

## DIALOGUE QUESTIONS ON DEATH AND SICKNESS

1. What are my feelings when I think about living without you?
2. How do I want you to remember me after I die? How do I feel sharing this with you?
3. How do I want to remember you after you die? How do I feel sharing this with you?
4. How do I feel thinking of standing at the end of your coffin?
5. How do I feel thinking of you standing at the end of my coffin?
6. How do I feel when you are late coming home?
7. What do I fear most about death?
8. What are my feelings dialoguing on death?
9. What are my feelings about the death of one of our children?
10. What are my feelings about the thought of my death?
11. What are the most important things that will end when you die? HDIFAT?
12. How do I feel about the possibility of you (or me) having a terminal illness?
13. How do I feel thinking about being permanently paralyzed and completely dependent on you?
14. How do I feel thinking of never waking up next to you again?
15. Death is the end of our relationship. How do I feel when I hear those words?
16. How do I feel when we watch someone we love come close to death?
17. How do I feel when we attend a funeral?
18. How do I feel when we see a widowed friend?
19. What would I do differently than I do now if I knew we had only 5 years to live together? HDIFAT?
20. What would I do differently than I do now if I knew we had only 1 year to live together? HDIFAT?
21. What would I do differently than I do now if I knew we had only 1 week to live together? HDIFAT?
22. If I knew this was our last day together, what would I say to you? HDIFAT?

HDIFAT = How Do I Feel About That