be lovers?
 How can I tell when you are tired?
 I am too tired to have sex. HDIFAT?

TIRES (1)
 HDIF when I ride in a car with bad brakes or slick tires?

TITHING (1)
 HDIF about tithing a portion of our income?

TO-DO (1)
 HDIF about living my daily life without to-do lists, using only my memory?

TOB (1)
 After reading TOB 8:5-7, HDIF about growing old with you?

TODAY (102)
 After_a_fight: What led up to the fight? HDIF today about those things?
 Am I the person today I thought I would be as a child? HDIFAT?
 Are we as close today as we once were? HDIFAT?
 Are we as intimate today as we once were? HDIFAT?
 Are we reflecting the mark of oneness today?
 Did I make Jesus part of my life today?
 HDI see myself through your eyes today?
 HDIF about dying today?
 HDIF about myself today?
 HDIF about myself today? Does that affect how I feel about you?

HDIF about reaching out to other_people today?
 HDIF about the way I lived today?
 HDIF about us today?
 HDIF knowing that today could be our last day to love?
 HDIF knowing that today could be our last day together?
 HDIF knowing today could be my last day to live?
 HDIF today about all the effort it takes to prepare for Christmas?
 HDIF when I realize you are only mine for today?
 Have we said "yes" to God today?
 How close are we today?
 How did I show you today that you are my_favorite person?
 How did our_relationship reflect God's_love today?
 How has God blessed us today?
 How have I shown my love for you today?
 I am happy being married to you today because ...
 I am happy to be alive today because ...
 I love you today because ...
 If Christ dropped in to visit today, would He feel at home?
 If I did not need money, what would I be doing today? HDIFAT?
 If I knew I were going to die tomorrow, what would I do and feel today?
 If I knew we had no tomorrow, how would I live today with you?
 If one of our_children left for the seminary today, how would I feel?
 If we had no tomorrow, how would I live today with you?
 In one word, my father is / was ... HDIF about him today?
 In one word, my mother is / was ... HDIF about her today?
 In what specific way did I help someone today? HDIFAT?
 In what specific way have I brightened your day today?
 In what way has God worked in my life today?
 In what way have you brightened my day today?
 In what ways has God worked in my life today?
 Is my "yes" to you today unconditional?
 Is our_love for each_other greater today than yesterday?
 Is our_love for each_other stronger today than yesterday?
 My most vivid good childhood memory is ... HDIFAT today??
 On living today knowing we are not guaranteed tomorrow
 On my strongest emotion / feeling about you today
 On my strongest emotion about you today
 On seeing us as a special couple today
 One thing I missed during my childhood was ... HDIFAT today
 Today I want to thank you for ...
 Today we had the opportunity to make our_relationship stronger. Did we?
 Today, where am I with myself and with us as_a_couple?
 We had many hopes for each_other on our wedding day. HDIFAT today?
 What am I most thankful for today?
 What are my top priorities in our_lives today?
 What did I accomplish today? HDIFAT?
 What did I do today that I was proud of?
 What did not I do today that I wish I had?
 What did you do today that made me feel special?
 What do I least want to reveal to you today about myself?
 What emotion / feeling did I have today that I most want to share with you?
 What emotion / feeling did I have today that I want to share with you?
 What experience of "romance" happened today?
 What gifts did we give back to the Lord today?
 What good thing happened to me today?
 What happened today that made me feel sad?
 What have I done to make you number one today? HDIFAT?
 What is my strongest emotion / feeling today?
 What is my strongest emotion today?
 What is special about us as_a_couple today?
 What is special about you today?
 What is the best thing that happened to me today?
 What is the best thing you did for me today?
 What is the most important topic for us to discuss today and HDIFAT?
 What is your best quality today?
 What is your specialness to me today?
 What little kindness did I do today to spread love around?
 What mask am I wearing today?
 What mask did I wear today?
 What memory of our courting days is most alive today?
 What motivated me to dialogue today?
 What quality of Jesus did I see in our priest / pastor today?
 What song would I dedicate to you today? HDIFAT?
 What thought or emotion did I have today that I want to share with you?
 What unmet need did I experience today?
 What was my strongest emotion / feeling today?
 What was my strongest emotion today?
 What would I tell Jesus about you today?
 What would be the most unlucky thing that could happen to me today?
 When I look at you today, do I see you as my bride / groom?
 When I think about dying today, HDIF about our past week together?
 When did I feel closest to you today? HDIFAT?
 When was I most aware of you today?
 Where am I with you and God today?
 Where did I put dialogue on my list of priorities today?
 Where on my list of priorities did I place our dialogue today?
 Which pressure in me is most affecting my dream for us today?

Who do I need to remember today in prayer?
 Who is the kindest person you have ever known? HDIF about this person today?
 Why do I love you today?
 Would I treat God as I treated you today?
 Would I trust God as I have trusted you today?

TODAY'S (5)
 HDIF about today's meals?
 HDIF about today's movies?
 How is today's society affecting our_family?
 How is today's society influencing our_family?
 What is today's gospel reading saying to me?

TOGETHER (86)
 Are family meals together a value?
 Are family meals together important to me?
 Do we have enough "together time" to build a close relationship? HDIFAT?
 Do we truly pray together as a couple?
 HDI make you present to me when we're not together?
 HDIF about God being the one who brought us together?
 HDIF about accepting our_life together as a gift from Our Father?
 HDIF about buying a convertible for us to enjoy together?
 HDIF about old age together?
 HDIF about our going out together alone more often?
 HDIF about our time together?
 HDIF about planning for a romantic time together?
 HDIF about praying together?
 HDIF about taking a shower together?
 HDIF about the direction our_life together is taking?
 HDIF about the time we have spent together this_week?
 HDIF after we have had a long laugh together? Does laughter help heal?
 HDIF attending mass / church together?
 HDIF knowing God planned for us to be together?
 HDIF knowing it is God's idea for us to be together?
 HDIF knowing that today could be our last day together?
 HDIF toward you when we have to make a decision together?
 HDIF when I see our_family together?
 HDIF when I see us together in snapshots?
 HDIF when our_family goes to mass / church together?
 HDIF when our_family is alone together for a meal?
 HDIF when the whole family sings together?
 HDIF when we are in mass / church together?
 HDIF when we are making plans together?
 HDIF when we are not together as_a_family?
 HDIF when we attend a wedding ceremony together?
 HDIF when we can spend a quiet evening together?
 HDIF when we cannot afford a night out together?
 HDIF when we cry together?
 HDIF when we dance together?
 HDIF when we do a job together?
 HDIF when we do a task together?
 HDIF when we do chores together?
 HDIF when we go through the family album together?
 HDIF when we go to mass / church together?
 HDIF when we laugh together?
 HDIF when we plan something together?
 HDIF when we play a sport together?
 HDIF when we pray aloud together?
 HDIF when we pray together after we dialogue?
 HDIF when we pray together as_a_family?
 HDIF when we pray together before / after we dialogue?
 HDIF when we pray together, just the two of us?
 HDIF when we pray together?
 HDIF when we receive communion together?
 HDIF when we receive the Eucharist together?
 HDIF when we spend an evening alone together?
 HDIF when we wash dishes together?
 HDIF when we work on the family budget together?
 How can we use prayer to draw us closer together?
 In what area(s) of our_life together am I most dependent on you?
 Intimacy is a challenge to forge our future together. HDIFAT?
 Is our_life together a celebration of love?
 On doing crazy things together
 On frustration as bringing us together or driving us apart
 On going out on a date together
 On having no private time together
 On having so little private time together
 On our need to pray together more often
 On praying together
 On raking leaves together
 On reading the Bible together
 On spending time together as_a_family
 On taking a walk together
 On the time we have spent together this_week
 On walking barefoot together on the beach
 On watching an old romantic movie together
 Pray Ephesians 5:21-32 together. HDIFAT?

What are my hopes for our future together?
 What are my thoughts when we pray together?
 What are some of the most tranquil times we spend together?
 What are the three closest moments we have shared together?
 What do I like best_and_least when we get together with the relatives?
 What emotions / feelings do I have knowing we are growing old together?
 What holds us together as_a_couple and HDIFAT?
 What is a goal I have involving us together? HDIFAT?
 What is the level of our communication when we are home together?
 What joy do I receive when we pray together?
 What pleasure do I receive when we pray together?
 What was the most tender moment we shared together this_week?
 When I think about dying today, HDIF about our past week together?

TOGETHERNESS (5)

HDIF when other_people notice our togetherness?
 HDIF when other_people see our togetherness?
 HDIF when our togetherness affects another marriage?
 Holidays are a time for family togetherness. HDIFAT?
 Where does our togetherness show the most?

TOILET (1)

HDIF about learning how to fix a leaky faucet or running toilet?

TOLD (4)

HDIF when we see the persons who first told us about this program / weekend?
 What do you do that I appreciate but have not told you? HDIFAT?
 What nice thing have I noticed about you this_week and have not told you?
 When was the last_time I told you how special you are?

TOLL (1)

The car ahead of me pays my toll? HDIFAT?

TOMORROW (7)

A new year begins tomorrow. HDIFAT?
 If I knew I were going to die tomorrow, what would I do and feel today?
 If I knew we had no tomorrow, how would I live today with you?
 If we had no tomorrow, how would I live today with you?
 On living today knowing we are not guaranteed tomorrow
 What are my expectations of tomorrow?
 What little kindness could I do tomorrow to spread love around?

TONGUE (2)

Is my tongue like a double-edged sword?
 Is my tongue sharp like a sword? HDIFAT?

TONIGHT (5)

HDIF realizing you might not come home tonight?
 I know there is a good chance we will make_love tonight. HDIFAT?
 I know we are going to make_love tonight. HDIFAT?
 On the prospect of making love tonight
 What "probably not tonight" signals do I use to say no to sex?

TONS (1)

If I had tons of money, what would I give you for Christmas?

TOO (25)

Am I trying too hard to change you?
 Are we too busy for prayer?
 Are we too involved or do we lack involvement in Encounter / Retrouvaille?
 Are we too involved or do we lack involvement in ministry?
 Are you trying too hard to change me?
 Do I sometimes miss out because I take too long to make a decision? HDIFAT?
 HDI want you to see me? Is this the way I want other_people to see me too?
 HDIF at parties when guests have had too much alcohol?
 HDIF when I am too excited to sleep?
 HDIF when I am too tense to sleep?
 HDIF when I borrow something and keep it too long?
 HDIF when I delay acting on a good idea until it's too late?
 HDIF when I find myself talking too much? When other_people talk too much?
 HDIF when I see you working too many hours?
 HDIF when I want you most and you are too tired?
 HDIF when people take up too much of your time?
 HDIF when we are too tired for each_other?
 HDIF when we are too tired to be lovers?
 HDIF when you are being too hard on yourself?
 I am too tired to have sex. HDIFAT?
 It is supper time and I have eaten too much. HDIFAT?
 Jesus will never give us a task that is too big to handle. HDIFAT?
 On facing the bills when there are too many
 What, if anything, is too serious to be joked about? HDIFAT?
 When things change too fast, I feel ...

TOOL (1)

Sex can be used as a tool to build us. HDIFAT?

TOOLS (1)

HDIF about loaning my books or tools?

TOP (1)

What are my top priorities in our_lives today?

TOPIC (2)

What is the most delicate topic for me to try to bring up?
 What is the most important topic for us to discuss today and HDIFAT?

TOPICS (3)

Am I closed to listening to you on certain topics and HDIFAT?
 Are our topics of conversation different when we are touching?
 What topics do we talk least about?

TOTAL (4)

HDI respond when I experience your total acceptance of me?
 HDIF when I experience total forgiveness through you?
 HDIF when I experience your total forgiveness?
 Our_sexual_relationship is a mirror of our total relationship. HDIFAT?

TOTALLY (1)

HDIF when I see you totally open to me in our_lovemaking?

TOUCH (15)

HDIF about keeping in touch with my extended family?
 HDIF when I reach_out to touch you?
 HDIF when I touch you?
 HDIF when you reach_out to touch me?
 HDIF when you touch me in public?
 HDIF when you touch me in that certain place?
 HDIF when you touch me in that certain way?
 HDIF when you touch me?
 How has dialogue helped me get in touch or stay in touch with you?
 How has dialogue helped you get in touch or stay in touch with your spouse?
 How much do we touch each_other now and HDIFAT?
 On being more in touch with our_love for each_other since our_weekend
 On using dialogue to get in touch with myself
 When you touch me in the middle of the night, I feel ...
 When you touch me tenderly, without sex as a goal, I feel ...

TOUCHED (1)

After_a_fight: What tender spots were touched and when? HDIFAT now?

TOUCHER (1)

Is one of us the "toucher" and the other aloof?

TOUCHES (1)

What touches please me most during lovemaking?

TOUCHEST (1)

What is the touchiest area in our_relationship?

TOUCHING (1)

Are our topics of conversation different when we are touching?

TOUCHY (1)

On talking about a touchy subject

TOUGH (1)

HDIF when you greet me after a tough day?

TOUR (1)

HDIF about taking a walking tour through my old high school?

TOURIST (1)

HDIF when I am a tourist?

TRACING (1)

HDIF tracing your face with my fingertips?

TRACK (1)

HDIF when my plans run off the track?

TRADITIONS (5)

HDIF about keeping ethnic traditions alive in our_family?
 HDIF about our_family traditions or the lack of them?
 Have we inherited any family traditions from our grandparents?
 How do we lovingly pass on our_family traditions?
 What traditions are meaningful to me?

TRAFFIC (1)

HDIF when a car pulls in front of me when I am stopped in traffic?

TRAIN (1)

HDIF about traveling on the train?

TRAIT (1)

What is the healthiest trait of our_family?

TRAITS (2)

To which of my characteristics / traits do you object the most? HDIFAT?
Which of your characteristics / traits cause me the most difficulty? HDIFAT?

TRANQUIL (1)

What are some of the most tranquil times we spend together?

TRAPPED (2)

After_a_fight: When did I feel most trapped?
I feel trapped because ...

TRAVELING (4)

HDIF about traveling on the train?
HDIF when we are traveling in bad weather?
On how traveling affects our_relationship
On how traveling is affecting our_relationship

TRAYS (1)

HDIF when no one refills the ice cube trays?

TREASURE (2)

"Where your treasure is, there will your heart be also (MT 6:24)."
How can I make myself a better treasure for God?

TREASURED (2)

What is my most treasured memory? HDIFAT?
What is one of my treasured values in life?

TREAT (2)

HDIF when you treat me with tenderness?
Would I treat God as I treated you today?

TREATED (2)

HDI act when I am treated unfairly?
Would I treat God as I treated you today?

TREATING (2)

God gave you to me. How am I treating His gift?
HDIF about treating other_people like Christ?

TREATMENT (3)

HDIF when I am giving you the "silent treatment"?
HDIF when I get the "silent treatment" from you?
HDIF when you are giving me the "silent treatment"?

TREE (4)

HDIF about my family name, my family tree, my relatives, my ancestors?
HDIF when I look at the Christmas tree?
If I were a Christmas present, how would I be wrapped under the tree?
On trimming the Christmas tree

TRENDS (2)

HDIF when stock market trends increase the value of our investments?
HDIF when stock market trends reduce the value of our investments?

TRICKS (1)

HDIF when people play tricks on me?

TRIED (2)

Have I ever tried to bribe you? HDIFAT?
Have I ever tried to negotiate with God? HDIFAT?

TRIES (1)

HDIF when someone tries to get my professional advice in a social setting?

TRIGGERED (1)

After_a_fight: What specifically triggered my reaction? HDIFAT now?

TRIMMING (1)

On trimming the Christmas tree

TRIP (4)

Given the time and money for a long trip, where would I want to go? HDIFAT?
HDIF about taking a short trip with you?
HDIF while we are separated by a business trip?
When you go away on a business trip, I feel ...

TRIUMPHS (1)

HDIF when my spirit of adventure triumphs over good sense?

TROUBLE (3)

After_a_fight: What subjects cause us the most trouble? HDIFAT?
What are the strongest emotions / feelings I had during our times of trouble?
What emotions / feelings do I have the most trouble expressing?

TROUBLES (1)

Do I turn my troubles over to the Lord?

TROUBLING (1)

Is there anything troubling me right_now? HDIFAT?

TRUE (7)

Did we keep the true spirit of Christmas?
Do I always reveal my true emotions / feelings?
Does my true self come out under stress? HDIFAT?
HDIF when I discover the assumptions I made about you are not true?
HDIF when the assumptions you made about me are not true?
HDIF when you neglected to share your true priorities or plans with me?
I must be true to Can I be true to this and still be with you?

TRULY (3)

Do we truly pray together as a couple?
When have I thought we were truly one?
When is the last_time I truly felt listened to by you?

TRUST (14)

Do I really trust God?
Do I trust God to answer my prayers?
Do I trust in the Lord enough to step out of the boat?
HDIF when I can trust God to guide our_lives?
HDIF when I decide to trust you with my emotions / feelings?
HDIF when I do not trust you with my emotions / feelings?
HDIF when our_family trust level has been broken?
In what area(s) do I have difficulty putting full trust in God?
What can I do help_you trust me more?
What does it take for me to trust someone? HDIFAT?
What quality in you helped me trust in our young marriage?
What quality of yours makes me want to trust you?
Why do not I trust you with helping me with sex?
Would I trust God as I have trusted you today?

TRUSTED (1)

Would I trust God as I have trusted you today?

TRUSTING (4)

HDIF about trusting God for all our needs?
HDIF about trusting you?
HDIF trusting God to guide our_lives?
When making an important decision, HDIF about trusting my emotions / feelings?

TRUTH (3)

After_a_fight: Did I misrepresent or stretch the truth? HDIFAT now?
I need to know you are telling me the truth about ...
In what area(s) am I most afraid to tell the truth about myself?

TRY (35)

After_a_fight: Did one of us try to make the other feel guilty? Did it work?
DIF uncomfortable when I try to be assertive?
Do I always try to give you my full attention when we make_love? HDIFAT?
Do I sometimes try to control you instead of accepting you they way you are?
Do I try to control or hide my emotions / feelings?
Do I try to control your emotions / feelings?
Do I try to decide which emotions / feelings are OK to admit having?
HDI try to control you?
HDIF about sex in the morning? (Better try first!)
HDIF being around people who try to impress me?
HDIF when I try repeatedly to phone you and it's busy or there is no answer?
HDIF when I try to be loving when you want to talk all night?
HDIF when I try to be loving when you want to talk until 1 AM?
HDIF when I try to be on time for you?
HDIF when I try to build up your confidence?
HDIF when I try to convince you of something and you cannot accept it?
HDIF when I try to hold my temper?
HDIF when I try to make light of a serious situation?
HDIF when I try to understand how much you hurt?
HDIF when I try to understand what is bothering me?
HDIF when doctors try to take control of my life?
HDIF when we try to settle arguments without asking God's help?
HDIF when you really try to reach_out and accept my emotions / feelings?
HDIF when you try to influence my decisions?
HDIF when you use your dialogue letter to try to straighten me out?
How does the image I try to project affect our dialogue?
How does the image I try to project affect our_relationship?
I try harder to change when I ...
In what area(s) do I try to modify my behavior to please you?
In what kind of relationship (besides spousal) do I try to fill my_needs?
Sometimes failure makes me want to try harder. HDIF during those times?
What distracts me when I try to listen to you and HDIFAT?
What have I always wanted to try but never did? HDIFAT?
What is the most delicate topic for me to try to bring up?
When we think we can handle it, I would like to try dialoguing on ...

TRYING (15)

Am I trying too hard to change you?
 Are you trying too hard to change me?
 HDIF about trying new things that are just coming into fashion?
 HDIF about trying to make something beautiful with my hands?
 HDIF about trying to rehabilitate our_marriage?
 HDIF trying to put you first when our_children are so demanding?
 HDIF when I am trying to be strong in the face of difficulty?
 HDIF when I am trying to describe an emotion / feeling of mine to you?
 HDIF when I am trying to describe an emotion of mine to you?
 HDIF when I am trying to keep a tight reign on my temper?
 HDIF when I stop trying to figure out your emotions / feelings?
 HDIF when someone else insists on trying to run my life?
 On trying to write a little poem for you
 What lifetime dream am I still trying to realize? HDIFAT?
 What struggles do I go through trying to write my dialogue letter?

TURN (2)

Do I turn my troubles over to the Lord?
 HDIF when I arrive late to a meeting and people turn around to look?

TURNED (2)

Describe a specific instance when I was most turned on sexually? HDIFAT?
 I am turned off by people who ...

TURNING (2)

HDIF about turning off the TV at dinner time?
 HDIF when I think of how our_children are turning out?

TURNS (1)

What specifically do you do to me physically that turns me off? HDIFAT?

TV (29)

Could I live without TV for a day? For week? For a month? Forever?
 Do I depend on the TV for entertainment? HDIFAT?
 Does TV have a negative or positive effect on my life? HDIFAT?
 Does TV take away valuable time from us as_a_family?
 HDIF about reading more books and watching less TV?
 HDIF about the amount of time we spend watching TV?
 HDIF about the nudity on TV?
 HDIF about the time I spend watching TV?
 HDIF about the values our_children acquire from TV?
 HDIF about the violence on TV?
 HDIF about turning off the TV at dinner time?
 HDIF about watching TV during meal time?
 HDIF about watching TV in our bedroom?
 HDIF about watching TV?
 HDIF about watching football on TV?
 HDIF watching a love story with you on TV?
 HDIF when I invite you to watch TV with me?
 HDIF when TV sports controls meals and holidays in our_home?
 HDIF when you say "We'll dialogue after the next TV program"?
 How does TV affect our_lives?
 How many hours do I watch TV in a typical day? In a typical week? HDIFAT?
 How would I feel if our TV were to break and stay broken?
 How would I feel if our TV were to break?
 If I could design my own children's TV show, what would it be like?
 In what ways does TV affect our_family life?
 On pain-killers that I use (alcohol, drugs, hobbies, TV, etc.)
 The TV is on. HDIFAT?
 What type of program do I watch most on TV? What does this say about me?
 Where do I get most of my enjoyment from TV?

TWICE (1)

If we had twice our present income, would be happier?

TWO (10)

HDIF about giving my two best friends a key to the house?
 HDIF when we pray together, just the two of us?
 If I had only two days to live, how would I spend them?
 On having a picnic in the park, just the two of us
 Our children are the two of us in one flesh. HDIFAT?
 The two of us are a "little church." HDIFAT?
 What are my goals for the next two weeks?
 What does it usually take to get the two of us to talk? HDIFAT?
 What two adjectives best capture the real me?
 When did we go two miles with someone who ordered us to go one?

TYPE (2)

What type of fights do we have and HDIFAT?
 What type of program do I watch most on TV? What does this say about me?

TYPICAL (1)

How many hours do I watch TV in a typical day? In a typical week? HDIFAT?

ULTIMATUM (1)

After_a_fight: Did I issue an ultimatum? HDIF about the ultimatum now?

UNABLE (2)

HDIF when I am unable to stop laughing, especially at an inappropriate time?
 Why have we been unable to work out all our problems? HDIFAT?

UNACCEPTABLE (1)

Am I asking you to make an unacceptable compromise? HDIFAT?

UNAPPRECIATED (1)

When DIF unappreciated?

UNAVOIDABLY (1)

HDIF when I unavoidably hit some small animal with the car?

UNCOMFORTABLE (3)

DIF uncomfortable when I try to be assertive?
 Does being aggressive make me uncomfortable?
 Have you recently said something that made me feel uncomfortable? What?

UNCONDITIONAL (2)

Is my "yes" to you today unconditional?
 On our Lord's call to unconditional love in our_relationship

UNCONDITIONALLY(2)

HDIF about being unconditionally loved by God?
 How is our_relationship affected when we strive to love unconditionally?

UNDERSTAND (5)

After_a_fight: This will help_you better understand my reaction:
 HDIF when I do not think you understand me?
 HDIF when I try to understand how much you hurt?
 HDIF when I try to understand what is bothering me?
 What would I like you to do so I can better understand you?

UNDERSTANDING (2)

Although we have an understanding about this, I want to re-examine ...
 Which of our_children most needs our help and understanding right_now?

UNDERTAKING (2)

HDIF when I exceed my limits, undertaking more than I can handle?
 HDIF when I stay within my limits, undertaking only as much as I can handle?

UNDERWEAR (1)

HDIF about wearing silk underwear?

UNDRESS (4)

HDIF when I undress in front of you?
 HDIF when you undress in front of me?
 HDIF when you watch me undress?
 On your watching me undress

UNEASY (1)

I am most uneasy when I think people are judging me to be ...

UNEXPECTED (5)

HDIF about unexpected company?
 HDIF when I have the urge to surprise you with an unexpected gift?
 HDIF when we have unexpected company?
 HDIF when you give me an unexpected hug?
 When my work is set back by some unexpected difficulty, I feel ...

UNEXPECTEDLY (6)

HDIF when my / your parents drop by unexpectedly?
 HDIF when our_children drop by unexpectedly?
 HDIF when someone drops in unexpectedly?
 HDIF when you come home unexpectedly?
 HDIF when you kiss me unexpectedly?
 On having a day off, unexpectedly

UNFAIRLY (1)

HDI act when I am treated unfairly?

UNFINISHED (2)

On completing unfinished projects
 We have unfinished chores. HDIFAT?

UNFORGIVEN (1)

HDIF about being unforgiven?

UNFORGIVING (1)

HDIF about being unforgiving?

UNHEALTHY (1)

Was my parent's relationship a healthy or unhealthy model for us? HDIFAT?

UNIFORMITY (1)

Am I hoping more for unity in our_marriage or for uniformity?

UNIMPORTANT (2)

Are desires bad or unimportant compared to needs?
Are wants bad or unimportant compared to needs?

UNION (2)

HDIF in realizing our sexual union is God's command?
Is our sexual union a joining of our hearts, minds, bodies and spirits?

UNIQUE (2)

HDIF when I consider that we are unique as_a_couple?
What are my thoughts about us being unique as_a_couple?

UNITED (1)

What one thing has most united us this past weekend?

UNITY (6)

Am I hoping more for unity in our_marriage or for uniformity?
Are we growing in unity?
How can my family have more unity?
How do we experience unity?
What am I doing to promote Christian unity right where I am?
What have I done to help our parish / church grow in unity?

UNIVERSAL (1)

HDIF about belonging to our universal church?

UNJUSTLY (1)

HDIF when I unjustly scold our_children?

UNKIND (1)

HDIF when I am unkind to you?

UNLOVABLE (1)

HDIF when I judge myself inadequate, guilty, unlovable?

UNLOVING (1)

HDIF when I am unloving?

UNLUCKY (1)

What would be the most unlucky thing that could happen to me today?

UNMET (6)

Do I have a particular need that is frequently unmet?
Do I have unmet needs that lead me to be a "married single"?
On unmet expectations about our_relationship
Pick a current problem. What expectation of mine was unmet?
These are my_needs that still go unmet: HDIFAT?
What unmet need did I experience today?

UNNECESSARILY (1)

What things make our_life unnecessarily complicated?

UNPLANNED (1)

Would I feel better keeping weekends relatively unplanned?

UNPLEASANT (2)

Do I sometimes make jokes that leave a critical or unpleasant aftertaste?
HDIF about unpleasant tasks?

UNPRODUCTIVE (1)

After_a_fight: How can we avoid unproductive fights?

UNQUALIFIED (1)

What needs to change for me to give an unqualified yes to our_relationship?

UNREASONABLE (3)

After_a_fight: Where was I unreasonable? HDIFAT now?
HDIF about being seen as unreasonable?
Recently I thought it was wrong, unreasonable or selfish of you to say ...

UNRESOLVED (2)

After_a_fight: What issues still persist? HDIF about these unresolved issues?
What unresolved problems do I see in our_marriage right_now?

UNSATISFACTORY (1)

Do I take time to think about unsatisfactory areas of my life? HDIFAT?

UNSEEN (1)

Christ is the unseen guest at every meal. HDIFAT?

UNSYMPATHETIC (1)

HDIF about being seen as unsympathetic?

UNTO (1)

Jesus says, "Come unto me all you who are weary." HDIFAT?

UNUSUAL (2)

HDIF when I complete some big, unusual task around the house?
What is my most unusual talent? HDIF about demonstrating it for you?

UNWIND (1)

What is my_favorite way to unwind, relax and pamper myself? HDIFAT?

UPBRINGING (2)

Considering my upbringing, what should I avoid with our_children? HDIFAT?
Considering my upbringing, what should I repeat with our_children? HDIFAT?

UPRIGHT (1)

HDIF when I am sitting upright? When I am slouching?

UPS (2)

HDIF being with people who do not seem to have emotional ups and downs?
HDIF being with people whose emotional ups and downs are very marked?

UPSET (6)

A time when I felt really upset
HDI act when I am upset with you?
HDIF when I know I have upset someone in my family?
HDIF when you get upset?
When I feel upset, what is the best thing someone can do for me?
Would God be upset if I made you number 1?

URGE (2)

HDIF when I have the urge to call you during the day, but do not?
HDIF when I have the urge to surprise you with an unexpected gift?

US (252)

"... till death us part." HDIFAT?
"Forgive us our sins as we forgive other_people." HDIF when I pray this?
"God so loved us that He gave us His only son." HDIFAT?
"You are the light of the world." HDIF as Jesus says this to us?
A plant arrived from the florist to thank us for a favor. HDIFAT?
After_a_fight: Did one of us act childish? HDIFAT now?
After_a_fight: Did one of us attribute sinister motives to the other? HDIFAT?
After_a_fight: Did one of us bully the other? HDIFAT now?
After_a_fight: Did one of us insist on being right? HDIFAT now?
After_a_fight: Did one of us try to make the other feel guilty? Did it work?
After_a_fight: Do our "rules" allow us to take a break to cool down? HDIFAT?
After_a_fight: How can I change to make confrontation more positive for us?
After_a_fight: What subjects cause us the most trouble? HDIFAT?
After_a_fight: When we fight, is one of us always the loser. HDIFAT?
Am I becoming more disillusioned or less disillusioned about us? HDIFAT?
Am I comfortable allowing barriers / obstacles to keep us distant?
Am I ready to give up some singles' activity that separates us?
Are my priorities so materialistic that they interfere with us?
Are our_children really God's gift to us?
Are we good stewards of all that God gives us?
Can I really accept God's_plan for us?
Can I see any new doors opening for us?
Do I feel comfortable inviting couples like us to the program / weekend??
Do I see God's_plan for me / us as a privilege or a burden?
Do I see us ever allowing ourselves to live fully God's_plan for us?
Do other_people look at us and know we are in love?
Do we accept only members of our church / parish family who are like us?
Do we feel the Spirit moving in us?
Do we have a "little church" at home to help us stay on the program?
Does TV take away valuable time from us as_a_family?
Does a hobby keep us separated much of the time? HDIFAT?
Does a recreational activity keep us separated much of the time? HDIFAT?
Each of us belongs to the other (I COR 7:3-5). HDIFAT?
Friends invite us but do not come over in return. HDIFAT?
God expects us to be our brother's keeper. HDIFAT?
God has a job for us that only we can handle. HDIFAT?
God's Son was born for us. HDIFAT?
HDI behave when I am experiencing disillusionment about us?
HDI gauge the blessings God has granted to us?
HDI see us in service to the Lord?
HDI see us living God's_plan in our_sexual_relationship?
HDI think other_people see us as_a_couple?
HDIF about God being the one who brought us together?
HDIF about Our Father calling us to lead other_people?
HDIF about a hobby that keeps us separated much of the time?
HDIF about a savings plan for us?
HDIF about asking God to help us?
HDIF about both of us working outside the home?
HDIF about buying a convertible for us to enjoy together?
HDIF about having company stay with us?
HDIF about inviting couples like us to take advantage of the program / weekend?
HDIF about letting Priests know their importance to us?
HDIF about letting Religious know their importance to us?
HDIF about letting priests / ministers know their importance to us?
HDIF about letting religious know their importance to us?

HDIF about making a major purchase that will put us in debt?
 HDIF about recommitting us to dialogue as a way of life?
 HDIF about recommitting us to regular dialogue as a way of life?
 HDIF about the decision to love being important to us?
 HDIF about the people who prayed for us during our_weekend?
 HDIF about the person, Jesus, and how does this affect us?
 HDIF about the way Christmas Day went for us?
 HDIF about us as_a_family?
 HDIF about us being a Sacrament?
 HDIF about us being a spiritual couple?
 HDIF about us having the power to heal each_other?
 HDIF about us moving?
 HDIF about us participating in competitive sports? When we win? When we lose?
 HDIF about us today?
 HDIF about us when I am sick?
 HDIF about us when I hear our favorite song?
 HDIF about us when other_people notice how much we love each_other?
 HDIF about us when we have saved to buy something special?
 HDIF as I reflect on the expectations I had on our wedding day for us?
 HDIF knowing Christ died in agony to show His love for us?
 HDIF knowing God planned for us to be together?
 HDIF knowing how much God loves us all?
 HDIF knowing it is God's idea for us to be together?
 HDIF realizing that my attitudes and judgments have caused us pain?
 HDIF when God allows us to suffer?
 HDIF when I am aware of growth in us?
 HDIF when I let go the reins and let Our Father decide for us?
 HDIF when I remember that all good things are gifts to us from God?
 HDIF when I see our couple love influencing other_people around us?
 HDIF when I see our_marriage influencing other_people around us?
 HDIF when I see us together in snapshots?
 HDIF when I sense Christ present among us?
 HDIF when I think about us marrying each_other each day?
 HDIF when I think about us saying "I do" each day?
 HDIF when I think about us ten years from now?
 HDIF when I think of the Father as always belonging to us?
 HDIF when a couple we have invited comes home from a weekend and thanks us?
 HDIF when activities separate us?
 HDIF when exhaustion keeps us from being lovers?
 HDIF when job / career separates us?
 HDIF when one of us is the subject of an ethnic joke?
 HDIF when our Encounter / Retrouvaille "jobs" keep us from being close?
 HDIF when our Encounter / Retrouvaille "jobs" keep us from being lovers?
 HDIF when our daily routines do not allow us time for each_other?
 HDIF when our different interests separate us?
 HDIF when our friends let us down?
 HDIF when our routines separate us?
 HDIF when outside activities keep us from spending time with our_family?
 HDIF when some job or activity separates us?
 HDIF when someone reaches out to us?
 HDIF when there is not enough time for us?
 HDIF when time and exhaustion keep us from being lovers?
 HDIF when we have to accept God's_plan for us?
 HDIF when we make time for us?
 HDIF when we pray together, just the two of us?
 HDIF when we put our_children ahead of us?
 HDIF when we see the persons who first told us about this program / weekend?
 HDIF when we share deeply with those around us?
 HDIF when work keeps us apart?
 HDIF when you have to make a sacrifice for us?
 HDIF when you make a sacrifice for me / us?
 HDIF when your routines separate us?
 Have we been changed because of God's awesome faith in us as_a_couple?
 How can I tell that God loves us?
 How can we use prayer to draw us closer together?
 How does ... [name a minister] help us to experience God's_love for us?
 How does God's_love for us enable us to forgive each_other?
 How does dialoguing on our emotions / feelings help us discover our needs?
 How does my / your fear of pregnancy affect us?
 How does my attitude toward my / your father affect us?
 How does my attitude toward my / your mother affect us?
 How does our individuality strengthen us as_a_couple?
 How does so-and-so [name someone] help us to experience God's_love for us?
 How does striving to live God's_plan give life to us as_a_couple?
 How does striving to live God's_plan give life to us?
 How does the modern world keep us from reaching out to other_people?
 How good our_marriage is affects other marriages around us. HDIFAT?
 How has God blessed us today?
 How has dialoguing about scripture made Jesus come alive for us?
 How has inflation affected us and HDIFAT?
 How has our Lent prepared us for Holy Week?
 How has our dialogue helped us grow closer to each_other?
 How has our failure to live God's_plan for our_marriage affected us?
 How has the temptation to live the World's Plan affected us?
 How have our past failures helped us to grow?
 How much control would I have to give up to make things better for us?

How was Easter special for us this year?
 I cannot compromise on Can I have this and still have us?
 I see God smiling down on us as we make_love. HDIFAT?
 I still have these doubts about us: HDIFAT?
 I would feel happier about us after these additional changes:
 If God is for us, who can be against us?
 In what ways has God blessed us?
 Intimacy is a challenge for us. HDIFAT?
 Is dialogue a chore or a special time for us?
 Is it easy for us to agree on decisions? HDIFAT?
 Is one of us the "toucher" and the other aloof?
 Is our involvement in this program helping us as_a_couple?
 Jesus is counting on us to make His love believable. HDIFAT?
 Jesus is counting on us to reveal His love to other_people. HDIFAT?
 Jesus suffered and died for us. What can I do for Him?
 Jesus will never give us a task that is too big to handle. HDIFAT?
 Jesus will never give us more conflict than we can manage. HDIFAT?
 Marriages around us are affected by how well they see ours working. HDIFAT?
 My favorite memory of us as_a_couple this year is ...
 On challenging another couple to dialogue with us for ... days
 On expectations your family has of us
 On frustration as bringing us together or driving us apart
 On having a picnic in the park, just the two of us
 On inviting another couple to dialogue with us regularly
 On knowing God needs us
 On living God's Plan for us
 On my family's expectations of us
 On our activities and our jobs / careers: what about us?
 On our_children and us
 On receiving secret gifts and notes from a couple who loves us
 On seeing us as a special couple today
 On taking time out for us
 On the effect my parents' pattern of relationship has on us
 On the fact that other_people are reaching out to us
 On the way our_children listen to us
 On those occasions when my family makes demands on us
 On those occasions when your family makes demands on us
 On your family's expectations of us
 Our Sacrament calls us to a good marriage, not just an average one. HDIFAT?
 Our children are the two of us in one flesh. HDIFAT?
 Our closest lovemaking expresses in miniature God's_love for us. HDIFAT?
 Our love for each_other is a reflection of God's_love for us. HDIFAT?
 Our separate interests are drawing us apart. HDIFAT?
 PS 34:18-21. HDIF as the Lord watches over us?
 Ruth 1:16-17. HDIF about us as I reflect on these words?
 Sex can be used as a tool to build us. HDIFAT?
 The Bible is full of God's dialogue letters to us. HDIFAT?
 The two of us are a "little church." HDIFAT?
 To what degree am I living what Encounter / Retrouvaille teaches us?
 Today, where am I with myself and with us as_a_couple?
 Was my parent's relationship a healthy or unhealthy model for us? HDIFAT?
 What am I searching for in life and how does it affect us?
 What are my dreams for us as a dialoguing couple? HDIFAT?
 What are my hopes for us in the area of sex?
 What are my thoughts about us being special to Our Father?
 What are my thoughts about us being unique as_a_couple?
 What brings us closest and HDIFAT?
 What compliment do I least like to receive about us?
 What compliment do I most like to receive about us?
 What did I learn about us as_a_family the summer?
 What do I like best_and_least about us as_a_couple?
 What do I think other_people see in us as_a_couple?
 What do I think our dialogue did for us on our_weekend? During follow-up?
 What do I want God to help us with?
 What does it cost us as_a_couple to be Jesus' disciples?
 What does it usually take to get the two of us to talk? HDIFAT?
 What effect did dialogue have on us during our_weekend?
 What effect did dialogue have on us during the follow-up period?
 What effect does it have on us when my_needs are met?
 What effect or lack of effect has our sexual desire had on us this_week?
 What goals would I like to see us achieve in the next few months?
 What happens to me / us when we are accepting of each_other?
 What happens to me / us when we are not accepting of each_other?
 What has Our Father given us in the past year?
 What hinders us from making better decisions and HDIFAT?
 What holds us together as_a_couple and HDIFAT?
 What is a goal I have involving us together? HDIFAT?
 What is my "impossible dream" for us?
 What is my all-time favorite movie? HDIF about renting it for us?
 What is my most recent happy memory of us?
 What is my wildest dream for us and HDIFAT?
 What is special about us as_a_couple today?
 What is the effect of our sexual intimacy on us as_a_couple?
 What is the luckiest thing that has ever happened to us? HDIFAT?
 What is the most important topic for us to discuss today and HDIFAT?
 What joys have our_children given us?
 What keeps us from dialogue?

What keeps us from regular dialogue?
 What leads us to difficulties in our decision-making and HDIFAT?
 What one couple has challenged us the most this year?
 What one thing has most united us this past weekend?
 What pleasures have our_children bring us into
 What possession is most likely to bring us into disillusionment?
 What practical steps could we take to talk more about us?
 What quality in us as_a_family do I like best?
 What was the first thing that worked against us after our_weekend?
 What would I like us to be doing in five years? HDIFAT?
 What would be the ideal place and time for us to make_love? HDIFAT?
 When did we go two miles with someone who ordered us to go one?
 When do I get the most out of talking about us?
 When our community reaches out to us, HDIF?
 When things are humdrum in our_lives, do I compare us to other_people?
 HDIFAT?
 When we talk about Encounter / Retrouvaille, some reject us. HDIFAT?
 Which of us comes to decisions more quickly and HDIFAT?
 Which of us usually makes the decisions and HDIFAT?
 Which of us worries most about money?
 Which one of us worries the most about money?
 Which pressure in me is most affecting my dream for us today?
 Why is it often the little things that pull us apart?
 Why is making love mostly a non-verbal experience for us?

USE (34)

After_a_fight: Did I use exaggerations or absolutes? HDIFAT now?
 Do I ever use bad language to vent pressure? Does it work? HDIF afterward?
 Do I judge other_people by higher or lower standards than I use on myself?
 Do I make good use of the talents God has given to me?
 Do I use alcohol or drugs to relax or alleviate pressure? HDIFAT?
 Do I use caffeine to boost my energy level? HDIFAT?
 Do I use my hands to show I am listening to you and HDIFAT?
 Do I use the talents God has given to me?
 HDI best use non-verbals?
 HDIF about how we use our money?
 HDIF about learning to use a pistol or rifle?
 HDIF about our use of alcohol?
 HDIF about the use of medicine in our_family?
 HDIF about the way we use our spare time?
 HDIF when I let you use my tennis racket (golf clubs, etc.)?
 HDIF when we use the good silver (or the good china)?
 HDIF when we use the grace of healing to forgive another person?
 HDIF when we use the grace of healing to forgive each_other?
 HDIF when we use the grace of healing to forgive one of our_children?
 HDIF when you use your dialogue letter to dump on me?
 HDIF when you use your dialogue letter to get some point across to me?
 HDIF when you use your dialogue letter to try to straighten me out?
 How are we going to make better use of our free time this summer?
 How can we use prayer to draw us closer together?
 How can we use time for ourselves better?
 On how we use our financial resources
 On pain-killers that I use (alcohol, drugs, hobbies, TV, etc.)
 What "probably not tonight" signals do I use to say no to sex?
 What defense mechanisms do I use when I fail to please you?
 What methods do I find easiest to use in describing my emotions?
 What methods do I find easy to use in describing my emotions / feelings?
 What methods do I find hard to use in describing my emotions / feelings?
 What methods do I find most difficult to use in describing my emotions?
 What words do I use to let our_children know they are loved?

USED (7)

Have I ever felt used by you sexually? HDIFAT?
 Have I ever felt used or rejected in sex? HDIFAT?
 Is or love for each_other stronger now than it used to be?
 Sex can be used as a tool to build us. HDIFAT?
 What gifts has God given to me and how have I used them?
 What happens when I am still lonely or feel used after we make_love?
 What was I like as a child? HDIF about the person I used to be?

USELESS (1)

I find it useless to listen to you when HDIFAT?

USING (11)

HDIF about living my daily life without to-do lists, using only my memory?
 HDIF about switching to low fat milk? Using less salt? Eating less red meat?
 HDIF about using credit cards?
 HDIF about using seat belts?
 HDIF about using the media to proclaim the Good News?
 HDIF using the gifts of the Holy Spirit?
 HDIF when I do not like the dialogue question we are using?
 HDIF when we are aware of using our forgiving power to heal each_other?
 HDIF when we are aware of using our power to heal each_other?
 How would I feel using my_favorite picture of you as a bookmark?
 On using dialogue to get in touch with myself

USUALLY (13)

Am I a good mixer or am I usually quiet and reserved? HDIFAT?
 Am I usually tentative or vigorous in implementing my decisions?
 Am I usually the one to ask for forgiveness first? HDIFAT?
 At parties, am I often bored or do I usually have fun? HDIFAT?
 Do I usually initiate friendships or wait to be approached? HDIFAT?
 I usually settle arguments by ...
 Our decisions usually revolve around ...
 What do I usually do about things that hurt me? HDIFAT?
 What does it usually take to get the two of us to talk? HDIFAT?
 What part of the day do I usually like the best?
 When I am caught in an embarrassing spot, I usually ...
 When we are alone, we usually talk about ...
 Which of us usually makes the decisions and HDIFAT?

VACATION (17)

HDIF about a vacation alone with you?
 HDIF about our vacation being over?
 HDIF about our vacation?
 HDIF about our_family vacation time?
 HDIF when we plan a vacation?
 How can this vacation literally be a time of re-creation?
 How would I like to spend our vacation?
 If I could have any vacation I wanted, I would ...
 On having time for vacation but no money
 On having time for vacation but no vacation money
 On our vacation
 On planning a vacation
 On saving for a summer vacation
 On taking a dream vacation
 On the best vacation we ever had
 What can I do to contribute to our_family having a good time on vacation?
 What did I enjoy most about our vacation?

VACATIONS (1)

What do I like best_and_least about our_family vacations?

VALENTINE (1)

How would I feel if I got a Valentine card from a secret admirer?

VALENTINE'S (3)

HDIF when I send you a Valentine's card?
 Is St. Valentine's Day special to me or just another day?
 On making every day Valentine's Day

VALUABLE (1)

Does TV take away valuable time from us as_a_family?

VALUE (14)

Are family meals together a value?
 Do I value sentiment more than logic or vice versa? HDIFAT?
 HDIF when stock market trends increase the value of our investments?
 HDIF when stock market trends reduce the value of our investments?
 Is family communication a value of mine?
 What Modern World value am I embracing right_now?
 What changes do I need to make to make Faith a value?
 What do I own that I value most?
 What do I value least about our lifestyle?
 What do I value most about our lifestyle?
 What do I value most in life?
 What do I value most in my life?
 What do I value most in our_relationship? HDIFAT?
 What value do I see in changing the world?

VALUES (26)

Are my sexual values changing at all?
 Are we as parents encouraging Christian values in our_home?
 Do I allow my sexual values to interfere with my response to you?
 Do I apply Gospel values to my job / career? HDIFAT?
 Do I see my sexual values changing?
 Do we ever challenge our friends about their values and morals?
 HDIF about having to do work that does not harmonize with my values?
 HDIF about the values our_children acquire from TV?
 HDIF about the way our_children are reacting to our values?
 HDIF when our_children reject our values?
 On expanding our existing values to live God's_plan
 Our lifestyle is a reflection of our values. HDIFAT?
 Persons with strong values will eventually have strong conflicts. HDIFAT?
 The values I hold most important in my life are ...
 We hear and see values we do not agree with. HDIFAT?
 What are my most important values for our_relationship?
 What are the values I want to live now?
 What family values do I most want to pass on?
 What family values do we have in common with the Jewish people?
 What is one of my treasured values in life?
 What makes it hard to live according to our own values?
 What problems do we have because of differing values and HDIFAT?
 What sexual values do I hold?

What values do I hold that I would like the world to see?
 What values do we want our_children to have about money?
 What values of the church do I want to pass on to our_children?

VENT (2)
 Do I ever use bad language to vent pressure? Does it work? HDIF afterward?
 Do I vent my anger in an appropriate way? HDIFAT?

VERSA (2)
 DIF better when I let my heart rule my head or vice versa?
 Do I value sentiment more than logic or vice versa? HDIFAT?

VERSUS (2)
 HDIF about the "me" I am versus the "me" I want to be?
 On priorities of job / career versus relationship

VERY (8)
 A time when I was very irritated
 HDIF being with people whose emotional ups and downs are very marked?
 I am very thankful about ... but I have difficulty admitting it to you.
 I am very thankful about ... but I have difficulty telling you.
 I see you as someone very special because ...
 Sitting very quietly, HDIF listening to Jesus say my name to me?
 When was the last_time I felt very close to Jesus?
 You made me very happy this_week when ...

VICE (2)
 DIF better when I let my heart rule my head or vice versa?
 Do I value sentiment more than logic or vice versa? HDIFAT?

VIEWS (1)
 HDIF when I discuss politics with someone whose views are opposite of mine?

VIGOROUS (1)
 Am I usually tentative or vigorous in implementing my decisions?

VIOLENCE (1)
 HDIF about the violence on TV?

VIOLENTLY (1)
 HDIF when you become violently angry with me?

VISIBLE (6)
 HDIF about being called to be a visible sign of the church?
 Has our sacrament been a visible sign to our_family?
 How can we continue to make our decision to love visible in the church?
 How can we continue to make our_love visible in the church?
 How do we make our sacrament a visible sign of God's_love?
 Is our_relationship alive and visible to other_people?

VISION (1)
 What is my vision of the Church?

VISIT (10)
 HDIF about ...'s visit?
 HDIF about so-and-so's [name someone] visit?
 HDIF when I visit people in the hospital?
 HDIF when I visit you in the hospital?
 HDIF when relatives visit?
 HDIF when we go to visit our families?
 HDIF when you parents visit?
 HDIF when your parents visit?
 HDIF whenever relatives visit?
 If Christ dropped in to visit today, would He feel at home?

VISITING (3)
 HDIF about visiting a nursing home?
 On visiting in-laws
 On visiting out-of-town relatives

VIVID (1)
 My most vivid good childhood memory is ... HDIFAT today??

VOCATION (1)
 HDIF about being called to the vocation of matrimony with you?

VOCATIONS (1)
 What can our_family do to increase religious vocations in our parish?

VOICE (1)
 HDIF about the way my voice sounds when it is recorded?

VOICES (1)
 After_a_fight: What caused my / your / our voices to be raised? HDIFAT?

VOTE (1)
 HDIF after I have exercised my right to vote?

VOWS (1)
 How much do our_marriage vows mean_to_me now? HDIFAT?

VULNERABLE (1)
 Am I willing to be intimate and vulnerable with other_people?

WAIT (4)
 Do I usually initiate friendships or wait to be approached? HDIFAT?
 HDIF when I am late and you have to wait for me?
 HDIF when I wait patiently when you are late?
 HDIF when you are late and I have to wait for you?

WAITED (1)
 HDIF about being waited on?

WAITING (3)
 HDIF when I am waiting for you to come home in bad weather?
 HDIF when someone else gets the parking place I am waiting for?
 On waiting all day for a delivery

WAKE (4)
 Do I wake up feeling tired?
 HDIF attending a funeral or wake?
 HDIF when I wake up and you are not there?
 HDIF when you reach over to cuddle with me when we first wake up?

WAKING (3)
 HDIF about waking up beside you?
 HDIF falling to sleep beside you? Waking up beside you?
 HDIF when every waking minute of our day is planned?

WALK (5)
 HDIF about taking a walk you in the snow? In the rain?
 HDIF taking a walk with you on a beautiful spring day?
 HDIF when I take a walk with you?
 How would I feel after a thirty-minute brisk walk?
 On taking a walk together

WALKING (3)
 HDIF about taking a walking tour through my old high school?
 HDIF walking hand in hand with you in the new-fallen snow?
 On walking barefoot together on the beach

WALL (1)
 HDIF when I build a wall between_us?

WALLPAPER (1)
 HDIF when we take time to wallpaper, paint or do other housework as_a_couple?

WALLS (1)
 HDIF when walls build up between_us?

WANT (109)
 Although we have an understanding about this, I want to re-examine ...
 Am I as close to our_children as I want to be?
 Am I as close to our_children as I want to be? As I should be? HDIFAT?
 As the basis of my goals in life, I want to be ...
 Can I, or can you, give me what I want from this relationship? HDIFAT?
 Do I really want a close relationship with you?
 Do I really want to solve the conflicts between_us?
 Do I regularly do things I do not want to do? HDIFAT?
 Do I romance you the way I want it or the way you want it?
 Do I want your help in discovering what my real needs are?
 Given the time and money for a long trip, where would I want to go? HDIFAT?
 HDI want to spend our golden years?
 HDI want you to remember me after I die?
 HDI want you to see me? Is this the way I want other_people to see me too?
 HDIF about saying yes when I really want to say NO?
 HDIF about the "me" I am versus the "me" I want to be?
 HDIF telling you something I judge you do not want to hear?
 HDIF telling you something I know you do not want to hear?
 HDIF when I am sleepy and you want to make_love?
 HDIF when I do not want to make_love but do anyway?
 HDIF when I do what I should do instead of what I want to do?
 HDIF when I go ahead and make_love even when I do not want to?
 HDIF when I stop doing something I want to do because other_people are watching?
 HDIF when I try to be loving when you want to talk all night?
 HDIF when I try to be loving when you want to talk until 1 AM?
 HDIF when I want sex and you do not?
 HDIF when I want to be honest but am afraid of hurting you?
 HDIF when I want to be with you and I cannot?
 HDIF when I want to be with you and cannot?
 HDIF when I want to invite a couple to the program / weekend but you do not?
 HDIF when I want to make_love and do not tell you?

HDIF when I want to postpone our dialogue?
 HDIF when I want to recruit a couple and you do not?
 HDIF when I want to reveal something to you but do not?
 HDIF when I want to skip a dialogue?
 HDIF when I want you most and you are too tired?
 HDIF when a couple says no, they do not want or need to go on a weekend?
 HDIF when a couple says yes, they want or need to go on a weekend?
 HDIF when we see something we want but cannot afford?
 HDIF when we want to make_love and cannot?
 HDIF when you go ahead and make_love even when you do not want to?
 HDIF when you want sex and I do not?
 HDIF when you want to leave some gathering and I am not ready to go?
 How do I want you to romance me? HDIF sharing my answer?
 How often do I want to make_love but do not ask you?
 How would I feel if one of our_children would want to become a minister?
 How would I feel if one of our_children would want to enter the ministry?
 I am being pressured to do something I do not want to do. HDIFAT?
 I do not ever want to be seen as ...
 I most want to be sexually involved with you when ...
 I want to be enthusiastic about life but
 If I were to die, what would I most want to be remembered for?
 If our house were on fire, what one object would I most want to save?
 If we were given \$10,000 cash, what would I want to do with it? HDIFAT?
 Our children want to play more. HDIFAT?
 Sometimes failure makes me want to give up. HDIF during those times?
 Sometimes failure makes me want to try harder. HDIF during those times?
 Sometimes people tell me I cannot do what I want to do? HDIFAT?
 The children do not want to hold my hand anymore? HDIFAT?
 Today I want to thank you for ...
 What I want you to remember most about me is ...
 What are my non-verbals when I want to make_love? HDIFAT?
 What are ten qualities I want most in a partner? HDI measure up? HDIFAT?
 What are the values I want to live now?
 What did I want you to hear but you did not? HDIFAT?
 What do I least want to reveal to you today about myself?
 What do I least want to talk with you about?
 What do I most want for our_family this New Year?
 What do I most want to be remembered for when I die?
 What do I see as your non-verbals when you want to make_love? HDIFAT?
 What do I think you most want from me? HDIFAT?
 What do I want God to help us with?
 What do I want for myself this_weekend?
 What do I want for you this_weekend?
 What do I want forgiveness for? HDIFAT?
 What do I want from this relationship right_now? In the future? HDIFAT?
 What do I want most for our_family this Christmas?
 What do I want most from you? HDIFAT?
 What do I want most to give our_family?
 What do I want our_children to be as an adult?
 What do I want this_weekend?
 What do I want to be most remembered for?
 What do I want to change about myself that I think would please you?
 What do I want to change most in you?
 What do I want to do this thanksgiving as_a_family?
 What emotion / feeling did I have today that I most want to share with you?
 What emotion / feeling did I have today that I want to share with you?
 What family values do I most want to pass on?
 What is it about you that makes me want to ask your forgiveness?
 What is the area I least want to discuss with you?
 What is the area I least want to talk to you about?
 What kind of parent do I want to be?
 What one possession do I want most and cannot have?
 What quality of yours makes me want to trust you?
 What specific changes do I want to make to live more intimately with you?
 What thought or emotion did I have today that I want to share with you?
 What values do we want our_children to have about money?
 What values of the church do I want to pass on to our_children?
 When I want some time for myself, I feel ...
 When I want something we cannot afford, I feel ...
 When I want to retreat from our_relationship, what do I do?
 When do I want to be sexually involved with you? HDIFAT?
 When other_people want to help_me, I feel ... and I tend to ...
 When recently have I shared an emotion / feeling that I did not want to have?
 When recently have I shared an emotion that I did not want to have?
 When we first met, what made me want to see you again?
 Why do I want snow at Christmas?
 Why do I want to be fulfilled (sexually) by you?
 Why do I want to stay married to you?

WANTED (4)

If I could do anything I wanted with you, what would we do?
 If I could have any vacation I wanted, I would ...
 What have I always wanted to try but never did? HDIFAT?
 When have I felt most wanted? HDIFAT?

WANTING (3)

On wanting something we cannot afford

On wanting to escape and be by myself
 What fears keep me from wanting another child?

WANTS (2)

Are wants bad or unimportant compared to needs?
 God wants our_sexual_relationship to be good? HDIFAT?

WAR (2)

After_a_fight: Do our fights at least end the "cold war" between_us?
 What is my greatest fear about war?

WARNING (1)

HDIF when stress builds and you do not see the warning signals?

WASH (1)

HDIF when we wash dishes together?

WASHINGTON (1)

HDIF about Washington politics?

WASTE (2)

Do we waste food or any other scarce resource?
 Do we waste food?

WASTED (1)

HDIF when I have wasted time?

WASTING (1)

What is my_favorite way of wasting time? HDIFAT?

WATCH (9)

HDIF when I invite you to watch TV with me?
 HDIF when I watch our_children play in the snow?
 HDIF when I watch our_children while you go shopping?
 HDIF when I watch romantic movies?
 HDIF when I watch scary movies?
 HDIF when I watch the sunset with you?
 HDIF when you watch me undress?
 How many hours do I watch TV in a typical day? In a typical week? HDIFAT?
 What type of program do I watch most on TV? What does this say about me?

WATCHES (2)

HDIF about buying expensive wine, luggage or watches?
 PS 34:18-21. HDIF as the Lord watches over us?

WATCHING (16)

HDIF about reading more books and watching less TV?
 HDIF about the amount of time we spend watching TV?
 HDIF about the time I spend watching TV?
 HDIF about watching TV during meal time?
 HDIF about watching TV in our bedroom?
 HDIF about watching TV?
 HDIF about watching a sunrise?
 HDIF about watching football on TV?
 HDIF watching a love story with you on TV?
 HDIF watching our_children grow?
 HDIF watching our_children participate in sports?
 HDIF when I am watching you and you do not know it?
 HDIF when I stop doing something I want to do because other_people are watching?
 On watching an old romantic movie together
 On watching our parents grow older
 On your watching me undress

WAVING (1)

HDIF about waving to children on school busses?

WAY (82)

"Everything is beautiful in its own way." HDIFAT?
 After_a_fight: Am I surprised by the way I reacted? HDIF about my behavior?
 After_a_fight: Was there an easier way? HDIFAT?
 After_a_fight: What have I learned about the way I handle conflict?
 After_a_fight: What have I learned about the way you handle conflict?
 Am I comfortable with the way we manage money as_a_couple?
 Do I know someone suffering in a Christ-like way?
 Do I like our_home the way it is?
 Do I romance you the way I want it or the way you want it?
 Do I sometimes try to control you instead of accepting you the way you are?
 Do I tend to do things in the accepted way or am I more creative? HDIFAT?
 Do I vent my anger in an appropriate way? HDIFAT?
 Do I, like Thomas, question the way of the Lord?
 HDI want you to see me? Is this the way I want other_people to see me too?
 HDIF about recommitting us to dialogue as a way of life?
 HDIF about recommitting us to regular dialogue as a way of life?
 HDIF about the way Christmas Day went for us?
 HDIF about the way I / you handle money?
 HDIF about the way I am learning to accept you as you are?

HDIF about the way I lived today?
 HDIF about the way I look on camera?
 HDIF about the way I manage my time?
 HDIF about the way I provide for our_family?
 HDIF about the way I take care of my body?
 HDIF about the way my voice sounds when it is recorded?
 HDIF about the way our yard looks?
 HDIF about the way our_children are reacting to our values?
 HDIF about the way our_children respond to you?
 HDIF about the way our_family spends money?
 HDIF about the way our_marriage influences other_people?
 HDIF about the way things have been going lately?
 HDIF about the way we celebrated our_love on this special occasion?
 HDIF about the way we have been communicating this_week?
 HDIF about the way we show God's_love to other_people?
 HDIF about the way we spend money?
 HDIF about the way we spent last weekend?
 HDIF about the way we use our spare time?
 HDIF about the way you greet me at the end of the day?
 HDIF being committed to dialoguing regularly as a way of life?
 HDIF when I am not thanked for going out of my way for someone?
 HDIF when I cannot seem to find a polite way to say "no"?
 HDIF when I go out of my way to please you?
 HDIF when I make_love but do not ask in a clear way?
 HDIF when you compliment me in a way that affirms my femininity / masculinity?
 HDIF when you describe an emotion / feeling to me in a way I cannot relate to?
 HDIF when you describe an emotion to me in a way I cannot relate to?
 HDIF when you touch me in that certain way?
 How does lack of money get in the way of our_relationship?
 How does my mask interfere with the way I listen to you?
 How does the way I see myself make it hard for me to reach_out to you?
 How would I feel if you never changed from the way you are right_now?
 In what specific way did I help someone today? HDIFAT?
 In what specific way have I brightened your day today?
 In what way am I afraid to grow old?
 In what way are you still a mystery to me?
 In what way can I deepen our spirituality?
 In what way does the Father have a stake in our_marriage?
 In what way has God worked in my life today?
 In what way have you brightened my day today?
 Is a daily routine a painful or comfortable way for me to get things done?
 On being intimate with you in a non-sexual way
 On differences in the way we discipline our_children
 On loving you just the way you are
 On the way our_children listen to us
 Our dialogue can be a way we say "yes" to each_other. HDIFAT?
 The way to salvation is through Jesus. HDIFAT?
 We could improve the way we make decisions by ...
 What attitude of mine helps me act in a loving way?
 What do I do that annoys people? Why do they react that way?
 What do I remember most about the way we spent our first anniversary?
 What gets in the way of my enjoyment of positive emotions / feelings? HDIFAT?
 What is my_favorite way of lovemaking?
 What is my_favorite way of wasting time? HDIFAT?
 What is my_favorite way to unwind, relax and pamper myself? HDIFAT?
 What is our basic way of dealing with marital conflict?
 What is the best way we can show our_love to God?
 What is the most effective way to communicate forgiveness?
 What stands in the way of my making a genuine commitment to you? HDIFAT?
 What way have I shown my love to our daughter / son lately?
 What would I change about the way I was raised? HDIFAT?
 When I am best I am Can I be this way and be with you?
 When I do not approve of the way a friend is acting, I tend to ...

WAYS (30)

HDIF when we experiment and make_love in different ways?
 HDIF when we slip back into our old ways?
 How can I help_you discover ways to satisfy your needs?
 In what specific ways am I hopeful for Encounter / Retrouvaille?
 In what specific ways am I hopeful for our_relationship?
 In what specific ways am I hopeful for the Church?
 In what specific ways am I hopeful for the world?
 In what ways DIF strong?
 In what ways DIF weak?
 In what ways am I afraid to grow old?
 In what ways am I afraid to look ahead?
 In what ways am I seeking to love my wife as Christ loved the church?
 In what ways am I still wrapped in a cocoon?
 In what ways are you my best friend?
 In what ways are you still a mystery to me?
 In what ways can I become a better listener for you?
 In what ways can I deepen our spirituality?
 In what ways can we prepare ourselves for eternity?
 In what ways do I act like a child? HDIF at those times?
 In what ways do I avoid being intimate with you?
 In what ways do I believe I am taken for granted?

In what ways do I daily affirm my love for you?
 In what ways do I punish myself because of past mistakes?
 In what ways do I take you for granted?
 In what ways do we compete with each_other? HDIFAT?
 In what ways do you know me better than anyone and HDIFAT?
 In what ways does TV affect our_family life?
 In what ways does the Father have a stake in our_marriage?
 In what ways has God blessed us?
 In what ways has God worked in my life today?

WEAK (1)
 In what ways DIF weak?

WEAKEN (1)
 What activities weaken our_relationship with God and Church?

WEAKNESSES (5)
 Do I feel safe sharing my weaknesses as well as strengths with you?
 HDI see our weaknesses as_a_couple?
 If I were to list my weaknesses, what would stand out to me?
 What helps me confess my weaknesses to you?
 What weaknesses do we bring to the Lord?

WEAPON (1)
 What is my_favorite weapon when I do not fight fair with you?

WEAR (4)
 "Do not worry about your life and what you are to eat or wear." HDIFAT?
 How did I develop the mask I wear?
 On the mask I wear with God
 What mask did I wear today?

WEARING (5)
 HDIF about wearing a cowboy hat?
 HDIF about wearing silk underwear?
 On wearing a smile each day
 What mask am I wearing today?
 What masks am I wearing when I am avoiding you?

WEARY (1)
 Jesus says, "Come unto me all you who are weary." HDIFAT?

WEATHER (13)
 HDIF about fall weather?
 HDIF about spring weather?
 HDIF about summer weather?
 HDIF about the weather?
 HDIF about winter weather?
 HDIF when I am waiting for you to come home in bad weather?
 HDIF when I have to drive the car in dangerous weather?
 HDIF when the weather forecast is wrong?
 HDIF when we are traveling in bad weather?
 HDIF when you are still not home and the weather is bad?
 How does the weather affect how I am with you?
 How does the weather affect my emotions / feelings?
 Weather is affecting our moods. HDIFAT?

WEDDING (15)
 HDIF as I reflect on the expectations I had on our wedding day for us?
 HDIF now about the role our pastor / priest played in our wedding?
 HDIF when we attend a wedding ceremony together?
 HDIF when we look at our wedding album?
 How has our_love grown since our wedding day?
 On celebrating our wedding anniversary this year
 On our 25th wedding anniversary
 Our love has grown since our wedding day. HDIFAT?
 We are invited to a wedding of another faith expression. HDIFAT?
 We had many hopes for each_other on our wedding day. HDIFAT today?
 What do I remember about our wedding?
 What do I remember most about our wedding day?
 What is my fondest memory of our wedding day?
 What is my_favorite memory of our wedding day? HDIFAT?
 What were the most important aspects of our wedding ceremony to me?

WEE (1)
 How have wee been judgmental of our people?

WEEK (22)
 Could I live without TV for a day? For week? For a month? Forever?
 HDIF about our experience with the Lord this past week?
 HDIF about this past work week?
 How has our Lent prepared us for Holy Week?
 How many hours do I watch TV in a typical day? In a typical week? HDIFAT?
 In an average week, what activities work against our_relationship?
 In an average week, what activities work to enhance our_relationship?
 The time I felt closest to you this past week was ... ?
 We are the church 7 days a week, not only on Sunday. HDIFAT?

What am I willing to do to make our dialogue better this coming week?
 What can I do next week to help people experience more of God's love?
 What did I enjoy most about last week?
 What is my happiest memory of the past month / week / year?
 What new awarenesses have I discovered in you this past week?
 What was my loneliest time this past week?
 What was our closest moment as a couple this month / week / year?
 What was our closest moment as a family this month / week / year?
 When I think about dying today, HDIF about our past week together?
 When in the past week did I not believe my emotions were OK to have?
 When in the past week did I not believe your emotions were OK to have?
 When in the past week did I think my emotions / feelings were wrong to have?
 When in the past week did I think your emotions / feelings were wrong to have?

WEEKEND (31)

Another weekend has come and gone. HDIFAT?
 Another weekend is past. HDIFAT?
 Do I feel comfortable inviting couples like us to the program / weekend??
 Do I have close friends I should invite to the program / weekend??
 Do I have close friends who should take advantage of this program / weekend?
 Do I have relatives I should invite to the program / weekend??
 Do I have relatives who should take advantage of this program / weekend?
 HDIF about inviting couples like us to take advantage of the program / weekend?
 HDIF about the way we spent last weekend?
 HDIF after re-reading my weekend notebook?
 HDIF making a list of what I need to get done over the weekend?
 HDIF when I want to invite a couple to the program / weekend but you do not?
 HDIF when a couple accepts our invitation to the program / weekend?
 HDIF when a couple enters the program / weekend because of our example?
 HDIF when a couple says no, they do not want or need to go on a weekend?
 HDIF when a couple says yes, they want or need to go on a weekend?
 HDIF when a couple we have invited comes home from a weekend and thanks us?
 HDIF when some we ask to take advantage of the program / weekend says "no"?
 HDIF when we invite a couple to the program / weekend and they accept?
 HDIF when we meet a couple who has experienced the same weekend and follow-up?
 HDIF when we meet a couple who really needs the program / weekend?
 HDIF when we sacrifice to help a couple come to the weekend or follow-up?
 HDIF when we see the persons who first told us about this program / weekend?
 Has our love grown since the weekend and follow-up?
 How am I different since the weekend or follow-up period?
 How did the weekend begin to meet my need to love and be loved?
 What hopes do I have for the coming weekend?
 What kept me from making the most of this past weekend?
 What one thing has most united us this past weekend?
 What would be the perfect escape weekend?
 When did I feel closest to you last weekend?

WEEKENDS (2)

On working weekends
 Would I feel better keeping weekends relatively unplanned?

WEEKS (2)

On missing dialogue for several days or weeks
 What are my goals for the next two weeks?

WEIGHT (1)

HDIF about the changes in my physical appearance (weight, age)?

WELCOME (2)

Do I welcome the kingdom of God like a child?
 What changes would I welcome in our relationship? HDIFAT?

WELL-BALANCED (1)

Do I eat regular, well-balanced meals? HDIFAT?

WENT (1)

HDIF about the way Christmas Day went for us?

WHAT'S (1)

HDIF plunging in to a job, discovering what's necessary as I go?

WHATEVER (2)

Do I need to be free to do whatever looks like fun when the time comes?
 HDIF about being Catholic (or whatever religion I am)?

WHINE (1)

HDIF when our children whine?

WHISTLE (1)

HDIF when I whistle?

WHOLE (4)

After a fight: Did I let the fight ruin my whole day? HDIFAT?
 Can I go one whole day without criticizing anyone or anything? HDIFAT?

Do I see our sexual relationship affecting our whole relationship? HDIFAT?
 HDIF when the whole family sings together?

WHY (35)

After a fight: What would I like to take back? Why did I say it? HDIFAT now?
 After a fight: Who got hurt? When? Why? HDIFAT?
 Can I imagine being more open in another relationship? Why? HDIFAT?
 How and why did we go back to dialoguing regularly?
 How and why did you get back to dialoguing?
 How do I control or deny my emotions / feelings? Why?
 If dialogue is so important to our relationship, why do we miss?
 If dialogue is so important, why do not we do it more often?
 If you ever stopped dialoguing for a while, why?
 Pick an area you avoid in dialogue. Why do I avoid this area?
 We stopped dialoguing altogether for a while. Why?
 What area(s) do I avoid in dialogue. Why do I avoid this area?
 What do I do that annoys people? Why do they react that way?
 What holiday is my favorite? Why?
 What is my favorite childhood memory? Why?
 What part of our weekend or follow-up would I like to re-live and why?
 When God forgives me, why cannot I forgive myself?
 When do I avoid you and why?
 Who is my best friend and why?
 Why am I afraid to tell you what pleases me?
 Why did I commit to you in the first place? HDIFAT?
 Why did we join a support group? HDIF about that decision now?
 Why did we marry each other and HDIFAT?
 Why do (did) I choose to be baptized?
 Why do I keep information from you? What am I afraid of?
 Why do I love you today?
 Why do I want snow at Christmas?
 Why do I want to be fulfilled (sexually) by you?
 Why do I want to stay married to you?
 Why do not I trust you with helping me with sex?
 Why have / haven't we been dialoguing regularly?
 Why have / haven't we kept dialoguing?
 Why have we been unable to work out all our problems? HDIFAT?
 Why is it often the little things that pull us apart?
 Why is making love mostly a non-verbal experience for us?

WIDE (1)

HDIF lying in bed when you are sound asleep but I am wide awake?

WIFE (5)

Am I striving to be the best husband / wife I can be?
 HDIF when I know someone is cheating on their wife / husband?
 In what ways am I seeking to love my wife as Christ loved the church?
 What are my expectations of you as husband / wife?
 What is a "good husband" / "good wife" and do I measure up?

WILDEST (1)

What is my wildest dream for us and HDIFAT?

WILLING (6)

Am I willing to be intimate and vulnerable with other people?
 Am I willing to open myself up other people besides you?
 Am I willing to present my / our needs to God through prayer?
 Are we willing to share our story when it is a story of brokenness?
 What am I willing to do to make our dialogue better this coming week?
 What am I willing to do to make our dialogue more regular?

WIN (6)

DIF better when I play cards to win or when I play to be sociable?
 Do I need to win in our relationship? HDIFAT?
 Do I need to win to feel successful? HDIFAT?
 HDIF about us participating in competitive sports? When we win? When we lose?
 HDIF when I win at cards? When you win?
 HDIF when you win an argument?

WINDOWS (1)

HDIF about working many hours in a room with no windows?

WINDSHIELD (1)

HDIF when I clean off the ice from your windshield?

WINE (1)

HDIF about buying expensive wine, luggage or watches?

WINNING (2)

HDIF about winning? Do I brag about it?
 HDIF as the winning lottery numbers are being drawn?

WINS (1)

HDIF when someone wins a game and gloats over it?

WINTER (6)

HDIF about planning a winter holiday with you?

HDIF about winter weather?

HDIF when fall / winter / spring / summer is approaching?
 How can I keep the winter doldrums from affecting me and those around me?
 How does the season (spring, summer, winter, fall) affect me?
 When have I felt alone this spring / summer / winter / fall?

WIPE (2)

HDIF when I wipe away your tears?
 Someone forgot to wipe the honey jar before putting it away? HDIFAT?

WISH (7)

After_a_fight: HDIF now about things I wish I had done or said differently?
 I really wish I had started ... earlier in life. HDIFAT?
 If I could have one wish, what would it be?
 If I had three wishes, I would wish for ...
 What did not I do today that I wish I had?
 What do I wish I had known five years ago about sex?
 What talent do I wish I had? HDIFAT?

WISHES (1)

If I had three wishes, I would wish for ...

WISHING (1)

HDIF when I find myself wishing you would keep your emotions to yourself?

WITHDRAWN (1)

A time when I felt withdrawn

WITHOUT (16)

Can I go one whole day without criticizing anyone or anything? HDIFAT?
 Can I say "no" without feeling guilty?
 Could I live without TV for a day? For week? For a month? Forever?
 HDIF about celebrating my birthday without a birthday cake?
 HDIF about going somewhere for the day without planning what to do there?
 HDIF about living my daily life without to-do lists, using only my memory?
 HDIF when I am asked to cut back or do without?
 HDIF when I do some household chore without being reminded to do it?
 HDIF when I think about your death, and what life will be without you?
 HDIF when we go several days without dialogue?
 HDIF when we try to settle arguments without asking God's help?
 On living the rest of my life without you
 What would happen to the Sacrament of Matrimony without the church?
 What would happen to the church without the Sacrament of Matrimony?
 When was I lonely without you this_week?
 When you touch me tenderly, without sex as a goal, I feel ...

WITNESS (1)

How does our_relationship give witness to the Lord?

WIVES (3)

"Husbands, love your wives as Christ loved the Church." HDIF about these words?
 "Husbands, love your wives as your own bodies." HDIF about these words?
 HDIF about "husbands, love your wives as your own bodies?"

WOMAN (2)

HDIF when I see the other man / other woman?
 What behavior of yours most lets me experience myself as a man / woman?

WOMEN (2)

HDIF when I sense you are attracted by other men / women?
 HDIF when you look at other women / men with obvious interest?

WONDERMENT (1)

HDIF when sex brings back the wonderment in you?

WORD (4)

Do I hear and keep the word of God?
 Have I ever had to go back on my word? HDIFAT?
 In one word, my father is / was ... HDIF about him today?
 In one word, my mother is / was ... HDIF about her today?

WORDS (9)

"Be not afraid." HDIF when I consider these words of Jesus?
 "Husbands, love your wives as Christ loved the Church." HDIF about these words?
 "Husbands, love your wives as your own bodies." HDIF about these words?
 HDIF hearing God's words, "I will never forget you."
 HDIF when I hear Jesus' words, "Love each_other as I have loved you"?
 I COR 14:4-7. HDIF about these words as I reflect on our_relationship?
 Ruth 1:16-17. HDIF about us as I reflect on these words?
 What words do I use to let our_children know they are loved?
 What words please me most during lovemaking?

WORK (41)

After_a_fight: Did one of us try to make the other feel guilty? Did it work?
 Am I critical of those who work for the Lord?

Do I allow God to work in me?

Do I ever use bad language to vent pressure? Does it work? HDIF afterward?
 Do we both work so we can support a materialistic lifestyle?
 HDIF about having to do work that does not harmonize with my values?
 HDIF about helping other_people who are out of work?
 HDIF about paying for work before it is completed?
 HDIF about people who arrive for work early?
 HDIF about taking on extra work to advance my career?
 HDIF about taking on extra work to have some luxuries?
 HDIF about the organization of my office space at work?
 HDIF about this past work week?
 HDIF knowing that we will always have to work to achieve real closeness?
 HDIF sharing the details of my work day with you?
 HDIF when I give you a lift to work?
 HDIF when I introduce you to people at work?
 HDIF when plans do not work out?
 HDIF when someone does a better job at work than I do?
 HDIF when things go wrong at work?
 HDIF when we work on the family budget together?
 HDIF when we work out a compromise between_us on a hot issue?
 HDIF when work keeps us apart?
 HDIF when you / I work late?
 HDIF when you are late coming home from work?
 HDIF when you call me from work?
 HDIF when you come home from work?
 How much of me will I have to give up to make the marriage work? HDIFAT?
 How would the people I work with describe me?
 I / you have seniority at work. HDIFAT?
 In an average week, what activities work against our_relationship?
 In an average week, what activities work to enhance our_relationship?
 On my having to work overtime to make ends meet
 On receiving a card from you at work
 On sending a card to you at work
 On the one area which needs the most work in our_relationship
 On your having to work overtime
 The work I am doing now is ...
 When a breakdown or mix-up stops everybody's work, my first reaction is to ...
 When my work is set back by some unexpected difficulty, I feel ...
 Why have we been unable to work out all our problems? HDIFAT?

WORKABLE (1)

Given a workable idea, will I analyze what is still wrong with it? HDIFAT?

WORKED (3)

In what way has God worked in my life today?
 In what ways has God worked in my life today?
 What was the first thing that worked against us after our_weekend?

WORKING (17)

Do I ever feel God present and working in our_marriage?
 HDIF about both of us working outside the home?
 HDIF about working many hours in a room with no windows?
 HDIF about working on a family budget?
 HDIF when I see you working too many hours?
 HDIF when we are with couples who are working on their marriages?
 Have we been an example of a working marriage this_week?
 How are we working for the coming of His kingdom?
 How do I respond to working under pressure?
 How would I feel working a few hours a month in a soup kitchen?
 How would I feel working under someone who is always fair but not so kind?
 How would I feel working under someone who is always kind but not so fair?
 Marriages around us are affected by how well they see ours working. HDIFAT?
 On working overtime
 On working weekends
 What am I working at believing about myself now? What makes it hard?
 What are we working toward in our_life? HDIFAT?

WORKS (2)

HDIF when something works out exactly as I planned?
 On being called to be a sign to the Church that marriage works

WORKLD (21)

"You are the light of the world." HDIF as Jesus says this to us?
 Are we, as_a_couple, being a sign of God's_love to the world?
 Do I love the world or the things of the world? (I JN 2:15)
 HDI face the world each morning?
 HDIF about God sending His son to be a human presence in the world?
 HDIF about John 17:21, "so that the world may believe"?
 HDIF about World Marriage Day?
 How can we do something as_a_family toward world peace?
 How do we "feed the hungry" of the world?
 How does the modern world keep us from reaching out to other_people?
 If I had all the money in the world, what gift would I buy you?
 In all the world, one of the things I care most about is ...
 In what specific ways am I hopeful for the world?
 On the difference our_love makes in the world
 Our love makes a difference in the world. HDIFAT?

What Modern World value am I embracing right_now?
 What can I do to change the world?
 What can we do to make this a better world?
 What charism (strength) do I have from the Spirit that helps the world believe?
 What value do I see in changing the world?
 What values do I hold that I would like the world to see?

WORLD'S (3)
 How am I living the World's Plan?
 How has the temptation to live the World's Plan affected us?
 When our dialogue is stale and flat, are we living the World's Plan?

WORRIED (3)
 A time when I felt worried
 HDIF when I ask you what you are worried about?
 HDIF when I know you are worried?

WORRIES (3)
 Something that worries me
 Which of us worries most about money?
 Which one of us worries the most about money?

WORRY (4)
 "Do not worry about your life and what you are to eat or wear." HDIFAT?
 Sometimes I worry about ...
 What do I secretly worry about the most? HDIFAT?
 What do I think you secretly worry about the most? HDIFAT?

WORRYING (1)
 On worrying

WORSE (1)
 Do friends think our_sexual_relationship is better / worse than it is? HDIFAT?

WORST (4)
 On the worst fight we ever had
 What is my worst habit? HDIFAT?
 What would other_people say is my worst habit? HDIFAT?
 When things piled up on me the worst, I felt ...

WORTH (5)
 HDIF about my self worth as your lover?
 I am worth more than I am paid. HDIFAT?
 Is our_love worth celebrating?
 On giving a month's worth of dialogue questions to a favorite couple
 You are worth more than you are paid. HDIFAT?

WORTHY (1)
 HDIF about giving to a worthy cause?

WRAPPED (4)
 HDIF being around people who are wrapped up in their careers?
 HDIF when I receive a gift that is carelessly wrapped?
 If I were a Christmas present, how would I be wrapped under the tree?
 In what ways am I still wrapped in a cocoon?

WREATH (1)
 How would I feel if, this Christmas, you put a wreath on the car's grill?

WRITE (8)
 Do I ever change what I write or say to gain your approval? HDIFAT?
 Do I write to you as if I am writing to a diary? HDIFAT?
 HDIF when I write you a love note?
 I have not had time to write my dialogue letter to you. HDIFAT?
 If I were to send you a 25-word telegram, what would I write?
 On trying to write a little poem for you
 What are the most difficult things for me when I write you a dialogue letter?
 What struggles do I go through trying to write my dialogue letter?

WRITING (7)
 Do I write to you as if I am writing to a diary? HDIFAT?
 HDIF about writing a living will?
 HDIF about writing about my emotions / feelings?
 HDIF when I know you are writing your dialogue letter?
 HDIF writing a dialogue letter to you?
 On the difference between writing to you and writing to a diary
 What is my present attitude toward writing a dialogue letter?

WRITTEN (3)
 HDIF when I have written my dialogue letter but you have not?
 HDIF when you have not written your dialogue letter?
 On the dialogue letters we have written

WRONG (12)
 Are there any emotions / feelings I consider to be wrong to have?
 Do I really believe that emotions / feelings are neither right nor wrong?
 Given a workable idea, will I analyze what is still wrong with it? HDIFAT?

HDIF about apologizing even when I am not convinced I am wrong?
 HDIF when the weather forecast is wrong?
 HDIF when things go wrong at home?
 HDIF when things go wrong at work?
 No matter how often I am right, I will sometimes be dead wrong. HDIFAT?
 Recently I thought it was wrong, unreasonable or selfish of you to say ...
 When in the past week did I think my emotions / feelings were wrong to have?
 When in the past week did I think your emotions / feelings were wrong to have?
 Who do I blame most of the time when things go wrong?

WRONGS (1)
 "Love does not keep a record of wrongs (I COR 13:5)." HDIFAT?

WROTE (1)
 How long has it been since we called / wrote our prayer couple? HDIFAT?

YARD (2)
 HDIF about the way our yard looks?
 It's time to clean the yard. HDIFAT?

YEAR (24)
 A new year begins tomorrow. HDIFAT?
 HDIF about being a year older each birthday?
 HDIF about our financial pressures this time of year?
 HDIF about the coming new year?
 HDIF about the holidays this year?
 How are we living the spirit of Christmas throughout the year?
 How has our_life changed this past year?
 How was Easter special for us this year?
 My favorite memory of us_as_a_couple this year is ...
 On celebrating our wedding anniversary this year
 On planning for a New Year
 What are my expectations for our journey into this New Year?
 What are my goals for the coming year?
 What do I most want for our_family this New Year?
 What do I think there is to be thankful for this year?
 What dreams do I have for our next year?
 What goals have I set for myself this year?
 What has Our Father given us in the past year?
 What is my happiest memory of the past month / week / year?
 What one couple has challenged us the most this year?
 What was our closest moment as_a_couple this month / week / year?
 What was our closest moment as_a_family this month / week / year?
 What year of my life would I like to relive?
 Would I like to plan some changes in our_life this next year?

YEAR'S (5)
 Are we keeping our New Year's resolutions?
 HDIF about making New Year's resolutions?
 HDIF thinking about kissing you at midnight New Year's Eve?
 Was dialogue one of our New Year's resolutions?
 Was regular dialogue one of our New Year's resolutions?

YEARS (7)
 HDI want to spend our golden years?
 HDIF when I think about having a baby during our middle years?
 HDIF when I think about us ten years from now?
 How have I changed in recent years? What made me change?
 I see myself as I was at 10 years old. What do I see?
 What do I wish I had known five years ago about sex?
 What would I like us to be doing in five years? HDIFAT?

YELL (1)
 HDIF when you yell at our_children?

YELLING (1)
 HDIF after yelling at our_children?

YES (16)
 Do I ever say no to lovemaking when I know I should say yes?
 HDIF about saying yes when I really want to say NO?
 HDIF saying "yes" to lovemaking but only for the good of our_relationship?
 HDIF saying "yes" to lovemaking for the good of our_relationship?
 HDIF when I need a straight yes or no answer and do not get it?
 HDIF when a couple says yes, they want or need to go on a weekend?
 HDIF when you say "yes" to lovemaking?
 HDIF when you say YES but mean NO?
 HDIF when you say yes?
 Have we said "yes" to God today?
 Is my "yes" to you today unconditional?
 Mary said "yes" to God. HDIFAT?
 Our dialogue can be a way we say "yes" to each_other. HDIFAT?
 Our dialogue is our recurring "yes" to each_other. HDIFAT?
 What is my reaction to Mary's "yes" to God?
 What needs to change for me to give an unqualified yes to our_relationship?

YESTERDAY (2)

Is our_love for each_other greater today than yesterday?
 Is our_love for each_other stronger today than yesterday?

YET (1)

What goals do I have that I have not shared with you yet?

YOUNG (2)

Was I pushed to excel when I was young? HDIFAT?
 What quality in you helped me trust in our young marriage?

YOUR (183)

"Do not worry about your life and what you are to eat or wear." HDIFAT?
 "Husbands, love your wives as Christ loved the Church." HDIF about these words?

"Husbands, love your wives as your own bodies." HDIF about these words?

"Where your treasure is, there will your heart be also (MT 6:24)."

After_a_fight: Am I surprised by your reactions? HDIF about your behavior?

After_a_fight: Am I taking your pain seriously enough? HDIFAT?

After_a_fight: What caused my / your / our voices to be raised? HDIFAT?

After_a_fight: What could I have done to reduce your suffering? HDIFAT?

After_a_fight: What do I admire about your fighting spirit?

After_a_fight: What do I think was your main point? HDIFAT now?

Am I able to see your side in our fights and HDIFAT?

Am I being sexually responsive to your needs?

Am I open to your non-verbal communication? HDIFAT?

Am I sensitive enough to you when your needs differ from mine?

Am I sensitive to you when your needs differ from mine?

Are there "your jobs" and "my jobs" in our_home?

Are you more like your mother or father?

Do I accept your ambitions? Do I think you accept mine? HDIFAT?

Do I consider your emotions / feelings in making decisions that affect you?

Do I depend on your resistance to avoid entrapment in a deeper relationship?

Do I ever change what I write or say to gain your approval? HDIFAT?

Do I try to control your emotions / feelings?

Do I want your help in discovering what my real needs are?

Does your job / career affect our_relationship?

HDI need to change to make me your favorite person?

HDI respond to your failures?

HDI respond when I experience your total acceptance of me?

HDI see myself through your eyes today?

HDIF about "husbands, love your wives as your own bodies?"

HDIF about becoming holy by being your lover?

HDIF about my ability to satisfy your needs in our_sexual_relationship?

HDIF about my relationship with your parents?

HDIF about my self worth as your lover?

HDIF about the time I spend with my / your family?

HDIF about the time we spend with my / your family?

HDIF about your attitudes about sex?

HDIF about your body?

HDIF about your carrying an organ donor card?

HDIF about your emotions / feelings last night?

HDIF about your ethnic background?

HDIF about your eyes?

HDIF about your frown?

HDIF about your reaction toward sex?

HDIF about your reaction when I fail at something?

HDIF about your relationship with our_children?

HDIF about your smile?

HDIF about your tears?

HDIF at the thought of your death?

HDIF knowing that I cannot fill your needs for you?

HDIF knowing this could be your last day to live?

HDIF knowing your emotions / feelings express who you are?

HDIF reading your favorite book?

HDIF tracing your face with my fingertips?

HDIF when I am hoping you keep your emotions / feelings to yourself?

HDIF when I am left out of your activities?

HDIF when I ask for your forgiveness?

HDIF when I call you by your pet name?

HDIF when I clean off the ice from your windshield?

HDIF when I do not meet your expectations?

HDIF when I experience your total forgiveness?

HDIF when I find myself wishing you would keep your emotions to yourself?

HDIF when I fix your supper?

HDIF when I judge (rather than accept) your emotions / feelings?

HDIF when I judge or reject your emotions / feelings?

HDIF when I know that I have hurt your feelings?

HDIF when I know you are writing your dialogue letter?

HDIF when I listen to your gripes?

HDIF when I notice our_children taking on some of your characteristics?

HDIF when I patiently listen to your heartaches?

HDIF when I quarrel or judge or reject your emotions?

HDIF when I read your dialogue letter?

HDIF when I say no to your request for lovemaking?

HDIF when I say your name?

HDIF when I see "thanks" shining in your eyes?

HDIF when I see your best qualities in our_children?

HDIF when I squeeze your hand?

HDIF when I stop trying to figure out your emotions / feelings?

HDIF when I sympathize with you over your cold?

HDIF when I take your picture?

HDIF when I tell you your hair looks great?

HDIF when I think I have hurt your feelings?

HDIF when I think about your death, and what life will be without you?

HDIF when I try to build up your confidence?

HDIF when I wipe away your tears?

HDIF when another couple asks, "How is your dialogue?"

HDIF when my / your parents come for dinner?

HDIF when my / your parents drop by unexpectedly?

HDIF when people take up too much of your time?

HDIF when we are separated because of your / my job / career?

HDIF when we go to see your mother / father in the hospital?

HDIF when you are holding me in your arms?

HDIF when you do not reveal your emotions / feelings?

HDIF when you have not written your dialogue letter?

HDIF when you hold me in your arms?

HDIF when you listen to me with your heart?

HDIF when you lose interest in your job / career?

HDIF when you make me your favorite person?

HDIF when you neglected to share your true priorities or plans with me?

HDIF when you show interest in your job / career?

HDIF when you show your love for me in front of other_people?

HDIF when you use your dialogue letter to dump on me?

HDIF when you use your dialogue letter to get some point across to me?

HDIF when you use your dialogue letter to try to straighten me out?

HDIF when your job / career interferes with our_relationship?

HDIF when your needs seem to be in conflict with mine?

HDIF when your parents visit?

HDIF when your routines separate us?

How can I be more open to your love?

How can I help_you discover options to satisfy your needs?

How can I help_you discover ways to satisfy your needs?

How can I help_you express your emotions / feelings?

How do I / you respond to your failures?

How do your insecurities affect me?

How does my / your fear of pregnancy affect our_sexual_relationship?

How does my / your fear of pregnancy affect us?

How does my / your mask affect our purchases?

How does my attitude toward my / your father affect us?

How does my attitude toward my / your mother affect us?

How does your lack of response to physical affection affect my mood?

How has dialogue helped you get in touch or stay in touch with your spouse?

How would I describe you to our_children after your death?

I am supposed to help_you recognize your good qualities. HDIFAT?

I appreciate your patience with me when I ...

I need your love the most when ...

In what area(s) do I most admire or respect your emotions / feelings?

In what area(s) do I most need your help in living as a sacramental couple?

In what area(s) do I most need your help?

In what specific way have I brightened your day today?

Is there anything about your / my job that I avoid discussing with you?

Jesus asks, "How are you living your life for me?"

On being with your parents

On expectations your family has of us

On my / your hurried schedule

On my / your job / career right_now

On my ability to satisfy your needs in our_sexual_relationship

On my expectations of your family

On my relationship with your family

On my self-worth as your lover

On packing a love note in your sandwich

On those occasions when your family makes demands on us

On your attempt to balance the checkbook

On your death

On your family (parents and siblings)

On your family's expectations of us

On your having to work overtime

On your health

On your job / career

On your relationship with my family

On your relationship with your family

On your saying "no" to me in sex

On your tenderness with our_children

On your watching me undress

Our relationship to your family is ...

What are your best qualities as a parent?

What are your special qualities that I see in our_children?

What could I do to help your spiritual growth?

What do I enjoy most about having your arm around me?

What do I see as your best quality?

What do I see as your non-verbals when you want to make_love? HDIFAT?

What evidence do you have in your life that regular dialogue is important?

What has been the effect of your / my job / career on our_relationship?

What has dialogue taught you about your relationship with your spouse?

What have you done recently to express your commitment to me?
 What is it about you that makes me want to ask your forgiveness?
 What is your best quality today?
 What is your best quality?
 What is your specialness to me today?
 What part of your body is most exciting to me?
 What part of your body is most sexually exciting to me? HDIFAT?
 What part of your body is sexually exciting to me?
 What parts of your body are sexually exciting to me? HDIFAT?
 What qualities in your mother do I also see in you?
 What quality do I most admire in your mother / father?
 When I let you make your own decisions, I feel ...
 When I seek your forgiveness and you fail to respond, HDIF?
 When did I last put your needs before mine?
 When in the past week did I not believe your emotions were OK to have?
 When in the past week did I think your emotions / feelings were wrong to have?
 When recently do I remember your loving me beyond inconvenience or hurt?
 When your actions embarrass me, I feel ...
 Which of your characteristics / traits cause me the most difficulty? HDIFAT?
 Your needs are in conflict with mine. HDIFAT?

YOURS (9)

HDIF when I go and help a friend of yours?
 HDIF when my priorities conflict with yours?
 HDIF when you make one of my priorities one of yours?
 If you died, what quality of yours would I miss most?
 In lovemaking, all I have is yours; all you have is mine. HDIFAT?
 What behavior of yours most lets me experience myself as a man / woman?
 What needs of yours do I see me being able to help with?
 What quality of yours have I discovered in our sexual relationship?
 What quality of yours makes me want to trust you?

YOURSELF (11)

"If you are not free to be yourself, you cannot love." HDIFAT?
 Do I let you reveal yourself and HDIFAT?
 HDIF when I am hoping you keep your emotions / feelings to yourself?
 HDIF when I find myself wishing you would keep your emotions to yourself?
 HDIF when I hold you as you cry yourself to sleep?
 HDIF when I know you are home by yourself?
 HDIF when I see you down on yourself?
 HDIF when I think that you are judging me but keeping it to yourself?
 HDIF when you are being too hard on yourself?
 What has dialogue taught you about yourself?
 What pain do I think you keep to yourself?

ZOO (1)

HDIF seeing animals in the zoo?

ALPHABETICAL LIST OF KEYWORDS AND CONCEPTS

90/90	ability	able	brought	brutally	budget
absence	absolutely	absolutes	bugs	build	building
abuse	abused	accept	builds	built	bully
acceptance	accepted	accepting	bumps	burden	burdening
accepts	accomplish	accomplished	burglarized	burial	burned
according	account	aches	bushes	business	busses
achieve	acquire	acquired	busy	busy-ness	buy
act	acting	action	buying	caffeine	cake
actions	active	activities	calendar	call	called
activity	adapt	additional	calling	calls	camera
address	adjectives	adjust	camp	candlelight	candy
admire	admirer	admit	cannot	cans	capable
admitting	adoptive	adult	capacity	capture	car
advance	advances	advantage	car's	card	cards
advent	adventure	advice	care	care	career
affair	affect	affected	careers	careful	carefully
affecting	affection	affects	carelessly	caroling	carry
affirm	affirmation	affirmed	carrying	cars	cash
affirms	afford	afraid	cashiers	catholic	caught
after	after_a_fight	afternoon	cause	caution	causes
afternoons	aftertaste	afterward	causing	cautious	celebrate
again	against	age	celebrated	celebrating	celebration
aggressive	aggressively	ago	celebrations	ceremony	certain
agony	agree	ahead	chair	challenge	challenged
air	airport	alarm	challenging	champagne	chance
album	alcohol	alienated	change	changed	changes
alive	all-time	alleluia	changing	channel	character
alleviate	allow	allowing	characteristics	charism	charisms
allows	almost	alone	charity	chauffeur	cheat
aloof	aloud	already	cheating	check	checkbook
alternative	altogether	always	checking	checkout	checkups
ambitions	american	amount	cheer	child	cherish
analyze	ancestors	angel	childless	childhood	childish
anger	angry	animal	china	children	children's
animals	anniversaries	anniversary	chose	choice	choose
annoy	annoyed	annoys	christ	chores	choses
answer	answering	answers	christ-like	christ's	christ-centered
anthem	anticipating	anticipation	christmas	christian	christmas
anxious	anymore	anyone	christmases	chronically	church
anything	apart	apologize	circumstances	citizen	clarified
apologizing	appealing	appear	class	claus	clean
appearance	apply	appointment	cleaning	clear	close
appreciate	appreciating	approach	closed	closeness	closer
approached	approaches	approaching	closest	closing	clothes
appropriate	approval	approve	clubs	cocoon	coffee
april	area	areas	cold	collision	colored
argue	argued	arguing	come	comes	comfortable
argument	arguments	ark	coming	command	commercialism
arm	arms	arouses	commit	commitment	committed
arrive	arrived	arriving	common	communicate	communicating
as_a_couple	as_a_family	ascended	communication	communion	community
ashamed	aside	ask	company	compare	compared
asked	asking	asks	compete	competition	competitive
asleep	aspect	aspects	complained	complete	completed
assertive	association	assume	completely	completing	complicated
assumptions	astray	atmosphere	complicating	compliment	complimented
attempt	attend	attending	compromises	concentrate	concern
attention	attitude	attitudes	concerned	concerning	concerns
attract	attracted	attractive	condition	conditions	cone
attractiveness	attribute	autonomy	confess	confide	confided
average	avoid	avoidance	confidence	confident	conflict
avoided	avoider	avoiding	conflicts	conformist	confront
awake	awakened	aware	confrontation	confronted	confronting
awareness	awarenesses	away	confused	connected	conscious
awesome	awkwardness	babies	consciously	consenting	consequence
baby	baby-sitter	baby-sitters	considering	consistently	constant
back	background	backward	constantly	constructive	contain
bad	bag	bags	contented	continue	continuing
balance	ballooning	band	continuous	contract	contribute
bankers	baptized	barefoot	contributed	contributing	contributions
bargaining	barking	barriers	control	controls	conventional
based	bashful	basic	conversation	conversing	convertible
basis	bathing	beach	convince	convinced	cookie
bearing	beatitudes	beautiful	cool	cooperate	cooperation
became	because	become	cooperative	cope	coping
becoming	bed	bedroom	cor	cosmetics	cost
before	began	begin	costume	country	could
beginning	begins	behave	counting	couple-centered	couple
behaving	behavior	beliefs	couple's	courage	couples
believable	believe	believing	couples'	couraging	course
belong	belonging	belongs	court	covering	courtship
belts	benefit	benefitted	cousin	cpr	covering
besides	best	best_and_least	cowboy	crazy	cramp
better	between_us	bible	craziest	credit	cream
bicycle	big	biggest	creative	crisis	cried
bigoted	bike	bill	cries	criticize	critical
bills	binding	birth	criticism	criticizes	criticized
birthday	birthdays	blame	criticizes	crossed	cross
blamed	blessed	blessings	crossed	crucifixion	crucified
blocks	blood	board	crying	crummy	cry
boat	bodies	body	cup	cube	cuddle
book	bookmark	books	cut	curious	current
boost	bore	bored	daily	cutting	dad
born	borrow	borrowed	dangerous	dance	dancing
borrowing	boss	both	daughter	date	dating
bothered	bothering	bothers	days	dead	daydream
bottles	bought	bowling	deadlines	deal	dead-bolt
boy	brag	bragged	death	deal	dealing
brakes	break	breakdown	deciding	debt	decide
breakfast	breath	bribe	decision-making	decision	decision-maker
bride	bright	brightened	decisions	decisions	dedicate
bring	bringing	brings	deep	deep	deepen
brisk	broad	broken	deeply	defect	defect
brokenness	brooding	brother's	defense	defined	defined
			delay	delayed	delayed
			delicate	delivery	delivery
			demand	demanding	demanding

demands	demonstrating	denial	fireplace	fireworks	firm
dental	deny	depend	first	fishers	fit
dependence	dependent	depending	five	fix	fixed
depressed	describe	describing	fixing	flash	flat
description	deserve	design	flaw	flesh	flexibility
desire	desires	desirous	florist	flossing	flow
dessert	destroyed	detail	flowers	flying	focal
details	detectors	determined	focused	foliage	follow
develop	device	dialogue	follow-up	following	follows
dialogued	dialogues	dialoguing	fondest	fondly	food
diary	die	died	foods	fool's	fooling
dies	diet	differ	foolish	foot	football
difference	differences	different	force	forecast	forever
differently	differing	difficult	forge	forget	forgive
difficulties	difficulty	dining	forgiven	forgiveness	forgives
dinner	diplomatic	directed	forgiving	forgot	form
directing	direction	director	formed	forward	foster
disagree	disagreement	disappoint	found	fourth	free
disappointed	disappointment	disappointments	freed	freedom	freely
disarmament	disciples	discipline	frequency	frequently	friction
disciplined	disciplining	discover	friday	friend	friends
discovered	discovering	discovery	friendship	friendships	frightened
discuss	discussing	discussion	frightens	front	frown
disgusted	dishes	disillusioned	frustrate	frustrated	frustration
disillusionment	dislike	dispute	frustrations	fulfilled	fulfilling
distance	distant	distort	fulfillment	full	full-time
distraction	distracts	disturb	fully	fun	functions
divorce	divorced	doctors	fund-raisers	funeral	funerals
documents	dog	dog's	furniture	further	future
doing	doldrums	donate	gabriel	gain	gained
donation	donations	done	gallon	game	games
donor	doors	door	garage	garden	gas
double-edged	doubled	doubt	gathering	gatherings	gauge
doubts	downs	drain	gave	gender	general
draw	drawers	drawing	generally	gentle	genuine
drawn	dream	dreamed	gets	getting	gift
dreams	drift	drink	gifts	girl	give
drinking	drive	driver	given	giver	gives
driving	drop	dropped	giving	gloats	go
drops	drugs	duck	goal	goals	god
ducking	dulcinea	dump	god's	god's_love	god's_plan
dumping	during	duty	goes	going	golden
dying	each_other	each_other's	golf	gone	good
eager	earlier	earliest	good-bye	goose	gospel
early	earned	easier	gossip	gossiping	grace
easiest	easily	easter	graduation	grandparent	grandparents
easy	eat	eaten	grant	granted	grateful
eating	eats	economize	great	greater	greatest
effect	effective	effectively	greet	greeting	grill
effects	efficiency	effort	gripes	groceries	groom
efforts	eggs	element	ground	group	groups
elevator	elsewhere	embarrass	grow	growing	grown
embarrassed	embarrassing	embarrassment	grows	growth	grudge
embracing	emergencies	emotion	guaranteed	guess	guest
emotional	emotions	empty	guaranteed	guess	guilt
enable	encounter	encouraging	guilty	habit	habitat
end	ending	ends	habits	hair	half-forgive
energy	engage	english	half-heartedly	halfheartedly	halloween
enhance	enhanced	enhances	hand	handicapped	handle
enjoy	enjoyable	enjoyed	handles	handling	hands
enjoying	enjoyment	enough	handshake	happen	happened
enraged	enrich	entail	happening	happens	happier
enter	entering	enters	happiest	happily	happiness
entertain	entertainment	enthusiasm	happy	hard	hard
enthusiastic	entire	entrapment	harder	hardest	hardly
envious	environment	ephesians	harmonize	hat	hate
equal	erase	errands	having	hay	head
escape	especially	eternity	headed	heal	healing
ethnic	eucharist	eucharistic	health	healthiest	healthy
eve	even	evening	hear	heard	hearing
event	eventually	everybody's	hears	heart	heart-shaped
everyday	evidence	evil	heartaches	hearts	heaven
exactly	exaggerations	examine	heavenly	hello	help
example	exasperated	exceed	help_me	help_you	helped
excel	excels	excited	helping	helps	here
excites	exciting	excuses	hi	hidden	hide
exercise	exercised	exhausted	high	higher	highly
exhaustion	existing	expanding	hinder	hinders	hiring
expect	expectation	expectations	hit	hobbies	hobby
expected	expects	expensive	hold	holding	holds
experience	experienced	experiences	holiday	holidays	holiness
experiencing	experiment	experimenting	holy	home	homeless
expired	explain	expose	honest	honesty	honey
express	expresses	expressing	honored	honoring	hope
expression	extend	extended	hopeful	hopes	hoping
extent	extra	eye	horrified	horseback	hospital
eyes	face	faces	hospitality	hot	hot-air
facing	fact	facts	hour	hours	house
fail	failed	failing	household	housework	hug
fails	failure	failures	hugging	human	humanity
fair	faith	fall	humble	humdrum	humor
falling	families	family	hunches	hungover	hungry
family's	fantasies	fantasy	hurried	hurry	hurt
far	fashion	fast	hurting	hurts	husband
fat	father	father's	husbands	hypersensitive	ice
faucet	fault	faults	idea	ideal	idealist
favor	favorite	favors	ideas	identification	identify
fear	fears	features	if	if's	ignore
fed	feed	feeling	ignoring	ill	illegally
feelings	feet	felt	illness	image	imagination
femininity	fest	festivals	imaginative	imagine	immediately
few	fidelity	fight	impact	impatient	implementing
fighting	fighths	figure	impolite	importance	important
fill	filled	filling	impossible	impress	improve
finally	finances	financial	improved	improvement	in-laws
financially	find	finding	in-laws'	inability	inadequate
fine	fingers	finding	inappropriate	incidents	income
finish	finished	fire	inconvenience	inconvenient	incorporate

increase	increased	increasing	might	miles	milk
indecisive	indifference	indifferent	mind	minds	mine
individually	individuals	inevitable	miniature	minister	ministers
inexpensive	inferior	inflation	ministry	mint	minute
influence	influences	influenza	miracles	mirror	misbehave
information	ingenious	inherited	mischievous	misconception	miserable
inhibit	inhibitions	inhibits	misrepresent	miss	missed
initiate	injured	injury	missing	missionary	mistake
injustices	inner	innermost	mistakes	misunderstanding	mix-up
innocence	innovative	insecurities	mixer	model	modern
inside	insincere	insist	modify	mom	moment
insistence	insists	inspiration	moments	monetary	money
inspire	inspired	installing	month	month's	months
instance	instead	instrument	mood	moodiness	moods
insurance	integrity	intellectually	moody	moonlight	morality
intentionally	interaction	intercourse	morals	more	morning
interest	interests	interfere	mornings	most	mostly
interfered	interferes	interrupt	mother	motivated	motivating
interrupted	interrupts	intimacy	motives	move	movie
intimate	intimately	introduce	movies	moving	mt
introduced	introducing	intuition	much	music	musical
investments	invitation	invite	musicians	must	mutual
invited	inviting	involved	my	my_favorite	my_need
involvement	involvements	involving	my_needs	myself	mystery
irrational	irresponsibility	irritate	nail	naked	nakedness
irritated	irritates	issue	name	name-calling	name-drop
issues	item	items	names	nap	national
jar	jaywalk	jaywalking	natural	near	nearby
jealous	jesus	jesus'	neat	necessary	need
jewish	jn	job	needed	needing	needs
jobs	john	join	needy	negative	neglected
joining	joke	joked	negotiate	negotiated	negotiating
jokes	jollies	joseph	neighbor	neighbor's	neighborhood
journey	joy	joys	neighbors	neither	nerves
judge	judged	judging	nervous	never	new
judgmental	judgments	july	new-fallen	newborns	news
junk	jury	just	newspapers	next	nice
keep	keeper	keeping	nicest	nickname	night
keeps	kept	key	nights	no	noah
killed	kind	kindest	non-christians	non-sexual	non-verbal
kindness	kinds	kingdom	non-verbally	non-verbals	nonconformist
kiss	kisses	kissing	nor	note	notebook
kitchen	klutzy	kneeling	notes	nothing	notice
knew	knock	knock-knock	noticed	notify	now
know	knowing	knowledge	nuclear	nude	nudity
known	knows	labor	number	numbers	nun
lack	language	large	nursing	nurturing	object
last	last-minute	last_time	observe	obsessive	obstacles
late	lately	latest	obvious	occasion	occasions
laugh	laughed	laughing	occupied	october	odds
laughs	laughter	laundry	offer	offers	office
lawyer	lead	leads	often	ok	old
league	leaky	learn	older	once	one
learned	learning	least	one-on-one	oneness	ones
leave	leaves	leaving	only	open	opening
led	left	leftover	openness	operate	opinion
leftovers	legal	lending	opportunity	opposite	optimist
lent	lenten	less	optimistic	options	order
let	lets	letter	ordered	organ	organization
letters	letting	level	organize	organized	original
leveling	lid	lie	other	other_people	other_people's
lies	life	life's	others	our	our_children
life-giving	lifeblood	lifestyle	our_children's	our_family	our_home
lifetime	lift	light	our_life	our_lives	our_love
lights	like	liked	our_lovemaking	our_marriage	our_relationship
likely	limit	limitations	our_sexual_relationship	our_weekend	ours
limits	lined	lingerie	ourselves	out-of-town	outdated
list	listen	listened	outdoors	outfit	outing
listener	listening	lists	outside	overdrawn	overly
literally	litter	little	overnight	overtime	overworked
live	lived	lives	own	owned	owner
living	lk	loaded	packed	packing	paid
loaning	locks	logic	pain	pain-killers	painful
logical	loneliest	loneliness	pains	paint	pamper
lonely	long	look	pampered	pantry	papers
looking	looks	lord	parade	paranoid	parent
lord's	lose	loser	parent's	parenthood	parents
losing	loss	lost	parents'	parish	park
lot	lottery	loud	parked	parking	part
love	loved	lovemaking	part-time	participate	participating
lover	lovers	loves	particular	particularly	parties
loving	lovingly	low	partner	partners	parts
lower	luckiest	lucky	party	pass	passion
luggage	luxuries	lying	passionate	passive	past
machine	made	main	pastor	pastor's	pastors
major	make	make_love	patience	patient	patiently
makes	making	man	pattern	patterns	pay
manage	managing	manger	payday	paying	pays
manipulated	manners	many	peace	peaceful	pedestrians
marital	mark	marked	peer	peeve	people
market	marriage	marriages	people's	percent	percentage
married	marry	marrying	perfect	perfection	perform
mary	mary's	masculinity	performance	performing	period
mask	masks	mass	periods	permanence	perplexed
masturbate	material	materialistic	persist	persistent	person
matrimony	matter	matters	person's	personal	personality
maturity	meal	meals	personally	persons	pessimist
mean	mean_to_me	meaning	pessimistic	pet	phil
meaningful	means	meant	phone	phones	physical
measure	meat	meatloaf	physically	pick	picking
mechanisms	media	medical	picnic	picture	piece
medicine	meet	meeting	pieces	piled	pillow
meetings	member	members	pint	pistol	pitfalls
memorable	memories	memory	place	plan	planned
men	mention	mentioned	planning	plans	plant
mentioning	mess	message	planting	plateaued	play
met	meter	method	played	pleasant	please
methods	middle	midnight	pleases	pleasure	pleasures

plugging	plunging	pocket	rushed	rushing	rut
poem	point	points	ruth	s	sacrament
policy	polite	politics	sacramental	sacrifice	sacrificed
poor	popcorn	portion	sacrifices	sacrificing	sad
positive	positively	possession	saddest	sadness	safe
possessions	possibilities	possible	said	sake	salaries
postpone	pout	poverty	sale	salt	salvation
power	practical	practicing	same	sandwich	santa
praise	pray	prayed	sarcasm	sarcastic	satisfaction
prayer	prayerfulness	prayers	satisfied	satisfy	save
praying	precise	preference	saved	saving	savings
pregnancy	pregnant	prejudice	saw	say	saying
preoccupied	preparation	preparations	says	scale	scarce
prepare	prepared	preparing	scares	scarf	scary
presence	present	presented	scene	scenic	schedule
presents	pressure	pressured	schedules	school	scold
pressures	presume	pretending	scrapbooks	scream	screw
pretty	prevent	prevents	scriptures	scriptures	scrupulous
price	pride	priest	searching	season	seat
priest's	priests	prime	second	secret	secretly
print	priorities	priority	secrets	security	see
privacy	private	privilege	seed	seeing	seek
prized	pro-life	probably	seeker	seeking	seem
problem	problems	process	seems	seen	sees
proclaim	proclaiming	prodigal	self	self-fulfillment	self-image
profanity	profession	professional	self-pity	self-worth	selfish
program	project	projects	seminary	send	sending
promise	promised	promises	seniority	sense	sensitive
promote	prophetic	prospect	sensual	sentiment	sentimental
protect	protector	proud	separate	separated	separates
proved	provide	provided	separating	separation	serious
provider	provoke	ps	seriously	serverd	server
public	pull	pulls	service	servng	sessions
punctual	punish	purchase	set	setting	settle
purchases	purpose	pursues	several	sex	sexes
pursuing	push	pushed	sexual	sexuality	sexually
put	putting	puzzled	sexy	shake	shape
qualities	quality	quarrel	share	shared	sharing
quarreled	question	questions	sharp	sheepish	shelter
quickly	quiet	quietly	shine	shining	shopping
quits	quitter	quitting	short	short-changed	should
race	racket	raffle	shovel	show	shower
rain	raining	rains	showing	shown	shut
raise	raised	raising	shut-in	sibling	siblings
raking	rate	rather	sick	sickness	side
re-creation	re-establish	re-evaluating	sign	signals	significant
re-examine	re-live	re-reading	signing	silence	silent
reach	reach_out	reached	silk	silliest	silver
reaches	reaching	react	similar	simple	simpler
reacted	reacting	reaction	simplicity	sin	since
reactions	read	reading	sincere	sing	singing
ready	real	realist	single	single-parent	singles
realistic	realistically	reality	singles'	sings	sinister
realize	realizing	rearranging	sins	sir	sitting
reason	reasonable	reasons	situation	sixth	size
recall	receive	received	skeptical	skills	skip
receiver	receiving	recent	sleep	sleeping	sleepless
recently	receptive	recipe	sleepy	slick	slip
reclaim	recognize	recognized	slipped	slouching	slow
recognizing	recommitting	reconciliation	small	smarter	smells
reconsider	record	recorded	smile	smiling	smoke
recreation	recreational	recruit	smoldering	smoothly	smug
recurring	recycle	red	snaps	snapshots	snow
redo	reduce	reduces	snowed	snuggling	so-and-so
refills	reflect	reflected	so-and-so's	sociable	social
reflecting	reflection	reflections	socially	society	softball
refuse	regret	regular	solicit	solicitor	solitude
regularly	rehabilitate	reign	solve	someday	someone
reinforce	reins	reject	someone's	somewhere	son
rejected	rejecting	rejects	song	soon	sooner
relate	relationships	relationships	sorry	sound	sounding
relative	relatively	relatives	sounds	soup	source
relax	relaxation	relaxing	sources	space	spare
relieved	religion	religious	speak	speaking	special
relive	reluctant	rely	specialness	specific	specifically
relying	remaining	remains	speed	spend	spending
remarks	remember	remembered	spends	spent	spirit
remembering	remembers	reminded	spirits	spiritual	spirituality
reminds	remorse	remove	spiritually	spoke	spoken
removed	renew	renewed	spontaneous	spontaneously	sport
renewing	renting	repairs	sports	spot	spots
repeat	repeatedly	replacing	spousal	spouse	spread
reprimands	repulsive	request	spring	springtime	squeeze
requests	require	requirement	st	stake	stale
resentment	resentments	reserve	stand	standards	standing
reserved	resist	resistance	stands	star	stars
resolutions	resource	resources	start	started	starting
respect	respond	responding	starts	state	statement
response	responsibilities	responsibility	status	stay	staying
responsible	responsive	rest	steady	step	steps
restaurant	restored	result	stewards	sticker	still
retired	retirement	retreat	stir	stock	stop
retrouvaille	return	returned	stopped	stopping	stops
returning	reunion	reunions	store	story	straight
reunited	reveal	revealing	straighten	strange	stranger's
reversal	revolve	ride	strangers	street	strength
ridicule	riding	rifle	strengthen	strengthened	strengths
right	right_now	rights	stress	stress-filled	stresses
rings	risen	rising	stretch	strive	striving
risk	risks	rivalry	stroll	strong	stronger
ro	roadside	rock	strongest	structure	struggle
rocket	role	roles	struggles	stubborn	stuff
romance	romantic	room	subject	subjects	submissive
rooms	rosary	rough	substance	succeed	succeeded
route	routine	routinely	succeeds	success	successes
routines	rude	rugs	successful	successfully	suffer
ruin	ruining	rule	suffered	suffering	suggest
rules	run	running	suggestions	suggests	suit

suited	summer	summoned	wide	wife	wildest
sunday	sunrise	sunset	willing	win	windows
sunshine	superior	superiority	windshield	wine	winning
superstitious	supper	support	wins	winter	wipe
supporting	supportive	supports	wish	wishes	wishing
suppose	supposed	sure	withdrawn	without	witness
surface	surprise	surprised	wives	woman	women
surprises	suspicious	swear	wonderment	word	words
sweetheart	switching	sword	work	workable	worked
symbol	sympathetic	sympathize	working	works	world
table	tailgates	take	world's	worried	world
taken	takes	taking	worry	worrying	worries
talent	talents	talk	worst	worth	worse
talking	tank	taps	wrapped	wreath	worthy
task	tasks	taught	writing	written	write
tax	taxes	teach	wrongs	wrote	wrong
teaches	teaching	team	year	year's	yard
tears	teenager	teeth	yell	yelling	years
telegram	telephone	tell	yesterday	yet	yes
telling	temper	temptation	your	yours	young
tempted	ten	tend	zoo		yourself
tender	tenderly	tenderness			
tennis	tense	tension			
tent	tentative	terms			
thank	thanked	thankful			
thanks	thanksgiving	thanksgivings			
themselves	therapist	thing			
things	thinking	third			
thirty-minute	this week	this weekend			
thomas	thought	thoughts			
threatened	threatening	threatens			
three	throughout	tickets			
tidy	tie	tight			
till	time	timely			
times	tiny	tip			
tipsy	tire	tired			
tires	tithing	to-do			
tob	today	today's			
together	togetherness	toilet			
told	toll	tomorrow			
tongue	tonight	tons			
too	tool	tools			
top	topic	topics			
total	totally	touch			
touched	toucher	touches			
touchiest	touching	touchy			
tough	tour	tourist			
tracing	track	traditions			
traffic	train	trait			
traits	tranquil	trapped			
traveling	trays	treasure			
treasured	treat	treated			
treating	treatment	tree			
trends	tricks	tried			
tries	triggered	trimming			
trip	triumphs	trouble			
troubles	troubling	true			
truly	trust	trusted			
trusting	truth	try			
trying	turn	turned			
turning	turns	tv			
twice	two	type			
typical	ultimatum	unable			
unacceptable	unappreciated	unavoidably			
uncomfortable	unconditional	unconditionally			
understand	understanding	undertaking			
underwear	undress	uneasy			
unexpected	unexpectedly	unfairly			
unfinished	unforgiven	unforgiving			
unhealthy	uniformity	unimportant			
union	unique	united			
unity	universal	unjustly			
unkind	unlovable	unloving			
unlucky	unmet	unnecessarily			
unplanned	unpleasant	unproductive			
unqualified	unreasonable	unresolved			
unsatisfactory	unseen	unsympathetic			
unto	unusual	unwind			
upbringing	upright	ups			
upset	urge	us			
use	used	useless			
using	usually	vacation			
vacations	valentine	valentine's			
valuable	value	values			
vent	versa	versus			
very	vice	views			
vigorous	violence	violently			
visible	vision	visit			
visiting	vivid	vocation			
vocations	voice	voices			
vote	vows	vulnerable			
wait	waited	waiting			
wake	waking	walk			
walking	wall	wallpaper			
walls	want	wanted			
wanting	wants	war			
warning	wash	washington			
waste	wasted	wasting			
watch	watches	watching			
waving	way	ways			
weak	weaken	weaknesses			
weapon	wear	wearing			
weary	weather	wedding			
wee	week	weekend			
weekends	weeks	weight			
welcome	well-balanced	went			
what's	whatever	whine			
whistle	whole	why			